

# Speaking with Mary Magdalene and Jesus



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Book 3

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## 57. Asking Mary M and Jesus.

1 October 2013

*James:* Hello again Mary and Jesus. I know you said your Revelation is complete, and I wasn't wanting to write anymore, however you know how it is, how one's feelings change and lead you this way and that, so I still want to ask you both questions here on the forum (no longer the blog), if that's all right with you?

*Mary:* Certainly James, whatever you like – ask away. We have officially completed our revelation to humanity, as we told you, however it's still important for you to ask us any questions that come to mind for the remainder of your Healing, so we are more than willing to help you. And we are also willing to answer other people's questions through you.

*James:* Thank you Mary.

Mary, I have been wanting to ask you or Jesus about why the Mother and Father have made Their Divine Love available to us when really we can't benefit from it, it won't transform our soul from what I understand until we've healed it, so really, what's the point of being able to have it in our souls?

*Mary:* The point is James, so you can have the experience of further denying God by invoking Their love into your soul only to then use it to further advance your negative state. You will remember that the Mother and Father want you to experience being evil in all your different ways (until you decide to do your Healing, and even continuing through your Healing until the very end of it), and so providing Their Love for you to use is just another way. And because you are also denying Jesus and myself, the truths we are revealing, right the way through until you've fully Healed yourself. And we have giving you the revelation about longing for God's Divine Love, and even if you act upon what we say by longing for it and it coming into your soul, technically you are still denying the Truth and God until your Healing is complete. Because up until then, you are still part of the rebellion against us.

*James:* So in that sense They are really giving all of Themselves, the most pure and potent part of Themselves, their Divine Love, for us to take and use against Them in our denial of ourselves and denial

of Them?

*Mary:* Yes James, that's right.

So bizarrely, it's been a privilege in a kind of perverse way for us these past two thousand years to have Their Love to receive, only to then use it to further our denial of Them.

*Mary:* It's always a privilege to receive Their Divine Love James, irrespective of what state your mind and will is in.

*James:* Thank you Mary; and it's a privilege to speak with you and Jesus.

*Mary:* As is it our privilege to speak with you James. Speak to you soon.

## **58. And Mary, there's more to it than that, isn't there?**

2 October 2013

*Jesus:* I'll answer that James – Jesus.

For the past two thousand years with the Divine Love available for people and Mansion World spirits to long for, those people who've sincerely longed to be with God have received some amount of the Love into their soul, albeit for the most part being unaware of what they were actually doing, so far as the truths revealed in the Padgett Messages tell you.

Then, at the beginning of the last century when I came to James Padgett with the Celestial spirits to make known such truths, it was required technically that a part of Mary's and my spiritual age would include humanity having such truth and being able to consciously long for the Divine Love knowing what they were doing and why, all whilst still in their negative state. So prior to then, people partook of the Love but mostly unconscious of its effect upon their soul. Now people are partaking of the Love conscious of its effects, yet still denying their true relationship with the Mother and Father as they deny it within themselves by denying so many of their feelings.

It's all technical the reasons for this James, it's all what the Mother and Father want. They brought the evil into being and want a specific amount of souls to experience all the different facets of living and being it. So a certain amount of people will long for the Divine Love, believe it is healing them, whilst unbeknownst to them, using it to further their evilness, using it to further their untrue states.

And as Mary said, even yourself and those people who do their Healing with the Divine Love, will for all intents and purposes still be denying the Divine Love, God, and ourselves, right up until the end of their Healing. Your denial lessening as you progress in your Healing, still until you are fully Healed, you are of the Wrongness.

*James:* So it's just how it is – as you say, how God wants it.

*Jesus:* Yes. There are lots of reasons why the Mother and Father want it this way, all of which will be revealed in due course as humanity heals itself of its evilness; and all of which will be revealed personally to each of you as you work to liberate yourselves from your wrongness. And there are reasons for it that effect the whole of Nebadon, and the whole of Creation; and reasons that will still be being made known

long after humanity has healed itself of its anti truth state of mind and will.

*James:* So it's not a small thing. It's not that it's just plain bad luck that we're in this state, or even that it's a natural part of a humanity's natural evolution as so many people think. That we just are bad in some ways, and it's up to us to fix ourselves.

*Jesus:* It's a very big thing, and not just a part of what all ascending souls go through. And even though it has caused a vast amount of disruption to the natural order of things in Mary's and my universe, and in all your lives, still as it unfolds one can see the sense in it. One can start to gain something of an idea and appreciation of what the Mother and Father have in mind – what They doing it all for, and how They are going about it.

*James:* All of which is a little beyond me currently.

*Jesus:* Yes, but in time James when you come into spirit, then you'll be more objectively able to look at it all, and start to understand for yourself.

*James:* Jesus, is there a greater penalty for those people who are consciously longing for the Divine Love and yet still actively denying themselves and the Mother and Father, than for those people who were unaware of what they were doing as they received the Love?

*Jesus:* Although there are certain laws that require one to experience the pain one has caused oneself and others, including nature, that all being to satisfy the Laws of Transgression Of Will, such as the Law of Compensation we spoke with James Padgett about; still overall, all those people conceived into this current spiritual age, that of Mary's and myself, are all living the same amount of evil only expressing it in different ways. That same amount being seen only on the level of will, and not in the level of mind. So you are all, on the will level, of the same level of evil, only with your minds you express it very differently. And currently this spiritual age humanity is the most evil it's been, because part of your evilness is the outright denial of Mary and myself, which you can see in the Christian religions who purport to follow us but are only following their own self-made fantasies, and in the other religions that don't even include us. And humanity can't go any further in its evilness because of your denial of Mary and I, who are the most high truth. There is no one higher that can come to your world for you to deny. So you are all currently denying the truth the most you can. So with the next and soon to begin Spiritual Age, people won't be able to deny the truth (and so deny yourselves and God) more than you already are. And in fact humanity now has to start to turn the corner and begin its healing of its evilness, wrongness, this being the only option open to you. You can't have another full spiritual age increasing your evilness because you're already at the maximum level you can go with your denial of Mary and myself.

So whether you are actively and consciously aware by longing for and receiving the Divine Love, or unaware you are, it's all the same, just different expressions of denial against the Truth.

*James:* What about just stagnating, staying in our worst evilness for the next and possibly the next after that and so on, spiritual age?

*Jesus:* No, there would be no experiential value in that, and so there would be no need for a new spiritual age anyway, our age would just keep going. You can't have a new age without change, and that change being either furthering your Truth denial; or lessening it.



And all the possible experience to be had from your denial of Mary and myself you will have had by the time our age ends, which is soon to happen. And you must remember, I'm talking about it all on the level of will, and NOT on the level of mind.

*James:* So in a way we're coming to the end of the road in our evilness?

*Jesus:* Yes, however that's not to say humanity is going to immediately heal itself of it. There is a vast amount of experience next to be had through the various ages to come with humanity gradually progressing out of being evil. For there is to be an increasing number of people and mind spirits choosing to start their Healing and to keep working on themselves, and then even to complete their Healing whilst still being in the world of decreasing evil majority. And one day there will be an equal amount of people striving to live true to themselves through their ongoing feeling acceptance as they progress in their Healing, and people still persisting in their negative state. And then it will move with the numbers being in favour of humanity healing itself, then the writing really will be on the wall for those who still wish to remain evil.

*James:* And so the Divine Love is going to remain freely available for the next Spiritual Age of a thousand years, then be withdrawn for humanity to continue to heal itself of its evilness without it.

*Jesus:* Yes; technically there is much experience needed involving the further denial of the Divine Love by those who refuse to partake of it, just as there is for those who start to do their Soul-Healing with it.

## **59. We're all on the same level of evil.**

3 October 2013

*James:* Mary, Jesus said that we're all of the same level of evil only expressing it differently, so when we all do our Healing that means we'll come to see the same truth, and so I would imagine, all be able to fully empathise with each other.

*Mary:* Yes James. Like you were just saying to Marion, in the book she's currently reading the author's father showed very clearly right through her early childhood that he hated her, this continuing on when she was an adult leaving her with no doubt about such truth. It was all out in the open for all to see and hear as he so often verbally and physically abused her. Whereas with you James, on the level of will as Jesus said, your mother hates you just the same as this father hates his daughter, only your mother covered up such rejection of you, confusing you no end with ambiguous feelings of: does she hate me or love me? And through your Healing you've been uncovering the truth of your relationship with your mother through your feelings as you are living truer to them; that being that she doesn't love you, and the love she says she feels for you and told you is only a fantasy love contrived by her mind. So the bottom line is your parents, as with this girls, didn't love you. It being the same truth you share.

*James:* So from what you're saying, this applies to everyone; that all of us will as we move into where we feel unloved within ourselves, uncover the same truth that we weren't loved by our parents as we needed to be loved, so all being able to relate to each other on this level.

*Mary:* Yes.

*James:* And for those people who feel greatly loved, compared to those people who feel unloved having grown up in hell, is it different amounts of love denial being expressed? Is that right; or is it still the same amount? That's what I feel, but my mind is struggling with that Mary.

*Mary:* It's as you sense James, it's still the same. It's extremes of the same thing, the same amount of truth denial. It's something you can't comprehend with your mind, you can't look at the openly abusive parent and say they are just as unloving as the parent that seems completely loving and devoted to its child. And on that level, things are not the same of course. However on the deepest level, that of the will, it is the same, this being the same truth each person will come to see for themselves as they do their Healing. And this too I don't expect you to understand with your mind, however on a truth level you can relate to everyone starting off on the first Mansion World level of truth, irrespective of how loved or unloved they felt during their childhood and life. Some people who are loved more and depending on how they were parented, might look to their feelings more consequently growing in truth through their lives; and other people, also loved more, might remain very closed off to their feelings and so deny themselves any truth growth. And that's the same for people who are treated very unlovingly: so people because of their abuse might look to their feelings more and so grow in truth, whereas others might work at blocking out all that pain thereby denying themselves any truth. It's how you relate to your feelings irrespective of whether you were loved or not, because as you know, the feelings and your acceptance and expression of them, are what allows you to grow in truth. And the more truth you have within your soul, the more true love, based on and as an expression of that truth, you will feel.

So you all start off on the same lowest level of truth, this being expressed in all your different ways of life irrespective of whether or not you were loved or not loved by your parents, and you grow in truth as you progress with your Healing, up through each world until you are fully aware of the truth of your evilness, thereby having healed yourself and so qualifying on a soul level of truth and will progression for life in the higher Celestial spheres and Celestial love.

## 60. God's making us be evil.

4 October 2013

*James:* Jesus, I don't think many people would accept, or want to believe, that God is making us become evil on purpose. It seems to go against all we believe God to be. That God loves us, and is all-loving; and so being our loving Parent or Parents, would never dream of hurting us, let alone subjecting us to evil, let alone making us be evil.

*Jesus:* Most people are not ready for such truth James, and it will be difficult for them to accept it; however if one accepts that God is the Creator of everything, then surely one must come to the conclusion that God also is the Creator of evil, as are They the Creators of love. And surely one must postulate that with love on one side there must be no love on the other. And then one might even go so far as to ponder the notion that if God is indeed all-loving, and yet evil exists, then perhaps within such great love there is room for evil too. And further still: that perhaps evil is a part of love. And even further: that perhaps there actually is no such thing as evil, as it is all love, just different expressions of love.

*James:* Yes, I've often thought about all of that, and felt it, and Marion and I are constantly discussing it when such thoughts come up in us, but it's hard to get your mind around, yet I have been feeling that increasingly I can sort of understand such things, just sort of sense their meaning, so I can relate to what you're saying. It's all a bit of a riddle – or conundrum. (Are they the same things? – anyway, it's confusing.)

*Jesus:* It's with your soul-perceptions that you can entertain such notions; it's with your mind that you struggle to make any sense of it at all. You've been heavily conditioned to see God in a certain light, and it's been very easy for humanity to say Lucifer and Satan took matters into their own hands, going against God's will, becoming evil all through their own doing. For, as the argument goes, they, like you, do have free will.

However such trains of thought don't hold water, because it comes back to the fact that God created the souls of Lucifer and Satan, and souls with not only the potential to rebel, but also brought it about, it was their destiny, just as it is your destiny living the life you are living. So one has to conclude that God has been in control all along, and They inspired the Lucifers and Satans to go against Them and all Creation, all so they would bring about the Rebellion and eventual Default on Earth, all so all of you could be conceived into your evil states of being, all so you can experience what it feels like to not feel truly loved, and what living with your mind contriving loving feelings based on your beliefs makes you feel.

*James:* Yeah I get it, there is nowhere to go as it all comes back to God. I've been feeling lately that nothing, and I mean, not even the tiniest insignificant thought I might have is random or of my own doing, that it's ALL governed by my soul, so all of me all the time is exactly as the Mother and Father want me to be.

*Jesus:* That's right, it can't be any other way. We are: ALL OF GOD. We don't exist separate to God, we don't stand outside God, outside God's Creation, we are a creation of God, of our Heavenly Parents, our Divine Mother and Father. So all that we are, is all that They are, and it can't be any other way.

*James:* And within that we've been given the sense of having a free will, but really we're not free in it at all, are we?

*Jesus:* No, not on the technical soul level of truth James. However, the amazing part of it is that through our minds we can feel, and even believe, that we have absolute free will. Hence your conundrum. Living separate from your feelings coming from your soul, by living removed in your mind, disconnected from your true feelings, is when you start to believe, and make yourself feel, that you have all freedom of will, that life is all up to you, you can do whatever you please, you are god, and there is no greater all governing soul or God, it's all just you; you, you, you and nothing else and no one else but you. This being how the Lucifers and the other Evil Ones conducted themselves.

*James:* And how my mother was.

Some time ago, seeing that God was completely in control made me feel angry, feeling that I am just God's creation there for Them to do as They please with and without my actually having any say in it. And angry at Them for subjecting me to such misery and pain and such a shit-rotten life, making me feel so alone, unwanted and unloved, and not only by my parents, but also by Them. And angry with Them



for making me delude myself into believing that I do have free will, when I don't. And then thinking: so what's the point of my existence when all I am is a pawn of Their's, and I am all for Them and nothing for myself, which is of course as my parents made me feel: that I don't exist for myself in my own right, only existing so they can have power over me, all making me feel like I am a thing, an object, an ornament they can do anything they liked with, without ever having or wanting to consider my feelings. But all of that anger seems to have gone, and now I am just marvelling at the incredibleness of it all; and lately, even finding I'm relishing that the Mother and Father are controlling every aspect of me, because I certainly wouldn't know where to begin if it were left up to me. And I'm also feeling more content to accept that I do have complete free will, within complete no free will, and that it's just another of those weird things.

*Jesus:* It's the two simultaneous levels of existence you're relating more to James: the soul and its existential level, and the experiential personality level. And on the soul level there is no free will as it's all predestined as there is no time as experienced and reckoned by the personality level, so no past, present or future, all just the existential now level of reality. And on the personality experiential level, you have a certain freedom of mind and will – at least a feeling and sense that you do, and even a belief, which you express through time and space, thereby having a past, present and future.

And because you've expressed all your current anger you've had with the Mother and Father and seen that in fact it's all anger with your parents you're projecting onto Them, so it's all gone as the truth has been revealed, and so you're now able to accept and understand and so be closer to God, all without your parents getting in the way.

*James:* I don't feel closer to the Mother and Father Jesus, not as in feeling more loved by Them or even more loving of Them, but I do feel my anger with Them is lessening as I'm directing it more to mum and dad. I've been surprised at having such anger at God, however that too is making more sense as it is God after all that's making me suffer and putting me through all this shit.

*Jesus:* And as you're also feeling, even your calling it suffering and shit is lessening – albeit during your better times and when you're not feeling pushed down into the shit of it; and even to the degree of beginning to wonder if it is actually suffering after all, and perhaps it's something else, something that you've not had any experience of.

*James:* Yes, I know what you're getting at, I do feel that way when I'm feeling up; but still, it's suffering so far as I'm concerned because I still feel so wretched so much of the time. Perhaps when I'm Healed (should that ever happen) I might be able to relate to what you're saying better. Yet still, Marion and I are more lately getting some sort of inkling along the lines of what you're suggesting, that it might not be as we think it is after all. And that all we call evil and suffering might not even be as we believe it to be – even feel it to be, and that in the end it might all even be love. Which is a stretch, I know, however one has to consider it could be the case because God is all-loving. And I am now the first to admit that I don't know what love is, not having truly experienced it. And as I am a long way from being as you and Mary are, being perfect in your love states, so all you say love to be I can't relate to, and won't get anywhere near to understanding until I've finished my Healing – that much I now know.

*Jesus:* And so James, were I to ask you if evil is love or is love, evil; or, is there love in evil, and evil in love, what would you say?

*James:* Can you ask me an easier question? Yeah, I know what you're getting at Jesus, but I don't know, I

can't answer that yet, and I certainly don't want to have a go at it using only my mind. I'll have to feel that sort of thing; and as I don't feel it yet, I'll bear it in mind and see how I feel about such things as I progress in my Healing. I still think I've got a long way to go.

And if I asked you the same question Jesus, what would you say?

*Jesus:* I'd say that I'm not going to say as I'd rather leave it up to you to discover for yourself.

*James:* I can accept that it's not black and white, that evil and love aren't as separate as I once thought they were. And that perhaps it's all love with evil being the nether side of love, or the dark side of personality when compared to the light side, or something along those lines. But really, I don't know. My experience so far is that I'm still having to come to terms with being evil in all my self- and feeling-denying ways, and that's enough for the time being.

And I also understand that by blaming evil on the likes of the Devil, on Lucifer or Satan or anyone else, is not what it's all about either, that that is just a way to keep on denying one's own evilness, accusing the other person of being the bad one, deluding yourself that you're the good one; that they are at fault, and not yourself, they being of course in the end your parents. And that then takes me back around in a full circle with mum and dad fucking me up, and with myself taking on all their wrongness, ending up being just as fucked up as they are. So we're all the same, and I've still got mountains of repressed anger and hatred of them for treating me so unlovingly buried inside me.

*Jesus:* All of which you must express as it comes up within you.

*James:* Yes; which then brings more anger at the Mother and Father for making it so dam hard for me to express my repressed feelings, to express any feelings for that matter. Marion expresses hers so easily and naturally, and yet I'm always struggling, and with her having to keep asking me: yes: but how do you feel, how does that make you feel, how does having that feeling and that thought make you feel?

*Jesus:* Which is all how the Mother and Father want you to be James, all so you can fully experience what it's like being evil, being of no love, and feeling completely unloved.

*James:* Yeah well Jesus thanks very much, but I reckon I've had enough of it, so would you mind telling the Mother and Father that I get it; and so, isn't it about time They moved me out of it?

*Jesus:* You might reckon you get it James, but as you're still in it, so you still have more to go. So it's best and right for you to remain as you are, for you to keep working your way through your Healing. Were it best for you to be other than you are, then you'd be that way. How you are, now, in each moment, is EXACTLY what is best and right for you, even if you might not feel that way.

*James:* Yes, Marion tells me the same thing, but being of it, and in it, and for so long, all these years; and then gradually waking up to it, the full extent of it, and the horror of it, and feeling so bad; and so, so bad, and so bad so much of the time...

*Jesus:* I understand James, all exactly what your soul requires, all so you can uncover the truth of your evilness through your feelings; which in time will lead you to further understand the Truth of Love, which is what it's all about.

I'm going to leave you now James; Mary and I will speak to you soon.

*James:* Thank you both for talking with me. They more I talk about it with you both and with Marion, the more it helps me connect with it and myself.

## 61. What is the soul?

5 October 2013

*James:* Jesus I was asked by email: what is the soul; can you please answer that question? I know we've talked about it before, however I'd like to see what you say this time, as each time you say more about such things.

*Jesus:* Mary and I do say more James, because each time you've asked us you've grown more in truth, so we are relating to you differently, on a different level of light – the light of your truth. So our relationship with you is constantly evolving, so there's always more to come to light.

The soul is that indefinable part of yourself. It's that part you can sense, soul-perceive within you, but you don't actually know where it is or what it is. Yet you feel love connected with it, even very loving of it when you are connected with some true self-love. And really it's the core or real you, you are a soul first, expressing yourself as a soul as a personality you know as yourself. And it's not centred in nor is it part of the mind as some people think. Your soul is separate to all of yourself; that is, all the parts or attributes of your personality that are being expressed continuously by it in Creation. Separate and yet inextricably linked to you by light.

Our soul contains the pattern of all we are, all we have been and all we'll ever be. Nothing enters it or leaves it save for light and the Divine Love of God, which is also a Light. Soul-light comes forth from the soul in accordance with its pattern, this light interacting with Creational-light on the will level first then moving outward expressing all the aspects of yourself – your personality you need to live life and express yourself with. As you express yourself, and that's every part of yourself, all physical, spiritual and all inbetween, so you are generating an experiential light, which then goes back into your soul via your will, which in turn then causes your soul to express the next part of its pattern, and so it goes, as you're evolved into being by your soul.

*James:* So is the soul evolving as The Urantia Book says?

*Jesus:* That's one of those points that always comes up for discussion. Yes and no. On the soul level, no; on the experiential level, yes. You feel yourself evolving as you grow in truth, and your soul is receiving and giving light all the time; and so one could argue it is changing, and yet one can also argue how can something change that's already completely existentially perfect, and so unchanging. Overall Mary and I tend to refer to the 'evolving soul' which is you (it) growing in truth. However technically there's a lot more to it. And as you know, not everything is known by us spirits, not even the highest spirits, we're still all coming into being and so still growing and evolving in truth and understanding.

*James:* But our soul is growing in truth, I mean, that's the part of us that is growing in truth, isn't it?

*Jesus:* It is, looking at it from one perspective; so yes, more for the argument of our having an evolving soul. And that's how you feel; and yet you can also feel how perfect and unchanging your soul is.

Another conundrum.

*James:* Yes, which I guess is how it will always be because we're so focused in the experience side of things, being unable to focus in the existential and soul side.

*Jesus:* True, however the further you progress and the more of you your soul expresses in Creation, part of what goes along with that is a sense, also from your soul-perfections, that you are actually more your soul, so you are always becoming closer to being your true and whole soul.

*James:* Okay, I have a vague sense of what you mean, and I suppose I'll have to wait until I've first healed myself before my soul-perceptions awaken properly.

*Jesus:* Yes, because in your negative state you're denying them, which is why you're not as yet feeling and perceiving the full benefits of the truth you have evolved in your soul.

*James:* I see, yes of course, that's what I was talking with Marion about today, something I'd not been able to understand. But now I can, thank you Jesus once again. So even though I've done a certain amount of my Healing and so grown a certain amount in truth, the same with receiving a certain amount of Divine Love, I don't really feel that much better for it, even after all these years. It's hard to say, as now I'll contradict myself, because I do feel so much better in lots of ways, but not anything like I image and hope I will feel when I am healed. I don't feel any great love or support from the Mother and Father nor do I live with any feelings of confidence, certainty and faith in myself, like how I imagine one would live if one wasn't full of so much fear, being full of love. But from what you've said, it makes sense, that of course I can't feel loved and all that it brings because I'm still not true and perfect. So I can't feel the full support and comfort of the truth I have attained because I'm still untrue in so many ways, my untruth still undermining my truth.

*Jesus:* And you can't feel too good yet James, because were you to it would stop you feeling bad, it helping you to keep denying the remaining repressed feelings that are in you. So although your soul has evolved to some degree in truth, you can't live with and feel the full benefits from it just yet because you've still got to keep feeling bad so as to keep bringing up what's still repressed in you. And the same goes as you said for the Divine Love, your soul won't allow you to feel its full benefit yet because that too would overshadow your remaining repressed bad feelings. So all the good feeling resulting from the Love and the truth are sort of on hold, with just enough of their light given to you so as to enable you to feel that indeed you are on the right track by doing your Healing, and giving you just enough strength and desire to keep pushing on, all whilst at the same time, not preventing you from feeling all the bad feelings you need to keep feeling.

*James:* Ok. That's pretty amazing. And now you say all this, I remember we've been over it before, and yes I understand it all again. I don't know Jesus, sometimes I think I'm losing the plot, I seem to forget so much.

*Jesus:* It's only that your soul stops or keeps you from remembering it James, all so you can keep focused on what you need to be so as to keep bringing up and expressing your repressed feelings. When you're healed, there will be no longer any need to 'forget'.

*James:* Alright... when I'm healed... Can you say some more about the soul please?

*Jesus:* Yes. As we've previously talked about it being duplex in nature, I won't go over that again, however I will add that your soul is not your consciousness, nor your subconscious for that matter, they being parts or attributes of your experiential or Creational personality. When you die and move into spirit, all that is of the experiential part of you other than your physical body, 'moves' or simply 'awakens' in your spirit form, it all having nothing to do with your soul, as in, it doesn't actually go anywhere, it remains where it is in its realm of being. However your soul orchestrates your transition. So your soul always remains where it is, it doesn't matter where you are in space and time, in Creation, it's always 'with you', always where it always is. There is no such thing as space or time as it's defined in Creation in the existentialism of soul. So it's not quite right when people say their soul has gone to heaven, as heaven is just a part of Creation, it also being only an expression of soul, that being of the Mother and Father's Great Soul. So your soul is where it is no matter whether you're living on Earth or anywhere in spirit. And when people say they are a 'lost soul' or soulless or have lost their soul, that's just an emotional way of describing the state you feel, as there is no truth in it; your soul, and you being an expression of it, can't ever separate.

*James:* Jesus, in 'soul-land', are all the souls sort of next to each other in soul-space, and how are they in relation to God's Soul... or are we all in God's Soul, like subsets of it?

*Jesus:* I can't tell you James, for I don't know. It's one of those things that there is a lot of speculation about, but so far Creation has not been told about how it actually is. It just IS, and that's about all we can say and accept. However in time, in the aeons of eternity, it's speculated that we might know more about soul, the Mother and Father revealing more of the true soul nature of Themselves. But for the time being, the soul will remain the One Great Unfathomable Mystery.

*James:* Why have people confused the soul with the mind?

*Jesus:* Because they've not had the Divine Love in their soul so as to make the necessary distinctions. Also they have reasoned that as they believe they have freedom of mind to do as they please, so the mind is the most powerful part of them, unlike their feelings which they have no say and little control over, not unless they use their mind. So they have looked to God as being the all-powerful one, the one who naturally created the all-powerful mind. And then as the soul being a real thing having been revealed to humanity from time to time, so such people have understandably put the two together, reasoning that the mind is the soul and the soul the mind. Or the mind is the seat or heart of the soul, or the soul is the seat or heart or light of the mind; and that through your mind you can attain the soul, which of course you can't and is untrue. Only through your feelings can you come to BE your soul.

And such people have believed and strived to be at-one with God through their minds, in the mistaken belief they are becoming at-one with their own soul and the Great Soul that is God. This being what many of the mind spirits and guru type people on Earth are striving to achieve. But it's all by denying their true feelings, so all only going further into their feeling-denial and evilness.

## 62. What's the point of existing?

6 October 2013

*James:* Mary, what is the point of existing, when you feel you have no point?

*Mary:* All you can do James is keep on expressing such bad feelings and seeking the truth of them.

*James:* But when you feel so meaningless and pointless, you don't feel there's any point in doing anything. It's all so self-defeating.

*Mary:* I know, but all you can do is keep speaking about all you feel.

*James:* And then I feel so angry, once I no longer feel so miserable about it, about not having a meaningful life, and for being here when there's no point to it. It's all infuriating, feeling so nothing, useless, so pointless, and yet I can't do anything about it, only as you say, keep saying how angry and bad I feel; but still, I go around and around never getting anywhere, and that's so pointless. And I feel I'm down my hole and that's all I am, all I have, all I will ever have; and even killing myself is pointless when I understand that I'll just wake up in spirit still feeling the meaningless pointless person I am.

*Mary:* Talk, talk, talk about it all James, keep talking about it, always talk about it, don't stop yourself talking about it, don't hold back; and all whilst you're longing for the truth.

*James:* All right Mary. And I understand that being evil means you're of no love, and so being of no love you have no point, because only love has a point; so what's the point of not being of love, not being loving, just being a blight on the planet, a blight on Creation. And feeling you have nowhere to go, no one wants you, there's nothing to do, nothing makes you feel good once you've given up doing all the things you think will make you feel good – once you fully accept they too are just a waste of time.

*Mary:* All so you can come to understand yourself better James, all so you can feel and know the truth or point of evil. Which is as you're feeling – evil being pointless and meaningless. And look at all the false meaning humanity has contrived trying to give its meaningless evil existence a point.

*James:* Yeah I know, and I no longer want any part of it, but I can't just stop or cease to be, I can't leave, I'm stuck here, I can't get out of it. And worse in some ways, I still have to keep playing the game, I still have to eat and have somewhere to live, so I've got to keep pretending there is some point, at least in that, but I still don't feel there is.

And really I only just see the point of speaking about my pointlessness feelings, and only because over my Healing years I have changed – into feeling just how truly pointless I am. So the more I progress in my Healing becoming truer to my evilness, so the truer to my pointlessness I am as well, feeling all the more pointless. It's a vicious circle, there is no way out.

*Mary:* There is, yet only through these pointless feelings and how feeling them makes you feel. By fully accepting and being your pointlessness.

*James:* And what's the point do doing that, what is the point of uncovering the truth of my evilness?

*Mary:* That point will come to do when you do, and then you will know it. But you can't beforehand, and I can't tell you; and even if I did, it would be pointless as you'd fail to understand and grasp what I am



saying because as yet you're unable to experience it.

*James:* All right; so what's the point of writing more with you Mary?

*Mary:* I can't answer that for you James.

*James:* Thank you Mary. I'll take my pointless, meaningless existence over to Marion and be with her in her pointless meaninglessness. And you know, it's fucking scary feeling so nothing, as there's just a bottomless pit, and it's crying out of me, to come and let go and... and I don't know what – lose it completely and go screaming into the depths of hell?

*Mary:* Just keep telling Marion all you feel.

*James:* All right Mary, I'll go and leave you alone.

## 63. What Jesus showed us by dying on the cross.

7 October 2013

*James:* Mary, the man next door has a beautiful roan coloured spaniel, and seems very fond of it. He only leaves it outside if he can't have it with him when he goes out. Now it seems like a woman has come into his life and the much-loved dog is relegated to the outside all the time, with it crying on and off through the day. And it's mournful cry makes Marion and I feel bad, as we understand we're projecting onto the dog, it being ourselves now cast aside, left outside, unwanted.

As we've been expressing our bad feelings, so we've moved deeper into ourselves, and once again it's come up as to: what should we do about the crying dog? It looks like they are going to be staying at least for a week this time, it was only over last weekend that the dog started crying, they coming only periodically to their holiday house. Marion was saying that she won't be able to bear it, feeling like if it keeps going on for a few days she'll have to go over and plead with the woman (as the man is not there so far) to do something about it to stop its crying.

And then it changed within her, feeling no, she won't and doesn't want to do anything, it's not her right to interfere trying to make the woman be how she wants her to be, trying to make her love the dog; so she should do nothing other than keep on expressing how bad she feels. And this is how it was with her parents, she tried to make them stop being unloving to her, but they wouldn't, and she was forced to give up and just accept they would never change; but still, as she feels it's wrong, she's always wanted to try and make them change; and I do the same with my parents, always hoping that if I am good they will love me.

And it's becoming even more apparent that our fighting our parents was actually only keeping the whole thing as it was, even making it worse for us, because by rebelling against them, they are not going to try and suddenly see the error of their ways and change, apologising and becoming all-loving. But when you are small and feel threatened and so unloved, you do fight for your life as you can't do anything else, it's natural survival instinct, you can't just give up and die, not unless it gets so bad that that's all you can do. So now as an adult we don't want to fight for our lives when we feel scared and threatened, preferring to die if that is the result, and staying with ourselves and our bad feelings expressing and seeking the truth of them, instead of trying to make the bad thing that's making us feel bad, stop. We're

trying not to resist, and instead allow ourselves to feel as unloved and miserable as we can, as hard as it is. And when we go this way, always Jesus comes up and his example of not doing anything to stop the bad thing. He never fought and didn't run away, he allowed them to nail him to the cross. He accepted all his pain and bad feelings.

*Mary:* That's right James, it being the central truth you are to gain from his death on the cross. As you understand, being evil is wrong, however it's not for us to stop it, trying to change it or change ourselves to make it go away. That's up to the Mother and Father. All we can do, all you can do being evil, is decide that you no longer want to be it; and then as we've said, set about accepting all of your evil self as you are, so accepting all your feelings, good and bad, and wanting to uncover the truth of them. And in doing that, you are not interfering with yourself, not trying to make your bad feelings go away, not trying to make them stop, or trying to make whatever is making you feel bad stop. You are just unconditionally accepting yourself. And as you do, and as the truth surfaces – the truth of your negative state, so you just accept it and again see how that makes you feel; and again, without trying to change yourself by using your mind. And along the way as you see the error of your ways so you decide to not be that way; and yet again you still don't do anything to stop yourself by applying your mind. All you do is keep on expressing and seeking the truth of all you feel, together with discussing all you feel and the truth that results. And when it's time for you to no longer be afflicted by the negative pattern and that part of being evil, so the Mother and Father via your soul, will change you. And that's what happens, as you've experience.

*James:* It's so difficult though when all we've been taught to do is change this and that and ourselves to make it all better.

*Mary:* Yes it is, as being in a negative states stops you living such truth, it stops you being as Jesus demonstrated. It makes you want to fight because you feel so powerless – Jesus never felt powerless. That being the big difference between yourselves and him. All your behaviour, even the more passive and so-called loving approach, all results from you feeling unloved and so powerless. Jesus always felt loved and powerful being of true perfect Natural love, so you can't emulate his actions by using your mind, you have to heal yourself of your negative state; and as you grow in truth and change into becoming true, then you'll naturally live the truths he lived.

*James:* But isn't it a natural instinct to fight for your survival, like the creatures do?

*Mary:* Yes it is, you cry when your parent doesn't give you what you need, your parent then responding to you with love taking care of you. However, your parents didn't respond lovingly, leaving you crying and getting angry with you for doing so and constantly demanding their attention when they didn't want to give it to you because they didn't truly love you. And were they truly loving, would you even have a reason to cry?

And so far as your natural instinct goes to fight for your survival, being an adult you have the choice of fighting or just dying, submitting to the overwhelming force and not trying to stop it. Because in trying to stop it, what are you really doing – you are trying to stop yourself feeling bad. And yet, what's wrong with feeling bad, and even so bad that you die. Because what's wrong with dying – nothing, as Jesus showed. You still keep living. And if you fight back you are doing what they are doing to you, you are trying to impose your will on them to make them change – to stop being mean and unloving to you. So to give up and not try to impose your will on anyone or anything, just staying true to your feelings

expressing all you feel and longing for the truth of them, is an alternative way you can consider. And Jesus is your example of this.

Jesus died on the cross because his truth threatened the powers that be. They didn't want to embrace the truth that Jesus was, they wanted to maintain power, so they fought him. They didn't surrender and submit to all the bad feelings Jesus was making them feel as his truth showed them up and confronted their untruth. And yet had they allowed themselves to feel bad and not interfere with another person (Jesus), they'd have looked to their own feelings to show them the way, the way into their own truth. And they would have dealt with their self- and feeling-denial, their evilness, slowly healing themselves of it and leaving Jesus be. And in time growing in truth and becoming as Jesus, so no longer feeling threatened by him, fully accepting him as they fully accepted themselves.

*James:* So our fighting, like our wanting to make the woman next door be nicer to her dog so it stops crying, is our not being true to ourselves, so we stay in our evilness.

*Mary:* Yes, were you to go and plead with her, or just tell her, demand she loves her dog so it will stop crying, you are just using your mind to have control over her, which is all your parents did to you, which is wrong. So yes, you'd only be perpetuating and empowering your evilness, keeping yourself in your negative state. So by not doing anything, and accepting all the bad feelings that makes you feel, expressing them and seeking their truth, then you are allowing yourself to feel as you feel – powerless, just as your parents made you feel; and you're not fighting them, even if it goes to the point that you feel so bad you die.

*James:* But a big part of our fight is not wanting to die, believing it's even wrong to die.

*Mary:* Yes, that being a big part of the evil package vested on mankind. If you were to embrace dying seeing it and feeling it as a good thing, then you'd be more able to not fight and give in and allow yourselves to feel what you really do feel. And I must stress James, it's to give into you feelings AND LONGING FOR THE TRUTH THEY ARE TRYING TO SHOW YOU – WANTING TO UNCOVER THAT TRUTH OF YOURSELF. For if you just give in to your feelings and don't seek the truth of them, of yourself, you can use your giving in as just another ploy of being the victim so as to manipulate your controllers making yourself feel powerful in your giving in. It's not about trying to empower yourself because you feel powerless, it's about accepting your bad feelings, accepting them as you submit to them, all so you CAN FEEL EVERY BIT OF POWERLESSNESS YOU FEEL; and understand all why you feel that way, and how all of the parts of feeling it make you feel. It's wanting to uncover the WHOLE truth of it, which is the whole truth of yourself. You DO feel powerless, that IS the truth you are living, so accept it! And from there; okay: So why am I feeling this way, and how does feeling this way make me feel; what was done to me to make me feel this bad, and how have I taken it all on keeping myself feeling this way. So you uncover all the ins and outs of it, all the truth. And when you've brought it all to light and brought out all your repressed feelings to do with it, then you'll change, then you'll heal, then your soul will change your negative patterns into positive ones. And that is the ONLY way you can ascend your soul in truth whilst you're of a negative anti truth state.

I will add here James, if your feelings become so strong that you do want to fight, confront the person, do whatever you feel to do, then again those feelings are to be honoured so you can express and seek their truth. If your first instinct is to fight back rather than go with your feelings however, all to block them out using the anger you're feeling, then that would be good to not do and instead allow yourself to feel all the terrible pain and anguish you feel not doing what you usually do.

As you understand, there are no hard and fast rules, there are only your feelings and being determined to keep expressing them, and mostly through words rather than actions. And if your words lead you to certain actions, very well, then you go with all those feelings that result from such actions.

*James:* It's so hard Mary when you do give into your feelings, even with this dog, because as you said, as you do allow yourself to feel all your bad feelings then you do start to feel like you're dying, going to be crushed out of existence. You feel like your guts are being ripped out of you, you feel devastated, like you are gasping for breath; and to just allow yourself to keep sinking into the hell of your oblivion, shit it's hard.

*Mary:* It is James, however there is no other way. Yet, as I've said, all so long as you keep speaking about all you feel, expressing the full emotion of it, and most importantly – KEEP LONGING FOR THE TRUTH OF ALL YOU ARE FEELING. And that will allow you to 'die', for in each of your bad feelings that's essentially what's happening to you, a part of you is being made to 'die', which makes you feel bad. And so to go with it, to be scraped along your bottom line as you've often said you feel, is as terrible as it makes you feel, and it's all you can do because that's the truth, it's the truth of what happened to you and what is still happening to you. So as you accept this unwanted part of yourself by allowing yourself to feel so bad, then you are accepting and allowing yourself to be as you truly feel, as you truly are, because if you were not truly like this, then you'd not be feeling such feelings.

*James:* So Mary, when our parents interfere with us when we're young and forming, stopping us from being our true selves, they are in effect killing us, in each of those moments.

*Mary:* Yes, they are causing a part of your personality to stop being expressed by your soul, so in that way, that part of you is being forced to 'die'. You can't however completely eradicate that part of you, it merely stays there waiting for the day you liberate it, however the feelings it makes you feel are like you are being forced to die, which is why you cry and protest and fight. You are depowered, as the true power of your soul through your will can't be manifested, it's not being able to bring that part of you into being. So you feel as you feel when you're being overpowered, and if threatened too much, like you're dying. And so you naturally fight, but once it becomes obvious that you're not going to be able to get your power back naturally, your fight or crying is not going to get you anywhere, so you are forced into having to change yourself. Which you do, changing the true you into the false untrue you, and all by applying your mind. So many children at some point, even if they are not forced to do it, decide by using their mind to stop crying, and doing so have given up on themselves, they have joined the enemy and accepted the rebellion against themselves. So they side with their parents, even if they also feel they are still fighting them, but one way or another they are giving up on themselves and being how their parents want them to be, all in the misguided and desperate hope that their parents will then love them. And some people then feel loved by their parents, their parents being happy with the way things are going, how their child is killing its true self and becoming false; and so 'love' it, with the child then mistaking this mind-love for being true love and thinking they are on the right track, so they keep denying themselves fitting in more with how their parents want them to be.

*James:* And through our Healing, as it's happened to me a lot, we work our way back to those decision times, feeling all that was going on that make us rebel against ourselves when we were young.

*Mary:* Yes, you uncover the hidden or buried truth of it. You don't remember what you did, but you are

making decisions with your mind right from your first moment of conception, even with such a rudimentary mind. Those decisions compounding as your mind develops, until around six when your mind is fully developed and you're locked into your negative state.

*James:* So we're going against ourselves right from conception?

*Mary:* Yes, because your parents are going against you, as they are going against themselves. And irrespective of how loving they might be and how much love they might feel for you, because they are not truly loving, being of their negative state, so you feel unloved by them, all from the deepest level out. So the pressure to join them, to be as they are, is on you right from the first moment, as it can't be any other way – they are your parents. You can't grow up and not be as your parents are. So you start using your mind to change yourself because you do want to be as they are, you do want their love and affection. If they were of a true and perfect state, not of the Rebellion and Default, then you'd not have to change yourself, your whole being, being willed happily into being because your parents are happy with you as you are, because they are happy fully with themselves. So there is no tension, no friction, no unlovingness between you.

*James:* So going back to using Jesus as the example: are we to be pacifists and not fight?

*Mary:* No, because that is being a term of the mind. That is trying to make yourself be something by using your mind. You might grow up fighting, it being the normal way of doing things and how you do survive. You are to simply be yourself, which means, be true to your feelings; you don't need to be categorised, you don't need to try to fit yourself into an acceptable picture. And so it's only when you feel bad, should you feel bad about always fighting for example, then it's with those bad feelings you can work to uncover the truth of why you're feeling bad.

So if you feel bad you accept, express and seek the truth of those feelings, however if whilst doing that you also feel you want or have to act (fight), so you do. What you don't do is say: Jesus was like this so I too will be like that, and then set about applying your mind to be as you think Jesus was. You are to live a feeling-led life, not one controlled by your mind. So you say: Jesus was/is the living truth, I too want to be the living truth – living my own truth. And so you set about it through your feelings. And if your feelings at times make you act a certain way, you act that way, but ALL THE TIME whilst you're acting, expressing and longing for the truth of all you're feeling.

As you have done James; one time with the dog crying, the expressing of your feelings led you to go over and see if you could make it stop; and at other times your feeling expression has led you to not interfere, even though you did want to. And you keep going, up and down, backwards and forwards, all over the place as your feelings guide you, all so you can get more in touch with your true self through them. And as the truth evolves in you, so you know more about how you feel about things and how you feel acting on them. And one day you'll be acting as Jesus would in that situation, you being true to yourself and your soul and no longer controlling any aspect of yourself with your mind.

You are not to live by a set of rules, even if they are self-imposed, you are live true to your feelings – always! And your feelings will break all mind-imposed rules, and will lead you to fit in with all soul-expressed rules. And by living true to your feelings, true to yourself, you'll naturally be living true to God's Feelings (and NOT true to God's Mind and Thoughts) – true to God, so true to God's will; or, true to God's Way. The Way of your Heavenly Parents.

*James:* Thank you Mary.

## 64. Therapist verses self-therapy.

8 October 2013

*James:* Mary, would you mind telling me your thoughts on this: 'Therapist verses self-therapy'?

*Mary:* All Jesus and I are advocating is self-therapy, and really, it's just a different way to live life than what most people have grown up in. It's a means to access the truth of yourself through your feelings, and a way to lessen, and then end, the control you make your mind have over yourself.

As we've said, it's all through accepting, expressing and uncovering the truth your feelings want you to see, and you can do it all yourself if that is how you feel you want to do it. You don't need to go to a therapist or anyone else other than being with your friend who is someone who is wanting you to share and express all you feel. And you can do a lot of it by yourself.

However, having said that, should you feel you do want to go to a therapist, then of course this is what you must do, accepting, expressing and seeking the truth of your feelings all along the way.

*James:* Marion needed professionals to help her plunge down and push past some of her blocks.

*Mary:* Yes, only because back then she didn't fully understand the significance of what she's doing now. Had she understood, then she might not have needed such outside help, wanting to do it all by herself. However her experiences with the therapists were invaluable, as they helped her to understand the truth she is living now – that being, how to fully honour and be true to herself, and achieving that through her feelings, and those feelings being those repressed from her early childhood.

*James:* She has at times wished she could go and get someone to help her break through to what she feels she's still got hidden away inside herself, those parts which during her worst times she feels she's not capable of getting into.

*Mary:* She has felt such things and expressed such feelings, and consequently worked her way down and past such blocks herself, proving to herself that she can do it all herself.

*James:* Part of the difficulty is not having such good therapist readily available anyway, even if we had the money to pay for their help.

*Mary:* Which is an important part of it James. The Mother and Father are wanting you to experience being evil, feeling what it feels like to feel unloved, unwanted and uncared about. And then when it's time, They want you to heal yourself of your negative state providing you with all the help you need. And if such professional help is not readily available, then They will ensure you can do it all on your own. If it is available and you need to experience it, then They will ensure you have the means to do so. Marion needed to receive her initial professional help to help her understand through her own feelings that which she needed to do through her Healing. She needed the professionals to push her past her initial resistance, and to see in retrospect how damaging that was, how it wasn't actually how to go about helping someone. And that the only true help you can receive is by loving yourself, through helping yourself through your feelings and NOT with your mind, as so many people believe. You can't truly help



yourself out of your negative state by using your mind or any mind technique because your mind is already corrupt. And seeking professional assistance, although such therapy might be good and helpful and even based on the same principles that we have been speaking about; and even though it might release some of your trauma, still it's doing it under or within the auspices of the mind – so it's still all mind controlled. The simple fact that you have to make an appointment to see your busy therapist, is mind controlling. To have to pay money, is mind controlling. Whereas to do your own self-healing through your ongoing feeling acceptance, working on yourself all the time, whenever and wherever your bad feelings arise, is being free of your mind. You will still try to control your Healing, as you try to make it fit in with your life, but the further you progress and heal yourself through your feeling expression, the more your life will adjust allowing you to work more on yourself in the moment with your feelings, with your feeling-moment being the priority.

*James:* I'd not seen it like that, that visiting a therapist is a part of the mind control. Because you are then having to fit into how your therapist wants or thinks it should be done. However as you said, if that is what you need, I can see the value of it too, as at times Marion and I have both needed some mind controlled things to help us work into and through our blocks. Even needing to do them so show us that it is yet another part of our mind that's in control of us.

*Mary:* Yes, the therapist will influence it, no matter how free they try to allow you to be in your feeling expression. The fact that they are a 'therapist' is mind controlling. However, as I said, it might be what some people need; and should that be the case, then one should respect those feelings. You can't give up the control of your mind all at once, that would be too traumatic, you'd never cope, so you have to do it gradually as you make the necessary adjustments all through your Healing.

*James:* Some of the intense therapy can of itself be traumatic.

*Mary:* Yes, it can liberate too much repressed feeling, all stressing you out not having the inner structure or truth to deal with it. You see your Soul- and Feeling-Healing is completely orchestrated by your soul, and although at times it can be harrowing, you are always prepared to deal with it. It might feel like you are taken to the edge, but you will never go over it if you keep expressing your feelings and longing for the truth of them. God is looking after you and overseeing it all, unlike putting yourself into the hands of a therapist who can't see and doesn't know the bigger picture and how things might affect you.

However, again I will add, that if you feel to undergo such intense therapy with the intention of including it as part of your Feeling-Healing, then of course it will be part of it, your soul taking that all into account.

*James:* So really from what you've said Mary, any therapy, and even self-therapy, that doesn't include your intention to do your Soul- or Feeling-Healing, is, even if you have wonderful healing breakthroughs, still doing it all within or under the auspices of your controlling mind.

*Mary:* That's right James. You could even receive a miracle healing from the angels, or as you said, heal all your illness and psychological traumas with professional help, all enabling you to get on with your life feeling much better about yourself, even happy and loved; yet if you are not applying the full intention to uncover THE WHOLE TRUTH OF YOURSELF THROUGH YOUR ONGOING FEELING ACCEPTANCE, then still all you're doing is readjusting your mind's control over you. And you might be very happy with that, feeling you have accomplished great things, feeling so much better within yourself,

no longer feeling any pain, but still one day you'll have to do your Feeling- or Soul-Healing to its completion so as to rid yourself of your childhood repression and all the problems it's caused.

Your repressed childhood state is more than just unexpressed childhood feelings. It's all that you have become through your forming years to make you into the evil person you are. And so through your Healing you will have to look into all of your controlling beliefs, see what they are and why you have them, and then see how they determine and so control your unloving behaviour, and all that makes you feel, seeing how it all goes together, all whilst coming to terms with the truth of your unloving relationship with your parents, siblings, grandparents and any other influential adults who were in your childhood. Your childhood repression is just one part, descriptive words to lump all your buried and unexpressed childhood pain and bad feelings together. But again, it's not to use terms so much, although they are helpful at times, but to understand that you are full of unexpressed feelings that need to be expressed, and expressed now as an adult so you can see the truth of all that was happening to you at the time when you felt and suppressed them during your early life. To enable, through your feelings, to connect yourself now as an adult with you back then as they child, so for you as the adult to feel *being* the child as if you are still that child, which you are.

So many people work on themselves, and feel they have made good headway, no longer feeling bad, and healing any rift they might have with their parents, being able to forgive them and let them go and get on with their lives. However, this too is only more mind shuffling, just rearranging the deck to suit yourself, it's not uncovering the whole truth of yourself through your feelings. It's not facing the whole bad feeling truth of your relationship with your parents. And facing the whole truth will take years, not just a session or two with a 'good' therapist. You have to want to grow in the truth of it, and there's a lot of truth contained within what your feelings will show you about yourself for you to see.

*James:* I've long since given up wanting to forgive mum and dad.

*Mary:* That's right, it's not about forgiving them or not forgiving them, it's only about accepting and expressing all your bad feelings about them you have, and uncovering the truth of why you have them. Should you end up forgiving them, so be it, but it's not something you should strive for with your mind, it should only be something that naturally comes about of its own accord through your Healing; and so, if it's part of your Healing. And as you can't have any idea how your Healing is going to happen, what route it will take, so there is no need to even think about such things, unless of course... and you know what I mean, unless you have bad feelings about it.

*James:* So we are to be our own therapists.

*Mary:* Yes, ultimately, not reliant on anyone, only yourself. You trusted your parents being wholly reliant on them, but they broke that trust. And as a consequence you don't trust yourself, no matter how much you might believe you do. And so part of your Healing is giving back yourself that trust, looking only to yourself, to your feelings to guide you and show you what's right and wrong for you in your life. You are to place yourself in your own 'feeling-hands', and in doing so will slowly gain, as you bring to light all the mistrust, all the trust you should have had in yourself had you been allowed to grow up being true to yourself.

And part of your difficulty James, and also Marion's in her way, is that you've been made to be completely dependent on another person; and to extract yourself from that dependence, to regain your true power, is very hard to do. And can't be done with the mind as so many people believe they can and are doing. They are only succeeding in further empowering their negative state.

*James:* Yes, I've been able to see that more clearly in things I've read where people say that's how to empower yourself, by using your mind in one way or another.

*Mary:* That's all only a delusion James, that which the mind spirits do. They believe they are getting somewhere in healing their problems through self-empowerment, but it's all by using their minds to have yet more power over themselves, all the way up to the high planes of the sixth Mansion World. All that: 'I have free-will to change myself and my destiny' stuff, is the sort of thing I'm talking about. It all only changing your mind-set, altering how you see yourself, all so you shift your conscious focus away from your bad feelings and problems and onto a new positive approach. But it's all self-deceiving, only adding yet more layers of feeling-denial, and not doing your true healing. It's all running away and not going in and accepting the truth of how you really do feel.

*James:* Thank you Mary.

## 65. If it all goes to shite...

10 October 2013

*James:* Mary, following on from what you were saying, one of the appealing things about doing one's Healing is that if one is in a situation whereby you can't gain any sort of help, you can still do it by yourself.

I'm not going to ask you again about whether or not the whole system is going to fail and the world end as we know it, either through our own doing like nuclear war or 'God's doing', such as Nibiru coming through, or anything else that might change everything, but should something like that happen and there are none of the usual support systems in place, at least people will still be able to work on themselves doing their Healing, as it only requires yourself (and another person to express yourself to if you have one) to do it.

*Mary:* That's right James, you are not limited by anything other than your own motivation and will to do it. And should you begin it on Earth and your life ends before you finish it, you'll be in a much better state of being to begin your spirit life with the intention to carry on with your Healing. You will avoid getting caught up in the fun of the 'New Life' as so many mind spirits do feeling so happy about being 'free'.

*James:* And presumably God will ensure that there is always someone who will be there willing to listen to you should you be intent on uncovering the truth through your feelings.

*Mary:* Yes. You might need a certain amount of time on your own, even doing it all on your own, however when you need another willing person to help you, they will be provided. Healing your evilness is given top priority, so should you be intent on uncovering the truth of yourself through your Healing, then all you need will be given to you. Even if that means you not being given any help in the form of another person. It is always given, however I think you understand what I'm saying.

*James:* That really if we give ourselves all we need, that being our full desire to do our Healing, then it will happen, life will respond and we'll start feeling bad so we can start going into those bad feelings.

*Mary:* Yes.

*James:* Not that I want to feel bad, and not that I can imagine anyone else wanting to either.

*Mary:* There's no other way. And so, should, as you were saying, everything in the world change, at least you can still work on yourself without having to put that aside because now the world as you knew it is no longer the same. And in fact, the world completely changing so nothing is as it was, would be a great help to you in your Healing as it would make you feel bad causing you to have to confront new situations you might not want to. It might of course also make you feel good, and you can still apply the Healing principles to those good feelings.

*James:* And as it's been for Marion and I, the world can go merrily on its way without any bad things really happening that have greatly affected us, and still our soul has been able to bring pressure to bear so as to make us feel bad.

*Mary:* Yes James, like you're currently experiencing getting your new car. On the surface of it one would think it's a good thing and so you'd be feeling happy and excited by it, it being something that for most people would probably remove or keep at bay any bad feelings whilst they were happy buying their new car. But for you and Marion, even though on one level it's what you need to do, it being a good experience, still it's causing yet more repressed bad feelings to come up in you both, taking you both deeper into yourselves as you bring to light yet more truth.

*James:* Yeah I know. I don't feel happy or excited about it at all. So many fears have been surfacing for me to deal with. And as you say, so much more truth has been coming to light. I feel like I've smashed the new car up on it's first day and all hell has broken loose, having to remind myself that we've not even got the car yet.

