

Speaking with Mary Magdalene and Jesus



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Book 2

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(April - May 2013)

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Some examples of the Padgett Messages and The Urantia Book

33. How do we live God's Will?

(8/4/2013)

James: Mary and Jesus, I'd like to speak to you both about living God's Will: what it is and how can we do it?

Mary: As it's important now in our work James for the feminine side to have more of a say to balance Jesus' masculine, I will answer this for you.

It's very easy to live God's Will, far easier than what it's said to be and what people make of it and try to do. To live God's Will all you need to do is live true to yourself, true to your feelings, and when you are, so when you've healed your negative and untrue state, then naturally you'll be living true to God as you live true to yourself. So you'll be living God's Will.

James: Okay Mary, that sounds simple enough, but first we have to become true to ourselves, so do our Healing... that's not so simple.

Mary: No, but as you do your Healing, so you'll be living more in harmony with yourself, with your own

soul, and so with nature and with your Heavenly Mother and Father.

James: So until we're fully healed, really there's no point trying to live God's Will, as we can't.

Mary: There is a great point to wanting to live it, but to contrive living it by living various erroneous beliefs that might make you think and believe you are doing it, is wrong, that is only more mind control and will move you deeper into your self-denial and so evilness.

James: I think some people think that by longing for and then receiving the Divine Love, one is then living God's Will, God's will being that we simply long for Their Love.

Mary: To do that is as I just said, it's simply using your mind to add yet more controlling beliefs to yourself. You are using God that way, by assuming that you are living true to Them simply because you are partaking of Their Divine Love.

James: Using them to further our evil?

Mary: Yes, just as you have taken all Jesus said and used that to further your evilness. And it's what you do, take anything that's offered or given to you to further it because you can't do anything else other than that whilst you remain in your negative condition.

James: So conceivably people will take what you and Jesus are telling me and do the same thing.

Mary: Yes. And they will believe that by 'doing what Mary and Jesus say'; that being, doing what they want to do and not what we are actually saying doing your Healing is, they will then believe they are also doing what God wants them to do, so erroneously believe they are living God's Will.

James: Just like how Christians do?

Mary: Yes. They have taken what they believe Jesus said making up their own beliefs to suit themselves, and then saying because they are doing what Jesus says they are to do, they are also living God's Will. But they are only living their own distorted and dysfunctional will, keeping themselves bound up in their truth-denying states.

You see James, if you were true and positive minded and willed, living fully loving and feeling fully loved, then in your Natural love perfection you'd be naturally living God's Will, just as all the creatures are doing. The natural world is given to you to show you this. Nature is true and perfect as it is, so it's living fully in accordance with the Will of God, it completely abides by the Universal Laws of Natural Love, it can't do otherwise. It doesn't have a soul and so a facility, or means by which it can turn its back (its mind) on God and do as it pleases, as you can, and as you have done. So to do your Healing you are setting out to return to your original state of Natural love perfection; and also at the same time because the Divine Love is available to you, so too can you can long for and receive it into your soul thereby transforming your Natural love soul into becoming divine. And by doing that you are then living even truer to the Mother and Father's will than as you would be in your perfect Natural love state, because you are striving to be completely at-one with them in love, in divinity. Whilst you remain only of Natural love, were you to be healed and of a positive mind and will, you are still separate from God, even though in your perfect Natural love state you are living God's will perfectly. Our souls have been given the ability

to become as close to God as we possibly can, to be as They are in how our soul is, so to become divine, and thereby taking us out of our Natural love states and moving us into something of an even deeper and more personal relationship with Them. This being the special attribute or quality that is said to make mankind higher than the animals, it being a higher potential one can seek to realise by longing for the Mother and Father's Divine Love and doing your Healing.

James: So we do have the potential to be higher in that sense than nature, but in our current truth-denying states we're actually lower than nature.

Mary: Yes, because you're untrue to yourselves, whereas nature is true to itself.

James: So by rights we should be looking to nature to help us, instead of abusing it and trying to control it all.

Mary: Yes, however you can't to do that unless you are wanting to do that in yourself, to stop your own self-abuse which is your ongoing denial of your feelings. But as you do that, as you and Marion have found, nature suddenly takes on new meaning for you and you gain greatly from it.

James: We sure have, it helps us more than anything to understand how wrong we are, how badly we treat ourselves, and of course how badly we treat it. And we love it more each day wishing we could live in a world that puts nature first, completely honouring, adoring and respecting it.

Mary: And as you feel those feelings for it, they are really coming from your growing inner feelings about yourself, the more you love and respect and treat yourselves with such care.

James: So as we change through our Healing we can look to how we feel about nature as something of a gauge as to how we're progressing.

Mary: Yes, because it's true. And the truer you become, the more you'll 'resonate' with it, so to speak. So the more you'll know you are on the right track. And of course, the less you'll resonate with your manmade world, desiring as you are both feeling, to have less and less to do with it.

James: Marion was saying that every day she feels like she's sort of drifting away from the world, from the false relationship she had with it, one in which she believed she had to be loving and caring for other people to accept her, all stuff she was made to feel through her childhood.

Mary: Yes, she's becoming truer each day to herself and to her negative state as she was saying this morning to you – you both are. So your relationships with the world are fading away as are those same inner relationships you've been having with yourselves – which is also with your parents. Within you, you are leaving them, and so are now freer, which will begin in earnest to develop into new relationships with yourself, nature, the world and God, when your Healing is complete.

James: This being what is called: being Born Anew or Born Again.

Mary: Yes.

James: So Mary, getting back to living God's will, should we long to do that as well as long for the truth of ourselves and the Divine Love?

Mary: You can if you feel to, you always do what you feel to do. However overall, by longing for the truth of yourself as you accept, express and seek the truth of your feelings, you are doing all you can so far as longing to live God's Will. That *is* your longing if you like. All one really need do James, is two things: Long for the Truth of your soul, which is really the truth of yourself. And to actualise or realise this longing, you can do as we say about accepting and expressing your feelings. And that will bring you back into a state of Natural love perfection as you do your Healing. And then, as the Divine Love is still available to you, long for your Mother and Father's Divine Love.

James: And in longing for God's Love, Mary, we can long to God however we feel God to be. We don't have to specifically long to God as your Mother and Father.

Mary: That's right, it's a sincere or heartfelt desire to be at-one with that or Them who you know or relate to as being God. And if you are sincere and true in such a longing for God's Love, and you are also longing for the truth of yourself as I said, then your relationship with God will begin to personalise, will grow and evolve as you become more at-one with God, as you get what you are longing for. And so you'll move to relate to God being your Heavenly Mother or Heavenly Father, or even as you are James, wanting to relate to Them both at the same time. And once again it's a feeling thing, NOT to be contrived by your mind. Someone might like all you write about seeing God as their Mother and Father and take that on with their mind, and so long to Them for Their Divine Love, and there is nothing wrong with that, but as they progress in their Healing because they are ALSO longing to be true, so their relationship with God will come out of their mind and into the feeling level.

James: So we can take all you and Jesus are saying into our minds, but it will become our truth through our feelings as we start to accept and honour them properly.

Mary: Yes. As ultimately you are to find out the truth for yourself, and you won't need Jesus or myself. You are eventually to move beyond our sphere of influence, so leave Nebadon and move out into the Greater Universe on your ascent of truth to Paradise, all the while longing to be closer to and more at-one with God – with how you know God to be based on the truth that's evolving within you.

James: So you and Jesus are only one of our stepping stones?

Mary: Yes. However, a very necessary one.

James: Mary, as you know, I used to spend hours and hours trying to work out how to live God's will and what it was; and were those people who said they were living God's will, really doing it. And I thought I'd write a whole post about it with you, discussing all the bits. But now it's all so simple and I can't even remember what I used to think it was.

Mary: It shows you how far you've come James. How far from trying to work it all out with your mind. And now you know those people who say they are living God's will are not, when you can see they are not striving to live true to themselves. When they are not doing their Healing. They only believe they are living God's Will.

James: But Mary, overall, this being looking at it from the soul level, all we do is living God's Will isn't it; I mean, how can we exist in Creation and not be living Their Will? So even our denying of God is still living Their will.

Mary: Which is true James, however you are to live in and so be true to the personality side of Creation, not trying to live existentially as your soul is. And so in the experiential level of reality in which we are all focused and so have our feelings and thoughts, such notions are just intellectual, and one must refrain from indulging too much in them if one wants to come out of one's mind control and into one's feelings.

So overall, yes, you are always living God's Will, it's impossible not to; however in your daily reality and struggle for the truth, you are to understand that you won't feel fully aligned with the truth that you are living God's Will until you have fully healed your living against God by living against the truth and living untrue to your own soul.

James: Yes, I understand that. I no longer indulge thinking about in my mind as you say. And I know it's where people like me get caught up, intellectualising it all as a power trip.

Mary: Yes, and so when you are intent on staying true to your feelings, then certainly such thoughts, insights, ideas and imaginings come to you, yet still in context with and relevant to your feeling expression and truth growth.

On an existential soul level, what you say is correct, because, as you say, how can it be any other way – everything and all how you are is always God's Will. However on the experiential level of personality expression, God wants you to experience your negative lives, and so experientially living against Their Will and in an evil and negative way in your personality expression. Which you experience as going against God and so not doing Their will – doing your own will instead and without any consideration for God, which is how you are living with your mind in control of your self. And you are now able to set about healing yourselves of this, which of course should you feel the need to do, is all being driven by God, God now wanting you to heal yourself and start growing in truth.

James: Yeah, I have got all caught up in that, but as my mind has let so much of it go, I feel so much more at ease, just allowing my feelings to guide me.

Mary: You've needed to work your way through it James, to sort it all out for yourself and to help yourself see and feel just how much your mind was in control. And it's all been very good work, nothing has been wasted, it all serving to help you now in what you are feeling to do.

James: That being Mary?

Mary: Doing your Healing of course!

James: Mary, thank you once again. I'm sitting in the car waiting for Marion to come back and baking in the sun. So I'll stop now and speak to you soon.

James: Bye James.

Later: Marion commented on living God's Will.

James: Mary, Marion was saying that sitting on the couch crying, trying to express your bad feelings and uncover the truth of them, is living God's Will, not going out there believing you have to 'spread the word' doing the 'Great Work' by speaking the 'Great Truths' you think all people should hear. And that living true to our feelings is all we need to do because then we're allowing God to guide us, as God guides us through our feelings, that being what our feelings are for.

Mary: Your feelings are to lead the way, they being your expression of living true to yourself and so living true to God, for as you live true to yourself you are living true to God, it can't be any other way. However we also have a mind, with which we can understand our feelings – why we are having them and what they are showing us; and we can also use it in a negative or rebellious way to control our feelings, so become untrue to ourselves and untrue to God. However, our mind is meant to act in support of our feelings and not in control of them; our feelings are first then our mind follows, and NOT the other way round.

James: And she said that all our bad feelings are still waiting to be honoured, that they are telling us we are going the wrong way and we should stop and go back. And as we've ignored all the stop signs from our bad feelings, we have to go back if we want to heal ourselves and take notice of them, see what they are trying to show us as they are all still there within us waiting for us to pay attention to them. And they are trying to show us we're not loving ourselves, not taking care of ourselves, not respecting and being kind to ourselves.

Mary: Which is true James. And in that unloving state of mind and will, you are not living true to your own will, so can't live true to God's Will.

34. The Spiritual Revelation of Truth is moving on.

(8/4/2013)

James: If we sincerely want to grow in truth, and if we are indeed in the End Times, then a new age of truth will soon commence, which will require new revelation to be made. And in preparation for this we have been given the Padgett Messages (from Jesus and Celestial spirits) early last century, then The Urantia Book, and now more from Jesus and Mary Magdalene, all preparing us for the new. So things are moving on, the Bible is being bypassed, with the little truth in it now contained in these more recent revelations. So adhering to the Bible and trying to live true to what it says, is living in bygone land.

James: Mary or Jesus, I was going to post the above paragraph in italics on a comment to one of my posts on Before It's News, but instead would like to ask you if you'd agree with it. Is this how it really is? Are we really moving on? I know you say we are, and it seems from all I read that many people feel or sense or even suspect something is happening, and more than just the usual; so is it true? Or is it that because of the ease of the Internet more people can put what they think on it, and there have always been people thinking and feeling such things; whereas before the Internet, we only had what the mainstream papers and powers-that-be wanted people to think.

Mary: It is as you feel James, as many people are feeling, indeed there is something in the air. And the

Internet is only facilitating that. Humanity is feeling very restless, there are a very large number of people feeling very discontented with the way of things, that being, how they've been living being dictated to in one way or another by governments and other authorities that are showing they don't actually care about them. They have been shown that those people in the power positions who've always said they are looking after them and doing things in their best interests are only self-interested, and the systems that have kept everything in order up until now are beginning to fail. People are seeing that no one is going to help them other than themselves, and they are fed up with all the lies, fraud and cheating; and really if they could, would be very happy to walk away and turn their backs on it all, happy to start something new and completely different – a new way of life. And this New Way, an 'inner way', is what Jesus and I are offering you. A way to move deeper into yourselves, all through your feelings, and a way that is your own real alternative and way out of your darkness. A way to remain in the horror and yet to heal yourself of it, and so at the same time, separate and remove yourself from it on inner levels even if you have to remain in the world surrounded by it.

One of the many difficulties you face is new systems and alternative ways of living that appear more balanced, credible and in greater harmony with nature, and which might appear like they are closer to solving many of the existing problems, yet they can't really help you unless people are determined to heal their negative condition, as such systems will also become corrupt because that's all that can happen whilst you're living against yourselves and untrue. So really you're not faced with much of an option as to what you can do: remain in it and go around and all over the same ground again; or, seek to remove yourself from it by uncovering the truth within yourself.

James: So to repeat what you and Jesus are saying about our accepting our bad feelings, to look to them to help us go into ourselves and uncover the truth of ourselves, is the only real option we have available to us, if we sincerely want to do something to help ourselves.

Mary: Yes. All the rest would be only more of the same, and just with a different face. It would be more of the same experiment if you like. The Atlanteans did it, the Greeks and Romans, and you are now coming to the end of your great civilisation. And what have you achieved? Just more of the same as your historians are telling you. It's just different expressions of the same anti-truth state. So the so-called Great Christian era will fail, along with all the rest, it will all come to a grinding halt, and all because it's not progressive, as it can't be, it being truth-denying instead of truth evolving and progressing.

James: So as far as the truth is concerned, you've helped us by revealing these things I mentioned above all in readiness for what's to come.

Mary: Yes. Humanity is being brought up to scratch – up to date spiritually. And it's being offered the New Way, the true feelings way, instead of anti feelings, because as you will discover as you do your Feeling-Healing, it's ONLY through your feelings that you will and can find the truth of yourself, nature and God, and NOT through and with your mind. For thousands of years now humanity has looked to its mind as the way to go, but it has failed to see that by doing so, it has lead itself further astray. All the religions and spiritual systems are systems of the mind, and because your minds are bound up in a negative state, then so too are these systems and so too will you be if you continue with them. So as you say James, Jesus and I are preparing the ground for a completely new and alternative way to replace the old way. And a way based on truth, as opposed to a way based on untruth.

James: And what about the Divine Love, how does that then fit into it all?

Mary: The Divine Love is a separate thing, something you can choose to long for or not, but it doesn't of itself help you grow in truth, that you can ONLY do through your feelings and the way Jesus and I are telling you. By receiving the Divine Love into your soul, it will, as Jesus said in the Padgett Messages, transform your soul from the image of God into the essence of God, however that is a separate issue, something between your soul (yourself) and God. You, being the expression of your soul, need to set about growing and evolving your soul with truth so as to help that inner transformation with the Divine Love; and so also further your relationship with yourself, with Jesus and I, and with your Heavenly Mother and Father.

James: So what about the Padgett Messages, why were they given to us?

Mary: Jesus said he would come again and re-present the essential truths, the Padgett Messages being the first instalment, and to go alongside The Urantia Book. The Padgett Messages bring to light the importance and significance of the Divine Love and your relationship through it with the Father. So it's a direct revelation to help you to become at-one with God should you desire that, to 'divine' your soul.

The Urantia Book was then devised to bring all the rest of the spiritual truths and information given to humanity up until its 'earthing', together into some sort of advanced meaning. So by reading it, you can bring yourself in a mental way, up to date with all that's gone before in regards to the spiritual truths that are a part of humanity's heritage. Humanity has through one means or another been given a certain amount of spiritual insight and truth, and so all that is deemed relevant to where you are now, and where you're going in future was brought together in the book. However, as in both of the writings, it's all been done in keeping with the Rebellion and Default and the limitations and restrictions imposed on humanity by them. So neither of these works include much information about the feminine aspect of truth, for really there has not been much of it revealed to you. It wasn't allowed to come to you, all this about your feelings and how important they are in helping you uncover the truth of yourself, until the Rebellion officially ended, which is happening now. Jesus' and my coming to Earth was the first part of a two stage end of the Rebellion. The next stage happening now, with our revelation through you James, being part of that and completing the revelations of the Padgett Messages and The Urantia Book. You are bringing them together and filling in the gaps James.

James: And now the importance of all you and Jesus are saying?

Mary: It's about my being able to finally have my say, with Jesus wholly supporting me in it. I am to reveal to you how do heal yourself personally of your rebellion and default with Jesus joining me in support of all I am saying. Together we are rounding out all we would have said back when we were on Earth had I had my say. So we're bringing in the balance of the feminine truth with the masculine, and hence the notion of God being both your Heavenly Parents – your Heavenly Father and Mother. And if people want to relate to God as being both their Soul Parents, then that will significantly change their relationship with God, and then with all things in their lives, and most importantly, with themselves.

And because of all the work you and Marion are doing on yourselves through your Healing, we are able to come to you and share our revelation. However it has needed you both to lead the way for yourselves in your feeling acceptance, and particularly Marion being the feminine expression of this truth. So Jesus and I have really come to just expand upon and put into words for you James to write, that which you and Marion are waking up to in yourselves. Jesus and I have needed a direct personal contact with a man and woman on Earth for us to make the personal connection with humanity, so that is Marion

and yourself. And as you James are very open to all Marion presents to you, and so open to the feminine side of things, so I can easily speak with you, you accepting all I say to you, rather than it just being Jesus connecting with you man to man and cutting out the woman as it has been in the past.

James: It's sure changed me a lot.

Mary: Good! You and Marion are living all Jesus and I are talking about so far as longing for the truth of yourselves and wanting to uncover the truth of yourself for yourself, and all through your own feelings. Which as you are experiencing, can only be done as you accept, acknowledge, express and seek the truth of ALL your feelings.

James: Yes, every day as I do more of it, I can feel it having a good effect on me. I love it. And it's the only thing that has ever made any sense. And really all of this, all the technical stuff, the who's who, doesn't matter, as Marion keeps saying as she's not interested in it. Because all we have to do is stay true to our feelings, continuing to do as you say. And as hard as it is, it's so much better accepting and expressing my bad feelings instead of working so hard to deny them. And I love it when the truth does come – and it does! That's the best part, what you say does actually work. And it's all so simple.

And so Mary, so far as the truth goes, that being what is given to us, we are moving on and bypassing the Bible and other religions, as I said.

Mary: That's right, you are. That's the way of things, on a planetary and so technical level you are; however it will be a long time, and a time of much suffering, before humanity sees the back of such horrid soul-destroying systems.

James: "Such horrid soul-destroying systems"?

Mary: Yes! If only people understood what they are doing to their souls by adhering to the tenets of their religion. To bind yourself into such beliefs, traditions and rituals will only make things even more difficult for you when you come to do your Feeling-Healing. For you will have to work your way through them all, seeing them for what they are, seeing how they are controlling and conditioning you, and how they are actually preventing you from growing in truth and advancing your soul to Paradise, rather than helping you. And how much control you are giving to your negative mind over yourself – over your feelings as you continue to do your mind-worship, all which falls on deaf ears so far as your Heavenly Parents are concerned.

James: So all those prayers go unheard. But why do so many people in the various religions feel they gain so much from their prayers, believing that God does hear them, and indeed, answers them?

Mary: It's only what they want to believe James. And often it is the work of their attending mind spirits that bring about what they attribute to God.

James: You mean like miraculous healings and so on.

Mary: Yes, and talking in tongues, and all the mysterious signs of the cross and blood coming out of people's palms that you were reading about the other day. All those things are brought about by the unseen action of the mind spirits, all who want to keep the belief strong on Earth in their specific

religion. Such things have nothing to do with God or with your angelic guardians, it's all just mind affected, people linking their mind up with minds of the mind spirits.

And it's the same when God seems to answer their prayers, suddenly money they want appearing in their lives for them to have, inspiration, opening the Bible or holy text and there is the answer to the question you were asking, the guidance you were seeking, seeing the signs in the sky, in nature, in the tea leaves, God saving them from a bad situation in some way, it's all same, help they believe they are receiving to keep them on the right path, it all being the machinations of the person's own mind and the mind spirits working to fulfil their negative pattern. And especially when people who don't believe in God or in the same holy texts and aren't religious or spiritual have all the same experiences.

James: So how do such people deal with such things when they find out it wasn't God?

Mary: When they are told in spirit when they come into the mind Mansion Worlds, should they seriously enquire about the truth of such things, they are confused, not knowing what to think, however usually rationalise it away by saying that God guided and instructed the mind spirits to bring about such things to help them on Earth, so it was still God answering their prayers. And although of course God is behind everything, if they believed that, then why didn't they just accept that God would give them what they needed without them having to ask for it, it being what God knows they need to either further advance their negative state or work to heal it. So they remain rigidly tied to their religion.

However should such people who will then be spirits progress further in desiring the truth and leave their religion, then they will have to face the truth that it was all just mind delusion and nothing directly to do with God. That it was all just to keep them locked into their self-delusion and feeling-denying states, into their wrongness. And so, as you would expect, there will be a lot of repressed anger for them to express, along with lots of feelings of being hurt, led astray, made a fool of; feelings of being stupid and of being let down. And they will have to also look back at all the time they wasted by ardently devoting themselves to their religion, when they could have been ardently devoting such time to accepting, expressing and seeking the truth through their feelings. They could have been well on their way to Paradise, instead of being all caught up in their mind denial and feelings of self-importance.

Still, all will not have been done in vain, because it will help them understand about their negative states, about their evilness, all of which is what you are all to understand, that being why the Mother and Father have incarnated you onto a truth-denying world.

James: Once again Mary, thank you.

Mary: My pleasure James, until next time. Mary M.

35. Jesus, why did God create evil?

(8/4/2013)

Jesus: Because They want us to experience all the facets of personality James. I know it might be hard to understand why a so-called loving God would create such pain and suffering, for that is what everyone has to get to at some point in their wonderings about it all, however all I can say is that as you grow in truth through your feeling expression, you come to appreciate just what the personality is, and so how vital negative or 'bad' feelings are.

James: As much as I hate feeling bad, the further I go, the more I am valuing my bad feelings. I don't want to have them still, mind you, but as they surface in me and I can express them and uncover the truth they want me to see, I am grateful for them. But I do wonder Jesus, will I ever feel completely good about my shit life, and will I ever be fully happy that God put me in it, kept me in it, and left it up to me to get myself out of it?

Jesus: I can't answer that for you James, all I can say is... you'll have to wait and see. You can work out the theory for yourself; that yes, one day when you've healed yourself of all your negative state you will value it all, and even to the extent of being very happy that God gave you the opportunity of beginning life in evilness. But that day will be yours to keep dear to your own heart and I don't want to take any of its specialness away from you.

James: During my better days, I do feel more grateful for it, and I thank the Mother and Father whilst I am longing to Them to help me keep seeing the truth of my repressed crap. But during my bad days, well shit, when I feel so bad, all I want to do is kill God, and yell and scream at Them (which I do when I feel to) for being so unloving and treating me so badly. I am allowing myself to hate God as I love Them, all just allowing my feelings to express themselves as I oscillate from one side to the other.

Jesus: All of which is allowing you to express your pent up and deeply repressed rage. And as you're also finding, as you do say all you feel whilst longing for the truth of it, that truth is forth coming, showing you that in fact it's not actually God you are angry at, but your parents. And that in a way, your relationship with God is on a different level, and one that doesn't even include suffering or not suffering – just love. But it's hard for you to grasp such things with your mind, and such things are not to be grasped with the mind, for the mind can't grasp them.

James: I do struggle with my mind trying to understand, but I know what you mean, I can sort of sense through my feelings, that somehow, and it is beyond me – beyond my mind, that it's all, all right; and that even in some way, I'm not actually suffering, not at least on the deeper true levels of myself. And that it's only my mind that is in fact suffering and feeling all the bad feelings, it all being caught up in my negative state and believing it shouldn't suffer and I shouldn't feel bad. I feel that in a way, what growing in truth is doing for me, is sort of elevating me above my pain and suffering, but not by ignoring it or just rising above it, but by fully honouring it, accepting it, feeling it, expressing how bad it makes me feel, and uncovering the truth of it.