*Mary:* So as you've experienced, it doesn't matter what's happening in your life, even good things could be, and yet for other reasons they are putting pressure on you making you feel bad, all because those are the patterns during your early life. You weren't allowed to be just happy because good things happened to you, like your first Easter Egg hunt at kinda; as soon as you'd collected all your eggs feeling very happy, you got smashed in the face with the half-brick. That being on a psychological level what your parents did to you emotionally, spiritually and psychically. So your pattern is heavily ingrained in you that good things don't necessarily make you feel good, even to the point of you not doing things to make yourself feel good because you're scared of all the bad that will result because of the good. So it's right that the prospect of getting a new car is scaring you, because they scared you.

*James:* Yeah, it's completely meant I've not been able to be happy about anything. I can for a moment, only to then start worrying that bad things will happen. So I kill any good feelings with my fears and worries.

*Mary:* And part of your now getting a new car is for you to have an experience of getting a new good thing, and a big thing like that, all so it will confront such fears in you, making what's remaining surface, all of which you've been working through. For you can't even hope to have a good happy life when all the time you're scared to death living in a state of anxiety that the bad thing is going to happen at any

moment to ruin the good feelings.

*James:* I know Mary.

*Mary:* I will leave you now James, speak to you soon.

*James:* Bye Mary.

## 66. How do the angels help us with our Healing?

16 October 2013

*James:* Mary, how do they?

*Mary:* I will give you some examples James, things that have happened to you that the angels have done. Some of these things you being aware of the angelic help, others not. However before I do that, I'll tell you a little more about their relationship with you.

As you understand, everyone has a pair of angels always in attendance with them – your guardian angels as they are often called. And these angels liaise with your Indwelling Spirit, other higher spirit personalities, and your soul, so as to help you in life, and in whatever ways are deemed necessary to help you by all those unseen helpers involved.

Angels don't exist in the Mansion Worlds, only in the Celestial spheres, and their own specific Earth plane, so it's not until you are of a level of truth having healed your whole negative state that you'd be able to see them, were you living in spirit. However, to some degree you can freely speak with them as you can other spirits whilst you're on Earth or in the Mansion Worlds.

Most of what is attributed to angels by people on Earth is wrong, and most people who believe they are speaking with angels are only speaking with mind spirits – who will quite freely pretend to be angels if you want them to be. The angels will only make themselves known to you should it be part of your soul and life experience. And unless you are doing your Healing, there would be only a very slight chance of your soul requiring you speak with them as part of your life experience, unless you are to have a very unique, specific and intimate life with your angels. In doing your Healing you increase your chances of direct communication with them, and many people might find they are drawn to such inner communication. And should you dear reader be one such person, I would advise you to keep as open a mind as possible and to look to your feelings in all things and all communication.

Now James, some of the ways your angels have worked with and helped you through your Healing.

*James:* Did they work with me and help me before I started my Healing?

*Mary:* They have been and are always with you James, as with all people, working and helping you right from conception through to your death and life in the Mansion Worlds; however once you began your Healing their work changed so as to be entirely focused on helping you to uncover the truth of yourself through your feelings. Prior to people starting their Healing, as it was with you James, they will be entirely dedicated to helping you further advance your evilness, as that is how you wish to be.

*James:* Even if people are longing for the Divine Love?

*Mary:* Yes. If you've not started doing your Healing, Divine Love or not, you are still choosing to remain in your negative state, and so your angels will assist you to do so.

*James:* I see.

Sorry for taking over Mary as you were going to tell me how they've worked with me, but can you please give me an example of how they helped me to further my negative state before I began my Healing.

*Mary:* Do you remember them coming to you during some of your prayers for Divine Love when you had your healing centre – that is one such example. They gave you some profound experiences of themselves, all of which greatly impressed you. All helping you to expand your ego and feelings of superiority, helping you believe you were more powerful, more in control, and more special. So all helping you to feel good in an egotistical way about yourself, which was furthering your evilness, and which was what you wanted. Your angelic guardians and all other spirit help at that time was given to you so as to make you feel better about being evil, feeling better about being in your negative and feeling-denying state. Making you feel like you had more control, that you were on your right path, the path God wanted, but it was still all only the feeling-denying path your mind wanted. So they helped you believe that their coming to you as they did was part of your spiritual advancement, which indeed it was on a mind level, yet not on a truth level from your feelings and soul. And as you can see now, it was all only advancing your mind. At that point you'd not reached the intention or developed the desire of living true to yourself – really living true, it was still only more a concept; you'd not wanted to put it into practice, this being what you did just prior to meeting Marion and the beginning of your feeling acknowledgement and acceptance to use such feelings to truly grow in truth. When you started your Healing, you started your true spiritual advancement.

*James:* They were fantastic experiences; and yes, I did add them to my beliefs that I was superior in a spiritual way, not that I really knew what that meant at the time. That whole time with all the spirits and angels coming to me greatly elevated my ego, that's for sure.

*Mary:* All so you could and would do the work that was to follow. Had you not had such ego appealing experiences you'd more than likely have got bored with the whole spiritual thing and dropped it, so you needed such impressive experiences.

Another experience which the angels helped you have to further your unloving state, one you had very early on in your life, was when the young boy threw the half-brick at your face after the Easter Egg hunt. They ensured that the boy had enough strength to do it, and that the trajectory of it was as it was meant to be, all so you'd experience all you did. And that was a major trauma and turning point for you, in knocking your self-esteem substantially, making you turn inwards, helping you to fear the world, all so you'd not get carried away with making a 'success' of your life as you got older; all to undermine your self-worth so as to ensure you failed in the world so you'd look in and not out, and so look to spirit as you did; and all so you'd be even more impressed when the angels came to visit you during those meditations. All of which was for when you started your Healing, those early childhood bad feelings would help you understand that was how your mother 'loved' you, by continually emotionally and spiritually 'smashing you in the face'.

*James:* So my angels helped smash the half-brick into my face... gee, when I meet them I'll have a words



with them about that.

*Mary:* You'll thank them from the bottom of your heart for all they have done for you James, being so amazed as they tell and show you all they did actually do for you.

So what they have done for you through your Healing is mostly they've been involved with bringing about the necessary inner adjustments required within your auric system as you've progressed. All your sudden aches and pains, ones that seem to come for no apparent reason, just like the current difficulties you're having with your left arm, have been brought about by your angels influencing your inner system with light that in turn affects your outer system, your physical body.

As I've told you before, EVERY part of your physical body can be influenced from spirit by your angels if necessary. You have been speculating to yourself about the adverse influences of radiation should the broken reactors in Japan get worse, and all such harmful and toxic things can be nullified in the physical body should your soul require it, your angels doing it for you. In theory, as it's not as yet been put to the test on Earth, nor might it have to be, a person could survive in a very hostile life-destroying environment for their whole lives with angelic help. Nothing is impossible for the angels to do, should it be wished by God. The relationship of the physical with the spiritual is perfect and very fluid, and so all things on the physical can be readily influenced by the spiritual. However all such influences are governed by laws, so the mind spirits can't do all they might want to do concerning interfering with people on Earth.

Your angels also gave you certain thoughts and insights, along with your Indwelling Spirit and ourselves. There is a constant stream of inspiration flowing to you as you move along in your feeling acceptance. And that will be the same for everyone who does their Healing. A great deal goes on with you on the unseen levels of reality, and all the more so as you start to actively advance your soul in truth through your Healing. You are constantly being attended to by angels, nature spirits, and other higher spirits, as well as your Indwelling Spirit – Bob, as you call it. Roughly it's about fifty-fifty currently, half your thoughts, ideas and inspiration being generated by your own mind, with the other half by everyone else. Mankind is not meant to exist wholly alone. You go through times during the day when it's more your own mind, but when you're full-on actively expressing your feelings looking to uncover the truth, and when the truth starts to come, all that added intensity and energy you can feel is coming about because of the unseen activity of all who are involved with you from spirit. And it's the same for Marion, as it will be the same for everyone as they start to liberate the truth within themselves through their feelings.

*James:* And at night too, or is that all the work of Bob?

*Mary:* Yes, your dreams are also influenced by unseen personalities, but mostly orchestrated by your Indwelling Spirit – Bob. Bob sets the scene so to speak, and should any needed inner adjustments to any level within your aura and physical body be required whilst you're asleep, the angels will mostly carry them out.

*James:* Do you and Jesus also give me understanding, insights, inspiration and revelation when I'm not actively communicating with you?

*Mary:* No, only when we're consciously engaged with you. All the others with you do that. You have bands of spirits together with hosts of angels that are there to assist you, all happening at different times depending on what you're going through. And whilst you're in your negative state working your way out

of it, you are being assisted minimally compared to how it will be when you've fully healed it. So all this work you are doing currently in your familiarising yourself with us in our communications will help you when you've healed yourself.

*James:* So really the angels currently mostly help with inner adjustments to my bodies, physical and spiritual – and all the subtle inbetween ones, as required by my soul, and give me the insights I need to help me understand all I'm going through?

*Mary:* Yes.

And sometimes they work with the Nature spirits advising them and so providing you with the nature experiences you also require, however as you're not having much directly to do with nature currently, there's not much they are doing there other than helping you feel and understand your relationship with nature as you grow and evolve. When you had your face-to-face encounter with the large brown snake at the Fishing Park, that was all angelic and Nature spirit coordinated. They kept the snake there without it feeling frightened long enough for you to feel the full impact of the experience, and they also prevented it from harming you. Nature, and so the creatures, are really just another type of angel and nature spirit, that being, a lower one, of lower order, but of the same mind creation category. So when you are with the creatures in any way, your pets included, it is like you are with a very minor angel. When animals and all creatures, including the plant life, dies on Earth, their light moves to form nature spirits, that in turn moves into forming a certain order of angels once they've completed their work as nature spirits.

*James:* Yes, Verna (A Nature spirit I talk with) has told me about that.

*Mary:* So nature being distant cousins as it were of the angels and nature spirits are very amenable to the influences of the higher orders of Mind creation. So in all humanity's personal involvements with creatures and nature, such as with your pets, farm and wild animals, there will be nature spirits present overseeing all that needs to be done, who in turn will be overseen by higher angels. All the incredible things animals do, such as dogs and cats finding their way home covering great distance, is all done with the aid of the nature spirits and angels. And as Verna has told you, as humanity starts to heal itself in earnest, there will be people who are doing, and will have done, their Healing, who will start to make contact with the nature spirits all so as to help humanity understand how it is meant to live with nature, all with a perfect and true state of mind and will. But such help will only come to those people who are doing their Healing or have finished it, because they will be responsible with the information they are told, not wanting to use it to further their evilness and so add further to the destruction of Earth and mankind upon it. And as Verna has helped you to understand James, the nature spirits are far more than just little cute fairies at the bottom of your garden.

*James:* Yes, I've finally been able to remove that childish idea of them from my mind.

*Mary:* All because people have removed themselves from their true spiritual connection with nature. Your true spiritual connection with nature doesn't come from hugging trees, it comes through your feelings and in relationship with the spiritual custodians of planet Earth – the Nature spirits. And until humanity moves to develop its relationship with the nature spirits, it will not understand how it can live in-tune with nature. And you will never understand whilst you're living in your negative states, because you are doing all you can to reject and deny any help the nature spirits and angels might give you.

*James:* So even the primitive people and the aboriginals for example here in Australia didn't have the sort of relationship with nature that they could have had?

*Mary:* All native indigenous people are still subject to living in their negative states, so as much as they might believe they are in tune with nature, they are denying their true relationship with it. Their relationships with nature are only a mere fraction of what people will have once they do their Healing and start to reestablish contact with nature spirits and their attending angelic helpers. You reject all such help in your evilness, so every spirit personality that can help you keeps its distance, doing for you only what you need to do so as to keep you advancing your negative state. But as soon as you begin your Healing, all that changes as you're changing, as you're starting to have a true relationship with yourself, and so will you with everything else.

And having said that about the indigenous people, you understand that even in their negative states, they being much closer to nature have more fulfilling relationships with it and themselves compared to those of you who completely shut yourself off from the natural influences of nature.

*James:* As I'm tired now Mary, and as we've got to get up at 4.30 tomorrow morning so we can be in Berwick to pick up the car early, I'll stop.

*Mary:* Speak to you soon James. Bye now. Mary M.

## **67. Starseeds, and the next dimensional level.**

18 October 2013

*James:* Jesus, if you wouldn't mind, I'd like to go over some of what I've been reading lately concerning the supposed involvement of higher beings on our world: aliens, people being starseeds, and a supposed dimensional shift and change in consciousness soon to happen. We have spoken about these things before, however now it's fresh in my mind and other thoughts have come up, could you please go over it again?

*Jesus:* What you would like to know about it James?

*James:* What is the mind-set of such people who make all this stuff up?

*Jesus:* As you understand, it's all coming from the mind spirits.

*James:* Yes, but why such a heavy influence on beings from other worlds all wanting to come to Earth because of this amazing time we're supposedly in, these superior beings apparently wanting to incarnate here; and then the other side of it, with them just landing or appearing as aliens all supposedly in cahoots with various governments.

*Jesus:* Because such people who are 'receiving' such 'messages' and information (if they are not making it up) from the mind spirits, don't understand how the Mansion Worlds are constructed, what they exist for, and that all mankind upon death goes into them, there to either stay confined to the mind worlds, with

many awaiting their reincarnation on Earth which we've spoken about, as it will never happen as there is no such thing; or those wanting to uncover the truth of themselves and who also long for the Divine Love moving into the healing worlds. So these people have to believe they are being 'guided' or instructed by beings from other material worlds or other worlds that are somehow in other dimensions, which really are just the Mansion Worlds.

It's all a few steps on from Spiritualists who try to prove there is life after death through visitations and communication with spirits in the Mansion Worlds. But such things become boring after a time, and it all sounds much more impressive speaking about inter-dimensional beings, ascended masters, aliens, Nephilim and Anunnaki, Reptiles and the like. It all makes 'good copy' you might say; and judging by the numbers of people willing to believe it all, it's only going to get more intense, with the mind spirits seeing they are on a good thing.

*James:* But it has nothing to do with the truth.

*Jesus:* And that's the point. The mind spirits want power over people on Earth, they want some sort of influence and it doesn't matter how they get it; and so: 'aliens sell'. The notion of some alien race secretly controlling mankind is very appealing for a lot of people because it makes them feel scared, awed, and gives them hope that if the good aliens win out over the bad, then they will be looked after – rewarded, and so carried off into some higher dimension to reap the rewards because they were a believer, they had faith, they had adjusted their mind to the correct frequency of being of 'Service to Others' and not of 'Service to Self' – which you understand is all nonsense.

*James:* It's almost like a religion of sorts and it seems to be reaching fever pitch, with many people so I read believing the great day when the government (American mostly), removes the veil and all is revealed; how aliens have been here with us advising the top governments of the world (of America), and have a plan involving the salvation and resurrection of humanity... or the aliens are going to invade and we've got to be ready... or the governments are going to simulate an alien invasion so as to enforce more of their hidden agenda... or, and on it goes. Every day more gets added to it, and half of it contradicts itself, and the other half seems too way out and far fetched; and to me, none of it makes any sense. The only part I do think might have something in is that there does seem to be strange objects flying around all over the place, huge ones near the sun, other tiny ones about Earth, and all other shapes, sizes and colours in-between.

*Jesus:* Most of which are made up my people or the mind spirits. There are a few genuine UFO's James, but very few, and the people in them from other human worlds as they are, have to comply strictly with the terms of Earth's quarantine on all levels: physical and spiritual, so keep their distance and DO NOT interfere with you at all, not even for the so-called betterment of mankind.

And you can see that all that's put forward as being something that's good for humanity is only yet more mind control, which only serves to keep you all bound up in your negative states. None of these so-called ascended masters or archangels, beings of light or aliens, talk about people having to heal themselves of their negative state through ongoing feeling acceptance and doing the hard psychological work you and Marion are doing.

*James:* No, it all seems the opposite, all the usual, apply our mind to become more loving and unconditional and you will raise your vibration and attain Christ-consciousness when the big day comes; which by the way, was to have happened back in the seventies, but humanity did something that changed

it to the eighties, and since then the date keeps changing as humanity has 'free will to collectively' do so.

*Jesus:* All of which as you know James is untrue and will amount to nothing. The years will come and go, their stories become more elaborate, seeming to offer the Way Out of the darkness and into the light, but such people will see that light upon their deaths, reawakening in the first Mansion World, all just a natural phenomenon and that which happens to everyone, not to the select few: the supposed chosen starseeds who have 'risen above' the lower vibrational levels.

*James:* I could imagine some of the mind spirits getting a kick out of it, seeing how far they can spin the web for people to get all caught up in.

*Jesus:* Yes, some do James, although others are very serious about it, believing it themselves, that they are ascending too and will also move up a dimensional level or two when 'the shift of consciousness' happens. But as usual, they don't have a clue about what's really going on because they are not wanting to live true themselves. They are wanting to fill their minds full of controlling beliefs all in the mistaken belief they are living the right way. But that way and all ways in the negative couldn't be more wrong. It's all just more bad feeling avoidance James, nothing more, just another manifestation of it, which this time in humanity's grow will be remembered as displaying the greatest number of such scheming untruth religions, spiritual systems and false beliefs. You're reaching saturation with all the nonsense.

*James:* Well in their untruth they sure seem to think something big is about to happen – IT, is about to happen, their big awakening and shift to a higher level. And the religious people believe you or their beloved master is coming to set them free. Yes, as you say, saturation.

*Jesus:* Yes, the mind spirits can sense the increasing Avonal spiritual light about their worlds and Earth, however as they don't and can't have any idea about what it is really about, being shut off from such truth within themselves, so they have to rely on their minds to make it all up.

*James:* Well thank you Jesus, it was good to go over it once again.

*Jesus:* Any time James, Mary and I are here.

## **68. Mum is the MOTHER and I too am God!**

Saturday October 19, 2013

*James:* Mary, my feelings led me around all over the place this morning, all to eventually understanding that mum believed in some way, which I don't understand, but leaving me with the impression, that she is God, that being, the Mother – Heavenly Mother. And that she is perfect, she was the BEST and ONLY Mother, and no other mothers were a patch on her. And that there was absolutely no point in my even bothering to look at anyone else – presumably any other mothers. And the fact of her being the Mother, so I am of course, loved, and loved to completion with me never possibly having any feelings otherwise. And that she provided me with Paradise, all around me was all I needed and would ever need, including her great and glorious self when I was in her womb. So there is nothing else for me in life, it will not give me anything more, and only less, than what she gave me – gives me. And so I am not to even bother

trying to assert myself, I am to just be happy, lucky, and eternally grateful that I have her as my – the – MOTHER. And I can feel because of that, I grew up with a mass of feelings I had no idea about, but what have now revealed themselves to be what I've just said, and so there is no point my even wanting to be close to and at-one with God, as in my Heavenly Mother, because mum is even more powerful and bigger than Her. So mum has completely put herself in the way of my true Heavenly Mother, causing me no end of problems.

*Mary:* Yes James, and it's very important that you fully acknowledge such feelings, as vague and as difficult as it might be to do.

*James:* I would have had no idea that this is part of my relationship with mum had it not been for these feelings. And I would have disputed such things within myself, only that it all does add up. Knowing myself better now, it all does make sense, it all fitting in being more of the puzzle that is myself, that which I'm struggling to work out.

So mum is God, the Mother, and behind her, more a fantasy of hers than a reality, is dad, the Father; but the trouble was, neither of them actually did anything in a loving demonstrative way to make me feel loved by them. They completely failed as false gods.

*Mary:* It's only because they were untrue and so completely held captive by their own minds that secretly, even unbeknownst to themselves, they believe they are God, and standing in the place of God as your Heavenly Mother and Father in your relationship with Them. So you were not free to develop your own personal relationship with God, for how could you with such heavy interference from your own parents who were pretending to be and were presenting themselves as God. Had your parents been loving, they would not have made you relate to them as gods, and you'd have kept your relationship in perspective, whilst you readily evolved your relationship with our true Heavenly Parents. Had your parents truly loved you, you'd have grown up feeling you're the child of your truly loving Mother and Father.

*James:* Yes, I see what you mean. So love keeps its all in perspective.

*Mary:* Because love's greatest attribute, its primary one after its light, is truth. And so it's the truth that keeps it all in perspective, not allowing the mind to dissociate from feelings, going off on its own merry way believing whatever it wants to. And it's because of this that we stress looking to your feelings to uncover your truth – the truth of them, the truth of yourself, because that then stops the disconnection of your mind from your feelings. And as you gradually do this, so you are bringing the true you back out into being, and so you are gradually seeing your parents for what they are, and how their minds have interfered with you. And so God, your true Mother and Father, are able to come into the right perspective for you, your relationship with them becoming truer, as it becomes truer with yourself.

*James:* So all those people, myself included, who believe in God so strongly, and feeling they are at-one with the Father or God in some way and are living His will; and praying and longing for His Divine Love, are really just using their love for God, and the great love they feel God loves them with, to cover over or block out their parents intrusion in their relationship with God.

*Mary:* Yes. Being of your negative and so evil states, no one has a true relationship with God, you can't do it, no matter how much you might feel you love God or are loved by God, or how much Divine Love you think you might have received in your soul. Your parents are your gods, and that's what you have to



first deal with and completely understand, which your Healing will lead you to do. Anything else is as you say, jumping over, or at least trying to jump over, as you can't actually do it, your parents who are blocking your way to God. So the true way to God is through or via your own parents, you having first to understand just what their relationship is with you, it being what their relationship with God is.

*James:* Yes, so in mum and dad's case, they are having an unloving and untrue relationship with me and so are having it with God, as shown by their unconsciously believing they are God.

*Mary:* Yes, and because of that so you too then grow up thinking you are God as well, as you are only following their lead; and so were you to have children James, you'd be unconsciously parenting them as if you were God. So they'd come to the same conclusion about you, as you are about your parents, were they to do their Healing.

*James:* And the same conclusion mum and dad will come to about their parents if they do their Healing.

*Mary:* Yes.

*James:* So we're all imposter or pretend false gods, thinking we're better and greater than the real Mother and Father.

*Mary:* Yes.

*James:* And so all the anger I've had at God, at the Mother and Father, is really at my false gods, mum and dad, for they've not given me the love I need, the love they said they did give me.

*Mary:* Yes. They made promises to you, and you pick up on them all as a forming person within their 'Creation'; they telling you, that if you are like them, then you too will be as they are – true, perfect and living in paradise. But it's all lies, that which you come to see as you do your Healing; and so rightly you feel very angry about it all.

*James:* Yes, as you said, that was very strong this morning too, that mum in some way *is* Paradise, and all she creates, is paradise, even including myself. So I'm a part of paradise, albeit a part of her paradise, and so because of that I should be eternally happy, without a problem, being as happy as I'd be were I in Paradise.

*Mary:* Yes.

*James:* This all made me feel how fortunate we are having The Urantia Books papers on Paradise, and that I'll add them to my list of *need to read*; because we all, so I would imagine, have to in some way deal with our parents being the gods and how that's interfering with our relationship of our true Parents and Their Home: Paradise.

*Mary:* It is important James that people understand that Paradise is the Home of God, and it's not just something in heaven that sounds nice. That the ascending souls journey starts on Earth, on a physical planet, then ascends Creation to Paradise, this being the 'Earth' of the Mother and Father, Their Home. And there where you will meet Them, all to confirm that indeed They are real and are your true loving

Heavenly and Paradise Parents.

*James:* I'm slowly coming to see how we are to 'create' our own inner paradise, in that our soul is paradise in a sense, and that if we can live true to ourselves, then we can be our own paradise not needing to look to the outside for it. So feeling the love of ourselves, from our own soul. And then being able to live in any dark hole, in any un-paradise situation or place being in a state of love, yet whilst still feeling unseparated from our own inner beauty, truth and goodness.

*Mary:* Just as it is for Jesus and myself. We felt those inner feelings all the time when on Earth, so it didn't matter what horrors we saw on Earth or what horrors we were subjected to, for nothing could remove our inner paradise, our inner feelings of being connected with our true self – our soul, and the Creators of our soul, our Mother and Father.

*James:* So Mary, you personifying our Paradise and Heavenly Mother, did you feel, do you feel, that you are sort of like the Mother, or very close to Her, or of Her... or what?

*Mary:* I feel I am Her child - Daughter; and being Her perfect child, I am perfect as She is Perfect. I don't feel I am God, She is always there a very real and alive presence and dynamic personality, as is the Father. And Jesus feels he is the Son of our Father and Mother, as I feel I am the Daughter of Them. We Creator pairs share the unique feeling of feeling we're the first Son and Daughter of God, the first child of God who is a man and woman; however not to be confused with the Eternal Son and Infinite Daughter Spirit who are the first real Son and Daughter of the Mother and Father, yet are themselves Gods. Jesus and I are not Gods, or even gods, we're just like you in that we are all children of God.

*James:* So you and Jesus by feeling you're the first children as it were, feel all Creation you're involved with, springs from you.?

*Mary:* Yes, as in all Nebadon being our own creation as you say, but all on the truth side of it, with the mind side being brought into being in conjunction with the Divine Minister.

*James:* I'm going to leave it there Mary, I have to write other things elsewhere.

*Mary:* By all means James, speak to you soon.

## **69. Problems with radiation; problems with feeling-denial.**

Sunday, 20 October 2013

*James:* Mary, what's going to happen with the problems in Japan concerning the Fukushima radiation? It's been leaking into the ocean, and as to the extent of the problems it seems like no one is telling the truth, and it only can get worse from what I read, with the authorities trying to hide the extent of the problems.

*Mary:* It is going to get worse James, much worse, and so much so that it's going to affect everyone on the world.

*James:* You mean through radiation?

*Mary:* Not necessarily, but the whole world will change because of it, with some people being greatly affected by the radiation, but most on a psychological level. I can't say more at this point, however things are only just beginning to get bad, and there are a lot of bad things that are going to happen, all of mankind's own doing.

*James:* But what will happen with it – all the radiation, as it's hardly going to just magically disappear?

*Mary:* Again I can't tell you James, you'll have to wait and see, too much is at stake for me to reveal such information now, it would be too soon and have undesired consequences. It's not for Jesus or I to contribute to humanity's evilness by saying such things at this time. It's all tied into the coming of the next Spiritual Age, of which we've talked a little about.

*James:* So all the bad things, all that's breaking down, is part of what's preparing humanity for the next age?

*Mary:* Yes, but preparing it in ways it has as yet no idea about. None of what's been prophesied by old or new religions or spiritual systems has any true idea of what's actually going to transpire. And again I'm speaking about it on a psychological level. No one has any idea because no one is meant to have any idea, it's all going to be a: Revelation, to say the least.

*James:* If Fukushima or anything like it gets worse, it seems like it could be the end of life on the world. It would only take another large earthquake or two where such nuclear power stations are and it would be all over.

*Mary:* True, however life on Earth is not going to end, not in the near future at least. Eventually life will naturally run its course on the planet, but not for a long time yet. In the meantime, this has to get very bad so humanity does understand that it's going the wrong way, against itself, nature and God. And by just believing in the bible and looking to Jesus to return or even praying to God for the Holy Spirit to come and fill your soul with the Divine Love, is not doing the right thing. The right thing, should someone want to do it, is to decide to live true to their soul by doing their Feeling- or Soul-Healing as we've talked about. There is no other way.

*James:* You've told me the angels can manipulate any part of our physical body system, is it the same for the planet, could they in fact heal it, should God instruct them to do so?

*Mary:* Yes, very easily and in a flash should it be the desire of the Mother and Father. Anything in the physical universe can be changed by those of higher spiritual understanding such as the higher Super-Angels for example. Anything in the whole of Creation for that matter.

*James:* And what about those people who believe they are of higher spiritual understanding with their fifth dimensional stuff, altering their mind and beliefs in preparation for the great spiritual shift into the next dimension or one even higher.

*Mary:* They are only deluding themselves James as that's not living with higher spiritual understanding, that's only adding a few more beliefs to your already overcrowded erroneous belief system. The higher spiritual understanding I am talking about would only begin were one fully healed of one's negative state, for whilst you are of your evilness, you are of a lower spiritual state and doing all you can do deny the truth of your soul by denying so many of your feelings their expression.

*James:* Is it possible that people could themselves affect such miraculous healing of people and the planet having first healed themselves of their negative state?

*Mary:* In theory yes, anything is possible when you are true and perfect, you could be an instrument guided by God through your feelings to undertake such work. However you would have to be of a Celestial level of truth. And it would in conjunction with your Angels. You might 'affect' the healing as such, however it would be the angels actually doing it. You might be a 'conduit' for them to act. The angels can act very efficiently without any direct participation with people or spirits, however during the next Spiritual Age many will be able to act with people, those people working closely with them and the angels able to do many things to help such people help themselves or other people and creatures.

As I've told you, you've been denied any direct experience with your angels because of your rejection of them by rejecting the Truth and living against all that can help you. And ideally, the more that happens personally with people, the better, which is the intention of the next Spiritual Age, with those people striving to do or have done their Healing. The Age could also be called 'An Angel Age'. Some people and angels will work closely together for the first time since the Rebellion started. Yet as I said and will repeatedly say, only those people intent on Healing themselves through their feelings. Everyone else who continues to live their mind way by remaining untrue and in their negative states will still not have anything personally to do with the angels, only the attending mind spirits, all of who will be overseen by the Celestials as to what interaction can occur.

*James:* So anything's possible with the angels, Mary?

*Mary:* Yes. Anything. And more than people could imagine. Humanity is living very far from the truth of its real nature, of how it would be were it true and of a positive mind and will. Jesus only gave you a very small taste of what might be possible, but that was hardly even the tip of the iceberg. A truly spiritual (Celestial) humanity, no longer evil, no longer denying itself, would be something to behold, something you'd marvel at, something you couldn't even begin to imagine in your truth-denying states. And mankind will get there one day, but first things first. You have to conclude Jesus' and my age, and so you have to express your complete denial of self, nature, myself and Jesus and the Mother and Father, the complete denial of truth – of all things true. This being the 'Completion' of the Rebellion and Default. It being what you and Marion are trying to 'complete' within yourselves, it being what everyone who does their Healing will try and complete, all whilst uncovering the truth of their complete evilness.

You are in rebellion against yourself and God, against the Truth, so by removing all the denial of that, by becoming completely true to it, by wholly being it, then you are fully aware of all your wrongness, of how evil you are, and that is the Completion of your Healing. Then you are true to your untrue self, so you're completely living your negative state without doing anything to pretend you are not it. So bringing out all the repressed feelings is like unblocking the path in front of you, and once fully unblocked, you'll be free to move ahead, and the Mother and Father will affect your transformation out of your rebelliousness into being the right way of being, being of a positive state of mind and will.

And as you will do personally through your Healing, so too will humanity to the degree as required by

Jesus' and my age. So humanity will collectively express the fullness of its rebellion against the Truth, this all due now to start coming to a head.

*James:* So is what you're saying like we have to reach a peak in our evilness before we can then start to come off it and heal ourselves – which is suppose is rather obvious.

*Mary:* Yes. And it's the same in everyone's personal lives, you reach that completion point, where you are fully expressing your evilness as much as you can, then you start to wake up to the truth that you are living this way. Your Healing James is you waking up, it's all part of what you could call your completion. You are seeing just how evil you are, how evil you've been; and so through your feelings choosing to no longer be that way. However, you decide you don't want to be that way, only you can't actually change and stop yourself being that way, however at least you know what you want, what you like and dislike about yourself, it again all part of you become self-aware. You are to become fully AWARE of your rebelliousness, not doing anything about it, just being fully aware of how you are being it. And in that awareness, accepting you are this way, because of all the truth you've brought to light about yourself.

And there's a lot to see. And so too will there be a lot for humanity to collectively see; so the evil will peak and start to lose its hold, but it will be a long time before humanity collectively heals itself of it. So the start of this next age will signal the peak of evilness, and the end and completion of Jesus' and my age, and the beginning of the True Healing, so coming down off that peak. The true healing being achieved as people heal themselves through their feeling-acceptance. And all this is on inner levels, being expressed outwardly. And so as people change their inner self through their Healing, they will then start to express themselves outwardly in a truer way. And that's how humanity will really change.

And so for that to happen, there is going to be a huge upsurge of discontent, much suppressed hatred, anger and rage is going to be vented, and things will change.

*James:* Humanity will start to break out of its cage.

*Mary:* Yes, but as I said, not in ways that are to be expected. A lot of what is expected will happen as well, but there will be many other consequences, all that will prepare humanity for the changing of the Spiritual Age. And the greater the people want to break free of their constraints, so those in control will keep coming down harder trying to keep you locked in your cages. But in the end they will go too far no longer being able to keep asserting such control.

*James:* And so all our getting closer to each other through the Internet, all knowing what's going on everywhere, or trying to know, is all part of how we're all going to be affecting each other.

*Mary:* Yes, as well as lessening the controlling influences by those in power. The Internet is taking people further into their fantasy, further into their own and other's mind control, it's increasing humanity's impersonalness. You wrongly believe that being 'connected' to each other through the Internet, being able to know what everyone is doing and saying all the time is the world getting closer and being more united together, however it's only once again all through your minds, because it's not being done in person. So it's providing you with a huge step forward in your evilness.

Those people in power are going to feel increasingly desperate when they start to lose their power, when the systems they've created start to fail, when no one wants to do as they say anymore. There are major shifts in power happening even now, both on Earth and in the controlling mind spirit realms. There are a lot of power groups starting to feel things are slipping from their control so they are

becoming more reckless and so will make mistakes exposing themselves. More and more people are becoming fed up with the authorities, and the authorities are feeling they are losing their grip. And it's only just beginning. As I said, things are beginning to come to a head. Those people looking for change won't be disappointed; however should they expect minor adjustments to take place and then things will get back to being 'normal', they will be disappointed. They will not get back to normal – how they have been, those days are coming to an end. Faster in some places than in others, but a lot of psychological adjustments are going to have to be made.

*James:* So they won't be able to simply scrap the system as it is now, impose another, and we all live happily ever after?

*Mary:* No, humanity is becoming too big for itself, the systems in place are becoming outdated, technology is moving on too quickly, and many people are beginning to want a different type of life. To grow up being told life is one way, and if you work hard, have your house and other toys, save for your old age, things will be good, only to find you are worse off in your old age than when you were starting out; or that you can't even start out, the dream no longer being something to chase and make real, you start to question yourself more deeply, taking more notice of your feelings – you start to wake up. And all of this is good, only it won't feel like it's good, having been conditioned to not think for yourself about the quality of life that really would suit you. You are so heavily controlled right from conception, being forced to accept the untruth, only to then impose such control on your own children. And to start to have your reality interfered with – imposed upon, shown up for what it is, seeing it's not good after all, is psychically very threatening, stirring up a lot of unwanted feelings. All of which is just perfect should you want to use those feelings to uncover the truth of yourself. And if you don't, then it will be hard, very hard, and only get harder. And for those people who do their Healing, nothing will be harder than what's already happened to them through their forming years... and what's still unconsciously happening to them.

*James:* Thank you Mary.

## 70. God is Hate.

Sunday, 20 October 2013

*James:* Hello Mary and Jesus, Marion's done it again, taking us both deeper into understanding what it's all about. She was feeling again how bad she feels, how unloved and hated by everyone and everything (her parents), and how, because of that, she hates herself, her life and God. And the further she went speaking about how much she hated the Father for doing it all to her, for giving her such a shit life, always feeling bad about herself, hating the sight of herself, hating being unable to be with other people without thinking they hate her, the more true to her feelings of hating God she became.

That was all day yesterday, building up her hatred of the Father as the day progressed, being furious with Him, and feeling so bad that He doesn't love her by the time she went to bed. Then in the morning talking about how much she feels God hates her and how much she hates Him, how she felt so true to her feelings, more true to these feelings of hatred than the other times she's felt and expressed them, all of which then made me see that really that is what it's all about, that in our unloved and negative states we feel hated and can only hate. Because being evil and so anti love, all we've got left is hate. And so

that's how we will all relate to God should we be true to our feelings; and I can feel in my feelings, being angry with and hating God, and feeling God hates me, as I was expressing today.

And then I thought that really we should be declaring that GOD IS HATE, not God is Love, for that's the truth of our anti love lives.

*Jesus:* Yes James, you are right in all that you're saying and feeling. You would declare were you true to your evilness, that God is not love, but hate, because you don't feel loved by God, as you said. And because you feel so bad, that you even feel hated by God.

*James:* And by your coming Jesus and declaring that God is Love, you've made it all the more difficult for us.

*Jesus:* True, I did. And as you saw today for yourself, humanity has taken what I said and used that to deny its true feelings of feeling unloved and hated by God. As you have done James.

*James:* Yes, and all because surely if God did love us, if God was our loving Parents, the Mother and Father would not subject us to such cruelty, as loving parents would love their children and not be mean and cruel to them, not reject them and treat them badly.

But it's so hard to fathom, for on the one hand I feel the Mother and Father do love me and I love Them. And yet on the other, I feel I hate Them and I'm hated by Them, because if They really did love me, They'd not be making me feel so bad and unloved.

But in my feelings when I'm feeling very bad and fucked-off with everything, I hate myself, my life, the Mother and Father for making me feel so bad – I hate everyone and everything.

*Jesus:* And as Mary has stressed all the way along, such bad feelings have to come out, you have to be true to them and so express them, because they are in you, they are real; and so in these feelings it's true how you feel: that you hate Them and are hated by Them. And that's what you've got to fully accept and honour and be true to – as it is the truth, part of the truth of your negative state. So whilst you're focused in this part of yourself, then forget about any feelings of love you might have for Them or They for you, because you won't feel them, as in this state you don't feel loved or loving. And it's just about staying true to your feelings and liberating all you feel, all that you've kept hidden within yourself. And as the truth comes and you progress in your Healing, so your relationship with yourself and God will change. And you will oscillate between feeling loved by Them and not feeling loved by Them, and you will hate Them and love Them, just as you felt as a child with your parents, just as you will also feel the same emotions and feelings about yourself. You are to go with all you feel, keeping your mind and what you think or believe you should feel, out of it, just FEEL what you FEEL and keep expressing such feelings and longing for the truth of them. When you feel hate, fully go with that feeling, when you feel love, fully go with that feeling. And always longing for the truth of such feelings.

*James:* So now I feel Jesus that you are a million miles from us with a huge crevasse between us. You are true and perfect, and being in such a positive mind and will, do feel loved by God, and you love God. Yet for us in our negative mind and will and untrue states, we don't feel loved by anyone, and hated by all, including God. Even though we mostly tell ourselves and each other the opposite. So you being on Earth with us was really cruel in one way, and bizarre, with no one able to relate properly to you.

*Jesus:* It's true James, it has been very difficult for humanity to deal with both Mary and I right through

our age. And at best you have contrived religions to pervert our truth making a fantasy Jesus up for yourselves, it being the only way you believe you can be with me.

Evil being no-love is the opposite to all that love is. So being of no-love you can't love or feel loved, and you only feel hated and can hate. However you can use your minds to convince yourselves that you don't hate and do love.

*James:* So in those unloved parts of us, that's how we'll feel?

*Jesus:* Yes, even those people who feel loved and love all. It's still the same for them as they will see should they want to do their Healing. They too will have to face the truth that their feelings of love are coming from their minds and not from their truth, because they are living in an anti-truth way, so are living denying the truth of themselves, so can't truly love.

*James:* But it's so difficult because those people love each other, their family and friends, and I'm sure they don't feel hated by God and wouldn't hate God, they feel full of love.

*Jesus:* Such people are not wanting to uncover the whole truth of themselves, and were they to, then such love they feel for themselves, nature, everyone else and God would go, gradually it would fade away as they started to honour and accept and express all their bad feelings seeking the truth of them. They might still feel the love they feel for themselves, nature other people and God is real and true, however it will be moved to the background whilst they focus on the parts of themselves that don't feel loved. Not all people will just feel bad all day long James, like you and Marion so often do, they will feel good and loved for they have experienced more such feelings than you both have, however still when the pressure is on and they are focusing on their bad feelings, they will also have to deal with their hatred of God as they hate themselves, and feelings of feeling hated by God, as they felt hated by their parents. No one on the world is living true to themselves, so even the people who feel the most loved and are the most loving will still have parts within themselves in which they don't feel love or loved and instead feel hated and hate. It's not until you are fully healed that you will know all such dark places within you are gone, that you are truly full of the light of truth and so will truly love and feel completely loved.

*James:* Marion feels she was loved to a minor degree by her Granny when she was young, whereas in comparison she feels her parents only hated her, they never making her feel wanted or loved by them. But her Granny's love has faded and is pushed into the background, as you said, the more she brings up and focuses on her bad feelings of feeling unloved and hated. My so-called love I felt for and from my parents has completely gone, I now see it for being as false as it was. I still have a slight fondness for dad, but that's fading more now, and nothing for mum and Gran.

*Jesus:* Marion's love was slightly more true than what your feelings of love were, but even Marion's Granny's love is within her overall unloving and feeling rejected and unwanted state. And along with the little of her Granny's love is the love of God she had as well, but it too has been moved into the background whilst she's had to accept, express and uncover the truth of her hated for God and feeling hated by Him.

*James:* And then for those people who already hate God, presumably they will have to still uncover the truth of why they hate God.



*Jesus:* Yes, and express all that hatred. And some people may even discover they don't actually hate God as much as they believe they do, once they've expressed all their hatred out of themselves and found the truth of it.

*James:* Which I imagine will happen to us once we've finished our Healing, we then being as you and Mary are.

*Jesus:* Yes. You only don't love and feel hate because you were prevented from loving and expressing such feelings through your forming years. And such patterns have become strong platforms of unloving belief and negative behaviour within you, and it all has to be brought out so you can see it fully for what it is, the truth of it, knowing it is how you are and how you feel, you fully connecting with all these hidden aspects of yourself. And when it is all out, then you'll be as Mary and I am – all loving, true and perfect. You will personally be fully loving yourself because you fully accept how evil, wrong and untrue you are. And because of that self-love, the Mother and Father will take you out of the Rebellion and Default.

*James:* It's all so confusing Jesus.

*Jesus:* I know James, but you're getting there. And as you know, there's a lot to understand, and most of it is contrary to what you've been made to believe.

*James:* So within our evilness, we can only conclude, irrespective of how much love we might feel, that God is Hate, that God hates us, doesn't love us, and for reasons we don't understand.

*Jesus:* Yes, it being the truth of your evilness, that is what you have to see – feel. All of which is really a projection of your relationship with your parents onto God. Still, you have to be true to all such feelings.

*James:* And that's what my Healing is all about, accepting the truth that my parents didn't love me, hated me, and told me all the crap about them loving me. And even though it's God I hate and feel unloved by currently, it is really my parents, they interfering with my true relationship with God. And if I look at all my hated being actually only to do with my parents and it not really being to do with God, then I have to say that I don't in fact know how I feel about God because my parents have always been in the way of my relationship with God. And that applies to us all no matter what our relationship with God is – our parents have interfered with it.

*Jesus:* Yes. Your parents only pretended to love you, when they didn't feel such feelings truly. They were the gods who controlled all love, but they didn't love you or allow you to express your love for them. So you readily project your relationships (or ones you fantasise you have) with your parents, onto God.

*James:* Alright, I'll have to come back to that about my parents later, I'm too tired now. But before I go I wanted to say that the Lucifers must have felt unloved by God, that being why they rebelled, and must have hated God for not loving them, for not making them feel loved.

*Jesus:* Yes, that's how they felt; only instead of admitting that and expressing it to seek the truth of why they felt such bad feelings, they pushed such unwanted feelings aside (so turned their backs on themselves and stopped loving themselves by being untrue to their feelings) by telling themselves they didn't want the

Mother and Father's love, they were fine and more than capable of getting all the love they wanted by other means. They pretended they didn't want to be dependent on an unseen Mother and Father, so turned their backs on Them, all so as not to show any feelings of weakness, those they wrongly believed they would have shown had they admitted they weren't feeling loved as they believed they should feel. So their universal corruption was setting about getting that love from elsewhere (which really came down to trying to get it from their own minds). So they enslaved all those who they appealed to, making other spirits, people and angels turn against themselves all with the promise of taking matters into one's own hands and out of the hands of God; and by doing so, being hugely rewarded, supposedly with more love than God ever gave them. The Evil Ones want you to love them, worship them, which they feel you are doing by worshipping God in your false religions, the very religions the Evil Ones set up for people to believe in. You believe in your religion you are worshipping the real God, the Heavenly Father I revealed, yet as it's all a fantasy and false God, one the Evil Ones made up for you, so they are more than happy to be that God, even without you realising it. To love God through your religion is to love the Evil Ones, and you can delude yourself that it's not like that, however that's the technical truth of it, because all you are is wrong in your rebellious state.

*James:* So they made God into being the angry, vengeful, malicious, wrathful God one who had to obey or else...

*Jesus:* Whilst putting themselves in God's place. They are really saying, worship us instead of God and we'll give you all you want – all that love, and all your 'Freedom'; we'll help you get it for yourself. And if you don't, bad things will happen to you, God will be angry. And because that's how you were parented, by angry parents you had to obey, so you easily accept that is also how God is. And then you wrestle with the truth I revealed that God is love: so how can an angry wrathful God also be all-loving? Is He like your parents, they are angry with you for your own good, and all they are doing to you that makes you feel bad and being for your own good, is done out of their great love for you, because "I love you so much". It's madness, screwing up your mind, and only your feelings can sort out the truth of it.

*James:* So they made us fear God, yet also helping us to believe God was all-loving and actually did love us, but only if we were good and did as we were told. And if we didn't, we'd be punished by this all-loving God. Some love. Just how my parents treated me.

*James:* So you were made to worship a false God, and so you believe God loves you as you faithfully do your prayers and be a good person, but it's only a fantasy God, just as doing your prayers and being the 'good person' is a fantasy. Because, how can you be good when you're evil and bad?

*James:* So I'm back to: all I think love and good and being true is, is not at all those things, and is the opposite: being unloving, bad, and untrue.

*Jesus:* Yes, which is how you are in your negative state.

*James:* So the Christian God and even the Mother and Father of the Divine Love to who we can go and long for such love, are actually false god's we're praying and longing to.

*Jesus:* Yes, one's in your mind, one's you've made up, one's you've been told about and so like the idea of. But not the true Gods of your Feelings, which you can ONLY start truly relating to once you've begun

your Healing in earnest. So you start out longing to your Mother and Father for Their Divine Love, but still you're not truly relating to Them, because you can't until you're fully Healed. However you've got to start somewhere. And with each healing step you take – each time you liberate more of your repressed feelings uncovering the truth of them, not only are relating more truly to yourself, but so too are you relating more truly to Them.

*James:* Yeah I see.

So there's the 'God of mind' and the 'God of feelings'?

*Jesus:* Yes; whilst your minds are in the controlling position you give your feelings over to them. Really there should only be the God of your feelings, with your mind augmenting such feelings and truth, however your minds you've turned against yourselves – or rather, you've turned your own mind against your true feelings.

*James:* I can see where those Christian peoples love of God is based on their beliefs in God, as that's what they are always saying, and not based on the truth of their feelings.

*Jesus:* And were they to do their Healing, their false and erroneous beliefs would be challenged and then compromised and then discarded as they moved closer to their true self. They'd end up no longer being those sorts of Christians, as many spirits have done through their healing in the Divine Love Mansion Worlds. They are no longer anything other than a spirit who wholly loves themselves and God because they are living true to themselves – which is how you will be once you finish your Healing James. So a 'member' of the 'Religion of Truth'.

*James:* Jesus, I'm sorry but I'm now too tired to go on. I can hardly think straight. I don't even know if what I've written makes any sense. So I'll stop now, read it through tomorrow and come back to you.

*Jesus:* I'll be here James.

## **71. New Divine Love World Religion.**

Monday, 21 October 2013

*James:* Jesus, I know we've spoken about the new world religion, however it's come up again, so if you wouldn't mind, could we go over it again.

*Jesus:* Not at all James, what would you like to know?

*James:* Understandably some people who are longing for the Divine Love think that is what the new world religion will consist of: everyone longing for the Love and living happily ever after with God; feeling very loving and full of love as their souls are brimming over with God's Love. However there is nothing in this new Divine Love world religion that includes the healing of one's negative state by doing ones Soul-Healing. So I imagine this new world religion, so far as 'Divine Love people' are concerned, would consist of people who've been miraculously healed simply because they are consciously partaking of the Divine Love.

*Jesus:* Which as you know, can't and won't happen. Any ideas such 'Divine Love people' as you call them, have of forming this Divine Love religion will fizzle out, because there's no truth to it as they are still living denying their feelings.

The True: New World Religion, will be The Religion of Truth, and it will consist of people who are doing or have done their Feeling-Healing. And for the next Spiritual Age, it will also include people doing, and who have done, their Soul-Healing; however once the Divine Love is withdrawn at the end of that age, then it will be made up of only people who've done or are doing their Feeling-Healing. And before the Divine Love is introduced again, everyone will have to be of this new 'religion' – which will just be the way of life, and not a religion in the way you understand them be; it will be simply everyone living true to their Natural love souls, expressing their feelings, and uncovering the truth of them, as they get on with daily life understanding it's an ascension and evolution of Truth.

*James:* So until everyone is living true and has healed their negative state, the Divine Love won't be made available again after it's been withdrawn?

*Jesus:* That's right; humanity is now to heal itself of its evilness, it's just about gone as far as it can go in denying itself and living untrue. And for the next age, people and the Mansion World spirits will still be able to do their Feeling-Healing with the Divine Love, so do their Soul-Healing; but after that, it's all healing one's Natural love expression with only one's natural love.

So the so-called 'Divine Love Movement' is?

*Jesus:* Just another fantasy James, nothing else. There is no such movement. It's just another experiential way of living against the Truth, developed by the minds of men and women who still chose to remain untrue to themselves but who are also consciously longing for the Divine Love. And whether you call it a spirituality or religion, it doesn't matter, because if those people within it are not striving to do their Healing, then it's like all the other existing cults, religions and spiritual systems, just products of minds with no substantial way of ascending in truth being offered by them. All just systems that will serve to keep the individual confined to the controlling beliefs of his or her own mind, and so within one's negative state.

The World Religion I am talking about, is the Religion of Truth – the Religion of Light, which means, soul-light, and that which can only be lived (expressed) as one lives true to one's soul. And one can only do that by doing their Healing and healing themselves of living untrue to their soul.

There is no conclusive religion as such in Mary's and my universe, we are not of a specific religion, we are only of Truth. We don't do any specific religious practices, we don't even have any specific beliefs and so we will not teach or reveal any. However we live a 'Way', a Way of Life, which is a Way of Truth, that being what Mary and I have imparted to you, and it being a natural feeling accepting and expressing life; and if lived with the intention of wanting to see the whole truth of oneself, will have it revealed, all the while ensuring one's direct connection with one's soul is always maintained.

And then added to that natural way of life, is the ongoing longing to be at-one with God, which is achieved by longing for God's Divine Love. And Mary and I love our Mother and Father and feel loved by Them, with love flowing naturally between us. We don't actually have to specifically keep longing for Their love so as to ensure we get it, we just love Them and that is our longing to be with Them expressed, so They respond naturally loving us, and so Their love flows into our soul.

So as you understand, you being not as yet perfect, still have to make an effort of mind and will as you

long for Their Love. Because your will and mind is structured (and will remain so until you've completed your Healing) to rebel against and reject Them. So continual effort until you've finished your Healing is needed to keep longing, until your mind gives over its control and you live with your feelings in command.

*James:* So Jesus, this Religion of Truth and Light, when does it actually start?

*Jesus:* It has started, you and Marion have started it in your own lives and hearts. And it will start in everyone's mind and heart when they become committed to uncovering the truth of themselves through their feelings.

Officially (or Technically) it will start when the new Spiritual Age begins. But it won't have a mental structure that people can join and become a clone of; it won't have any churches or temples like those of today's existing religions have; it won't have any physical structure at all, and it won't because it won't have anything that people or the mind spirits can control. It will just be people united in the common understanding of what they are doing, how they are choosing to live, that being: true to themselves.

*James:* And will it have a name?

*Jesus:* It could do, something people can readily identify with; however the main part about it is, as I said, it won't have a controlling hierarchy, so no things like priests or teachers or people in designated positions of authority, because as people involved in it do their Healing, they will be healing the need to control things, so they won't want to control or be controlled. And humanity will have these past two thousand years to look back over so far as knowing what controlling religions and spiritual systems are all about. And of course such systems will still persist well into and for the duration and well beyond the next Spiritual Age. But they will diminish in their appeal and control as more and more people decide they want to heal themselves of being controllers and being controlled. For you understand James, even those people who are currently the main controllers on Earth, do not feel absolutely free in their power, they are still controlled within themselves and even outside by yet higher mind spirits.

*James:* Yes, I understand that. Our only way out of it is by giving up our need to control.

*Jesus:* Which you can only do by uncovering the truth of why you have such needs – which you can only do through your feelings.

*James:* So the religion of truth is really just living truth, the truth that comes from doing ones Healing; which is really just the truth that comes from everyday expressing oneself: all one feels with the intention of knowing the truth of such feelings.

And I know we've said it a million times, but it is a whole new way of living.

*Jesus:* That's right James, it's living: The Truth; so you become as Mary and I are: The Living Truth. But first you have to uncover it within yourself so you can live it, and not just hear about it and agree with it trying to live it through your mind. As young children you naturally express your feelings and grow in truth, however your parents interfere making you adopt 'all the mind stuff', all stopping your natural self and feeling expression. So really it's all very simple, it couldn't actually be any simpler, but as you've distorted and denied and turned yourselves against your own natural way of growing and evolving in truth, then you have no idea how to go about it. And all that most people consider growing in truth to be

is not uncovering it for themselves through their own feelings with the full intention of becoming true to themselves. Certainly people might grow a little in truth from their feelings, as they express all they feel, however without the overall intention of becoming true and so setting yourself free of your evilness, you'll only go so far, and it won't be enough to let you out of the Mansion Worlds and into the universe proper.

*James:* Jesus, the world's controllers, seem (from what I read, and if any of it is true) to be wanting to instigate in some way a one world religion as part of the New World Order.

*Jesus:* Yes, which is a part of the natural conclusion to wanting to control everything. People need something to believe in whilst they in living against the truth, something they feel and believe they can aspire to be like, and of course something good. And they want to believe that by being good they are in God's good books, so it makes sense were you wanting to control people to provide a system of beliefs, a religion if you like, that would keep them happy. Happy to do as you say.

The religion of evil is how you all live, it's your religion: you are all living the Religion of Evil, it being started by the Lucifers. And within it you break it up into different parts giving it different names, Islam, Christianity, Buddhism, New Age and so on. But it's all the same thing, all leading you further from yourself and keeping you untrue to your soul.

*James:* Yeah I see, the opposite to the Religion of Truth.

Jesus, what about you calling James Padgett a brother in Christ – what did you mean by that? And how does the word Christ fit into this the Religion of Truth or Religion of Light?