Jesus: What is happening to you James is that you're healing yourself, you're moving closer to becoming wholly your true self, and so as a consequence are simply no longer feeling as bad as you used to, as you've been conditioned to feel. Your repressed feelings being no longer there as you've expressed so many of them out of yourself now. And as you have, so your inner system has rectified itself, so you're feeling better about yourself, and about it all, even about God and what the Mother and Father have done to you, all the horror They've subjected you to. And simply James, you are feeling more love for yourself, this being what your Healing is all about.

James: I do feel like that deep open inner dark hole in me is lessening, even filling up with... with more of myself. I am feeling so much better about myself as I come to terms with the truth of how unloved I feel. *(James: March 2021, I must have been having a good day when writing this, because since then I have moved deeper*

and deeper into my darkness, so many more repressed feelings have needed to come out, so much truth needing to be seen about how fucked I am, and so much more pain to be felt.)

So Jesus, the Mother and Father created higher spirits with the potential to rebel, and so of course they did rebel, how we live being the result of that Rebellion. And the Mother and Father have sustained and evolved our evilness all so we can express these parts of our personality.

Jesus: Yes. Most of Creation, as you read The Urantia Book, is perfect. There is as yet in Creation only a very minor amount of it that is imperfect, that being, subject to such rebellion. And as you also read, including Mary's and my life and why we chose to come to Urantia in the first place, much of the perfect has been influenced by the imperfect, yet all in a good way. That although evil might be said to be very trying and testing, all that results from it still have a good effect on everyone and everything, and so is valuable in that way. And as horrible as it is to feel so powerless and at the mercy of unloving parents, still, everything only serves to help the personality expression of all involved to become more expressive. You will find James, that forevermore you will gain from your experience of being evil and living in evil, it will continue to have ramifications well beyond your time of being of and associated with it, and all such ramifications will far outweigh the negative, all greatly helping you with your personality expression.

James: So you reckon all this pain and suffering will all be worth it?

Jesus: Yes, much more than you can possibly imagine. Even though Mary and I weren't of it, you have no idea as to how much our short time living amongst humanity under the influences of evil has helped us. Daily we still derive benefit from it. And so were you to ask us, would we as the Creator Pair of Nebadon recommend to other Creator Pairs to allow evil in their realms, we'd have to say yes, for although the short term pain and suffering is as horrible as it is, the gain derived from it, how much it helps all involved to express more of themselves, more of their personalities, is worth it.

James: I feel for myself, and possibly it might be for others too, that in many ways it's a shift in our understanding and belief – a new way or different way of looking at it all, is what we have to make.

Jesus: And those necessary adjustments come as you grow in truth and your mind is adjusted into being at-one and in harmony with your true feelings. You are finding your relationship with your own evilness and with humanity's evilness is changing almost every day, you are no longer as you were all those years ago when we first started speaking together.

James: Thankfully!

Jesus, I've been having the feeling that really when you refer to God you would always call God your Father – Heavenly Father; and Mary, when she refers to God, would call God her Mother – Heavenly Mother. And that you're only both saying God is our Mother and Father to help us accept, or help me anyway to accept, that God is Both our Heavenly Parents.

Jesus: Yes James, by rights, I am the 'Living Expression' of the Father in Nebadon, as Mary is the 'Living Expression' of the Mother. And so we would naturally refer to God as you said, which is why sometimes in your mind you hear me go to say the Father and then I change it to the Mother and Father, for my intention is to relate to God as my Father, as is Mary's to relate to God as her Mother. And you are then to look at us together, united as one, as the spiritual parents of Nebadon, and so see in us, and through us, that God is indeed Two who are One: one Soul that has two unique personality expressions, and so

being both your Heavenly Mother and Father.

James: So were Mary to have been able to have her say, she would have been saying: and the Heavenly Mother... and those who see me see the Mother... I speak as the Mother speaks... and speaking with my Mother... and things like that.

Jesus: Yes. And we would have made it clear that we were both expressing attributes of the Mother and Father that are contained, or expressed, within our souls.

And it's the same for everyone James. You all contain, as you are aware, the masculine and feminine, and so through those attributes of your own personality you can relate, not only to your own physical parents, but to Mary and I as your spiritual parents, and to the Mother and Father as your Soul Parents. And the more you discover and express, and all through your feelings, the attributes of your personality, so the more you'll come to know the Mother and Father as you know yourself, which is the whole point of it. Because the more you come to know yourself, so too do the Mother and Father come to know you. On the existential level of soul reality, They of course know all, however it's on the experiential level of personality expression, that They can get to know us as we can get to know Them, and all as we get to know ourselves. So what Mary and I are showing you is the way to uncover the truth of your soul, which means, how to fully and freely express your soul's personality; and as you do, and all – I stress – through your feelings, so too will you get to know God. You can only know something through yourself – as you know yourself. So the more you know yourself, the more you can know others, nature and also God – your Heavenly Mother and Father. And so that's why it keeps coming back to feelings, because it's ONLY through your feelings that you can come to know yourself – the truth of yourself. You can't do it through your mind, because your mind is not feeling. You can only feel yourself, who and what you are, not think or believe yourself. You can think you know or believe you know yourself, but that's not the same as truly feeling yourself, and knowing yourself through your feelings. Knowing, because you feel it to be true, the truth of yourself.

James: Thank you Jesus. I'll leave it at that. It seems an appropriate place to end.

Jesus: Speak to you soon James.

36. Clearing away bad emotions.

(8/4/2013)

James: Mary or Jesus, I'd like to go over the 'clearing away' of bad emotions, and this being 'healing oneself' that some people say they can do.

Mary: Yes James, I will discuss it with you.

James: Thank you Mary. As you no doubt know, yesterday I was reading about a woman who said she compulsively masturbated from a very early age, bit her finger nails and chewed her lip. She was able to through brute force of will stop herself biting her nails, but as to the other things, she couldn't stop doing them no matter how hard she tried. She did however finally manage to stop doing them by doing a 'clearing away of the emotions' of them using some sort of technique, which she didn't elaborate on. If

all she said was true, from what I could gather it was by using her mind, and it reminded me of R... who used to talk about being able to do the same things for his clients. They would ring him and tell him their problem, and he, with the help of a pendulum, would talk to them about their problems being 'guided by spirit' and so helping to shed light on the person's blocks, which when done, the person was then able to liberate themselves from such blocks, having 'cleared away' all the emotional pain and problem. The person feeling apparently totally healed of their problem and free to go in life feeling so much happier and better within themselves; that being, until their next level of problem and blocks came up, at which point they'd ring R... again. But from all he told me, and all I could gather from what I read yesterday, no one actually grew in truth as Marion and I do, they might understand intellectually things about themselves and their problems, but are not connecting on a true feeling level and going into healing their childhood repression, coming to terms with their unloving relationships with their parents, and rectifying all their personality expression. So could you please explain to me what these people are actually doing, what is this 'clearing way' or 'emotional cleansing', and how does it work, in that it does obviously make them feel much happier and better within themselves and their lives.

Mary: It's quite simple to understand James, and it's exactly what the mind spirits do in their progress up their Mansion Worlds.

James: So these people are living as the mind spirits do, these being the same ways they deny their feelings?

Mary: Yes. They are advancing up through the mind Mansion Worlds levels through their earth lives. They believe they are making spiritual progress, which they are to some extent, however it's all only in and with their minds, it's a spiritual mind progression, if you like. They are not doing as Jesus and I have been helping you to understand, spiritually progressing through your true feelings. And I say 'true feelings', meaning not the one's that are generated or highly influenced by your controlling mind, such as many of the one's these people are experiencing. How you and Marion look to your feelings as the way into your deeper feelings and repressed emotions without using your mind, without doing anything, no technique or anything; by simply allowing yourself to submit to them, and speaking about them, bringing them up even more by expressing and emoting all you feel, allows you to gain access to your true hidden underlying feelings, those which when you accept and express, lead you to the truth of yourself, the truth of why you are feeling that way. And the TRUTH, not merely an intellectual understanding and mental connection with the problem.

And even though you call it Feeling-Healing or Soul-Healing, overall your Spiritual Healing, or simply just your Healing, still really there is no need for labels because it's just life, how living with your feelings in life is. Still, we respect your labels and do understand the need for them in the context of trying to show that 'your' Healing is different to a mind-based 'healing'. These sorts of 'clearing' your feelings and emotions are working with one's feelings and emotions, and can bring about some level of cathartic satisfaction and release, just as expressing any bad feeling might, however it's all under and within the control of the therapist and the patient's minds. It's 'acceptable' healing, something people can 'deal with', it 'gives results', it makes you feel like you've had a major breakthrough and have cleared away a lot of what was standing in the way of your mind asserting its control, however it's not true healing when you submit unconditionally to your feelings allowing them to take you where they will. And certainly during your Healing you will also have major breakthroughs and releases, only the mind way is not doing it to seek the overall truth of yourself, the truth of your childhood and the relationship with your parents.

These people do feel bad, but they then use mental techniques, and if nothing more than having someone else tell them what their problem is, all so they can 'see' it for themselves, which then enables

them to 'rise above' their problem, to fix it within themselves – so they believe, and they feel free of it. And what they have actually done, is to some extent actually what they want and believe they are doing, 'raise their vibration' so as to overcome the obstacle within themselves, but it's the vibration of their mind, and not their true soul-light as expressed by the truth they are uncovering through their feelings. And so this raising of their mental vibration is really nothing more than asserting yet another mental layer of belief within themselves, and all over the top of all the ones they've asserted all through their lives, this being what you have to do as children to cope with growing up being forced into an unnatural and evil (negative) state of mind and will. And so initially they do feel very good about their achievement, it wasn't too hard, and amazingly their compulsions seem to just then fade away. But in the long term, which may take many thousands of years depending on how determined they are to mind progress and stay in their negative states, it will all start to unravel. Because ultimately your system, your soul, will say, enough is enough, you have moved too far away from your true self, you've given your mind too much control over your feelings, and you are denying yourself too heavily. And then, like many of the high sixth world mind spirits experience, they have a huge mental breakdown, they fall, and all the house of cards they've built for themselves, by 'clearing away' and 'rising above' and 'cleansing themselves' of all those annoying bad feelings and emotions, come flooding back in, their minds unable to keep the dam waters back any longer.

James: So all the things, like my sister doing her 'Transcendental Meditation and being told to just sweep her bad feelings and emotions under the carpet and rise – transcend – above them by doing the Program; and all those Eastern gurus who seem to be able to transcend everything they want, it's all the same, all what you're saying, just transcending within their own mind, raising their mind's vibration having greater and greater control over themselves – over their feelings.

Mary: Yes. It's the true way of evil, what everyone is trying to do in one way or another, only these people and the higher mind spirits are better at it. And it's why so many people are so intent on looking for a technique like your sister's Program with which they can use to control all those annoying aspects of themselves, of which they can use to rise above their pain. The 'Program' was thought up by a mind, and it's applying the program, a mental pattern, to yourself, which is just applying another addictive layer of mind control over yourself, over your feelings. Submitting to your feelings as I am suggesting is not a mind-made program, it's just doing what you're naturally created to do only have been not allowed to do it because of the interfering and controlling minds of your parents.

James: So it's the same as going to the gym to keep fit and eating the right foods and having a healthy sex life. Still doing all we can to control our feelings with our mind.

Mary: Yes, all the things you do to make yourself feel good, when really you should just feel naturally good all the time. And you have grown up believing you should do them. You believe that if you eat the right foods you'll be healthier; if you sit in meditation eight hours a day you'll be able to rise above the physical level of life having fewer material needs and so better domination over the feelings you don't want, and so on. It's all beliefs, all what you think and believe and have been taught to do, all mental. Whereas you and Marion are discovering, when you live wholly with your feelings in the lead, you are led to confront all of that, all those feeling-controlling beliefs. And as you've seen for yourselves, you do what you feel to do, you eat what you feel to eat, you go for a walk or not go for a walk, all based on your feelings, all to help you keep expressing them. And if you were to go to a doctor they would probably say, as S... tells you, to get more exercise, you should eat... you should... you... always telling you what you

should do to make yourself feel better. And you keep saying no to all of that, and then say, no we don't do anything other than accept and speak about all our bad feelings whilst longing for the truth of them. And as you do that, you find you just do what you do, and you keep speaking about all how that makes you feel. And gradually James over the years your way of life has changed and you like it more now how it is, and you know it's not whether you go to the gym or eat the right foods that is helping you, it's expressing all your repressed feelings out of you and uncovering the truth of them that is truly helping you. And you know that you will live as long as your soul determines and you don't have any say in that, so by eating the right foods and doing mental things because of your beliefs to keep healthy is not going to prolong your life or stop disease because such disease and pain all comes from your early childhood repression of your bad feelings. So the best thing you can do for yourself, and being healthy is irrelevant, is simply keep on expressing all your bad feelings to see the truth of them. And if suddenly you start to feel like going for a walk, you do, but it all being natural with nothing being forced, nothing like making or forcing yourself go to the gym because you believe you will ease the pain in your lower back. And if your feelings led you to suddenly want to go to the gym, you'd go and talk about all those feelings and so on. So your focus in life is only on your feelings and the truth that comes from expressing them and nothing else, not trying to control everything according to your beliefs.

James: My sister did her Program religiously for some years before I stopped having anything further to do with my family, and I would imagine she is still doing it. And yet in all those years I didn't see her grow in truth, she grew in feeling much better about herself and her life, she loved doing it all, having more control, and things seems to have worked out exactly as she wanted them too.

Mary: And that's right James, so you ask yourself, what do I want? Do you want to live happily and successfully in your truth-denying life, doing your programs that you require to keep yourself propped up against all the hidden childhood pain you are suffering and yet refusing to see. Or do you want to end being evil and start to do your true healing, allowing all that repressed pain to surface so you can see the truth of your negative life. And that this in the short term whilst you are allowing all those bad feelings to surface might make you feel very bad, very, very, very bad, but in the long term you know that once it's all gone, then you will feel true, truly happy and not a mind contrived false happiness; and love – a real and true love. And you'll be free to live on growing in truth forevermore ascending your way to Paradise and to meet with your Heavenly Parents. Do you really want to remain in your self-controlling mentally deluded state in which you believe you are spiritually progressing by 'accumulating knowledge', forever confined unbeknownst to you to the Mansion Worlds, living a mentally contrived happiness and love all in your own little mind fantasy?

James: So because we don't understand the value of using our feelings to uncover our truth, so we have only these mental ways to look to, and so of course believe they are the way to go.

Mary: Yes, which is why Jesus and I are now helping you to see that there is an alternative way, and one that is the true way, and not one that will only help you further your self-imprisonment within your own mind. So all the spiritual, religious and alternative ways you have to live are based on and created with minds, all to help you further your mind control over yourselves and each other. Nothing you do is being done truly from and with your feelings, and that is what is to change, and when it does, then things will really start to change for the better.

James: So Mary, whilst we want to remain in our negative state, not that most people are actually

consciously aware that is what they want, we can do such things as this emotional cleansing and clearing, and feel better, even ending our compulsions and believing we've cleared out all our pain, yet it's all just adding a huge band-aid to the problems covering them up more, and to such an extent that we delude ourselves that we don't feel any pain anymore.

Mary: Yes James, it's the same as what you were saying to Marion this morning. You were realising further the extent of how your mother enslaved you to her will, and how deeply hurt and angry you feel about her unloving treatment of you; and yet, part of that unloving treatment was that as you grew older she kept telling you, because you'd forced yourself to change and be how she wanted you to be, that she liked you, that she loved you, and that how you were was perfect, right and true. And so as you were expressing to Marion, you've got these two parts of yourself in conflict, you feel on the one hand all the pain, misery and anger, and very, very bad about all that's happened to you; and yet on the other hand, you block out all those bad feelings, feeling instead very good about yourself, even to the point of believing – because it's all just beliefs your parents instilled in you – you feel you are perfectly right how you are and there's nothing wrong with you. And you grew up living in this 'everything is all right' side of you, only there were cracks in your perfect picture about yourself because at times you didn't feel perfectly alright, and you bit your nails and had your masturbation problem and you knew things weren't right, and... and finally in London you started to face the truth that you were depressed, that things weren't good after all. And now though your Healing you're progressively living more on the other side of yourself, the true side, and feeling just how bad you do feel and why, and how false and unreal that other side of you is, how it's all just made up of erroneous beliefs. And most people, like your sister and these emotional clearers we've been speaking about, are still only wanting to live in the side of themselves that believes it's all right, and if any imperfections show, they have the tools, the mental application, to correct themselves, to clear away the blocks and rise above it all.

James: So once again Mary, it all comes back to the truth.

Mary: Yes James, because that's the only thing that is real and true and not a contrivance of your mind. And so if you long for the truth, and you seek to find it through the ongoing acceptance and expression of all your feelings, then you will make true soul progress, and you'll be led this way that, and all the bad things that happen will help you to feel bad, all so you can uncover yet more truth. And so concerning your nail biting and other compulsions, they haven't 'just gone away' yet, even after all the intense work you've done on yourself, because they are still required to keep the bad-feeling-pressure on you. You need to keep showing yourself that things are still not right in you, there is yet more to feel bad about, and so more bad feelings to express and more truth of your negative state to uncover and see about yourself. And when you have seen ALL the truth you need to see, then they will go.

James: So in a way, these people by doing their mental controlling things to rid themselves of their compulsions, are, by no longer having such annoying compulsions, inhibiting their chances of using their feelings to help them grow in truth.

Mary: Yes, they are empower their minds over their feelings even more. And it can become very extreme by you systematically eradicating all that's wrong in you, and by that I mean, covering over such things with other stronger controlling beliefs, so burying all those outer expressions that something is not right within you. All to the point of the sixth world spirits believing they are perfect, with nothing wrong with them, having transcended it all. And they even believe, many of them, that they have transcended the

need for reincarnation having no further karma to work through, just another huge controlling belief.

James: So their karma is really just their hidden repressed childhood pain and problems trying to gain their attention, to which they apply their mental techniques like meditation or emotional cleansing, and when they feel they've succeeded in getting rid of all their pain, they tell themselves they've finished the karmic cycle.

Mary: Yes. A cycle that is fictitious anyway, so one they can convince themselves they are done with. It's all just playing around in your mind, and varying degrees of mind control over yourself.

James: So even though reincarnation doesn't exist, those people who believe in it saying they are not as yet perfect and will have to still reincarnate to work off more karma, are in a way at least leaving the door open a bit, they've not completely closed it by convincing themselves they are perfect and without any childhood repression in them anymore.

Mary: That's right. There is hope for such people still to wake up and start accepting their bad feelings and to use them to help find the truth of themselves rather than to keep on striving to have the ultimate mind control over themselves. There is **ONLY** your current life; all the pain you feel, all the deep unconscious and all that's in your subconscious is all there from your childhood. The mysterious unconscious is mostly your forgotten childhood, all the feelings you blocked out from it. There is **NOTHING** from any past life. It's all only to do with your childhood, so into the truth of it you must go.

But for those people who are the equivalent of the sixth world mind spirits, and for those spirits, no one can show or convince them they might be wrong because they have totally convinced themselves they are right. They don't have any of that door still open, and so they are mostly left alone by other spirits who might want to help them because they don't want or feel they need any help. They are 'gods', gods of their mind, they are the one's who magnanimously help everyone else as they don't need any help, they have 'risen' or transcended that lower stuff. They are the superior one's to which everyone else should look. And so these mind spirits are left until their own soul takes over deciding enough is enough and they fall. And once fallen, they then have to come to terms with the fact that everything was not actually as they believed it was, it was all a fantasy, and then other spirits can help them.

James: And what then happens to these spirits?

Mary: They either start to climb the ladder of transcendence all over again, but taking a different route believing they must have missed something important the first time round; or they might chose to embrace a whole new way knowing their way was actually wrong, and so they might be open to longing for the Divine Love. Or they might just stay in their fallen state for a long time not knowing what to do, trying to come to terms with their fall, for as you can imagine their ego takes a mighty pounding, and they feel very shattered and unable to hardly think, let alone begin to try and work out what it was all about they went wrong and why it happened. And as usually such 'falls' come on relatively fast, they don't have the time to make any mind adjustments to it. One day they are king or queen of their castle in their sixth world sector, the next they are in a spirit rehabilitation hospital on the first or second Mansion World, unable to comprehend what happened to them.

James: So it's literally like racing down a road you believe is the right way to go, and suddenly before you've

even had time to take stock, you come around a corner straight into a brick wall, smash!

Mary: Yes, and all on the mental level. Your mind is 'broken'. You can hardly think for yourself, often being reduced to how it was for you when you are a baby.

James: That's amazing Mary, to go so far and then having to realise you failed, shit that would be very hard to deal with. So there is a real need for such rehabilitation hospitals.

Mary: Yes, the hospitals specialise in such mind breakdowns. Mind spirits on all levels can have mental breakdowns of varying degrees, and such facilities are provided for such spirits, as they are helped by other spirits to come back to their senses – or right mind, that being able to live a normal adult spirit life again.

James: So unless we all do look to our feelings for the truth, we're all heading in one way or another for this sort of breakdown?

Mary: Yes, that's the potential that awaits you all in your mind controlling states. However of course that doesn't always happen to everyone. As you know people have breakdowns during their earth lives to varying degrees, some helping them to change course in their negative state, looking to new ways of further advancing them; some people actually being forced into having to embrace and accept and even uncover some truth of themselves through their feelings when their minds are moved aside for a while. And such things can happen to you in the mind spirit worlds too. But for most 'normal' people, it being not so much of a desperate need in them to better or perfect themselves using their minds which would only lead to such a complete spiritual and mental fall, it's simply about continuing on living the best they can, doing what they want just so they can be happy in their Mansion World life. And then for other people, just as on Earth, for one reason or another they are searching for meaning or something 'else' in their lives, looking at different ways to be, and some people might read your work and consider all we are saying. And some people, and it's the same for the mind spirits, embrace the Divine Love moving on to do their Healing, and some will even now be able to do their Feeling-Healing without the direct input of the Divine Love.

James: So not everyone moves up through all the mind mansion world levels there to await their mental fall?

Mary: No, there are spirits, and even some from the high sixth world, who for some reason or another, wake up without the help of such a fall. So from all levels spirits are continuously being led to the Divine Love and so to do their Soul-Healing in the Divine Love Mansion Worlds. And once the new age begins, many will also be led into beginning and doing their Feeling-Healing from all levels, those who are not as yet ready to include the Divine Love in their lives.

James: Mary, thank you for going over all of that once again. It's all making more sense to me each time we do.

Mary: It's my pleasure James, and we're happy you're understanding it more. Keep asking us questions that you know the answers to yourself because we've spoken about them before, as all your questions help draw more insight, truth and understanding out of Jesus and myself. You're more able to see it all

for yourself now through your truth and with your feelings, and not just having to use your mind. You're more personal in and with it all now James, it no longer being just a mental picture for you to understand. We'll talk again soon. Bye now. Mary M.

37. Clearing away bad emotions continued; dreams and angels.

(8/4/2013)

James: Mary, following on from what you said about our needing our compulsions to help us feel bad so we can find the truth of what's causing them, in a way I guess they are to be looked upon as one's 'friends'. It's easy to say that, but I can't exactly do it with mine. I wish I end all mine. I've realising my whole negative state is a compulsion I can't extract myself from.

Mary: What you say is correct James. They are being given to you by your soul to help you uncover the truth of yourself, so really all your bad feelings are your friends, and are, because THEY ARE YOU. And don't you want to be a friend to yourself?

James: I see what you mean; and if we deny our feelings, then we're being unfriendly and unloving to ourselves.

Mary: That's right; and your Healing, and why we stress that it's about accepting your bad feelings instead of doing all you can to reject them, is really the way to truly accept yourself, to be as self-loving as you can be. Your bad feelings, those repressed within you, are there for very valid reasons, they are not something that's afflicting you for no reason. And they are trying to alert you to the fact that something is very wrong with you – within you, and so you should heed their warning. And you can only do this by accepting them, for if you continue to reject them, then you are not listening to your own inner warning signals and so will continue to suffer accordingly. However, as you've been so heavily programmed not to listen to your bad feelings, to what they are trying to make you feel and so understand about yourself, doing all you can to keep as far away from yourself as you can, so it's very difficult to suddenly stop being how you are, all how you only know to be, and go the other way and start accepting them. This being the struggle you face in your Healing. Your greatest obstacle is of course your own mind, it being full of the beliefs that say feeling bad is wrong: you must not let yourself feel bad, so you must do all sorts of things to keep feeling good, and these are your real barriers you have to overcome. But like it all, you don't overcome them by using your mind to have power over them, this is only doing more of the same feeling-rejection to yourself; and so all you do, as all you can do, is accept that you feel this way, speaking about and longing for the truth of all you are feeling.

James: So through my Healing I'm only fighting against myself, my feelings verses my mind.

Mary: Yes, which is really you, your true feeling self, fighting against the minds of your parents, for it's them using their minds that have controlled you. And as you've taken on all their mind control applying it to yourself in the mistaken belief, yet one they forced you to believe, that it was what is right for you, so you are in a way now having to fight yourself to undo all the wrongness.

And when I say fight, once again I don't mean by using your mind to do it, you fight a peaceful fight of acquiescence, capitulation and acceptance. You look at Jesus' example, he didn't fight his accusers and

those who sort to deprive humanity of the Living Truth. He went along with them, as he and I have not fought evil, we've gone along with it, just expressing our feelings and growing in truth through our experiences with it. And so that's what you can do too, you don't actually do any fighting, you simply submit to your feelings allowing them to make you feel as bad as they will, but all the while speaking about how bad you feel whilst wanting the truth of why you do feel so bad.

James: So it is love through acceptance; sort of in a passive way.

Mary: Only passive when compared to all you're used to, when if you don't like something or something is in your way, you bludgeon it out of the way. And in fact the submitting to your bad feelings is very active, for as you and Marion are finding, it actually takes all your strength and will and determination to keep submitting to them, to not do what your mental programming wants to do; and to keep longing for the truth. It only seems passive because you're going the other way, and not blasting out there into life like you've been trained and are expected to do, carving your way into Creation using your mind to control everything, blasting your bad feelings out of the way. You are stepping back, giving in to your feelings, and allowing them to guide you, which then leads you through life in accordance with the inner desires of your soul, helping you grow within yourself as you express all your personality attributes. And once your Healing has been completed, then you'll be able to enjoy being fully active in your souls growth knowing and feeling you are being guided by your soul truly through your feelings.

James: So our persisting on seeing our bad feelings as being the enemy, the devil, even as being evil, is our missing the whole point of them.

Mary: Yes, which is exactly the same as parents accusing their children of being those same things, missing the whole point of their children. Children, because they've not learnt how to conform to the negative state, therefore show it up, threaten it, and in doing so, make their parents feel threatened and scared, because they can't be like that or they themselves will get into trouble. So they think their children are the cause of their feeling bad and then have to stop their children making them feel bad, when really it's all within themselves, they already feeling bad from how their own parents unlovingly treated them, and their children are only helping them to see that. The child, until it's fully corrupted, is truer and purer than its parents, and so truth-seeking parents could gain much help from their children making them feel bad, all so they can use those bad feelings to uncover the truth of their falseness. And of course by doing so, and so looking at their children in much the same light as we were talking about your compulsions being good for you so as to bring up repressed feelings, would not damage their children as much, leaving their children freer to grow up without all the parental interference.

James: Marion and I did that with Potsy our little grey cat. She was like our 'child' in that we never reprimanded her or tried to control her (not that you can a cat anyway), instead fully allowing her to control us. And then instead of taking our anger and frustrations out on her, we expressed (at least I tried to, Marion's an expert at it) all our bad feelings helping us uncover the truth of them. She helped us enormously, as hard as it was with her. She was adorable, but boy did she push all our buttons. It would be very hard work with a child if you were to be left at home with it, especially if you have all my shit within you, feeling so trapped and having to give over to the little child no longer having a life of your own as you try not to assert control over it.

Mary: Which is how your mother felt about having you James.

James: Yes, I know. I'm still uncovering the truth of it, and coming to terms with what I see.

Mary, I want to change the subject a bit here, and talk about dreams as we've not really discussed them much and mine of late have again been so helpful to me, helping me to see the dynamics of my early relationships. Marion says it's all within us, there waiting to be seen, and when we have a dream that we remember and need to work on by expressing the bad feelings we had in it or about it, then that truth comes to light. And this morning, having discussed last night's dream, that's exactly what I felt, so I know she is right. I used to think that in some way the dreams are given to us to help us by using them to go into ourselves to uncover something we're to find, as if it's being hidden from us, and we have to use them to hunt around until we find the truth or understanding using symbology to try and 'crack the code'. But now I've changed to seeing them how Marion says they are, that that truth is there waiting for me, it's next in line so to speak, and so I have a dream which helps me bring it to light, just as what happened last night, and I don't have to do any hunting around – I don't have to do anything other than speak about all it makes me feel and long for the truth of such feelings.

Mary: Yes James, it's all within your soul, and your daily experiences prepare you for the next truth you are to see, as you said. And so your dreams are given to you by your soul in conjunction with your Indwelling Spirit that puts them into pictures for you to interpret; but to connect with all through your feelings, and again, NOT with your mind.

James: I used to try and work them out with my mind as I said by using symbology and all that sort of thing, but just speaking about all the feeling aspects of them, and looking for the truth of them, is so much easier, and does so much come to light! It's so much easier 'not trying to work them out', just moving with all the feelings that result from them or which I feel in them. So often I wake up with a number of dreams still very vivid in my memory. I start with the most pressing one, and then think, god, no way can I relate to this, it's more like something I might watch on a movie, and some of it is so clear, other parts vague. But then I start to talk to Marion about all the feelings I felt in it, and how it's made me feel since waking up and how I now feel about it as I'm talking about it; and I long for the truth, and then before I know it, up comes the truth and, gee, remarkably it all fits, it's the perfect dream illustrating all the parts I'm to see about myself and whoever else: mum, dad and Gran – my past relationships. They are so incredible – as dreams are. And then once I've seen all I am to see, it's as if the light goes out on the dream and I no longer feel there's anything more to speak about. And it's onto the next feeling thing in me. But why Mary aren't they straightforward, why are they all so symbolic?

Mary: Because when you were forming, your memory, perceptions and awareness wasn't as it is now as an adult. So you need to have fantasy situations presented to you that are representative of your how it was for you in your early life. Representative through feelings mind you, and not as actual experiences as so portrayed in the dreams. The dreams are solely to give you feelings, and to create an inner atmosphere which will help stimulate other thoughts and feelings. So you're given adult situations in which you feel the same feelings you felt back in your early life, through which to connect your current reality with your past one. You are to connect with what your dreams are trying to show you through your FEELINGS, and not, once again, by using your mind to try and work them out. So like you do in your waking adult life, certain situations make you feel feelings, then you use those feelings to take you back or reconnect you with those same feelings you had as a child, thereby as an adult being able to relate to what happened to you back as a young child, so you can interpret and so understand now as an adult all that you didn't understand as a child.

If you were keeping a dream diary and you simply recorded all your feelings you had in the dream and upon waking, allowing yourself to go into them, accepting them, and really wanting to know the truth of why you felt them, even asking God to help you through the day to see what They want you to understand about yourself through them, you might discover how such a rich source of feeling-stimulation they are for you. And leave the trying to work it out with your mind out of it, leave the symbology alone, just focus solely on the feelings.

James: Why can't the angels just give us the video record of how we were, run it through our minds, say how mum treated me in a specific situation, so I can see myself as little James being subjected to mum, thereby easily being able to see why I was feeling the feelings I am feeling?

Mary: Because that's too much of the mind, it wouldn't enable you to gain the truth from your soul through your feelings. That would be you outside of it all, looking at yourself and saying, ah, yes, now I see why I felt bad, the same as what those people do in their emotional cleansing and clearing. But with symbolic dreams you've only got your feelings to connect and guide you, so you have to use them, express them, and they will lead you into yourself so you can connect your adult self with your young self and SEE what it is you are to see. And when that truth comes up in you, as you know, it is real and true – you know it is, and you know how you felt and how you were treated, and all the inner workings of it, so it's not merely a mental exercise, it's a FEELING ONE. You FEEL what happened to you. It's making the connection with yourself through your feelings and the connection with your parents or carer who caused you have to feelings in the first place. It's about the relationship James, with yourself and your own truth and feeling denial, and with those people who made you be as you are in your negative state. So watching an angelic-video of yourself is not you making all such deep and personal connections through your feelings so you can be the truth of them.

James: So really the more symbolic and the harder to relate mentally to the dream, the better it is leaving only the feelings.

Mary: Yes. If you look to trying to work it out with your mind, you're only leading yourself further away from the truth and so further into your self-denial and negative state.

And don't forget to focus on fully and express your good feelings too, longing for the truth of them.

James: And why do we only remember some dreams and not others; and why do I for example remember lots of my dreams whereas Marion hardly any of hers?

Mary: You only remember the dreams you need to help you with your Feeling-Healing. But mostly people discard them, not understanding their true significance. And you James are to see more of a picture of how it was for you during your forming years, whereas Marion already sees and understands most of her picture. You need the visual help because you were removed more into your fantasy mind. She only needs to express all she feels through the day; whereas you need the help from your dreams to show you what you don't know about how it was for you. You need to see a direct correlation from the feelings in your dream and what you feel after them, so make it more real for you, and to help you stir up your buried feelings; whereas Marion has all her feelings readily available to her. The dreams she forgets equally stir up feelings for her, however they need to come up in the moment through the day so she can focus on them. Too many dreams for her would be too much of a mental distraction, whereas you're already so mentally distracted James.

James: And why does Marion already know how it was for her, and I don't?

Mary: Because of how you were treated by your parents. You were forced to put yourself, your feeling-self, aside, to become as they were of their minds, this being what you and Marion are working on currently in helping you to see about yourself. So as you were saying about having the two different parts to yourself, you were forced to see yourself in a completely different light than how you are – how you feel. So you shut out and remained shut off to all such feelings, which, had you remained connected to, had you kept feeling, would have left you in no doubt as to how unloving your parents were to you. And this is what happened to Marion, she wasn't forced to completely delude herself into believing that she was okay and her parents loved her, so she remained connected with her feelings, knowing they hated her and treated her accordingly. Her difficulty was however, that it was so horrendous for her she blocked out expressing all she felt – as she wasn't allowed to express such feelings anyway, causing her to have her mental and emotional breakdowns. But when she got help to express herself, and she accepted that it was the way to heal herself, so she could speak about all she felt, as she was still very much in touch with and aware of her child feelings, having always felt them. And then with you, that it was right and imperative that she brought it all out, then she could start living true to her picture, finally being able to release all her repressed feelings, which she's still doing. So she only needed the self-acceptance to let her feelings out, the feelings of her picture; whereas as you release your bad feelings, most of which you've had no idea were in you or that you felt, so a picture as to how it was for you has been forming, and continues to do so. And so your dreams are a vital element in this, so you can remember them. There's really no need for Marion to remember her's as she doesn't need to use them to help her express her repressed feelings and see the truth of what happened to her.

You were forced into your mind James, shutting out most of your feelings, whereas Marion wasn't, she remaining very close to all her bad feelings, having a very hard go of it through her life. You could delude yourself that you felt okay, even though nothing much happened to you through your life, but that was okay, because you continued to block out all those bad feelings telling yourself it wasn't so bad, when really it was very bad.

James: And Mary, do our Guardian Angels, as part of what they do, actually somehow record all our lives?

Mary: Not as in what you are suggesting like taking an angelic video of you which they can, if required, show you. What happens is all your experiences are recorded in your soul, and should your soul need to liberate such memories for you, then it will do so in conjunction with your Indwelling Spirit and angelic guardians. Your attending angelic pair are certainly witnesses to all that went on – to all that goes on, and can impart all they have witnessed should you require it, but that would be all from how they saw it, not just like a straightforward impartial and technical video as such with you 'in it' as you were when you lived it. There are lesser angels with your guardian seraphim who can affect a 'video' of certain aspects of your life as determined by the needs of your soul, which can be 'shown back to you' as required. A lot of times when you suddenly connect with a forgotten memory, it is the working of your angels with your Indwelling Spirit in conjunction with your soul bringing that memory back to your consciousness.

But really you are do your Healing all with and through your feelings, not needing to remember individual situations so much, some you will, and some will be pivotal memories throughout your Healing as you return to them time and time again; however, as it's all through feelings, is why mostly you don't actually remember clearly all what happened to you. When you were very young your mind wasn't formed adequately enough for you to remember as an adult such experiences, however you were aware of

your feelings. You are aware of feelings right from your conception, even though you don't remember it. But should you 'see it', see your parents having intercourse to bring you into being, then that is done with the help of your angels.

James: So what about when it's said that all our thoughts, words and deeds are known and recorded, or whatever it says about those things. What is that all referring to – our soul?

Mary: Firstly to the fact that it's all within your soul; and all that's within your soul, the Mother and Father know, so God knows all. It's really said mostly as a threat, that you can't get away with anything, which you can't, as we spoke about in our first book, being required to spend time in the Hells.

And secondly, if it be that you are to remember such things as we were just writing about, then in conjunction with your Indwelling Spirit and angelic guardians, your soul can make known such things to you, you can remember them. But as you've longed James, to simply be able to somehow go back and watch yourself with your mother so you can see first hand how she treated you, so then knowing all you know about your feelings and yourself, to do so, would only at best be a mental exercise, as I said before. And throughout your Healing you've been witness to unloving parents hurting their children in one way or another, all of which has made you feel very bad, and all because those things on the feelings level are what your parents did to you – how they made you feel. So you don't actually need to see the actual pictures of yourself back with your parents, you only need to feel the feelings to connect your adult self with your child self; remembering the whole intention of your Healing is just to see the truth of all you felt. You are to grow in truth through your feelings, that is why your feelings are needed, so you don't need to be able to look at all those bad and unloving experiences again – it's not a mental exercise or a video you can save and watch at your leisure. You'll remember all you need to, and in time the rest will however come to you, but through your soul-perceptions as your soul expands in truth.

James: I understand that now. And what sort of things would require people to have memories brought back to them from their soul?

Mary: Many people when they become spirits, believe for example, that they need to see their sins and so pay for them, feel bad about them, and even be punished in some way, and so they are often given a replay of their life, and one that highlights some of the bad things they did so they can feel bad about them, and set about making amends.

James: One of those... what are they called... Life Recall is it, I can't remember now.

Mary: Yes, it all flashes through their mind as if they are watching a movie of themselves, and mostly going backwards because they are then able to relate to it better, starting with themselves as an adult. Most spirits upon entering the first Mansion World undergo such a Life Review, mostly to assess whether or not they had a 'good' life as in were good, with any being bad standing out making them feel bad so they can think and feel the error of their ways. And such errors are not enough to warrant hell-time; and such Reviews can become important to spirits when they start to do their Healing as they have something concrete they can remember and go back to, it being often a good starting point for them to feel bad.

James: Yeah, Life Review.

So it's just what you believe. But why do some spirits I've read about have such an experience, it suddenly happening to them, not knowing anything prior to the experience?

Mary: Such beliefs are deeper in them, ones their Indwelling Spirit and angelic pair would be aware of; and so their soul orchestrates the experience for them in conjunction with their Indwelling Spirit. And were they to do their Healing, they'd become conscious of such beliefs.

James: Okay, so they are unconscious of them.

Mary: Yes.

James: And Mary, one last question, if you don't mind, why do we need angelic guardians?

Mary: They are always working within your aura, adjusting your inner system in accordance with the needs of your soul. They are your constant companions of the Mind. You are the Truth and you need such help from Mind, so your angels being creations of the Mind fulfil this role. You are not meant to live so shut off from them, and where you true to yourself, they'd be more a real part of your life.

James: But doesn't the soul co-ordinate all of that?

Mary: Yes James it does coordinate it all, just as do the Mother and Father; yet as They do, so too it delegates thereby enlisting help from many other personalities. Your soul is the pattern that's constantly 'unfolding' its two personalities in life, and as it's all about experience to generate feelings so you can grow in truth from them, so to have such experience you need a lot of interaction with other personalities, including angels and other orders of spirits. And Angels too need experience being assigned to mortals as their guardians so they can evolve up through the worlds and spheres yet all through the Mind.

James: So you'd really have to be an angel to know what they get out of being assigned to us.

Mary: Yes, and you can ask them. They'd be, I'm sure, more than obliging to tell you their side of things.

James: Well, funny you say that Mary as I've been thinking about doing just that lately. I haven't spoken with my Angels for ages now. I thought that after I've finished this writing with you and Jesus, then I will go back and re-read the book I wrote with them and see what I wrote as I can't remember, and then see what else I might like to ask them. Anyway, it's just another of my many ideas floating around in the back of my mind.

Mary, once again, thank you very much. I'm going now, I need to have a rest.

Mary: Speak to you soon James.

38. Receiving the Divine Love; should make you feel bad?

(13/4/2013)

James: Mary or Jesus, I was thinking again that it's right if we partake of the Divine Love and we feel bad, it helping us to get more in touch with ourselves and all those parts of us we're denying.

Mary: ONLY IF YOU ARE WANTING TO LIVE TRUE James, otherwise no, it won't make you feel bad, it won't make you feel anything, other than give you a feeling that you are receiving the Divine Love. Then as you understand this, if your mind wants to make you feel good, which really means, if *you* want to feel good, and even very good that you've received the Divine Love, then you can create such good feelings for yourself, but it's got nothing to do with the Love itself coming into you. You see, whilst you're in your negative states, even though you can long to the Mother and Father for Their Divine Love, and even though you can receive it into your soul; and even though it might even transform a little of your soul, still that minuscule transformation would not be enough to enable you to feel loved by God. The truth being, that whilst you're in an anti God state of mind, you CAN'T actually feel loved by God, so you can't feel the full loving benefits of the Divine Love. So any so-called love anyone should feel upon partaking of the Divine Love whilst in their negative states, is only being bought about by using their minds to contrive such love based on the new belief that they should feel loved by God because they are invoking and receiving God's love.

James: Really, I felt very good feeling is moving into me. I didn't know what to expect when I first started longing and was so surprised when I did feel the Love coming into me. Then it flowed in strongly; although I could see it was just my mind trying to make up a reality to fit the experience. I'll have to think more about that.

So really until we're healed, we won't or can't even feel loved by the Mother and Father. Not properly, anyway.

Mary: That's right, and that should explain to you all those feelings and thoughts you've had about it; about why, knowing you have received a good amount of Divine Love, you still don't feel greatly loved by God, you still don't feel your Mother and Father loving you. And the reasons why are because you can't; you simply don't have, and will not have, the love circuits open to generate such feelings when you're living in denial of them. So only once you attain a Celestial level of truth, and so have finished your Healing with the inclusion of the Divine Love, will you actually be able to feel truly loved by God.

James: So all we can do in the meantime whilst we're doing our Healing, is long to be loved by God, wish we could be loved by God, desire to feel our true Heavenly Parents loving us.

Mary: Yes, which when you do, is really longing for Their Love.

James: Yes, I see, it is, isn't?

Mary: And the more you do your Healing, should you want to include God in your life; that being, should you want to have a personal relationship with Them, then that desire will increase as you progress closer to becoming true.

James: That explains, as you said, why I don't feel loved by the Mother and Father. But I've put that down to my not being able to because I didn't feel loved by my mother and father, whereas people who have felt loved by their parents, would no doubt, as some people on the Divine Love forums say, feel loved by God.

Mary: It doesn't matter James, because the bottom line for everyone is all about your denial and anti love in regards to your relationship with Them. So those people who say and feel they were loved by their

parents and consequently say and feel they feel loved by God, are still only deluding themselves. Such good loving feelings will possibly feel very strong and be very dear to their heart, however as they progress deeper into themselves through their feelings, eventually they will have to come to terms with their being in a rebellious state. The deepest underlying truth within them, which they will have to realise as they do their Healing, is they don't actually feel as fully loved by their parents as they want and need to feel, so can't and won't feel loved by God to that extent because the positive pattern and love circuits aren't in operation, they are still shut down.

On more superficial levels people might feel loved and be able to love one another, their pets and God, and even feel loved by God, but I'm talking about on the deepest most important levels. These outer or more superficial levels are only love within the negative, so at best are manufactured by the minds of such people. It's not a true and pure love based on truth. This being the singular most important truth Jesus and I are wanting to convey to people through our work with you James. It's a false love based on untruth. And this is the greatest and most difficult part of one's Healing to realise, just as you've found it so difficult James.

I've we've talked about before in the first book, wrestled with it all these years Mary, as you know. Because surely if you feel loved, or love for someone or something, then it is love, they are your feelings. However, I can understand what you're saying, that they are still only love feelings based on how it is for you conditioned by your upbringing, and not true and real love based on truth you've uncovered through your feelings. I am still coming to understand just how much we live with our minds in complete control of ourselves. So it's really a mind-love (if I can put it like that) that we feel love for and loved by, not a feeling-love, that being, true feelings. For sure we might feel loved, but it's all feelings as you say, generated by our minds, and not true soul-feelings if you like, feelings coming directly from our true self.

Mary: That's right James, and I can see from what you're saying that you're being able to grasp it, what I've been telling you all these years. Love within your negative states can feel very good, it can be very intense, however still, it's love within your rebellious anti truth and so anti true love state. If you are treated well and loved as a child, you will feel love, all those loving feelings throughout your life, other people making you feel the same love feelings as you love those people in your life just as you loved your parents. Yet still, it's all within a mind-controlling unloving state.

James: Lately as I'm going deeper into my pain and all I've repressed, I have become more aware of how much control my mind has over me; how I've made it have that control over me, over my true self and so my true feelings. I am getting a better sense of that.

So Mary, going back to Divine Love making us feeling bad, that would only happen should we be setting out to do our Healing as you said.

Mary: Yes; and once again, it's not actually the Love itself that would make you feel bad, it would be just that your mind is less in control than it was, now you've moved to submit to living with God, to wanting the Mother and Father in your life as your true Mother and Father, you finding a little more humility within you by accepting and only wanting to be Their child, and no longer wanting to be completely god yourself.

So it's this breaking down, as you experienced James, of your mind that started to put pressure on you, that started to make you feel bad, all in preparation for meeting Marion who was to introduce you to your Healing.

So you actually started to feel bad because of your intention to uncover the truth of yourself through

your bad feelings, even though you were so consciously aware of that in the beginning, and it only coincided with your longing for and receiving the Divine Love. The Divine Love didn't do anything to exacerbate your feeling bad, to stimulate it more, that was all due to your underling intention to live true to yourself and give up the control your mind had over you. The Divine Love just helped you to include God in your life, in the right way, helping you to move in the right direction augmenting your Healing and growth of truth.

James: So Mary, what about those people who receive the Divine Love and then don't feel bad?

Mary: They are simply using it still to add to their superiority, their belief, which might even be unconscious, that they are god and are in control of everything. And so they will feel good, very good that they are receiving the Love, it adding to their ego's beliefs about themselves. It helping them move deeper into their negative state because they are using it to help bury their bad feelings even more than they already are. And when you read about what they say on the forums you visit you can see how forced and contrived it is as they speak about all their love and increasing loving feelings; all coming about because they are feeling better about themselves and their lives, feeling they have more control, are more important because they are now longing for and receiving God's Love. It's all part of the ongoing ego trip James, all false love as I've said, and will all have to go, be relinquished, should such people want to start living true to their anti truth states by doing their soul-healing.

Such people believe partaking of God's Divine Love will make them more 'divine', more loving like God is. And they put it on, contrive it, using their mind to 'make them feel it'. Yet it's all a pretence because none of them want to do their Healing as you once suggested to them. They rejected you, doing your Healing is all about making you feel bad, having to deal with your bad feelings, not making you feel good like longing for and receiving God's Love in your soul does. They are making up stories for themselves James. And none of them over the years have changed, they have kept going pretending they are feeling good and have changed for the better having started receiving the Love. Then when they die, as some of them have conveyed back to the forums, they are surprised when they are not as evolved in truth and as spiritual or divine as they believed they were, having to start at the beginning as they start learning about the need to do their Healing, and having to understand why they weren't open to it when back on Earth.

James: But if we are so heavily denying God, how can we have a true and sincere enough longing for Their Love?

Mary: That is simply another part of you, one that you can access at any time, and you can long with such sincerity because you do feel you want Their Love. There will of course still be a lot of one's mind in there as well, because it's with your mind you understand it's a good thing to do; however if your longing and desire is sincere as you can be, then the Holy Spirit will bring the Divine Love to you. There is always that door open within you no matter how evil you might be and how much you are living in denial of God, the truth and yourself – your own feelings. And that doorway is the gateway to your soul, to your personal relationship with God, and so it is always there, it can't be interfered with by anyone or even yourself. One always will have the potential to redeem oneself and partake of the Divine Love – always; no one is ever too bad or too evil. And some people will be able to access this part of themselves easier than others, so some people's longing will be greater and truer, whereas other peoples not so, they having to employ their minds more to convince themselves they are actually longing correctly and sincerely and are receiving the Divine Love.

James: Yes, I see what you mean.

Mary: Yes, you are receiving pictures in your mind of people you know that I am referring to as examples of what we're speaking about.

James: I know who you mean and it helps me understand the feelings I've had about them. So it's all far more complex than what was said in the Padgett Messages.

Mary: Yes, the Padgett Messages had to comply with the limitation of James Padgett's mind, which were representative of all the limitations people are living under brought about by the Rebellion and Default.

James: That's a good point Mary.

I just thought then, there were other people Jesus could have chosen to receive such messages; and all the Celestials said to James telling him they had no idea why Jesus would have chosen him, was all just part and parcel of the whole package, the relationship of his mind to the Rebellion and Default, the Celestials knowing full well why James Padgett was chosen.

Mary: Yes. The Padgett Messages, as it was also with The Urantia Book, were a finely crafted piece of work all in keeping with the restrictions imposed on Jesus and so all he could reveal to humanity through such an avenue. And he was limited because neither he nor I wanted to interfere with the Rebellion, we wanting it to run its course as the Mother and Father wanted. So you could say they were self-imposed limitations and restrictions that conditioned our relationship with the Rebellion, the instigators of it, and you of humanity.