*Jesus:* It was just a word I used to help James feel more at ease with everything. There is as you know a lot of people who talk about the Christ Light, and Christ Consciousness, however really there is nothing in such terms, they mean nothing so far as one growing and evolving in truth. I willingly accepted the label 'The Christ', as it gave people something to relate to, and it sounded important, however I am not such a thing, I am myself, and if anything, simply: Jesus of Nebadon, that being how I would ideally like to be referred. And I would tolerate being called the Master Son or Creator Son if one needed such names; however really Jesus of Nebadon with the understanding of all that implies, of all that I am, is enough.

*James:* But 'Jesus', is not your soul name surely?

*Jesus:* True; and so when you know my soul name, when it's revealed to humanity, then you can use it. However, to answer that question in your mind James, it won't be revealed until humanity has fully healed itself of its evilness. So until then, Jesus will suffice – just plain Jesus. And Mary's the same. The light we carry in our soul is enough, it speaks for itself, and when you feel it or sense it or see it, when you are in our presence, then that light commands the necessary respect, which is simply one of higher truth, and that is all that needs to be said, for it's all communicated in our light – in our presence. In our personality expression.

*James:* Yes, I understand what you're saying. So us being all brothers and sisters in Christ?

*Jesus:* You can call yourselves that if you wish, you can call yourselves anything you like, however I would ask you: Why are you wanting to label yourself, what does that do for you; and, how does it make you feel? And in expressing such feelings, it would be the truth that results that is what is important. If

anything we are all brothers and sisters in Truth.

*James:* I know a lot of people say it wanting it to make them feel more special.

*Jesus:* Yes, because they feel so ‘unspecial’, unloved and powerless, because of how they were parented. You see James, Mary and I *are* who we are, it’s our soul, nothing more and nothing less. And sure, from your less of truth state on Earth it might all sound very impressive being a Creator Son or Creator Daughter, but it’s what we are, we can’t help it, it’s just as we’ve been created. And its nothing more special than being John or Joan or Zelda or Harry or Xianj or... anyone else, because you are all souls, and are all equally very special and very important to the workings of Creation. Creation would not be the same without you in it, we’re all of equal importance, only with different roles to play. And you are to look to Mary and I for help and truth, enough to get you going and heading in the right way to Paradise. But then you will move on past us through to the greater universe and we will be simply a pleasant memory. But we are not someone who is God, or someone to be worshipped, or even loved by the mind for that matter. We are two who are one soul who can offer some help to you should you be wanting to grow in truth and heal yourself of your evilness. And the fact that you are doing it all in our universe, that’s just a fact, and so that is how it is. And so accepting that fact, so we can all get on with it, and not worry about names and who is or who isn’t the Christ or a Christian and so on.

And as you’ve seen within yourself James, as you progress in your Healing, so you heal the need for all of that sort of thing, you start to grow up spiritually as you grow in truth. And no longer do you need to live in fear of God if you do the wrong thing, or in fear of myself or Mary should you cross us and not do as we say. You will grow out of as you heal yourself, the terror and torment at the hands of your parents, coming to understand what living with love is really all about, and not what people who have not as yet done their Healing believe and think it’s all about.

If you want to remain bound to your parents, then adhere to the tenets of your religion; if you want to set yourself free of your unloving negative state, then do your Healing. That is what I would suggest.

*James:* Thank You Jesus.

*Jesus:* Speak to you soon James. Jesus.

Later...

*James:* Jesus what if the people wanted to use Divine Love Spirituality, which I made up, as the name for the Religion of Truth? And what if they wanted to get together and pray and discuss and learn and help each other with their Healing in say a place like Paradise House, also what I’ve made up?

*Jesus:* People are free to do as they please James. And they might wish to adopt the names you have labeled such things in your writing. Only within them, there won’t be the hierarchies of control like there are in your current religions and spiritual systems. There will of course be some people more advanced in truth, further on in their Healing; and some even completely healed and so of a Celestial truth and light, however these people won’t control, they’ll simply be natural leaders that other people not so advanced will look to for help, support, sympathy, understanding and encouragement.

## **72. The drawing power of the Spirits of Truth.**

Tuesday, 22 October 2013

*James:* Jesus, because of the drawing power of your's and Mary's Spirits of Truth, don't the masses all come rushing up to you wherever you go?

*Jesus:* No James, it doesn't work like that. That would only be a phenomena of the wayward mind.

*James:* You mean like all of us on Earth, if you came back in person, you'd be swamped by adoring fans.

*Jesus:* Yes, people who were trying to project and live out their fantasies of Mary and I. However if we actually did come back to Earth during the so-called End Times, the reality would be that we'd be rejected just as we were the first time, with very few people actually believing and so accepting we were the real Mary and Jesus. We would be rejected again because we wouldn't fit the Christian fantasy or any other fantasy, as such people are not wanting to live true to their souls.

The Spirit of Truth is far more subtle than that. If you are longing to live true, so longing to ascend in truth and uncover the truth of yourself through your feelings, then you will naturally align yourself with Mary and myself, we being the universal well-spring of truth. So as you long for the truth you will draw to yourself our Spirits of Truth and these will act not unlike a tractor beam in your science fiction movies, helping guide you to the 'source' which is Mary's and my soul, and so to us personally, so we can then help guide you on further to the real Source, the Soul of the Mother and Father, and to Them in Person on Paradise.

By longing for the truth with all your heart, and by fully honouring your feelings as Mary and I have spoken about, so you will start to use our Spirits of Truth to guide you, so in your own personal way, you will tread the steps of truth growth, evolution and ascension, we trod; that being, as we woke up to the truth of ourselves on Earth, so too will you wake up to the truth of yourselves, be it on Earth or in the Mansion Worlds. So as we've told you, you won't have the same experiences as us, but you will work your way up and in through the same will and mind circuits that we did, so in your own way you will come to the same truths we did. So by the time you are ready to leave Nebadon, you will have lived the same truths we lived as we re-awakened to the truth of ourselves through our bestowal lives on Earth.

However, as we've also talked about, there is currently a big gulf between us and everyone on Earth, so as much as you might like to 'lock onto our Spirits of Truth', to have them 'guide you home to Paradise' you can't, NOT UNTIL YOU'VE FULLY HEALED YOURSELVES OF YOUR EVILNESS. Not until you've completely stopped denying Mary and myself. And so you need the help of other Spirits of Truth, the soon to be released Avonal Spirits of Truth.

*James:* So what about all those people who feel very strongly about you and or Mary, who want to be with you, love you, feel you are with them in some way, want to give themselves completely to you? And all those women who have 'married' you?

*Jesus:* It's all in their mind James, all fantasy, all because they can't use our Spirit of Truth but believe they can somehow be with us or call upon us. Mary's and my Spirits of Truth will not become fully accessible until you've healed your self and feeling denying states irrespective of what people want to believe. So in the meantime you can feel we are helping you in the truths we have revealed, but you'll not be aware of the action of our Spirits of Truth upon your soul because you are not wanting them to act, you are living not wanting our help, living in your negative states, that being what the Rebellion and Default is all about. And so at best you can gain access to us through the Avonal pair, and through what you are writing



James, but other than that, people will have to wait until they've fully healed themselves at which time they'll then experience a massive spiritual shift, a refocusing and realignment Paradise-wards, feeling more committed to their spiritual ascension. People if they embrace Mary and I can however prepare themselves by coming to the front door so to speak, but to be able to cross the threshold and truly begin to grow in truth, they will have to do their Healing. And as they progress in their Healing, so they will be opening that door within themselves to the truth of their soul, and so too will they be engaging and welcoming our Spirits of Truth into their heart.

And to answer your question James, spirits don't come rushing to be with us because of the Light of our Truth. It acts as a barrier, it forces spirits (and people) to respect us. We are not some celebrity who's fans believe in some way they own and want to possess, that we are there solely for them, the light of our truth preventing all such unloving and disrespectful behaviour.

*James:* So people who want to do their Healing now, can do, being helped by the Avonals through you and Mary?

*Jesus:* Yes, that's what it amounts to.

*James:* So really everything is ready for people to do their Healing and for humanity to embark upon the next phase of its soul growth.

*Jesus:* Yes.

*James:* And concerning the spiritual shift you mentioned, you mean a true spiritual shift, and one not to be confused with the shift so many people are talking about concerning a consciousness shift into a higher dimension.

*Jesus:* That is merely fantasy; it's as you say, a true spiritual shift, feeling you really are an integral part of Nebadon and Creation. You will have fused with your Indwelling Spirit making you feel all the more closer to the Mother and Father, and you will feel the inner pull of our Spirits of Truth drawing you inward and upward to us. Your whole being will be alive with it; and at first it will be very intense feelings, and you'll know you've finished your Healing and your evilness is once and for all over, and then you'll feel ready to move onto the serious business of your Ascension – what it's all really about. And you'll feel these feelings whether you complete your Healing in spirit or in flesh. It will be a major highlight in your life and one you'll never forget on your eternal journey. And best of all, IT WILL BE THE END OF YOUR PAIN. It will all be over, you will have healed – redeemed yourself, achieved a great deal, and will now be starting out on a whole new and true spiritual life feeling born anew. And as I've said, you'll feel you really are a child of God, of Loving Parents, and you'll feel ensconced in a loving universe and everything, all you've been through in your evilness, will make sense.

*James:* I can't wait Jesus.

However, going back to your souls drawing power, it doesn't actually mean that you are drawing everyone to yourself and Mary, thereby meeting everyone who comes up through Nebadon.

*Jesus:* No, not in person, as we can't do that, there are too many people (spirits) from all the different worlds moving up through Nebadon for us to do that. We do it in an impersonal way, through truth, as I said, as you follow in our steps of truth revelation, so you are in a way getting to know us through that

truth. You know the truths for yourself, and know we know them for ourselves, the same truths, so we are united in that way, and that's what it's all about. Mary and I are, if you like, meant to make sure each of you is fully prepared to enter into the greater universe for your continued ascent to Paradise. We are to provide all you need to ensure you can have all the experiences required by your soul so you can feel all the feelings you need to feel; so you can uncover and reveal all the truth to yourself that you need to reveal. So our Spirits of Truth just keep you on track so to speak; and together with the normal interaction between your soul and Indwelling Spirit all the truth you need to live will be given to you – all through yourself; all through your feelings.

And as I said, once you are fully prepared through Nebadon, then you will be ready to move towards the Mother and Father who will meet you in person, for it's true that in time you will know your Soul Parents are real and true, for you will meet Them Face-to-face, which is more like Soul-to-soul, it all being down however on the personality level, when you reach Paradise. So really your whole ascension is designed for your soul to bring you, one of its two personalities, into expression enough so you can have the full personality-to-Personality interaction with the Mother and Father on Paradise. So, having the wondrous experience of being wholly united with your soul-mate and knowing forevermore you will be together as soul-mates, and then on Paradise you will meet the Original Soul-Pair, the Creators of your soul – your Heavenly Parents.

*James:* Okay, I hadn't fully understood that about what ascension is really about.

*Jesus:* Yes, it's the first leg of your eternal universal career, designed to bring you into being enough so as to know God is real and true, which you'll know the truth of through your feelings on Paradise. Then you will move onto the next phase of your eternal universal career, the next phase of your personality expression. It's all about, and will always be about, bringing more of yourself, more of your soul, more of your soul's personality, out into Creation. Soul is seeking Expression of Personality in Creation, and by doing so, so Creation will be able to Know Soul – know the truth of Soul. And all being done through feelings and not just the mind.

*James:* Jesus, you referred to God as being the real Source, and that reminded me that many people in what I'd call the New Age, I don't know if they call themselves that now, the 'Lightworkers', refer to God as 'Source'. For these people it's about connecting with Source, God, even 'quantum field', so I read on the Internet, and I was wondering what your comments would be on this.

*Jesus:* James, people can refer to God however they want, for as you read in The Urantia Book, God has not as yet revealed to us Their Soul-Names, so we are free to call our Parents whatever names we like. However the experience of Mary and myself of God is that They are our loving Parents, our Heavenly Mother and Father, and that we are Their child, so we relate to Them this way – child to Parents. And it's why you start your lives in flesh with two parents, with your relationship ideally, were you parented by positive minded and willed parents, and so fully and truly loved, laying down the truth framework for your later evolving relationship with your Heavenly Parents, it being a natural progression from the parents you can see and touch and experience in flesh, to a higher spiritual connection though truth with your unseen and untouchable real Soul Parents.

And so in keeping with what we were just talking about regarding Mary's and my Spirits of Truth, should you seek to align yourselves with us, and seek the truth of your soul, you will end up feeling you want to relate to God as your Heavenly Parents like we do.

The whole idea is for Mary and I to help you develop your personal experience with your Heavenly

Mother and Father. And so should you follow us, so you will. But if you don't want to do that, continuing with your rejection of Them and us, then you will most probably settle for some other more impersonal name or expression for God. Such as Source, or Creator or even God, Great Soul, Great Light, Light of all Lights, and so on.

But for people reading your work James, I would suggest to them, that should they want to make a real and true connection with God, wanting to know God as their Heavenly Parents, then they will need to long for Their Divine Love and do their Soul-Healing. A connection can be made before one begins one's Healing, however unless one does do their Healing, the relationship will fail to evolve to any significant degree, it merely being part of one's mental beliefs. And as you've seen for yourself James, many people start off in the right direction longing for and receiving the Divine Love and feeling a connection with the Father and or Mother or Both, but as they are not doing their Healing, then they use their minds pretending to themselves they are advancing their relationship with the Mother and Father, but they are only lying to themselves.

*James:* Yes, I have seen that often Jesus, it being quite extraordinary what people make up, what they claim as their spiritual progress and truth growth and expanding relationship with the Father. I'm yet to hear of anyone with the Divine Love seriously include their Heavenly Mother. (However not long after writing this, I heard of it.)

*Jesus:* And you won't until they begin their Healing in earnest. The Heavenly Mother circuits will only really open up when one is starting their Healing should they wish to know Her too. One can do their whole Healing without fully relating to God as their Mother and Father yet still understanding that God is both the Mother and Father of their soul. It's not so much about specific words, but the relationship, the intention; for as I said, the name of God is arbitrary, as for all intents and purposes, currently in Creation, God has no name, as God has not told it to us. But that is how Mary and I relate to SOUL, the soul that is the Soul of God, the Soul of our Mother and Father.

*James:* And are you sure that is how you and Mary relate to God, and you're not just doing it because that's how I do and you have to keep in harmony with my beliefs and negative mind circuits?

*Jesus:* It doesn't matter James. It doesn't matter whether we are just relating to God as our Mother and Father because that's how you do or it's how we truly do. We do, however you can't know that we do until you see and hear us doing so, this method of communication doesn't allow you to know for sure. So you'll have to wait and see. But for the time being, what is important, is if that's how you relate to Them, then that's how you do. And you are to fully express yourself in Creation as you feel your truth is wanting to be expressed, just as is everyone else and how they relate to God.

*James:* So those people who relate to God as 'Source', not as yet making the personal connection with God through parking of the Divine Love; will, should they die, move into the mind Mansion Worlds and over there still relate impersonally to God.

*Jesus:* Yes, because they don't as yet feel God is loving them, which you can only truly feel upon partaking of Their Divine Love. You can believe with your mind that you feel loved by God, but that's not the same as feeling and knowing you are loved because you have Their Divine Love in your soul.

*James:* And once you do have Divine Love in your soul, then if you are in spirit you will move into the

Divine Love Mansion Worlds, there to presumably begin your Soul-Healing.

*Jesus:* Yes. And you can do the same whilst you're of flesh on Earth. You don't have to wait until you are in spirit to begin your Healing with the inclusion of Divine Love in your soul. And in fact the more work you do on yourself now in flesh, the better it will be for you in spirit.

*James:* How will it be better Jesus?

*Jesus:* You will not be so easily distracted by your new spirit life. Many people with Divine Love who are not as yet doing their Healing come to spirit only to delay their Healing having to take time to experience a lot of other things their new spirit lives offers, things of the mind, so distractions. Whereas should you begin your Healing on Earth, with or without the inclusion of the Divine Love, you will more than likely want to keep going with your Healing when you arrive in spirit should you not complete it before you die. And it will be easier for you to do so rather than get mislead and all caught up in the mind side of things.

*James:* Jesus, as I'm now feeling tired I will leave it there. Thank you again so much for all you and Mary do to help me understand all of this.

*Jesus:* It's our pleasure James. Until next time – Jesus.

## 73. Jesus and the Avonals.

Friday, 24 October 2013

*James:* Jesus, you mentioning the Avonals has again brought up the same thoughts I had before about them having a thankless task, talking about how evil we are all, when all people want to hear and believe is they are good and of love, are loving, not full of anger and hatred and falseness. They won't want to hear their lives are fantasies, meaningless and with no purpose other than to experience what it's like to be evil, and all the pain that goes with that. So I can't see anyone wanting to listen to them; and for that matter, I can't see anyone wanting to read all I'm writing with you either. Perhaps some people might out of curiosity because I say it's you and Mary; but still, who wants to be told they are evil and all they think they are doing to help themselves spiritually is only adding to their evilness. And all you and Mary are saying through me is not in keeping with the Jesus most people know about, it's not even in keeping with the Jesus in The Urantia Book.

*Jesus:* No James, it's not, which is the whole point; however it is in keeping with how Mary and I are in person. So what are you going to believe: all you read in books and what the Churches say; or are you going to relate to the real persons, and see what they have to say about things. You have to understand, humanity through the years has changed everything, look at how you currently live, you can't leave things alone, everything has to be changed and updated, with many of the so-called improvements not making it better than it was. And it's the same with people's views and understanding of Mary and I, they've all been well and truly distorted; and so much so that were Mary and I to come to Earth all those people who say they are living for us and waiting for our return, would reject us, still going on waiting for their beloved fantasy Jesus to arrive. Such people do not want the truth, for if they did they'd not be still clinging to all their religious beliefs, they'd be looking to their own feelings to show them the way. And as

Mary and I are the Living Truth, so such people would reject us as we've been rejected all the way along. So it would only be a minority, as it was when we were on Earth, that might listen to us, and even fewer people who might actually want to do as we say; but as the majority want to remain in their evil states of mind and will, so we won't interfere with them. And it will be the same for the Avonals, for they too are the Living Truth, and so will be rejected by most, but it's not for the most that they are coming to your world, it's for the select few who want to live true, who want to heal themselves of their evilness. And I don't mean 'select' as in the special ones chosen by God, or anything like that, so don't go trying to look for the so-called chosen 144,000, which is nonsense anyway as the Christians relate to it, in what I say. It will be just ordinary people, but extraordinary as well, who will want to do all they can to set themselves free of their pain.

Those people who want to keep living rejecting themselves, nature and God will be allowed to do so, and those people who want to uncover the truth of themselves with or without the inclusion of the Divine Love will be moved into looking at life differently, from a different perspective, and so having different motivations; and although such people will be scattered all over the world, really they will in many ways be living in a different realm than those who persist in being evil. And not in a 'different' or 'higher' dimension, nothing like that, just different because of their different intention in life and so different in what life is for them, and what they want to get out of it. These people will be wanting to embrace their souls ascension to Paradise, so will be living a true spiritual life as they progress in their Healing and evolution of truth; whereas everyone else, irrespective of their beliefs and so-called faith in God or love of God or Spirit or Source or Allah or whatever else they might believe in, will be just living more of the same, continuing to go around and around in circles, destined to arrive in the mind Mansion Worlds after death and there to continue going around and around in circles. And will keep doing so until their soul says enough is enough, it's time to start longing for the truth.

*James:* I can relate to what you're saying Jesus, I feel in some ways detached from the world; and yet, that's how I've always felt. I have always wanted to somehow get involved in it by living something of a normal life like other people, but now I've given that up, happy I've opted for a different life, one that involves healing my evilness.

*Jesus:* I know you feel like that James, which is why I have spoken about it, it being how other people will feel too. As you and Marion have been speaking about how your Healing involves a complete spiritual perspective on life, so I wanted to reiterate it in this context. Many people will look to do some of their Feeling-Healing, healing their traumas through their feeling expression and partial childhood repression healing, however many such people will want to do this so they can get on and keep living their physical lives happily, not wanting to go deeper, not wanting to heal their whole negative state. So they will succeed in 'healing' themselves to the degree they are happy with, all so they can live happily in their negative state, feeling like they have more power and are able to use their mind to make things be as they want them to be. But this is not setting out to heal your evilness as the first stage of your Ascension of Truth to Paradise, the beginning of your eternal spiritual career. And such people like yourself James will understand that your 'real' life is spiritual and will be lived in spirit, and so won't see Earth as the be all and end all, doing all you can to stay alive in flesh perpetuating your wrongness.

*James:* Jesus, what about the Avonals, how are they going?

*Jesus:* They are still working their way through their Healing. Things are going well, all according to plan you might say. Things in the world are fast coming to a head, things are going to change rapidly, and

many people will find their lives are not the same as they were. Many people will feel they need to look for answers and so the Avonals will be well placed by then to offer an alternative way.

*James:* So what about all my writing with you, what's that all for?

*Jesus:* Preparation James. The Avonals are not going to want to write about such things, they leaving that up to other people by the time they have healed their wrongness. So all you are doing is helping prepare the way so to speak, for yourself and for them.

*James:* The thought occurred to me that I might be someone like John the Baptist, the herald of such a pair, but I don't fancy getting my head chopped off. However should that happen, at least I'd then be in spirit, as I've about had enough of my life here.

*Jesus:* Nothing like that James, no similarities to Mary's and my life, that was all back then, now it's all different, different times, different levels of psychological awareness, different outlooks and understandings about things. And daily more people are coming to realise that an end of some sort is drawing near, and that things will have to change if indeed humanity is to survive, and change in a big way, not just reshuffling the deck again.

And there needs to be people who've completed their Healing who can say: 'Yes, it's a real thing, I have done it, and so can you', and people will need to see the results of such people who've done their Healing, so they can look at them and think, yes, that's how I want to be, just like them.

And people will need to have somewhere they can come and be assured that what they find, what they read, will be from the heart of someone who at least is trying to do their best at living true to their feelings, someone who is trying to understand where the real truth lies in amongst all the untruth. And so that's why (at least partially) you still feel like you want to keep writing with us, all so you can bring to light all that you are.

*James:* Jesus, what is being truly spiritual?

*Jesus:* In the context of your lives James, that being humanity whilst it's in its negative state, it's doing your Healing: growing in truth through your ongoing feeling acceptance. That is being as spiritual as you can be. All else, whilst you're in your negative state, is not being truly spiritual, it being simply a 'spiritual' condition of the mind, by which I mean, it's a belief, and nothing more. And an erroneous belief at that.

*James:* But surely some people are still growing in truth even in their negative states.

*Jesus:* Some are, but only to a very minor degree, for they will not be doing their Healing as Mary and I have been speaking about it. And being in your negative state is anti truth. Many people do indeed make a little headway in naturally healing themselves, but very little truth is revealed. You are all too bound up in your negative mind and will be for any real spiritual progress to be made until you start to do your Healing.

*James:* I believed I was spiritual before I began my Healing, but looking back now I can see it was as you say, just a belief, as I wasn't actually growing in truth. I was increasing my understanding of certain things by reading the Padgett Messages and The Urantia Book and other channelled writings, but it was nothing like what my Healing has been like.

*Jesus:* Nothing is like it James, there is no comparison; and people when they are firmly established in their Healing will realise that they too had no real idea about what being spiritual was.

*James:* So being spiritual is not just a belief or a way of life based on beliefs, it's living true to your feelings uncovering the truth they are to show you?

*Jesus:* Yes, nothing difficult at all. Only those people who 'want to be spiritual' or who are religious believing this is what God wants of them, will not see it the same way, not until they do their Healing and give up all their so-called spiritual ways. And anyone can be religious about anything. And it doesn't matter what your relationship with God is, however if it's just mental as based on your beliefs in God, then it will have no real or true spiritual basis to it. And as you've seen for yourself, once you do start your Healing your relationship with God (as with all your relationships) changes, divesting yourself of all the untruth in it, growing and evolving into being true.

Humanity has built for itself huge controlling religious organisations, all of which really have little spiritual worth. And all of which will be let go of when one starts to do one's Healing.

And having said that however, still there is worth and value in one's self and feeling denying experiences, all of which will be used when one does do one's Healing to help one become true.

*James:* My healing experiences show me everyday just how perfectly the Mother and Father are orchestrating it, and nothing (of course) from my early life was a waste of time as it's all being used to help me uncover the truth of it. Even though so often I feel like it has all been a waste of time.

*Jesus:* All you've lived is all that's made you, so all of that will be used to help you see the whole truth of who you are. From your evilness you will uncover the truth of yourself. So all your experiences whilst of a negative state are what you'll need to help you grow in truth through your Healing. Nothing is wasted, not even evil. It will all be for the good in the end.

*James:* And Jesus, on that profound note, I'm going to stop now.

*Jesus:* Very well James, speak to you soon, goodbye now – Jesus.

## **74. My healing is making me feel so bad.**

Monday 26, October 2013

*Mary:* It's not your Healing James that's making you feel so bad, you already feel that bad, and all you're doing through your Healing is becoming true to such feelings.

*James:* But it's so hard and I feel so miserable, stripping away all the bullshit that I was using to believe I was okay, and now increasingly being left with nothing – only bad feelings.

*Mary:* Which is what needs to happen, you are to see the truth of yourself, as we've constantly stressed; so whilst you're evil, you are to see the truth of your evilness, all which you do through your feelings. And being evil, as it's love-denying, means you will feel bad, and so that's what's happening. You can't feel

good in your evilness unless you pretend you do, overriding your bad feelings, putting on your happy face and false smile and pretending everything is all right.

*James:* So really Mary, our Healing is to take us into feeling as bad as we really do feel, the bad feelings we're doing all we can do avoid and deny. And I know we've talked about this countless times, but still I'm coming to understand what you've said all the way along. I still think as I progress in my Healing I should feel better and better about myself, but it's going the other way. I do feel better in one sense, that being I can feel and see that I'm no longer as false as I was, so becoming truer, but truer to my evilness, so feeling only the bad feelings, only the pain of it and understanding how fucked I am.

*Mary:* And it's all perfect James, you and Marion are coming to terms with it, you're fully accepting it, and certainly you are feeling very bad, yet still you're understanding it more, seeing how it really is for yourselves. And when all the truth of your self-rejection has come to light, then your soul will turn you around so you can be free of your negative state. So as you progress in your Healing it is a good sign that you're heading in the right way because you keep feeling worse, moving ever deeper into your suffering and repressed childhood feelings and the pain of living in denial of your soul, of living against yourself.

*James:* So if people want to do their Healing, they are to understand it will be nothing like how you might think your Healing should go. It's all going in the opposite direction; and to keep feeling worse and worse the more you rid yourself of your falseness doesn't seem right, but that's how it is – how it's been for Marion and I at least.

Marion's having days of feeling so bad about herself, her self-loathing and self-hate is all she is now.

*Mary:* Which is right James because that's all she got from her parents, and so she's able to face it now, feel it, allowing herself to be it, as much as she hates being as she is. And when she's seen and felt it all, all the Mother and Father want her to experience, then it will all pass, she'll change, and start to express herself positively instead of all this negativity. But it all has to be fully accepted, I can't stress that enough, and seen for what it is, so felt fully, all so she knows how every part of her early life and relationship with her parents and how it made her feel. You have to go into it to become free of it. You have to fully accept your negative condition, so be it, fully connecting with it, without trying to avoid it at all. So you will feel very bad as you both are broken down into it, and feel all that being evil makes you feel; so: unloved, unwanted, uncared about, so lonely, rejected, so miserable and angry about being this way, powerless, depressed, and feeling such feelings. And bad: you will feel as bad as your parents made you feel; the whole truth, as there is no escaping it, it will catch up with you sometime.

*James:* Yeah well who in their right mind would want to choose to be evil. We've had no say in it, but I can't begin to understand why the Lucifers wanted to go against all that's good and true. How could they cut themselves off from the Mother and Father's love, turning their backs on God?

*James:* They did what all of you are doing, they used their mind to convince themselves they knew better than God and so would feel more love if they were in control of everything, in control of everything through their minds. And they kept denying their bad feelings, those feelings that initially came up trying to help them see the error of their ways. But they didn't want to listen to those parts of themselves, they couldn't control their feelings, so they blanked them out with their mind, using their mind to make them feel good feelings, and more 'love', and more important and powerful, becoming increasingly conceited and arrogant. And as they turned against their own soul, so they felt worse, so had to work harder at



banishing those bad feelings, replacing them with ones of their own choosing, all the while sinking lower in their corruption and the ruination of their soul.

*James:* Have they ruined their soul, as in they will never be able to heal themselves?

*Mary:* They are still in rebellion on their prison world. In theory, all souls are redeemable, however in practice, although very rare, rebellion leaders have refused to repent, because they argue, what is the point as they don't want to go back to how they were before they rebelled because it wasn't as good as they feel now – which are all false mind-generated good feelings.

*James:* So what happens to such unrepenting souls Mary?

*Mary:* They cease to be. Once they've rejected all appeals of mercy, once they've completely chosen to remain against the Mother and Father, and their own soul, even though they believe they are doing themselves a great favour by not buying into the control of God as they see it, they are terminated, their soul and so personality expression ceases to be. Love is to predominate, it's too strong, so it's a loving act to terminate their existence. There is no need for them to continue to suffer, even if they believe they are great and not suffering at all, having completely blocked out the pain their soul is in.

*James:* Like putting someone or something out of their misery.

*Mary:* Yes, in a way.

*James:* But if the Mother and Father are controlling everyone, then They surely desire such souls to be terminated, They setting it all up that way.

*Mary:* On the soul level yes, there needs to be the outworking of evil to it's fullest conclusion. However on the personality level, the individuals involved, and it's always a soul-pair, who must choose for themselves to go down that road.

*James:* But they are choosing to do what God wants them to do. But then again, if that's the destiny of your soul, so that's how you're going to feel and that's what you'd choose. Oh I don't know Mary, it's all seems so mad, why can't it all just be nice, and good and of love. It's such a bum to live a life being so fucked up when life on Earth could be so wonderful.

*Mary:* I know James, but it's all for your soul and your eternal existence in Creation, and in time you'll understand the benefit of it all.

*James:* Thank you Mary, I'm tired and I've still got my headache, I'll speak to you soon.

*Mary:* Bye James.

## **75. Jesus, and Divine Love healing circles.**

Tuesday 27, October 2013

*James:* Jesus, I was reading about a Divine Love healing circle: people visualising things, holding hands, praying together and individually for healing, praying for people not in the group to receive healing – ‘remote healing’, and I was wondering what does actually go on in such circles from the spirits side of things; and do people receive ‘healings’? So does it work, can you receive healing and healing energies if you ask for it; and can you ask for it to be given to people you don’t know or people not in the same place as you; and healing for the world, for the planet? I mean of course we can ask, we can do whatever we like, but does it work?

*Jesus:* Essentially in such meditation and healing groups, with or without the Divine Love involved, all that really happens is light is transferred from the attending spirits to those on Earth, and no actual healing takes place, that’s in most such groups, however there are always exceptions, and certain levels of healing can occur. But generally speaking James, as people are not wanting to look to their feelings for their truth, so all those things you mentioned above don’t work. And if they do, then it’s only to help the giver and receiver and all involved more help to progress further with their negative state.

If you are doing your Healing and attend such circles or groups, it will be the same that happens during your day, things will occur to you to help bring up more of your repressed bad feelings, so you can accept, express and uncover the truth of them.

And there’s no such thing as the world receiving your ‘healing light and love’. The light of your aura is what it is: an expression of your spirit self, and you can’t go giving it to anyone or anything. It will only be ‘healing light’ from the mind spirits or angels that will move ‘through’ you, your system being used as a conduit. To think that you can help heal the world by doing a mediation or saying a prayer when you yourself is existing in complete denial of truth and pure love, when you are doing all you can to go against nature and true Natural love, is a bit meaningless. It’s absurd really to think you might have any positive effect. All those massive healing and prayer groups are just for the ego’s of those people involved in doing them, they requiring affirmation by participating that they are doing good, all just good in their own minds, a fantasy good.

And there is no such thing as remote healing. If you are praying for someone to get better and they do, then it has nothing to do with you remotely praying. If you are with someone and praying for them to get better, your genuine care and sympathy for their suffering might do something to make them feel better about themselves; and even if they are fully healed, that’s all to do with their own soul and what they need to experience and nothing to do with result from your prayer. And people who are miraculously healed because they prayed to God or their angels or whatever, is all to help them progress deeper into their negative mind control, they believing they had some influence by using their mind with God, or even, over God.

*James:* So if people are doing their Healing, it would be good if they actually feel bad during a healing service or situation like this.

*Jesus:* Yes. The whole purpose of doing your Healing is to liberate all your repressed bad feelings. So they might feel worse; or they might even feel happy during their prayer, and after it, and even the next day, but at some point, the bad feelings will return. Which is right and what is meant to happen. And your attending angels will work on you during such times when you’re ‘bathed in the light of spirit’ so as to prepare you for the next circuit of bad feelings to be released. Just as they will constantly be working with you through your day and during your dreams and sleep should you wish to use your feelings to uncover the truth of yourself.

*James:* So if one were intent on doing one's Feeling- or Soul-Healing and felt bad when praying, and when praying for healing, then that's good.

*Jesus:* Yes, and you should expect to feel bad with more of your repressed pain being stirred up. So one should pray with the understanding that you are going to feel bad, and even wanting to feel bad, as hard as that might be, all so more repressed feelings can surface. So the 'healing' might not be what you expect. Of course, as you and Marion have done numerous times when you've felt very bad and been in a lot of pain, and all sorts of pain, not just physical, you've begged the Mother and Father to heal you, to take the pain away, yet still you've always done it with your underlying intention to keep bringing up your repressed feelings. And sometimes the pain has instantly vanished, other times slowly, and other times not at all, but you've both continued to accept and express how bad you've felt, or happy you feel if the pain suddenly went. And you James have long since given up wanting God to magically heal you.

*James:* Yes, as I see that would only be putting a band-aid over my deeper problems, which even if I was 'healed' in the short term, would someday arise again. And I've also given up asking the Mother and Father to just heal all my repressed childhood, to make me instantly perfect, as I now understand how valuable all my pain is, as much as I hate feeling it, it being an essential part of my growth.

*Jesus:* Most 'healings' take place to help one further one's negative state. And mostly these sorts of healings are of course going to make you feel better, that being what you want so as to block out and keep repressed your bad feelings. So were such people as you mentioned, and indeed it's the same for the mind spirits, to pray and meditate singularly or in groups for healing, they might feel and sense such things going on within them, they might even suddenly be miraculously healed, all to help advance their negative state; all to help them feel (believe) they are getting somewhere in their spiritual growth and with God answering their prayers so showing them they are obviously going in the right direction with God being pleased with them; when all they are really doing is adding yet more layers of self- and feeling-denial and so control to their mind, with God complying for it being what their soul needs as they are to continue advancing their untruth. And the same applies for remote healing, for all concerned, the one asking and the one receiving, being in their negative states will help them feel they are going the right way, further into their negative condition. And were such people truly doing their Healing, then they'd understand there was no need, and indeed it was wrong, to pray to God asking Him to intervene and make the other person they are praying for, feel better, all so as to avoid feeling their bad feelings. That it's wrong to try to stop yourself or someone else from feeling bad by asking God to take their pain away, thereby denying them those bad feelings they can work with to bring to light more truth of themselves, of why they are in such pain.

And were they to engage in such remote healing prayers, such prayers would fall on deaf ears, God ignoring them, for it's up to the person doing their Healing to work it all out themselves with God through their own feelings. It's always between yourself and your Mother and Father, not including anyone else. So nothing is to be gained by praying for anyone else to be healed. God won't deprive the person you are praying for their bad feelings, just because you want God to heal them.

*James:* I understand what you're saying. I ask the Mother and Father to heal Marion when she's feeling so bad. But as she says, they are her bad feelings and she needs to fully feel and express them, so for me to stop interfering, as my praying is really just my trying to use God to stop her feeling bad. I can't stop her myself, so I ask God.

*Jesus:* Yes James, just another way you're trying to take over and remain in control, whereas it would be much better for you to express the fears that are driving you to pray to God to heal Marion, and to speak about how all those bad feelings make you feel.

*James:* And what about people praying for Earth, for Gia, or the Mother Earth, and giving her their healing light or energy or vibration, all trying to heal the Earth by raising its vibration?

*Jesus:* Humanity can't bring about such change or effect the Earth, it's out of humanity's control in those ways. You can work at destroying nature as you destroy your own nature, and sitting in an Earth-healing circle is, and does nothing more, than sitting in an Earth-healing circle, and at best feeling a bit of light coming to you for your unseen attending spirit helpers. None of the light from these circles goes anywhere, and not to the Earth, it's all wishful thinking – hope and fantasy. And the time would be better spent on trying to accept, express and seek the truth of one's bad feelings, should one want to really do something to help the Earth. Because as you grow in truth, your soul revealing it to you through your feelings, so you will grow in your understanding and appreciation of nature, and as such will change your relationship with it as you become more true and loving. And this is the only way humanity will fully heal the Earth by fully healing itself. So the more time you spend in your 'Earth-healing' circle or sending your prayers out to the planet or the rest of humanity, the worse you're actually making it for Earth and nature because you're only succeeding in adding yet more erroneous beliefs to your feeling-denying negative state.

*James:* And the angels and nature spirits won't answer our prayers and heal the Earth or help us heal ourselves, unless we're doing our Healing and growing in truth?

*Jesus:* That's right, they will help you further your untruth, if that's what your underlying intention is, but won't, as they can't, do anything else you might ask. If you are doing your healing, they will help you feel bad or adjust light within your auric system so as to help you move through the negative circuits of your mind and will you are working on, but won't go out and heal the world or another person, creature or pet just because you asked them to or prayed to God to make them do it. However having said that, that's not to say the angels, nature spirits, and the Mother and Father might affect such healings in conjunction with your prayers, but for reasons to do with your Healing and not necessarily in response to your asking.

*James:* It says in The Urantia Book that you didn't ask the Father to heal anyone, He just did it.

*Jesus:* That's right. I surrendered such power, I wanted to live as true to being a mortal as I could, so relinquished, or rather, didn't activate, my superhuman soul-powers. However at times the Mother and Father thought otherwise.

*James:* Were you surprised when such events happened?

*Jesus:* No, because I could feel the Mother and Father doing it. They told me why as it was happening or before; I knew through my soul-perceptions, so I was able to stay connected to the reality that was unfolding through my feelings, even though it was something out of the ordinary.

*James:* So for such people who believe they are doing such 'great works', it's all just wishful thinking – for

their own ego's.

*Jesus:* Yes, it's all self-serving for their negative mind state, irrespective of what they might believe and think they are achieving. They are not giving anything to the world or to themselves or each other, not even their love to God. Whilst such people are still denying the truth, so they are denying God and nature, so it's all only more of their delusion, more of their fantasy.

*James:* And because things do happen at times to such people making them feel good about what they are doing, even though they are going more against themselves, so they feel more powerful and naturally want to keep going that way.

*Jesus:* Yes, and all a false power. And were they really wanting to do something of benefit for themselves and the Earth, they would need to go the other way and start to fully accept and acknowledge their powerless feelings, those feelings that are making them want to sit in prayer and pray for healing from God and pray to heal the Earth. And so were they to ask themselves why they want to do such things, and keep asking until they connect with their underlying bad feelings, then they would be getting closer to achieving in reality that which they wrongly believe they are achieving in their falseness.

*James:* I sat in many such prayer and meditation healing circles before I started my Healing, and I loved them all. But now I can see that all the good things that happened to me: the spirits coming, feeling the intensity of the light, and the Divine Love flowing into me, was as you say Jesus, all to keep my bad feelings away. I wanted to be in that higher light state all the time, only feeling good.

*Jesus:* Of course you did James, all so you didn't feel bad, didn't feel those dreaded bad feelings you unconsciously knew were hidden within you. And you will recall James we granted your wishes, we shone our love and light over you, all helping you move further into your negative state. And it was the light from the angels and spirits with you during such times that made you feel (believe) you were getting somewhere in your growth, that you were moving ahead, that you were feeling better and more loved, all of which built up to the point of where it all crashed for you, when for some reason or another you started to feel bad in your prayers and afterwards; and then worse and worse, until you begged the Father to show you what was wrong, why you were feeling so bad; when as you believed, with all your prayers for the Divine Love, you should have been feeling good. And when you started to acknowledge you were feeling bad and your prayers and meditations were no longer getting you out of such feelings and keeping you in that 'higher state of light' as they'd previously done for you, you crossed over and turned around. It was then you started to turn back to yourself, that you started to long properly and truly for the truth: the truth of why you were feeling so bad. And then you met Marion. And she told you about the Healing.

*James:* I never actually felt any of what I'd call healing going on during those prayers and meditations, but I did feel 'full of the light', and so much so at times, I thought I'd explode.

*Jesus:* No healing did go on, because as I said, you were moving deeper into your feeling-denial, with all that light helping you to further bury your bad feelings, keeping them repressed more than they usually had been. So as much as you thought you were ascending to Paradise, you were actually descending further into your hell, only feeling really good about it, feeling so full of light.

Your spiritual beginning by doing such things was for you all about you feeling you'd found something

that made you feel you had some power, it made you feel better about yourself, something you were finally really interested in, something you could learn about and become good at doing the visualisations and helping other people long for the Divine Love, it all being to cover up your powerlessness. So it built you up until you started to get serious about wanting to know what was really going on, then things started to fall apart for you.

*James:* Yeah, I can see it clearly now, that's exactly what I felt. It was the best I'd felt, like I was finally getting somewhere in life, it buying into my superiority beliefs. I was 'rising above' the average person with all my praying and receiving the Divine Love, and understanding all you spirits were telling me, but it was all mind stuff, that much I can see now.

*Jesus:* Yes, you believed you were gaining power as you 'grew in the light' but in fact you were depowering yourself more, taking yourself down to lower levels instead of up into higher ones. And then it was time for your soul to end all of that, as you had to get on with the real business at hand – doing your Soul-Healing. So you crashed, you felt worse and worse as you had a minor mental breakdown from the stress and confusion of why you were no longer feeling so good, and why your prayers weren't having that good effect on you anymore. Your beliefs were no longer working for you. Your mind started losing control.

*James:* It certainly was a horrible time, I felt like I was being sucked down into a dark hole inside myself. Nothing made any sense anymore. You saying in the Padgett Messages that all ones sins and errors would be taken away by the Divine Love, and I had been praying and receiving it for a couple of years, and yet I was feeling very bad and consumed with what I know now to be my sinfulness and evilness, all that was wrong in me – all my yuk. And that wasn't supposed to happen like that! It was all supposed to be transformed out of me by the Divine Love.

It's sad to think of all those people praying away believing they are helping themselves when in fact they're doing the very opposite.

*Jesus:* It's what they want James, they are not aware of that consciously, but it's what their soul and the Mother and Father currently want; and so if you feel sad about it, then that's another bad feeling for your to express to Marion and find the truth of. And when these people do want to stop and start to take their spiritual ascension seriously, then they will start to long for the truth; they will want it so much that their beliefs sustaining their untruth will start to collapse, just as yours did.

*James:* Thank you Jesus, Marion wants to read more of her latest book to me so I will go and speak to you later.

*Jesus:* Speak to you soon James - Jesus.

## **76. Nerina.**

Friday, 30 October 2013

*Nerina:* James, my name is Nerina and as you're soon to write with Mary about retarded children, so I wanted to come to you and tell you a little of my story. Do you mind my coming to you like this?

*James:* No Nerina, not at all, as I'm open to speaking with spirits currently, as you no doubt know, they

asking Mary and Jesus questions.

*Nerina:* Yes, and I'm currently in the fifth Mansion World along with some of those spirits who have been speaking with you.

Marion is reading to you about a young girl born with cerebral palsy, who according to the doctors should have been put in an institution and basically forgotten whilst her parents got on with having other children and a normal life. However her parents, and in particular her mother, would have no part of this, choosing to look after her child herself; and did a fantastic job, the girl being as happy as one could be in the retarded state she was in. And how I know she was as happy as she could be was because I had the same disability as her, however was not so lovingly treated as she was during my short Earth life, which is why I am coming to you today.

Unlike this little girl I was put in an uncaring institution and all but forgotten about by my parents. They had other normal children and I was the family's hidden secret, its shame, so no one wanted to know about me, no one visited me, not that I would have known had they, for I slowly withdrew under the harsh and unaffectionate 'care' of those put in charge of me. I basically withered away dying at ten years old from malnutrition, pneumonia and lack of love. And when I compare myself to all this little girl felt, I know she was happy, and I've spoken with spirits who were like her, being loved in their disability; and even in some cases, loved for having it and all the experiences it provided everyone with. And within their soul, they knew and felt they were loved, although often were unable to express it outwardly to those who were caring for them. But in spirit when finally set free of their disability were able to then express their gratitude.

As you've been reading this book and discussing it with Marion as to what you think and feel about such children, one question you've talked about is should they simply be killed at birth or as soon as they are diagnosed with such a hopeless condition. During my day there weren't the medical resources available that there are today, but still the question is ever-present: should such defective people be terminated or not?

*James:* Yes we have been discussing such things and it's good to feel what feelings come up about it all. Basically I think such babies and children should be euthanised knowing they will wake up a normal spirit and be able to get on with a normal spirit life, albeit still within a negative state of mind and will, that which I would imagine would be passed onto them in full by adoptive spirit parents were they to have them. But then again, having said that, I can also see the great value in having such a difficult child to look after, as with this family and how much they all gained from it. So I come to the conclusion, I don't know what is right; yet still, keeping such a child alive for years on a machine in a hospital situation without the full-on one-on-one interaction that the child in the book got from her mother, seems more like prolonging the agony than being kind trying to keep it alive for as long as possible. We just can't kill anything or let anyone die, as we have such little understanding of life after death. So Nerina, what do you think and feel about it all?

*Nerina:* The same as you James. I would have much preferred to have been put to sleep so I could have woken up in spirit and had something of a normal upbringing. However having spoken with many other spirits who experienced similar retardations and deformities like I did, for those who did receive a lot of affection and hands on attention from their parents and families, they wouldn't have had it any other way. They feel good about their beginning even though it wasn't normal, whereas I feel very bad about it, I have a huge amount of anger and resentment locked away inside me. But as I'm also slowly coming to understand, it's what God wanted and so surely the unloving treatment I got was what I needed to make

me be as I am and how I will be when I've finished my Healing, just as it is the same for those people who felt more loved.

*James:* Nerina, can you remember much of your time on Earth?

*Nerina:* No, just vague impressions, but more a sense of knowing how it was for me. I have had also a huge amount of pain and anger about feeling I have missed out on a whole childhood, as when I awoke in spirit I was still ten years old and carried on from there, whereas those other spirits who did feel loved to some degree, felt they had a good childhood, even though by normal standards it was substandard. But that doesn't matter to them, because they can't know what having a normal childhood would be like anyway not having had one; and it doesn't matter, because it's what you feel that matters; and the fact they felt loved, wanted and cared about, respected as a person, a human being, even though being heavily retarded, being repulsive by conventional standards and yet loved and accepted by the standards of their family, is what remains with them.

*James:* So what happened after you woke up in spirit?

*Nerina:* I underwent a long rehabilitation, I was suddenly normal, but needed constant and gentle interaction to awaken my dormant personality. There are many very caring spirits who lovingly attend to spirits such as I was, slowly helping us to come out of ourselves. And when I say loving, of course you understand such love is relative within the negative condition we're all in, so it's still not real and true love, however it's better than no love at all.

*James:* I do understand what you mean by that, it's not love founded on truth, but love generated by the mind, if I can put it like that.

*Nerina:* Yes, but still within the negative and so being relative. I experienced no love, only hatred and disgust, whereas other retarded children like the one you are reading about, feel love, so will feel good about their upbringing when they come to spirit.

*James:* However that might make it more difficult to do their Healing and understand that they are still denying many bad feelings, if they felt loved.

*Nerina:* It can do, yes, and that's where through my intense suffering of not feeling loved, then loved in spirit, with so many years of feeling so bad underpinning me, it wasn't long in my spirit life once I was fully normal to start to feel things weren't as good as I wanted them to be, that I was still feeling bad. And because of these bad feelings, here I am now, so in some ways being so heavily rejected on Earth did me a favour for I am now doing my Healing and longing for the Divine Love, whereas many who were like me yet felt loved, are still deluding themselves that they feel so loved now they are normal in their mind spirit lives.

*James:* I see what you mean; so had you been euthanised soon after death you might have grown up normally in spirit, then to live longer denying yourself in your negative condition by having more loving spirit parents.

*Nerina:* Yes, that's right. So it brings you back to the question about whether or not such defectives



should be terminated straight away.

*James:* Hmm, I suppose there is no right or wrong. But what I can see is that to begin with, if all the adults involved were looking to accept and express and seek the truth of their feelings, all those bad feelings coming up because of having to deal with such a deformed baby and child, then they'd certainly grow and change being thankful to the baby or child for helping them to feel bad, and things would be much better than they have been or are today. And such people were they striving to live true to themselves would no doubt as expressing such truth as it came to them, feel what they needed and wanted to do regarding trying to love the child in their family or letting it go to its spirit life.

*Nerina:* Yes, that's right, which is where you will come back to, that no matter how good or bad anything is, it's really about whether or not you personally and collectively want to uncover the truth of yourself through your feelings.

*James:* Thank you Nerina, most of what we've talked about I was going to ask Mary about, so you've helped me get my thoughts in order a little more about it all.

*Nerina:* I am still a long way from finishing my Healing James, yet I do understand how paramount it is that everyone involved in the intimacies of the relationship should be intent on trying to heal themselves, living true, and so longing to do their Healing, and must want to speak about everything.

I will go now James. Thank you for allowing me to come to you today.

*James:* Thank you Nerina.

## 77. Coping with retarded children.

Friday, 30 October 2013

*James:* Mary, following on from speaking with Nerina and the book Marion's reading about retarded children, it seems to me that really such children and adults, like us all, just need to feel accepted, wanted and loved, so they can be as happy as they can possibly be; and that really the rest of society should make such individuals the priority and not just keep them at arms length pretending they'll just somehow go away.

*Mary:* That's what you all need, and just because someone is not of normal mind or body, doesn't mean they won't be able to feel the love, care and devotion given to them.

*James:* And that's the crux of the matter from what I can see, it should be about making them feel good and happy, whatever it takes. However not everyone would be able to give them such loving acceptance, I know I couldn't do it. I didn't feel loved myself so I can't love another, and especially someone who needs special care.

*Mary:* It should be as you say for all children, however because you live denying so many of your own feelings, so you can't truly look lovingly after those with such problems and difficulties.

*James:* Mary, why do such deformed and disabled children occur; and if that's what such souls want to experience, are both the soulmates disabled, or can one personality of the pair be normal and the other disabled?

*Mary:* It can be both or one, however both is extremely rare and highly unlikely because there is more life experience and so truth to be gained by the soul-pair by having one of the pair being retarded and the other normal. And why it happens is really for the individual concerned to find out for themselves, which they will do when they do their Healing. And everyone who is retarded, disabled or handicapped in anyway, emotionally, physically, mentally and even psychically – shown up psychologically, will be 'made right' in spirit, so being able to do their Healing should they want to. And if they do, then they will uncover through their feelings why it was the Mother and Father wanted them to experience their physical life that way. Everyone who is 'not right' is made right in spirit, everyone gets an equal go at uncovering the truth of themselves, only it is for some that they have a very limited and 'different' beginning in the physical.

So there's no retardation or any disability in spirit.

*Mary:* No, there is only your ongoing negative state should you wish to remain in it; and it being anti yourself, nature and God, and anti truth, is really very debilitating and disabling for you are living completely against yourself, being evil and untrue. And just because you might not be displaying any outward signs of something not being quite right, doesn't mean your soul isn't in great pain.

And should a disabled or retarded person be treated as lovingly as you can in your negative states, then their whole experience on Earth will make them feel good, it will be a positive experience within the negative, and in many ways it could be a far more happy and enjoyable experience compared to normal children that feel totally unloved and unwanted by their parents, children like yourself and Marion that felt unhappy.

*James:* The retarded girl in the book is treated so lovingly by her parents, and she's always beaming and laughing and showing her pleasure in her limited way, and is obviously on a feeling level, having a much better life than what Marion and I got. So happiness certainly has nothing to do with just being 'normal'.

*Mary:* No James, it's all about, and all only ever about, personality interaction. And if you feel good in such interactions, then you feel happy; and if not, you feel bad, irrespective of your physical or mental capacity.

*James:* It's very clear reading the book that the poor retarded ones that are just locked away and mostly ignored in an institution feel very under stimulated and unhappy, receiving so little personal good hands on attention like Nerina said about herself. Whereas those children and adults who are included as part of the family and society in a good, supportive and caring way can make good progress in expressing themselves in their limited way. They come out of themselves rather than just withdrawing into their confinement.

*Mary:* As does any child or adult. Your soul is always wanting to express more of its personality – you – in Creation, however it needs interaction with other personalities to do so. So without such interaction, or if it's all bad, then the personality – you – feel unwanted, uncared about and unloved, and so what's the point of continuing on, so you withdraw awaiting death to claim you.

*James:* That's about how I've been feeling lately Mary – what's the point, there's nothing to look forward to; and really, why do I keep going. Depressed and miserable.

*Mary:* Yes James, for that's how you felt so much of the time in the womb, as a baby and young child, your parents not interacting lovingly with you, not making you want to keep coming out. So you withdrew, turning in on yourself and going into your mind. And now that you're giving up your mental delusions about how one day you'll come out and get on with it and be able to make yourself feel happy by finding the right thing for yourself to do, so you're allowing yourself to feel the truth of yourself, the truth of how your parents really did make you feel.

*James:* So Mary, what about euthanising such people?

*Mary:* All such questions as to whether or not it's right to do can be answered the same way. There is no right or wrong way, only what everyone feels. So, for example, if it was allowable and parents who wanted to do that to their abnormal or sick child, sure, the child is still under their care, and so it is up to the parents to decide what's best for the child. However, what should happen in such situations is all involved should be speaking about and expressing all their thoughts and feelings whilst longing for the truth of them all the way along through the decision making process, so if it comes to euthanising the child or adult, then it's what all want. And if the person in question is capable of understanding and expressing and uncovering the truth of themselves through their feelings as well, then of course they too should be included in it all.

If your approach to life is to heal yourself of your negative state and you were to bring about the end to your own or a child or adults life, then there will be no penalty, it simply being part of your journey of truth, and all the bad feelings you might experience leading up to, during and after the experience will be all you need to go through without incurring any extra bad feelings from any penalty. If you are not doing your Healing and terminate someone's life, even a fellow creatures, and even if it seems to be the best thing for the creature or person involved, such as 'putting it out of its misery', there will still be a penalty involved, you will still feel bad about what you've done and will one day have to liberate and express and uncover the truth of such pain. Everything you do in your evilness incurs a penalty for which you will suffer, and if not immediately, then when you come to do your Healing. All your pain James is the pain of what you've been made to suffer, and all you've made yourself and others suffer by being evil. The pain of being untrue to yourself. And although you have not gone around outwardly hurting people or creatures on purpose, still just being in and so contributing to evil is negatively effecting everyone else.