Really all those spirits who participated in the Messages, and Jesus himself to some extent, had to act like they had parts, lines, a role to play in a play. So you can see how contrived it was, that being what you feel about it; and Helen stuck to her part which we've talked about, as well as did all the others. It was not a real and spontaneous revelation like we have with you, where you are free to speak your mind, ask us whatever you like, feel what you feel about it all, discuss it all with us, and have general conversations about it all as you work your way up through the mind circuits growing in truth. It was all actually very forced with James Padgett, he having to work extremely hard to stay in a state and frame of mind that enabled him to reveal the truths that Jesus wanted to convey to humanity. And it's because of this, that people won't actually be able to grow in truth from the information contained with the Padgett Messages or The Urantia Book, as neither work talks about the feeling side of it.

James: No, they don't, which now as I'm becoming more feeling aware, I find very annoying, they are all about the mind, just information for the mind, which people believe and never question. And at best all you can do is delude yourself that you're growing in truth as you grow in mental understanding of it all. Which explains why the people on the Divine Love and Urantia Book forums are not growing in truth, only progressing in their mental understanding of such things. And I find it extraordinary that after so many years they are still there still talking about the same few things, not having moved on, seemingly content to believe that all there is in each of those books is all there is, as if there is no further truth or information in the whole of Creation. And then even more frustrating, very few of them move out of 'their' book, being very possessive about it, they will only talk about the PM or TUB but won't look to combine the two, to get what they can out of each book. And they are certainly not open to anything coming from outside either book, even when I've tried to point out the limitations of such material. It

was a shock having to realise that no one on any of the forums I joined would even discuss additional information like what you and Jesus have been telling me Mary. I was either booted off or just had to leave once I understood I was disturbing them, interfering with them, even upsetting them by making them face some of the things that didn't add up, and as I didn't want to cause anyone any grief, had to leave them to it.

And if that is similar to why you and Jesus didn't interfere with the Rebellion, well I can understand that. And when everyone rejects you, won't even openly discuss anything, they feeling threatened by what you say, well, there's no point, is there.

Mary: That's right, there is no point James. One can't grow in truth by using a book and adhering to certain principles in that book. And as you know, even with our work together James, still most people will only add it to what is already in their minds and believe they are growing in truth, even when they understand about having to honour and live true to their feelings. There will be relatively few people who actually take the principles we're talking about and live them, no longer needing any books, looking solely to themselves, to their own feelings for direction, insight and guidance.

James: Yes, I'm still coming to terms with that, still wondering why I'm bothering putting it out there.

Mary: And why is, which you do know, because it is giving you a whole range of experiences that are helping you further grow in truth, helping to stimulate more feelings, good and bad ones, all so you can keep working on yourself and see the benefits of such work.

James: I am feeling a lot stronger, better within myself about it all, that's for sure. And feeling better about having no expectations. In the beginning I thought people would love all this new revelation and information, because I did, I have always loved it, and thought all those people who said they are wanting to grow spiritually would also love it as I did. And now I realised I was wrongly thinking everyone would be like me, I had no idea that mostly it would be too confronting.

I feel completely dedicated to it all now Mary, and I guess my wanting to put it out there is all part of those feelings. I don't know if I'm still wanting to put it out because of mind stuff, I probably am, as I'm not healed yet, but I do feel more like it's truer feelings motivating me more each day.

Mary: Oh it is James, you have made good progress over the years and now it's all starting to come to fruition. You and Marion are still to go through the deepest and most profound inner changes that I mentioned to you some months ago, and all you are both doing now is preparing you for that time.

James: Well, it is all making more sense now; and the more I give up trying to remember and understand it all and keep it up in my mind, the easier I'm finding it all; for as you and Marion have told me, it's all just within my feelings anyway. And it's a relief to be able to give up trying to keep it altogether in my mind.

So Mary, really the best we can do concerning our relationship with the Mother and Father whilst we're still denying Them, whilst we're still in our negative states, is to speak with Them using our mind, just having a mental relationship with Them whilst we're also longing to Them for Their Love.

Mary: Yes, you can use your mind circuits to relate to Them, and then get all that level of your relationship with Them confused as to it being of love, just as people do in their normal lives together as we spoke about.

James: So for the person new to all of this Mary, how will they be able to come to terms with the understanding that all they think and feel love to be, might not actually be what it is?

Mary: They will start by being introduced to the idea through our writings together, if they've not already come to that conclusion themselves through life. And then were they to seriously decide to live true to themselves and do their Healing, they'd gradually come to terms with it as you have James. As with all Jesus and I tell you, we're telling you things that you are able to deal with now having done so many years of your Healing. You'd not have been able to deal with such things when you first were starting out. You would have been able to entertain such notions and ideas with your mind, that being how you dealt with our first writing together in the *Rejected Ones*, but now you are able to relate to all I'm saying on a feeling level, for you are living such truth yourself. And so it will be the same for other people. And it's the same for anything, like as you know when you learn about a new job or how to do something, it's all with your mind first, but it's not until you've mastered it through experience, when you know it with your feelings, that you know what it's really about. So it's the same thing with all of this; and as we can't actually tell your readers from our own personal experience what to expect as they do their Healing, nor what's involved because Jesus and I have never done it, all we can say is what we've observed with spirits who have healed themselves in the Mansion Worlds, and what you and Marion have done.

So as we've told you, Jesus and I are only setting out the truths in this way for people to think about and see what they feel about it all. And should one choose to do one's Healing, then largely one is going to have to work out how to that for themselves. They will of course have your work at a guideline, but as it's all to do with feelings, and those coming from your soul, so it's a private and intimate experience with oneself that it involves. And truthfully James, Jesus and I along with all the Celestials and many of the universal personalities are all looking forward to see how people do their Healing on Earth. We've all seen now how spirits do it in the Divine Love Mansion Worlds, but as to the flesh world, well, such people will be breaking new ground, something as yet unknown in Nebadon. The Rebellion, and in your case, Default as well, is unique to your world as to how it has manifested itself, so we're all very interested as to how humanity will heal itself of it.

James: I'm very interested in how I'll ever heal myself Mary. I feel like I've got miles to go.

Mary: Remember James, it's only the truth that needs to be seen. And as far as what truth you or anyone needs to see about themselves, life and God, that is up to their soul. Keep expressing all your feelings, and you'll get there; eventually you'll stop feeling bad, and then you'll be able to carry on happily expressing all you feel good about.

James: Thank you Mary. Time to go.

Mary: Speak to you soon James.

39. Reincarnation

(18/4/2013)

James: Jesus, how did the belief in reincarnation come about?

Jesus: It evolved through the ages as people started to wonder about life after death and what would happen to them, the spirit, and what was it all for. You know James, all the usual things you naturally wonder about at some stage in your life.

From your understanding of *The Urantia Book*, before Mary's and my coming, when people died, their spirit sort of went into limbo, they 'remained asleep', waiting for the next spiritual age to commence which mostly was a long time in coming. Then when the next age began all such 'sleeping survivors' awakened to begin their new spiritual lives in the Mansion Worlds. So unlike now when you die with everyone automatically almost immediately awakening in the Mansion Worlds, which has come about because of Mary's and my coming, those long ago people might not have woken up for tens of thousands of years. So the people they had left behind didn't have any direct contact with them, they sought to speak to them in spirit but got no reply, with only other spirits from previous ages wishing to communicate with them, but of whom they were mostly scared and suspicious of.

And then coupled with that, you had spirits who were not from Earth, members of the gang of Evil Ones who directly brought about humanity's rebellion and fall from grace, communicating such nefarious ideas, notions and beliefs as reincarnation as ways to keep the masses under their control. For what more insidious belief than to tell everyone they are confined to the Earth forevermore, that they will keep coming back to it over and over again, with the carrot dangling at the end: that if you are good and work through all your wrongdoing, all your karma, then you'll be able to stop the reincarnation process being one of the celebrated and all-powerful spirits, who supposedly is at-one with God.

It was yet another ploy, like all the religious beliefs, to keep people denying themselves, that being the truth of themselves, by denying their bad feelings. And so many people and mind spirits look to the belief as a way to make them feel better about themselves, instead of seeking the truth of their evilness and personality denial, allowing themselves to feel all their bad feelings and strive to uncover the truth of them. It makes you feel better when you can tell yourself that it's okay being a bit bad this life as you'll be able to make amends and fix your problem in your next life, so you don't have to worry so much now, and you certainly don't have to work with your bad feelings which unconsciously you'll know will take you into having to deal with your unloving relationship with your parents, with all the bad parts. And all those bad parts as they manifest in your life making you feel bad and making problems and difficulties for you, you can blame on karma from your previous lives as a convenient excuse, again all to avoid the real truth of how your childhood was for you.

And as you've discovered for yourself James, when one starts to heal one's childhood repression, then one knows that all that ails you, all your wrongdoing, all your evilness, your whole negative state, all your 'karma', is ONLY a product of this life, of your relationship with your parents. However until such people who believe in such falsities choose to look to the truth of their feelings and want to stop being controlled by their mind, such beliefs will remain, all because they give one a simplistic way of denying oneself whilst deluding oneself that one is spiritually growing. Yet as I've said before, you can't grow in truth with and through beliefs, that is all of the mind. You can ONLY grow in truth with and through your feelings, and not feelings that are being controlled by your wayward mind.

James: Jesus, lately it's really been hitting home to me that if one is serious about growing in truth, and is trying to do it as you and Mary are saying, then we are going to feel bad a lot as Marion and I have felt over the years throughout our Soul-Healing; because the truth is: as we're wrong, and living untrue, and so against ourselves, then we are making ourselves feel bad. And once we stop doing and believing all we do to try and counteract all those shit feelings, trying to make ourselves feel good, then of course we're going to be left with all those bad feelings. And so being left with them, then they are all we have to look to for the truth of ourselves, as in finding out: Why are we feeling bad.

Jesus: That's right James. To do as Mary and I are saying you are setting out to allow yourselves to feel as bad as you really do, that being, underneath the fantasies you have created deluding yourself that you feel good. You can't feel truly good when you're evil. Being evil makes you feel bad, because you're not loving yourself. And so if you feel good when you're evil, then something is seriously wrong inside you, which is what most people refuse to face and wake up to, which of course is completely understandable. And as no one has wanted to face the whole truth of themselves, so Mary and I have not revealed it to you. And whilst people want to persist in their fantasies of having multiple lives on Earth, then so be it, it's not for us to tell them they can't, we are not going to interfere in their personal expression of the Rebellion and Default, just as we haven't interfered with the impersonal expression of them; but really you'd have to wonder: would you want to have multiple lives of being evil? And if you do, why, because then you are saying you enjoy being evil, enjoy how the world and humanity is; and for you to say you are enjoying being of and being in all that's against God and Creation, well... need I go on.

James: You mean we all should be put in the funny farm. But we are already in it! - isn't that what you're saying?

Jesus: Yes, and doing all you can to keep yourselves well and truly inside the gates and confined to the grounds.

James: Marion and I read about a captive elephant in Africa, which had had a very hard time of it having been constantly confined to small enclosures, being rehabilitated back to the wild. It was taken to a place where it was hoped upon its release it would be able to fit in with the existing herds in the area and where there was an abundance of food for it. A special enclosure was built for it, with a high wall and open area inside no bigger than our house, a size it was familiar with. And it was kept in this enclosure for a time whilst it became acclimatised to all the new sounds and smells of the surrounding area. The wall was so high that it couldn't see over it. Then when the big day arrived its door was removed for it to go, but it wouldn't leave its home. And it then took a long time for it to understand that there was no longer a door there, that it was free to go; and very gradually it moved out, checked out around its home, then came back in. And after a long time it slowly was able to stay away from the enclosure and remain out in the bush. And eventually it linked up with a passing herd who took it on as one of their long lost 'people' – that part I made up, as we've got to have those 'Happy Endings'. But it did finally go off free. And we are that elephant.

Jesus: Yes, keeping yourselves confined to your small belief and behavioural enclosures, only now Mary and I have opened your door. Only now are you free to start to acclimatise yourselves to a New Way.

James: And it occurred to me this morning, that really we should have been told about (had revealed to us), all you and Mary are saying about our Feeling-Healing *before* we were told about the Divine Love, but like everything for us, it's all around the wrong way. I know you said this the other day, but it's come up in me very strongly this morning. And along with that, like our elephant friend, we are confined to the enclosure of our negative state. But when we embrace all you said in the Padgett Messages, it's like we've put one foot over the line into freedom on the outside. But it's not until we embrace the doing of our Healing, healing all our childhood repression, that we are fully stepping over that line with both feet, and on our way to complete freedom.

Jesus: That's right James. And as you say, it has all been given to you around the wrong way, or what might be called – out of sequence. And so having the Divine Love offered to you in your evilness has in many ways only complicated things even more for you. But now with the truth of how to heal yourselves of your evilness, so you can start to put it all into perspective, as you James have wanted to do.

James: Jesus, what about the spirits in the mind worlds that believe in reincarnation, what do they do whilst they are waiting to be born back onto Earth?

Jesus: They busy themselves by working out the details of their next life. They work through all the legacy from their 'recent' life, believing they are advancing their mind and spiritually growing and lessening their karmic burden; then they set about planning what stresses they should put themselves under in their next life so as to 'burn off' more karma. There are the Great Reincarnation Halls as they are called, in which countless numbers of mind spirits busy themselves working it all out for themselves. For they believe they are in control of it all, that God has no say, and they are to work it out for themselves in spirit. Then when they are ready, they believe they will go unconscious when their allotted time comes for them to 'descend' – to reincarnate and start their new physical life on Earth. Then they leave all their essays and studies in their secret and private quarters to which they believe they'll return, then to work through the success or failure of that life.

James: But they don't reincarnate, so what happens to them?

Jesus: Eventually they get bored, interested in something else, move on, find a new mind distraction. Then they set about trying to tell all those other spirits who still believe in it that's all nonsense, but those spirits don't listen to them, and so they shouldn't, for everyone has to find out for themselves what their existence is all about.

And they make all sorts of justifications to themselves as to why they've wasted so much time over something that was never going to happen. However like all experience, it's not all wasted and a lot of spirits gain a lot of helpful mind information about themselves by studying their life in the light of what was good or bad, and what went wrong and what 'karma' have I got rid of and have left, and why, and all the interactions they had in their relationships with people they believe are part of their 'Reincarnation Group', those people always reincarnating together in different roles for each other.

James: And how do they reconcile that so many people say for example, that they were Mary Magdalene or yourself in a past life, or some other famous person? They can't all be you or Mary surely.

Jesus: They delude themselves into believing that there are multiple realities one is living all the time. And that really in a way, there is only one Master or Great Soul that is humanity, with something like lots of 'little' or sub-souls living out all the possible realities. You remember early on in your spiritual exploration James – *Seth Speaks*, the Seth books that spoke about such multiple realities? Which are all mind realities, nothing more than fantasies which even many of your so-called great scientists believe in as well. There is however only one reality, your reality, it being your life from your conception until where you are now in it, there is nothing else. And all you have lived so far, IS ONLY ALL YOU COULD HAVE LIVED, IS ALL YOU ONLY WILL HAVE LIVED UP TO THAT POINT, you couldn't have lived any other way that what you did. Your experiences have been specifically given to you by your soul (by the Mother and Father), and so you can only live those experiences, irrespective of what influence you might think your free will has. Really there is no point going back bemoaning and wishing in hindsight if only I'd

done that instead of what I did, said that instead of what I did, had a relationship with that other person rather than the one I had, because you could only have lived as you did. The concept that there are masses of parallel universes which some part of yourself, of your soul, is living in, is wrong, because there's no such thing. There is only one Creation, because there is only One God. There are masses of higher vibration levels within Creation, but no alternative Creation.

James: Yes, that in each moment, each intersection there is a 'new me' that's heading off living that probable reality. So I am focused on this current reality that is making a right hand turn now, but there are other 'mes' who are at the same time making a left hand turn, not making any turn at all, going back the way I've come and every other possible angle possible. And were I able to focus in any of them, I could go off down that road of that consciousness – that sort of thing. And somehow my soul controls it all – or my mind.

Jesus: Yes, I see you understood it well.

James: Back then, Bob (that's the name I give my Indwelling Spirit) helped me have numerous experiences of such things, particularly when I was stoned. I remember the great shock I got when during a past life recall, a woman took me through a visualisation exercise to view my past lives, I saw that suddenly I was woman! I loved having all those mind experiences, Bob crafted them all so perfectly, like having waking dreams. I loved all my past and future lives when I believed in reincarnation; but gee, now I can see how much I was only deluding myself that I was getting somewhere with it all.

Jesus: All trying to make yourself feel better about yourself James.

James: Yes, I can see that now. I am grateful for those mind experiences because they have shown me what we're (what I'm) capable of, so far as using our minds to go off into la-la land.

So these mind spirits in a way believe everyone is capable of being everyone else, so potentially everyone can and so does have a life at some point of being Mary and yourself, and... and I guess ME, and Joe Blogs, and everyone else. Oh god, what a terrible thought: that everyone would have a life as me – yuk! Well, I hope when they do, they feel better about it than I do.

Jesus: It's a grand way to pass the years in the mind Mansion Worlds James, for one does after all have to do something 'constructive', something to keep themselves busy – one does have a lot of time on one's hands.

James: Yes Jesus I see what you're saying, as that is what mum and Gran used to say to me: Mum; "Go and do something constructive, something useful, stop hanging around me"; and Gran; "James, it's always good to be working on something constructive, it does no one any good to be idle." YUKKKKK!!!! And so off I had to go and busy myself with my mind, making up little fantasy worlds for myself – gee Jesus, thank you for helping me see a bit more about myself. I can see the connection, and had I not come across the Padgett Messages, I'd have gone into the mind Mansion Worlds and busied myself with something constructive, so I'd be sitting there plotting and planning my next life. Hmm, now let me see... well I'd be a bloke again, that's for sure, too much hard work being a woman... and well, as I never really did very well with women this time around; ah, yes, I know, a life as a rich and powerful man with a huge harem... yes, I can see that would create lots of bad karma, and then I can work that off in the life after that by being a nun... and then... Yes Jesus, I see what you mean, it would be endless, lots to busy myself

with.

Jesus: Well if you're wanting to take over God's role and work out your whole eternal existence for yourself, yes, you would have to put some serious time into it.

James: And so Jesus, conceivably, some mind spirits have been at it for years.

Jesus: Tens of thousands of years James. I don't know the longest time a spirit has spent indulging in it, but it's many years.

James: But how can they, I mean... it's too hard to even contemplate.

Jesus: Time is of little meaning to them over there. They are too busy working out their next life and all its ramifications; and as they see there is eternity to do it all in, so what's the hurry.

James: But doesn't their soul wake them out of it before then... obviously not if what you say is right.

Jesus: There are some very ancient spirits still in the Mind Worlds doing such things. And yes, one day when their time comes their soul will wake them up and they will move on.

James: So I guess it's just how life is, someone is to experience it. So someone will be able to claim that they believed in reincarnation the longest.

Jesus: Yes. Such ancient spirits actually get more caught up in teaching, planning and helping other spirits understand and work out their future lives, having sort of given up on their own lives. They are seen, even worshipped, as being the Great Sages of Reincarnation, with them even claiming in some cases that they have completed the Karmic Wheel, having lived all their lives on Earth. There's a lot of prestige to be had being a very old spirit in the mind worlds. And so they sort of, don't ever actually get around to getting on mapping out and planning their own next life, getting all caught up with everyone else.

James: Well I can imagine that. And being busy and if you love doing it, and if the kudos was very appealing to your ego, then why would you want to move on, you'd have all you need to keep your bad feelings at bay.

Jesus: That's right James. So many famous artists, writers and composers, keep writing and composing, endlessly making up new masterpieces. Such spirits are not interested in the truth, in evolving their soul to Paradise. They are all too caught up in their own self-importance, just as they were when on Earth, just as most people are. And it's not until you decide to break all of that falseness down, break your mind's control over yourself, and face the truth of your bad feelings, that you do take the first step over the line, and can indeed, keep taking them.

James: And so on the one hand you've got very ancient spirits in the mind worlds busy with all their mind stuff, and then on the other hand, you've got spirits who've done their Healing and embraced the Divine Love and have ascended in truth well beyond the Mansion Worlds and well into the Celestial spheres... and...

Jesus: And yes, some have actually left Nebadon now. The gate has recently been opened, and many spirits from Earth are now well on their way to Paradise, having said goodbye to Mary and I and their home universe.

James: What's it like for you both to see them go?

Jesus: We feel very good, very satisfied because it's what Nebadon currently exists for: the ascension of such truth-loving souls from the material planets. And now as spirits of humanity from Earth can join with others from other physical worlds all moving on deeper into Creation toward Paradise, it is the fulfilment of what Mary and I are all about. We want to see you all grow and leave our universe. And for those spirits from Earth to have healed their evilness is an added delight for us. We are very happy and pleased for them all, wishing them all the best on their eternal careers.

James: Do you feel sad with them going, the one's you've got close to?

Jesus: No, only happy; we don't need their constant love or relationship. We feel happier and happier the more that go, and when all of humanity finally leave our shores, we'll feel ecstatic, with a great sense of satisfaction and 'job well done'.

And what you say, the two extremes from the mind spirits locked within their self-delusion to those truth-liberated souls on their way to Paradise, is something for the universal records!

James: It's all mind boggling.

Jesus: And nothing for you to concern yourself with James, you know what you have to do, and you can't use your mind to move it along any faster – or slower for that matter, as your feelings are now well and truly in control. And so all you can do is keep struggling on trying to express and uncover the truth of your bad feelings.

James: Yeah, I know. And I'll get back to it, time to talk with Marion again. Thank you again Jesus for all you said. I'll speak to you soon. I can feel other topics pressing within me for us to talk and write about.

Jesus: I'll be here James.

40. I AM GOD! Oh all right then, a little god. But still a god... aren't I?

(18/4/2013)

Jesus: The title of this post says it all James.

James: After speaking with you yesterday about reincarnation again and all that stuff to do with probable and multiple realities, and then following on from something Marion said this morning about herself, I felt I wanted to speak with you about our obsession with the fact that we are god. Of course not all people believe that, but what I've come to understand through my childhood repression healing, and all

that's helped me about our negative state, the bottom line is, that in one way or another, we all do believe that we are gods.

Jesus: You do. Which is why I always stress you are children of God.

James: We've got pretty big egos. And why we put you up on the pedestal as being God too, is all part of that, isn't it, of our need to make ourselves more self-important all because we were made to feel by our parents so unimportant?

Jesus: Yes; and so you need to revere me and worship me as if I am somehow God who incarnated Himself for you, you can't simply accept that I too am a child of God, a child of loving Heavenly Parents, my Mother and Father, who are God. And that I am like you, a mere child, albeit more advanced on a soul level than you, but still a child.

Mary: And do you also see James, that if you do accept yourself and even Jesus and I as only being children of God, then you are really saying to yourselves that you will always remain the child, which then unconsciously in most and consciously in some, instantly brings up all that fear, panic and dread that you felt during your forming years, so in no way do you want to keep being the child and made to feel you are bad, so you have to do something to be not a child, so be god, as God is the highest, and so you believe, the furthest away from your childhood and being a child you can get. And if you are god, then you are as you saw and related to your parents, they being the gods of your early life; and if you are as they are, then you are the all-important one, you are fully in control, you feel all-powerful, all the opposite to how your parent gods made you feel. Then being in the top spot, you can be god to your children making them feel bad as you were made to feel bad, making them feel powerless as you felt.

James: Yes, I see what you're saying Mary. Because the more I've worked on bringing to light my childhood pain through my Healing, I've gradually felt better and better about being a child of God, and have let go all those beliefs I didn't even realise I had about being god.

Mary: As I said, when you are a little child your parents are your gods, and you want to believe they can do no wrong. And so naturally you grow up yourself wanting to be god – that being a parent of children.

James: And then we project all our shit and confusion about our relationship with our own parents onto our relationship with the Mother and Father, and onto our children.

Mary: Yes.

Jesus: And then when you bring in and include the elements of the Rebellion: with the higher spirits that caused it feeling they were more than just a child of God, they seeing themselves as being able to decide for themselves how to live, not needing to be shown or guided by an unseen Mother and Father who might only be a fantasy of yet higher spirits, and so might not exist at all. So the Lucifers decided to go it alone, to turn their backs on God, on Mary and I, as we were in support of God, and live how they wanted to live; that being their own bosses, being gods of their own creation, of their own little part of the universe. And so they went around telling everyone that it wasn't right that they should live under the control of these God Personalities that you can't even see, and that everyone should have complete freedom to do as they please, and in truth, not care about anyone else. So you all end up being gods in

competition with each other. No longer all brothers and sisters of loving Parents united together as one family striving for the truth of yourselves.

James: Which is how we live. We all believing we're god and so competing with each other, yes, I can see that plain enough.