*James:* So we're all being unloving to each other, even if we seem to be loving, whilst we're in our negative states; with all that unlovingness having to be accounted for, so it being all the pain we suffer through our Healing?

*Mary:* Yes.

*James:* I must be very evil Mary, for there's sure been a hell of a lot of pain for me to feel, and Marion even more so, and yet she's a much nicer person than I am.

*Mary:* It's all on the will level James, as we've discussed. Your upbringing didn't allow you to express your

evilness outwardly, but it's all still there in you, on a deeper level. And had your upbringing caused you to express your evilness and untrue state in an outward way, then you'd be doing bad things to other people and creatures.

*James:* So really I am doing them but it's just not obvious, but I am on a will level?

*Mary:* Yes, on that level you are unloving and are rejecting, just as you can see when it's more obvious by someone who is more outwardly and demonstratively hurting someone or a creature. You're all the same on the will level as we talked about the other day, so there is pain for you to feel through your Healing, all of which when fully embraced will lead you deep into the truth of yourself.

*James:* Lately I've become more aware of just how rejecting and unloving I am, and all because that's how I was treated. Today I saw how mum constantly reorganised me, telling me to do things all the time, and changing her mind about what I was to do all the time, never just allowing me to be free to be myself. So I feel constantly interfered with, and on all levels, and so angry about it; and even more angry because I'm like her, always trying to subtly reorganise Marion. And I say subtly, as I'm no good at it like mum was, as she never allowed me to be; but now knowing myself so much better, I can see it in me, I am just like her if only in intent.

*Mary:* Yes James it's all there for you to see – the truth of yourself through your feelings.

*James:* And so Mary, why do two seemingly normal people have a retarded child? And why might they have one child not right and others right?

*Mary:* The abnormality is reflecting the deepest hidden parts of the parents. Their deepest levels of what they think and feel about themselves, how their parents made them feel during their most unloved times. All of which mostly they will have well and truly blocked out. And such deep self-denial will also be deep in the normal children, and they together with their parents will have to accept such bad feelings about themselves when they do their Healing. So their abnormal child is some part of their inner self being expressed outwardly in their child, just as with all children, only such dysfunctional children can't learn to hide all the bad parts of their parents like normal children are forced to.

*James:* So if you reject or accept your children, even your not right ones, it's all really whether or not you are rejecting or accepting those parts of you they represent – so sort of the child you still are.

*Mary:* Yes.

*James:* So by having such a dysfunctional child might actually be a blessing should you want to get more in touch with yourself, uncover the truth of your self, and heal your untruth?

*Mary:* Yes, it will, very much so, and as will all your children, they being a product of you and not just a random affair – as in: 'it was just bad luck you got a bad one'. There is no such things as the vagaries of nature for truth-loving souls: that it's just a throwback or a natural or unnatural genetic occurrence, a mistake, a mutation – just a statistical possibility; life doesn't work that way for truth ascending souls. For nature yes, but not for people; for all that happens to you is all to help you grow in truth, nothing is just random or bad luck so far as having a soul is concerned. Everything is for very specific reasons, all of

which you'll uncover for yourself through your feelings as you grow in truth.

*James:* Thank you again Mary. I will leave it there, I'm tired again.

*Mary:* Speak to you soon James. Mary M.

## 78. 'Not being right'.

Saturday, 31 October 2013

*James:* Mary, following on from something Nerina said, I'd like to discuss the subject of not being right a little more.

*Mary:* Please James, go ahead.

*James:* It's concerning what she said in that although she had a really bad unloving life in her retarded state, that has in fact helped her to want to know the truth of herself through her Healing sooner than perhaps another retarded person who felt loved and supported by their family.

*Mary:* Yes, the same being for normal children.

*James:* So is it like there is a compensation for those of us who feel so unloved?

*Mary:* Yes and no. It might appear like that on the surface James, however not all people who felt so unloved quickly come to do their Healing, just as not all who felt loved, delay it. Many people who felt so unloved, when they realise that by using their minds in their new spirit lives they can gain love (at least believing they can), often spend a long time 'catching up', filling in their deprivation of love, now they are able to get love for themselves using their mind. So such spirits can spend a long time in the mind Mansion Worlds before they begin their Healing. And some spirits who felt very loved, relatively quickly in their new spirit lives realise that they have all the love they need, and can do anything they please, yet awaken to still a deeper unfulfilment, a deeper yearning for yet more love which they can't satisfy. And when they acknowledge and act upon such feelings, accepting them and expressing them, soon come to realise that even with all the love they feel they have, they are still not happy and as loved as they want to be. Their questioning then leading them into doing their Healing.

So what does happen is you come to realise that you are all different, from the so-called worst to the best of you, you are simply children of God living very different lives. And that when you've lived all the evilness required by your soul, and whether you feel very loved or not at all, then it becomes time to do your Healing and work your way out of your feeling-denying state. And there is not really any sooner or later, for when each person or spirit comes to begin their Healing, that is the perfect time for them to begin. And even though some people might get on their way to Paradise sooner than others, when you start your Paradise ascent in earnest through your Healing, then that is the right and perfect time for you. And you couldn't have started it any sooner... or later. For your time of arrival on Paradise for you to meet with your Mother and Father is fixed, it's your Appointment with Destiny, so all happens to you at the right and perfect time, even taking into account all your so-called interference by your wayward mind whilst in your negative state.

*James:* So it's all perfect, even in our imperfection?

*Mary:* It can't be any other way James.

*James:* Thank you Mary.

## 79. Alien Saviour.

Sunday, 1 November 2013

*James:* Jesus, I was reading about the possibility of an Alien Saviour that's supposedly coming to Earth any moment now. And the governments and Vatican are supposed to have told us by now, or are preparing humanity in some way for it. And it all ties in with all the supposed aliens that are influencing us, or so it would seem, with humanity never having been left alone to get on with it, always being subjected to the alien so-called good or bad meddling. And as we have touched on all of this before, still I feel there is more to it that I'm not seeing. Certain thoughts have been coming into my mind, so I thought I'd ask you again to please explain what is going on.

*Jesus:* Nothing along those lines is going on James, it's all fantasy stuff. There is no alien saviour and humanity has never had aliens meddling with it, not on any level. It has, as you understand from The Urantia Book, had higher spirits coming to it who have in many ways positively and negatively effected it, and of course the ever-present mind spirits who are always trying to assert their control and have been doing so down through the ages.

And these are you understand James, the mind spirits from the Mansion Worlds, and the Evil Ones from the higher Celestial spheres, these being all the 'aliens' that have negatively influenced your world. They are coming from higher spirit dimensions with some of them having materialised into flesh way back in humanity's past. And including good spirits like Mary and myself, also heralding from higher Celestial spheres, being incarnated into flesh to live amongst people.

You see James, before Mary and I came, the Lucifers, Satans, Caligastias and Daligastias had freedom to do whatever they wanted with humanity, all with their aim being to keep corrupting it from spirit and in the physical, to keep turning it away from itself, turning against God, all by making it deny its true feelings. So all these fears these people are speaking about are legacies from long ago, all the myths built up by these unseen controlling spirits interfering with people. And using such control to keep humanity in its false and negative state by creating apparitions, 'Great Spirit Beings', aliens, all such things, all to keep humanity enslaved to such Evil Ones mostly through fear. And remember they had lots of 'fallen' angels, angels who joined them in their rebellion and who helped bring about such 'wonders'; angels that could easily manipulate and change the physical dimension, such as moving things around, making things appear where they wouldn't ordinarily appear – all sorts of things to impress or scare people so they could control their minds and feelings.

And in ages gone by it was far easier to seduce and impress upon and so control the minds of men and women, they were more primitive, and so more vulnerable to the superior intellect of these spirits and angels. And yet because of humanity's inferiority there was little these controlling spirits could actually do with them, so they needed humanity to advance culturally and scientifically so they could control them in a more productive way, so creating more of a world to control, that which you live in today, even though

the Evil Spirits and fallen angels are no longer actively interfering with you.

So long ago, these 'Great Spirits' came and did things to impress the indigenous peoples of Earth, who became filled with superstition, being easily controlled. So all the rumours and future predictions about such things happening, even including my descending out of the clouds to save my faithful followers, is all part of the same thing.

There were times gone by when it was easy for such Higher Spirit controllers to appear as if they were descending out of the clouds, and to appear as if they were coming in space ships, to appear in all sorts of regaling costume, to come even as dragons and demons, anything and everything to effect the minds of men, all so as to keep them unhinged as it were, all so they'd look to these same controlling spirits to save them. So the same 'bad' spirits would come being the benevolent 'good saviour', coming to protect them from the evil; but it was all evil, all manipulative and controlling. And if these bad spirits didn't come in person, it was easy for them to intimidate and control people on the mental level by making them believe they were seeing and hearing things that frightened them by telepathically impressing such noises and images on their minds.

And there are groups of successful mind spirits who still 'carry on the good works', still impressing all sorts of scary things on the minds of willing recipients. And such mind spirits have helped empower what you call the controlling elite, organising them into doing their bidding. And the controlling elite on their side feel powerful, having greater awareness and inside information on what's going on in the minds of men, all so they can manipulate and coerce where necessary.

So what those people who are trying to stand up and say no to the control are doing, is stand up to the invisible spirits that are exerting such control, however such spirits have had it all their way for a very long time so many of them are experts in what they do.

And yet still they can't control everything, and things are changing, people are having to start accepting their bad feelings, and as they look into them, they are beginning to see things are not right, that how it's been has not actually been right for them, this being the groundswell you're currently seeing growing through the likes of the alternative media.

Evil will destroy itself because its unloving, as only all that is true love will exist. So these controlling spirits and their adjuncts on Earth have moved themselves into a position of inevitable failure, and that combined with the natural events destined to soon occur will see the back broken of such controlling negative influences.

And really Mary and I by our coming to Earth broke the back of the Evil Ones control over humanity because we effectively stopped it. And all that's been happening through our age is the outworking of this. So with the ending of our age you will see the breaking down of such control, and breaking down enough at least to allow a new way to be offered, that which you're helping to reveal. The old ways will still remain, but as more and more people start to do their Healing to heal themselves of their evilness, so their negative light will no longer be part of the equation, so humanity will change and gradually heal itself. But it's to be a process over numerous ages, with the first and most decisive age beginning soon.

So of course, should anything you read along the lines of an alien invasion or alien saviour coming, make you feel bad, then you have those bad feelings to express and uncover the truth of. But nothing like that is actually going to happen, humanity is going to have to work on itself, yet in the ways we are revealing to you, and no longer from only the perspective of mind.

And the New Saviours have descended from the higher spirit spheres, they are already with you as we've told you. However they will not be as one might expect, as they will not be coming in their full glory descending out of the clouds or riding any white horse blowing any golden trumpets. They will just be by all accounts an ordinary woman and man, no one special it would seem, and no one anyone would even want to listen to unless they were intent on uncovering the truth of their soul.

This couple will not be taking over the world and righting all that's wrong, nothing like that, they will only be imparting the necessary truth required by humanity to start the long and arduous process of doing its Healing and transforming itself from the negative mind and will states into that of being of true, perfect and positive Natural love. On a spiritual level they will be taking over the world, and will express such 'control' accordingly, however as to coming and joining one side and vanquishing the foes, nothing like that.

And should people wish to actively also partake of the Mother's and Father's Divine Love, they will be able to include that in their Healing as well, at least for the duration of the next Spiritual Age.

*James:* Thank you Jesus.

*Jesus:* Speak to you soon James.

## 80. Alien Saviour continued...

Monday, 2 November 2013

*James:* Jesus, further to what you were saying, I was reading more about how many people believe and seemed convinced through dreams and premonitions that Satan, the Deceiver, is going to come again, or come to Earth possibly even being the Alien Saviour, and being the long awaited Anti Christ.

*Jesus:* It's all the same thing James. However I will add that at the beginning of Mary's and my age we came being of true and pure light. Then humanity has taken all we said and used it along with the Divine Love to further its own evilness, the rebellion having progressed throughout our age. So wouldn't you say it would be fitting for a person to 'rise up' claiming that he is the promised saviour and leader of men. He, being not myself, but the arch deceiver of men. The one who is the very opposite of myself, the one expressing the evilness to its greatest degree. The one who would by all accounts would be as if Satan or one of the other Evil Ones had materialised on Earth.

*James:* Yes, I see what you mean, a fitting end to your age.

*Jesus:* Yes, and that's what is going to take place, the stage is being set; we've been looking on seeing things coming to fruition having known they would all those years ago.

*James:* You saw it all back then?

*Jesus:* Mary and I understand what was going to happen, what had to happen for the culmination and fulfilment of our age as expressed by the denial and rejection of us, of the truth we are, through our soul-perceptions.

*James:* It just dawned on me: that in a way we need to develop our own homegrown Lucifer.

*Jesus:* Yes. And a Mr and Mr's Lucifer in fact, as it's always a soul-pair that's involved.

*James:* I've read it's speculated the AntiChrist might be gay with his offsider the Clairvoyant being his



lover, or something along those lines, I think. I've read so much of all this stuff I'm going a bit bonkers, and I can't retain any of it.

*Jesus:* I'm not going to say anything further about it James, only to say it would be something you might expect, that such a couple were to step up and try to take the 'throne'. And I am not saying whether or not they will be a straight or gay couple, it's not for me to reveal; however all will be revealed in time, that you can count on, because the spiritual energy of the rebellion against Mary and I has to come to a head, it's got to reach a conclusion – an End Time; and one in which it all can be seen for the untruth that it is, and fail.

*James:* Thank you Jesus.

## 81. Promised Revealer?

Tuesday, 3 November 2013

*James:* In thinking about what you said Jesus, would you mind if we go over some of it again?

*Jesus:* Not at all James, what would you like to know?

*James:* I'm increasingly intrigued by the AntiChrist being the culmination of your's and Mary's age, so a person who would stand up and claim, so I would imagine, to be yourself, or even God perhaps, or Lucifer... or...

*Jesus:* Or himself but one who is of Great Light, and the 'Promised Revealer' – even the 'Promised Redeemer', one who is going to lead the 'good humanity' to the Light, to the Promised Land, out of the Darkness and into the Light.

*James:* Has there been a Promised Revealer? I've not read about him or her other than in the Padgett Messages.

*Jesus:* In certain circles, yes.

*James:* And what is he (and I assume it's a he) meant to reveal? I mean obviously it will be 'The Way', but what will that way consist of?

*Jesus:* Essentially a mix of contemporary Christian religious doctrine and many of the so-called, 'enlightened' New Age philosophies.

*James:* All that mind controlling stuff such as we create our own reality and thinking love and light.

*Jesus:* Yes, along those lines. I can't be more specific I'm afraid, I'd give too much away, but you can imagine the sort of thing I think.

*James:* So he'll basically reveal nothing new.

*Jesus:* That's right. There is nothing new to be revealed to negative minded humanity, you've got it all, all you need to go on with. There is however a whole New Way, the up until now undisclosed true Way of Light, as Mary and I have been speaking with you about, but that will only appeal to those people who are sincerely wanting to uncover the truth of themselves and who will be prepared to do the hard work of healing their evilness.

Everyone else will be looking for a new leader to lead them out of the darkness, someone to make them feel good and happy, only they will fail to realise it's just more of the same mind control leading them even deeper into their negative states. But it will be what a lot of people will need, or will believe they will need; and as such people will not be prepared to look to their feelings to uncover their truth, so the Pied Piper will lead his merry followers along the Yellow Brick Road further into the untruth.

He will be a 'false light' seen to be 'shinning bright' and many people will be bedazzled and beguiled by him being more than happy to do as he says. And the fact that he will have such a large following will show that something is wrong, because only the untruth will command such an army of followers, as too few people will want to do the hard work of looking deeper into themselves through their feelings to see what's really going on within them.

*James:* And presumably whilst he's doing his thing, the Avonal pair will be doing their's, so the real light of truth will also be shinning away.

*Jesus:* Yes; however I can't be more forthcoming on the actual timing of events. The Avonals might come after him or at the same time, they might even begin before him... you'll just have to wait and see James.

*James:* And the antichrist is a person, not a group of people as I was also reading?

*Jesus:* It has to be a person, it all has to be played out on the personal level, as that's how it began with Mary and I. He (and she) will have to be the very opposite of Mary and myself. There will be a number or powerful institutions that support and fund him, so he will have a lot of group support, but it will all still be centred around him.

*James:* And what about the Muslims and Islam in it all, I was reading he might even originate from that side of things?

*Jesus:* There will be certain influences involved in it from 'that side of things', but again I'm sorry as I can't tell any more. And really I'm only telling you what I am so you can gain the picture of he representing the culmination of Mary's and my age, for ideally it should be us who come again as I said we would at the end of our age, but as that's not to happen despite what it says in the Bible, and with my second coming of truth to James Padgett, so the stage is left open to this man. And really when you think about it, it's quite fitting. Because really it would be the Daligastias once again descending to claim the thrown of Earth, they fully supported in spirit by the Caligastias, at the completion of the Rebellion, had it been completely successful; however with Adam and Even only defaulting, and the surprise visit of Mary and myself, so the Evil Ones plans were disrupted. So it won't be the pair of the descending local Son and Daughter who will claim the physical thrown of Earth, it will be a man homegrown, and not a spirit who assumes the mantle of the Devil, Satan – the Evil One in disguise as the 'New Christ'.

And with that James, I will bid you good evening, you are tired and I've said enough for the time being about this subject. Of course there will more later, but you've got to work through more levels within

yourself of your negative state before we can move onto such things.

So I'll speak to soon. Jesus.

## 82. We must 'die' first.

Friday, 6 November 2013

*James:* Mary, it dawned on me today, that if as you and Jesus say we become of the new birth, are born anew, because of partaking of the Divine Love and doing our Healing, then we must also first 'die', the old way we are must die to give over to the new. I know it sounds obvious and I'm sure we've talked about it before, however it struck me this morning listening to how Marion was saying she was feeling, and how we've both been feeling of late, that it's as if in many ways we are dying, not so much in the physical, although that is certainly slowly down, but our old negative and evil state is dying leaving us feeling unable to do anything as we've done before. We're both giving up so many things all the time now, only to find we have nothing to replace them, we're giving up beliefs and behaviours, we're stopping doing so many things we used to do, we don't want to have other relationships with anyone, not even have anything to do with anyone; giving up everything so it would seem other than our bad feelings, as we're being left with only them, they being all our early lives consisted of.

*Mary:* That's right James, all your falseness, all that's untrue within you is going; and so your evil way of being is dying, you can't sustain it as you used to, the things you once needed to do, believed you should do, and were expected to do, you no longer can do, nor want to do. It's all fading away, just as it can happen when you physically die, just slowing down to a state of nothing, with no inspiration, no motivation other than to just keep accepting how bad you feel and speaking about such feelings to uncover their truth.

*James:* It's so difficult to just let go and allow yourself to be nothing – the nothing we feel we are. And yet we can't do otherwise, we can't do all those things we used to do to pretend we were something and someone. So we're faced with just becoming more of a nothing useless thing by the day, with less and less meaning, no future, not even any desire to want a better future – nothing. Just two blobs, one tall and slightly overweight around the belly department, the other small and all but skin and bone. We have all but died except we're still breathing and eating, shitting and sleeping, and talking about all our nothingness. Talk about being reduced down to one's component parts, the lowest common dominator. We're grinding to a halt. And then we read about all these people who have so much in their lives, full of births and deaths, all being able to cope and deal with it all, all dealing with the complexities of their relationships, whereas we just keep slogging away trying to express all we feel, that being the whole basis of our lives.

*Mary:* Those people are not striving to live true James. You and Marion no longer are living that sort of life.

*James:* We never lived it properly anyway. We both tried, and believed we should be able to do it, but we failed, we couldn't have a loving stable relationship with secure jobs, a house and family – children; god, we'd both have died had we had to suddenly start dealing with children, Pots (our Oriental grey cat) was enough for us.

*Mary:* Your lives were never to be normal James, this being what you're slowly coming to understand. Your life conspired to stop you being like most other people who can do it all and seemingly with ease. You were to go a different way, that being the 'Way of the Spirit'; you were both to embark upon the 'Quest for Truth'. You were both to do your Healing as you are doing it; you were both to end your evilness whilst still of flesh, that still being in your future. You are both to live a 'New Way', so nothing you will do, nothing about how you live, will be comparable to what's considered the norm. Your new way is the way of the future, but a future well in humanity's future, one when the majority of people are striving to live true to themselves doing their Healing, and no longer want to be a successful normal person in the evil. Because what sort of success is that? That is still merely living on killing your soul, it's a slow soul-death, whereas what you are both striving to do is heal your soul, bring it back to life, fill it with light from the truth you are revealing to yourselves through your feelings. Only to heal your soul from its descent into oblivion, you are having to stop being false. So it seems like on the surface you are dying, as in giving up your negative state and wrongness; however truly, on a deeper soul level, you are stopping your soul from dying and plunging headlong to oblivion, you are bringing yourself out of your inner darkness, bringing to light the true and real you, which is your new birth – the new birth of the soul. Hence you are being 'born anew'. And slowly, as such things need time to come to fruition.

And you both feel yourselves changing deep within; and even though your physical body and the other parts of you seem to be fading away and breaking down, still the inner you is growing in the light of your newly emerging truth, and one day soon that light will be too bright shining through your physical and all other levels taking you fully out into the world expressing your healed soul, your new birth having being completed.

*James:* Yeah well Mary, every time to talk like this it sure sounds good. But how I'm feeling right now, as how I've felt all the other times you said such things, is shit, and like my Healing will never end. And I'll be reduced to a pulp, screaming mess of nothing-

*Mary:* And yet feeling really good about it!

*James:* Well I'd sure like to feel always good; and more than just the few minutes I do feel good every now and then.

And it's becoming clearer (and how many times have said that now) that my Healing is about seeing how I am – how I *really* am. By stopping doing and thinking all that keeps me feeling how I really am, and then just seeing – this is me. And this is me in my nothing evil negative state. This is how they (my parents) made me be. And seeing and knowing it's true. I am my parents creation on one level, my true Parents creation on a deeper level. We the children don't and can't do it all ourselves, we can't bring ourselves into life by ourselves. And we can't remain unaffected by our parents, removed from them, we are absorbing all they are all the time through our forming years, this much I know now.

I was reading where two men were saying it's not genetics that controls us, our upbringing or coming into being, it's our own minds, we do it all for ourselves by reacting with the environment. But I disagree, because it's all really our soul that does it all for us, that utilises all that's at its disposal, so the environment and the genetics and everything we are so as to experience the desired experiences to generate the desire feelings so we can use them to uncover the truth of our soul.

*Mary:* That's right James, it's all your soul, your soul driving your personality expression in Creation.

*James:* Mary I'm tired again tonight, too much sun at the Bush Bank this morning. It was our first hot day for months, and we only get one, then it's back down to cooler weather for the next week. Anyway, I'm sure you're not interested in our weather, so I will say thank you once again for being there so readily for me, and coming whenever I have the desire to write.

*Mary:* Not a problem James, and we're interested in all you're interested in, so even the weather if it's making you feel feelings so you can express them to uncover their truth. Speak to you soon James. Goodbye for now – Mary Magdalene. Yes, I felt like doing a full sign off for you tonight James, all to help your mind stop trying to be attuned to me once I go.

## 83. Posting Mary's and Jesus' messages.

Thursday, 7 November 2013

*James:* Hello Jesus, as you know, I've been posting some of your messages to James Padgett on the Before It's News website, the site I posted yours and Mary's messages to me. I had thought that they might attract more attention as they were not written through me, people might have been more interested. I hadn't thought about this before I posted them, but it occurred to me today it was like an experiment, and I have to conclude that very few people are going to be interested in anything you said with James Padgett or through me, having seen how few people visited my posts on BIN. So I don't expect anyone to come to my websites, or join my new DLS forum, just perhaps the odd curious person, and I would be very surprised now if anyone actually took any of it seriously. And although some people are obviously reading your messages to James Padgett as there is a very slow number of people joining one of the main Divine Love forums, it is such a lame forum concerning anything to do with the truth.

So all in all I'm back where I was a few months ago concluding that I can't see humanity ever doing anything more than a few people longing for the Divine Love, and as for them doing their Healing, I'm no longer holding my breath waiting for them to show up.

*James:* As we've told you James, our age is one in which humanity is to deny Mary and myself, so such denial will continue right to the end of it. So your observations by 'testing the water' with the Padgett Messages on BIN are showing you the truth of this. And besides, it's not time yet for humanity to start to consider its future seriously, it still has to wake up to and accept to some degree the fact that it's not loving, that all it's doing is destroying nature and itself, and that the powers that be don't care about the people, just as parents don't truly care about their own children. It all has to come 'down to the wire', and the Great Squeeze will be on. Humanity has to be forced into a hole, backed into it, and then forced past its ability to fight back by continuing on as it has done denying all it feels.

*James:* It has to be crushed you mean, like get a brick in its face?

*Jesus:* Yes, exactly, that experience which you are very familiar about! And it won't be long now before it happens. The warning signs are flashing but the real beginning is still a little way off. And so whilst that is all building up, so you and Marion will continue with your Healing. And should you feel to keep posting your work, then you will, and those people needing it will see it. But it's all still within Mary's and my age, and so nothing on the level of truth so far as people sincerely wanting it is going to change very much. It might look like it in certain areas superficially, but not on deeper levels. And it's all good for

you to understand this, to understand how these things happen, how the technical ages of spirit, of light, come and go, and nothing can interfere with them. They are of and from the Father and Mother, and so humanity being Their child will move along as all children move along in their development with their parents. A child's development as guided and fully orchestrated by its soul, occurs in stages, technical stages, or stages of light. And your adult life also occurs in technical stages, carrying on from your childhood ones. And it's the same for all of you, it's the same for all of us in Creation, Creation coming into being in such technical stages. And one day humanity will understand this and stop thinking it knows better than God, thinking it can grow up and be God. Which is the same that you do growing up and believing you're better than your parents, that you know better than them, playing god to your own children.

*James:* Well I feel resolved about it all now Jesus, I am no longer hoping people will be interested in it, even just on the level of wanting to discuss some of what I write. I'm back to where I started from, just focusing more on myself and my own Healing, seeing how this makes me feel.

*James:* Which is all you can do James. And you will continue to do as you feel, and that will give rise to certain feelings as all experience does; and from such experiences you can grow in truth as your feelings reveal it to you. It's all very simple really, and you don't have to worry about the goings on in the world or anywhere else for that matter, you only have to concern yourself with your own feelings, that's all life is meant to be about. And in doing so, you will grow in accordance with the needs of your soul, and 'All Will Be Revealed', and, 'All In Good Time'... However, should you feel concerned with humanity as it makes you feel bad, then you know what to do with those bad feelings...

*James:* Yes Jesus, thank you.

*Jesus:* It's my pleasure James. Those people who are so fixed on and in their religious beliefs are not going to relinquish them for fear of having nothing to replace them. Most people of Mary's and my Age James, those currently on Earth and those still to come before its completion, are destined to move into the Mansion Worlds none the wiser as to the plight of their soul, and just as have countless spirits throughout our age done; and working their way through the mind Mansion Worlds until their soul starts to point them in the direction of the Divine Love healing worlds, or the Feeling-Healing sectors that will be made available to them when the next age begins should they want to do their healing without the Divine Love. It's not for them to begin their Healing now on Earth, because they are to experience the fullness of denying Mary and I right through their whole physical life. So nothing you or I or anyone else will say is going to change that, because that's how it's meant to be for them, it's what God wants for them, it's what their soul needs. And so as much as you or anyone else, even Mary and myself, might want to help such people and mind spirits to 'wake up', it's none of our business, it's all in the hands of the Mother and Father. So there is no point in trying to sway or convince anyone as to the error of their ways, they will have to come to see it for themselves. It's just for all of us who are more aware to continue freely and truly expressing ourselves for ourselves so we can grow more in truth, that being all anyone can do.

And to conclude, to give you one more thing to think about, if someone does sincerely want to do their Healing and grow in truth through their feelings, they will have to accept all you are saying, and come to it through you, which is really through you and Marion. Because as we've told you, Mary and I can't reveal it ourselves, so people can't and haven't been able to come directly to us for us to reveal such truths. All we've been able to do for them is to help them further their evilness and truth denial, even by telling them about the Divine Love. And all because it's not that we want them to become more evil, but

it's just that we know they will take all we say the wrong way, using it to further their evilness, do our negatively influencing them in this way by default. So our hands are effectively tied because we didn't take on the evilness and heal ourselves of it, so we can't reveal its truth. We can only do so through the likes of you and Marion, but we couldn't do it directly ourselves.

*James:* I understand what you're saying Jesus, and it has helped me put it more into perspective.

*Jesus:* Good. So I will leave you now and we'll speak later. Jesus.

## **84. Satan bound up and loosed again.**

Saturday, 9 November 2013

*James:* Jesus, this business of Satan being bound up for 1000 years and then let loose again, that's something of what in a symbolic way is going to happen during the next Spiritual Age, isn't it?

*Jesus:* Yes. What Satan symbolically represents – the negative and so evil influences you are suffering under, will effectively be limited because of the Divine Love still being available through the next Spiritual Age of 1000 years, so symbolically you could say Satan (all the Evil Ones) will remain bound. However of course people and the mind spirits will still be free to evilly influence each other, but the higher Evil spirits will have nothing further to do with humanity. So the Lucifers, Satans, Caligastias and Daligastias are now all detained on their prison world sector, never to be turned loose again on humanity. They will all be held on their prison world until there is no longer any trace of the Rebellion in Nebadon. The Lucifers and Satans personal roles influencing humanity ended with Mary's and my coming to Earth, the Caligastias and Daligastias ending upon the arrival and say so of the Avonal pair. However their evil legacies still continue to influence you all, through your own negative and evil states of mind and will, and through the ongoing influence from the mind spirits who also are still bound up in their negative states.

Then as you now also understand, because of the direct influence of the Avonal pair, which will be for the next Spiritual Age of 1000 years, the Divine Love will continue to be made available by the Mother and Father for those people and Mansion World spirits who long for it. So by doing this, effectively it could be said God is keeping the Evil Ones at bay, just as they have been kept at bay through Mary's and my age with the Divine Love being available.

Rightfully, had the Avonal pair not come in a full bestowal capacity (either just materialising on Earth as an adult or remaining unseen in the higher spirits levels associated with Earth), the availability of the Divine Love would have been withdrawn at the end of Mary's and my age, the Divine Love being part of the gift to humanity to do with Mary's and my coming. And those people who have longed for the Love, have done as we've said, even if unconsciously, and have in effect, kept the continuing influences of the Evil Ones at bay for themselves, for when such people come into spirit, they will mostly because of the Divine Love influence in their soul, move to the Divine Love Mansion Worlds and possibly start their Healing.

However it's not that people who have partaken of the Divine Love are then automatically protecting themselves from such evil influences (other people, themselves, and the mind spirits), for they are themselves still furthering their own evilness by using the Divine Love against the truth if they are not doing their Soul-Healing, but still on a technical level they are protecting themselves because of the Divine Love and so have at least taken the first step to end their own rebellion, their soul now having

been granted immortality as a consequence of the Love within it. And all they need do is embrace the doing their Healing.

You see James, people and the mind spirits being in a negative state of mind, so being in rebellion and being evil, have not chosen soul immortality yet because they have not partaken of the Divine Love, and so technically are still heading toward annihilation, the end result of all that is evil and devoid of true love.

*James:* Yeah I sort of see what you're saying Jesus. So partaking of the Divine Love is like receiving a stay of execution. You're not out of the woods yet, and won't be until you do your Healing, and are still furthering your evilness using the Love; but because your soul is now immortal, you can't be annihilated. So it's just a matter time before you do your Healing and consciously start to end your evilness and stop using the Divine Love to further advance it.

*Jesus:* Yes.

*James:* So when the Avonal's age ends, the Divine Love is to be withdrawn even though their Spirits of Truth will still available along with your's and Mary's, so people will then be free to choose to either continue to be in their negative states or to do their Feeling-Healing and become of positive mind and will and perfect Natural love. And then to await the rebestowal of Divine Love.

So symbolically speaking, with the Divine Love available the Evil Ones can't 'possess' or 'capture' or 'take over' the souls of those people or Mansion World spirits who partake of it.

*Jesus:* That's right; and of course no one can actually possess or take the soul of another as your italics indicate; and people who have partaken of the Divine Love are 'protected' from being evil for all eternity because they have been granted soul immortality. Whereby in theory, those people who are evil, and refuse to partake of the Divine Love, and when it's withdrawn and refuse to do their Healing, can, should they so choose, potentially remain evil forevermore. And I say potentially because it's only a theory, we're not there yet to see if it is what the Mother and Father will allow.

But getting back to Satan being unleashed at the end of the next age, that's not going to happen, none of the Evil Ones will be allowed out of their spirit confinement, however the potential of being rebellious remains, and remains stronger because there will not be the Divine Love available to grant immortality; and so in a way, 'limit one's downside', one's fall into darkness. So you could say the bonds of evil will be loosed again as people will be freer to continue living evilly.

*James:* So at the end of the next age, those people who don't want to do their Healing, can... what... move deeper into their evilness?

*Jesus:* Yes, potentially they will be able to. However it will not be as easy for them as it now for people and the mind spirits, because there will be many people having done their Healing and striving to do it who will condition the amount of darkness tolerated. They will not interfere with such people should they wish to continue being evil, but as to how they live being true to themselves will limit and restrict what those still wanting to be evil will be able to do.

*James:* So really this supposed prophecy of you coming again and binding up Satan and throwing him in the pit or however and whatever you're to do, with him there to stay in chains for the next 1000 years, is not actually you and Mary, but the Avonal pair?



*Jesus:* Yes, that's right James, it's all mixed up. The 'Christ' is returning to do that to Satan and save the true believers (people who are doing their Healing and willingly follow Mary and myself as we've revealed through you James) and start the next age, the Christ being the Avonals for they too are Spirits of Truth – Christs. So people should be looking for them, not for Mary and I. We've already returned to re-reveal the essential truths concerning the Divine Love, as I said I would, imparting such truth to James Padgett. And we're still doing it, and Mary is finally having her say, through you.

*James:* All right, but still I don't understand why the availability of the Divine Love is to be removed at the end of the Avonal age whilst their Spirits of Truth remain, surely the two go hand in hand?

*Jesus:* Ordinarily they do, however it's important for humanity to choose once and for all should it remain evil or not, and to choose without any higher help in the form of the Divine Love supporting or underpinning it. Humanity will still be able to have the support of the Spirits of Truth so people will be able to heal themselves of their evilness should they wish, but a 'settling' time will need to occur to bring humanity gently back into its Natural love perfection and all through its own doing. You can liken it to your own healing James, for although you are partaking of the Divine Love, still it's not actively acting upon your soul removing your evilness, it's simply waiting for you to perfect your Natural love so then it can act. So it will be the same for humanity. And humanity will need time to wait, to really digest all its been through and so thoroughly choose as to whether or not it wants to remain evil. And were the Divine Love still to be available, then it would not have that time, which is a very important part of its growth and spiritual evolution, because people would be wanting to quickly get on with their ascension and the transformation of their soul. This time without the Divine Love will be a growing up time for humanity, a chance for it to make up for what it's missed out on because of the Rebellion; a time to experience its own true goodness and to decide if it really does want to rejoin the fold, or continue to live against the Mother and Father, Mary and myself, the Avonal pair – truth and love. And it will also be a very important time in the mind Mansion Worlds, for spirits in them to also choose if they wish to remain evil. And a time for them to transform those worlds to reflect and express the true inner beauty of Natural love, as will those people on Earth not wanting to remain evil also seek to transform Earth back into alignment with nature. And it will be a healing time for the whole planet with a lot of help coming from healed mind spirits. Everything is to turn towards real love and truth, and not false mind love, ending humanity's living against the Truth. And even though the healed spirits will not immediately be able to enter the Celestial spheres and will have to tarry for a time in the Mansion Worlds until the Divine Love is rebestowed, still it will be a wonderful and completely fulfilling and very special time for such spirits and people on Earth, for there will be much learning and growth to be had about themselves and nature and all that Natural love is – all that's been denied because of the Rebellion and Default. Natural love is not meant to be dismissed as being inferior to the Divine Love, it's meant to be loved and celebrated for the magnificent expression of light and truth that it is. And so this time in humanity's evolution will be for the full understanding, expansion and expression of that.

*James:* That all sounds good.

So, if it's the Avonals who are coming to 'save' humanity, then it's the people who want to do their Healing that are the one's who are going to be saved – saving themselves.

*Jesus:* Yes, those people who believe in what the Avonals are saying, and of course not those people who only believe in what the Bible says, are the one's who'll be saved. And as you said, all by saving

themselves through the truths coming from their feelings.

*James:* And so it's the Avonals who will in effect be taking those who follow them off to the 'Promised Land'.

*Jesus:* Yes, that being, they will be showing them the way to begin their ascension to Paradise – the true Promised Land, by showing them how to do their Healing; or at least, telling them what's involved and how to go about it. And those people who listen to them and do their Healing, will when healed, be able to link up fully with Mary's and my Spirits of Truth (in effect, with us) and so we can then take over from the Avonals, directing them Heavenward to Paradise, through Nebadon and beyond. This being what happens when they are of a Celestial level of truth, having fully healed themselves.

*James:* So the truth about the Avonals has been hidden, by putting you in its place.

*Jesus:* Yes.

*James:* Was that done on purpose; was the truth about the Avonals coming to Earth ever predicted or part of a prophecy?

*Jesus:* No, not directly. It was all confused and poorly understood, although my saying the Christ would return, is a veiled reference to the Avonals coming, as well as saying personally what I would be doing.

The Avonals could *not* be known about, their coming having to comply with the evil conditions humanity would be living – the complete rejection of truth, so they were not to be revealed ahead of time as being the way for humanity out of its darkness. And so because at this, the end of Mary's and my age and being the beginning of the Avonals age with humanity at its most evil, it would be the last thing humanity wants, the light of truth coming amongst them, not in any way being able to openly and lovingly accept or receive such a Pair of Truth as the Avonals. So in keeping with this, and so as to maximise the Avonals experience of feeling completely unloved, which they are to heal, nothing was said specifically about their coming. Really by the time Mary's and my age ends, humanity will be rejecting the truth the most since its rebellion, so in that light it's the worst time for the Avonals to come because potentially no one will want them, no one (technically no one, however in reality a few) will want to listen to what they say and then do their Healing.

*James:* So they really do have a thankless task.

*Jesus:* In that light, yes, however for them to heal themselves of their evilness within humanity's greatest expression of untruth, and irrespective of humanity's complete rejection of the truth, is what will be the turning point for humanity, as there will be some people who don't want to keep going being evil, and will want to heal themselves, so listen to what the Avonals have to say. And what an incredible personal experience it will be for them to heal themselves of such evil.

*James:* So the Avonals are really coming in the thick of it all, sort of like getting pushed in at the deep end.

*Jesus:* Yes, up to their eye-balls in evil themselves, and surrounded by it. And so having to deal with all of that, is all part of what's involved in their Healing, all to be reflected in their Spirits of Truth.

*James:* So as you said being surrounded by it all, meaning collectively as that's how humanity is, and personally as to be represented by the AntiChrist, he, or they being symbolically the most evil pair.

*Jesus:* Yes. And also, and more importantly, very personally – the most personal, being surrounded by the antichrists as represented by their parents. And so you will have existing together on the world, the most evil and untrue and the most good and true. And so people will be able to choose. However, it won't be that they will be in the same place geographically and sort of fighting it out as many might like it to be, but it's what the words convey, the true intent spoken, that is what will ring true for those seeking the truth, or ring true for those seeking to continue in their evil states.

*James:* You mean, the people will who want to remain evil will like what they hear from the AntiChrist, and those people wanting to live true will like what they hear from the Avonals – the Christs.

*Jesus:* Yes, each to their own, and all will be free to choose. And by the end of their Age, all will have chosen.

*James:* Hmm... Thank You Jesus, all of this has been floating around in the back of my mind for some time now, and I'm glad it's all finally come out. It's difficult to understand, I'll have to re-read it, it will probably confuse people more than help them understand.

*Jesus:* It doesn't matter James, you'll be able to present it so it's understood by those people who might want to understand such things. And for those people who don't but just want to get on with their Healing and living true to their feelings, it won't matter anyway.

*James:* Yeah well I want to understand it. Less and less am I concerning myself with other people and trying to hope they will understand it. I'm just wanting to sort myself out, and my understanding the technical side of things seems to be going hand-in-hand with my Healing – the more I progress the more you and Mary are forthcoming about it all.

*Jesus:* That's how it goes James. Mary and I only helping to put into words that which is already inside you.

*James:* Jesus, I'll let that all sit for a few days then go over it and see how I feel about it all, see if there's more I need to ask you.

*Jesus:* No problem James, I'll be here.

*James:* Thank you Jesus.

## **85. Compensation for pain caused.**

Sunday, 17 November 2013

*James:* Mary, Marion and I have been discussing various aspects of compensation one might have to experience should one not take full responsibility for one's pain. What I mean is, for example, suppose

you kill someone causing them a lot of pain together with all the other people your actions might negatively affect. Then you have to pay for that pain you have caused everyone, compensate for it by experiencing it yourself, so you can know through your experience of that pain, what pain you've inflicted on others. And when you know, then your compensation is complete. This also being what one might call one's redemption. And one could go through this process on Earth; or if not, then in the hell worlds in the Earth planes in spirit.

But what's new for me, and what I want to talk with you about, is what Marion said: that the pain we inflict on others is only the pain we are feeling in ourselves yet refusing to accept. By our killing someone else, our taking out our pain on them, we're running away from ourselves, from the truth of why we are feeling so bad, that which we'd see if instead we decided to use our pain to uncover the truth of it.

*Mary:* That's right James, **you can only to do to another what you are doing to do yourself**, so what's inside you. And all the pain you will inflict on others will equal that amount of pain you have within you. And you can repeatedly refuse to take responsibility for it by not doing your Healing, repeatedly inflicting it on others, but still it's all your own pain.

*James:* So Mary, say you killed five people, causing them lots of pain and all who are involved with them, does that mean you've expressed one fifth of your pain with each other them, or that you'll have to compensate for 25 times the pain of yourself?

*Mary:* I doesn't work like that James. It's determined by your soul, how the Mother and Father want you to express yourself, and it will all be based on the patterns of your early life. However overall, all the pain you have caused another will be that amount of pain contained within you relevant to such actions, but it might not be the sum total of all the pain you feel, only one part of it that you're outwardly expressing by such gross will infringement on another. And so you might with one person express a part, then with another person another part, and so on, yet all different amounts; but yes, as you say, in the end, were you able to keep going, it might entail interfering with a vast amount of people, all adding up to the amount of pain you are refusing to express within yourself, which is that amount of pain your parents will have denied you expressing. They will have caused you and then stopped you expressing such pain, yet also giving you other outlets and beliefs and impressions as to what it acceptable for you to deny your own pain, with such outlets being represented in your actions against other people. You parents might not exactly condone killing another, telling you it's good to do it, but in all sorts of ways they might convey that impression to you. For example, they might support you in killing animals openly or covertly or even unconsciously through what they say to you, how they react to certain situations, what they allow in your life, that you will take on as being the right way to live, so helping you develop an unconscious belief that it's okay for you to take anothers life. It's all very complex as you understand, and it's hard to talk generally about it, it all being highly personal, and it's also very easy for the reader to misconstrue that which I'm trying to say. However such are the limitations of our communication.

*James:* I understand what you're saying Mary. I've seen through my Healing how complex it all is, and how I've taken on and formed countless beliefs I've not been aware of through being with mum and dad and everyone else in my early life. I've taken a bit from here, a bit from there, how they reacted in this situation, how they didn't react the same way when it came around again, what was not said yet unconsciously inferred, how people in books and on television reacted in situations, my absorbing overall impressions about life and how I'm meant to be, what is right and what is wrong. So I can understand how someone with the input in their lives ends up being able to kill someone else, it all being there in

their forming years, and all being able to be seen should they want to see it through the doing of their Healing.

*James:* Yes, that's right, it is all there, you are it, it is you, and it can't be any other way. But getting back to the pain, what you said is the most important part of it, that being, realising that you are in pain, even if you have to look to the pain you have inflicted on others because you are so out of touch with it within yourself. And then allowing yourself to fully acknowledge and feel such pain, which will be equal to all the pain you've inflicted on others. And equal to all the pain inflicted on you by your parents, family, the society and environment you grew up in. And to see that you can't inflict pain on others unless you're already inflicting it on yourself; and unless it's all already been inflicted on you by your parents and early carers. However also to understand, that two people might be subjected to harsh and cruel parenting, yet the overall conditions each person experiences are so different that one outwardly expresses that pain whereas the other inwardly does. One person being a menace to society, the other being able to hide it, and even from themselves, seeming to a good person in society.

You begin life as a child that is growing and absorbing all of its surroundings, it's not fully formed, not an adult, so it can only be, and so become, all that goes into it from what it's subjected to and on all levels, not just the physical. It can't be of more pain that it received, than it was made to feel, and so consequently it can't inflict any more pain on others than the pain it has within it. And even though on the outside such actions of causing mass misery might lead one to ask just how could one individual have so much pain within them and not just disintegrate with it, it's not like that, you can't add up all the pain caused and say that equals all the pain within, not by adding it up and measuring it by using outside techniques such a 'pain meter'. The pain within one, and the pain expressed on others, is all controlled by the souls involved, it's all very personal and has nothing to do with other people not involved. You might for example have far more pain buried within you than say a Hitler or Stalin 'type' person, and yet never hurt a fly; and that the lives of Hitler and Stalin led them to be as they were, just as you not being able to hurt a fly. There are too many personal variables involved, so it's up to each person to understand all they went through and suffered and how they expressed it or didn't express it in the world.

The patterns of control within Hitler and Stalin would have been formed containing the need to outwardly express their pain as they did; just as the patterns of control with someone who has vast pain in them yet is a nice, do-good, person, allowing them to heavily deny that pain. So you can't judge by looking at the outside actions of someone; although those people who do outwardly manifest and show their pain more do show something is seriously not right within them, whereas it's much harder to see in the person hiding it all. And then concerning the person hiding it all, I don't want you to think that just because someone is a good person, they too might be hiding a vast amount of pain, because it's not like that either, as a person might genuinely be good and with relatively little pain. So it's best if you don't compare yourself, or try to work yourself out using your mind. Look to your feelings and they will reveal the truth of yourself.

*James:* So Hitler for example causing so much pain to so many people, didn't have all that pain within him if one could measure such pain?

*Mary:* That's right, there's not a direct pound for pound correlation like that, and to draw such a conclusion would be wrong. It might sound contradictory, however he did have all that pain in him as he could only express that which was in him, however it was expressed unevenly through all he hurt, directly and indirectly. You might effect millions of people and yet have less pain within you than a person who only effects one person, or only themselves, with their pain. And many people have far more pain within

them than Hitler or any convicted murder does, yet never express it outwardly by taking it out on another person or creature, instead keeping it all repressed within themselves.

And those people who can't contain it and have to hurt others by having it out there for themselves and all to see, do have to accept sooner rather than later, because they can't avoid it as they can see by their own actions, that something is very wrong within themselves, so might be able to start their Healing sooner than those people who steadfastly refuse to acknowledge any pain within themselves, keeping it so heavily repressed, being unable to see they have such pain because they are 'good' people and not hurting anyone. And for such people who continue to pretend they feel good and happy, it may take them a very long time before they come round to wondering why they are not progressing as other people or spirits seem to be, why they are still all bound up in their mind refusing to look for the truth of themselves.

So why does someone who's obviously so evil like Hitler end up doing his Healing sooner than someone who has only done good by obeying all the conventions of society, and living a successful life on Earth and in the mind worlds. So Hitler's suffering time in the Hell planes might be very intense and last many years, however making him understand something is very wrong with him, and possibly making him want to find out what it is; whereas the good person lives on for thousands of years carrying on in his or her evil mind state still being the good spirit citizen, still believing his or her way of life is the right way, still denying themselves the truth of their pain, still living against Creation by adhering to their negative state. So really, who is more evil? And so it all comes back to accepting you are all really in the same boat, and each of you are going to express your evilness as you do, all in accordance with your childhood patterns.

*James:* So you're saying that possibly for some people who've had a rotten time of it on Earth and in the hell planes, they might be able to come to doing their Healing quicker not having such falseness to hide behind, thereby benefiting from the depravations they suffered by not having a 'normal' life, being able to get on and do their Healing relatively quicker.

*Mary:* Yes, which then helps shed a little more light on the fact that possibly what you call having a normal life, feeling happy and good within an evil state of being, is not all it's made out to be; and that in fact such a person or spirit might even be worse off, being so false and so cut off and disconnected from their deeper feelings, those they can so easily control and keep well under control. So the murderer can't control such feelings, can't suppress them, and so has to look at his actions as he can't get away from them. However of course there are still many murders who deny their actions living in a fantasy of themselves being good, but that will all soon get ground out of them in the hell planes should they refuse to face such truth about themselves during incarceration on Earth should they be convicted of their crimes.

And also James, you can look at it from the victim's side: being deprived of life by the likes of Hitler, the experience being traumatic and causing an amount of pain, pain that is also already within them, with Hitler helping them connect with it. And this might lead them to do their Healing sooner than they might have done having been forced to feel and deal with such pain, had they been able to keep up their falseness of not feeling bad and not having their life cut short by another person.

*James:* So a victim might in the end even be grateful for what happened to them.

*Mary:* Yes.

*James:* So Mary, someone could go to prison and not repent, not allow themselves to feel any of the pain

they are feeling and have made others feel, having not compensated for their wrongdoing, and will then have to do so in the hell planes?

*Mary:* Yes, they'll not be allowed entry in the higher Mansion Worlds until they've paid for their outward expression of their pain. That is the Law of Compensation, they have outwardly infringed against another's will so will have to make amends for that, and one does that by feeling the pain they caused to its fullness. So when you have felt your pain to the fullness of the pain you've inflicted on another, then you've balanced the books, then you've compensated, then you've taken responsibly for your actions, and then you are free to carry on with your life and granted entry into the Mansion Worlds.

And you don't have to go to prison to start making amends for the pain you inflicted on another, you can do that any time in your Earth life; and if you don't, then you will be forced to it once you die. No one gets away with hurting another, using your will to deprive another's will. With this we're talking about all being between adults. The parent abusing and having their will over their child is treated separately with compensation through pain being done through one's Healing.

*James:* And the person who doesn't outwardly cross the line and hurt another by taking their pain out on the other person, one who keeps it all suppressed, can die and move into the Mansion Worlds there free to carry on as they have been doing – still denying their own pain.

*Mary:* Yes, which is the current fate of most people when they die. Most people don't readily cross the line causing another person such pain, they try to be good, loving and caring. But whilst one is of an evil state of mind and will, that means that you will be severely keeping repressed many of your own bad feelings, all of which will be hurting yourself further, adding to the pain inflicted on you by your parents. And that pain will accrue all having to come out through your Healing. However because it's all internalised, so you're not penalised by having to spend time in the hell planes compensating for it. Your 'hell' will be experienced more through your Healing time. And those who have compensated in the hell planes, have only balanced the books for their adult actions, they too will still experience more 'hell' as they heal themselves in the Healing Mansion Worlds, or as they do their Healing on Earth. Their time in the hells in spirit or in the equivalent on Earth during which they compensate for such pain inflicted on others is NOT the doing of their Soul- or Feeling-Healing you understand. It's not the Healing we're speaking about through one's feelings, although feelings will of course be felt and even some truth uncovered during one's hell time. However should one choose to do one's Feeling- or Soul-Healing before one starts one's hell-time, then special consideration and arrangement will be made to achieve the compensation needed as you forgive yourself through your Healing of all the pain you are causing yourself. Your Healing activating the Law of Forgiveness.

*James:* Mary, why aren't parents subjected to time in the hell planes for having hurt their children?

*Mary:* The hells only deal with adult to adult issues James. The parent/child issues concerning love or hate, are all dealt with through one's Healing. The parent can only take full responsibility for hurting its child by doing its Healing, it can't compensate for such will infringement because it mostly doesn't even know it has treated its child so badly. As an adult you can see for yourself the result of your unloving actions, even if you believe it is right what you did. However as a parent, you can't fully see the result of your actions, so you need to connect with all the pain in you and the damage caused you by your parents unloving ways, so you can see how you've taken on and then applied those same unloving ways to your own child.

Parents can get away with the pain inflicted on their children only for so long, and only until they do their Healing. Of course parents can deal with such unlovingness and start to see and accept and seek the truth of their unloving actions and all they've subjected their children to at any time, not just when one formally decides to start one's Healing. However it will be once one does formally start it, that the fullness of the pain and the truth contained within it will be able to come to light.

*James:* So what determines someone like Hitler taking out his pain on so many people, whereas another person might only ever murder or hurt one person – or no one at all?

*Mary:* That's all to do with one's parenting, the patterns formed, which are formed all in adherence to one's soul needs. You see, certain souls have a role to play in effecting a greater number of people, something like on more of a collective level which will effect the whole or a great amount of humanity; whereas other people's lives are more localised, effecting only a smaller and more personal level. It's just the differences between us all, how the Mother and Father have made us all. And so accordingly, whether you express the denial of your pain by taking it out on one person, millions, or never showing anyone, not even yourself that something is very wrong within you, reflects all the differences of soul, the same as why some people have blue eyes and others brown, such genetic variation all being controlled by the soul. What you need for your souls growth you will have, be you a local murder or someone like Hitler, for in the end, irrespective of who and how many you might influence, it's all for you, as it's all always for you. And of course the same applies for the victim, it's all for them, all what their soul needs for their advancement in truth when they come to do their Healing. And as you and Marion are increasingly seeing, you are all victims irrespective of whether someone takes their pain out of you, or you are taking your pain out on someone else. The murderer is to be pitied just as much as the good citizen who never breaks the law believing they have a good and happy life of love, when they too are still living confined within their evilness, trapped within their negative state, just as is the murderer; and in many ways, because they don't see the outward signs of such pain, might even be in a worse soul state than the person who is obviously very distressed, agitated and outwardly aggressive.

*James:* So the murderer might be closer to his true feelings of feeling unloved because of being able to outwardly express some of his rage, frustration, hatred and anger, than say possibly the Judge sentencing him who does all he can to keep his pain and bad feelings heavily suppressed and who is considered very successful, he being so much better (successful) at keeping all his bad feelings well under control.

*Mary:* Yes. And you can't tell James, the Judge might indeed be a truly good person in his or her negative state, relative to the murderer. And the murderer can heavily suppress his or her pain too, doing all they can refusing to accept they are wrong and suffering. It's all for each person to uncover the truth for themselves. So the Judge might not have as much rage and repressed hatred and anger in him compared to the one he's sentencing... or he might... he might have even more. And the murder, seeming to have masses of pent up rage, hatred and anger, might find if given the chance to express it whilst looking to his feelings to uncover the truth of it, that actually he doesn't have that much repressed pain after all, as all he had was more up within him and could more easily come out. So the repressed Judge might take longer coming to terms with his buried pain than the cruel murderer.