Jesus: Yes, you being the products of their rebellion. So being just as the Evil Ones are.

Mary: And so you being children are made to feel by your parents that you are living under their tyranny, that which you'll increasingly see about yourself when you become more aware of the hidden feelings about your early lives you are refusing to see and fully acknowledge. However you only have to look at how you organise your society and world, in that you allow other people to have control over you, you give your power away to these controlling entities you call the government or the hidden elite cartels and families; who in their turn say they are looking after you, doing all they do in your best interests, which is exactly the same as what your parents said to you, but not giving you the actual said freedom the Lucifer's said they would give everyone, but underhandedly controlling you all as the Evil Ones did. So naturally as you've been so heavily controlled by your parents, you live agreeing to and even needing such heavy control by authorities, instead of striving for the truth which would allow you to be entirely self-governing, which is in fact, how God allows you to be. So instead of complaining about being under the control of those secret powers, by the the government, the hidden elite, or even some undisclosed alien race, you would do a far nicer and kinder thing for yourself to look into your own feelings to uncover the hidden power your parents had over you, and all those bad feelings you've buried as to how being so heavily dominated actually did make you feel.

Many people fear being controlled by unseen conspiracies, which is only really a projection of their hidden fear of being controlled by the 'conspiracy' of their parents. Your parents control over you is the greatest conspiracy you've been subjected to, and are still subjected to even now whilst an adult. And it's the one you fear the most and do all you can to refuse to see the truth of. It's far easier to blame someone else outside of you whom you believe is secretly plotting and scheming against you, than it is to stand up and face the truth of what's staring you in the face – the truth of your relationships with your own parents.

As you believed James, as so many people do, that the parents, and especially the all-holy-mother, are loving, that all parents love their children, that simply be being a parent you can't but help love your children, it's a biological fact, look at nature; and a mothers love is the greatest most powerful of all loves, and yet how many people do really feel so greatly loved by their parents and especially their mother. And when you start to wake up to the truth through your Healing, this great mother love will come into question, and I'm afraid to say, not that much of it will hold up under the scrutiny of truth.

James: Yep, that's how it's been for me. The men in my life all said for me to "love your mother" and how much "your mother loves you", and yet dad and mum's relationship was fucked ending in divorce with mum not being able to stand dad, and bizarrely dad still loving or being infatuated with her right until the end and even though he got married again – talk about a sucker for punishment; so where was all this love?

So we can fight the outside controlling forces all day long, but it's not until we change our inner controlling forces that we will actually get anywhere.

Mary: That's right. So if people do actually want to grow in truth and stop being part of the negative

system, then they will need to stop denying any feeling and instead start to willingly embrace all they feel. Which means, they will have to simply allow their feelings to be, and if they feel bad, then they feel bad, and speak about and express such bad feelings, all whilst longing for the truth of them; all whilst wanting to look deeper into themselves to try and see what those bad feelings are wanting them to see. And this is truly 'going in', all the other sorts of 'going in' people talk about is only still playing around in their mind and avoiding really going in. Because when you truly go in, guess who's going to be there waiting for you – mum and dad.

Jesus: The actual Rebellion and Default are over, the spirits who controlled it are no longer influencing humanity. So now what remains is for you to wake up to the control they subjected you to, which you will see through your feelings as Mary was saying; because as you come to understand the control your parents had over you, then you'll see it's the same control these spirits sort to have over everyone. And even if somehow the existing controlling powers were suddenly stripped of their power, nothing would change on the inner levels. Certain readjustments would occur on the outside, as new power people got themselves into the controlling positions, and on it would all go again in another new cycle of control, just as it has throughout humanity's existence since coming under the influence of the Rebellious Ones. Civilisations within the Rebellion have been built up only to fail as that cycle of control fails, and the same is soon to happen to this current one, only the difference being this time round there is a way out for those people who truly seek it now being offered to you. And that way out being through your own feelings. You don't have to leave the planet trying to live on the moon or Mars or start building a paradise of your own making (you can do that if you want to keep denying yourself when you get to spirit), you don't have to do anything. You can live completely surrounded by and subjected to the evil, whilst you set about working on yourself to heal your truth-denying state. And in fact you still need to be influenced by the wrongness for it to make you feel bad so you can use those bad feelings to uncover the truth of your own evilness and part in it all.

Mary: In your negative states, you all believe you are gods. That's what evil is all about. You believe you are superior and know better than God, which most people do when they grow up becoming adults looking back at their lowly parents, now believing they are the superior one's knowing better than the gods they were subjected to. So now they are the top dogs, and they will make their children believe they are gods, and the children have to fight to grow up to gain their own power that their parents have denied them, all so they can then have their turn at being god.

James: So all the mind spirit stuff about striving to be at-one with the Mind that is God, is just trying to be at-one with your parents?

Mary: Yes, instead of fighting them, why not join them, and then, secretly in your own fantasies, you can even believe that you are just that little bit better than them. But all so long as you don't tell them, because you know what would happen to you if you did that, and you wouldn't want to bring their wrath (the Wrath of God) down upon you, now, would you?

James: So our trying to be at-one with God in our deluded states is really our still trying to be at-one with our parents... and all so then they will love us... shit, that's fucked.

So all the fearing God stuff in the Bible and other religions is really just more projection of our fear of our parents?

Mary: Yes. And those parents use God to give them more power over their children, so their children can be scared of God, but not of their parents; yet it's all slight-of-hand, when it's their very own parents that are scaring them, not God. God actually having nothing to do with it. So these parents who use God like this to add to their power, are being as evil as one can be.

James: Yes, I see what you mean. Having to wake up to that truth about yourself, shit that would be hard going.

Mary: Waking up to any truth about yourself from within your negative anti truth state is hard going James, as you have experienced. And it's all the same, no matter what you are doing, it all amounts to the same thing. You are using God by pretending you are God or know how God is, all to gain more power over someone – your children (and to a lesser extent your pets). And to have such power over your children is the most evil you can be, that being a truth humanity and every parent will have to one day wake up to and feel all their bad feelings about.

James: So what you're saying is that parents are the most evil people on the planet. Oh boy Mary, people will be flocking to read this, all those parents will be overjoyed to read that about themselves!

Mary: As you know James, we're not interested in numbers of people coming to read what you write, we're interested in making certain truths known. And it's not just parents, it's all of you, parents or not, that are negative, and so will have to deal with the pain you are causing yourselves and others by being in that unloving condition. Humanity (every person) has to in time wake up and FEEL what it feels like – what it TRULY FEELS LIKE – being evil. This being what your whole life on this world is all about. You have been incarnated here to directly experience evil, albeit by default. And so should you be intent on seeking the truth of yourself, life and God, then you are going to have first seek the truth of your evilness. And because most people don't want to go anywhere near their bad feelings, so such truth has remained hidden.

James: Marion was saying that she was made to believe everything that was wrong or bad was her fault and she was punished accordingly. So her parents forced her by their parenting to make her feel that in some way she is responsible for everything and everyone, and so by default, that she is god, in control of it all, even though she feels she couldn't control anyone, being so powerless all her life and feel controlled by everyone else. And yet she's always in a nervous panic about everything going wrong, as she'll be punished, because she's a useless god, a complete failure god, being unable to control anything. I was made to believe I was on the other end of the scale, that I was from the superior god-stock, and yet I too was a failure at that.

Mary: Yes, all of which has helped you both let go of such mind control, submit willingly (although not so willing for your James) to your feelings, allowing them to guide you. And so you've come to see the folly of your ways, how being false gods only makes you feel bad. And when you stop trying to be something you are not, you start to feel better about yourself, all because you are being more real and true.

James: It always makes such perfect sense all you and Jesus say; logical and straightforward.
So Mary, as we're all trying to be gods, that really is the crux of the matter.

Mary: Yes, all trying to take over from the Mother and Father because you believe you know better. You say you want to live God's Will and be a committed servant of God, and yet how you conduct your lives is as if God doesn't exist; or if He did, screwed things up by being a complete moron, all of which you have to painstakingly fix. It's as if God created you, plonked you on Earth and left you to it. With God coming back possibly one day to see what a hash of it you've made, or even, surprise, surprise, you managed to sort it all out living paradise on Earth.

James: We being more the making a hash of it type.

So if the world were to have its way and those people seeking ultimate power were allowed to have it, then we'd end up seeing a man presumably being appointed (and probably self-appointed) the head of the world, he who would be god.

Jesus: Which leads you to what you have in the person called the Antichrist. And yet he is still only small fry compared to those controlling humanity behind the scenes from the mind Mansion Worlds. You see James, ideally from the perspective of evil, you would have a man and woman, a united pair who would be able to stand up and be the God and Goddess of humanity, they in effect, taking over the roles of the Daligastias on Earth. (And in the mind Mansion Worlds you'd have their equivalent, that pair taking over the role of the Caligastias.) And for them to rule not hidden away and from secret quarters, but fully out in the open, supposedly loved and adored and worshipped by everyone. But of course where such a full manifestation of evil to be allowed to evolve on Earth, the people would be controlled to such an extent that they had to worship such a pair or else.

James: That's what a lot of American's seem currently scared about, that the president will take over putting himself up there as something like the Emperor.

Jesus: Yes, but it won't happen, because other events will overtake any selfish desires and hidden agenda, in which he will actually have to become more a president for the people simply to save his own life.

You see James, humanity is not to go down the route of seeing the so-called New World Order come into being, in that there will be a self-appointed Lord and Lady of all. For that to happen would still require more time, and time is not what the planet has. There is too much at stake now, humanity is too destructive, and as with previous civilisations, will bring about its own destruction before such a god-pair would ever occupy the Top Seat – the Throne of Earth.

The actual risk humanity faces is not from this time now but in the next age, because after all the earth changes and everything else that is to take place happens, then with less people to manage and control, potentially such a powerful pair could quickly achieve such ascendancy over the world; but for that not to happen to humanity in its vulnerable state during the next age, so the truths required to prevent this are being given to you now.

James: So what you're saying Jesus is that these End Times will take care of all our so-called progress, but it's when that's all over and humanity starts to rebuild, that is the actual crucial stage in it all. That being, as to whether we just carry on as before; or strive to really make things new by doing our Healing and getting ourselves out of our negative state. Which I can't see everyone doing, but presumably enough people will in some way be affected by it all, and a few will strive for the truth and grow spiritually, enough to thwart such controlling people having their way over everyone else.

Jesus: Yes. There's simply going to be too much spiritual input from the Celestial spirits to allow humanity

to start out on yet another negative civilisation building cycle as it has previously done. However, still that 'window of potentiality' for such a pair to rise up, does exist, even though they won't.

James: So it's going to be the unseen influence of the Celestials that are going to really help humanity in healing its evilness?

Jesus: Yes, because everyone who begins to look to uncover the truth of themselves through their feelings, and so start their Healing, will be attended to by them, whether they are aware of them or not. And this presence of so many Celestials in the earth planes will seriously upset and undermine the mind spirits control. You see James, with the earth changes and all that's to occur, the mind Mansion Worlds will be full to capacity, and so there will be a lot more spirits, more than there already are seeking to have some level of control over people back on Earth, so many more spirits trying to have their influence over far fewer people on Earth. But with the Celestials present and being far more powerful than the mind spirits, effectively their presence will obstruct and so limit the influence of these interfering mind spirits.

James: So at the moment, would I be right saying that the mind spirits are having it all their way, and at optimum capacity?

Jesus: That's right. And with more people daily opening up to them in one way or other seeking 'higher inspiration' so they are able to exert their influences to an ever greater degree. All the control of humanity is coming from spirits of the mind Mansion Worlds, you have far more to fear from them, than the controlling elite. For the elite are themselves being controlled by the mind spirits.

So there is going to be a lot of competition within the mind spirits ranks, with them wanting to have their continued say on Earth through people who are receptive to them, which is really almost anyone who is living in their negative state, only usually they don't bother most people because they don't have any influence in the world. But with the light of the Celestials coming to bear in the two earth planes, being brought about by the increasing numbers of people wanting to do their Healing, then the mind spirits will literally feel it's too bright for them, the spiritual light being too intense and so will shy away. And this will greatly alter the balance of power, both in the Mansion Worlds and on Earth.

James: So much more is really going on behind the scenes than we know.

Jesus: It always has been James. The physical Earth has only ever been the outworking of what's really transpiring in the Mansion Worlds. The Evil Ones controlled the mind spirits who then sort to control the people on Earth. Very rarely did the Evil Ones actually have to come into the Earth planes and affect direct control over a person on Earth.

James: So the mind spirits have always done all their dirty work.

Jesus: Yes, although mostly unwittingly, and mostly in their misguided beliefs that they are doing a good and beneficial thing for humanity on Earth, that they are helping humanity progress. But as you know, all such progress is really only furthering their negative state.

James: So Jesus, what about the Celestials influence now as they are surely working with some people who've read the Padgett Messages and are longing for the Divine Love?

Jesus: Yes, but only minimally. It still requires such people to begin their Healing for the Celestials to help them more. One can, as we've spoken about, partake of the Divine Love and still refuse to do anything about healing oneself of one's negative state. And so whilst one remains subjected to the limitations of one's own controlling mind, so the Celestials are forbidden to interfere. However should one decide to seriously uncover the truth within themselves through their Healing, then it's a whole different relationship they can have with you.

Mary: The Celestial spirits you must remember have all been through it. They have been as you are, all caught up in their evilness, and they have chosen to heal themselves of it. They are on your side, should you wish to do the same, and will have much to offer you in the way of support, even if you are not aware of their presence. Each person who is striving to do their Healing will have the support of a whole soulpair Celestial group, that being twenty-four spirits (twelve soulpairs), all of whom have lived a very wide variety of lives when on Earth and in the Mansion Worlds, and all of whom have worked very hard on themselves to heal their negative state. They are all very knowledgeable, and potentially will be able to do for all people who strive to do their Healing, what Jesus and I have been able to do for you James and Marion. And Jesus and I have given our authorisation for them to preform such attentive roles with those people on behalf of us. So you can look to them with all confidence in that they are fully cognisant with your whole life right from your very conception, and are more than willing to help you come to terms with it as you uncover the truth and pain of your childhood repression, just as Jesus and I would help you.

James: And I've been wondering lately Jesus, does part of that authorisation Mary just mentioned include the Celestials pretending to be you and Mary speaking to someone who might have partaken of the Divine Love?

Jesus: Yes, however there are at present only a couple of situations like that. But in potential they are authorised to actualise Mary's and my Spirits of Truth, so it would seem like the person is speaking to us, but in fact it's not us in person as we are with you now James, but with a Celestial spirit.

And I know that can be confusing, however will be done because the person insists in speaking with us, yet we can't speak to everyone who wants to speak personally to us, we've got the whole universe wanting to speak personally with us. So the Celestials will pretend to be us until that person wants to know the truth of their relationship with us and the Celestials, which should happen provided that person is intent on growing in truth through their feelings.

James: And those 'Divine Love' people speaking with 'Jesus' are not to be confused with the mind spirits pretending to be you.

Jesus: No. And how one can tell is the truths that are spoken about, and if someone who is saying they are speaking with me is not including all that I said in the Padgett Messages then you'd begin to suspect they are just being taken for a ride by a more than happy to pretend to be me spirit in the mind Mansion Worlds. The Celestial spirits, be it directly as they speak to you or indirectly by helping 'illuminate the voice' (all in league with one's Indwelling Spirit) of my or Mary's Spirit of Truth, so making it seem like we are speaking to you on Earth, will use and adhere to the truths Mary and I have said and are continuing to reveal, such as with you James, because that's what comprises our Spirits of Truth.

James: I see, so the Celestials enlist your Spirits of Truth and so can make it seem they are like you.

So it will be relatively easy for people who are setting out to do their Healing to talk with the Celestials?

Jesus: Yes, all provided such people have a natural inclination for it, just as you do. Marion doesn't feel she needs to seek other unseen help, being able to do it all herself, even though we are at times with her, but more just to give her unseen moral support, and to perhaps inspire a thought or picture occasionally in keeping with her relationship with her Indwelling Spirit, all to help her see a little more truth about herself.

James: Mary and Jesus, thank you both once again for all you've said.

Mary: You're welcome James, we'll speak to you again soon. Bye now – Mary M.

41. The New World Order

(18/4/2013)

James: Jesus, can you please explain about the New World Order that I read about on the Internet. As in, is there such a thing, are there people wanting to bring it into being, or is it just yet another fantasy?

Jesus: It's real although to those people and mind spirits – as you understand such spirits are at the back of it all. It might not go by that name, however it still amounts to the same agenda such people are wanting to bring into being.

James: Why do they want to do it?

Jesus: So as to have the world more to their liking. It's all the continual and resultant outworking of your negative states, only these people have the means to manifest such personal power on the physical earth.

James: And what's, more to their liking?

Jesus: To have a more general peace on earth, so less wars and warring factions. To have less people in the world so less of a drain on all natural resources. They would ideally want to make earth Paradise, however a paradise of their own doing. One that gives a lot of the earth back to the natural world with less people encroaching on what's left of the natural and wild environment. However the problem they face is that to maintain their power, they need to subjugate the majority of humanity to their influence, thereby requiring more people, more wars, less nature, more development and progress. So they are in a bit of a bind.

James: So that being all part of what so many Americans fear having their guns taken away from them so they can't hunt.

Jesus: Yes, all that sort of thing, to have the world as one big world heritage park in which the elite are free to enjoy it to their liking with the rest of humanity to maintain it.

James: Sort of like feudalism and serfs or something like that.

Jesus: Not so basic as there needs to be the general and progressive standards of living such people are used to, to be maintained, along with all the technological advancements providing them with new toys to spend all their money on.

Other people want less emphasis on personal progress as in wealth accumulation, with everyone trying to be god of their little bit; or have instead a few main gods and all the rest are happy and content having a more simplistic life. But not so much as back to basics and a horse and cart existence, but one of more leisure and without all the need for everyone having to slave away always trying to earn enough money just to keep food on the table.

James: That sounds all right to me, better than how it is now.

Jesus: Yes, and in many respects it would suit a lot of people, however there would be more control and so less chance or opportunity for the average person to themselves become a top power-player. The power would more easily reside in the hands of the few, with the more common folk being the workers and supposedly happy with their lot.

James: So really people I read about are worried that their means of having power will be taken from them?

Jesus: Yes, which of itself for them personally would not be a bad thing, helping them feel more of their bad feelings truly, only I don't think they'd see it that way. Everyone worries when they feel threatened, the false safety of their mind threatened to be taken away from them.

There will always be people with greater power whilst people wish to remain in their negative states, but that doesn't mean that if you're not one of the top dogs you can't have a very fulfilling and rewarding life. And to spend all your time busy with trying to maintain that power is only going to make you move deeper into your evilness, so it's all going to work against you in the end.

James: So the implementing of the New World Order could in fact be of great benefit to some people.

Jesus: Like everything James, and how it affects one personally, it all being determined by your feelings and thoughts and state of mind and will. And if you're wanting to live true to your feelings and so true to yourself, then you can use all your bad feelings to help you in your Healing.

As to the world the New World Order would create James, it would actually suit you better, leaving you freer to enjoy nature without seeing so much progress always cutting down the trees and destroying all the beauty you like.

These people in control want to maintain progress, only channel it in different ways and in different areas.

James: So all the financial manipulation of the markets, such as the gold price going down quickly in the past couple of days, is it all part of a well orchestrated plan or just random market happenings?

Jesus: There are few random market happenings, such power elite have it easily within their means to dominate and control all the world markets, which they have been doing for some time now. It's all part of the plan, the 'End Game' as they prefer to call it. Things do not always go according to plan, and then there is always mother nature herself and her unpredictability.

James: So Jesus, as we were talking about the other day, is it like a small group of people wanting to be the kings and queens of the world, that sort of thing, or even one couple, to be the 'gods' of Earth?

Jesus: That's the idea James, only that won't happen, humanity is too diverse. Initially such controllers thought that the more people the better, that that would unite the world as it has through commerce and finance with all countries being dependent on each other, only humanity keeps producing more people and it's become apparent that so many people are unsustainable in the model you are now living, so that model needs to be changed, this new model being worked towards over the past twenty to thirty years or so. It was thought after the world wars that more people was good, now they have more than enough people and it's not so good, so the numbers of people need to be reduced.

James: So if they want to reduce the numbers of people, why don't they just introduce certain bugs to kill us off.

Jesus: Because the bugs are too unpredictable, they might kill some of those people who are in control. They have introduced certain 'elements' shall we say, but people are resilient, they keep coming back. So other means have had to be thought up and will be employed. And the most pressing is to stop the material progress that's currently out of control and like a run away train. Those in such power see their own demise looming as well as the end to their domination simply because they will be overwhelmed by too many people they can't control. If the masses were to rise up, they would soon loot and pillage the wealthy, which is not what is desired. So all the New World Order seeks to do is introduce new checks and balances so to speak.

James: And so there will be wars I imagine.

Jesus: Yes, because certain, what could be called 'useful but annoying elements', will outlive their usefulness and so need to be eradicated or reduced to ashes so a new control can be asserted over them.

James: And Jesus I can feel you're being hesitant, you're not going to be more specific than just generally talking about it all like this.

Jesus: That's right James, because that would be my interfering too much with humanity. It's not Mary's or my place to tell you what's to happen in the future; nor to instruct or guide you one way or the other. As to what humanity actually does, we don't have a say in it, and nor do we want to, and we never have. You are to work it all out for yourselves. We only have a say in the affairs of your soul, which we are doing now, that being completing what we came to tell you all those years ago. And once we've done that, then, as you are completely free to take all we've said or leave it, so people can choose to do their Healing or continue on in their negative states. And as we've said to you before, the Mother and Father have it all under control, They want humanity to experience all it does, and so you will, without the need of Mary's or my direct intervention.

James: So you don't care whether we blow ourselves up or not?

Jesus: We do care, but as we know the outcome of humanity's evilness and how you will go about healing it, it is not something we worry about. Certainly many people will suffer in the times ahead, but people

have always suffered in one way or another, and you are all suffering now only most people refuse to allow themselves to feel bad. You've all been made to suffer terribly during your forming years, and you all keep that pain buried, so what happens in your adult lives is only a further manifestation of that suffering. And you can blame it on the hidden elite, or a brick falling out the sky and hitting you on the head; or you can look truly within yourself and see the truth of your relationship with your parents.

Humanity has always been ruthlessly killing each other and subjecting each other to untold misery, ever since the introduction of the Rebellion. And as Mary and I didn't do anything then, so we're not going to do anything now. It's all too valuable the suffering you go through. Of course we don't want any suffering or rebellion in Nebadon, but the fact is the Mother and Father do, and so we have it, and it's not our place to tell Them They can't do as They please. We're only Their children. And as Their children, Mary and I are only concerned with truth revelation, revealing it ourselves when necessary and where appropriate, and ensuring those others charged with revealing it, do it when necessary and where appropriate. And in the end the Rebellion and Default will end as people seek to uncover the truth of themselves through their feelings, and nothing mankind does will stop that, and all it will do will only hasten it once the next age begins in earnest.

James: So you're all for the coming changes.

Jesus: We're neither for or against them, what they will be will be what all souls require so as to either further their growth in their negative anti truth and anti love states or to help them move out of it. The changes are simply apart of evolutionary growth, unavoidable, but vitally necessary to ensure the ongoing expression of personality. Humanity is currently reaching the end point in its personality expression of its self-denial, so major change is to occur to open up new areas for personality expression, that being all the experiences people will live as they strive to heal their soul. The New Way (which will be one's own personal new world order) exists for those people who are intent on ending their evilness and negative states, these people will enjoy vastly new ways of life, both inner and outer life. The Old Way, which will still continue to exist after the changes, being for those people not wishing to heal themselves, will be just more of the same only packaged in yet another guise.

James: And you're not going to tell me when certain things might happen, like these earth changes?

Jesus: No, we're not. We're leaving all of that for you to work through for yourself James – as such things happen. To be forewarned would only lessen the impact of such events influencing the feelings you might have, which as I said, is the last thing we want to do to you or anyone else.

James: Thank you Jesus.

42. More on the Padgett Messages and The Urantia Book.

(18/4/2013)

James: Mary and Jesus, I'd like to write about the Padgett Messages and The Urantia Book.

Mary: As we've told you James, they are part of the completion of our age. Jesus said he would come again, meaning he would come again imparting the truths he imparted when he was first on Earth but

which have been largely lost by humanity, this he did through James Padgett. The Urantia Book was given to you so as to bring you up to date spiritually with the universal and personal concepts that humanity has evolved, touched on, had revealed to, over the ages, all so you can gain something of an idea as to where you stand and where you might want to go. And now it's officially my chance to come again with Jesus, this being through our revelation to you, all we're writing about together James. And so you are including the essentials of what was revealed to humanity in the Padgett Messages; the essentials of what was revealed to you in The Urantia Book, and allowing me to have my say, allowing the Feminine Aspect of Truth, the Universal Creator Daughter of Truth, her say. And I must say James, I am relishing it. I have waited so long for this to happen, having to sit tight and hold my tongue whilst the Celestials were able to accompany Jesus with James Padgett, but now to finally be free to come with him, with our coming united as one, as the true soulpair that we are; and our being able to speak about all that concerns us equally; yes, I've waited a long time for it.

James: So Mary, as far as Earth is concerned, you've been kept out of it having to honour the mandates of the Rebellion and Default, you've not been able to progress in your relationship with us on Earth since when you were here on Earth.

Mary: That's right James, I've had to remain out of it, quiet, on the side-lines, watching whilst Jesus came *again* to James Padgett, but unable to do anything myself.

James: Was it frustrating for you?

Mary: No, as I don't feel bad about it, I don't feel any anger or anything like that associated with it, as I completely understand why the Mother and Father have wanted it as They have. It's just like I've been holding my breath, I had a lot to say when on Earth and I should have been able to say it alongside and in harmony with Jesus, adding my feminine truth perspective to everything he said about the masculine truth, but now finally I can open my mouth and say what I think and feel, letting my breath out.

James: So Jesus saying all those years ago that he would come again, really was something very unusual.

Mary: Yes, for ideally we would have both completed our physical bestowal and so had no reason to come back to Urantia, other than one of our routine visits as we periodically visit all the worlds and spheres in our realm. But because we both knew that humanity was going to take all Jesus said and use it to further their evilness, then it would be necessary to at some point in the future return to give you the truths you should still have. Mind you, we didn't have to, for an Avonal Pair would be more than capable of revealing all that humanity has lost, however we felt and still feel very fond of you all, even in your evilness, and so we wanted to personally be able to come back and see to it that at least you had our Spirits of Truth through our personal presence up to date, this being what we've been doing through you and Marion. And so our writing this together with you James, and your making it public is our returning to Earth to give humanity the truths you require; and so to finish off our age, all so people potentially are free and fully equipped spiritually – that being of a level of truth to enter into and progress in the new age.

James: Mary, I can't put my finger on it, but I feel there is something more about the Padgett Messages and The Urantia Book that I've not seen, I don't even know what the feeling really is that I'm feeling about them. I love both of them and would strongly advise anyone who is interested in understanding more

about the bigger picture to read them, but still... Can you shed anymore light on them for me please?

Mary: No James, it will come to you, as has it all, through your feelings. You'll see all you need to see. What I can tell you however is that you no longer need Jesus or I to tell you such things or to confirm all that you see and uncover for yourself. You are now more than capable of doing that all on your own. However should you still want to ask us, of course you are most welcome to do so, we'll be with you right through the remainder of your life in this capacity that we are now with you.

Jesus wants to say something about the two revelations, so I will give over to him.

James: Okay, thank you Mary.

Jesus: James, understand that these two revelations are of themselves only part revelations, and even together they don't make a whole revelation. And they are only part revelations because they have had to adhere to the limitations and restrictions imposed on their authors all in keeping with the Rebellion and Default, because just as Mary and I complied with such restrictions in our lives on Earth, so too did such revelations and anything else coming to you from spirit (and even the mind spirits in certain ways which they are not aware of) throughout our age. And so it's been essential that Mary and I have been able to come with you in all we've been doing, all so we can impart the whole revelation, bringing all the parts together in you as you've striven to live it all. And we're feeling better by the day in that our personal work with humanity is after all these years finally being completed. It's been something of a long dragged out affair, something that should have, as Mary said, been completed with our natural deaths, but as they were unnatural in that we were subjected to evil, so nothing has been as it ordinarily would have been. However, we are not complaining about it, only wanting to point out certain things about it. And in fact we have relished every moment of it, that it hasn't been ordinary, that nothing in Nebadon remained the same once the Rebellion began, and that everything has been touched and somewhat altered by it giving our universe some more individuality.

James: I sort of understand what you mean Jesus when I apply that to my own life. Both Marion and I of late have been feeling more accepting of our bum lot, and that actually, even though we have throughout our Healing felt greatly deprived of having a so-called 'normal' life, we wouldn't have wanted it any other way to what it was. And we're appreciating it more each day, just how incredible the whole thing is: to be able to be born into evil, and believe that it is the right and true way to live; then to slowly wake up realising that it's not what it seems, and that it's the very opposite, and none of it is good, it's all wrong, bad and untrue; and that we don't have to remain of it, that we can actually heal ourselves of it. And what an incredible thing the whole healing of oneself is, nothing like anything Marion and I expected it would be like. Marion was saying again that where she seems to be heading, is nothing like how she thought it would be, and she keeps getting taken further away from that.

Jesus: There is no way you could have known; for how can you when all you are is wrong and in denial of what is right and true?

James: And our relationship with the world is changing daily as we change daily our relationship with ourselves.

Jesus: Yes, and will continue to do so right until the end. And then you'll be so changed and different to how you were, and able to start out developing a new relationship with each other and the world.

James: So Jesus, is there anything else you want to say specifically about the Padgett Messages or 'The Urantia Book'?

Jesus: No James. If someone is sincerely seeking the truth, with all we've talked about, and all that's contained in your other writing, there is more than enough for people to go on with. And really, most of it is only information, which some people will of course need to help them put their healing and growth of truth into perspective; and what really one needs to do, should one be wanting to advance one's soul, is do their Healing, that's the most important part of it all. Because if you don't want to end your rebelliousness and heal yourself of your evilness, then really none of it matters. And as Mary and I can't speak personally about the Healing as we didn't have to do it, so our revelation and help to you is somewhat limited in that area. We can't take the extra step and come into your pain with you, that's not for us to do. So all we'll be able to do is keep speaking about the truths and adding a bit more information about the conceptual side of things and how one's lives in our universe, but little else about what your actual Healing might entail. Mary and I can only reach down to you so far you might say, and for the real personal hands on help that people might need with their Healing, that's not for us to give, that's for the likes of you and Marion who have had such experiences of it yourselves. And it's what now awaits humanity, to go into their pain with the intention of using it to help them uncover the truth of themselves. That's what's going to occupy truth-orientated souls for the ages to come, until humanity has finally healed itself of its negative state.

So in many ways Mary and I are passing the banner, and it's a whole new way that awaits humanity as it moves into looking to live true to itself, rather than keeping on as it has done, living untrue and against itself.

James: Jesus, do you really think people are going to want to do their Healing, it's all so extreme all that you and Mary talk about?

Jesus: It might be only because they've not heard or considered such things before, but if people do sincerely want to heal themselves, then there is simply no alternative James. And as always, it's up to the individual, and as each person has a soul that's actually driving them in life, if it should be that the Mother and Father want them to start healing themselves, then they will feel moved to do so, they'll not be able to stop themselves. And it will only be their resistance that causes them their pain, this being what they will use to help themselves to uncover the truth of their feelings.

So it has nothing really to do with Mary and I. We are only like everyone who is truth-knowing, living true to our souls. And all how we are and all that we do is all how our Mother and Father want us to be. We are all playing our roles, seeing what They have in store for us; and like you were saying about yourself and Marion, you can't know, and it's always different to what you think it might be, all of which is of course, the fun of life. It's certainly never dull, always keeping us on our toes.

James: So as the Rebellion comes to an end in Nebadon, will you and Mary miss the added stimulation of it?

Jesus: No, because the ramifications of it will continue to be felt for a very long time to come. Nebadon will always be changed by it, even though it was only a very localised rebellion. So there will be always be new challenges and new things for us to experience. And being perfect anyway, it's not about needing any such stimulation, it's simply about enjoying living our life in the perfection of the Mother and Father's

love, that of itself making us feel so totally fulfilled that we could never conceive of wanting anything else.

James: That sounds good.

Jesus: You'll get there James, not long now.

James: I feel like my back is about to break in half, and really all both Marion I wish for now is that we could just end our lives, be rid of at least all the physical pain, to finish off our Healing in spirit. Of course we'd also love to finish our Healing right now, or tomorrow, but we're not looking forward to being the physical wrecks we are as we get older.

Jesus: I can't tell you anything about how it will be for you both, only to say that it won't be anything like you think it might be.

James: I've almost given up trying to think about anything.

Jesus: The best way to be James – just feel it all, allow your feelings to take you over completely, then you can give you mind its well-deserved rest.

James: Is that referring to how I felt about myself the other day, seeing just how hard I've worked my mind to move out away from my true feelings into fantasy land?

Jesus: Yes, and it's why you're currently feeling so tired as you let go of all of that, allowing yourself to realise just how much effort you've put into it, and how stressful it's all been for you to keep maintaining your negative state.

James: Jesus, and Mary, thank you once again; thank you both once again for all you've helped me with, all you've said over all these years. I have loved every moment with you both, and I am coming to appreciate more what it is you've actually been doing and helping me with.

Jesus: We've been glad to be of assistance James, glad that you've allowed us into your life in this way, glad that you've wanted to hear what we've had to say. We'll go now as I can sense how tired you are today, and we'll speak to you again soon.

43. Completing the revelation.

(18/4/2013)

Mary: James, we want your readers to understand that we are making this presentation to them for their consideration. We are revealing a new way to live, by the ongoing looking to one's feelings for their truth; which if taken seriously will lead one into having to confront and deal with one's childhood repression; all of which will, if you want to uncover the whole truth of it, irrevocably change your life. We are informing you that your way of life is wrong, that it's not in harmony with the natural way of things, and that all you are doing is going against the wellbeing of yourselves, only making life difficult and

unpleasant. And those people who find they are enjoying their lives are really only enjoying it through their mind control, the control of themselves, their mind's control over their feelings, which is all self-denial and so evil.

Evil you understand is simply living against yourself, living untrue to all your feelings. And should you want to become true, then you are to stop denying any feelings and look to them to uncover the truth they are trying to show you.

There is in time a division to come within humanity on Earth, that reflecting the current division that exists in the Mansion Worlds which we've spoken extensively about. In time there are to be those people still wanting to carry on as they are now, living evilly and untrue to themselves just as the spirits in the mind Mansion Worlds do; and there will be those people striving to live true to themselves, wanting to be Celestials on Earth. And the two ways or approaches to live are opposites, poles apart leading one to very different outcomes in life. If you wish to live remaining in your negative truth-denying states you are at leisure to do so, being quarantined and confined to the Mansion Worlds; if you choose to live true and freely expressing and uncovering the truth of all your feelings, you'll be able to heal all of your evilness, and consequently keep growing in truth all the way to Paradise.

Jesus and I are here again in these messages to tell you that now an alternative way to live is available to you, one which will need you to employ a lot of time to should you wish to embrace it. For it has within it the potential to change every aspect of your life, and of your relationships, which understandably might be too much for most people to consider. However, should you feel you want to go that way, I would suggest beginning, and simply taking it one step (feeling) at a time as you come to understand all that's involved. And with each step, should you wish to take another, the way will be open for you, you will make the necessary inner adjustments and you'll grow in truth.

If you feel you no longer want to participate in the world, in its ways of evil, in your living untrue to yourself, then all we are offering you is the only way you can heal or remove yourself from it. All else is only more mind distraction and should be seen for being what it is.

Not before has humanity been able to choose to end its evilness, this is all new revelation as simple as it all sounds. Previously, since the Rebellion began, people have had to remain trapped within their negative states trying to make the best they can of it. Only in the Mansion Worlds has there been this alternative available, and only for people who also wanted to embrace longing to God for Their Divine Love.

So far as longing for the Divine Love is concerned, that too is what one needs to do so as to move ultimately into the Celestial spheres of light and truth; however in the meantime, should one only wish to perfect and heal one's Natural love, then one can do their Feeling-Healing without the direct inclusion of the Divine Love.

But of course, for the most benefit even though it is a harder road to take, including the Divine Love whilst you do your Feeling-Healing, thereby embarking on your Soul-Healing, will have far greater benefits for you in the end.

Jesus and I want you to understand that we are not telling you how to be, we are only revealing the new way for you to live should you feel how you are living now is not what you want. You are not to feel under any pressure from us so far as having to heal your negative state, for as far as we are concerned, that is all up to you to do as you please, being completely free to indulge in it for as long as you like. We only want to make you aware of the limitations of such a choice. For in the long run, the longer you remain in your evilness and negative state, the harder it will be to extricate yourself from it.

The time has now arrived in which humanity is to be given the choice as to whether or not it wishes to remain evil or heal itself of all negative influences arising from the Rebellion and Default. But of course to begin, you need to be made aware of your plight, so you can make your choice.

As the pressures intensify on your world, as people are forced to consider their ways of life, so will more information concerning this new alternative be made available.

And for those people tired of being as they are and not feeling like they've been able to make any headway in changing themselves, these are exciting times for now real progress can be made.

James: Mary, why has it taken so long for this choice to have been given to us?

Mary: Because all the souls up until now have needed to experience living – and mostly unbeknownst to the individual person themselves – without this choice, that they've been confined to their evil state having to make the best or most of it. It's been very important for Creation, Nebadon, humanity itself, and all who've participated, all who were born into such a negative and evil state to have had the experiences they've had, all so as to explore the 'other' or 'nether' side of personality, that being when one lives denying truth, denying themselves, denying their full personality expression. It's all for you to experience what not feeling truly loved feels like, so when you do feel truly loved, you will know the difference.

Evil, you understand, is not right, it's a bad thing, however it's also a part of personality potential, and because of that, because you are able to deny many aspects of yourself, of your personality, so by the laws of personality expression in conjunction with the laws of Creation, that being: how personality is expressed by the soul in Creation, so this 'other side' of personality seeks expression, and indeed has to be given a say, it has to be allowed to express itself, because it's all part of the whole.

James: So that means the Mother and Father have first of all brought into being a great portion of Creation that is good, true and perfect, so as to show everyone this is the right way to be; and then for the good to act as something of a counter-weight to the wrong, untrue and evil that is to come. And we in our small way are part of that 'other side' of personality as you say being expressed.

Mary: Yes. And more is to come. The further Creation comes into being from Paradise, potentially the greater chance of rebellion. And so we will see in time if this holds true, if when the next farthest reaches of Creation start to play host to people, spirits and angels, will there be a higher rate of rebellion. And if so, then what will be done; and most importantly, what will need to be done, to bring it all back into perfection. For in time, it surely will all come back to the perfect state.

James: So the perfect state of personality expression is full, true and perfect expression – which is rather obvious.

Mary: Yes, but what you say is important James, because really one has to come to understand that for oneself, that true love, that being the expression of full, true and perfect personality is the state when you feel all aspects of personality being fully, truly and freely expressed, thereby making you feel happy, happy because you love and feel loved. And that when you're not happy, because you're not feeling loved and can't love truly, then you're not fully, truly and perfectly expressing all your personality, then you're living against all that is love, all that is truth, all that is personality perfection. And you're evil. And so to come back into perfection, you have to live true to yourself; meaning, that you have to allow all your feelings to be fully expressed – to have their say. And when you do this, then your personality expression will be perfect, so you'll be able to truly love and feel truly loved, and so you'll be truly happy. And whilst you're in your negative states and so not feeling like this, all you call happy and love is false, all conditioned by and only an expression within and of your evilness. It's not true happiness or true love. And this is what

you have to wake up to. So even the most happy and loving person whilst being of their negative state, are still not living and experiencing and expressing true happiness and true love. It's all still only a contrivance of their mind, a product of their beliefs.

James: Every time we go over this Mary and you take me deeper into understanding it, I can relate to what you're saying more. I can see it now for myself. It's taken a long time however to know it for myself.

Mary: You're beginning to see it for yourself through your feelings – to FEEL it James, that's what's changing.

James: I'm also feeling much more confident about this revelation Mary, and that it's the third leg in the series, with the Padgett Messages the first, then The Urantia Book, and now all you and Jesus are saying through me.

Mary: Yes James, you're again *feeling* it; you're feeling good about it within yourself, knowing it's all part of your self-expression. It's not just a mental thing for you anymore.

James: And I'm feeling increasingly that it's all I'm interested in now. I no longer feel I have any interest in life on Earth as in my experiencing it, that being, trying to do this or that. I could quite happily die; and increasingly I feel like I'm just an observer, vaguely interested in these so-called End Times, but not in anything else. I still scream with the destruction of nature, and dread what's to come, but all I feel personally is that I want to get on with my own ascension to Paradise, wishing I could finish my Healing and move into the Celestial levels and leave the world to it. I feel more each day like I've had enough of the yuk here.

Mary: You're no longer wanting anything the world is offering, no longer getting the pleasure you thought you would from evil. And all because you're not as evil as you were, with your evilness lessening each day you express more of your bad feelings and uncover their truth. You are removing yourself from it all, distancing yourself in a way, and this is what makes you feel like you want to go, to leave it, which is right, for why would you want to stay in evil? It's the same as you finally wanting to leave your parents, which really means, leave being the same as them, leave being in your evilness as they were in theirs. You are no longer of their world, so no longer feeling a part of the world, as the world is only created and maintained by people like them, all just an expression of their untruth.

James: I do feel like that Mary. I do feel like I'm able to stand up to mum, dad and Gran within myself saying no more; and more so each day. I am feeling increasingly better within myself, but still mostly I feel so wretched, so fucked, such as I am again today.

Yesterday was a most unusual 'up' day, but today I feel plunged back down into it. Today I feel as I mostly do, defeated by it all. Sick, really that's how I feel, sick to my core with myself, with how I am, and with how humanity is. Everything I read now makes me want to throw up. It's all vile how we are. And daily so many chooks and pigs and other farmed animals are being slaughtered in various countries because of the viruses they are getting, and it always numbers in the thousands. So thousands upon thousands of animals we treat so cruelly, subjecting them to such horrible conditions making them get sick, and it's the same with ourselves. As you said Mary, the drug resistant bacteria seem to be growing stronger and more numerous by the day.

Mary: Yes James, and it's only the beginning. The microbe is going to move into supremacy over humanity once again, just to show you all that you cannot defeat it, not by using technology and what you call science – not by using your minds. That is not the way of nature. Feelings are the natural way, and if you live true to yourself by doing your Healing you'll have no problems from the microbes. If you try to defeat and control nature bringing it completely under your yolk, then you'll be shown the folly of your ways. And so this is what's going to happen. It's time now, humanity has controlled nature and itself too long and too intensely, and so things are going to fall apart. It all being your wrongdoing, so you'll come to see. There will be nothing people will be able to do about it. All the changing and more climatic extremes are exacerbating the problem helping to provide the necessary environments for Verna (*a nature spirit I speak with*) and her kind to do her work on the natural level, all to help humanity see that if you deny the truth, if you go against the truth of yourself, that being, your true nature, your true feelings, then there are dire consequences. And although it might seem like it's taking quite a time for it all show up, it's actually been all rather quick compared to regular universal time. So you are being shown very quickly that if you cross the line, there is hell to pay, and that line is very real as you've written about in your other books James. If you infringe upon another's will, that being any other creature, even the microbe; if you seek to take it over and control it subjecting it to your will, then you'll have to pay the price of such evil transgression. And so you are going to find out that it's wrong to use nature as you do merely for your own ends, for that is not what it exists for. Nature exists to help you in your feeling expression all so you can uncover the truth of yourself. And if you look to live in harmony with it knowing that it will help you with your Healing, and living true to yourself when you've healed yourselves, then you will see what a wonderful part of creation it is, and how it is there for you. But that means you will love and admire and fully appreciate it, not just use and abuse it as you currently do.

James: You saying that reminds me of just how much nature has helped Marion and I in our Healing. It has now more so than people have, and just in little ways and in so many unexpected ways, and nearly every day. Such as how we deal with a tiny little hopping spider that's suddenly crawling up the couch, loving and appreciating it, and all how much it makes us feel and all we see about ourselves as we express all our feelings. Just a tiny little spider can be the cause of such a major experience and insight into the truth of ourselves. And then with all the birds, and how our love for nature is growing as much as is our hatred of humanity. And we hardly have anything to with nature, so I can't begin to imagine how stimulating and how wonderful it would be to have it all around you, and all around in its fullness, not in its distorted forms we have in our contrived unfeeling suburbs.

Mary: Yes James, humanity's relationship with nature is like any relationship. If you want to be nice to someone and have them as a friend, do you take your gun along and shoot up their place or shoot them. Do you put your friend in a cage and make it lay eggs so you can make money from it. Do you keep your friend in a fish tank all so you can get nice feelings looking at your fish and feeling like the all-powerful one because you are their keepers, you are the god of your fish. Is that how you'd treat your friend, and is that how you'd expect your friend to treat you? You see nature as your enemy, and until you look to it as your friend, then you are going the wrong way and only making things worse for yourselves. The world you live in and its nature is true and is provided for you to help you have the required experiences to grow in truth. But if you deny those experiences and only look at the world as a resource to plunder, then you are going to make things very difficult for yourself. Because the world is not designed to just give you all you want and when you want it. The world will look after itself, and if that means it has to throw you off, or at least drastically cut back your numbers so as to regain some kind of balance, then that is what will happen, that is the working of the natural laws, and humanity is still subjected to such

laws having itself evolved from nature. So you can't step outside of your own nature; and as you are seeing for yourselves, if you continue to use and abuse your own natures, then so you will get sick too, and so you will suffer the pain your are causing yourself. You are causing all your own pain, no one else is causing it, and whilst you can blame the microbe or errant cancer cell, you are missing the point – missing the truth, for they are only the result of your self-denial and self-abuse. They are there to help you see what you are doing to yourself by making you feel bad; once again nature being there to help you, support you, and help you to find your way. But of course if you continue to believe you are superior and know better than nature, then you are setting yourselves up for a fall; and so fall you will, and it's only a matter of time now. You are fast approaching the true beginning of the End Times, and when it arrives you'll all be swept up and carried along until it's run its course.

And because of this, Jesus and I are here once again adding more light to your problems. And as we've said, those people who do sincerely want to do something about their plight, now they will be able to.

44. More about the End Times.

(19/4/2013)

James: Mary or Jesus, can you say more about the End Times please.

Mary: Yes James, I will speak with you.

As you understand these *are* the end times, meaning, the end of Jesus and my spiritual age and the dawning of a new Spiritual Age.

James: Why do you say Spiritual Age, what do you mean by that? I know what The Urantia Book says it means, but I'd like to hear what you say Mary.

Mary: The ages of humanity have since moved to being spiritual ages rather than just as they were before Jesus and my coming, natural physical ages of humanity's evolution. There was, as there always is, a spiritual element to every age, however since our coming to Earth, all subsequent ages will be mostly be of a spiritual nature, which means, are all concerned with humanity's growth of truth.

So beginning with Jesus and I, you were given a new revelation of truth, even though not in its entirety and not enough for you to heal your negative condition of mind and will, heal your rebellion and default.

And you took what you could from what we said, and you've used it to further evolve your feeling- and self-denial. And as we now draw to a close in our age, so we have come again to represent, or in a sense, re-reveal, our truths to you. Jesus began with the Padgett Messages, and then The Urantia Book was given to you to further help you make some sense of the confusion that exists within your religions and spiritual systems; and now we're adding my side, the feminine aspect of truth to it all, rounding it off for the end of our age. So you will be well placed to enter into the next 1000 years knowing what your problem is: that you are living actively against yourselves, as seen by your bad feeling denial; and by doing so, are living untrue to yourselves, and so are treating yourselves unlovingly; so are being evil to yourself, sinning against your perfect and true underlying and hidden nature, which you continue to reject. And we are giving you some idea as to how you can go about healing yourself of your negative condition, although only the theory as it's not our place to give you more personal and practical instruction about it, ourselves not having been of evil and not having healed ourselves of it. So this will be the limitation of our revelation to you. It will be for you to heal yourselves of your negative condition should you wish to

live true to yourselves, and as to how you go about that, help is at hand as well. You James and Marion are able to share your healing experiences with those people who might be interest in them, and there are the willing bands of Celestial spirits all very eager to come and help you.

And as you read in The Urantia Book, a Spiritual Age is a very special time for a humanity, and indeed its associated Mansion World spirits. It's like turbo-charging spiritual development, which one can now experience should one fully commit to doing one's Healing. You will find, as you have James, that every day you reveal more truth to yourself, every day you will be progressing, evolving in truth. And compared to how you were before you started your Healing and how most people and mind spirits are, when you hardly grew in truth at all, hardly having a truth-inspired thought or feeling for years at a time or even at all throughout your whole life, it's a very extraordinary time both personally and impersonally. It's an age whereby a lot of higher spiritual help comes and does help people grow in truth, those who are sincerely wanting to. And ordinarily, were everyone on the world wanting to grow in truth, the whole 1000 years would be a most incredible and wonderful spiritual experience for all, however as you are so messed up, so it's going to mostly only relate to and effect those doing their Healing.

James: So really what you're saying is the truth of what the so-called End Times are all about.

Mary: Yes, that's what it's all about on a spiritual level.

James: So what about all the supposed world religious leaders for the various religions that are said to be coming. Will such things happen?

Mary: No James. Certain people will be singled out, more by their own doing, and others will want to follow them, but nothing as has been prophesied in these religions because they are making such forecasts based on their own untruth, and so it's mere fantasy. Mostly such things have been given to people by the mind spirits who are also themselves governed and ruled but such untruth and who are equally looking for their chosen messiahs to come into their Mansion Worlds and say they are good and right and will be rewarded. It's all wanting the Evil Ones to manifest on Earth and in the mind Mansion Worlds and lead everyone to the promised land. However the Evil Ones are all in spiritual prison, so a lot of people and mind spirits are going to be let down.