*James:* Yeah, I see what you mean Mary.

Mary, I think that about does it, all I had in my mind. I'll think about all you've said and see what then comes. So thank you again, and I'll go now.



*Mary:* Very well James, speak to you soon. Mary M.

## 86. Using the Divine Love to further advance your evilness.

Sunday, 24 November 2013

*James:* Jesus, I was thinking about longing for the Divine Love, and how important it should be not wanting to stay forever bound to the Mansion Worlds, and then I thought of all the people in the various religions who might have received some Divine Love because of their sincere inner longing to be at-one with God. And I thought how they with the Divine Love in their soul still carry on in their religions, and perhaps feeling even more conviction about believing all they do and more committed to their faith because of the presence of the Love in their souls. And then it occurred to me that for such people, the Divine Love coming into their soul is not healing them of all sin and error, for they maintain their steadfast beliefs in all their error. And they are not being led to do their Soul-Healing, nor to break down their minds control over themselves, so they are using the Divine Love to further their negative, sinful and evil state within their religion. So they are the same as those people we've talked about who do what you said to James Padgett, longing for and receiving the Divine Love, yet are also refusing to break down their minds control and do their Healing, so who are also using the Divine Love to further their self and feeling denial. And that really the Divine Love, having readily been available and unconsciously longed for and received right the way through yours and Mary's age, has not helped anyone do their Healing, for had it, then surely by now they'd be accounts of people having done their Soul-Healing. So it's now obvious to me that the Divine Love itself doesn't affect one's Healing or even make one start it.

*Jesus:* That's right James, it is as you say. All we've said about such 'Divine Love people', you can apply to religious or non-religious people who've partaken of the Divine Love. As we've said to you, unless one is looking to do one's Healing with the Divine Love, one is only using it to advance their negative state. So all those people with it, yet who are using it to further their belief in such error, are using the Divine Love for their own self-gain.

*James:* I don't know why this hasn't dawned on me before, it's now so clear. I've understood it, but kept the religious people with the Divine Love and the 'Divine Love people' in separate camps, but now I see they're just the same. Really the Divine Love people are just trying to develop their own religion based around what you and the Celestials said to James Padgett. Just another religion of the mind.

*James:* That's right, it's just another version of the same thing. Which is why I presented the truths as I did to James Padgett. I had to couch them so such people would take it on with their mind and then add it to their mind control, thereby using all I said to help further their negative state. You remember James, I couldn't do anything to actually prevent people from progressing in their negative state. And in many ways I even had to support it. I had to because of the conditions (Spiritual Laws) of my bestowal, reveal certain truths, yet I had to present them so they wouldn't interfere with people's evilness. And that's why I inferred that the Divine Love would transform one's soul, ridding it of all sin and evil, because I couldn't directly mention the Healing; and the Divine Love does transform the soul and help one with one's Healing, yet I had to present such information in accordance with the tenets or Spiritual Laws of the Rebellion and Default, so it was misleading what I said and how people could interpret it. It was just

how it had to be, how Mary and I had to express our perfect lives in the Rebellion and Default. We had to perfectly support the Evil Ones and people in their negative state, even though our physical presence on Earth did technically end the reign of the Lucifers and Satans. So on a soul level, our soul being higher in order than the Evil Ones, our coming to Earth, our subjecting our perfection to their imperfection, ended their reign; yet on a personality level, we couldn't actually interfere with all they said and how people and mind spirits were living their negative state. We could encourage people to live better Natural love lives, which we talked about, how to respect oneself and others, but that was all.

*James:* Thank you Jesus, that's all I wanted to say. I've had another one of those shifts in my orientation as to how I see such things, it's all much easier putting such groups together this way. It all makes more sense.

*Jesus:* It's your mind continuing to sort such things out based on your evolving soul-perceptions, as you work your way through your Healing James. You are to eventually arrive at seeing it how Mary and I see it, so such inner adjustments are always happening as you ascend.

I'll speak to you soon James. Jesus.

## 87. No crying for the criminal.

Tuesday, 26 November 2013

*James:* Mary, Marion's latest book she's reading is about a woman who feels very bad about herself being full of self-hated, and is completely jealous and envious of a younger girl who's fifteen years old, a girl who seemingly has it all – the full love and respect from her parents, all she wants, the boyfriend she loves, lots of friends, fully enjoying every moment of life. And having known the younger girl for some time and harbouring many horrible thoughts about her, asks her back to her flat and strangles her, later burying her body in the bush.

And as we read these sorts of stories, as much as it is so terrible for every one of the victims family and possibly even the victim herself (although one can't be sure unless one was to speak to her in spirit), no one feels sorry for the woman, she obviously being in such a bad state that she can take another's life. As Marion pointed out, this woman obviously grew up feeling very unloved, and to such an extent that she is able to kill another person, so she's had a terrible life, only to commit such a terrible crime and then be persecuted and locked away for the rest of her life, having only more of a terrible life. And few people feel any real sympathy for her and all she's been through, for the shit time she had as a child, and now the shit time she has as an adult with the added burden of her crime weighing on her.

And of course, we all should feel sorry for everyone involved, as we're all so fucked in our different ways, so we all should feel sorry for ourselves. However we so much need to be able to blame and accuse someone, trying to feel more powerful because we feel so powerless, that we can't allow ourselves to be sympathetic, as we've got no sympathy in us, as no one was sympathetic to us when we were growing up.

*Mary:* It's all so you don't feel bad. To allow yourself to imagine how bad the murderess feels brings up too many bad feelings that are unwanted, so it's far easier to identify with the victim, as then there seems to be a way to deal with your bad feelings at least, by blaming the other person. Not to blame the bad one means you have to be in touch with your own feelings of feeling powerless and wanting to hit back at those you feel have power over you. And to understand how such self-hated can motivate you, if it

doesn't just consume you, with you destroying yourself.

The further you and Marion progress in your Healing, the more you are aware of such bad feelings in yourself. And so you lessen your need to blame, to gain power by blaming and accusing someone, such as in your cases, each other or even yourselves, so as to make yourselves feel like you have some power. But you can't actually gain any power through blaming and accusing another person for being bad, even if they have done the bad thing, that is not the way to true empowerment. All you can do, as we've told you, is accept, express and seek the truth of your feelings.

*James:* I want to smash the bad person, even mum and dad, only as soon as I stop and start to think about why they were bad, then I can relate to them not feeling loved and respected, then my need to blame them decreases. But then I feel bad again, and whoosh, up comes my hatred of them, and fuck feeling sympathy for them, I want to smash and kill and hurt and maim and make them feel as bad as they've made me feel.

*Mary:* Which is all understandable James. And whilst you feel such anger and hatred you MUST keep on acknowledging it and expressing it as best you can, all whilst you long for the truth of all you're feeling. And if you one day arrive at a point where you don't feel hatred for them, and you no longer blame them, so you go with those feelings. And as you say, if then more hatred of them surfaces, then you go with those feelings. And one day you will no longer feel hatred for them, as you'll no longer feel bad. And within you, they'll no longer be hurting you, you having brought your truth out through your hurt and pain that was caused by them.

And it will be the same with other people. You might hate the murderer and want to throw the book at them, consigning them to prison never to see the light of day, and so you go with those bad feelings expressing them all and seeking their truth. And then in the next moment, or the next day, or year or whenever, suddenly you might no longer have such feelings for them, no longer feeling hatred of them, no longer feeling threatened or scared of them, no longer feeling they have power over you, no longer projecting your parents power over you onto them. And so you won't hate them anymore. And it's the same if you feel such things about God. If you hate Him or Them, blaming Them for all the suffering you've been through, then you accept and express these feelings seeking the truth of them. And you keep expressing your hatred and anger and looking for the truth of it for as long as you keep feeling it. And one day when all the truth has come to light and all your repressed childhood feelings have been expressed out of you, that hatred will go. And it will all go, because one day you will be true and perfect and only of love, that day being when you start living your new life of a positive mind and will.

But I stress again, **IT IS VITAL THAT YOU ALLOW YOURSELF TO FULLY FEEL ALL THE BAD STUFF AS YOU'RE FEELING IT; AND EXPRESS IT THE BEST YOU CAN TO YOUR FRIEND (or to God or write it down), AND LONG FOR THE TRUTH OF IT.** For only by seeing, understanding and uncovering the truth of such feelings, will you be set free of them.

*James:* I understand Mary. I am feeling myself changing, and things that I thought were black and white are now only grey, and even having colour added to them in some instances. So many things I thought and believed in, have gone altogether, simply no longer being part of my life, with other things I now know to be true replacing them.

Mary, I want to ask you another question, but I'll start a new 'message'.

*Mary:* Very well James, do you want to continue writing now?

*James:* Yes, if you don't mind.

*Mary:* No, not at all, please continue.

## 88. Which comes first: emotions or thoughts?

Tuesday, 26 November 2013

*James:* So Mary, how does it work, do our emotions or thoughts come first? Does one create the other?

*Mary:* Your emotions and feelings come first James, always; they always have to for they are closer to your soul. You felt things through your forming years, even though when you were very young and in the womb, a baby and toddler, you weren't able to know fully what those feelings and emotions were, but still they were fully present; and based on them, or around them if you like, so you formed your mind and it's beliefs, your behaviour and your thoughts. You form into being, you could say, from your base chakra upwards and outwards, yet all being expressed from your primary will line as it is what actually comes into being first, it being what your soul manifests first so it can literally will you into Creation.

So you have your will first, then your spirit body together with your upper (higher spiritual) and lower (more physically orientated) feeling (including your emotions) and mental system, and the subtle etheric systems that link them all. Then last your physical body manifests.

So you have feelings that are composed of one or various emotions. A feeling can be simple or complex. You can feel angry, but as you express the emotion of your anger, moving with it, it might lead you onto other deeper bad feelings. You have a whole subtle body full of emotions and the feelings they comprise; and so the more you express and grow in truth, the more complex your feelings become, the more passionate about your emotions and wanting to express them and allow yourself to feel them, you will be, and also the more familiar with them you'll become, so they will seem in some ways, simpler.

*James:* Yeah, I know what you mean Mary. I'm not as yet very passionate about feeling and expressing them, although I am becoming more determined to let them be so I can express them, and I love it when the truth comes, but I'm still too afraid of them, I'm still uncovering the truth and understanding why I was made to be scared of them. Yet still, the more familiar I become with them, the more complex psychology is attached to them, yet the simpler they are, or easier they are for me to recognise and acknowledge. Feelings and emotions that I struggled with to identify years ago are now second nature, I can move with them straightaway going into deeper levels to see what they are showing me. Yet still however, there are lots of times when I feel bad and still can't put my finger on the actual feeling, even when it's just more anger or fear. And it takes time to work my way round to expressing them, just making a noise to start with, a groan or whimper before they start coming to life.

*Mary:* Those times James are when you've moved into yet another hidden place within yourself, and one you're not familiar with, so it is as if you're having to start all over again identifying your anger or fear and going from there.

*James:* Okay Mary, so if the emotions and feelings come first, then how come we live so much with our thoughts in control?

*Mary:* Because you've been made to, it's as simple as that. You were forced to deny your feelings and their emotions by controlling that part of yourself with your mind. And how your mind takes over is then by creating other emotions and feelings for you, one's based on its controlling beliefs and your underlying self-denying and negative behaviour, that which you've developed through your early childhood.

As soon as your parent or carer stops you from expressing a feeling or emotion, they are interfering with you by using their mind. And as you are absorbing them coming into being, so you wrongly think and so believe, that how you are being treated is right for you, as if God has told you Himself. So you become as they are making you be, you follow them, doing and thinking as they are, so your mind takes over, following their mind as it imposed itself on you.

And then once you've become untrue to your own feelings, now with your mind in control of that part of you, so your mind generates other feelings, and these you then feel and so believe to be what you're really feeling. But what you are *really* feeling remains hidden, suppressed, and you're no longer in touch with it, not even knowing such feelings exist within you. So your 'false' feelings as they could be called, although for all intents and purposes, they are still feelings, vital and strong and real feelings, are only being derived as a consequence of your controlling mind.

*James:* So as we are forced to deny feelings, our mind takes over; and in taking over, then generates other feelings, and these feelings we believe are our real and true feelings. And yet they are not our real and true feelings, only what we've been programmed to feel. So as we change our beliefs and behaviour through our Healing, so we lessen our minds control over us, and so too lessen its generation of such 'false feelings', getting more in touch with our real and true feelings and being more free to express them.

*Mary:* Yes. And added to your mind taking over and to some extent creating feelings that will only serve to lead you further astray from yourself and not help you to come back to the truth of yourself, so too does your mind create corresponding thoughts. And often people who are more thought-orientated think their thoughts and mind is doing what it's meant to do, be the controller, even be god, yet it's an imposter, false and untrue, which your truer feelings will quickly point out to you should you look to them for the truth.

*James:* So really once our mind has control, it doesn't matter what our thoughts and feelings are, or which comes first, as they will only help us further our negative state.

*Mary:* That's right. And so the only way out of your predicament, is to look to your feelings, even though they are being derived from your controlling mind, and express and seek their truth, as they will yield it to you. And slowly as you progress in your Healing, your feelings will get closer and closer to being as you truly felt when the damage was being done, with your mind no longer in the controlling position. And so when you're healed and true, then you'll know and feel all your feelings and their accompanying emotions will be true, and your thoughts, beliefs and behaviour – even your body language, will also be true.

*James:* So our body language is untrue too?

*Mary:* Everything is untrue whilst you're of your negative state James. And it will all change. You've seen how your body language is changing, it helping Marion to read you more so you can keep bringing up your repressed feelings. And you've been able to feel the changes in yourself.

So you are becoming more of your false and untrue self, no longer affecting being another way, no longer trying to not be how you are. And as much as you still don't want to be wrong, you have to first

be it fully so you can know the truth of yourself in your Wrongness. So all your pretence and bravado will go, even any false and contrived niceness, when you are overdoing it or unnaturally making too much of an effort to be kind and friendly, all helping you come back to being the unloving person you are. So you can still be friendly, nice and kind if you want to, only knowing when you are adding too much extra or forcing yourself to be, all of which is getting to know the truth of yourself and living being wholly aware of it.

*James:* Yes, I have changed in those ways. I only wish all the stuff I do that I don't like and know is wrong would also hurry up and change.

*Mary:* It has to take time James, there's an awful lot of inner and outer changes that need to take place. Your whole forming is a complicated business, and you have to be able to see what is wrong with how you are, and change it, and all incrementally so you don't traumatise yourself even more than you're already doing.

*James:* By which I take it you mean Mary, that every moment I remain in my negative state, in my traumatised condition of mind and will, I am adding to my distress and trauma.

*Mary:* Yes James. Being evil is traumatic. It's not a good state to be in, it doesn't make you feel happy and loved, and it should make you feel very, very bad. So as you say, every moment you remain in your evilness, you're only adding to your trauma, even if a lot of what you are doing to help yourself makes you think, believe and even feel, it is lessening your trauma or the impact of it. Everything you do in your self- and feeling-denying state is making things worse for you, every moment of every day. And the longer you remain in it, the harder it will be for yourself to heal yourself.

*James:* Mary, thank you once again. I'm going to stop there, I'm too tired to continue – the stress of my traumatic condition!

*Mary:* Very well James, speak to you soon – Mary.

## 89. Prayer to God for others - does it do any good for those you are praying for?

Thursday, 26 December 2013

*James:* Mary, I've been thinking about praying to God asking Them to help or heal other people, such as Marion. And I've been wondering again about whether it does any good, so I'd thought I'd ask you about it. Jesus and I talked about it some days ago, yet as it's still been on my mind I wanted to discuss it with you.

*Mary:* You are to do all you feel you want to do James, but as to whether or not you actually do it, is another matter. What you can do is speak about all you feel to do with your desire to do it, to use your feelings to help you uncover your reasons for wanting to do it, the deeper motives that might be driving you. And whilst you're in your negative state, there will also be deeper hidden reasons, that much you can

be sure of.

So if you feel to ask God to help Marion, then you fully acknowledge your desire to do it, speaking with her and expressing all you feel about it. Such as: why do you want to do it; what is making you want to do it; what do you hope to achieve by doing it; and how do such things make you feel. And further: what if what you ask for or ask God to do, doesn't happen – how does that make you feel; and even, what if it does happen – how does that make you feel; and how do you feel about asking God such things, do you feel good about it or bad; is it something that you're feeling you naturally and spontaneously want to do, or is it something that you think you should do – and how do these things make you feel. All the while longing for the truth of such feelings.

*James:* I have been speaking and expressing all I feel to Marion, and one odd part that came to light was my belief that nothing will come of it, that I can't pray to God asking Them to do something for me, because I have no right to ask; and also, who am I to tell God what to do. Marion pointed out that I am only asking, and asking is of course not telling, but for me the two go hand-in-hand, by asking I am not only telling, I am demanding. So by asking God I am telling God, yet I don't expect God to do anything for me – to just do as I tell the Mother and Father to do. I could never tell mum and dad to do things and they would happily do them for me. I expect them to say no. They did do the occasional thing I asked and they got me mostly what I did ask for the few times I did ask, but still I have a deeper feeling of not to ask, so I hardly ever did. And as Marion said, that means I believe I am better or higher and more powerful than God by believing that I can influence Them, even if I don't believe I have any influence.

*Mary:* Yes; and that's what it's all about, uncovering the truth of such things within yourself. And this is all what's important, not even so much your asking and prayer. It's paramount that you heal yourself of your evilness, this being for everyone, so all your efforts should be to do just that. So when the subject of prayer comes up, when any subject comes up, there will be feelings and no doubt bad ones coming up too, so you can concentrate on them, irrespective of whether or not you end up praying. And as the truth comes to you through your feelings, so you'll know what is best for you and what you should do; when and why, and all how you feel about it. It's all about getting to know yourself James. And as you are constantly feeling, so for you to constantly express all those feelings. You don't have to follow through with all they might be making you feel to do, but you do have to keep talking about all they make you feel like doing.

*James:* I understand that Mary, but so many things get in the way.

*Mary:* They are only in the way because they are making you feel bad, so they are there to help you with your feeling expression so you can uncover the truth of such feelings.

*James:* Marion said that if you look at yourself as a young child, you had to ask for what you wanted, we do right from the very beginning and then all the way along, and so still being that young child even though we're adults, we should still be asking. However as I was stopped from asking, and was made to just be happy with what I got and what happened to me, so I don't see the value in asking, so what is the point of praying, of asking God, when I can't even ask my parents.

*Mary:* And the point is that you are to uncover the truth of all of this through your feelings, all so you can understand more about your unloving relationship with your parents. And as you do, then you'll become

more true to yourself, so more truly how a child is, so free in your feeling expression and being able to relate freely to your Heavenly Mother and Father as you should have been able to relate to your mother and father.

*James:* So does it do any good – prayer for someone else? I have found prayer for myself, asking the Mother and Father to help me, has worked, something always comes of it, even if it's more bad feelings to express. And I have prayed to Them to help Marion, but I still feel it's none of my business to interfere with what she's going through. As I discussed with Jesus, that I might stop her feeling bad, and as that's not what she wants, as she's determined to feel as bad as she does so she can become true to her untrue state and so hopefully heal it, then not do it.

And then again she pointed out that God doesn't have to do what I ask Them to do. We can all ask, must ask if that's what we feel to do, but that doesn't mean we'll get what we ask for. I can ask her to do something for me yet she doesn't have to do it, and it's the same with God. Which I know is obvious, but it's amazing how when you start dealing with such things all through your feelings, you have to go over it all, even if you do think you know it, because there's always more to do with it. And as it's turned out, I believed if I asked someone to do something for me, they HAD to do it – even God. Because when my parents asked me to do it, I had to do what they asked. I couldn't say no. I tried and dragged me feet as much as I could, but still I had to do it; and do it their way, how they wanted it done, I wasn't free to work out how to do it for myself.

*Mary:* You only 'know' it in your mind James, it all being things you've picked up along the way and made into beliefs. You don't actually KNOW the truth that's resulting from your feeling acceptance and expression. So you're coming out of your mind and into your feelings, so you have to go over all the basics, breaking down your mind and moving to live it all spontaneously through your feelings.

*James:* But does it do any good, as I've not seen God helping Marion in response to my asking Them to. Marion never prays to Them to help me. She just knows my feelings are mine to work with.

*Mary:* It's because you're conditioning yourself as to what to look for as the answer to your prayer. As the Mother and Father have told you Themselves, They are helping you both to feel bad, accept those bad feelings, express them, and uncover the truth They want you to see resulting from them. So your prayers are being answered, as this is really what you are praying for.

*James:* Yes, that does happen Mary. I don't ask Them to take the pain away, I do ask Them to heal her. I no longer ask Them to make her or myself feel good. I long to feel good, and ask Them to help me with my Healing like you said, but I've given up just asking Them to fix me... however, no, that's not being honest... I do ask Them to heal me, to fix me, to stop me feeling bad and to take all my pain away, when I'm feeling very bad... but then I also ask Them to help me bring up all my bad feelings so I can express them and make the pain go away that way, when the truth comes and I no longer need it.

But Mary, what I was wanting to know, is, when I read of people praying to God to heal their sick mother for example, what happens then; and are those prayers beneficial or just a waste of breath, or something for the person doing the praying to feel good about. Just another way for them to deny their own bad feelings.

*Mary:* It's all again about the feelings involved James. Is the person who's praying doing so to make themselves feel better, to block out their own bad feelings? Are they praying wanting the person or pet



they are praying for to block out their bad feelings, and so deny the one they are praying for the ability of using their feelings in a true way?

The one thing through it all James concerning the Mother and Father is, in no way can you sway Them, They will always do what They want to do, and that will always be the best for all concerned, Themselves included.

*James:* Yes, I understand that Mary, it would be a poor show to think the Mother and Father would suddenly stop doing what They are doing all because I ask Them to.

So if I wanted to pray to God asking Them to help Marion because she is sick, then provided my desire is genuine, I can ask, then see what happens... or ask, not even expecting anything to happen.

*Mary:* You can do whatever you want to do James, but all so long as you keep addressing all the feelings that come about through it all. It is all ONLY about attending to your feelings all the time – I can't stress this enough; it's about feelings, not outcomes; fully embracing them, expressing them, BEING them; and longing for the truth you are to see from them. And you can of course ask the Mother and Father to help you to do this.

*James:* So it's not about the result?

*Mary:* No, it never is, that part is not in your hands, that's all God's business. Your part, which is completely respecting yourself, is attending to your feelings all along the way and uncovering the truth they are to show you. That's where you should be focused at all times in life. As to what happens or doesn't happen, there will be yet more feelings to embrace, express and uncover the truth of.

You were made to focus only on outcomes. And if you can see the outcome being negative (in your opinion), then what's the point of doing it. And yet look at all the life you've been denied, all the bad feelings.

*James:* Yeah I know, every day I'm waking up to that more. I'm slowly understanding that I have missed out on so much, because as you say, I believe the outcome will be bad so I avoid doing it. And as I am expressing my way along and just taking things one feeling-step at a time, so many things I couldn't see the point of doing because of bad outcomes, I can now see the point of doing, even if there is still a bad outcome, because everything creates feelings. And often the bad thing doesn't happen, which is still very surprising for me because mum and Gran said it would, but now I'm finally finding out for myself that that's not necessarily true. So often the thing Marion and I dread happening, doesn't happen once we've attended to our bad feelings properly. It's quite amazing actually how many times that has happened.

*Mary:* That's right James, mostly your world is outcome driven, with the desired outcomes making you feel better all fitting in with the expected outcomes of your mind, which is understandable. But the further you're moving along in your feeling acceptance, as bad as feelings make you feel, still you are seeing the value of them, even needing them to help you uncover the truth of your falseness and negative state.

*James:* Yes I am, slowly. I still want to block them out, that's still frustrating and Marion still has to pull me up on it, and I do find it hard to want to feel bad all so I can uncover the truth in me. I want to uncover it, but with good feelings, not always feeling so bad!

*Mary:* Yet it has to be through feeling bad James whilst you're of your evil state, because evil makes you

feel bad, it's unloving, and that's the truth of it you have to uncover for yourself. Because you've been programmed to wrongly believe being evil makes you feel good – when it doesn't. So all your so-called good feelings, whilst being good feelings, are all founded on untruth, and are really all designed to make you feel even worse. They are not based on genuine love, so you have to keep wanting to feel bad, or at least allowing yourself to feel bad when you do, all so you can look to those feelings to help you understand yourself, understanding what's really going on within you.

Evil is BAD James. The Rebellion and Default are BAD. And you are all living fully apart of them. So part of your life experience is to awaken to the Truth of Evil, the Truth of the Rebellion, and to know for yourself how being evil and rebellious does actually make you feel. And it should all only make you feel bad, because it is bad. So if you are feeling good being in a bad state, why is that?

*James:* Well Mary, I'm just going to do what you say. I am going to pray for myself and anyone else should I feel that's what I want to do, and then look to see why I feel that way and how doing it makes me feel. And even though I do of course want what I pray for to happen, still I understand all I can do is ask, the granting of my wish is not in my hands.

The other thing that occurred to me when I was speaking about praying to Marion was that the Mother and Father might like me asking Them for things, and to do things for me. I know at the Fishing Park with the little children, I loved it when they asked me for help or about things or whatever, I just loved the interaction with them when they so willingly included me. And I could see how much they loved and responded warmly when I took a sincere interest in them by asking them about themselves or other things. So perhaps God would like it to, and that by my not asking because I can't see anything happening, I am depriving Them and myself such a nice experience.

*Mary:* More feelings for you to explore James. It's about developing your relationship with God, yourself, and with Marion and even those little children. You are to explore it all, ask and see how you feel asking; don't ask, and see how not asking makes you feel. And always responding to your feelings: you might ask then not feel like asking; not ask, then feel like asking. All of which is life experience, all of which gives rise to feelings, all of which you and long for and uncover the truth of. These are the 'rules' of life you should live by James, and not trying to conform to 10 commandments while you use them to keep denying so many feelings and not capitalising on the feelings and truth that might come from them.

*James:* Mary I like how you don't just tell me the rules. For example: Yes, it is good to pray because...; or, no, it's not good to pray because... I do appreciate how you always keep returning to the feelings and encouraging me to work it out for myself through my feelings.

*Mary:* There are no such rules James, only feelings and responding to them, and growing in truth from your full expression of them. All the other so-called rules are mind-imposed, they are damaging and designed to limit your life experiences, and so feelings, by making you have to always adhere to them.

It's not for me or Jesus to tell you how to be James, I am not like your parents always telling you how you should be. I want you to work it out for yourself, there's no value in it for me to do it all for you. I have my own life to live, my own feelings to accept, express and uncover the truth of. I don't need to take over your life and do it all for you; it's your life as strange as that might sound to you, so it's all for you to do.

*James:* I wish you told that to my parents and they understood it. Or better still, I wish you and Jesus were my parents. I detest how my parents and so many parents just believe it's their god-given right, their

privilege, because they are the parents, to control their children telling them how they are to be all the time. I wish my parents had encouraged me to express my feelings and seek the truth of them, to find out such things for myself through my own feelings. Then I wouldn't be so fucked up and confused about everything.

*Mary:* And like everything James, there is no definitive answer to such things, as we are all always evolving and growing in truth. Truth is fixed and constant, however we are always evolving in it, we are always growing and advancing our souls in it, that being when you are striving to live true through your feelings. So as to your relationship with prayer, as with your relationship with everything, it's always evolving, so really there's no point in my just telling you a list of instructions about how you are to live in life. That, as you can see from the religions of your world, doesn't work, just as you are seeing for yourself from the instructions your parents and grandparents gave you that didn't work. Your parents 'religion' was a failure, it too like all religion being full of untruth all designed to limit you in your self-expression.

Life is not about locking it all down, ritualising it, and dogmatically going about it all, all according to the rules of your mind. It's a fluid feeling experience, it's dynamic, never stagnant, even when James like of late you've been feeling so bored.

*James:* I have Mary, and hating such bad feelings, yet within them I am still feeling and so moving as you say, that I now understand that even though I feel bored to tears so much of the time.

*Mary:* Rebellion is boring James, it's soul-destroying, non-creative, stultifying and when you are true to it, you feel as bored and nothing as you feel, because it's the Destroyer, it goes against all your natural self-expression by stopping you naturally express yourself. And that's how your parents in their evilness made you feel. So all how you are feeling is getting truer to how you felt with our parents.

*James:* Yeah, I know, I can almost 'taste' being back with them during such bad feeling times. And I had no idea I felt so bored with them.

Mary, thank you for your advice and insights again. I am looking forward to praying more to the Mother and Father. I can't even ask Marion to do anything for me, so asking is a big thing for me. I still believe I should be able to do it all myself, not having to need and be reliant on another person, mum being the last person; and yet ironically, I was totally, even more than most people with their parents, reliant on her to do everything because she did it all not allowing me to. So I believe I am to be as she was, doing it all; even though I'm not good at doing anything because she never gave me the chance to, always taking over. Fucked up is right!

So I can see how I'm denying our relationship by not asking, so it is the same with God by not asking Them – I just became aware of that as I wrote it.

*Mary:* And it's true James. I'll speak to you soon. Mary M.

## 90. Untrue and true feelings.

Wednesday, 1 January 2014

*James:* Mary, Marion was just saying that concerning memories of past good feelings, she no longer has any, because all she lived was untrue. All her good feelings have faded as the truth of her life when she

had them has come up.

*Mary:* It's what I mean when I say your feelings, good and bad, are all false and untrue whilst you're in your untrue evil state of mind and will. For how can they be true when you are not true! They are good and bad feelings, sure, but all relative to your state of truth-denial; so in that context, are all untrue, false.

When you are fully healed and so living true to yourself, so too will all your good and bad feelings be truly expressed – so be true.

*James:* And will we still feel bad feelings in our true states Mary?

*Mary:* It's possible, only not as you feel them now with them all being attached to deeply repressed bad feelings from your early life. Mostly you'll only feel better and better about yourself, completely true and perfect, and so knowing that all your feelings of love, truth and happiness are real and true. You'll truly be happy. It won't just be a contrived show.

*James:* Thank you Mary.

*Mary:* Anytime James. Speak to you soon. Mary M.

## 91. Relationship difficulties.

Saturday, 4 January 2014

*James:* Mary?

*Mary:* Yes James, go ahead.

*James:* I was just speaking with Marion about relationships and what I'm seeing about myself currently, and I wanted to ask you about it. It's still a bit confused in my mind, but I'll see if I can say what's on my mind.

Today expressing my bad feelings led me to see that really I am scared of Marion; completely, and so scared that I am terrified that as soon as I open my mouth she is going to growl at me, yell at me, scream and rage at me, criticise me, reject me, chastise me, tell me not to say what I did or not do what I'm doing, crunch me; and so much so that I feel like I'm going to die, be crunched out of existence. All being a great basis for our relationship! All projecting my fear of my parents onto her, it being them I'm terrified of.

And I think it's the same if I do anything near or with her, or even look at her, I am scared she'll react in the same unloving way, which always all amounts to my getting the brick in my face, that experience always comes back to mind and all the problems it caused me when it happened at the kinda all those years ago.

It was something of a shock today seeing that I am terrified of being hurt, not so much physically, but emotionally and spiritually, by my wife. The one person in the world I think I love and want to be with, share my life with; the one woman I chose out of all other women, I'm the most afraid of. I mean, how fucked is that!

And as I said, I can see that it's not actually Marion herself that I'm scared of so much, but it's mum,

dad and Gran who I'm projecting onto her that I'm scared shitless of. But still, it doesn't do much for our relationship.

*Mary:* Oh but it does James, it does a lot, because you are coming out, you are becoming truer to what you really do feel. And Marion understands that it's not personal, it has nothing actually to do with her, it all having to do with your parents. Yet still, Marion has all the patterns in her that make you feel bad. She actually has all the opposite patterns to you, so as you express yourself and interact with her, she reacts accordingly expressing her patterns, and because they are not actually as your parents patterns are, so you feel bad, because Marion actually isn't doing to you what your parents did to you. She is only being something like a mirror to you, reflecting yourself back to you, so she is not actually making you feel bad, you are yourself, you are making yourself feel bad by using her to do so. All to keep fulfilling your negative patterns established between you and your parents.

*James:* You're making my mind hurt, it's twisted up enough as it is Mary! I feel demented enough all the time, but I think I get what you're saying. So I have all my unloving patterns still in me, and everywhere I am and in every interaction, I'm not really with that person but still back with my parents. So I actually expect Marion to treat me as my parents treated me. But she doesn't because she's not them. So then I feel bad about that because I can't slot in pretending I'm alright like I learnt to do with my parents. So in fact I feel bad. So in fact Marion does make me feel, or helps me feel how it actually was with mum and dad, as they did make me feel bad and I can't pretend otherwise.

*Mary:* Yes that's right. So in a negative way Marion is giving you what you expect by making you feel bad, and as you use these bad feelings to lead you back to your parents, sort of like going back and being face-to-face with them, so you can see what is really going on between you both – how they really treated you and how it made you feel.

*James:* So I met Marion thinking that my relationship was about one thing, and yet it's turning out it's about something else altogether. As she maintains, we're in a Healing relationship, not one based on all the usual love stuff. So it's wrong of me to look at it in the light of a regular relationship, because it isn't.

*Mary:* You looked at it wrongly because you were living against your soul. And now your soul is bringing you back to the truth, and so you're seeing the truth of your relationship with your parents through Marion, with her help. So today you felt very scared of her when you spoke, and as you expressed your fear you can then feel that was actually how you felt with your mother, and really you don't know how you feel speaking with Marion because you're so highly conditioned by your relationships with your parents. It's always your mother you're still with, and not really with Marion at all.

*James:* 'That's right, and even more fucked! The further I go the less I know what I feel about her, about anything to do with myself or my life. It's almost even as if she doesn't exist, that I am still only with mum back during my childhood – which really makes me feel weird.

*Mary:* Yes, because it's ALL to do with your parents, all as it was as you were forming, and there's not been anything else, all other people just being there allowing you to delude yourself that you're no longer with your parents, but the truth is you are still with your parents and not with anyone else.

*James:* Oh god, that's a horrible thought. But it's true what you say, that much I've been feeling and

becoming more aware of these past couple of weeks.

*Mary:* So the more true you become to your bad feelings, the more you'll be able to express to Marion just how you feel about her, which is not really her, but your parents. But you have to use her, you have to direct and express all you're feeling to her, staying focused in the feeling-moment, so connecting with her; and the truth will surface that it's really your parents you are still with, as you're taken back through your feelings connecting back to yourself being with them. But you have to stay in the present with your feelings to keep directing it to Marion, seeing how Marion is making you feel and how you feel expressing yourself to her. You need her, she representing the world, and your new world, a new one outside of and so separate from your parents world, to give you feedback, to throw it back onto yourself, all so you can become more self-aware, and so individualise, bringing your true personality out, which your parents stopped you from doing.

*James:* Yes, she keeps doing that. I do tend to want to skip her and do it all directly with mum and dad, but I can't actually do that, that then is allowing my mind to step in and take over, and I lose the feeling connection. So I have to keep saying all how Marion is making me feel to her, all when it's all nasty horrible stuff, and at the same time seeing it's really mum or dad or Gran or whoever from back then, and I can feel this ensures I'm still bringing all those old bad feelings from way back then, up and out and into my present state, which is purging them from my soul.

*Mary:* That's right James. You are not to go back and be the little child that you feel you still are, you are to be an adult man, but simply getting back in touch with all those repressed childhood feelings and bringing them up into your adult life, all so you can then understand by using your adult mind, what they are all about, the truth they are wanting to show you about your relationships with your parents and family during your early years. So you have to keep focused on Marion, expressing to her all she is making you feel, all whilst at the same time in answer to your longing for the truth of these feelings, you are seeing that it's really all about your parents.

*James:* So Mary, by marrying Marion, really I am 'marrying' my parents (another horrible thought!) never actually getting away from them.

*Mary:* Yes. However mostly for other people it's not all their parents, as Marion is for you James, but certain aspects of their parental relationship they might be connecting with in their partner. But for those people who want to do their Healing with their partner, both parties being fully committed to helping each other, then you will both represent each others parents for each other, as it is with you and Marion.

So you both very quickly found that you weren't wanting to be together because of any deep love you had for each other, but for more spiritual reasons which have since come to light. So you both agreed that you were in more of what could be called a working relationship, helping each other to accept, express and seek the truth of your feelings, and see what happens. And to not worry about love, or even the lack of it, just to keep going expressing all you feel and see where that takes you.

*James:* Marion's led the way in all of that. I feel so mental about it all so much of the time now, I don't even know if I do want to have a relationship with anyone, Marion included. But as yet I can't leave her, so we keep going, my still being bound into her by my childhood patterns as I was bound into mum and dad. Marion says we have to work at bringing out how we don't love each other, because how could we when we're both so fucked! It certainly is a different way of having a close relationship, trying to be as

unloving as you feel with each other, rather than the other way round.

*Mary:* And you only don't know what you feel about it all James because you're parents interfered too much with you, not allowing you to know what you felt about yourself and them. So with one lot of feelings you want to scream and rage at Marion (your parents); then with the next lot, leave her (leave your parents); then, never leave her (never leave your parents), and on it goes. It all being how it was with your parents during different ages and stages of your development. And you have to work it between yourselves, the interaction as you express all you feel to each other being all it's only ever about.

*James:* And overall I couldn't leave them, just like I can't leave Marion. I'm too scared as to what might happen to me, that I'll be lost, crawl up my own arse and disappear, I don't know what to do. So I just stay feeling like a demented idiot because of not knowing what I feel, and we sort of get along, really we get along well enough to do our Healing together; and as everything is too fucked anyway, we feeling too incapable of doing much, so the idea of actually having to separate, it's just too hard. And we thrash it out and come back around to remaining together because we're helping each other do our Healing, and that's only what our relationship is about.

*Mary:* So you keep struggling along expressing your feelings the best you can and see what comes of that, see what truth comes up in you. And really James, that's all you can do, and that's all that's needed to be done by both of you. It doesn't matter about love, not when you're both existing in an anti-love state, so there can't be any real or true love between you anyway; so it's best not to worry about that – or if you do, then express those bad feelings. It's best to just keep going: you feel this now, now this, now this and now these feelings, and that is your relationship, your ongoing expressing yourselves to each other.

*James:* Yes, that's how Marion sees it, that's how she's trying to get me to be. Or rather, not actually trying to get me to be anything, even though that's how I wrongly think it is, but she's just telling me how she'd like me to be. Or not even me, but someone who does love and respect her, someone who is considerate and genuinely interested in all that she is, and someone who does want to hear every feeling she feels she wants to express.

It is all slowly getting ground out of me, all what I think our relationship should be. I get so caught up in the mind stuff, trying to work it all out.

*Mary:* And as Marion says, it's not about that, it's only about expressing your feelings – nothing more.

*James:* Yes, every day she reminds me; every day it comes up because I'm not just staying true to my feelings, I'm off somewhere in my mind not truly relating to her, which is not fair on both of us.

Mary, I'm getting tired and I can sense you wanting to end it here, so goodnight and thank you again, and I'll speak to you soon.

Mary: Yes, Jesus and I have to attend to something else. Bye James.

## **92. Mary and aliens.**

Tuesday, 7 January 2014

*James:* Hello Mary?

*Mary:* Go ahead James, I'm here.

*James:* Mary, having asked Jesus about this before, this time around I thought I'd ask you. It's come up again, the notion about aliens interfering with us as it seems to be growing in popularity, almost reaching fever pitch at times, and sounding like something is about to break, being right on the threshold of a major revelation or confession from someone in the know, some government authority coming out and declaring it's true, aliens are interacting with humanity, and have been doing so for many years, if not always; and there being good and bad aliens.

Specifically I was reading about people in even quite large groups, up to twenty and thirty in number, disappearing in public forests in America (and where else would they disappear when it comes to such weird things!) And speculation that those people are being taken underground to alien Grey's bases to be used as food for the aliens or subjects to be experimented on or whatever they'd do with them.

*Mary:* And you'd like me to tell you if there is any truth to it?

*James:* Yes; and if there is any truth to any of it. And if not, why all the intense speculation about it. As I said, Jesus has spoken about this with me as you know, but I'd like to hear what you have to say about it.

*Mary:* No! James, straight out I will tell you the same as what Jesus told you: no, there is no truth to it and humanity is not being interfered with by any alien races – never has and never will. Only higher spirits have interfered with you, and only the mind spirits continue to interfere with you. And everything that is attributed to aliens of any description can be attributed to secret goings on by governments or mind spirits. Some governments want to create the illusion that anything odd can be explained, or at least suspected, by their being some sort of covert alien influence going on. So it's the governments (or other people) doing horrible things, doing experiments on people in secret locations and the like.

*James:* Which does go on?

*Mary:* Yes, terrible things go on James, yet it's all home-grown you might say. And it's all going to get exposed, humanity has to be shown up for what it truly is and there will be such shocking 'disclosures' that will cause much pain in a lot of people.

*James:* I don't even want to think about it, we're horrible enough as it is with all I can see.

*Mary:* I understand; however what you can't see is very dark and it has always been going on to some degree, the depraved side of humanity's evilness always needing some expression.

*James:* Yes well I can see it would be easy to create the aliens as some sort of scape goat and distraction.

*Mary:* Yes, but as I said, it's all going to be exposed, that's what we're all waiting for, the time is coming. It's not time yet, but all will be made known; and as I said, many people will be so shocked this being part of the pressure coming to bear on humanity that we spoke about whilst writing my comments with you on *Revelation of the Bible*.

*James:* And Mary, what about UFOs, as in spaceships, Jesus said they have come and visited us, but have



any of them really crashed?

*Mary:* They do periodically visit you, but as he said, they keep their distance and don't allow themselves to be known to you, just as it is with so many unseen spirits being right with you in all you do and you mostly being oblivious to their presences. Those so-called space ships are all things you are 'meant' to see, and things being created by the same sources, governments, secret societies and corporations or the mind spirits. As Jesus told you, it takes nothing for such spirits to project such images onto your mind, cameras and recording devices, so you 'see' or 'hear' the aliens and their spacecraft; just as it's easy to make you believe in dreams you are being visited by such aliens doing good or bad things to you; and it's no trouble for governments to engineer such 'crash' events, even in foreign lands to confuse the 'enemy'.

*James:* So really it's probably true, a lot of what I read in the alternative press concerning all the odd and secret stuff being attributed to covert government agencies?

*Mary:* Yes, some. Leaks occur, that's all part of the natural way of things as it all involves people, and no matter how much you might threaten some people, they will still leak the information. But also of course there is a lot of misinformation and untruth as that area is ripe for anyone making up anything for whatever they believe they will gain from it. And so to be able to be discerning and pick your way through the untruth looking for the truth, that I feel James is not for you to even consider or worry about.

*James:* Yeah I know Mary, I wouldn't know where to start anyway. I'll just stick to trying to understand it all from a spiritual point of view, but it's good to hear what you and Jesus say, and to feel it more so when you are telling me.

*Mary:* And there is going to be a lot more speculation about such things James, it's all only just beginning, humanity will be awash in certain areas with such things, some true, some with only a hint of truth and much untrue. The end of Jesus' and my age will see an increase in spiritual light bringing about all I've said which will occur crossing over into the Avonal Age. And as the spiritual light intensifies, so it's going to bring to light a lot of the truth, so much of what has been hidden will be exposed. Little things are happening now, but mostly they are still being coordinated by the powers that be, but in time those powers will start to lose the control they have enjoyed and then things will open up.

And you understand James, everything is controlled on some level and by a group, groups or individual, it being how you all live, all being controlled initially by the Lucifers, then Satans, then Caligastias and Daligastias, and now by your own kind as in the mind spirits, just as it all starts with your parents control. You are all controlled, it being all what living in the negative is all about, all varying levels of control, and all starting off and being manifestations of parental control. And that's where it all begins and ends now James, now that the Evil Spirits have been removed.

And what's personally important for you to keep doing is expressing all your anger at such control in the world and by the world, and at your parents, as it comes up. Marion doesn't have such patterns within her so she doesn't understand why it interests you so much being so concerned about what the world is doing, but she will understand why it is this way for you as you bring to light the reasons within yourself through your feelings.

*James:* Yes Mary, I understand that I am pressing on, it's for me, not for her, and I am going to bring it up as you say when I feel angry like I did this morning. That was good to get all that off my chest, not even

knowing it was on my chest; and I feel all the better for it understanding more about why it is that I'm interested in all this hidden control, as I come to see how controlling Gran was behind the scenes, she being the arch manipulator that's stuffed me up so much. She's like the unseen evil spirits controlling things, because I have no memories of actually being with her and being subjected to her control when I was very young, but now my Healing is leading me through my feelings to reawaken such feeling-memories. And I'm coming to see more clearly that how it is on my inside, is how I see and hear and project onto my outside, outside into the world. So I can use all I feel about the outside, the goings on in the world, to help me understand about all my inside, all my forgotten goings on from my early years.

Mary, would you like to say anything more about the aliens and so on, as I've asked you all the questions I wanted to ask?

*Mary:* No James. Jesus and I will of course 'be in touch' when things start to unravel and become more apparent as to what's really going on behind the scenes, and we'll be able to help you understand more then.

*James:* Okay, that sounds good. I'll go then and speak to you soon. Thank you again.

*Mary:* Bye James - Mary M.

## 93. Adoption.

Friday, 10 January 2014

*James:* Mary, I've been thinking more about parenting and adoption, and how there are so many unwanted and rejected babies and children arriving in the Mansion Worlds every day, offering many further parenting opportunities for those spirits who were parents on Earth, and new parenting opportunities for those who weren't parents. And really, does it matter whether or not you are parented by your biological parents, it all depending on whether or not your parents love you.

*Mary:* Yes James, I've been following your thoughts, adding a bit here and there which has made you want to write with me about it. And as there's no need to repeat what we've talked about regarding such children and their arrival in spirit, I'll lead you into other areas.

I want you to understand that owing to the immense population on Earth and the sheer volume of unwanted foetuses, babies and young children, and because when so many people move into the Mansion Worlds, being so happy they feel young and alive again with a whole new life and not wanting to tie themselves down with childrearing, there is a overabundance of these unwanted young spirits having to be nurtured in communal nurseries. So this adds further to these rejected spirits feeling unwanted, neglected and uncared about – that they don't matter.

*James:* I can understand Mary, with so many people feeling and believing they have to live life a certain way, which is not really as they'd choose to, it being imposed on them by society and all the standard expectations, and then when it's all finally over, and being free as you say in a whole new life that has none of the trials and difficulties of the physical, the last thing I imagine you'd want to do is tie yourself down again with spirit children. However I can also imagine that a lot of people moving into spirit would feel unhappy about not having being parents on Earth for one reason or another, and so would find

happiness finally being able to be parents in their new spirit lives, but I'd reckon that would be a minority compared with those people who have been parents. And then of course they'd be those people who love being parents and so would be overwhelmed with joy in the afterlife of being able to continue on amassing a huge family. And as I personally have never wanted to be a parent, and unless some major change occurs in me between now and my death and arrival in spirit, I can't see myself wanting to parent in spirit either.

*Mary:* It is as you say James, the majority of spirits want to live their new freedom doing what they've always wanted to do, and opportunities to do so abound in the spirit worlds. And comparatively few want to restrict themselves with children especially as they feel they've already done that and can't really see any further value in it, all because they missed the whole point of being a parent, because of not being in a truly loving and positive mind and will state.

*James:* Can you elaborate on that please Mary – missed the whole point?

*Mary:* In your negative states and being unloving, you can't fully enjoy the true love from your child nor enjoy giving your true love to your child, it's as simple as that. It's all perverted, corrupted and damaged how you love, what you call love, how you parent, what you call being loving parents. So parents go into spirit having been a parent not understanding that it wasn't as it should or could have been, had they been true and perfect and of a positive mind and will. So really you could say, which you just thought James, that they've only experienced being a parent in an unloving way, and being a parent in a truly loving way awaits them as a completely new experience, should they wish to take it as they parent doing their Healing.

*James:* Can Celestial spirits be spirit parents?

*Mary:* No. Once you've ascended out of the Mansion Worlds, you no longer can adopt spirit children. However, if people on Earth are able to do their Healing and are young enough still to have children, then as Celestials on Earth, being of a Celestial level of Truth, they can have children.

Spirit Celestials can be 'part-time' parents so to speak, not full parents. They can visit spirit children and have certain influences on them, but not live full time with their 'own' children. And children can't move into the Celestial spheres until they have completed their Healing. And this 'part-time' parenting will increase as the Healing spirits start adopting and bringing their children into the Divine Love feeling worlds. And so the more the Celestials have to do with helping specific spirit parents doing their Healing, so they will also have a lot more to do with those spirits' children.

*James:* And will such perfect Celestial people who've completed their Healing, still lose children?

*Mary:* Yes, there is always a percentage that have children but won't parent them, those children needing to have other experiences in the Mansion Worlds as they grow up with spirit parents. However those spirit children will not feel unwanted or rejected should they come from such healed parents, and so will be adopted by the spirits doing their Healing, who'll be able to maintain such good loving feelings for them.

And it's conceivable in time that Celestial spirits will be allowed to move into the upper Seventh Mansion World able to parent such perfect and true spirit babies and children coming from Celestial parents on Earth. However that waits to be seen, it's a way off yet. Other things have to happen first

that would determine such events and changes as to what the Celestial spirits can do.

*James:* And presumably in future after the Avonal age and without the inclusion of the Divine Love, those people who do their Healing and lose children will know their children will be readily looked after in the Feeling-Healing sectors by spirits of the same level of truth as themselves.

*Mary:* That's right James. For now and through the next age, the Celestials will be able to help those spirits still doing their Healing in the Divine Love Mansion Worlds as the Divine Love will continue to be made available to such healing spirits and people on Earth who long for the Love. But once the Avonal's age technically finishes, no new people or spirits will be able to receive the Divine Love and begin their Healing with it, as it will be withdrawn. The Celestial spheres will technically be closed, so the Celestials won't be able to move into the Mansion Worlds. It's important through this time that the Mansion World spirits have it all to themselves, to either do their Feeling-Healing or continue on in their rebelliousness.

*James:* Mary, I was thinking what happens if all the so-called End Times things happen and there's a swift decline of people on Earth... but then there's no need to say what I was going to say because there'd be all those people in spirit, more than enough to cope with the lesser numbers of future babies and children coming into spirit due to Earth's reduced population.

*Mary:* Yes, and through the Avonal age things will balance out more or less as people will not want to have as many unwanted children. As part of the psychological changes that are to occur, people will not be having children for the same reasons they do now, so there won't be such a grand plan to populate the Earth whilst you can't even feed and sustain yourselves. The folly of such ideas will be seen for what they currently are, with the emphasis being more on the quality of life, and a lot more focus on 'getting back to nature', yet still in a progressive material way. Fewer people will want to confine themselves to being slaves to the commercialism and materialism that currently exists, with no desire to live crammed into nature-denying cities living unfulfilled lives of chasing the dollar. The changes will be severe enough to show humanity the current way of life does not do anything good for anyone, even for those people who feel successful in it, they only destroying all the good and true enjoyment that could come from a more down to earth and real life.

So with fewer people, and then with those people moving into spirit, they will want to adopt all such babies and children having enjoyed a more happy and fulfilling family life when on Earth, even those people still well entrenched in their negative states. So the current prevalence of spirit baby nurseries and the Mansion World equivalent of institutions for the masses of unwanted children will diminish and eventually cease to be.

*James:* So all those unwanted babies and children really are the sign that we're not loving. That we end our lives with the last thing being that we want to keep 'having to look after children'.

*Mary:* Yes, if you could see the overall state of affairs and just how few spirits do personally want to parent in the spirit worlds compared to the continual and increasing numbers of newly arriving unwanted young souls, you'd see the full extent of humanity's unlovingness. Because were it loving, there'd not be one little soul left unloved, humanity would abhor and detest the notion of anyone feeling unloved, and would do all it could to ensure all such little people and spirits were wanted, loved, and felt like they mattered. However sadly you don't feel such love because of your condition, and so can't make yourselves be what you are not. So many people feel so free when they arrive in spirit, free to do all those

things they've always dreamed of doing but which their children prevented them from doing... and free to busy themselves indulging in such pursuits, without any desire of being a parent again, parenting being for many such spirits something they would rather forget.

*James:* But everyone says they love their children and being a parent. (I know that's not true, but I want to see what Mary would say.)

*Mary:* And they all live in their contrived fantasies James, but in their new spirit lives such fantasies are harder to maintain, and they adopt and create new fantasies, more often not including children. And spirit children are easier to look after in the spirit institutions, in spirit generally, so a lot of spirits don't feel sorry for them living in such places. And nor do a lot the children living in them, they relishing their spirits lives with all their spirit friends, being like one huge family.

There are of course a lot of people who do genuinely love their children and love having children around, however a lot of people will be surprised when they arrive in spirit and have to face the truth of what they really felt about being a parent and having to be tied down with all that responsibility, and how much they had to deny, when really they'd rather have been unencumbered. A lot of people James reading this will probably not like what I'm saying, but that can't be helped, for when they come to do their Healing, then they will feel the truth for themselves. The truth arising from their Healing is all that matters, and humanity will find that it's hiding a lot of truth from itself, preferring to remain in its fantasies and illusions of love.

*James:* Mary, why do you want to tell me all of this – about what it will be like in spirit?

*Mary:* Because you want to know it James. Also because it will help people to think more about such things, which will help them move around and beyond their limited understanding of life and life after death, and even help them think about what the future might hold. It will help people open up their minds to new alternatives, all that being part of, and so representative of, what's to come in the next age.

*James:* So Mary, all children, babies, foetus that arrive in spirit, even if through what would be called natural causes, will, because of simply being born during yours and Jesus' age, feel rejected on some level?

*Mary:* All children do James, whether they remain living on Earth or move early into spirit life. You all feel rejected, as I've said, as you're all inducted into an evil, truth-denying and so love-denying, life. So everyone will when they come to do their Healing, if they don't already feel such bad feelings, have to embrace, accept, express and uncover the truth of feeling rejected. As we wrote together James in *The Rejected Ones*, that is the truth of you all. And it won't be until humanity has fully healed itself, and everyone is a positive mind and will, that everyone conceived will feel fully loved by their parents, because all parents then will be truly loving. Only Celestial parents will truly parent loving their children with the pure and perfect truth they are living. They having perfect and true children being free of the Rebellion and Default. And when this happens on Earth James, then there really will be cause for Celebration.

*James:* Feeling rejected is this pain that Marion and I keep feeling; a deep heartache and a deep feeling like we're not right, will never be right, that we don't matter, that nothing good will ever happen, that we'll never feel loved, have never felt loved, and we're all wrong, and what's it all for, will persist; no one wanting us as we are, that we're all alone, feeling so unwanted and uncared about. It being the pain of all that you're saying Mary, the pain of feeling so unloved, all resulting from being conceived into evil.