James: And what about the so-called uplifting of our consciousness that some people believe is happening? I was reading about people being told it is happening, they are getting a new light body or something like that, a new consciousness awareness; that it's happening and they will be elevated to a higher level, one involving the likes of being able to communicate telepathically and one whereby they've risen beyond pain, fear and all the negative emotions and states of mind.

Mary: It's all fantasy James, nothing of that sort will or can happen. They are wanting to be as spirits in the mind world are, however it's not time for that yet on Earth. So in the meantime they are deluding themselves.

Again, it's all coming from the mind spirits who want to retain some control over the Earth. They are saying those sorts of things, it being how they live in their mind worlds – their ways becoming the ways of people on Earth; and even though such things will indeed happen to humanity, it won't be for a very long time, not until humanity has completely healed its negative state and has then grown in truth through the seven stages of Light and Life. And you're looking at a very long time in the future, one in which all those people who are currently now on Earth will have well and truly moved on into their spirit

lives and even out of their mind world existences having completed their Healing.

James: Will humanity have completely healed itself by the end of the next age, and will the mind Mansion Worlds heal themselves at the same time? And so from what you said, the ages of Light and Life are not starting with the new age you're saying we're on the threshold of, nor will they start at the end of its one thousand years.

Mary: No, humanity will get to a point whereby it will be in the position of deciding once and for all if it wants to keep going in its evilness or heal itself all together. And it will choose with the onset of the age after this next 1000 years, to go on. And it will then take many more ages for it to completely heal itself, by which time, so will all those in the mind Mansion Worlds who are evil have healed themselves too. And once all that has transpired, then humanity will be ready for the ages of Light and Life, which will also coincide with the Divine Love being made available again.

James: So humanity is to live for a time striving to perfect its Natural love by healing itself of its evilness both on Earth and in the Mansion Worlds being able to do only its Feeling-Healing. This happening after the end of the next Spiritual Age?

Mary: Yes, until the time when the Divine Love will be re-bestowed, it being removed at the end of this next 1000 years.

James: So Mary, really what you are saying, and I know you've said it repeatedly, but these End Times are really the beginning of the end of our evilness. I still can't grasp the sheer enormity of this, that the Rebellion is at an end.

Mary: Yes James, that's right. It is all to end, not immediately, but as you say, enough for those people who want to see the truth, to see that how it has been has not been good, and for them to want to embrace the New Way, that being, which Jesus and I are speaking about and offering to you.

James: So all the systems of control are also going to fail?

Mary: Yes, they will start to fall apart and be replaced by other systems, some more of the same, some improvements on what's gone before in the sense of helping you to move closer to seeing that your negative way of life, your feeling denying way of life, is actually detrimental to your wellbeing, and is in fact, what is causing all your problems. That all humanity's wrongness is a result of your feeling denial; that all the bad things you do to yourselves, each other and nature; and how you unlovingly treat yourselves, each other and your natural world, is ALL because you are disrespecting yourselves as shown by your rejection of many of your feelings – especially your bad feelings.

You see James, simply, you are in rebellion against yourselves. You are no longer being tormented by the higher spirits as talked about in The Urantia Book, you only have the mind spirits to contend with, and soon the Celestials will deal with them, so really you are now doing it all to yourselves. It is how you've grown up from being a young child influenced by your parents, to taking it all on yourself as you've reached maturity. And now you've reached maturity, your, what might be called your 'Evil Parents' – the Evil Ones who were the spirit instigators of the Rebellion and Default, are as I said no longer influencing you, so you're doing it all to yourselves. And you are only evil because you are living untrue, which means you are not fully honouring yourselves; and so because you're not, so you're not honouring

and living true to God's Laws – God's Will. And all you have to do to heal yourselves of your evilness is stop denying yourselves, which means, stop denying your bad feelings.

And it's nothing about any harsh judgement of God that awaits you upon death and entry into heaven; it's simply that, you will experience the pain of your self-denial as you set about healing it, and in doing so, will pay for your sins, make amends for all the bad you have done, to others, nature, and against yourselves; all as you liberate your repressed early childhood feelings bringing yourself back to living true to ALL your feelings.

James: So really, as you've said, the religions are making it all far more complicated than it really is.

Mary: Yes, all because they are refusing to look at themselves, the person, and the denial of feelings by every individual person. The religious leaders are themselves damaged children who are teaching other damaged children how to be, all according to scripture or what's written in the holy book that was written by other damaged children. You are denying yourselves your feelings which are a real and true part of yourself. And that is causing you all your problems and making life difficult for you. But as you refuse to accept and see this about yourselves, so you project it out onto other things, each other, who you perceive as being the bad one and enemy, and even fantasy things like how so many people are in some way being controlled by aliens. But you're not, for as I said, you're doing it all to yourselves, you're only controlling yourself, and all by refusing to accept, express and seek the truth of all your feelings.

James: So once again Mary we're back to our feelings.

Mary: Yes James, that's where Jesus and I will keep bringing you back to because that's what it's all about. And we'll keep repeating it until you hear it said in your dreams, until it's fully drummed into you. Had you grown up living true to yourself and so fully expressing all your feelings; and had you lived with a positive mind and will and not been forced to go against yourselves, then you'd simply be living fully and freely expressing all your feelings and naturally growing in truth as a result of such feeling expression. And your lives would make you all feel very happy, and you'd not be abusing and torturing yourselves, nor would you be abusing nature, and nor would you have any need for any of your religions or spiritual systems all of which you only have to keep helping you stay in control, to help you keep deny yourselves – many of your bad feelings. Your religions are only taking over from your parents and treating you the same way as they did, which is why they are so appealing for some many people because they feel safe in them, just as felt safe with their parents; only that is also a lie, as really their parents scare them as you will feel do your religions with all their control over you when you wake up to it. All your religions and spiritual systems are feeling-denial systems, and until you want to stop denying any part of yourself, so you'll keep wanting and needing to be a part of them.

You feel bad, you do all sorts of things to try and stop yourselves from feeling bad, and by doing such things you are only making yourselves feel even worse. However you can't stop doing them, you are trapped in your childhood patterns, so all you can do is work with yourself to be the truth of those patterns so you can see how you are living them and how they are affecting your life.

And then you have yet more bad feelings to contend with, so you do more things with your mind, working harder to make yourself feel good and keep all those bad feelings away, and yet by doing so you are only making yourselves feel even worse still. And so it goes.

James: And we're only feeling bad to begin with, because of how we were treated when we were young, being inducted unwillingly into our negative mind and will states.

Mary: Yes. You had to comply because you needed and wanted your parents love. So you basically did what they told you and made you do. But as this was mostly going against yourself, so you felt bad, but as you couldn't express those bad feelings, so it began, you did as your parents did to their bad feelings, you learning from them how to deny yours, and so it goes. And you're caught on the treadmill, needing to do things to make you feel bad as you seek to maintain your childhood patterns, because your parents made you feel bad, and then needing to do other things to stop you from feeling bad, and so deny those bad feelings, and in doing so, only making yourself feel even worse.

James: A vicious circle.

So there is no Evil One, no Satan or Lucifer that is affecting us any longer.

Mary: That's right, they have all been removed to prison worlds awaiting their fate for causing the System Rebellion and Planetary Default.

James: Caligastia and Daligastia as well?

Mary: Yes, since a little after The Urantia Book was 'earthed' to you, they have been removed from the mind Mansion Worlds. There are no higher spirit influences affecting humanity. You are the evil ones now, and you all have only your own negative states to deal with. You can't blame your situation on anyone else, it's all now up to each individual as to whether or not they wish to end their own evilness and rebellion. And to do so can only be done through ongoing feeling acceptance and seeking the truth of all your feelings. There is no other way. And you can choose to begin your Healing now on Earth or wait until you arrive in the Mansion Worlds.

James: So what about good higher spirits and angels helping us?

Mary: Yes, as always you have your angelic guardians with you, and there are all the higher spirit beings and even those of humanity, the Celestial spirits, people now spirits who have healed themselves of their negative states – they are all wishing to help you, BUT ONLY should you want such help. And how you show you do want it, is by doing as Jesus and I are telling you, through the ongoing acceptance, expression and uncovering the truth of your feelings, all of which will lead you into healing your Childhood Repression.

Whilst you are in your negative state, all such spirits and angels will only help you remain in it and further it. But once you change your mind and want to go the other way, then all such help will change and go with you that way.

James: Mary, is that what happened to me when I started to long for the Divine Love. That when I did, all the spirits I'd been talking to suddenly came to me saying they could now reveal their true identities and speak with me helping me to understand all of this, all of where I am now with you and Jesus.

Mary: Yes James, they had to comply with your desire to remain in your negative state, but once you'd chosen to relinquish that, the beginning of it for you being when you started to directly long for the Divine Love and receive it into your soul, they then could be with you in your seeking to live true, they no longer having to pretend to be something they were not.

It's always all for you. And even though you started off on the wrong foot, still all the higher spirits

and angels will only serve to help you further your negative state if that's how you want to live. And once you change your mind and start to actively take steps to heal yourself of it by embracing your feelings instead of denying them, by being loving toward and of yourself, instead of unloving, then they will all help you move this way. They lovingly help keep you in your rebelliousness, just as they will lovingly help you out of it.

James: Mary, I read in a message by another person that Jesus said there is a vast army of spirits and angels waiting to help us, is that what you're talking about?

Mary: Yes. There are a great many Celestial spirits waiting to help those people who sincerely want to start healing themselves. You will have a lot of unseen help should you want to move this way in life. They have not up until now been able to actively come and be with you and help you, but all that is now changing. They have only been able to assist in a very limited way, with some people who've embraced longing for and receiving the Divine Love. But anyone who starts to live true by the means being revealed by Jesus and myself through you James, can and will be helped by them. And one won't have to do anything as in ask directly or specially for their help, although of course you can. Their help will willingly be there, as they will be free to be with all people on Earth who in even the smallest capacity begin to strive living true to themselves, true to their feelings. And of course, along side them will be your angelic guardians. And you can even derive help from nature spirits – the 'little angels of light', they too being able to assist you in your Healing. Whilst you are living against yourself and so against nature, God and all Creation, so Creation can only support you in your evilness, but once and as soon as you choose to no longer keep denying and being unloving to yourself, then all Creation can assist you in living true.

James: Mary, thank you again.

Mary: I'll speak to you later James.

45. UFO

(26/4/2013)

James: **a). Jesus and Mary,** I've been reading more about the supposed aliens that are living with us, some looking just as we do, others different to us. Some living deep underground in their own civilisations, others coming and going from Earth. And some supposedly in league in some way with certain world governments, directly involved in the affairs of us humans, others more indirectly and not really caring too much what we get up to. And how many of these different aliens, some looking like the familiar small 'greys', the big heads and large dark eyes who do experiments of people they abduct, others human-like, and others taller and more reptilian, are known by certain governments yet kept secret from the public so as to... what? – not scare us all or something, as if the average person couldn't deal with having beings from other worlds amongst us. And then there are so many reports of ufos, the internet is full of new sightings in our skies and in space around us, such as around the sun. And all sorts of possible alien structures on the moon, and then reports of crashed spaceships and aliens in one of them. And then supposed personal accounts of people being taken by some of these different aliens under the earth, onto their spaceships, and even off-world to other star systems. And reports of hybrids between them

and humans, living in secret American bases underground, and on and on it goes. Nothing ever really sounding conclusive, or that convincing. And as we've talked about this before, would you mind going over it again with me please.

Mary: Not at all James. What would you like to know?

James: Well Mary, first of all, is there any truth to any of it? I can accept from reading the The Urantia Book, and through common sense, that with all the zillions of stars and planets in the universe there must be other inhabited planets, but what about such people or beings coming to Earth and even living amongst us. Is there any true to that?

Mary: Yes and no. I'll explain.

So far as beings from other material or physical worlds coming to Earth in space ships or in any other way of time/space travel that such people might devise, no, there is no one from such worlds living on Earth and living amongst you. There are no mutant hybrids, and NO, humanity was not seeded by people from other star systems. The Urantia Book explains, that being part of why it was given to you, how the natural evolution of life begun on your world with the implantation of Life Plasm by the Life Carriers, the Life Carriers themselves being spirits that didn't actually materialise into flesh to perform their mission, it being done all from the Earth planes and with the help of the indigenous nature spirits.

That's the 'no' part of the answer. The yes part is that there are people from other material planets visiting your world, however they are forbidden to interact or interfere with you. So some of the sightings of ufo's are valid, however, discarding those obviously faked by creative minds who are handy in manipulating computer images, there is another element that's not usually considered and which has the greatest impact on you. That being the mind spirits.

James: Okay, so that's what you've said before to me, however I worry that what if there are alines from crashed spaceships and what if the governments are in league with them and they read what you and Jesus say and see that I'm an idiot, all discrediting what you both say. And I also worry, as you've done it to be before, what if you're only going along with what I think, that it can't be possible, or you're just leading me in a certain way for certain reasons, and then when the day arrives and the government announces to everyone that there are aliens living amongst us and have been all along, I'll be the one with egg of my face and laughed out of town. I have, as no doubt you know, been talking with Marion about my worries to do with all of this, and even why I care about it, for really I don't care about whether there are aliens or not as they don't have anything to do specifically with my life and my spiritual growth, and if they want to buzz around the physical universe or even control humanity, it's got nothing to do with me because I want to just get on and grow in truth. And as I can sense you're not going to tell me one way or another, all I can do is just keep speaking to Marion about my worries about it all.

Mary: That's right James, that's all you can do. And if the government were to announce such a thing, then you'll feel whatever feelings you feel, and you'll have more to speak to Marion about; and then you will ask Jesus and I what it was all about our telling you there weren't such beings, if you don't already by then understand the truth for yourself. But in the meantime, Jesus and I will keep saying to you that there are no such beings from other physical worlds that have ever had anything to do with Earth or ever will whilst humanity is in a state of truth-denial.

You remember from reading The Urantia Book, Urantia is currently in a state of isolation, it's in quarantine, and effectively that applies on all levels, so not just the inner spiritual ones, but also the

physical ones. So even if people from other worlds wanted to come to your world and meet you, they can't. And this isolation status will remain until humanity has completely healed itself of its evilness. And nor will you be able to go off roaming the starry skies visiting other humanities should you discover the way to move about material space, for you would only negative influence them, so you're to remain isolated on your prison world whilst you remain in your evilness. You are able to travel around your immediate space neighbourhood, but should you try to venture further afield, certain events would transpire to thwart you. So until you heal yourselves, travelling to other worlds will remain something you will have to rely on Hollywood for.

James: Okay. So, taking what you've said, what about the people who supposedly have been taken aboard spaceships and have travelled far and wide?

Mary: It's all either something they've made up, something they've dreamt about and so believed has been real, or something that has happened to them, but all being done in their astral or spirit body, their being taken not to another physical world but to some sector contrived by the Mansion World mind spirits to receive them, giving them the illusion of such an off-world experience.

There is a large group of mind Mansion World spirits, and a group composed of many smaller subgroups, some interconnected, others competing against each other, that are trying to assert their mind control over humanity through the whole alien, ufo thing. They have it in mind that they can influence world affairs, or the minds of certain receptive individuals, all mostly in the name of doing good for you on Earth, all of which only serves to keep you more bound up in your negative states. And the more people that go along with them, the more people that actively believe in ufo's, aliens and so on, the more power they feel they have, so the more they can do influencing you on Earth.

If you desire to see a ufo, or even if you don't but have a mind able to receive impressions from such mind spirits, even if you're not aware that you have such a mind, it takes nothing for such a spirit to 'make you see' something in the sky, something that doesn't actually exist in reality. And with a little more effort, they can make the whole experience seem very real, such as if you're in a dream but the dream seems real. And under hypnosis you recount the experience, good or frightening, as you were 'made' to experience it by such mind spirits. And they can even influence your physical body to a certain degree, so you might wake up with that seems like a scar or mark or something of that nature which you attribute to the work of some horrible alien who subjected you to a host of invasive surgical procedures all being done against your will. Or you might feel you're so very important that you've been chosen by the aliens to seed their new world because their world is dying, so you have a sexual dream that seems so real as they 'milk you' of your sperm or eggs. And yet it's all happening in your dream state by the controlling mind spirits, and all because, where you go to analyse what is going on within you to desire or want such things to happen to you, you will feel powerless and want power. So even though the experience might terrify you, making you feel as helpless and powerless as you do actually feel, that being, as powerless as you felt as a young child, you might also gain other feelings of feeling powerful and special in some way because you of all the people were chosen by the aliens.

So I would say to you and your readers, if anything odd happens, bear in mind the unseen and unknown influence of the mind spirits, these spirits who are still in reality people just like you, people who've lived on Earth, have died, and are living in the mind worlds needing to do something to amuse themselves because they are not choosing to do their Healing and grow spiritually in truth. And all through the aeons, humanity has been influenced by these spirits, and mostly in detrimental ways.

James: So the mind spirits could in fact create the ufos we see in the sky and around the sun? And we can

video or photograph them as if they are real, the images being put there by these spirits.

Mary: Yes, very easily. However some of the sun ufos are real, some humanities using stars to fuel their existence.

James: So some of these ufos are real.

Mary: Yes, a few. There are a number of very advanced physical worlds in your part of the Nebadon that for one reason or another visit your sun and solar system. But you must also understand that such people are from worlds that are true and perfect, as people from rebellious worlds and worlds in default like Earth wouldn't be allowed to develop the technology to get around the star systems. They too, like you are, would be confined to their negative or evil worlds. And those who are so true and perfect and advanced in positive mind and will, will not interfere with you and your world in any way, they would be too respectful of that, knowing that your world is well looked after by God and those higher spirits and angels assigned to see to it that all goes according to plan for you. And if they desired, as some do, to monitor you, they being interested in your evilness and progression in your negative state, they can easily do that from such places in space or even from their own worlds without needing to have anything to do with you personally.

James: So on their worlds someone can tune into 'What's happening on Urantia', at six o'clock each night?

Mary: They have access to a similar facility as the reflectivity circuits and channels as mentioned in The Urantia Book, only it covers the physical worlds. They are allowed to keep abreast of what's happening in the rest of the physical universe, just as will you Urantian's be able to when you are fully healed and more advanced in your spiritual truth – spiritual status.

James: So, something like the crop circles is also the work of the mind spirits you're talking about?

Mary: Yes, they do all those things. They also do all the religious signs, crosses in people's windows, blood dripping from crosses and the palms of people's hands, strange lights in the sky, strange noises that no one seems to be able to place where they are coming from, anything with which they can to get your attention. And if you are willing to listened to them, then they have no need of such things being able to speak to you directly and influence you that way. And many such spirits do speak to people, leading to all the alternative New Age ideas, and to much of the so-called intuitive inspiration people have.

Someone might experiencing having a book that comes into their mind. The story and characters are 'alive', so real, they can almost see them. Or they might hear music, a symphony, a new rock song, as if it's already in existence and they are just somehow tapping into the 'creative plane'. Things like that. And why they seem so real is because they are real, all having *been* done by the mind spirits who are wishing to impart it through to the receiving Earth mind. And it goes all the way to scientists and business people, any new idea might actually originate from the mind spirits. And it's all apart of what they, these spirits believe it's being helpful, helping you in your lives, and indirectly, or vicariously through you, giving themselves feelings of power, that they are controlling and influencing and having some impact on humanity and where it's going. And these mind spirits do mostly sincerely believe they are helping you, being more intent on trying to do good to others than trying to do bad, however it all ends up being the same, all helping you to maintain your negative state whilst providing so many people with the feelings that are being 'inspired by God' to do or say whatever it is, and that they are in 'touch with their own

creative deep inner inspiration' and so they are on the right track in life. Such people believe they are feeling fulfilled, full of their own self-importance, happy in their achievements, and are making progress, and Source or Light or All That Is or whatever you want to call it, is happy with them, even rewarding them in some way. But it's not God, it's the mind spirits. And when such people die, they'll go over into the mind Mansion Worlds, there to understand how it wasn't really their own creative genius, but it was *sort of them* who had the brilliance, for even though they might not have come up with idea themselves, still without them, the mind spirits would have had no one to pass such inspiration through to. And then they feel they are part of it all, something far bigger than they could ever have imagined, and something that spans more than just physical flesh life, it involving spirit life as well, other dimensions. And they all feel good and happy about it, how life goes on, and so they look to pass on their new inspiration to some other hopeful on Earth.

James: And what about some of these mind spirits actually setting out to harm people or make (influence) people to do bad things to other people? And such things as Satanists.

Mary: Yes, some of that happens, there are some mind spirits happy to influence people to hurt and harm others, or even themselves, however these spirits are a minority and have less power than the majority of well-meaning ones that have a far greater influence over humanity.

James: So how much of an influence do the mind spirits have on us on Earth?

Mary: A lot, far more than anyone realises.

James: And I guess those people on Earth in the controlling positions, such as high in government have lots of these mind spirits wishing to influence them.

Mary: There are always many such wanting-to-meddle mind spirits about the controllers of the world, however most people are simply not open to any level of influence from such spirits, and so such spirits don't have anything directly to do with them other than reading their minds, which all spirits can easily do, all so they can see what such people are thinking so know what they intend doing, all so they can use and possibly pass on such information to other people who are receptive to such things.

James: So things like the 'remote viewing' people and governments are doing, trying to look into the future, and spying on people trying to ascertain what they are doing, is really just a way of trying to open yourself up to such spirits.

Mary: Yes. And it would be far easier for them were they to simply acknowledge there is a vast army of mind spirits more than happy to connect with them and help them in any way they can. Humanity greatly limits itself by not going directly to such mind spirits. It could move even deeper into its negative state by having more direct access to these spirits.

James: But Mary, what if people understand this and do as you say, and the mind spirits can have even more negative influence over us. You saying that's a good thing, which I can understand from an impartial view point; yet still, do we really want to be more evil than we already are?

Mary: It doesn't matter now James, things are going to change, and so much so, that the influence of the

mind spirits will be rendered irrelevant anyway. There is another spiritual force that's soon to come to bear and start influencing humanity, one that will curtail the influence of the mind spirits, and one that will be wholly and ONLY positive, and in NO way will serve to help people further their negative states.

James: All right. I want you to speak more about this new influence, but can we put that on hold, as I want to finish with the ufos first.

Mary: Certainly James, we'll get to it, and there's no rush. And it has nothing to do with aliens.

b). So Mary-

Jesus: I'll take over James.

James: Oh, okay Jesus. So these people who say they are in telepathic communication with people on other planets and in other star systems are really only talking with mind spirits.

Jesus: Yes, with spirits who are probably standing in the same room as the person, but unseen in one of the Earth planes.

James: But why do these mind spirits want to pretend they are Zelgleena from planet Zeta or something like that?

Jesus: Because if they didn't, the people they are making contact with wouldn't want to know about them. They have to sound impressive, be something the people are interested in. So the mind spirits go along with the charade.

James: So the mind spirits might pretend to you be you, or Mary, or Gabriel, or Lord Ashta of Intergalactic Flight Command or whomever.

Jesus: Yes.

James: So you might just be a mind spirit too, pretending to be Jesus?

Jesus: No. Because you've worked your way through all of that, and you aren't looking to Mary or I for the same power motives as such people are wishing to communicate with someone from another star system or with a so-called Ascended Master, or Being of Light, or Holy One, or The Light, or whatever. And because you've grown in truth through your Healing, you know the truths Mary and I are revealing to you are the same truths you've found out for yourself through your own feelings – and you know them to be true.

And mostly the mind spirits people talk with on Earth are from the first Mansion World, not even the higher mind spirits of the sixth world. To actually be able to regularly and easily receive 'messages' from the higher sixth world mind spirits would require the receiver to have progressed quite substantially in their mind progression, which few people are intent on achieving on Earth. So mostly it's the work of the lower mind spirits pretending to be the likes of myself passing on the 'Great Truths' and telling everyone how they should live.

James: So some of these mind spirits must have a ball, pretending to the Great One, passing on as you say, all the Great Truths to us unenlightened ignorant ones on Earth.

Jesus: They do. And some know they are legging you over and delight in that, whilst others are very serious about it, completely believing their own delusion. They believe they are myself or Lord Buddha or Gabriel, or Melchizedek, Maitreya, just as do some people on Earth.

James: Yes, there are the Mary Magdalene and Jesus couple up north saying they are the reincarnation of you both. And I was reading how you're also alive and well, although a bit long in the tooth, in South America, and there's even a new one of you in Russia. I have to say Jesus, you sure get around, and having so many incarnations at once. It's easy to imagine how many of you and Mary there possibly are in the first Mansion World, the mind spirits being able to make up things more easily than people can on Earth.

Jesus: And were such people to go to spirit still believing such things, they'd carry on with such beliefs in the mind Mansion Worlds looking for other followers on Earth (and in their new spirit world) or still trying to carry on with their influence over the one's they had when in the physical.