*Mary:* Yes James, and that pain will stay with you all through your Healing as you get to know the truth of it.

*James:* But what about those people who don't feel it, surely most people must feel good about themselves and their lives, or everyone would be so miserable and unhappy that nothing would work.

*Mary:* It's all in their mind James, how they were parented, all to give them the illusion that they are all right. But how they conduct their lives, what they view as important, what they think and feel, if you knew what to look for, you'd be able to see they are just hiding the truth from themselves. And when they come to do their Healing, they will be taken by their soul into such bad feelings so they can learn all about them, accept they have them, and uncover their truth. Everyone will in time have to come to terms with that feeling of feeling unloved, that terrible feeling they carry in their heart and soul... and all the bad feelings that arise from it.

*James:* Yes, I think I'm going to focus more on it Mary. I have thought it would diminish as I progressed in my Healing, only it's getting, not so much stronger, but clearer; so I think it's time I pay more attention to it, to what it really is, and what I do feel about it and how it makes me feel. How it makes me feel feeling so unloved by my parents and the world, how being in the world is not a loving experience. I don't find anything of my life loving, and I'm certainly not loving.

*Mary:* I'll leave you with those thoughts James – Mary M.

## 94. The soul keeping the body healthy.

Friday, 10 January 2014

*Jesus:* Hello James, Jesus. You were intending to speak again with Mary, however I thought I'd say hello, as we've not spoken for some time.

*James:* Yes, hello Jesus, it's great to 'sense' you again.

*Jesus:* And you wanted to talk about something you were just reading, how certain foods will combine with heavy unwanted and poisonous metals ridding the body of them through natural evacuation.

*James:* Yes, a guy has been doing some experiments seeing how effective some foods are at ridding such things like lead and mercury, but he's having difficulty apparently trying to find natural foods that can rid and so protect the body against harmful radioactive elements, such as the ones spewing forth from the radioactive water and gases that are going into the atmosphere and Pacific ocean because of the Japanese nuclear disaster Fukushima.

*Jesus:* Yes, well as we've spoken of before, the soul is more than capable of ridding the physical body of any harmful substances should it be required to do so. It can alter the auric system or call upon the help of one's Indwelling Spirit and guardian angels to take care of such things. You've had such experiences of this James, periodically your stools being so heavy and sinking as if they contain lead weights. That's

the sort of thing that can happen, and on all levels. Essentially anything that is ingested by the body or put into it can be removed by it should it be necessary and with a little help from spirit. Even severe cases of radiation poisoning can be rendered harmless, the effects reversed, whatever is required, as I said. However, for the most part, the soul also allows and supports such poisoning and also death from it, all to give you the desired negative or unloving experience you require whilst you want to remain in your unloving states of mind and will. And those people who do their Healing, as Mary and I have encouraged your readers to consider, will find that as they progress in their Healing, then less and less will they need such bad things to happen to them as they heal themselves of their unloving state. You've found James in your Healing that although bad things still happen, they are very minor now compared to what they were when you first started, and often are of themselves not even bad, such as your new car getting scratched, but it's all how that makes you feel that's important.

*James:* Our new car getting scratched is not important – Jesus, what are you saying! What could be more important than our new car staying in pristine condition forevermore! Isn't that what it's all about?

*Jesus:* Your soul is the only part of you that's all important James, as you know. And the condition it is in will be reflected by your spirit and physical body; and even more so your spirit body than the physical, for you don't need to be a continual youth with a good body to feel happy within yourself – happy within your soul. And so your soul orchestrates your car to be scratched to make you feel certain feelings – it all being part of your experience you currently need. And all to show you that such things are not important, as one day your car will return to its component elements, whereas your feelings, as transient as they might seem to be, are the expression of your personality, so vitally important. And without feelings you'd not grow in truth, so you'd never ascend to Paradise, doomed to stay hoping your car never gets a scratch on it!

*James:* So you mean when, or rather, if, I finish my Healing before I die, I won't have the body of a sixteen year old... that's a bit of a bum.

*Jesus:* You'll remain an old codger James, yet one that feels happy in his soul.

*James:* So my body will be falling apart, and at least I'll feel happy.

*Jesus:* You'll have to wait and see how it will be for you and Marion; we're all waiting to see how it will be for you both, for no one has as yet healed themselves of their evilness whilst still of flesh.

*James:* And you reckon we will finish it, that I still find hard to accept as much as I want to believe it, because I still feel I've got a million things wrong with me and so much repressed anger and yuk in me still to be liberated. Surely I'll be dead before it's all come out of me. I'm currently, with Marion's help, accepting that my Healing *is* just my life, it possibly going on for many more years, even hundreds, and maybe it will never end.

*Jesus:* It is all coming out James, however we can't tell you anything specific about how long it will take you.

*James:* Yeah well I hope it is all coming out. And I understand you can't say anything about the time; and really, as much as I would love to know it will be over soon, still I appreciate the value in not knowing, my

mind can't lock onto that as yet another escape. By not knowing the end, I have to come back and stay focused in the present.

I'd like to talk more about it Jesus.

*Jesus:* Yes I know, but I have other things I'd like to tell you about. I want to say that all Mary has told you I concur with. I know you know this, but it's for the record. As you understand, potentially lots of people will take what you've written and do things with it; but at least for us to say it, then those people who want to keep it as true to what you have written will need to hear such things, and be able to cross reference them.

*James:* I have no idea about that Jesus, so if that's what you want, of course that's fine by me, I want you to write whatever you like 'through' me, with my only worry being of course that I'm blocking and interfering with what you and Mary might really like to say.

So will people mess around with my writing, mucking it up as they do everything else... I guess it's to be expected.

*Jesus:* Some people will James, they will try to use parts of for their own gain, for power and control over others.

And as we've told you James, you've got nothing to worry about so far as interfering with or limiting what Mary and I might want to say to you, because it's all coming out one way or another. And the details are not so important as the ideas, truths and understandings we want to convey. Humanity will evolve the details into place as it heals itself, so there will be plenty for everyone to do as they work through their Healing. And some of what you will say and write will need to be altered (updated), as it will be understood that you said and wrote such things in the limited context of your growth and Healing, but you'll always be able to show people that there is more, and more will certainly come if they look to their feelings for their truth.

*James:* I'm very hot at the moment Jesus, so I'm sorry for stopping and starting, I have to wash my face and get some water. It's our first summer hot spell, with more to come next week so the forecast said, a bad heatwave engulfing many parts of Australia, and unfortunately causing many animals and birds to die – fruit bats dropping out of the trees in southern Queensland and dying because of the heat. And then in parts of America they're freezing setting new cold temperature records. It's global warming one moment, global cooling the next, I can hardly keep up.

*Jesus:* As Mary's been telling you, it's going to keep getting worse, and I'm afraid nature will suffer quite a bit, however it's all still within the natural order of things.

*James:* Well it has happened in the past, and the natural order is... natural. But it's just that with all our interference, surely it makes things all the more difficult for the creatures, that's what I don't like.

*Jesus:* Yes James, it does, but that too can't be helped. It's where humanity is being taken by the Mother and Father. And it's all for the good of everyone involved in the end, even the creatures and all of nature and the Earth, that much you can be sure of, even if you can't see it or understand it for yourself.

*James:* Intellectually I understand Jesus, but it's hard to see the suffering happening right before your very eyes and being unable to do anything about it. Marion and I have vacillated between hating dog owners,



to only hating the ones who let their dogs off the leashes as they chase the birds and wallabies; to not hating them, the dogs or their owners; to hating them and not hating them; and now we've both come to feeling just how wonderful the dogs are, as they are dogs, a creature; and as far as humanity goes, well we're all fucked; and unless one is like you or Mary who can see deeper into the soul and feel the inherent love and good that might be hidden and suppressed within our true selves, it's sure is hard work having to be with people.

*Jesus:* All part of the struggle James, the struggle of self-liberation, liberation from the self-hate you feel and project onto everyone else.

*James:* Yeah, that's the horrible part of it all, I can't just keep it focused on myself.

*Jesus:* And you're not meant to whilst you're not focused on yourself, so you hate everyone else expressing those bad feelings as you do, whilst longing for the truth of them, and the truth leads you back into yourself.

*James:* Was there anything else you wanted to say Jesus?

*Jesus:* No James, just to have a chat with you about whatever comes up, all so you can feel and experience my presence. You need it from time to time to balance Mary, although you're needing it less and less.

*James:* Currently I am feeling more drawn to just speaking with Mary, I find her very soothing when she 'writes' through me. And it's so easy to do, even easier than with you Jesus. It is easy now with you, but you're still more a bloke, and well you know...

*Jesus:* I do, and I connect differently with you being male to male. And your relationship with Mary has another whole aspect or dimension to it, which we've touched on with you concerning you allowing her to express herself – that which she wishes to say, which people back during our time on Earth didn't allow her to say. And as you allow Mary to do this through you, so you're also allowing Marion to do it, and then also allowing yourself to do it, so you're working on the physical and spiritual levels of accepting the Feminine Aspects and Principles of Truth. I said all I needed to say when on Earth and then following up with James Padgett, so really there is no need for us to converse so far as the Masculine Aspects or Principles of Truth are concerned, however I am coming to you more as a friend and also to help give humanity yet another 'feeling' for me through your work. And to support and balance Mary's light with you.

*James:* I see what you mean, and I hope it allows people to gain more of a feeling for Mary and you.

*Jesus:* And for yourself and Marion, James. All things being considered within the limitations of the written word.

*James:* Yeah, and my writing of the written word, my bad self and English expression. Daily I am uncovering just how bad my communication is, it's incredible that I can have so many things wrong with it, so many little things all of which I have had no idea existed, and yet when they come to light – again all and only thanks to all Marion's constant attention to me and all the help she gives me pointing out all that's wrong with me, as much as I hate seeing it all, they are huge things and all so obvious. The

complexity of all the psychology; and no sooner have I seen yet another thread of confusion that I am, and I forget it, as I'm onto the next one. If you asked me what did I go through yesterday and what truth did I uncover, I'd not be able to tell you, other than to know that it was my usual daily quota, so a lot. Everyday is a 'big' day, always more truth, insight and understanding coming up through my feelings, and always more bad feelings.

*Jesus:* You don't need to remember it all James, as Marion tells you. It's all within your soul, and that's all that matters, it's all part of you, your life experience and so your truth, and it all makes you be the person you are, the person that is coming into Creation. And should you need to bring such things back into your awareness or consciousness, they will come and be there, it all being easily done by your soul. As Mary and Marion both keep telling you, all you need to do is keep focused on trying to express all you feel and long for the truth of those feelings, and all the rest will take care of itself. In fact your whole life will be taken care of, and you'll know what to do and when to do it and why you want to do it all through your feelings; and you'll see just how difficult you've made it all be for yourself by controlling every part of it with your mind.

*James:* I am seeing it more clearly, and wishing I could get my mind totally out of it, but it's a slow process, and one I certainly can't control or speed up.

And Jesus, Mary said you didn't want to add anything regarding commenting on Revelation from the Bible?

*Jesus:* No James, all Mary said is enough. We'll still be imparting to you bits and pieces as you progress further in your Healing, but there was no need for me to be directly involved in that work. And as I said, it's important for people to relate to Mary as a person, a spirit, a personality in her own right, and one that is more than capable of standing on her own and delivering all the necessary truths humanity, and indeed Nebadon, requires from her. And that she is not dependent on or subservient to me, that I am not the dominant one in our relationship. She is the Mistress of our universe as I am the Master, and we're completely equal in all that we do. So all that people give to me and focus on me they should also give to and focus on Mary.

*James:* All the time you mean?

*Jesus:* Yes. And if they open their hearts and minds to Mary as they do to myself, then they'll be opening the way for themselves to connect with our Spirits of Truth which will guide them through Nebadon and on towards connecting with their Heavenly Mother and Father on Paradise. So it's good that Mary can demonstrate all she does with you James and without my disturbing that, which is why you're feeling more drawn to just writing with her.

*James:* I have up until lately had you both sort of divided up, I will speak to Mary about those things, things mostly to do with the Healing and feelings, you know 'women's business'; and with you about the worldly things – men's stuff. But working through Revelation with her helped me to break that down within myself, now I feel happy to talk to you both about anything and everything; with you about the Healing and Mary about UFOs and anything else in the world.

*James:* Which is coming about as you're uniting the masculine and feminine within yourself James, that which Mary and I are symbolic of. You are exorcising out of yourself, your unloving and untrue

relationship with your mother and father, able to more freely relate to us, together with the Mother and Father, yourself and Marion.

*James:* Now you put it like that, yes, I can see that is what is happening. I guess it's been happening all the way along, only it's becoming more apparent now if I look at my relationship with you both as a guide.

*Jesus:* Time for bed, is it James?

*James:* Yes. When I get tired now Jesus, when writing with you and Mary, I start to feel like I'm detaching from the words I'm typing, sort of floating away on what you're saying, and not paying attention to the words. Which is alright until I realise I'm still saying the words in my mind but no longer typing them! So I have to make myself come back or stay put or whatever it is. I quite like the sensation, but I fear that I will lose the connection with you and go off writing under my own steam making it all up.

*Jesus:* We'd not let you do that James, we'd wake you up or just stop and you'd know that we'd withdrawn. As it gets even easier for you to write with us like this James, so you will actually have to apply your mind a little more but in a different way than how you used to when you feared your connection wasn't good enough.

*James:* Really Jesus I'd love to ditch my life here in the physical and come over into spirit, it's not very appealing anymore being here, not that it ever was. As you know, I used to maintain the fantasy that the good things were about to happen – any day now. But I've given that up, as the 'any day' never arrived and never will. So now I'd like to move on. I feel I understand the truth and all you and Mary have told me well enough, so really I can't see the point in staying here. Other than to complete my Healing before I die... but that might not happen... more thoughts and feelings going around within me... And daily Marion says she wishes it would end for herself, that she'd cease to be altogether, or die and go into spirit, she oscillates between the two. *(And re-reading this: April 1 2014, as she's been feeling a lot better lately, she said today that she doesn't mind if she lives another twenty years or more, and in fact she's looking forward to doing it, should that be what the Mother and Father want. And I just feel more resigned to plodding on.) (And re-reading that now March 21 2021, we're back to feeling like we've got no life and nothing keeping us here, we'd both like to die and move on, Marion particularly having just turned 70 and with her body being very difficult for her. And **still** our Healing continues...)*

*Jesus:* I understand James, but it's still what you need to do: face the truth of your unloving state, and feel all what it feels like. So you've got to keep going feeling all your bad feelings so you can get to know it thoroughly, all that it's composed of – all that you are. Because you are wrong and evil and unloving, and as you can't run away from that, it is how you are, so you can only stop and accept it, accepting yourself for being exactly how you are.

*James:* The last three weeks have been hellishly boring, lots of things have still happened, lots of bad feelings and truth coming to light, but the overall feeling has been one of intense boredom for us both, bone destroying boredom, soul destroying boredom, and just how fruitless, meaningless and nothing our lives have been. Not even a waste of time as that would at least be something, but just so NOTHING – of nothing good.

*Jesus:* All which is the truth of evil. It's anti love and truth, as you know, and so there is no meaning or point to it, it is hellishly soul-destroying and stops all creativity and self expression. It is anti life, anti

feeling good, anti happiness, so it's right all that you have both been feeling so *nothing* because that's the truth of your evilness, the truth of your negative states. And so the more you progress the closer to the truth of your nothingness you are getting, which is what you're currently feeling. And as Marion tells you, you are already it, it began at conception, so all you're doing is just accepting yourself fully, and seeing for yourself through your feelings just how you are – and how you feel about it. So really it's nothing new, you've not been anything else other than this negative state, other than bored to nothing, only you've not until now been able to feel and see it for the truth that it is. You've pretended your life wasn't boring and nothing. You couldn't understand it and see the truth when it was all happening to you through your forming years, but you can now. And as you know, when you see it all, when you know yourself, when you know what being evil feels like for yourself, then you'll be free of it, because then it will have served its purpose and you'll no longer need to be in such a soul-destroying state as they'd be no value in it. So you're to no longer deny it, deny yourself; and instead accept, and all through your feelings and NOT just with your mind, that you are The Living Truth of Evil. And that is where everyone is to get to, to understand that about themselves.

And having reached that climax James, I think I will bid you goodnight and leave you to it.

*James:* Yes Jesus, that was rather profound. I like having such headings to consider. You and Mary are the Living Truth of Love, as we too will all be when we're healed. But until such time, as we're all living in denial of our own love and all love, so we're the Living Truth of Evil. Yes, I can accept that, that makes sense; and as my eyes are now going blurry, I will stop and say thank you Jesus, it was good to speak with you again.

*Jesus:* Until next time James – Jesus of Nebadon.

## 95. Healing yourself by expressing your feelings.

Monday, 13 January 2014

*James:* Mary, Marion said: Medicine is only looking for a way to kill the symptom; the disease being the symptom not the cause. They refuse to look deeper for the real cause only looking to the physical.

*Mary:* Yes James, what she says is true, which is why you keep subjecting yourselves to such invasive interference from other people, all because you fail to understand how to take responsibility for yourselves through your own feelings.

*James:* So even though we've talked about this before, I'd like to go over it again as I'm now different to how I was before, seeing things in a better light; so, all or physical problems are only manifestations or expressions of deeper unease and unhappiness within us. But how do such problems, such as disease, become manifest in the physical?

*Mary:* It all is brought about by your soul, that's where you begin. Then your soul manifests it through your will, and as your will is existing against yourself, so you will into being the negative manifestations of such bad feelings of feeling unloved, into your spirit system, then into your physical, as they are all interconnected. With your physical being the last or outer expression of such problems.

Your soul 'desires' you are physically ill, and so makes it happen, because your illness will provide you

with experiences, which will have many feelings, which you will either deny, as you deny your illness, or work with to uncover more of the truth of yourself, and so the truth of why you are physically ill. All of which takes you back into understanding how your unloving relationship with your parents made you sick, sick in your soul. So your parents are by default making you ill, just as they made you 'sick' (although not necessarily physically sick) as a child.

The rest of your 'aura' includes your subtle systems of mind and emotions/feelings (higher and lower), and etheric templates for each real body, all being expressed as part of your personality, resulting in your beliefs and behaviour.

So for example, let's imagine that you feel hurt by your parents not loving you, by their rejection of you when you are four years old and you run to them seeking sympathy and they shun you, saying stop all that nonsense, stop crying, it wasn't anything, you're not hurt, stop all those tears, you're a big girl now and big girls don't cry. So you feel rejected, unloved by them and very, very hurt. You feel hurt to the core of your being, because it's you, you the person, you their child, whom they should ONLY love, and you know this intuitively, you feel it and yet they are rejecting you, denying you the love you need from them. And you want it from them, you look to them for it, you expect it to come, but when it doesn't and then you try and demand they love you, only be rejected again, so your soul resorts to other measures to try and gain that love. So you fall over and hurt yourself looking to them for sympathy, only to be further rejected because this has all been going on since your conception you have to remember, I am only picking one moment in time with your parents for this example, but it's all connected, and all rejection is linked to all other rejection.

So deep in yourself your pain is complete, you feel devastated by their rejection of you. You feel so scared for how are you going to be able to survive if they don't want you, you're too young, you know you can't live without them, and it's all too much, too horrendous to even contemplate; and besides, they are showing you that it's all up to you now, they are not going to help you, so you have take it upon yourself by changing, by becoming more how they want you to be if they are going to look after you and show you any affection, sympathy, and love.

So your soul makes the necessary adjustments, burying those hurt feelings as another part of yourself is destroyed, rejected and all but annihilated, as that's what it really feels, as you suppress your bad feelings, banishing them and so that part of yourself deeper and deeper within yourself, buried away and mostly forgotten about.

And so as bad and unloving experience follows bad and unloving experience, all within you, you make the necessary adjustments to please your parents, all to try and gain their affection, acceptance and love, with some people having to change themselves drastically, the more heavily controlled they are and rejected by the very people who should not be controlling, and who instead should be unconditionally accepting and loving all that you are.

And so the layers add up, building upon each other as you grow and advance your mind evolving your psychological makeup, as you build your beliefs and resulting behaviours all expressing the false and untrue person you're increasing becoming with each bad 'episode' you live through.

And as you grow and change yourself, from perfect to being imperfect, so such imperfection is manifested not only in your soul, but through all your personality expression systems. So on the will level if were you able to see it as some of the higher angels can, you'd see all the ways you went against yourself, all the ways your will was forced to manifest this false you on all levels. With those imperfections then being manifest by your will (willed into being) in your mental and emotional systems, and in your spiritual and physical bodies. And in your spiritual system you'd see the damage to your chakra or light-body systems, from the smallest minutest level up to the biggest main or primary light centres. And then in the physical, things might seem all right, as not all your imperfection needs to be

manifest at the same time. But then as you get older for example, suddenly your cells become corrupted by your soul through your will expressing the already present spiritual imperfections. So your physical starts to break down, expressing such imperfection and you become sick. All to make you feel certain feelings. All so that through your illness really you should look to your feelings to understand why you are feeling bad, what is the truth of such bad feelings your illness is making you feel, and there will be feelings to do with all sorts of things, not just how the physical pain makes you feel.

And if you go to the doctor and undergo treatment according to him, then you'll be denying yourself the expression and so truth of all those feelings, burying them yet again, which is of course the negative pattern you established with your parents by changing yourself into being how they want you to be, so the doctor taking over helping you change into what you now think you should be having taken over from your parents; all of which is a huge unloving act, all of which is further cementing your self-rejection, the same rejection brought about by your unloving parents; all of which will only take you further along in your imperfection and so evilness – yourself being an unloving expression of personality, and so soul.

And medicine might heal you, your soul might allow that, all so you can move further into your negative state giving you the illusion that you are in control of your life, albeit via the doctor, but at least you went to him, so you rationalise, and so in your negative way you are able to determine (wrongly) that you are in control, but really in control of only furthering your negative state of mind and will. All of which will only cause you yet more pain and bad feelings at some point further on in your life.

And your soul might not allow you to 'win' or beat that disease, and you might die, only to move into your new spirit life and then have all your disease taken away giving you also the illusion of death being the right thing for you – that it took all your pain away, making you move yet further into your negative self-rejecting state.

And so it goes until you decide to do your Feeling- or Soul-Healing and go the other way, starting to love yourself by accepting your feelings and no longer denying them.

*James:* So the doctor is really just an extension of using our negative mind to control our feelings?

*Mary:* Yes, you'd do it yourself if you could, as many people and mind spirits do by using their minds to deny their bad feelings, through such things as positive affirmation which is really just applying your will to deny your bad feelings, all what you've done since conception as your parents didn't allow you to fully express all of yourself – all of your feelings. So as you can't do what the doctor does for you, so you enlist his help and he does it for you, but he's only doing what you want, so he's only an extension of your self- and feeling-denying mind and will.

*James:* Okay, so let's say we do honour our pain and all the bad feelings that come up when we start to get sick; and let's say we express them and start to uncover the truth they are trying to show us, then what happens in our bodies and subtle systems?

*Mary:* Then you start to reverse the process that brought about all your self-denial. And on the way through you come to understand, all through your feelings, how you really were treated, and truth of how you felt about that. So you have to uncover and then face the truth of not being loved by your parents, and go into your feelings of how they were annihilating you, and how all of that made you feel. And you will see how you changed yourself trying to gain their love, you'll see all your problems, all your imperfection; all your erroneous beliefs keeping all your unloving behaviour in place, and you'll understand through feeling it: all your will damage, how you are willing yourself along in life against

yourself, how you are willing your falseness and untrue state into being.

And your soul will keep manifesting in all your systems that constitute your aura, including your physical, all that needs to come out, all that pain, all the layers suppressed and repressed in you, all until it's all come out of your soul – all the light of your self-denial. So when people say all your pain is 'stored' in your physical body, really it's all stored as the light of the experience of your pain, in your soul. And as required, your soul manifests that pain-light it into your physical which you feel as real pain. And then having worked hard on yourself uncovering a lot of truth and expressing a lot of pain, you might feel like you've completed your Healing, yet then you are taken even deeper into yet more pain. So you've completed expressing one level or phase of pain your soul has manifested, uncovering the truth of it, then for your soul to manifest the next level. And your soul will keep taking you back into yourself so you can accept and become aware of all the pain levels. And when you are fully conscious of them, knowing and being the whole truth of them, so being the complete expression of your rejection, feeling all how unloved you feel, then your Heavenly Mother and Father will transform you out of your rebelliousness. And when you are true and perfect, no longer being false, then you'll be the true person you are, the true person that should have come into being had you been fully and truly loved, this level of existence being equal to and so an expression of the first Celestial sphere of truth.

And so being true and perfect you will no longer have any untruth and imperfection within you, so you'll no longer be or get sick, as you'll no longer need such an illness to make you feel bad. As you'll no longer need bad feelings now in your adult life to help take you back to those same feelings during your forming years, so as to connect with the truth of what really went on between yourself, your parents and your early carers.

*James:* So our inner systems and our physical body are always fluid, changing as we move through our Healing?

*Mary:* Yes, constantly changing as you progress in your negative state and even more so as you work to heal it. Light is always moving around, unblocking and healing your light centres so everything works properly. And so changing and 'reprogramming' your mental and emotional subtle systems and those etheric ones that connect them to your spiritual and physical bodies, all resulting in all the aches and pain and weird energy experiences you have had James through your Healing – all the so-called 'adjustments' as the Mother and Father call them. And there is a lot to adjusting, or really, readjusting, that needs to take place, as you are understanding. And as all of this is taking place, so you are also liberating or revealing the truth of yourself to yourself through all your feeling expression; and as you grow in truth, so too is your consciousness growing, your soul-perceptions are evolving, your intuition is expanding, your understanding intellectually and on a feelings level is maturing, the whole of you is expressing each part more truly as you become more true.

And on the physical you are getting more healthy, you might have periods of sickness or the beginnings of sickness, and lots of pain, but that's all to help you feel feelings you are to embrace and seek the truth of. And as you do so, those symptoms change or go away and others come, and on you go slowly progressing closer to becoming your true self.

And the same is happening in your spirit body and on your will level. Some blocks unblock in your light centres then new ones form as you are bringing to light yet deeper unexpressed feelings. So any 'psychic healing' dabbling in these areas can interfere with what your soul is doing, just as medicine interferes on the physical (and equivalent subtle) level.

*James:* So Mary, can we heal everything through our Healing, even all physical problems?

*Mary:* Technically, yes you can James, however it's not as easy as that. It all depends on the experiences you require. However generally speaking, the truer you become to yourself, the less you'll need to rely on anyone else other than yourself, although there's always other specific reasons why this rule might be broken, all again depending on what the Mother and Father have in mind for you. But overall, the more true humanity becomes to its soul, the less people will have the need for outside help or intervention, and in the end when humanity is perfect and true, no such help will be required. And so this is generally what will also happen on the individual level.

*James:* So what about if you are doing your Healing and you break your leg?

*Mary:* You express all your feelings, seeking the truth of them; and by all your feelings, I mean ALL of them, right the way along through the experience until there are no more to express, which could be all the way through until you've healed your leg or until whatever happens and you no longer feel bad. And whilst expressing such feelings, if you feel you need help to fix the break, so you will seek it, should it be available. However you are not to worry about whether or not you should do anything (if you do worry, they are more bad feelings to express and seek the truth of), only keep expressing your feelings and looking to uncover the truth they are to show you, and along the way you'll find you will do what you need to do, be that go to a doctor or not. And the same applies with all you do in life.

So it's not that I am saying you shouldn't ask a doctor for help, as you can do it all yourself, it's that you keep paying attention to your feelings. If you have to go to the doctor you do, expressing and longing for the truth of all the feelings you feel. You can intend and be determined not to go to the doctor because of all the feelings you have expressed, and yet when the pain is too much, you 'weaken' and go, all so long as you keep expressing and longing for the truth of all the feelings involved.

*James:* But what if there is no doctor, or even if there is yet you feel you don't want to, but your leg mends damaged?

*Mary:* Then that's you still honouring and doing what your feelings make you feel, and seeking the truth of them whilst you are expressing them. And you'll live the resulting truth and keep embracing and expressing feelings and uncovering the truth of them; and your damaged leg would no doubt give rise to many of them; or it may not, you having fully expressed all bad feelings to do with it, you just accepting that's how it now is for you, how your soul and God want it for you. And if they don't want you to have a damaged leg, there are other unseen forces that can be applied, through the angels, nature spirits, and your Indwelling Spirit, they being possibly called upon to fix the physical break, so there are other options available. And until you go down such a road completely honouring and living true to your feelings, you won't know what is best and right for you. And as humanity embraces its True Healing, it will be regularly surprised as to what does happen. You and Marion have experienced many different avenues opening up when you've looked to your feelings instead of pushing on with your negative mind in control.

*James:* We have. No miracles as such, but still, miracles in smaller and other ways. And even as you said, just a new path, something I'd have thought wouldn't happen or didn't even know existed.

*Mary:* Yes James, all to help you see there is more to life than just what's on the surface; and in fact it's the deeper levels that are calling the shots, not just the superficial. And by humanity choosing to live with its



mind in control so with it believing it's in control and playing god, you are greatly limiting all your experiences, so you construct a meaningless existence for yourselves in which no one feels truly happy, fulfilled and loved.

*James:* Thank you Mary, it's time for breakfast.

*Mary:* Speak to you soon James.

## 96. The effects of radiation.

Monday, 13 January 2014

*James:* Mary, I'd like to discuss with you again more about the harmful effects of radiation and how one might protect oneself against it – by doing their healing. So, will doing one's Healing protect one from such harmful effects?

*Mary:* James, I can't give you a definitive answer on this, which is why you're asking the question. People are to understand that first: Anything is possible. Second: it's up to what the Mother and Father want them to experience. Third: you are to realise you can't control everything in your life that you might like to control. Fourth: by doing your Feeling- or Soul-Healing with the Divine Love, as you uncover the truth of yourself through your feelings, you'll do just that: uncover the truth and what is right for you. AND IT IS ONLY WHAT IS RIGHT FOR YOU – and not necessarily right for anyone else. So as it's not what is right for another person or for everyone, I can't make a sweeping statement such as this. However, having said that, I can reiterate that technically, which means potentially, doing your Healing will protect you not only from harmful radiation but from everything else. However, one then needs to ask oneself and seek the truth through one's feelings: why do I feel I need protection, what am I scared of, what are my great fears? And is it death, because, what is wrong with dying, as there is nothing wrong with it, you simply move into a new phase of life. And death of course, dying and pain and suffering should such feelings be part of it, involves (or can involve) much fear and all sorts of bad feelings, all of which need to be embraced, fully accepted, expressed completely, and their truth longed for and uncovered. It's a very complex business that of evolving YOUR soul in truth. And every experience is for YOU and no one else. It's all highly personal, the most personal, all really between you and your Heavenly Parents, you and your Creators. So you must take things up with Them. And if you don't like how They are making your life, all They are making you be and experience, then there will be yet more bad feelings for you express and seek the truth of.

So neither Jesus or myself are going to make such sweeping headline statements, yet you do know that anything is possible; and as to what happens to you is a personal journey of feeling-experience.

So you can approach your Healing with an open mind, you can certainly long for and express all your wishes and desires, together with all your fears, and you can ask your Mother and Father for what you want. You do all you please, all whilst you keep embracing and expressing and wanting to uncover the whole truth of your relationship with yourself through your feelings. And as long as you keep looking to your feelings instead of denying them with your mind, you'll get there – to the truth of yourself. And as you'll find through your Healing, it's more important to uncover the truth of your relationship with your parents, with yourself, with nature and God, and with all the other people who participated in your forming years, than it is whether or not you die or suffer from radiation poisoning or any other bad thing.

And it may be that you are to suffer, and to a lesser or greater degree, but all so you will bring up yet more bad feelings so as to uncover yet more truth about your relationship with your parents; because even though you might not be able to see any direct correlation between the two, it will be there, as EVERYTHING will relate back to your early relationships and whether or not you felt loved. So on a feelings level, why you are being radiated and suffering accordingly will be the same feelings you felt as a child, the radiation only being used by your soul so as to connect you to them.

*James:* So anything that makes us suffer in any way, that makes us feel bad in even the slightest way, is there in our lives provided by our soul and so the Mother and Father, to give rise to such feelings so we can use them to uncover more truth about our relationship with our parents, which then leads onto our relationship with ourselves, whether we're living true to ourselves or not.

*Mary:* Yes. And if it's not to be part of your experience, then you'll not be in a place where such radiation can effect you. If it is, then you will. And even if you are to only feel scared about it, yet don't actually suffer any harmful physical effects, it's all the same, just more bad feelings for you accept, express and seek the truth of. **It's all ONLY about uncovering the truth of yourself.** That is your way out of your evilness. It's not about how long you live in the physical or the extent of any suffering that might befall you, it's all only about things happening to make you feel bad so you can use those bad feelings to go deeper into the truth of what is really going on inside you, what is *really* making you feel bad. And if you don't complete your Healing in the physical, then you can carry on doing it in spirit. Everything else is secondary, or should be.

*James:* So all that happens to us that makes us feel bad is really good and helping us, should we want to live true to ourselves and heal ourselves of our untruth?

*Mary:* Yes. Everything, all the worst of the worst, the worst bad feelings, are all good, because they are all potentially helping you grow in truth. Your whole evilness and all your pain is very good, because potentially if you work with it and your feelings it will help you grow in truth. So do you see, really there is no bad, even in evil, because our Heavenly Parents are all love.

And your soul will make it all happen, it will all be done to you by the Mother and Father through your soul. So even though it might seem like you're minding your own business and suddenly you're engulfed by a radiation cloud, still that's what is to happen to you so as to provide the next lot of bad feelings you need to move you along in your Healing; or to move you along in the denial of yourself, the truth and your feelings.

And it has to be bad feelings whilst you're denying them, because it's all about stopping yourself from denying them, so allowing them to be, allowing yourself to fully feel them, and then to express them seeking their truth. So this becomes your focus and way of life with everything, focusing on YOUR FEELINGS TO UNCOVER THE TRUTH OF THEM; your relationships, your family, your friends, your work, what you eat and drink, your beliefs and behaviours, your dreams, goals and fantasies becoming secondary. You can of course have them, but all whilst you put your bad feeling acceptance first. So any time you feel bad even in the slightest way, you stop, pay full attention to such a feeling, expressing it and speaking about it all to your friend or partner or even to God if you have no one else, even to yourself out loud if you can, or write it down – and even speak out loud whilst you're writing, and all whilst you long hard to uncover the truth of yourself. And whilst you're longing to know the truth of what and why you're feeling in that moment, you can ask God to help you see that truth, to see what your soul and God wants you to see about yourself. And you are to have no expectation as to what

They might want you to see; and you keep going expressing and talking about all you can; and the truth will come of its own accord and when it's time for your soul to show you, when you've expressed all those repressed feelings out of you that have been preventing it from doing so.

And you will go this way and that. You know yourself James, one day you might feel bad about a specific problem, and for days more fear or anger or misery comes up making you feel so powerless about being unable to do anything to stop what's causing you the problem. And once you've expressed and uncovered all the truth those feelings were to help you see, then you might no longer feel bad for a time; then feel bad again, and so it goes, as you roll along in your feeling expression, one bad feeling following another, as the truth comes to light and as the picture of your whole negative and anti-self state unfolds.

And the years pass. And your Healing evolves; you're working on this part of yourself and your relationship with your parents, your feelings shedding light on such things; then you move to a different part through new feelings; then back to the previous part yet on a deeper level with more of the same bad feelings surfacing again. And on you go, whether that includes something like being subjected to radiation or having a tooth ache or feeling bad because the man over the other side of the road won't stop his dog running into your place. Whatever it is that's making you feel bad, it's all the same, simply something else to make you feel bad, those same bad feelings your parents made you feel which you stopped yourself from expressing (or where stopped) all those years ago, all which are still in you, still making you feel bad. So the bad thing happening now in your life is only doing so, so as to help you get back in touch with those same bad feelings from your early life, all so you can then link your bad feeling now with your bad feeling back then, all so there is no time interval, no past, just all in the present. And the truth will come to light so you can see what it was all about.

And being subjected to something as harmful as radiation might seem like a bigger worry and problem compared to the neighbour's dog coming into your yard and digging unwanted holes in your lawn, or having a little argument with your partner in which you feel slightly angry, but it's not, as they are all equally important, equally as large because they all make you feel bad. And every bad feeling (every feeling) is vitally very important, and so denying any of them is the worst thing you can do to yourself. Denying one feeling is far worse than even willingly exposing yourself to radiation, as it is what is really killing you, killing your soul and personality expression in Creation, not the actual radiation, as that will kill only your physical body.

**Humanity has to one day understand just how unloving, how evil, it is to deny but one small seemingly insignificant feeling. It is the worst thing you can do to yourself. IT IS THE GREATEST SIN. And yet you've all been trained to not only wrongly believe it's okay to do so, but that it's right to do so, it's right to stop yourself feeling bad in any way you can, when it's absolutely the worst thing to do to yourself.** The right thing to do being to allow yourself to feel all your feelings, good and bad, and to feel them and express them fully, passionately, with the full emotion, feeling and intensity of them.

And one day the self-bondage will be removed from humanity, then it will be truly liberated; which simply means, free to feel and express all it feels. And whilst doing so, longing for and uncovering the truth of such feelings. And that is all life should be about, you don't need any laws or books to guide you and tell you how you should live. Your feelings and the truth gleaned from them will be your guidebook, yourself showing yourself how it's to be for you, and all through your very own feelings. So you throw away all the rest, it all becomes secondary to your feeling-led life; and if it's required it will be there and you'll use it, but all only according to your feelings. And you'll soon see life goes on, you have no say in that, and your feelings will guide you, and your life will change and adjust as you change and heal yourself, and God will look after you through it all, just as They've looked after you since your conception and all

through your evilness.

Life is really very easy and simple to live James when from your true feelings and with a positive mind and will. It's nothing like the excruciating agony you are subjecting yourselves to each day whilst in your anti-life states of feeling and self-denial. And you only make it all so complicated because you fail to understand that it's your feeling denial that makes it all so hard for you. So to end that, and even though it will be hard to end it, your Healing being very difficult and very trying; once it is over, then you'll be free to really enjoy all life has to offer you, living with your newfound truth and enjoying all the love and happiness that results from it.

*James:* Thank you Mary.

*Mary:* Speak to you soon James. Mary M.

## 97. Feeling angry about being mistreated during my early years.

Monday, 13 January 2014

*James:* Mary, I am feeling very angry about how I was mistreated during my early years, Marion having read out of a book conversations by a mother with her children, which although far better than anything I ever had with my parents, still was so controlling not allowing her children to express all they felt and thought. She was too busy, always with too much work she had to get done, so she brushed them aside telling them to go and amuse themselves outside. She cut short all their natural curiosity, all their being able to express all they felt; and that happened to me so many times, this being what I now can remember and understand all thanks to the truth that's come to light within me as I've progressed in my Healing. I now completely see that being able to freely express ourselves is the most important thing of all, right from the first moment. And were we allowed to, we'd feel loved and so would be naturally lovingly, expressing all we felt. We'd certainly not be the horrors we are in our fucked up states.

*Mary:* What you say James is true, expressing yourself, all you feel, all of your personality, is the most important thing, it's the only important thing, around which everything else can revolve. And it's what Jesus and I have stressed all the way along in our communications with you, helping you to see how everything you do is all a part of your feeling-denial, showing you how much you don't freely and naturally express yourself.

*James:* I'm longing to the Mother and Father to help me see why I'm not freely expressing myself. I long to Them to help me uncover the truth of myself through my feelings, and to help me become fully self-expressive. I've got so much wrong programming in my mind, in how I relate to Marion and everyone else. I am seeing more every day how I live in a self-made fantasy reality for myself. Marion says something to me, just a few words, but I take what she says, misinterpret it into what I think she is saying, what I think she should be saying, what I am meant to hear, how mum and Gran would have said it, and then how I'm meant to react to what I'm making up; and so much so, that when we work it all through, and she asks me to repeat the words she said, I say different words, I've actually changed them in my mind, and all instantaneously, all subconsciously and effortlessly, all to conform with how it was in my family.

*Mary:* That's right, and all of that you need to see so you can understand why you aren't truly and freely expressing yourself. And you need to see just how real it all is, it's not something you're making up. When you have metal circuits that are programmed incorrectly, all you can do is misinterpret everything, because you're not on the right wavelength. And as you say, you make it all up for yourself creating your own fantasy reality, which is really what is meant by people who say you can 'create your own reality'. That being what they do (what they are already in fact doing as you all do it right from conception being conceived into a feeling-denial world), and as you have done for yourself James: create a whole unreal, untrue, self-deluding, fantasy reality.

*James:* So in this way I am creating my own reality?

*Mary:* We all do create our own reality James, however it's our soul doing it for us, not as so many believe, they doing it for themselves by using their mind. And how can it be any other way! It's all in accordance with how our soul has been constructed, all how the Mother and Father want us to be. However as you've been forced to live away from the true leadings of your soul, anti them, so all you are creating is all you were forced to create for yourself, all the falseness you turned yourself into being during your forming years. It's all now unconscious within you, the patterns are fixed and you just enact them out. You can't as an adult actually create your own reality by applying your mind like many people believe they can and change that pattern, they are fixed in you resulting from your parenting and only the Mother and Father can and will change them once you've become true to the whole negative pattern that you are in your rebellious state. People who do believe they can change themselves, so deep ingrained patterns which mostly they are not aware of, by creating their own reality using their mind, only believe they are getting somewhere because their soul allows them to add or subtract new beliefs over the top of what's already there, superficial changes, it still doing all the creating of reality for you. **You are NOT in control, your soul is; God is.** This being one of the greatest truths you are to come to understand and live. Evil says you are in control, you believe your own lies, but you are not in control and never can be. And one day all your so-called control will fall apart as you crash into the untruth that you are. And like it all, it's all within your soul as to when that day arrives.

*James:* So we are all to stop what we're doing and look to express ourselves fully and truly?

*Mary:* Yes, and that would certainly change things. However you will do it when your soul time comes. When it's time to begin healing your evilness.

*James:* All right, now we've sorted that out Mary, how about you tell the Mother and Father to change everyone and make them be true!

*Mary:* That's not for me to do James. I'm very happy allowing Them to guide me through my soul, I have no complaints. I'm in awe of Them every day I exist, how my life unfolds and comes about. And so in no way do I want to interfere with what's already perfect. And how They are with you James and everyone else on Earth, is perfect – you currently being perfect in your imperfection; or, perfectly imperfect. You can ask Them James – They might do it for you! It's what you want to happen, you having the power to make it happen by telling God to make it so.

*James:* Yeah right, me in all my powerlessness. And deny everyone all those lovely horror Healing years they will have to slog through when their soul says time up. Na Mary, I take it back, I wouldn't tell Them

either to do it, as I wouldn't want to deprive anyone of those experiences.

Mary, I just want everything to be made right, and for me to feel good and live happily ever after, like in those books I used to read when I was young.

*Mary:* Too much nonsense you were exposed to James, and all whilst you weren't allowed to express any of what you felt.

*James:* Marion keeps asking me: why did you say that, why didn't you express your feelings about it? I've been trained to just report, to tell all the non-feeling stuff, and to not include or lead with expressing my feelings. And still, after all these years, I can't do it. She still has to point out to me that I'm not doing it, that I'm refusing to do it; but I can't do it, it wasn't part of my programming to express my feelings, only to always deny them. And it's so frustrating, dementingly so, after all these years still stuck in my negative patterns. And I know I've written this now so many times, but I can't do it, it wasn't part of my beginning, so it's just not in me. And I can't make it up, shit I do enough of that already.

*Mary:* And it's important to understand that you can't be what you are not; if it didn't happen through your forming years then it's not part of you, not until you've fully healed yourself of all that's wrong with you. You can't change yourself into being how you think you should be. You can only keep accepting yourself as you are by uncovering the truth of your untruth; and as you do, the Mother and Father through your soul will change you when necessary, and ultimately you will become true and perfect.

*James:* I think we're all so mad Mary, all the time and effort so many people invest in their religious adherence and beliefs, and all for nothing so far as growing their soul in truth. All just more feeling suppression and denial. When it could be as you said earlier today, all so easy, we'd not need any of those spiritual or religious systems, just ourselves and our feelings. It's so bizarre that we're so far off the track.

*Mary:* Yes James, it is; however it is what it is and we can all only do what is in our soul to do. You are doing a bit, all you can do, expressing at least something of yourself as you carry on with your Healing, and gradually more of you is coming out and so more of you is being expressed.

And all the repressed anger you suppressed when you were young, that's all got to come to the surface, that's why when you read about parents with their children stopping them freely express themselves, you feel angry, because as you know, it's you with your parents, and they are stopping you from freely expressing yourself. So your soul organises for that book and those words to come into your life, and when Marion reads them, you now instantly get angry (which is huge improvement on how you used to be, not even reacting as if nothing penetrated) and can talk and express those feelings to Marion.

*James:* Yes, that's the only good part of it, I'm no longer scared of my bad feelings, and when they come up strongly, then I can express them, that part is easy enough for me now. But often the feelings are so faint, I can hardly detect them; yet often when I do manage to bring them out a little, they lead me to the deepest insights and revelations about myself.

*Mary:* Like tips of the iceberg James, just enough to break into your awareness, for you to feel, recognise, and then apply your will to expressing them. And applying your will is very important, by using it being very determined to bring out all you can, to connect with such inner hidden feelings, and liberate them, drawing them up to the surface if they are proving to be somewhat stubborn. Driving yourself to really connect with them, to get passionately into them, to get right into expressing them, to long hard with all

your will to uncover the truth of them. It's all awakening your repressed and all but dead will- and feeling-circuits.

*James:* Stubborn – ha! I'm a Taurean Mary. It's as if my own mind fights me over them, it saying no, digging in, and my will trying to say yes.

*Mary:* Which is only how it was for you with your parents James, it was a fight, and they forced you to turn against yourself. So now all your battles are on the inside, which you project onto Marion and the world, all that you're currently seeing about yourself.

*James:* Yes, well thank you again Mary. I'm getting tired now and it's hot so I will go.

*Mary:* Speak to you soon – Mary M.

## 98. I feel like writing...

Tuesday, 14 January 2014

*James:* Hello Jesus and Mary, I don't have anything in particular I want to speak with you about, it's too hot to go to bed and I feel like writing, so is there anything you'd like to talk about?

*Jesus:* Hello James, I will – Jesus.

I see from 'reading' your mind (your mental circuits) that you've been reading other writing that claims to have been written by myself.

*James:* Yes Jesus, I have. There's an endless supply of people speaking with you. I'm a bit sick of it though, sick of it all really, all the wrongness and misunderstandings. So as you can no doubt see in my mind, I didn't pay it much attention.

*Jesus:* You've only retained the part where I was supposedly saying that one needs to understand how reincarnation works so as to understand one's 'life stream'.

*James:* Gee, I couldn't remember that, is that really still in my mind, I must have read it this morning during breakfast. And as I remember now; yes, I thought it was just more nonsense so dismissed it.

*Jesus:* Your daily mental actively is still within a part of your mind which Mary and I and other higher spirits can access.

*James:* Well in that case, would you please erase it out of my mind, I don't want to have my mind filled with such rubbish! I can't bear all the things *you* supposedly say through these people. It's all the usual rubbish, nothing that makes any sense, all the mind spirit stuff. It would seem that if anyone can speak to spirits then they are of course speaking with you – just like I am!

*Jesus:* Your Indwelling Spirit will erase what's not needed whilst you sleep, it will be 'processed', and all that's to be retained will be stored as the light of the experience within your soul.

*James:* Sorry Jesus, I can't think about that, as I've been feeling very angry with mum and dad, hating them more. I was saying to Marion that still my mind always goes back to any good experiences I had with them – more with dad than mum. But I only have to think about all I now understand about my relationship with them and how unlovingly they treated me, and anger races up inside me and I hate them to death. And those 'good' experiences turn into bad ones.

*Jesus:* It can take a long time for the truth you are living to come to the fore, and it's not time yet for you James to have it all to cement into place. You need some of your past feeling-memories to be retained so as to provide you with further experiences (feelings) to progress in your Healing. But in time such false feeling-memories will fade, then to be replaced by your true ones. And your true ones are getting stronger all the time, this you can feel.

*James:* I can, I am, it's no longer difficult to accept any of it. It's all becoming more obvious by the day.

*Jesus:* I see too James you read an interesting comment by a person saying most of the UFO sightings are being faked by various governments.

*James:* Yes, all supposedly preparing humanity for an extraterrestrial invasion – or 'disclosure' of some sort, as the Americans say.

*Jesus:* And that comment was true James. Certain governments are doing such things to distract people from other things that are going on.

*James:* Jesus, as much as I keep wanting to read all this sort of stuff, always hoping someone might have the behind the scenes scoop so I can understand what really is going on, I feel I'm getting rather bored with it. I'm tending to think about letting it go and not bothering with it. But I'll have to wait until I feel that way, as for the time being, every day I wake up looking forward to see if today is the day – has it happened yet? And I ask myself, has what happened yet, and I still don't know. It's as if I'm waiting for something to happen, and when it does I can then say, yes, it's happened, now... and I don't know what then happens, what happens after 'now'. I've spoken about it a million times with Marion, trying to express and go deeper into my feelings about it, but so far nothing much has come up. I've seen lots to do with how I'm projecting my stuff to do with mum and dad onto the world, and it's good to come back to just being angry with mum and dad, letting the world go, but I still hope... I hope you and Mary might say something, Marion will, or something will happen to her that will 'be the sign', or something will happen in the world... and I wait... I'm always bloody waiting.

*Jesus:* Possibly you are waiting for it to happen within yourself James?

*James:* I've often thought of that too. I am my own prophecy that I'm waiting to be fulfilled! And I'm just as mad and addicted to it as those Christians that keep trying to read the signs. I've often thought it's when I finish my Healing, that's when the trumpets will sound and God will speak to me, and... and then I don't know what. All more of my fantasy no doubt still waiting to be healed – the truth brought to light.

*Jesus:* Well James, you just never know. Finishing your Healing is a big thing, it's the greatest act of self-



love you can give yourself whilst you're unloving and self-rejecting. It will be a tremendous accomplishment.

*James:* Yeah, but my Healing feels like it will never end, so I'm not holding my breath... just hoping everyday is The Day.

Jesus, I'm not too tired to keep going, so if you had something else you wanted to say or expand further on what you have said. I seem to be hogging it all.

*Jesus:* No James... just touching base as they say.

*James:* Well it's good to speak with you again, and thank you for talking with me. I'll go now. And it wouldn't surprise me about the governments making all the UFO stuff up, nothing about anything humanity does would surprise me, it just keeps horrifying me. Yet having said that, I have to change what I said and say it ALL surprises me as I still can't accept how bad and cruel and unloving we are – it's just too much to take in. I think I'm suffering mind-strain.

*Jesus:* Until next time James – Jesus.

## 99. I'm very angry about not having been loved by my parents.

Thursday, 16 January 2014

*James:* I'm very angry Mary about not having been loved by my parents. Marion's reading a book about a family during the war in England who moved to live on a farm to get away from the bombs in London, and the youngest son bought a baby squirrel home, which the mother (the father being away in the war) reared as a pet with no restrictions, no cage, it just being free to do as it pleased in their house and outside with the children, it happily stayed in their pockets and with them all the time whilst it was young.

The mother seems very open with them, there for the three children, and they converse all normally expressing their thoughts and feelings. And it's the ease at which the children can do this, with their mother and other adults, with each other, even with the squirrel, that I'm envious of and so angry about, not having relationships like that in my early life.

The daughter is the eldest possibly in her early teens and the author of the book, she being able to easily recall so many conversations she had with her younger brothers, mother and other adults, and I can't remember one conversation I had with mum or dad, Nicholas and Suzi. I can only remember being outside mostly with Nicholas looking for cicadas, beetles, caterpillars and other insects. I can remember Gran going on and on and mum yelling at me, but no actual conversations, whereas this girl's whole life revolves around them, they are what is central to her well-being and love of life, as she loves being on the farm.

My family certainly didn't focus on the art of conversation and expressing all one thought and felt, and all my relationships have consequently suffered. Marion is continually pulling me up asking me about what I said and why, and telling me about alternatives and showing me how deficient in normal conversation and self-expression I am.

And I know I've written about this before a few million times, but every day I am feeling more and more angry about how retarded I am in such normal everyday feeling expression. And because it didn't happen as part of my forming, it sure is hard trying to get it going now. I feel it's beyond me, I can't do it

and never will be able to do it, something as fundamental as learning how to express oneself during one's early life. It's as if I never learnt how to walk, and now to try, my body can't do it, it just doesn't function that way – so I don't function that way.

*Mary:* I understand James, and it's what you are to see about yourself. How not being loved destroys all self-expression; how being evil is the negation of all personality expression.

However as Jesus and I have told you, all such personality denial will be healed when you've uncovered all the truth you're to see about it. So for the time being just keep on expressing your anger when you feel it, that's all you have to do, express it and talk about it, about all how it makes you feel. And gradually your system will be rectified, you will be healed. The truth will come; and as you wake up and see and feel it about yourself, just how inadequate you are in your communication and self-expression, so such imperfections and traumas will leave you.

*James:* It's so annoying, so frustrating feeling so disconnected, doing and saying things half of which don't make any sense, and not even being connected with myself to know why I'm doing or saying them. I feel so stupid so much of the time, and like there is something fundamentally wrong with me, that my brain doesn't work properly and so I'm fucked.

*Mary:* It doesn't work properly James, not in those retarded aspects of yourself, which is where your soul has you currently focused. And your brain can't work properly as it would, were you of a positive mind and will. Nothing of you works properly. You can seem to get around and do what you want, but you're still all wrong, so it's right that nothing works properly.

*James:* Yeah but it's so annoying, I can't accept it.

*Mary:* Not with your mind, no you can't; so all you can do is keep on expressing all you feel about yourself being this way, and longing for the truth of such feelings.

*James:* Mary to change the subject a bit, in another book Marion just read, the woman was badly sexually abused by her father right up until she was eighteen, with her father telling her she will not remember any of the bad things he did to her, even giving her two abortions (he was a doctor) because of getting her pregnant, and incredibly she didn't remember anything, she completely blocked it all out. But as her life progressed certain things started to break through and slowly with a lot of therapy, dreams and hypnosis, was able to bring up and connect with a lot of her trauma.

But the thing about it was she still kept going back to her father, and in the end before he died, she was struggling with forgiving him, believing that if she couldn't completely forgive him, she'd never be able to let him go and be free of him. And yet she was trying to do it all with her mind, it wasn't what I'd call true forgiveness because no sooner had she a breakthrough believing she was free of him and forgave him, things would happen to give rise to yet more pain, anger and all the bad feelings coming up from finding out about what a horrible uncaring person he was. And then she'd have to seek professional help, spending a fortune on such help over most of her adult life up to writing the book, all so she could once again forgive him.

*Mary:* It's not true forgiveness James, it is as you say, just trying to control things with one's mind. It's a nice idea that 'closure' as they say will come with complete unconditional forgiveness, for how else can forgiveness be, yet you can easily read between the lines from what she says showing she's only making it

all up for herself. And she has her breakthroughs, her cathartic purges, her deep insights and revelations as her memories come back to her; and she expresses and purges herself of a lot of repressed anger with her parents, but still she's not looking for the truth of her relationship with them. She's still trying to excuse them, to package up all her bad stuff and bury it yet again in a different way, with the 'I forgive you daddy' label. And that will supposedly keep her happy and even feel good about herself raising her self-esteem for a time, but sooner or later the cracks will come again and she'll fail in her resolve, having to go around yet another circuit of therapy and purging and trying to forgive. She's not truly looking for the truth. She understands she needs to bring to light her trauma, so all those hidden horrendous experiences she had can be seen, but all so once she's purged herself of them, she can be free of it all through forgiveness in her mind. If she were to truly seek forgiveness through embracing the truth her feelings are leading her to see, then she'd first have to completely allow herself to fully hate her parents, rejecting them as they rejected her and no longer wanting to have anything more to do with her father. So although she believes she's making progress, really she's only going around in circles adding yet more mental layers of self-denial.

Using forgiveness like this is how you use everything about yourself and other people all to gain the power you feel so deprived of. By saying: I forgive you, you're announcing to the world that you are the perfect and good and loving one, able to rise above it all and remain untouched; and they, the perpetrator will never rise as high, doomed to their life of hell and torment they should deserve; but, oh no, you can't talk like that, we have to forgive and forget and move ahead with our lives.

True forgiveness James, as Marion said today, you don't need to work for or cultivate or learn how to do. You only need to live truth to yourself and your soul, to heal yourself and become perfect, and then you are truly loving, you are unconditionally accepting, so there is simply nothing to forgive. You won't feel unloved, won't be needing false power, won't be as you are, so forgiveness won't even figure in it.

And this is where your negative lives are so interesting James, because you deny so many feelings, you are left with ones that are an expression of a corrupt and evil mind, even if you appear to be the most loving and caring person on the world. Because, as I've spoken about many times before, it's not love based on truth, it's love contrived by one's mind; and as such a condition has been brought into being over many years, so it's going to take many more years to heal oneself of such problems.

*James:* Mary, I'm sorry, but suddenly I feel very tired. I thought I'd want to write more, but the heat has taken it out of me. And there's another hot one tomorrow. So I will stop now and perhaps we can carry on another time.

*Mary:* Anytime James, I am here. And it's always a pleasure speaking with you. Mary M

## 100. The real power behind the scenes.

Monday, 20 January 2014

*James:* It's interesting Mary that the more I read it seems there is always the misleading public front of governments and the dark mysterious behind the scenes real power, be it the controlling elite who are trying to bring into being the New World Order, or aliens of one description or another. And then there was the Caligastias and Daligastias who were the front spirits directly controlling the Rebellion on Earth, with the hidden more powerful, darker and more evil, Satans and Lucifers behind them, controlling the whole System Rebellion. And then coming back to myself, I have mum, up front controlling me and

everyone she comes into contact with, and behind her a more darker, subtle and insidious controller – her mother, Gran. And she allowed me to be with Gran who took me in hand and told me what life was all about, all according to her wrongness and misinterpretation of everything, showing up mum's faults and yet also saying I must still do as mum says, so binding me to both of them, always having to do as they both say, and yet always not doing what the other says, as mum also told me not to listen to Gran. So there is always this front dominant person and then one behind the scene, which is just the same as all you and Jesus have told me about humanity's unseen and mostly ignorant relationship with the mind spirits, they too being hidden and the secret controllers behind the scenes.

*Mary:* Yes James, the pattern set by the higher spirit controllers of the Rebellion is the one that the rebellious planets all follow, they have to 'do their bidding' because they were so influential. And like you said in your relationship with your mother and her mother, it's all there, all so through them you can seek to understand the truth of such a controlling pattern, which you've been doing in your spiritual investigation.

And humanity will always, whilst it remains in its negative and so rebellious state, be governed, or rather, controlled, by two levels, that which seems like your master, and the shadow real controllers. It's been the same in all civilisations since the Rebellion began, just as it's been in all tribes, with the mind spirits being the hidden controlling ones. And you have it in your own families, with the woman seeming to be in control yet deferring to the man whether she wants to or not. And you've always had people, societies and communities trying to break that control, trying to have it more equal, such as women's liberation is trying to achieve, have women in control of the men.

*James:* I've not thought about that Mary, but I suppose that's what women's liberation does ultimately want, not just equal power, but to be the all-powerful ones, the controllers. And why not, I can understand that, we men have had it all our way for so long. I guess a lot of liberated women wouldn't agree with what you said, however in the context of the rebellion, so on a technical spiritual level, that's what it amounts to, doesn't it. It can't be any other way when you feel powerless and so are trying to regain that power through your mind and at the expense of your feelings.

*Mary:* Yes, because it's not the true liberation of women, which will only come (the true liberation of both women and men) when they choose to liberate all their feelings and look for the truth of them. The current liberation is simply a power play for women to gain more power and so more control, and ultimately to prove they don't even need men, they can do without them and it's much better that way, just as your mother in her way showed you by divorcing your father and telling you he, and all men, were weak, whilst she was the strong one, and she could make just as much money and survive and look after you children without any of his help; and it was so much better off without him and his childish and perverted mild alcoholic ways. But as you also know, she still looks for her fantasy man, as if there is a right man for her, yet he will never come because she wants all the power. So she has as much as she will ever have with her fantasy man in you James, because being her child and so under her control, you did as she wanted, you didn't criticise her and tell her what her to do. You allowed her to have complete control over you.

*James:* Yeah, I didn't have much say in it. And it's all so sad and pathetic how mum and dad were; and I feel so angry about it all Mary, more of that has come to light this morning for me to work through.

*Mary:* Which is why I thought I'd add that bit, from the personal perspective, so as to give you a little

more to think and feel about.

*James:* Yes, I can see how I am her fantasy man in many ways, not that she saw me in that light, but that's what she's tried to turn me into, just without all the sex stuff.

*Mary:* She could only do it with a child, so you must always remain a child in her mind, and so that's why as you were feeling and saying this morning you still feel like really you're still with her and have never left and never will leave her, even though you're a adult man living with Marion.

*James:* It hurts my head trying to get my mind around the psychology of it all.

*Mary:* You only have to express all it makes you feel James. And as you long for the truth of such feelings, you'll see through your soul-perceptions all that your soul and the Mother and Father want you to see: the truth They want you to see about yourself.

*James:* Which leads us back to talking about the power we're all needing and with some people willing to gain it out front whilst other's want it more by being hidden away and from their secret places.

*Mary:* Which is why the whole alien agenda is so appealing to so many people. It's far easier to project all one's fears of one's own family and the power structures within it, onto something as fanciful as humans being controlled by off-world alien beings. And so it's also easy for the hidden controlling powers to capitalise on the alien appeal, all adding to the distraction and creating more fear so people can easily be 'saved' and so controlled by them.

*James:* You mean as is speculated by some people in the alternative media, to create an alien invasion and then for those in control to save the people, with the people willingly complying with what the hidden controllers want?

*Mary:* Yes. It's best to have at your disposal numerous options, as the American's say, all of which you can implement should you need to.

*James:* It all sounds too mad Mary.

*Mary:* I know James, however such things are contemplated by and acted upon by certain people.

*James:* Mary, I know we've been over this many times before, but really, is there such a hidden agenda being implemented by a hidden controlling elite?

*Mary:* Yes James, hidden agendas on all levels, in anything in which more than one person is, and even within the actual individual. Look at yourself James, at how many hidden agendas you've had going on in your mind, your mind sectioned off with all the rival parts vying for control within you, and control over your feelings.

*James:* Yes, that's true, it's a real mess, and about as confusing as I find reading about all that's supposedly happening behind the scenes in the world. I guess we're the same, the world and I in that respect – I've not looked at myself and my relationship with the world in that light either. Thank you Mary, that helps

me see more about how I am, and it's true. Marion's mind is not all divided up with secret bits battling for control over other secret bits, and then presenting one face to the world when really it's what's going on underneath that matters. I'm the nice guy up front who hates everyone underneath.

*James:* You pretend you like yourself James, but really despise and can't bear and hate yourself. You bite your nails trying to make yourself go away, the you that you don't like, the you they didn't like, the you that felt hated by them, so hates itself. You are doing nothing more to yourself (and can do nothing more) than what your parents did to you, for they were the same, and you can only be as they were.

*James:* Yes, I do understand we're a family of deceivers.

*Mary:* Self-Deceivers mostly James. You don't have the wherewithal to deceive very well in life, not like some people can.

*James:* No, perhaps not, not on a criminal level Mary; but still I can see how I try to manipulate people to my agenda. I've been accused of being manipulative.

*Mary:* Yes, by a man who himself was far more manipulative than you, and felt he couldn't control you because you saw through his manipulations, so he felt threatened by you, that you could perhaps beat him at his own game and show him up for the deceitful one he was. So he accused you of being what he was, projecting himself onto you. You are more open and honest with people James, unlike him who was always dishonest and trying to rip them off so he felt he had all the power.

*James:* He was so obvious about it Mary, anyone could see it, at least that's what I thought anyway. But I guess I saw it because that's what I am.

*Mary:* How you were trained, by your manipulative mother, who didn't give you any power so you couldn't do it yourself. Yet you could easily see it in her and so in your boss. And so that's what you look for in everything and everyone; and that's why you're always looking to see what's really going on behind the scenes in the world, to see the lies, deceit and manipulation, the hidden control, and don't trust what's up front like Marion does without suspecting there is a hidden agenda in play.

*James:* Yeah, gee Mary, lots of insightful goodies today you're giving me.

*Mary:* You're at a point where I can say such things to you James without interfering in your own ongoing self-revelation of truth. You already know all this now, so I can just put in a different way for you to see more of it. It's something helpful Celestial spirits will be able to do for people should they want to uncover the truth of themselves through their feelings, and if they can readily communicate with such spirits. Such spirit help will never actually interfere, as in, take over from you, just as Jesus and I never do with you James, always leaving it up to you.

*James:* Just as I wish my parents had treated me.

*Mary:* Yes, however they were incapable of that being untrue and false, whereas we are true.

*James:* Gee Mary, what you said about being manipulative, that does explain my relationship with three of

the bosses I've had, all of which didn't like me in the end and sacked me one way or another.

*Mary:* You were too much like them James, you both putting on your false fronts of 'being nice' even believing you liked each other, which you did on some levels, yet behind their backs believing you knew better, that you could run their businesses better than they. And they felt threatened by you, by the fact that you did actually think about the business and made suggestions, which you believed in your ignorance they'd welcome as being helpful, as such suggestions would only make them more money. But what you didn't understand was it wasn't actually just about making money, it was their business and so they had to think up all the money making strategies always being seen at the 'Great Leader'. And so you were a threat to the power of themselves feeling they were the important ones, the superior ones, they were the supreme controllers, because they ran their businesses as perfectly as was possible – in their own fantasy, not tolerating an outsider to show them up and tell them they weren't as good as they believed they were and told themselves. They had massive ego's James, with all their pride being hinged on their delusion that they were the master business man, even though they were only pathetically run little companies that would never amount to more than the lord and king living in his own little illusion. So some upstart like you, someone who actually threatened their precious little self-glory fantasy, was not someone to be praised and looked to for inspiration and ways to better their business and make more money. Deep within them you were their father who was going to come along and say, that's not how you do it, you fool, do it this way, this is better; you know nothing, I will show you, I am the boss, you are not, you are the stupid one and will never amount to anything. So really James, you stood no chance of having a decent relationship with them.

*James:* It's true all you say, I can see it was like that, and that's what I fear, that at any moment mum will come along and say, what are you still doing all that writing for, no one will read it, it's stupid and a stupid thing to do, it's so meaningless, you're just wasting your time, stop doing it, go and do something else.

So really with those men, it would have better had I just been staff who came along, always looked to them and praised them, never thought for myself, was just a robot who carried out their wishes.

*Mary:* Yes, to have been submissive and subservient, someone they could easily control, someone who didn't make them feel threatened in any way. Which you couldn't have done, and so didn't do, so got terminated from such jobs. And because they were only small and personal enterprises, you couldn't, like so many people can, hide yourself and even 'fit in' within a larger concern, one that is far more impersonal, and one that being so is not run in such a dictatorial way, so might even have encouraged and promoted someone who wanted to put in and help the business improve. But as that wasn't the relationship you had with your parents and within your family 'company', so you were never drawn to work in such places, always ending up in the smaller concerns with the boss being the controller of all, and someone unwilling to relinquish even the slightest bit of power... and who does that remind you of?

*James:* Yeah; so I have just gone out to work with male versions of mum and Gran... no wonder they all ended badly.

*Mary:* Yes, all to help you see the truth of yourself, the truth of how you were parented, which you've been bringing to light through your Healing.

*James:* And so why I've not been attracted to politics and trying to control that way, is the same as what you said, simply because that wasn't the structure of my family and how we related to each other.

*Mary:* That's right. You can only do in life what you did during your forming years, as in what you were subjected to, the power you were given and prevented from having. So that's all people do in their adult lives, fit into positions and places they had in their own families, in their societies, in their work, all which fulfil, albeit unconsciously, all the same feeling-patterns of their early life. And it won't be until they start to do some Feeling-Healing work on themselves, looking for the truth of themselves, that they will identify such controlling patterns, and then allow themselves to change.

*James:* Mary, thank you for those insights, that's great, it all helps me. Marion and I are soon to have breakfast so I want to finish up, however before I go, I want to ask you one more thing, a different topic.

*Mary:* Yes James, by all means.

*James:* Being the 100 year anniversary of the Padgett Messages this year, there are a couple of planned Divine Love meetings in various parts of the world. And in their organising of such meetings, I was reading how they of course naturally assume Jesus will be there with them in spirit, talking with those who can speak with spirits, and generally shining his love and light of encouragement on all they are doing, because they believe they are doing what he wants them to in the 'Divine Love movement'. But he's not going to be there, is he, and neither of you are, for as you've said to me, which I feel still applies, you've finished such hands on interactions with humanity, and even with something like celebrating the anniversary of the Padgett Messages.

*Mary:* The only thing Jesus and I would be celebrating James, if we actually celebrated at all, would be firstly the changing of planetary ages, but more importantly, the complete end of the Rebellion in Nebadon. And so no, Jesus and I won't be in attendance at such gatherings. As we've told you, representatives who will be appointed Celestials to 'speak on behalf' and 'even as us', and even who can 'pretend to be us – Jesus mostly as they are not interested in me', will be in attendance, so the people will not be let down, they will get what they expect.

*James:* And yet it's all only adding to the untruth.

*Mary:* Yes, because that's what they want. And so we readily comply, as we've always done allowing the Rebellion to proceed as it so desires. And because these people are still wishing to live untrue to themselves, using the Divine Love to advance their evilness and to live further against Jesus and myself, so we will allow them to continue on in their delusions and with their fantasies. And were they wanting to truly live true, that being achieved by living true to all their feelings, and not a pretension of living true which they are doing with their minds, then they'd soon discover through their feelings that Jesus and I weren't in attendance; and would ask why, and would be told what we've told you.

*James:* So really Mary, unless someone is intent on doing their Healing, longing for the truth of themselves that way, then all they say is looking for the truth and finding it, is not true. But they do find some truth.

*Mary:* Mostly it's information for their mind, which they feel or believe is true, and so set about trying to live it. And yes, some people do naturally uncover a little truth about themselves through feelings, but nothing along the lines of what one will do when one decides to do their Feeling- or Soul-Healing James. And so for all intents and purposes, I make the distinction that those people and mind spirits who say



they are looking for and wanting the truth but are not doing their Healing, are only deluding themselves and not being true to what they really want, which is to still carry on and advance their evilness, their untruth and negative states.

Look at these Divine Love people you are talking about. They say they are all growing in truth, looking for it and finding it, and yet they are refusing to do their Healing and really look for the truth of themselves which their feelings would give rise to. And you can see it James by what they write, there is not truth advancement going on and being expressed in their writing. Compare what we write together to what they write, and there is no comparison. And if they were truly growing in truth, then as there is only Truth, so they'd be writing what we are.

So it's all a fantasy, 'a mental construct', and nice idea, something they have learnt they should be doing, an appealing practice – looking for the truth, which means they are more spiritual, and so on. But they are not stopping their untruth and looking to give up their controlling mind and all its erroneous beliefs and resulting unloving behaviour; they are not wanting to really follow Jesus and myself, for if they were, they'd be reading your work and feeling and relating to the truths in it, and so setting out to uncover the truth of themselves for themselves through their own feelings. And they'd give up their so-called Divine Love Movement because there is no such thing, and just get on living, if anything, Divine Love Spirituality, doing their Healing and understanding and accepting their evilness. And they'd not be wanting to have any anniversary meetings, they'd not see the point, they might want to still get together and enjoy praying and communicating with each other their feelings with the desire of working on themselves to further their Healing; but it wouldn't be in any false and contrived way such as celebrating James Padgett's work and Jesus' second coming to Earth to reveal his truth. You and Marion are not going to celebrate it, are you?

*James:* No. There's no point – as you say. We don't celebrate anything.

*Mary:* Exactly. Your daily revealing of the truth of yourself should be what you celebrate in each moment you honour more of your feelings and they guide you deeper into the seeing more truth of yourself. Your every feeling, good and bad, should be embraced in celebration of having such feelings, of being alive in Creation, as being a wonder of Creation and integral part of it.

*James:* Which would be all very well Mary if we felt so good about ourselves, and not as Marion and I feel, that there's no point to our existence.

*Mary:* And when you're fully healed James, and with your whole being expressing all your good loving and true feelings, then you'll be able to celebrate the richness and beauty of every feeling, and then you will understand what it's really all about.

*James:* I'm looking forward to it Mary.

*James:* All in good time James. And even though you can't celebrate your bad feelings, they making you feel so bad, you can at least appreciate them, honour and accept them; and in doing so, honour, appreciate and accept yourself more.

*James:* I'm trying to, yet not with my mind, waiting on my feelings. Mary, thank you again, I've got to go now.

*Mary:* As always James, a pleasure. Speak to you soon. Bye now - Mary M.

Later:

*James:* Mary, I feel like continuing our earlier conversation. I don't have anything I want to specifically say, but I'm sure there will be more we can talk about.

*Mary:* Certainly James – always more. I've been monitoring your thoughts on what we spoke about, particularly the one that came up about how none of the religions or spiritual systems really delve into psychology much, whereas so much of *Divine Love Spirituality* concerning one's Healing is all about one's psychological make up and problems. And as that is life, the psychology involved in relationships, then shouldn't that be what religions focus on.

*James:* Yes, I was musing over that. It seems to me such systems are more interested and intent on just adhering to a lot of beliefs, using religious practices to reinforce such belief and behaviour, but no one other than Alice Miller from what I've read, wants to go all the way back into one's earliest childhood and include that in their spiritual or religious philosophy. Not even the Padgett Messages or The Urantia Book include it to any depth.

*Mary:* Because they are not about revealing the truth of one's feelings and one's relationship with one's feelings. One's feelings if one will allow, will guide you into the complexities of the psychology of your actions: why you are the way you are; all of which is of course necessary and should obviously be apart of one's getting to 'know thy self'.

*James:* Yes, it all makes perfect sense to me now, however when I first started out on my spiritual path, psychology had nothing to do with it.

*Mary:* You believed you could learn a lot of truth and simply apply it to your life James, but as you've come to see, one doesn't learn truth and then live it, one can learn all sort of things with one's mind and try to put all of that into action, but it's not living the truth that comes to you through your feelings when you look to them to show you what you are to see about yourself.

*James:* Yes Mary, what you said earlier about people believing they are growing in truth, and yet are not doing their Healing, so are not really growing in truth, that was how I was. And I would like you to expand upon it some more if you wouldn't mind.

*Mary:* The difficulty comes when people do naturally express their feelings and do naturally honour them, then yes, some truth many come to light about how they feel about themselves, nature, other people and God. So one can be growing on and off in truth through one's feelings. Yet it will be nothing compared with how much truth one will reveal to oneself on a daily basis, should one do one's Healing. And if one is shut off to one's true feelings, living feelings generated solely by one's mind, then no truth will result from such 'unnatural' feelings. Then added to this is the complex mess of people's beliefs, ones learnt and evolved, added and subtracted to, throughout one's life. Then add in also all the complicated psychological levels involved, and the fact that you are all focused in the negative, and so any truth that does come to light will very quickly be swallowed up into the morass of controlling one's mind, using such truth to add to one's power need and controlling ways.

So in the context of some of the Divine Love people we were referring to earlier, they might indeed be uncovering a little truth, and such truths might be in harmony with the truths Jesus revealed in the Padgett Messages, however compared to the amount of truth one will uncover through one's Healing, it's only a minuscule amount one can uncover for oneself whilst one is living in an anti-truth state of mind and will. So many of these people, and indeed many other people from all walks of life who work on themselves or undergo some kind of feeling based therapy, and many of the mind spirits, covert their tiny snippets of truth that may come to light, into seeing them as huge revelations and insights, and believing they are well on their way progressing in their spiritual growth. However they've not even arrived at first base so far as embracing the need to do their Feeling- or Soul-Healing. So they might believe they have made good progress when in fact all they've really succeeded in doing is advancing their negative state by using that snippet of truth to further complicate and embroil themselves in their controlling mind. All to help them deny more of their bad feelings, all to help keep their fantasy alive that they are becoming more perfect, true and loving, when they are not, when they are still doing the very opposite. I've said this before James, but the sincere truth seeker will not actually begin her or his spiritual journey and ascension of truth to Paradise UNTIL SHE OR HE BEGINS THEIR HEALING, UNTIL THEY STOP AND START EMBRACING ALL THEIR FEELINGS AND EXPRESSING THEM TO UNCOVER THE TRUTH THEIR FEELINGS (REALLY THEIR SOUL) ARE WANTING TO SHOW THEM. So until that time, until people have embraced Divine Love Spirituality as you're revealing it James, they are only at best preparing themselves for their Healing; and at worst, simply furthering their negative state.

*James:* Mary, why are you suddenly referring to Divine Love Spirituality?

*Mary:* I felt it was time for me to support you more in it James. I know it's simply the name you've made up, however it's a very applicable name, and all you've revealed in it I want you to understand that Jesus and I support.

*James:* Most of what I've revealed you've both told me.

*Mary:* That's not true James, don't sell yourself short, much of it you've worked out for yourself, and what you have gained from Marion, Jesus and I are only a small part of it. And it's more for you to see what feelings you have by my using the name and referring to in the ways that I am.

*James:* Yes, I'm feeling good about it so far, I'm waiting for the bad ones to come. But I do feel good that you and Jesus are giving it the okay, I know you already support me in all I've said because most of it I've discussed with you anyway; but it is good to think of DLS as being something, something perhaps more than just a name I made up. For it to become a real thing, something people can love doing in their own lives, and possibly even be a part of. I know we don't need names and labels and such, but still it can serve a purpose and I enjoy having it all sorted out in my mind as to what to call it. Marion as always just goes on her feelings and sees no point at all for making up names, she's even loath at times to call our Healing our Healing, that she is just doing this thing herself that is her striving to live true to herself, it's her simply 'doing' her life, and it is only her own private thing having nothing else to do with anyone. And she thinks I should be like her and just do it myself, my own thing; only the trouble is, none of the Healing just comes to me as it all does to her, I'm not a 'natural' having so heavily denied my feelings and being so disconnected from them. So I have to learn about it, then decide whether or not I want to apply what she says; then I try it and see how it makes me feel and what happens; and even see if I can get

somewhere with it. And I guess there will be other people like me, who need it all spelled out for them, for it all to make a nice picture and something to keep their mind happy and to use as a framework as they try to get more in touch with their feelings and express them. And I guess there will also be people more like Marion who don't need all that mind stuff and are happy just to get on with accepting, expressing and seeking the truth of their feelings. So I of course am writing for 'my kind'; and really as if it's me out there looking and wondering what it's all about, and feeling so confused with so many different conflicting things, and I'm wanting to take myself by my hand and guide myself along the road to Divine Love Spirituality and into my Childhood Repression.

*Mary:* All because you felt so deprived James as you were growing up, bereft of feeling expression. You had feelings, but you were not allowed to express them, being made instead to turn your back on them, to throw your feeling-self away, and get on only with your mind; and with only a mind that was acceptable to them, which was a very limited one. So through your Healing and all you are making DLS be, you are developing or evolving your mind to suit you, the real you, the you that is feeling-expressive and living with your feelings leading your mind.

*James:* That's what I would like to do Mary, yet every day Marion helps point out yet more ways my mind is still in control of my feelings. And as I've said before, it nearly drives us both mad trying to work out the complexities of the psychology involved. And it just gets deeper and more complicated.

*Mary:* Of course James, God is very complex, personality is highly complex with the interplay between the thinking and feeling parts of the mind, for really they are both aspects of mind even though we divide them up as being separate things. It is all highly complex, with the deeper or further you go, the more complex it becomes. You only have to look to your studies of nature and the natural world to show you that. And it's the same within yourselves. You will always be going deeper into the psychology of yourself – for the rest of eternity. It would be boring were all the mysteries solved in a few years – what would we all do for the rest of eternity!

*James:* That's too hard to think about. I can't use my mind to ponder such things like that Mary, not like I used to, going off in my head for days at a time considering such far reaching things.

*Mary:* Not for you anymore James, it's all getting much easier anyway as your mental mind is being 'absorbed' more by your feeling mind. And that's all to help you for when you come into spirit, for then you'll be in the right mental and feeling condition to live how we live. So with every mental circuit you heal now in flesh, so you'll be more suited to your spiritual life when your time comes for you to come over here.

*James:* And will you and Jesus be there to meet me Mary, I would love that, if it's not too much trouble for you to come from Salvington. I would love to meet you face-to-face and see what you look like. And of course to thank you both in person for all you've done for me.

*Mary:* Of course James, we'll be there to welcome you, we all will, all your spirit friends. We'll be there for you both, as none of your parents or family will be.

*James:* Good, I don't want them to be, that being how I feel at the moment. I might change by the time I die, unless I pop off tonight or sometime soon.

*Mary:* They won't be there James, you're living in too much of a different 'world' to them, you've progressed too far in your Healing and will be even more advanced in it by the time your death comes about. There are other things, more important to you, things for you to experience upon your death and waking up in spirit, and those things won't include your family. You'll be able to meet them afterwards should you want to, however I don't think you'll be in any rush, not unless they are doing or have done their Healing.

*James:* Yeah well if I am still feeling as angry with them as I do now, no way would I want to have anything to do with them, at least not until I've completed my Healing. And even then... I don't know Mary, I no longer feel like I have anything in common with them, not that I really ever did. And the more I face and accept and uncover the truth of my horrible relationships with them, there's not much incentive to want to see them again. Possibly if they were doing their Healing, then I might want to see them if they wanted to see me, but I think that would only be to help them if I could in any way, I don't think I'd begrudge them any healing help, for I do understand, even as angry as I feel with them as I do, that they couldn't help how they were and how they treated me. In their own minds and delusion they think and feel they love me and did the right things for me, and it's not for me to tell them otherwise; that's for them to find out the truth for themselves through their Healing. And I can imagine that were they to do their Healing, they might want to see me, possibly to tell me how bad they feel for treating me so unlovingly. And I did so much want them to say that, but now I don't, I've worked my way through all of that, so I no longer feel like I want them to say sorry. But if they wanted to, or needed to, I think I'd go and see them; but other than that, I can't see any other reason to. And if they wanted to see me and were not doing their Healing, well na, at the moment I'd still not want to see them. And I'm sure there are ways over there of finding out what spirits are up to if you want to without having to see each other.

*Mary:* There are.

*James:* But having said that, really would I want to know what they are doing? I used to want to be a fly on the wall, but not anymore either. I don't care what they are doing; and as I heal more and let go more of my family and all the hidden bonds tying me to them, less and less do I feel anything for them. However Mary, that is all how I feel right now in this moment, and I know all too well, that in the next moment I might feel completely the opposite way.

*Mary:* Yet still it's good to express all you think about feel in every moment, all which leads on to how you think and feel in the next moment. It's all important James, and the more you can speak about such things the better, all to get more of your feelings going. All to help you get to know yourself more.

*James:* Yes Mary. I do at least mentally understand. Putting it into practice is still another matter.

*Mary:* I'll speak to you soon James. All Jesus' and my love to you both – Mary M.

*James:* Gee Mary, you've never said such a thing before.

*Mary:* Times are a changing James, things are moving on – you know, as you were talking about with Marion today, progress is the name of the game, isn't that what's it all about!

*James:* Ha!, you're as bad as she is. I just want to progress out of my yuk, but as she says, it's not about going anywhere, but staying true to your feelings, and forget about whether or not you're making progress. Where does she get it all from Mary, it just keeps coming out of her. She's the Living Fountain Of Truth.

*Mary:* Surprises to come James, wonders to see, and in time, many things for you both to do; Marion won't always be sitting on the couch wondering what her meaningless life is all about and why nothing ever happens.

*James:* Ha, that will definitely be a sign of progress!

*Mary:* Bye James.

## 101. Why do I have to long for the truth of my childhood repression?

Wednesday, 22 January 2014

*James:* Mary, why do Marion and I have to keep longing for the truth when we know how our childhood repression started? When we know it was all to do with our parents treating us badly.

*Mary:* Because James, it's about knowing the whole truth of what happened to you, the whole truth of your relationship with your parents, and the whole truth of yourself; and to uncover it; and there's a lot to see, it takes time; and a consistent desire and longing to want to see and face it. So it's more than just a mental understanding, it's embracing the truth, uncovering it through your feelings, so you can FEEL IT TO BE TRUE, otherwise you can never be really sure. And you have to FEEL HOW IT WAS FOR YOU, IN EACH AND EVERY MOMENT WITH YOUR PARENTS AND CARERS THROUGH YOUR FORMING YEARS AND CHILDHOOD – THE WHOLE TRUTH OF IT. And you have to want to know it, so you have to keep longing for it, because you've got to focus your will on uncovering it, embracing and accepting it, rather than how you're currently applying your will in your negative state by using it to deny yourself the truth.

You are to want to know the truth of yourself and live that truth, and it will only come to light through your feelings, this we can't stress enough, as I constantly stress to you.

*James:* You've certainly said it a lot Mary. I worry that all I write is too repetitive, driving the reader to boredom.

*Mary:* And we will keep saying it – IT NEEDS TO SINK IN, RIGHT INTO THE PSYCHE OF MANKIND; for it's missing; and until it does, nothing will ever change, you'll just keep subjecting yourselves to more of the same. It might look different on the outside, but it will just be more of the same truth-denial on the inside. So as long as you live denying your true feelings, not accepting the truth of them, then the worse things will get for you as progress in your evilness.

And as you're discovering James, there's a huge amount to it. Jesus coming and telling you a few truths, giving you a few parables or a bit of truth in the Padgett Messages, is not what it's really about. That is all

very well, certainly, all what's needed as well, however that is only the merest tip of the iceberg, just a drop in the ocean of what it's really all about, which you will discover as you start to venture into the doing of your Healing. And up until now, no one, not even Jesus, has revealed the truth of what it really is all about. Saying God is Love and you can long to your Heavenly Father for His Divine Love, is only one part of it, and a part that really can only come into full effect once you have done your Healing, so before that happens, there's a huge amount of unknown, that being what I am touching on. And all Jesus and I have revealed and said about your Healing, all based on your's and Marion's experiences of it James, is still only a tiny drop of what there is to your actual Healing, what it will involve and what truth you will uncover and see about yourself, each other, your lives, your relationship with nature, and God. And although I am endlessly repeating myself in these messages with you, saying the same thing over and over until it drives you mad, still that is the only way to drum it into you. And it's only the starting point, because the actual doing of your Healing I can't tell you about: what to expect or what it will be like for the individual, it being something every person and spirit will have find out for themselves as they do it.

And it's the GREAT HIDDEN MYSTERY, the truth about doing your Soul- or Feeling-Healing. It's what humanity has been looking for all these past two hundred thousand years; it's what has been staring you in the face all along and yet you've been too afraid to face it. And everyone goes off looking far and wide, doing this spiritual or that religious practice believing they are getting closer to knowing God and themselves, but they are actually only taking themselves further away from the truth by looking to such untrue systems for guidance, when all they do have to do is look to their own feelings, all those ones they are using their religious and spiritual practises to further avoid.

*James:* It sure is incredible how so many people over all these years have not seen it for what it is. So many people are aware of how all our problems stem from our early life, and how we form constitutes how we'll be as adults, and yet we still fail to put it all together and see that to really heal ourselves we need to go into and embrace those bad feelings we're rejecting. I read 'feeling healing' methods which encourage people to accept their feelings, to affirm to themselves they are feeling the bad feeling, and saying how it's okay to feel bad, but then the rest of the technique is what you can do to rid yourself of the bad feelings, or tone it down or 'transmute' it into a good feelings. And then some people are aware that by rejecting our feelings we are rejecting a vital part of ourselves, and yet they still don't want to do the really hard stuff to follow those feelings right through to the end.

*Mary:* No James, because they can't, it's simply not part of Jesus' and my age, it's not part of the truth we revealed, so no one can do it. At best you have people like Alice Miller touching on it, heading in the right direction, but not spiritually embracing it as you and Marion have done. And all because such people have not really wanted to uncover the whole truth of their pain, the believe they do, pay lips service to it, but don't want to dedicate their lives to doing what you and Marion are doing. And as it's now happening for you, so too can it happen for other people who come to understand about it and what it involves and choose to commit themselves to doing their Healing. It's truth really for the next Spiritual Age, so Jesus and I are able to come 'through' you and Marion in preparation for that. And even though people can start doing their Healing now, really it's for humanity once the Spiritual Age begins.

*James:* Mary, I was writing a response to an email I received yesterday in which I said the Mother and Father will only subject us to what we can handle through our Healing, They won't push us beyond our limits; and as we've spoken about this before, I was wondering if you had anything else to say about it.

*Mary:* Well it's true James; and it's true of what They are subjecting you to in your evilness as well in your

Healing.

*James:* So even though some people suffer such horrors and torments of hell, even bringing about their physical death and suffering untold pain and agony, still that is within their capabilities of experiencing it because of the feeling-dynamics of their childhood.

*Mary:* Yes, because if it wasn't, they wouldn't experience it. And physical death is nothing, just a move from one level of expression to another, and so everyone's soul has been created to cope with all they are subjected to, because they wouldn't be subjected to it if they couldn't cope. Your souls are not formed with a destiny which might unfold becoming all too much for you to cope with; your souls are you, you are your soul, so all it has planned within it is all you are, all you will be, so all you will experience. And nothing will be too much, even though at the time of course when such intense pain and pressure is being applied to you, you might feel like it is too much, even breaking you down to physical death or psychic and spiritual mental breakdown, but still it will all be what you can deal with because it is all you *are* dealing with.

*James:* And if say by some chance it were all too much, and one couldn't cope with it, what would that actually mean?

*Mary:* In theory, even though it can't actually happen in reality, it would mean cessation of being, you, your soul, and the personality expression of it, would cease to be, and be as if you never existed; this being of course what you're the most afraid of happening, of not surviving, of being extinguished, annihilated, snuffed out of existence, becoming nothing, all those terribly bad feelings you've felt at times James when you've been pushed down into your darkest fears.

*James:* Feeling so unloved that I cease to be.

*Mary:* Yes, the ultimate rejection, to be no-love, so of no existence. However one's negative and evil state, although whilst of it you feel like this in your worst moments, is actually nowhere near anything as drastic as this, for being evil is state of being, and it is an experience. So whilst you are evil you are still existing, you are not ceasing to be. And even though you push it to the very extremities of an unloving experience for yourself, of feeling so unloved, still you will continue to exist, even in your most evilness, and so will continue to be.

*James:* Yes, I see what you mean; for as you say, even though Marion and I have felt so wretched, so, so bad, and so like we're nothing, and that we almost don't exist and feel like we're about to be snuffed out, still, we're feeling these bad feelings, so we're still a long way from being void, from being completely nothing, no feelings and no thoughts, no-light, ceasing to be.

*Mary:* You are very much existing, you intensely feel such bad feelings even if you feel like you are nothing and don't exist. Those are very real and very intense bad feelings James, showing loudly and clearly that you do very much exist. You are very much alive and in existence feeling them, and feeling how unloved you feel, and how nothing you feel you are, and how close to nothing and ceasing to be you are. But as you say, you are still feeling, and that's what you can't stop, you will always feel, even if your mind becomes so shut off to your feelings so you feel blank or feeling-less, but still underneath your feelings are there.



*James:* So in a way in our most miserable state, we're actually feeling very passionate about such bad feelings, or feeling them passionately, because we are feeling *so* miserable, although such passion is not a good feeling. Yes, we are feeling them with our whole will, I can see that.

*Mary:* Yes, what you mean is the intensity of feeling is very real and strong and true, and it is, you are very much alive even as you feel very much dead – dead in spirit and soul. You feel at times like a zombie, with no life, nothing at all but dead, and yet really you're very much alive, it only feeling like you're nearly dead and nothing. So once again it's all in your feelings James, what you are feeling; and the more you can simply allow yourself to feel them, the closer to the truth of your evilness and your feeling so unloved you will get.

And the Mother and Father are in control of it all, They are guiding you every step of the way into your horror and darkness and then out of it; and so of course, all you experience will be simply the perfect experience for you at the time, no matter how bad you might feel.

*James:* I understand what you're saying Mary, the theory, but when you're in it, and you feel utterly like shit, so fucked, just so bad-

*Mary:* I understand James, and in that state it's the last thing you'll be thinking about, when all you'll be lucky to do, if you can do anything at all when you feel so rejected, unwanted, alone, abandoned and unloved, is keep expressing such bad feelings and longing for the truth of them.

*James:* So Mary, for us to heal ourselves we need to find the truth of what we're healing: why we feel so bad. And for us to do that, we have first accept that we feel so bad.

*Mary:* Yes, your bad feelings are the gateway into uncovering the truth of yourself. They are markers or sign posts, saying go this way, accept me and express me and you will become more in touch with yourself, with how you really are and how you really feel about things and about yourself and your relationships with everything including yourself. And that is the truth you need to find. It's not about the great universal truths of God or Creation or any such picture of how the cosmos works, it's just about yourself and your feelings – how you are feeling at any given time, and why you are feeling that feeling; and, *really* why you are, and not just a superficial mind answer as to why. What are you feeling now? And are you feeling bad? And how does feeling that way make you feel? And if you are feeling bad, accept that you are, don't try and stop yourself from feeling bad. And speak about how bad you feel, speak emoting the feeling with the full energy and intensity (so pain) of your bad feelings; speak with your pain, as in allowing your pain to speak, give voice to it so the listener can hear the pain you are in; give voice to your misery, anguish, fear and torment, bring it out, the whole energy of it; all whilst you long for the truth of what it's all about – why you're feeling this way now. That's all you have to do, nothing else.

And if you don't know how to express your feelings, long for someone to come into your life to show you. Pray to your Mother and Father to provide you with a friend who can help you. Ask Them for what you want, knowing they will provide you with what They know you need. And although They do have it all under control and so why the need to ask for what you want, it is still important to express what you want and with all the feelings of how much you want it. It's about bringing yourself out, so the more feelings and thoughts you and express, the better. And ask with your feelings, not just your mind because I am saying you should; ask Them because it's what you feel you really want. And so in feeling you do want it, ask with that feeling.

Be the child of God that you are, and just as child goes to its parents and asks, so go to God and ask.

*James:* Thank you Mary. As usual that was all really good, but I'm fading again, it was another intense feeling day, so I've got to go to bed.

*Mary:* Yes James, more good deep work you did on yourself, and there will be more of it for you tomorrow, there's more very important truth for you to see in what you went through today.

*James:* I'm going to bed longing to the Mother and Father to help me uncover it through my feelings.

*Mary:* Good; and I'll speak to soon - Mary M.

## 102. God: mother/father or Mother/Father?

Friday, 24 January 2014

*James:* Hello Mary-

*Mary:* Yes James, I am here, please go ahead.

*James:* I've had another big insightful day, as you know, and so I wanted to discuss some of it with you, some of the bigger picture stuff.

*Mary:* Certainly, I'd love to; and yes, I know what you've been through and what you've seen, and I agree with it all. So yes, let's speak about it James.

*James:* Okay, well I was again reading something on the Internet, a new website by a guy who seems quite insightful and he was saying how some of the latest channeled material is moving toward relating to God as mother/father, or even Mother/Father, saying that God is neither actually one or the other, but both. And the Mother/Father God is known by many names: Jehova, Allah, Shiva, Yahway to name a few – the ones I'm familiar with anyway. And even that there is this Mother/Father God who created us, then above it, there is the One Prime Creator, the Father of Creation who the God of the God's and is neither male or female. All sounding a bit of a muddle, however interesting that the two layers exist, suggestive of the two layers presented by the Evil Ones, as represented by the Lucifers and Satans, then the next more personal and closer layer, the Caligastias and Daligastias.

Anyway, the part that struck me is that I can imagine the mind side of things in our self-denial and self-delusion turning our Heavenly Mother and Father into faceless non-descript personalities, impersonalising them just saying Mother/Father God (MFG) rendering them as nothing more than some abstract universal light or Source or Power, which is how I've usually heard people relating to God who have done away with the religions and taken a more New Age approach. All of which is just what evil is, the destruction of the personal, destroying it by preventing the full personality expression of the individual through one's feelings, by looking to use one's mind to control and dominate one's feelings dumbing down everything into the impersonal. So our Mother and Father with whom we can relate to with all our feelings, and feel Them relating to us, becomes nothing more than some mind label mother/father MFG, meaning nothing more than some impersonal Creator up there somewhere in the universe

with little or no meaning to us on the feeling level. Just a mental construct, something that we can't get to personally know, someone we can't get to personally experience – just an empty Power or Source devoid of personality. And Creation is nothing more than a mental thought by this MFG, rather than the ongoing creative personality expression of Soul, the Soul that is our Mother and Father in Heaven, and the Soul that we can all get to know as we get to know our own soul. And get to know God as we get to know ourselves, all THROUGH OUR FEELINGS and WITH FEELING.

*Mary:* Keep going James.

*James:* And so I was thinking, imagining really, that in time, I can see this impersonal mental understanding of God, one which is devoid of any real truth, growing and becoming established in the minds of humanity as people become dumbed down to a feeling-less mind controlled existence. And one which Divine Love Spirituality will be the direct opposite of. So conceivably they might exist alongside each other, MFG and our Mother and Father. A mind or mental or thought God, as opposed to a feeling God; an impersonal God, and impersonal way of relating to God, as opposed to a personal one.

*Mary:* Yes. And-

*James:* And I was thinking that as you say your and Jesus' age is coming to fruition, it would be very fitting should the anti Christ be gay with his partner being the so-called false prophet, they being a couple, the most corrupt version of a soul-pair you could have (not that I have anything personally against homosexuals), manifesting the complete denial of the feminine aspect of truth. Then the breaking down of all that there is as represented by the End Times, for the next age of so-called peace and harmony to bring into being the manifestation of the MFG, the full impersonal relationship we can have with God through our evilness and feeling-denial.

And then with all the falseness concerning the 'good' and 'loving' and 'light' side, there will be the real and true manifestation of the personal good, loving and light, as lived through Divine Love Spirituality, as people do their Healing and liberate their feeling expression, coming to know themselves and the Mother and Father through their new truth-inspired and truth-founded feelings.

And the False MFG, will then be the acme of the manifestation of the mind mansion worlds on Earth, this being how they relate to God, all impersonally. And then alongside this will be on Earth the equivalent of the Divine Love healing and feeling worlds being represented by those people doing their Healing and living Divine Love Spirituality; all which when fully manifest, would then move to the end of the next age, the end of the Avonals Spiritual Age, and the withdrawal of the Divine Love. Because by that time, humanity would have manifest on Earth what it would be in the mind mansion worlds, as those worlds are always trying to manifest themselves Earth; and so be in a position to really choose for itself, once and for all, which road it wants to continue down: the same road of evil, the road of the mind in control of feelings leading to the ultimate false MFG; or the road of healing one's evilness, striving to live with feelings in control of the mind, and relating personally to a loving Mother and Father. Or not so much in control of the mind, as the feelings don't and can't control, but the feelings leading with the mind supporting and willingly following.

So how's that Mary, I didn't think I'd be able to write it all in one go. That's all been floating around in my head since this afternoon. So the Avonal's age could actually be the furthest evil goes in our impersonal way of relating to God; and yet at the same time, the most personal through those people doing and who will have done their Healing.

And another thought: so humanity will achieve being as evil as it can by denying you and Jesus and the

whole of Nebadon by the end of your age, and by the end of Avonal's age, taking all of that denial to it's ultimate conclusion with the full denial of God as represented by the most impersonal way of relating to God, that being the equivalent of the sixth mansion world.

*Mary:* Sounds pretty good James. There is nothing more for Jesus or I to say about it. We completely support you and agree with all you have said, with how you're seeing it. And as for what you say about the anti Christ and the following manifestation of MFG in the age to come, we can't say one way or the other as to whether such things will turn out like that, but symbolically as to what such things represent, it's all good and very important to understand by those people who want to understand the complete outworking of humanity's evilness – which is what you want James.

*James:* I also understand that of course the anti Christ might not be as I am saying or the MFG religion or spiritual system might not actually eventuate, however it's a picture I can relate to symbolically as you say Mary; and on that level I can see it making sense, how the mind spirits want to try and manifest on Earth such ideals because that's how it is for them over there. And as they are controlling being still in their evil states, so they naturally within such states want to control people on Earth, they can't just leave us alone and let us get on with it, they are too controlling.

*Mary:* No, they want to keep maintaining the parent/child domination relationship as it is in its unloving state.

*James:* Yes Mary, I was just going to write that – I probably picked the thought up from your mind as you were passing it to me. We on Earth being the children coming into being, the ignorant and often stupid and dumb child who knows nothing – so we're told; so needs to be told what to do and how to be 'guided' by our so-called 'loving' and 'caring' 'parents', the mind spirits. The higher and mightier mind spirits who are oh so much closer to God and know all what it's about having spent so many years 'over the other side' doing all their 'great works', and yet all still refusing to do their Healing and face the truth of their own conceit, face the truth of their own feeling and self denial, they deigning to be our know-all 'parents'. And after so many years of being in the mind Mansion Worlds, they are still evil, still carrying on the same old stuff, and still trying to influence us on Earth with all their rubbish.

*Mary:* More anger to express James?

*James:* Yes Mary, it's all still just my anger with mum and dad. Mum and dad are the mind spirits and they are trying to force all their crap on me as if it's the truth and they know what's right and best, when they are so wrong and don't have a clue. So yes, more to express to Marion in the morning.

But that's all it amounts to, isn't it, the mind Mansion World spirits are just all the mums and dads still trying to force 'their' children on Earth into becoming as they are. And I feel like telling all such mind spirits to fuck off and leave us alone down here. Let us be free to express ourselves as we want to. And yet that's the same as yelling at mum and dad to stop putting all their crap on me, and to instead love me, and to stop making me feel bad all whilst pretending that they do love me. Which is exactly what the mind spirits are doing, they say they love us and want to help, and there are so many people willing to receive their 'help' and 'love', and yet what is this so-called love and help really doing, nothing more than taking them both – the person on Earth and the mind spirit involved, deeper into their negative state. So, so much for their love and help, it's really hate and no-love, just more evil.

*Mary:* And it's all true what you are saying James. And please keep going, tell me more.

*James:* I don't know that I've got more to tell Mary, I think I've run out for the time being. What I do want though is to get to a point where I understand it all, and then don't feel bad about it. As I was saying to Marion yesterday, God doesn't feel bad about us all suffering and being evil, for They are after all making us go through it all. So I wish I could relate to it as the Mother and Father do, to see that really it's all an extraordinary experience we're all being subjected to, and no matter how fucked we become, how bad we feel, how evil we are, it's all still incredible, and in the fullness of time, something so amazing that we'll be so grateful to God for putting us through it.

*Mary:* You'll only get to that point James in your feelings when you've expressed all your repressed anger and rage at your parents for treating you so unlovingly. But once that's all come out and the truth liberated, you will see it in that light, because that's how Jesus and I see it. We don't want to interfere with it, because as you say, it's all incredibly unique, and just because it's called 'evil' and is unloving and makes you feel very bad in your suffering, still doesn't mean it's not an incredible experience for you. And something which when you're fully healed will be dear to you. But you can't get there by jumping over all your bad feelings and using your mind to try and see it how Jesus and I or the Mother and Father see it. You have to first deal with it, with your evilness, fully coming to terms with it, fully uncovering the whole truth of it. So allowing yourself to feel as bad as you do feel – all the pain.

*James:* I understand that Mary. And it's only that I can sense seeing it all in an entirely different and positive light. But as you say, for now, whilst I still feel angry and are still in such pain, fuck God, fuck the Mother and Father, and even fuck MFG and everything else – fuck it all, because I feel so bad, so much like shit and I hate every moment being how I am.

This morning Mary, I could see because of a dream I had, more of just how I am so impersonal, so un-feeling, I am just learnt mind patterns. In this situation, when this person says this or does that, I then respond by doing this or saying that. I am not inspirationally responding with my feelings, I am all but feeling-dead, just like a moron robot who unquestioningly carries out its program. And even further; that I'm not even my own program that somehow I've created for myself, I have just downloaded mum, dad and Gran into me, being a garbled mess of their programs. So I open my mouth and it's not the true me coming from what I truly feel, it's just some parroted nonsense that I've learnt and think applies in the relevant situation. And I keep screwing up the situations, which Marion picks up on asking me: what did you say that for, what did you mean by saying that, why'd you do that, that's not what someone would normally do in that situation, that's not what they'd normally say. So I haven't got the 'normal' stuff under control. I'm a complete abnormal mental mess.

*Mary:* And it's all good James, all helping you understand and come to terms with your untrue state of being. It's all what you're Healing is all about, all what your feelings are leading you to see about yourself and your relationship with your parents.

*James:* It all makes me want to scream and scream Mary.

*Mary:* All which your parents didn't allow you to do when you felt so bad because of how badly they were treating you. And all those screams are still within you, still needing to come out. So let them out James, no need to hold back.

*James:* I wish I could Mary, but that's the trouble, I am so heavily programmed to deny them, to block them out and to tell myself that I'm not even feeling bad – angry, who me?, no, I'm not angry, I Mr Calm, I don't feel like rampaging through the house smashing everything to bits and carving mum, dad and Gran into tiny little pieces. No, I've got it all together. I'm not psychotic and about to go over the edge at any moment. No, look, I'm fine, I don't feel bad; I never feel bad, I don't have bad feelings, only good feelings. I'm a good person, I don't get angry, I don't have screaming raging tantrums like mum did. Oh no, I'm the good boy; Oh no, I'm the good boy; Oh no, I'm the good boy; Oh no, I'm the good boy – would someone please shoot me and put me out of my misery! The record is stuck, because of a whopping big scratch, a whopping big mental fracture engraved across my mind.

*Mary:* Keep going James, bring it all out. It's all good. Talk with Marion about it all, express it all to her, and I'll speak to you next time.

*James:* Thanks for listening Mary.

## 103. How mind spirits see things.

Sunday, 26 January 2014

*James:* Mary or Jesus - or both of you, I'd like to discuss more about how the mind spirits see things, and their wanting to impose their way on us on Earth.

*Jesus:* Good morning James, I'd like to discuss this with you – Jesus.

*James:* Hello Jesus. Specifically I was wondering about why the spirits want to remain so focused on the physical, enough to want to try and influence us. Why don't they just want to get on with their own new spirit lives and be done with the physical world?

*Jesus:* There are many reasons, some of which we've discussed, however I'll tell you a few other things which you've as yet not worked out for yourself.

As we've talked about, there are a great amount of spirits who believe in reincarnation. Many of the higher sixth mind spirits believe they have transcended past the need to do it, no longer having any karma to live through, yet continue to delude themselves that they have had many past lives on Earth.

*James:* How do they do that Jesus – is it that they make them up for themselves?

*Jesus:* Yes, and their Indwelling Spirits comply. As you understand from The Urantia Book, it's all very easy for every Indwelling Spirit that has ever come to Earth to communicate with every other Indwelling Spirit, so all from different time periods, so it's nothing for them to 'transfer' as you might say, the lives of others from the past, into the mind and consciousness of the one they are currently indwelling should that be required by the soul of the one whose mind they are helping evolve further into its negative condition. Because for anyone wanting to believe such untruth such as karma and reincarnation, they are still wanting to advance their negative state, their evilness and self and feeling denial.

*James:* I see, so one is just looking back at other peoples lives, and your Indwelling Spirit will make it seem

that that other persons life is very real to you, even so much so that you believe you lived it. And I guess the same applies when someone undergo's hypnosis, the person whilst they are under, speaking as if they are living the experience of the person from the past, but still it's all being orchestrated by the Indwelling Spirits that are involved.

*Jesus:* Yes, with same applying should you want to look into your future lives, because the soul is timeless, and the Indwelling Spirits are able to work in any reality – the existential soul reality or the experiential personality reality of Creation. So the Indwelling Spirit can 'transfer' future peoples lives to you should you want to 'see' into the future, which many of the mind spirits who believe in reincarnation are always trying to do so as to plan and effect their future lives. They believe they have free will, so the freedom to do whatever they want, so they believe they can, and even have to, plan their future lives, trying to make them to their liking. They don't just leave it up to God and their soul.

*James:* I guess they also believe they've planned all their lives so far, so why not keep doing it.

*Jesus:* Yes, with their planning expertise getting better with each incarnation, so they also believe.

But what I wanted to help you see James in answer to your first question, was that because these spirits believe they are to return to Earth, then as part of that free will and control they believe they have, they also think they should try and make the Earth they are to return to more to their liking, hence their meddling in the minds and so affairs of men and women, all with the intention of trying to make Earth life be the equivalent of their Mansion World lives. They believe their life in the mind worlds is vastly superior to yours in the physical, and that were you to be able to live how they live, then all suffering and pain would leave you on Earth.

These spirits, because they don't know about, so don't understand that there are higher feeling based Mansion Worlds and all the Celestial spheres, see their lives in their Mansion Worlds are where they will be living for all eternity, and so believe that Earth life should rightly evolve to reflect their more 'perfect' lives. So many of them feel greatly Earth-focused, and even genuinely wanting to help people live better and 'higher' mind lives, all to help them stop their pain and suffering and the need to be cruel to themselves, each other and nature. But what they fail to realise is that it's all because of their heavy focus on their minds, the mind being supreme and the controller and how you make life good; all done by using your mind to control your feelings, to make yourself feel how you believe you should feel, is perpetuating and further causing the very problems they are trying to eradicate. They fail to see that they are the problem, that they are too mind focused, and that their continual mind influence on people in the physical is what actually keeps those people living untrue to themselves and rejecting the very feelings (their bad ones) that are trying to show them the truth of themselves; and which, if they did truly embrace as we've been talking about, would make the Earth a better place, and ultimately the paradise on Earth it should be. The mind spirits and people fail to see there is something very wrong, and that if they attended to those feelings properly, then they wouldn't have the need to feel anymore pain nor suffer and would grow in truth so end such cruelty. And neither would they feel the need to reincarnate, with their focus turning inwards to their feelings and looking to uncover the truth of them as they ascend the Healing Mansion Worlds.

*James:* So all the different sectors of these mind spirits, like the healers, doctors, the religious ones, the New Agey ones, business ones, the political ones, the family dynasty ones, and all the other ones, are all trying to 'help' humanity become like themselves by asserting their agendas wherever they can. Through whomever on Earth is open to receive their input.

*James:* Yes. But the trouble is, there are many different sectors and groups within all these sectors all vying for some control. Many of the different groups form alliances all saying they are working together, helping one another, all coordinating their efforts through the various people on Earth open to their help, and that is direct communication or indirect, which often ends up in disagreement and breaking apart of their alliance, causing yet more problems for the people on Earth they are supposedly 'helping'. It's not 'all-loving' in these lower mind worlds as the spirits in them would have you believe.

*James:* I see what you mean Jesus; so nothing in that sense changes, these spirits being no doubt just as they were on Earth. Just as alliances are formed and disagreements... and we all know how it is.

*Jesus:* They can't be any other way than how they were on Earth because they have not grown in truth changing themselves. And because all they've known to be is controlling, as so many of them have been parents controlling their children, and not wanting to be controlled themselves, so they seek to control their 'children' as you said on Earth. They look down on you as if you are desperate for their 'loving' parental control, and so are always trying to impart their 'truth' to you, just as your parents did. All of which screwed you up no end James.

It's harder to be so controlling of others in the mind worlds, controlling of yourself and your own little space, sure, but you can't be anywhere as near controlling as you can be on Earth. And so as many of them are still so desperate to control, so you are an easy target. Only their trouble is, you don't always do as they say, so in fact you're not that easy to control. So many mind spirits devote eons of time trying to work out how to assert their control over the world, with in fact many of them being so caught up in trying to work it out, that they don't in fact apply much control. It's all more a mental exercise for them, a fantasy, a belief that they are influencing you.

*James:* Like everything, it sounds fucked. And as you said direct or indirect communication; do you mean like how I am, directly speaking with you, and indirect when the receiving person is unaware their inspiration is actually coming from mind spirits?

*Jesus:* Yes, and a lot of that unaware influence goes on, far more than people attribute to it. So the mind spirits in one way or another do feel they are able to control people to some extent, only the ultimate difficulty is, they can't completely control people, which some mind spirits would ideally love to do, because the person's soul often has other things in mind for them to experience, it also orchestrating just how much influence the mind spirits can have anyway.

*James:* That being a safeguard against our being fully controlled and so enslaved to such mind spirits?

*Jesus:* Yes. It's not allowed, because as you can imagine, then they'd be no point having humanity on Earth if people could only do what such spirits said.

*James:* But I guess many of these spirits by transferring and projecting themselves onto us on Earth, are really still trying to live out their negative stuff through such people.

*Jesus:* Yes, just as you've been seeing that's what you do with everyone. You are always projecting and transferring your negative self onto others, living out your patterns formed by your parents relationships with you, so the mind spirits are doing the same.



*James:* So sort of like those parents who are vicariously living through their children, trying to give them all the opportunities they didn't have, trying to make their child do all the things they would have liked to have done.

*Jesus:* That's one of the aspects of it James, one of the more obvious ones. And then of course there are all the deeper hidden and repressed ones, all that will come to light as you do your Healing.

*James:* Jesus, when I wrote that about the various sectors and wrote family dynasty ones, I'd not actually thought about that until I wrote it. But I could imagine that there are huge family lines all living together in spirit, and all wanting to try and control their continuing lines on Earth. Is that true, or are the family lines all broken up in spirit as everyone tends to go more their own way?

*Jesus:* It's both James. Many spirits want nothing more with their family, and so go their own ways; or even want to form their own new family, even self-made dynasty. Then for other spirits, family lines and inheritance still play a big part in their lives. They want to band together, as much of their family tree as they can, and some families love all that, getting to know their relatives and ancestors, people they might have heard a lot about yet never met on Earth, and now potentially they can meet them all in spirit. So they are all about trying to unite and keep united and strengthen such family lines, with all the usual infighting and intrigues as those in the power positions strive to maintain such power over the others.

And then there are alliances between families, and overlapping with their religious and cultural ties, and so on, not unlike how it is on Earth. And spirits form different relationships than they had on Earth, and such things as incest no longer apply, because you can't have physical babies any longer, and as time becomes less of an obstacle, you might find you fall in love with your son or daughter or someone from your family line but back ten generations, someone who looks just as young and vital as you do, and not someone who's very old, ancient and decrepit, because as spirits we all move to look the best we did in our prime. So there are a lot more variables that need to be considered, all to help confuse the mind spirits even more than such people were when on Earth, all helping them advance their negative states giving their minds always more power over their feelings.

*James:* So you can fall in love with your sister and... so what... why not.

*Jesus:* Yes. There is no longer any physical reason why you can't. And you could adopt spirit babies, have a family and so on.

*James:* Do the royal families and kings and queens still exist?

*Jesus:* Not as in ruling countries in the mind worlds or their sector equivalents, as there are no formal countries like on Earth, however they can still consider themselves kings and queens, popes and the like; and other spirits appoint themselves as kings, queens, emperors and empresses, presidents, lords and ladies of their own domain. It's all fantasy stuff James. And for some spirits such levels of superiority no longer mean anything, so rid themselves of their earthly titles, seeing them as an impediment to one's mind growth, which such mind spirits believe is their soul growth. But then others do still believe it gives them the necessary power and authority they require, and so maintain such titles. And with some spirits still being impressed by such things, others not so. It's more desired by people who grew up with servants and in control of many people, and so with great authority, who die and see it as their right to

carry on in the mind worlds in the same way, even demanding such spirits pay attention to them. And like all things, some servants now free move away no longer needing such authority to dominate them, whereas others find it an experience they require, just like you hear those spirits and people who believe in reincarnation talking about in one life they will be a king and ruler, then in the next to balance things out, be a servant or ruled. Many spirits want to try all sorts of different ways of being, so look to other spirits to help them. Many people have a very limited range of life experience on Earth, as you know James for yourself, and so seek other 'types of lives' and experience in their spirit life. And many mind spirits believe it's about experiencing every type of life you can, and that you have to, that being part of what one will do throughout eternity; and irrespective of whether they believe in reincarnation or not. Some believe you have to do it all through the flesh experience hence needing to reincarnate, others believe you do it all in spirit. So as there are countless lives lived, so there are countless different types of life to be experienced, thereby eventually leading the spirit (the person) to become a full and well-rounded personality. Which they believe is how you grow in truth. So they believe their eternal existence will be lived in the mind Mansion Worlds, failing to see that there is more and a whole ascension of truth awaiting them.

*James:* So I guess if you don't see there is anything else other the mind worlds that constitute heaven, then living every type of life on offer I can see would make sense, all so as to become all that you can be. So if I wanted to be king then there'd be plenty of willing volunteers wanting to serve me... hmmm... all women I hope!

*Jesus:* More to fantasise about eh James! Yes, you've got to do something with all that time.

And then you have those spirits who see it not so much as living every different life type, but acquiring all knowledge that's brought to light by everyone living their different lives. So they are on eternal quests for knowledge, believing that because God is ALL-KNOWLEDGE, when they attain all knowledge, so too will they attain God (be as God is) even becoming God in some way. Becoming the Great Mind. Or, at least part of it, or adding to it, as if it's a Collective Mind that is somehow evolving, and that's what existence is all about.

And mostly these mind spirits simply monitor people on Earth whom they consider to be great minds, looking for anything new, any new knowledge they might come up with. And some of these mind spirits do try and influence such knowledgeable people on Earth, hoping to inspire them to come up with some other part of the puzzle of becoming ALL KNOWLEDGEABLE that they can use.

*James:* So really, as you've told me before, there are masses of different ways to amuse ourselves with our mind in the mind worlds, most of which have some outreach and influence on Earth.

*Jesus:* Yes. And new ones being thought up all the time. And all vying for different levels of power and control, some being more overt about it, others more subtle and under the guise of non-interference, leaving everyone alone to be as free as they want. But it's all more of the same control, because it can't be anything else when you're all existing in an anti true love state of mind and will.

*James:* That non-interference, I've seen a bit of it with some parents saying that's how they parent, and yet it's quite clear to me that their non-interference is just as interfering. The Zetas are like that, saying their type of aliens are non-interfering, being Service to Others and not Service to Self, and yet all they say seems to me to be just as interfering, as they are always having to step in and stop or change or interfere in some way with the selfish ones.

*Jesus:* Just different manifestations of unloving parenting James. Like your mother, she made out to you that she was like the Zetas (who are only mind spirits pretending to be aliens), believing and telling you she wasn't selfish, she was more openminded and free in her thinking, a liberated woman, allowing you to be far more free to do as you like. And yet through your Healing (through your feelings) you're discovering it couldn't have been more the opposite, that she was even more controlling than those people she accused of being controlling.

*James:* Yeah I know, it's been incredible to wake up to how controlling she was and how she totally fucked me up in her 'liberated parenting' of me. She so readily judged other parents, putting herself up on the pedestal, and yet she was full of shit, and controlled me no end. This much I'm finding out about myself Jesus.

*Jesus:* And there's still more to come James. I'll leave you now, speak to you again, soon. Jesus.

## 104. Jesus with a Scottish accent?

Sunday, 26 January 2014

*James:* Jesus following on from what we were talking about earlier, and having visited one of the Divine Love forums, I'd like to ask you a few more questions, if that's all right with you.

*Jesus:* Certainly James, it's always 'all right' to speak with you. I only stopped earlier because I could feel your annoyance building to do with the child crying next door, and you needed to do what you did and express those feelings to Marion and uncover more truth about your relationship with your mother.

So, laddie, what can I do for you this evening?

*James:* You're making me laugh with your Scottish accent. Well, what you can do for me is confirm if what I've been thinking and feeling concerning the Divine Minister speaking to people is correct, that in fact these channels are actually communicating with mind spirits, and not Nebadonia, as they call Her.

*Jesus:* You are right James, the Divine Minister will not and so does not speak personally (individually) or collectively (as in groups) with ascending mortals who are existing in a negative state of mind and will. She will however speak to you James, because you are doing your Healing and because of your relationship with Mary and myself.

*James:* I haven't spoken with Her for ages, and I can't remember if She told me her name... I might have called her Nebadonia too, as I like that being I guess the feminine of Nebadon; even though now I remember you said it's not Her name. Because as The Urantia Book makes us tend to believe, you and Her are either soulmates; or She is your consort, and therefore not your soulmate because, as one of the Divine Love forum members put it, you're an Avatar, who supposedly has no need for a soulmate, being more stand alone as avatars are want to do.

*Jesus:* And once again James, as you understand, all the delicious untruth there to confuse and corrupt and make things even more difficult for you than they already are.

*James:* Which is why Jesus I am badgering you and Mary with all my questions so I can find out what is right and true.

*Jesus:* And so I will tell you matey, Nebadonia is not Her true personality name, however for the sake of naming Her, it will suffice. And James, She will tell you Her name should you ask Her to. And it might be worth your while to ask Her to come to you again so you can have a little chat, now that you're more evolved in your soul and further along in your Healing.

*James:* Okay Jesus, I will do that.

*Jesus:* Also you understand, She is the Divine Minister of Nebadon as 'The Urantia Book' tells you, so she is nothing of any consort or soulmate of mine. Mary Magdalene is my soulmate as I am her soulmate, and we both have a very personal relationship with the Divine Minister who coordinates all the mind circuits in our universe. Nebadon is 'our' universe, She very kindly coming to help us 'rule' it.

*James:* 'Rule' being a very provocative word Jesus, it conjuring up bad feelings for many of us on Earth.

*James:* Which is why I used it, in keeping with what you were reading this evening. Mary and I do rule and lead and govern and control Nebadon. Nebadon is our part of Creation given to us by our Heavenly Mother and Father, and it is, technically, ours to do with as we please with. And what pleases us is our living true to our feelings so our soul can unfold and manifest us fully and freely and truly in Creation, allowing us to bring into being those parts of Nebadon that require us to do so, and which then allows us to have the unconditional and loving relationships we enjoy with all our Creation and all who choose to reside in our universe. And we choose by following and living true to our feelings, to express the Will of our Heavenly Mother and Heavenly Father. And so as you understand James, our rule and control is different to how you experience and understand ruling and controlling to be in your evil truth-denying states. Our way of ruling and controlling is the same as our Mother and Father's way.

*James:* I understand that Jesus. I'm trying to get all my 'false' ruling and control out of me through my Healing. So I can be as you and Mary are: true and perfect; unconditionally all-accepting.

And I read there is still some conjecture as to whether or not you were born perfect on Earth or were born just like all of us, only able to heal yourself of your imperfections and sins and errors more easily and sooner than us because you are Jesus – God.

*Jesus:* Which as we've discussed is yet more untruth, for I was conceived, and so born, perfect and true, not being subjected to the evilness of the Rebellion and Default. So it would be unwise to compare yourselves to me in this regard, however wise for you to want to strive to be as Mary and I are: perfect and true. Which as you know, you can only achieve by doing your Soul-Healing. By doing your Feeling-Healing and embracing longing for the Divine Love.

*James:* And what about you being an Avatar?

*Jesus:* Another of those words with contrived meanings James.

*James:* I looked it up in the dictionary: *Hindu Mythology: the descent of a deity to the earth in an incarnate form or*

*some manifest shape; the incarnation of a god.*

*Jesus:* Which you can see doesn't apply to me, as I am not a god or deity or any manifestation of it, and neither are any of the higher spirits that have come to Earth or the Mansion Worlds, and neither are any ascending mortals or the mind spirits who like to claim they are or are thought of as being an avatar by others. The Evil One's I'm sure would have delighted in people believing and worshipping them as being Avatars. Hence the origin of those Eastern religions.

Such things are just more of what's attributed to the high mind spirits (and mostly by themselves), and people who when on Earth were able to transcend in their mind to the level of such higher sixth world mind spirits, and who have been singled out by humanity as being someone exceptional and worthy of worship and following. Which if done, will only lead you further into the depths of your mind control over your true feelings, so will lead you further into being as evil as you possibly can be.

As we've talked about, the high mind spirits believe they are avatars – the Ascended Masters and the like, all because they are resident in the highest sectors of the sixth mansion world and believe there is nowhere higher they can go. So in their self-delusion they believe they have 'made it' to that perfect state of bliss, of all-knowledge, at-one with mind, and with God who is Mind; or, the Mind of God.

And in this state, a state in which one's mind is completely transcendent – meaning, in complete domination over one's feelings and so being the most evil one can be, one feels (believes one feels, such is the power of the mind) like one is God and in a state of blissed-out nirvana; and being in such a state, has no room for any soulmate, any relationship on a feelings level with the truest of friends one can have. Such people who have attained such 'enlightened' states on Earth, and all those high mind spirits are all self-consumed, they are having too much of relationship with themselves to want to be disturbed by their soulmate, by feelings, which inevitably would surface. They have worked very hard on themselves by using their mind to banish all interfering-with-their-bliss-and-control feelings. And the last thing they would want is to have to 'share' themselves with their soulmate. And so it's looked down upon the notion of soulmate, it being a weakness of sorts to 'need' another person or spirit, and to not be completely self-sustaining, and in need of no one other than yourself, your own mind, for you are god.

*James:* So it's the most egotistical we can become.

*Jesus:* Yes, and it's usually achieved with all the affectation of being the most humble-of-thy-servants, not wanting anything, not needing anything, not interfering with anything or anyone, not harming any living creature and so on. But it's all too ingratiating and sickening all because it's all do devoid of real feelings. And in truth, it's harming and interfering the most one can do, far worse than the likes of Hitler, Stalin or Mao, as they at least had some real feelings; because it is being the 'King or Queen or Lord of Evil' – the 'God of Evil', the most evil; so perpetuating, sustaining and supporting all that is evil, all that is the Rebellion and Default. And such people and mind spirits set themselves up on a pedestal with so many people and spirits striving to become like them, worshipping them, wanting to do anything they can for them, giving themselves to them, devoutly following them, they believing they are the True Way to God. But it's only the true way to annihilation of soul because you are banishing your soul and its expression of feelings by being only mind.

*James:* Jesus I thinking of the Eastern religions, gurus, sages, enlightened masters, and so on, being the truest examples of this we have on Earth, which we've talked about before, yet with no one in the Christian religion able to be such an example, like what the Pope should be, because of your undermining influence of the Spirit of Truth, it not allowing people who at least believe in and try to follow you as

many Christians say they do, to lose themselves so completely in their minds.

*Jesus:* That's right James; unbeknownst to Christians, because they are (some of them) looking to me, allow my Spirit of Truth to stop them becoming such highly evolved sixth world mind spirits in flesh. My Spirit of Truth keeps people more in their feelings, not allowing them to escape so completely into their mind. They are still nonetheless trying their best to escape, however the Bible won't allow them to, as it wasn't written by the likes of Buddha or the Hindu Gods.

*James:* So are there high sixth world Christians in the Mansion Worlds?

*Jesus:* Yes, but a minority, for most spirits unconsciously realise that if they want to achieve that level of mind control (over their feelings, so over themselves) they have to look to the systems of belief that don't include myself in any way, so are devoid of any interference from my Spirit of Truth, not that they understand this. So their Christianity becomes a sort of compromise, a distorted blend of both East and West, so with far more what you'd call Eastern and New Age beliefs involved. But having achieved this 'enlightened' Christian state, it's then very easy for such high sixth world Christian mind spirits to pretend to either be myself – be 'Christ', or to even be God. However the purist Christians don't attain such high mind level pretence, being more content to worship their leaders, their spirit Pope or Archbishop or whatever, awaiting my return.

*James:* And what about the Muslims, how do they fit in, are there highly ascended sixth level Muslims as well?

*Jesus:* Yes, like the Christians, only far less of them. The muslim faith fails miserably in spirit once you move into the fourth Mansion World because women are liberated from its suppression. And many such women then reject it entirely, a lot becoming Christians, leaving it mostly male dominated; which some men spirits find even more appealing as they would rather not having anything to do with women anyway, and believe only by being a man can you attain God. But then without women, it's sort of not the same anymore either.

*James:* And so the talk about creating One World Religion, it being a blend of all religions, is really just an attempt from the mind spirits who are no doubt driving it from behind the scenes, to create a better way for people to achieve such a high sixth world state, and a way that presumably would be more appealing than everyone having to give up everything and live like a swami or guru does.

*Jesus:* That's right James. A way to try and perfect the expression of evilness, to be as evil as one can be whilst deluding oneself that one is as perfect, true and all-loving as one can be. And so being at-one with God – the God of the Mind. It being the greatest expression of Fantasy one could achieve living in the Rebellion and Default.

*James:* And so the very opposite of living as you and Mary are.

*Jesus:* Yes. Being the most untrue to yourself, nature and God that you can possibly be. And all whilst believing you are the most true.

*James:* Gee thank you Jesus, now I see the whole picture, where evil is evolving to.

And such people, and I would imagine mind spirits too, are very happy, brimming over with happiness, not having a care in the world having transcended all what we lower people worry about, and so going about radiating love, peace and joy.

*Jesus:* All being controlled and manufactured and contrived by their minds James. It's a self-made image they construct through all their hard work of spiritual or religious practice, all to affect such love, joy and peace of mind. And when you are of feelings, when you have done your Healing and feeling what real happiness, love and joy is like all coming from and based on and expression of feelings, then you'll be able to see through such people and mind spirits, seeing them for how they really are: very poor sad souls who have denied themselves so much and whose soul is crying out to be expressed through feelings. And you'll be able to see the ever-present control and domination of their minds over themselves, over their feelings. So such people and mind spirits might look and sound very appealing, however to follow and try to emulate or achieve the level of 'mastery' over oneself they have, is only going to hurt you and cause yet more suffering, for one day you'll have to 'come out of' that self-contrived state of mind and will. One day such people and mind spirits will have to do their Healing, and it will be very difficult for them to let go their egotistical belief that: I AM GOD.

We are not God, Mary and I are not God, you James and all people are not God, we are all only God's children, this being what Mary and I came to help humanity understand, and to show up the mind control for what it is, which of course mostly got lost as the years have passed, because people failed to understand what it was all about back then. But now you can; and so to you my friend, I can tell you, for me to just be alone in Nebadon only with the Divine Minister for company (and I'm not saying She's not good company, for She is), and not to have the personal and intimate FEELING relationship I have with Mary, would make me a very lonely man – spirit. Imagine it for yourself. If I say: follow me, and that then means you are to emulate me and live alone and as if you are a god. So how lonely would you be; unless you were so caught up in your ego telling yourself how great you are and loving yourself for your greatness. Can you not see that you are choosing to follow the way of the Evil Ones, for that is what they would have you believe, just as do these high mind spirits. That it's all only about yourself, and no one else, and especially not your soulmate.

I am saying *follow me*, do as I do, embrace your feelings so you will uncover the truth of yourself, which will in turn lead you to the truth of your soulmate, because your soulmate is a part of the truth of your soul. And Mary and I are the highest soulmates you can follow and aspire to be like in Nebadon. All of which will naturally happen for you as you do your Healing, as you heal yourself of your evilness, of the control you're allowing your mind to have over your feelings.

*James:* Jesus, what I like about all you and Mary says is that it all makes sense, it's all logical once you've adjusted your mind to look at things how you see them. I love all you both say.

And before you go, could you please expand upon what you said about no one on Earth speaking with the Divine Minister.

*Jesus:* She's forbidden to connect personally whilst humanity is in Rebellion and Default. It's technical; as much as it's Her choice anyway, not to speak with you. So anyone claiming they are speaking with Her, are if anything, only speaking with mind spirits. None of the Celestials would pretend to be Her or are 'authorised' to speak as She might. She can speak with you James (and Marion) because of Mary's and my influence – I want you to understand that point. And there will be during the next age a few people She will also speak with as they strive to do their Healing. And once one is fully healed then they are free to speak with Her and Her with them, as much as they would like.

*James:* Can you say more about why She is forbidden to communicate with us?

*Jesus:* Because were She too, you'd only add all She said to your untruth, further complicating things for yourselves. Humanity is living a Rebellion against Truth, so against the Daughter and Son of Truth – Mary and myself. You are not living a Rebellion against Mind, so are not rebelling against the Divine Minister, She representing all mind. And so were She to make direct contract with people or mind spirits who are rebellious, She'd be technically submitting the universal mind, or the 'Mind of Nebadon' to rebellion and default, which is something She can't do. She has to remain perfect like Mary and I do.

*James:* Can a Rebellion or Default be started by creations of the mind, say like the higher Angels?

*Jesus:* No, it's all done with the Truth. Only Daughters and Sons of Truth can rebel, to the degree of having a technical impact on the universal administration. Men and women, being daughters and sons of truth, can technically rebel themselves, however that won't affect the greater universe order and structure of things. And technically, some orders of mind creation, such as for example Angels can personally rebel, however again that would only be personally localised and not cause any problems to the overall organisation and administrative affairs of the universe.

When the higher orders of Truth, Daughters and Sons, rebel, then by corrupting the truth, they would also corrupt various aspects of mind, just as you are all doing, all corrupting your own minds, so on that personal level, you are mind-rebelling, or rebelling against your own minds. All of Creation up to this point in time, is based on Truth, so the truth leads with the mind in support. So all creations of Mind are created to be in support of the Truth. And because of this, Mind creations: angels, nature, nature spirits, the Divine Minister herself, can't rebel against the truth, they can only follow if truth sons and daughters or Sons and Daughters, rebel. So all rebellions are against the Truth with the mind in support. So your mind willingly supports your truth corruption.

*James:* Okay, so... hmm, I'm trying to get my mind into action considering what you've just said, it being new to me, but it doesn't want to work... it must be part of its rebellion against me, now that it's getting happier (or not happier) allowing my feelings to lead the way.

*Jesus:* Don't force yourself James, you might blow a fuse!

*James:* Yeah, that'd be the day Jesus, if only my mind had fuses to blow, it's so fucked up, it nor I don't know what to think about anything any longer. I don't even consider it part of myself, that's how removed and disconnected from all the parts of myself I feel I am. I might have to sleep on it, that's what you say when it all gets too hard, isn't it? Hmm... there's some other part to this... I feel it over there within me... but I just can't seem to get it. And you're not going to tell me, are you?

*Jesus:* No, I've said enough, you've got to work it through for yourself.

*James:* All right, give me a moment and I'll reread what you said, and if I still can't get it, then we'll call it quits.

Well, I'll try this... so really the mind spirits are taking the rebellion against truth, and so against you and Mary, as far as one can take it, into becoming just mind as it were, so mind devoid of feelings, those being real and true feelings, for such spirits do feel bliss, peace and love, so they do feel something. And so this



'love' and 'bliss' is a contrived mind love and bliss as you and Mary have said, so sort of like a mind-love, not a feeling-love. I think we've discussed this before too.

*Jesus:* Yes, however keep going.

*James:* Alright... and so being in a complete true-feeling denying state of mind, one can't ever possibly get to know the Mother and Father of all Feelings, even though as you say, those mind spirits believe they are at one with God's Mind. Which is the God of Mind, ah, now that's it, isn't it, that's what you want me to see, that we by doing our Healing are striving to be at-one with the God of Feelings, compared to the God of Mind as the mind spirits want. And the God of Feelings is really the Eternal Son and not the God of Mind who is the Infinite Daughter. And for us to emulate or try to become at-one with the Divine Minister, who is really the 'god' these mind spirits are trying to unite with and tap into and become all-one with, because they are doing it all through their minds and She is the local universal Mother of Mind or God of Mind, is like us trying to become like how an angel is, a creation of Mind. But in our case it would be a fallen or rebellious angel.

So it's the same as the Christians trying to link up with the Holy Spirit screwing up the Paradise Trinity relationship. We are to go to our Heavenly Parents, our Mother and Father of Divine Love, all through the Eternal Son, the **God of Truth** and Feelings, all with the help of the Infinite Daughter, the **God of Mind**, but not going or looking to Her as the One, the one and only God.

And so we've been led astray looking to the Mind as being the Mother, our mothers, the one we can go to for love, and for the love we feel we didn't get and were deprived of. So those mind spirits and all the spiritual and religious systems being manifestations of our wayward minds are all seeking the love we feel deprived of from the God of Mind. But we can't get it from Her, we are to get it from the Mother and Father, so the true Mother, the Heavenly Mother, and not the Infinite Daughter or the Divine Minister.

Yes, I see Jesus, we've been made to look to the mind, our minds, as our source of love; and because we can't actually find love there, as love only comes when we're living the truth, we have to make it up for ourselves by using our minds to do so. When in fact we're meant to look to our feelings to show us the way to the true and real Source of love, from within our own heart and from the Heart of All Creation, our Paradise Mother and Father, the **God of Love**.

Wow, I see it now. So all of us by rebelling are really through our rebelliousness trying to be mind creations, like say an Angel. And yet, obviously, we're not angels, we're truth sons and daughters. So we're really screwing things up and making everything hard for ourselves. I understand; we're trying to shut down our feelings because so many of them make us feel bad, and be like a programmed-to-feel-good mind or mind circuit, one that constantly feels 'happy', 'loving', 'blissed-out', in a state of mind 'nirvana'. So we're trying to be an impersonal level of mind expression, like a computer or robot, a 'human' android, not a real and true person who is expressing their Truth with feeling and through their feelings. Which I guess is the fascination with such things in the movies, with our trying to make humans in the laboratory, replacing parts of our physical body with mind-made machinery, to eventually become a machine we can program to be eternally happy. All of which is to completely take everything that we are out of God's hands, putting all we are in our hands, in the control of our mind. It's all pretty fucked Jesus, blocking out the truth of who and what we are, of how God has made us, and trying to replace it with something we've made up for ourselves using our mind.

*Jesus:* That's right James, you've been made to turn away from the true source of love, the Source that will make you feel truly loved. Your parents turned you away from their source of love, from their hearts, from themselves, from their feelings, all because they were denying their own true feelings and so weren't

truly self-loving. And so because you were denied your parents true natural love, so you don't know where to look for it; and you can't look to yourselves because you are rejecting and rebelling against yourself and so denying so many of your feelings. And you can't even properly look to the Mother and Father for it because even though Mary and I have told you, you can long to Them for Their Divine Love, unless you do your Healing, you'll still remain with your mind in control of your true feelings.

*James:* Yes, so it's what I've seen all along, only using slightly different terminology.

*Jesus:* Yes, you've come at this time around from your feelings, and not from your mind. So now from your feelings you can integrate more of your understanding from The Urantia Book, but using more appropriate terminology, that which expresses more from the feeling side of things.

*James:* So The Urantia Book has been crafted to express such notions and concepts more from what could be called a mind point of view.

*Jesus:* Yes, it had to, all to be in keeping with the mandates of the Rebellion and Default. Just I had to also with James Padgett. And part of your work is to work out the mind way of seeing things and then 'convert it' so to speak, into a more feeling way. And even though to the reader this all might still sound highly intellectual, still it's from and with your feelings James that you're now coming to it all, with your mind following your feelings rather than your mind dominating them. And as you are an example of how the mind can still enjoy a very enriched expression whilst following one's feelings, and in fact the more one allows oneself to be feeling led whilst longing for and uncovering one's truth through one's feelings, so the more one's mind also evolves to articulate one's increased feeling awareness and mental state. So you learn based on your feelings, not just learning by rote cutting out and rejecting your feelings.

*James:* As how it was for me in my family and at school.

*Jesus:* Yes.

*James:* Jesus, I think my poor old mind having to come to terms with all of this is all but done in. So I had better sign off and give it a rest. I've learnt from experience what effect your spirit light has on my mind and whole system once I stop speaking with you, often suddenly feeling so overwhelmed with tiredness.

*Jesus:* I've kept my light low James, you'll not be so affected by me tonight, it's all your own doing, your own mental circuits having to work having been reprogrammed. You've had to break your mind down sufficiently through your Healing years so as to end its control over your feelings, so that's why some months back you could hardly think, but now it's starting to come back to life, and tonight's workout is a sign of things to come for you. Your mind is fine, its adjusting to finding its rightful place now as your feelings and feeling expression becomes stronger, as you feel more confident in your feelings.

So I will leave you now, and speak to soon. Much love to you and all my love and blessing you to and Marion. Jesus – who is not God. Just Jesus.

## **105. I love you Mary and Jesus.**

Monday, 27 January 2014

*James:* Mary, I'd like to go over some of what Jesus and I spoke about last night, if you wouldn't mind.

*Mary:* Not at all James, please go ahead.

*James:* Firstly I want to once again thank you both, you have helped me no end, and last night with Jesus took me to new depths within myself, and all you've helped me see about myself and my Healing; I love how you both work with me, as I'm slowly waking up to see the subtlety of your approaches, your coaching, as I'd best describe it at the moment. I love you both.

*Mary:* And as it occurred to you James, we are well versed in all you and Marion are to go through, so we're coming from a more enlightened frame of mind, whereas you're both coming at it completely blind, having no idea as to what's about to happen next. So it's easy for us to shepherd you along, a bit of a nudge here and point in this direction there, all that sort of thing. Yet all so long as we don't overstep our boundaries directly interfering with your soul growth and development.

*James:* Of which I am so grateful to you for. I can feel you holding back and allowing me to come up and work and push forward; I really do appreciate you in your allowing me to do it all.

*Mary:* Unlike your parents and grandmother James who didn't allow you to do anything for yourself, not even think for yourself, only allowing you to go off into fantasy land, but never there for you wanting you to freely express all you thought and felt.

*James:* That's right, and it's a huge difference, all the difference in the world. Had I had you and Jesus as my parents I'd certainly be a lot different – that being the understatement of eternity! So thank you both again, thank you so much, I can't thank you both enough. And it's been so wonderful just to have you both as such constant friends, even in this limited capacity.

Mary, I wanted us to go over the Paradise Trinity in this more simplified version I spoke with Jesus about last night. Simply it consisting of: The God of Love: our Mother and Father – They being the First Personalities of Paradise. Then the Second Personality of Paradise, being the God of Feelings – the God of Truth, with truth arising from feelings; the Person of the Eternal Son. And then the Third Personality of Paradise, being the God of Mind – the Person of the Infinite Daughter (Spirit). And that we're to ascend to the love of our Mother and Father by embracing our feelings – the Son, and so allowing our mind – the Daughter, to reveal all the necessary information, and giving us the ability of expressing ourselves. So with the mind in full support of our feelings. And not the other way around, which is evil, where we look to the mind as being God, and deny our true feelings, replacing them with ones our mind has made up for us. So in this relationship between these aspects of our mind, feelings and the truth, we can never hope to relate lovingly or feel truly loved by our Mother and Father. That's about how I see it all at the moment. There are other refinements, but I'll leave them to my diary, as they would probably only confuse readers of these messages, more than they might already be confused.

*Mary:* I understand James, and it's more than enough what you're saying. One can gain the general picture and that's all that's needed. As long as one understands that by looking to one's mind to lead, as if it is God, one will be living against and so untrue to oneself, and by doing so will never be truly happy, living at best in an artificial contrived state of mind. And with no way of attaining Paradise Perfection, so with no way of growing in true love with and from your Heavenly Mother and Father. And that all people and

mind spirits relationships with God, even if they are longing for the Divine Love and calling God their Mother and Father, are still only expanding their minds and furthering their self- and truth-denial, still taking themselves further away from God, and not achieving what they believe they are doing. And only by doing your Healing, your Feeling- or Soul-Healing, can you change this way of being, and so let go of and eventually end your minds control over your feelings, and so become true and able to develop a true relationship with yourself and with God. That's the essentials of it James, as you know, and that's what one has to understand so as to know in which direction one is to spiritually face to get on with one's ascension of truth to Paradise; instead of going off on all sorts of tangents and false ways that only lead to dead ends, all deluding yourself that you are getting somewhere, when all you're doing is expanding and strengthening the mind control over yourself.

*James:* All of which we've gone over about a million times.

*Mary:* Yes. However as there are so many different aspects to it, and so much confusion about it all James, all million being necessary. And millions more to come.

*James:* Whenever I think I've had enough of it all and don't want to type another word, up again comes the urge.

*Mary:* All so you can work it all out for yourself James. Your moments of having enough are when you've exhausted the level you are currently on, then you do more Soul-Healing work on yourself, you grow and change, and so new inspiration to write comes to you to express all you're going through.

*James:* Ok. Now I want to ask you, what would you say Mary, is it: nature or nurture?

*Mary:* I would say James that it's your soul. And your soul utilises both nature and nurture, not that there's much nurturing going on in your early lives being conceived into a love and truth denying state of mind and will. Your soul is the orchestrator of all, and so to try and narrow life down to one or the other is pointless, as your soul is going to utilise all at its disposal and all the time, all in accordance with the Light Pattern it has encoded within it. Your Mother and Father have created you to be as you are, and so you will be as you are, you can't be any other way than that. But you can come to love yourself completely, having healed all your denial and self-hated and mind delusion, this being achieved through your full self-acceptance as you do your Healing.

*James:* And Mary, why does Jesus sometimes come to me in a jovial way, calling me laddie and matey and such things? I have been able to see that he's helping me to get more in touch with how dad was-

*Mary:* It's all part of what you need at that point in time James, all to help create the environment that impacts upon you giving rise to the experiences you need to help bring up more of your repressed feelings. And if by his doing this makes you feel good or bad feelings, then you know what you can do with such feelings.

It's all part of our involvement with you James, we are to have an impact upon you in a certain way, helping to provide the nature and nurture you require. We are part of the nature, that inherent deeper part of your soul-nature that relates to us, which as yet you're not wishing to disclose and make public; and we also provide part of your nurturing environment for you to accept your feelings, even give rise to certain feelings, all so you can express and uncover their truth. And there are other reasons as to why we

are so closely involved with you personally and why you keep wanting to ask us things and maintain that involvement, all of which have to do the higher spiritual and soul aspects of your work.

*James:* Yes, I can vaguely perceive what you're getting at. I'll have to give it some more thought.

*Mary:* No need James, as you'll be giving it more feelings, and they'll lead you to all you need to see about it, which will be all you need to see about yourself.

*James:* Yeah all right, that sounds much better. So I'll leave it for now and see what comes.

*Mary:* Yes; and with that I will bid you farewell and speak to you soon. Love, Mary M.

## 106. More about the 'Divine Love people'.

Tuesday, 28 January 2014

*James:* Jesus, can you please tell me more about why you didn't mention anything about the Healing in the Padgett Messages?

*Jesus:* As I said, it wasn't my place to. I only had to re-reveal the truth of the Divine Love. And I couldn't say that unless you also do your Healing you'll only be using the Divine Love and so the Father to further your evilness. I said the Divine Love will take all one's sins and error away, only I neglected to say specifically how and when that would come about, that being in conjunction with the doing of your Healing. And those people like yourself who've come to work this out for themselves based on their life experiences, to understand they have to do the hard work and that God is not magically going to heal them, are the people who are consciously stepping over the line, these are the people saying they no longer want to be as they are in their evilness. And they will embark on their Healing. And if they read your work it will help them put things into perspective. Those people who just want God to take all their suffering away, are not taking full responsibility for their pain and suffering – for themselves, for they are not choosing to ask themselves: Why am I feeling bad; what is it within me that's not right – this being what everyone has to one day come to within themselves. And by doing so, then want to uncover the truth of themselves, of their pain, of why they are not right.

*James:* Yes I see what you mean. So these people are really just wanting God, or their parents I suppose, to come along and make them all better?

*Jesus:* Yes, that's what they want. So they are still 'buying into' as you might say, the negative unloving patterns of their parents, they are still choosing to 'play the game'. And so they are still wanting some power within their parents power regime, not wanting to relinquish such false power and uncover the truth of their love-less, and more importantly, truth-less, relationship with their parents. So they are not wanting to uncover the truth of their own evilness: Why am I evil? So they will continue on avoiding their bad feelings, denying them, and doing all they can to pretend to themselves that they are on the right track, the very track they believe I am encouraging them to be on. However I am not encouraging them this way, they have made that all up for themselves. I have only revealed the necessary truths about the Divine Love, I've not said how they are to then live with the Love. That part Mary and I leave up to you.

And of course if you say you want to go in this or that direction, we'll say, fine, yes, go that way, because we'll only support you in your evilness as we'll support you in your Healing. We are unconditional love, we unconditionally accept and love you all, and especially in your evilness, just as the Mother and Father do with Their Divine Love; so we don't impose or tell, or demand, or even make wilful suggestions as to what you should do. We do however make wilful suggestions with you James, because you're already heading this way, so we're doing nothing more than supporting and encouraging you in the way you want to live your life.

*James:* So if I decided to stop my Healing and go back to being evil again, you and Mary would help me do that?

*James:* Yes, we'd say, well if that's what you want to do, you can do that, and we wouldn't stand in your way. However that's not to say we'd openly keep communicating with you helping you become more evil. We wouldn't do that as we personally don't want to actively support evil, and so we'd end our relationship with you; and you might understand that, or like what a lot of people do who start off in the right direction but then turn against it, just keep believing and then pretending you are still speaking with us, when you'd only be speaking with mind spirits who've taken over or your own mind.

*James:* Do many people start off in the right direction looking to their feelings, but then stop and go back the wrong way?

*Jesus:* Yes, because they soon come up against the pain and too many bad feelings, which they believe if they allow themselves to feel will overpower and consume them, so they quickly reassert their minds control and move on denying their bad feelings again, often affirming to themselves they are now more loving, have made good progress, have forgiven those people whom they were angry with, and so on. You've seen people do those things, you read it on their forums, you even saw it in your own family.

*James:* Yes, and I have tried to do myself, early one, before I met Marion.

*Jesus:* Yes, but you didn't have the necessary mind denial patterns and beliefs to enable yourself to follow through with it. Your parents did too good a job of making you powerless so you couldn't use your mind to fight off such bad feelings when they became too much for you. So you fell in a heap as you say, that being around the time when you met Marion. She came into your life to help you see that it was right that you felt so bad, and it was right to have your bad feelings, because you had them, you are them, they are you, and that it was wrong to keep trying to deny them; so the right way is to go with them, to not fight them, to let them come up and be there, and to express them and seek their truth.

*James:* Yes, she sure did help me see that, it being the real turning point in my life.

*Jesus:* Because you then chose to start to take responsibility for your pain, suffering and feeling-denial. And so you chose to no longer be as you were – evil. And so you started your Healing. You started to end your truth and love denial.

*James:* Yes. Jesus, it's so hot and my computer is straining, so I will sign off for the time being, and possible carry on later if it cools down.

*Jesus:* All right James, speak to you then.

Later:

*James:* The cool change has come and I feel like writing some more. Jesus, is that all right with you?

*Jesus:* Yes James, you've had a hard time of it this afternoon.

*James:* Yes, so much anger is repressed in me, and once I stopped speaking with you, I was so angry at mum and dad for not fixing everything, for not making everything all right. It was exactly as you said, I was raging at them and God because they are the boss, mum and dad even making out to my little mind that they were god. And as they made me be how they wanted and demanded I be, so the same should apply to them, and I was demanding they make everything be good. And that includes being nice and loving to me, and to stop making me feel bad, and to take all my pain away, just as you were saying. And the anger kept coming all afternoon, but it's so difficult for me because it's down so deep, like in the pit of my stomach, and I'm not just up there and out there raging with it, I feel it simmering away and I can't bring it up. I try and talk about all I'm feeling hoping to connect with it, but as usual I don't even really know why I'm feeling so angry, just angry with them, with everything, with myself for being so fucked and full of this repressed anger I can't express.

And later it moved to just feeling how much I come from people who were all heavily repressed in their anger. Mum and dad, my four grandparents, two of the men dying of bone cancer (the other of lung cancer), it's so deeply repressed. And mum and dad having sex in their 'love' for each other, which is only their vying for power over each other, and so I come into life a product of their repressed anger, of probably generations of it, long family lines of the bloody stuff, all of which has just got pushed down deeper and deeper.

Then I started to long to the Mother and Father to help me see the truth of my anger, and I starting feeling like I was a baby and so angry, screaming and crying, and yet with no one caring, and for so many hours, days, all those early months and first couple of years; and even feeling I was angry in the womb, coming into life with a stomach ulcer as I was already full of unexpressed and repressed rage. But I can still feel it there, like a smouldering cauldron deep down inside me. I just wish it would all erupt out of me, I'm so tired of feeling it and not being able to really get into it. When Marion is angry she's onto it and easily able to express it knowing often instantly what it's all about, but I flounder around not having a clue most of the time.

So I can see as you were saying how I'm angry with God for not fixing me, like you said to James Padgett, but how it's all a projection and transference onto the Mother and Father, all because I've not wanted to face the truth that it's all mum and dad. They always deflected everything: they were not bad, they were the good ones; I was the bad one, everyone else was the bad ones, they were perfect.

And you know Jesus, I don't know if I've said this before, I probably have but like everything else I've forgotten I have, but that's it, isn't it, that's really what this is all about, that mum and dad said they were perfect, even more perfect than God, saying it in subversive ways, not just openly, but giving me that impression. And so they are beyond reproach, I can't blame them, I can't be angry with them, they are the Good Ones, the Never Do Wrong ones, they are the parents who can never be blamed, who are never wrong. And all that shit about we're the Great Ones and you're not, always so competitive, all a power play, when all along they are the most imperfect ones in my life, fucking me up so much, damaging me, making me into the nightmare of an evil person that I am. So they are the Bad Ones, Always Do Wrong, and NOT the Good Ones.

So once again I'm focused on the wrong perfect ones, not on the Mother and Father, but on mum and

dad; and shit, what a laugh, it's enough to make you sick, or to cry for the rest of eternity, the sheer balls, the audacity of them to make such a claim; and yet they are the parents, the parents know all, the parents can never be wrong, the parents are always right and perfect. The parents are to loved, honoured and obeyed. That is what it's all about, isn't it? Looking to their evilness as being perfect, so looking to evil as being perfect, when it's not; and not looking to where the real perfection is, denying that, denying the truth, denying my true perfect feelings and living a lie, making up all this shit for myself about how I am, how I'm in control, how mum and dad are so good, and how much I love them and they love me, when it's all shit; and they don't love me and I don't love them, and there can't be any love because we're all imperfect. So if anything: we're all Perfectly Evil in our evilnesses. So we've got it all around the wrong way – again!

*Jesus:* It looks like you've had a very productive day James.

*James:* That's all just coming to me now, and I guess I've got my anger to be grateful for that, for helping me see more of the truth of myself and the truth of how it was with them.

*Jesus:* It's exactly right all you're saying, there's a lot to it all. But in short, it is about looking to evil as being perfect, the right way to be; looking to perfect your imperfection, lying to yourself that you are perfect when you're not.

*James:* Yeah well talk about being screwed up. That's how I feel, constantly demented most of these days. So fucked up in my mind, so imperfect that I'm a joke. And to think I took it all on from mum and dad and Gran, all the shit about being perfect and superior and not needing anything or anyone, being able to do it all myself and know it all myself – yeah right, who the fuck was I kidding!

*Jesus:* I think you're able to articulate some of that repressed anger now James.

*James:* Yes, you might be right about that Jesus, or probably it's just more of it, and I wish I could type faster, it's wanting to race out of me.

Ah, I'm feeling better again, the more I see; yes, they made me worship evil, worship imperfection and believe the being imperfect was being perfect. So all my fucked ways I have believed were right and true and good and perfect, which Marion has systematically pointed out to me, are not, they are the error of my ways. And talk about having a million errors, nothing of me is right and true, I'm full of imperfection, I am mega fucked; and how can I not be coming from the likes of mum, dad and my grandparents. And to think they considered themselves better than and even above God, fuck me!

*Jesus:* Which is what you all do in your negative states, it being what the Lucifers did, it being what the Rebellion is all about. They are the Gods, not the Mother and Father. They are the 'Great Ones' of Nebadon, not Mary and myself. They know what's best with their mind, better than the truth of their soul. They are perfect and all else is imperfect, and they will come and show you the 'Light' and the 'Way'; because of course, you will need their help to see your way clear of being true to yourselves and all those feelings that are trying to show you the truth of yourself, nature, God, and even them. Oh no, you don't want any of that nonsense, cast all that truth aside and embrace the 'New True Way', embrace your 'True Freedom' and 'Truly Liberate' yourselves, and so follow us to the 'Promised Land', we'll show you the way. We're your true mother and father spirits, your true Gods, where the Lucifers, so worship and revere that name! Come and be with us, the 'True Loving' ones.



*James:* You saying that Jesus helps me see that really mum and dad have helped me follow the Lucifers becoming one of the Devil's minions. And I've seen all of this before, and now I'm feeling demented again, so many bad feelings to feel and accept.

*Jesus:* Yes James, keep going, that's all you can do. And it's all good; and even though you've seen it all before, you're coming at it from a different angle, and more so every time you go around the same circuit. You're feelings are leading you this way and that, all so you can uncover every little bit of truth. So even if you've seen it before, you're still adding more to your picture of self-understanding, it all steadily revealing the truth of yourself to yourself. And that is really what it's all about.

*James:* Thank You Jesus, thank you once again.

*Jesus:* My pleasure James. Go and express more of your demented mind to Marion.

*James:* I will. I'll speak to you soon.

## 107. A visit from the Holy Spirit.

Wednesday, 29 January 2014

*James:* I was sitting on the couch talking with Marion and looking out the window at the watties bathing (little wattlebirds), when I suddenly felt the distinctive presence of the Holy Spirit and the Divine Love start coming into me. I'd not longed for it at that moment, yet this periodically happens, the Holy Spirit coming when I've not been specifically longing for the Love, although it hasn't happened for some months.

Anyway, as I was receiving the Love I started thinking about the Divine Minister and what Jesus said the other day about possibly speaking with Her, so I opened myself up and asked if She would like to speak with me.

*DM:* And yes James I would be delighted to speak with you now. So, what shall we speak about?

*James:* Well, I was wondering if your name is Nebadonia?

*DM:* No, that's been made up; however I don't mind what you or any spirit wants to call me, all so long as they truly understand who I am and what my role in Nebadon is, a little of which is revealed in The Urantia Book. Most of what people and mind spirits have attributed to me, I don't do and is wrong.

*James:* Ok. So do you have a preferred name; what about one I can call you, I can't remember if you told me last time we spoke.

*DM:* I did, but I've changed it since then.

*James:* Oh, so your name changes! What, with your whims... you're sounding reminiscent of the Nature spirits and how they joked around with me.

*DM:* I provided you with a name reflective of me for you at that time. The Nature spirits and I have a lot in common, they being micro versions of myself.

*James:* Creations of Mind?

*DM:* Yes. I however are their ‘mother’ (and father), the ‘Divine Mother Mind’ (and Father Mind) of Nebadon, with the mother part simply referring to the nurturing aspect of my personality. There is also what could be called ‘Divine Father Mind’, and that’s Me too – although it’s a bit confusing.

*James:* You don’t actually have a partner, as in how we have soulmates?

*DM:* No, nothing like that, being of Mind creation it’s not so important, I don’t relate to Creation like that, I don’t need to grow in truth or light, I am more what you’d say self-sustaining. I grow in experiential awareness, and I am very personal, however not even like the angels I create who do function and exist in pairs. So I am the Daughter of the Infinite Daughter if you want to assign a sex to Me, which you can do, there’s no harm in that, it’s all how you relate to Me and I to you.

*James:* Yes, I sort of see You like our Local Universal Mother, but I can also, now that I think about it, ascribe or imagine you being also our Local Universal Father. I used to believe You were like our universal mother and Mary and Jesus our father, but that now doesn’t seem right in that it’s too confusing for the Feminine – for Mary being both a father and daughter. So perhaps we’re not even meant to assign gender, perhaps it’s not about that, so perhaps I won’t bother about it. But then again, perhaps I’ll just leave you as the ‘Divine Mother of Nebadon’ and I know what I means. And that’s not to confuse you with the Divine and Heavenly Mother, but the local universal Mother Spirit who sends to us the Holy Spirit when we need more Divine Love in our soul. Which is what you just did with me, isn’t it? That was your doing?

*DM:* Yes, in response to your souls needs and upon command of the Mother and Father, for I am in direct communication with Them all the time, and so know when They want to give Their Love to any of their Creation.

*James:* And so my soul just needs what – a top up? Why at this time did you send the Holy Spirit to me, and it was only for a brief time. And I wasn’t longing for it.

*DM:* It was because of the healing work you’ve done on yourself, the latest season of it, which has spanned from the last time I directed the Holy Spirit to you. When you receive the Love, your soul is then changed for all time into the new state that it (you) have evolved into you. So once you receive the Divine Love throughout any stage in your Healing, it locks in all you’ve done up to that point and you can’t go back on yourself, even should you want to stop doing your Healing and return to your former life. It’s a statement, and it’s more than just a technical matter, that you’ve progressed this far, that you’re of this level of truth; and your progress is ‘locked in’. And it’s the same for Marion, only she’s not so aware of the Holy Spirit and the Divine Love coming into her as you are, you being more sensitive to such things.

*James:* And what about for those people longing for the Love and not doing their Healing?

*DM:* That's a separate issue. They are merely receiving and so accumulating the Love for when they do start their Healing and start to grow consciously in truth. You see James, when one actively embraces what you are revealing, and all Mary and Jesus are telling you; when one consciously embraces using one's feelings to uncover the truth of oneself, and so begins one's true healing process, then one is fully consciously growing in truth, which is a vastly different way of being than just doing a bit of healing and uncovering a bit of truth by default, without really knowing what you're doing, so without your will fully engaged and focused in the healing truth-seeking process. And such people can have experiences and a small awareness that they are growing in truth, but nothing compared to what they will experience when they are doing their Healing through their ongoing feeling acceptance. That is a whole different level of life James, that being what you and Marion are experiencing. And that is 'real' or true soul growth of truth. That is fully embracing your ascension of truth to Paradise, whereas doing a little bit of healing through self-examination or some form of therapy or spiritual work, which may even come about as a result of consciously longing for the Divine Love, is not anything like what you and Marion are doing.

*James:* Yeah okay. That's how I thought I was growing in truth before my Healing started, so I know what you're talking about, and it sure isn't anything like all I currently go through each day and have done these past sixteen or seventeen years – I forget how long I've been at it.

*DM:* And it is your way of life James, it's living allowing your feelings to lead and guide you in your growth of truth, it being how one is meant to live. And it's evolving yourself out of the evilness and anti-truth that you're in. You are actually evolving out of your Wrongness even though none of your essential negative circuits have changed. But the fact that you're increasingly become aware of your untruth, that actually is you growing and evolving in Truth. So even though you complain and feel like nothing is actually changing within you so far as you becoming true and leaving your unloving patterns behind, having them transformed by the Divine Love, you are still changing by fiat of your increasing awareness of your negative state. It's just not changing how you expected you would change James, the healing of yourself not happening as your mind was led to believe it would.

It's a completely different way of life, and one that as yet hasn't been embraced on Earth. And so because of that, so you and Marion are living (as will everyone who does their Healing, even when the Divine Love is unavailable) a very different relationship with the Mother and Father, and so also with Myself, for I am able to authorise the inner changes in your personality structure of mind, will and feelings that come from your soul, so you as a whole person do change as you progress in your Healing. Changing to reflect the growing truth that you are. And so when you partake of the Divine Love, inner changes do occur, more in keeping with what Jesus told James Padgett, but only and all because you are doing your Healing, which means, you are striving to live true to yourself. Whereas as I said, all those people who are receiving the Divine Love and believing they are growing in truth, and are not doing their Healing, are not having the same relationship with the Mother and Father and Myself as you and Marion are, as they are still only wanting to further their rebellious mind and will, which of course they can do. So such people can currently receive the Divine Love, but it won't affect their soul as it does with you and Marion, until they do their Soul-Healing. So the Divine Love lies in a state of dormancy within their soul, it not interfering with their rebellious state, waiting for the time when they choose to start ending it. So your relationship with the Divine Love James and with the givers of such Love, is different to those people, and that's what I wanted you to understand. And it's vastly different, because you are wanting to end your evilness by becoming true to it, whereas they are still wanting to further it by living increasingly untrue to themselves. And so you can't compare the two ways of being.

*James:* Yes, I understand.

*DM:* Good, and I know that you do. And so I will go now so you can get on with making dinner. And I'll be in touch James, more when you've finished your Healing, as then our real work together will begin. So good-day to you, your Divine and Local Universal Mother mistering to the needs of your mind and spirit. And we won't worry about names until you've completed your Healing.