James: So the competition of spirits pretending to be you must be keen. In a way like all those people being Elvis, although I don't they are saying they are the reincarnation of Elvis, just being Elvis for fun. What do they do when they come up against other Jesus impostors in those spirit worlds?

Jesus: They ignore each other and carry on with their own beliefs trying to out do one another. And it's easy for a single 'Jesus' spirit to be in their own isolated subsector, just one spirit pretending to be me and talking to their one person on Earth who's open to 'receive their teachings', and so without many other spirits aware of what they are doing.

James: So would the real Jesus please stand up! – that sort of thing.

Jesus: (laughing) Yes; and the real Jesus, speaking from my own personal experience, has nothing whatsoever to do with any of these mind spirits or the people they speak with on Earth. Mary and I only very rarely visit the mind worlds, so from their point of view they don't know if we are real and true. Mary and Jesus died and did 'go to heaven', and yet in heaven as far as they know there is no real Mary Magdalene or Jesus, so they can do whatever they like.

James: So Jesus, what about the malevolent side of the mind spirits' influence, are there really evil mind spirits affecting us on Earth – I asked Mary this too? And if so, what sort of control do they have? What about Satanists, and those spirits presumably involved with them?

Jesus: From your reading of The Urantia Book you understand that Lucifer (and his partner who is not mentioned in the book) along with Satan (and his unmentioned partner), being the causes of the Rebellion, were stopped from influencing people on Earth when I ended their universal reign during my time on Earth.

James: Was that when you said: "Get thee Satan behind me"?

Jesus: Yes. And you remember The Urantia Book says the power of Caligastia, also including Daligastia (and their partners, also not mentioned in the book) was greatly curtailed, but still prevalent through these past two thousand years.

James: Yes.

Jesus: Well, because of other universal factors that have occurred over the past fifty years, their influence, power and reign has been terminated, so they too are all now quarantined on a detention world in spirit, the same one as the Lucifers and Satans. So these higher spirits can no longer directly influence people on Earth, so there are no Evil Ones, being the higher universal spirits that can shape and direct your world as they have done down through the aeons of the Rebellion and Default.

And so what this means is that only the mind spirits are free to influence you. And their influence is not as much as they'd like it to be, it being heavily limited by your denial of them, as so many people are actually scared of spirits and don't want to 'open up' to them for fear of being 'taken over' or possessed by them, as well as the religions being very possessive of their followers, not wanting to lose them to spirits so making out that spirit communication is not the Will of God.

So people who claim to be Satanists, praying to the Devil, and believing they are one of the Devil's chosen minions, are, if they are being influenced by anything, influenced by mind spirits. And as you know, there is no Devil as such, only the imaginary one you make up for yourselves.

In days before Mary and I came, the negative influence from the Evil Ones and the fallen angels that did their bidding, had much more to do with people on earth, encouraging fear and superstition, all to maintain their control, and so at the same time encouraging this belief in the Devil, who really they were themselves. The Evil Ones were your devils, and now it's just wayward mind spirits.

Now so far as how much influence malevolent spirits can have on people, that too is limited to the degree of influence one allows such mind spirits to have over oneself. Some people feel attacked by such bad spirits, with the spirits clinging to them in some way, and such things do and have happened. But usually this is only one-on-one, a spirit intent on harming a person for some reason or another, something they only do through their minds. But such bad spirits are uncommon, with little actual power.

The greatest power spirits have over you now is banding together to influence you in what they feel is a positive way, in 'helping you'. So for example, in the Church, many of their members in the mind Mansion Worlds attend meetings on Earth through the two earth planes, flooding the congregations if they are open to such unseen spirit influences with their 'light and love', adding to the overall uplifting, euphoric and exciting feeling people have that their prayers are being answered and they are feeling closer to God. And all that this mind spirit influence does is help keep those people firmly in their religious beliefs stopping them from uncovering the real truth of what they are feeling through their feelings – all those feelings they are denying by feeling so good because of their religious practices and the 'positive' influences of all the mind spirits with them.

All the spirit religions have a strong vested interest in maintaining their faithful on Earth, so when such people die they fill the ranks of believers in the mind worlds. It's actually harder to recruit new followers, new believers, in the mind worlds than it is on Earth. So it's vital for their ongoing survival in the mind worlds to ensure their numbers keep firm on Earth, so they do all they can to give people good experiences, making them believe they are on the right track by being part of their religion.

It's 'big business' in the mind worlds, maintaining your strength and superiority by keeping your followers. You know how many people strive to gain followers on the Internet, it being a show of how important they are, how much money they can make and so on, well followers are vital to the religions

survival because there are lot of factors continually trying to take their followers away from them. The biggest worry they have is from spirits leaving their faith because those spirits have woken up the Divine Love and wanting to do their Spiritual Healing. The controlling mind spirits don't understand about the Divine Love and the Healing Mansion Worlds, remaining cut off from them in their dogged ignorance, but have to keep facing the fact that a percentage of their faithful leave and never come back. So they are heavily reliant on Earth to keep providing new followers, otherwise they'd be faced with fading away.

James: So those people who talk in tongues and have religious or spiritual conversions being touched by the Holy Spirit or whatever happens to them, is only the influence of the mind spirits?

Jesus: Yes. All part of what I was saying being the mind spirits effort to keep things 'fresh', to keep people wanting to 'confirm their faith'. And so it's also in these controlling religious mind spirits to help things to stay bad on Earth, so people will feel scared and need to cling to the false security of their religion.

James: What about the ruling elite that so many people on the Internet say are the real rulers of the world? And the governments who operate for them, how influenced are they by the mind spirits?

Jesus: Heavily. There is a pecking order in these mind spirit worlds, just as there is on Earth. Many spirits use their psychic powers to dominate and have power over other spirits, who in turn add their psychic powers to help affect those people on Earth they want to influence.

James: Is there like a president of the mind worlds?

Jesus: No, not as such, they are not united enough for that, all competing for power over you on Earth. However there are many groups that do have head spirits and consider themselves the real power in spirit and the greatest influencers of you on Earth.

And I will add James, there a large amount of mind spirits who don't want to have anything to do with vying for power over other mind spirits and people on Earth. They are not interested in any of that, wanting instead to be largely left alone to get on with their new spirit life, they even detesting and staying well clear of all the controlling religions. There are masses of alternative belief groups, small and large groups of spirits happy to live in their own private (by invitation only and not public) subsectors, creating a spirit life that suits them in accordance with whatever their 'spiritual' beliefs are, happy to largely 'do their own thing'.

James: Like many people on Earth, that makes sense.

And these controlling spirits have... what, a plan for humanity, are they trying to guide us somewhere or trying to make us be some way?

Jesus: Yes, they all have different ideas about what is to happen, what should happen, how they want things to happen, all in the best interests of themselves, and of course, not of you on Earth. They see that they are the real powers in it all, you are just following them, even though they can't control you all as much as they'd like.

James: Can you say what percentage of humanity's inspiration comes genuinely and naturally from within people themselves, and how much from these spirits?

Jesus: No, it's not quantifiable like that. It's more an all-pervading influence, it's difficult to even be specific about it, needing to be considered on an individual to individual basis. But it's changing, it's going to lessen as Mary said. Other spiritual influences are coming into play shortly, all of which Mary and I have been preparing. So the mind spirits influences will be significantly lessened. They don't understand it yet, but they are in for a lot of change just as are you on Earth.

James: If you tell me about such changes coming to them, my putting these writings with you and Mary on the Internet and they being able to read them, then they will know?

Jesus: Yes, but it doesn't matter James, as there is nothing they or anyone can do about it. It's all too late now, things have progressed too far for any sort of interference from them trying to stop what is happening. What Mary and I have been doing has all been done under the veil of secrecy, it all being hidden from the mind spirits and people on Earth. And soon it will all be revealed.

c). Mary or Jesus, what about these underground secret bases the American government has supposedly built and is still building?

Mary: Yes James, they are tunnelling away.

James: And what about the rumours of their doing breeding experiments?

Mary: James, we're not going to talk too much about such things, however it would astound you as to what goes on. It is appalling what such depraved minds think up and consider plausible. However it's been going on for years now, everyone who is in power seeks more ways to advance it and maintain it, so much of what you read has some element of truth to it. But it doesn't matter, because they'll soon be needing their tunnels for more than what they have in mind.

James: I'm sorry, I can feel you and Jesus wanting to move on, but I still want to get this ufo business out of my mind.

Mary: That's all right James, we're adding suspense to your blog. We'll reveal all we desire to.

James: So Mary, what about the cultures like Atlantis and Lemuria, and the amazing advanced stone work they could do. And could they travel to the moon and other planets? And why were they so advanced, how did that happen if they weren't influenced by aliens?

Mary: They weren't influenced by anyone from other physical planets, however they were heavily influenced by the mind spirits and by the Caligastias and Daligastias from spirit, together with the remnants of the Adamites, the children of Eve and Adam and some of the offspring from local races they bred with.

In reading The Urantia Book you can see where the mythology of these other 'off-world' influences come from. These advanced beings, and one's said to have come from out of space and influenced you, these so-called space-beings, are nothing more than spirits who materialise from time to time associated with the normal proceedings of mortal upliftment that happens on physical worlds.

The few remaining pure Adamites that intermingled with the local people after Adam and Eve defaulted had a huge effect on the genes of native humans. Even though the Adamites had defaulted

losing much of their psychic and spiritual connection with higher spirits and those of their kind, they were still vastly superior people in all ways: physically, mentally, emotionally and spiritually, than the native people.

And it was over the years that these superior people together with their offspring, brought such advanced civilisations into being. And some of the techniques they used to build and live with have been lost to your modern world, such things being closer to the natural and elemental way of life. Such ways, technologies and energies will be re-revealed to humanity when the time is right, that being once you've healed yourselves.

The Atlanteans didn't travel in time or space, they weren't that advanced. And when the Earth cataclysms occurred to end their civilisations their know-how was lost.

I know a lot is attributed to the Atlanteans and how advanced they were, and they did build a lot of magnificent structures in stone, however their society and level of truth was not so advanced, although more utopian than you are now.

There was a civilisation that mastered space flight with various flying machines, thought only within the solar system, and doing it in ways and with energy systems that were available to them but which have been lost to you. There are lots of ways you can 'move about' the world and space that are unrevealed. One of them simply being with the help of your Angels. They can in conjunction with other universal power spirits simply move you about the Earth like we spirits are able to move about and between the spirit worlds. All that is in spirit can be applied to Earth, however such things happen only in accordance with the dictates, the soul requirements, of each Age. And what you have now available to you as to sources of energy and how to harness them, is all that's been allowed for this Age. During the next Age, other energy systems will be made available to those people who are wanting to heal and have healed themselves of their rebelliousness.

James: And what about the predictions that some day, and possibly any day soon, someone from that time will return to Earth. The alien influences from days gone by will return to pick up where they left off, or see how we're going or whatever?

Mary: It was rumoured that those from the Adamic party who left Earth shortly after the Default, might one day return to Earth; which is still a valid rumour I might add. And then each of the primitive cultures influenced by the Atlanteans and those who were left after their demise all looked to the future for the return of the 'good times' and the 'Golden Ones' – the 'Gods', to return and make things better for them, just as all the religions are wanting their Saviour to come and make things better for them.

James: And will Adam and Eve return as well?

Mary: Possibly, it's not finalised yet. However if they do, it will be as they were after they defaulted, that being as ascending mortals, and not as the Material Pair they were. And it would be once their negative influences have been removed from Earth. So all of this is well in the future, when humanity has healed all of its evilness, and when Eve and Adam have healed themselves of their evilness. Such true spirits from higher levels will not come subjecting themselves to or being involved with evil.

James: And presumably, coming along with the Magisterial Avonal Pair that would be bringing in the relevant next age in that far off time.

Mary: Yes. Yet ONLY after humanity has healed itself of its evilness and negative condition.

James: And so Mary, to conclude this about ufos, what about some governments having built spaceships and possibly flying them around the place for whatever reasons they'd want to do such things?

Mary: Yes James, however I'm not going to say anymore. It won't be long before all such things are revealed to you, and revealed for what they are. As I've said before, and I understand it's hard for you to accept, but everything is going to change, so much of what has been hidden for one reason or another will be brought to light. There will be great upheavals in the world of such secrets and the clandestine affairs as such things come to light. Humanity will be breathless trying to keep abreast of it all. But all in good time James.

It's not for Jesus or myself or any of the Celestials to tell you about such things ahead of time, when it's time for such things to be made known, then we will come to you James.

James: Ok. Thank you Mary.

46. Jesus' prayer for Divine Love.

(26/4/2013)

James: This is Jesus' prayer for Divine Love as given to Mr. James. E. Padgett in 1914, and as published in the *Angelic Revelations of Divine Truth* – a selection of the Padgett Messages.

Originally from the Padgett Messages:

The Prayer for Divine Love

OUR FATHER, WHO ART IN HEAVEN, WE RECOGNISE THAT THOU ART ALL HOLY AND LOVING AND MERCIFUL, AND THAT WE ARE THY CHILDREN, AND NOT THE SUBSERVIENT, SINFUL AND DEPRAVED CREATURES THAT OUR FALSE TEACHERS WOULD HAVE US BELIEVE. THAT WE ARE THE GREATEST OF THY CREATIONS, AND THE MOST WONDERFUL OF ALL THY HANDIWORK'S, AND THE OBJECTS OF THY GREAT SOUL'S LOVE AND TENDEREST CARE.

THAT THY WILL IS THAT WE BECOME AT-ONE WITH THEE AND PARTAKE OF THY GREAT LOVE WHICH THOU HAST BESTOWED UPON US THROUGH THY MERCY, AND DESIRE THAT WE BECOME, IN TRUTH, THY CHILDREN THROUGH LOVE, AND NOT THROUGH THE SACRIFICE AND DEATH OF ANY OF THY CREATURES.

WE PRAY THAT THOU WILL OPEN UP OUR SOULS TO THE INFLOWING OF THY LOVE, AND THAT THEN WILL COME THY HOLY SPIRIT TO BRING INTO OUR SOULS THIS, THY DIVINE LOVE, IN GREAT ABUNDANCE, UNTIL OUR SOULS SHALL BE TRANSFORMED INTO THE VERY ESSENCE OF THYSELF; AND THAT THERE WILL COME TO US FAITH – SUCH FAITH AS WILL CAUSE US TO REALISE THAT WE ARE TRULY THY CHILDREN AND ONE WITH THEE IN VERY

SUBSTANCE, AND NOT IN IMAGE ONLY.

LET US HAVE SUCH FAITH AS WILL CAUSE US TO KNOW THAT THOU ART OUR FATHER, AND THE BESTOWER OF EVERY GOOD AND PERFECT GIFT, AND THAT ONLY WE, OURSELVES, CAN PREVENT THY LOVE CHANGING US FROM THE MORTAL INTO THE IMMORTAL.

LET US NEVER CEASE TO REALISE THAT THY LOVE IS WAITING FOR EACH AND ALL OF US, AND, THAT WHEN WE COME TO THEE IN FAITH AND EARNEST ASPIRATION, THY LOVE WILL NEVER BE WITHHOLDEN FROM US.

KEEP US IN THE SHADOW OF THY LOVE EVERY HOUR AND MOMENT OF OUR LIVES, AND HELP US TO OVERCOME ALL TEMPTATIONS OF THE FLESH, AND THE INFLUENCE OF THE POWERS OF THE EVIL ONES WHO SO CONSTANTLY SURROUND US AND ENDEAVOUR TO TURN OUR THOUGHTS AWAY FROM THEE TO THE PLEASURES AND ALLUREMENTS OF THIS WORLD.

WE THANK THEE FOR THY LOVE AND THE PRIVILEGE OF RECEIVING IT, AND WE BELIEVE THAT THOU ART OUR FATHER – THE LOVING FATHER WHO SMILES UPON US IN OUR WEAKNESS, AND IS ALWAYS READY TO HELP US AND TAKE US TO THY ARMS OF LOVE.

WE PRAY THUS WITH ALL THE EARNESTNESS AND SINCERE LONGINGS OF OUR SOULS, AND, TRUSTING IN THY LOVE, GIVE THEE ALL THE GLORY AND HONOUR AND LOVE THAT OUR FINITE SOULS CAN GIVE.

AMEN.

James: Jesus, in the Padgett Messages you say this is the only prayer we need say to our Heavenly Father.

Jesus: Yes James, meaning it encapsulates the essence of what Mary and I want to convey to you, notwithstanding the limitations that have been imposed on us that we've talked about.

James: Okay, but of course that doesn't mean it's the *only* prayer we can say to the Father and Mother, or that we *have* to say it so as to invoke Their Divine Love.

Jesus: You are to express whatever you feel to your Heavenly Parents, They are *your* Parents, you are Their child, so being Their child you should and must go to Them expressing all you feel. So that includes all your pain, if you are in pain, all your anger, all your bad feelings; and even if you feel angry with Them; and also, naturally, all your good feelings too. You are to allow your feelings to express themselves – you expressing yourself through your feelings – to Them. And of course you can also say mental prayers in support of and to articulate your longing prayers, you can do as you please; however it all, as with everything, should come from your feelings.

James: Marion loves this prayer you gave to James Padgett. She loves saying it as much and as often as she can, however often she will only say one word then get sidetracked by other thoughts-

(James, March 2021; over the years since writing this, she has stopped saying it repeatedly in her mind, now saying whatever she feels to the Father.)

Jesus: Which is all normal James. Nothing Mary and I say to you are you to dogmatically and strictly apply to your lives. **You do what you feel you want to do in each moment.** As we've said, we are only intending to give you certain things to consider, but of course you don't have to do as we say. And so as with your prayers to God, as with anything in life, you are to find your own way. And if you want to long for the Divine Love, it's with a sincere longing for Their Love and not just mentally, that being the only condition on how you will gain the Love. All of which Celestials and I explained to James Padgett.

And so of course you say whatever you feel you want to say to the Mother and Father, as you are setting out to develop your relationship with Them. So the more you include Them in your life, the deeper your relationship with Them will become. And you don't have to do anything about this actively using your mind as it will just naturally come about as you grow in truth. Any relationship evolves as you grow in the truth of it. Mind relationships are very limited and prone to failure far more often than ones based on truth.

Mary and I are helping to introduce you to your Mother and Father, but then it's up to you as with any relationship what you want to make of it.

James, would you mind telling your readers what your current prayers to the Mother and Father are, and how you go about it.

James: All right. I long to Them for Their Divine Love anytime I feel to. I haven't done any formal prayer for a long time as in sitting in meditation and prayer, however I've just started joining Marion again who does it every morning.

Mostly I speak with Them, and mostly now it's with the Mother, when I'm going to sleep. This is what I said to Them last night – if I can remember. I just do as you say Jesus, say what's on my mind and express how I'm feeling.

“Mother and Father I feel like shit again. I'm so fed up with feeling so bad so many nights coming to bed. Can You please help me to see the truth of all my bad feelings. I want to be true, and I need Your help and love. And can You please fill my soul with Your Divine Love. Can You please help bring up more of my bad feelings and help me to feel them, so I can express them, so I can see what they are. Can You please help me to uncover the truth of them. All I want is to be true, but I can't do it on my own, I need You to help me – please!” That sort of thing. And as I say these sorts of things to Them asking Them for Their help, I do as you said Jesus in the Padgett Messages, I long to them for these things, which amounts to: longing to see the truth of my feelings, longing for Their Divine Love, and asking Them to help me express my feelings as I'm still really not much good at that. I want to be able to just be natural in my conversations with Marion, coming from my feelings and not the distorted mind-person mum, dad and Gran made me be. So that's about it.

Jesus, do you pray to the Mother and Father?

Jesus: Yes, both Mary and I pray to Them for Their Love. That is all we long to Them for. But it's important for you whilst you're of your negative states to also long for the TRUTH – the truth of yourselves, the truth of your feelings – if you want to heal yourselves. And once healed, then as you'll be naturally expressing your feelings and all of yourself, with the truth coming naturally to you as a consequence of just living your life in your perfection of truth, then you'll only feel the need to long to Them for Their Divine Love. Which you'll do right the way through Nebadon, and once you leave our universe, again another great change will occur within you, whereby you'll just love and feel loved by

Them, They constantly giving you Their love as They love you, and so without your need to keep longing to Them for it.

And James, how do you feel when you are longing to Them for Their Love?

James: Good, very good. I love 'tuning into' Them. More and more as I said, I'm feeling drawn to being with the Mother, talking to Her more. And I can feel Her loving me and giving me some of what mum didn't give me. I feel a sense of peace and comfort coming from being with Her. I'm also very angry at times with both the Mother and Father for giving me such a shit life, but then that passes once I've expressed those feelings and I am grateful to Them for my shit life. I try to just go with and respond to my feelings.

I sort of reach in and out to Them, and feel I'm with Them in some sort of way, but I can't stay in that nice state for very long, it's too intense, and next thing I know I've fallen asleep or I'm off thinking about something else, leaving Them in mid-prayer. And mostly I want to talk to Them, although more recently I'm enjoying just *being* with Them; and I love listening to Them talk back to me, but I can't chat away with Them like I can other spirits, like with you and Mary. It's too intense when They speak so mostly I can only manage a few words. And more often it's a perception or picture of insight or understanding, something more for me to become aware of, that comes up in me from Them via Bob, my Indwelling Spirit.

And the other month, and for about a month, the Mother was impressing Herself very strongly on me, that's what it felt like anyway. She being with me more, and that was lovely feeling Her so much closer, as usually I feel They are sort of far away, even though I also feel Them always right here with me, but like I'm left more to get on trying to express my feelings to Marion as they come up.

Jesus: And what about the Divine Love, do you feel it come into your soul in response to your prayer to Them for it?

James: No, not all the time. Sometimes I feel it faintly, very occasionally now I get a 'good dose'; and also only occasionally now it comes into me when I'm not asking Them directly for it. But as They tell me, I don't need it as much now as I used to, having received enough in my soul for the time being, with my needing to work more on perfecting my Natural love state by doing my Healing, that being my focus, and not wanting myself to be tempted away from that by just sitting in prayer all day long receiving Their Love so I can use it to avoid my bad feelings. So mostly my focus is on Healing myself, looking to uncover the truth of myself through my feelings and healing my childhood repression – all you have both been speaking about. That's what I want the most, as I don't want to feel bad anymore. I want to express all my bad feelings out of me.

Jesus, would you mind if I ask you about your prayer in the Padgett Messages?

James: No, at all James.

James: 'AND NOT THE SUBSERVIENT, SINFUL AND DEPRAVED CREATURES THAT OUR FALSE TEACHERS WOULD HAVE US BELIEVE.' And this means...?

Jesus: It's the truth you are uncovering within yourself James, the same all people will do when they do their Healing. It being how you really feel you've been treated by your parents, and so how you treat yourselves; that being, subservient, sinful and depraved, with your parents of course being your false teachers.

You were made to be subservient to your parents, subservient to evil, that being how you are in your negative states; and within that state you've then sort to have your own power, this being the power your mind has over your true feelings, all the bad ones you feel because of not feeling as loved as you needed to feel – this power being false.

You were told you were sinful, that being that your parents said you were bad by not obeying them, by not being how they said you should be, and they punished you accordingly.

And you are depraved because of being again not how you are meant to be, something which is a fantasy of your parents, something that is not acceptable to them, as if you are inherently evil and it's their job to beat it out of you, to control and 'make you be right', making you be acceptable to them. So your false teachers have subjected you to such horror making you feel very unloved and miserable, even those people who feel the most loved, free, happy and loving in their lives claiming to adamantly love their parents. So it's all part of the truth that you will have to wake up to within yourself, that you believe deeper within you and albeit mostly unconsciously, that you are subservient, sinful and depraved.

And I wanted you to know that this is not actually the case, that in fact you are 'THE GREATEST OF THY CREATIONS, AND THE MOST WONDERFUL OF ALL THY HANDIWORK'S, AND THE OBJECTS OF THY GREAT SOUL'S LOVE AND TENDEREST CARE. (Thy of course being God and not myself.)

James: So our false teachers you are referring to as you say are really our parents, and so presumably you couldn't tell us that straight out because of the limitations you were under.

Jesus: Yes, because James Padgett was not ready for such truth concerning his and all parents, and I couldn't reveal truths to him that he was not in a position to accept even mentally. That would have been too much to ask of him and he would have broken down as a channel feeling he was under too much pressure. All I said to him was confrontational enough as it was, confronting his religious beliefs and the fact that Jesus of the Bible was actually talking to him, so to move into deep personal confrontation talking about having to face the truth of his relationship with his parents would have been too much. It is as you understand James, a lot for people to face and accept, having to perhaps look at their relationship with their parents in such a light. It's one of your great taboos: parents are sacrosanct, nothing can be said against them, because then you'll be subjected to their wrath, more of what they subjected you to when you were forming, more of their unloving rejection of you, and all of which scared of and doing your best to run away from and keep hidden from yourself.

I chose James specifically because I felt he would be able to accept, albeit with difficulty, that it was myself and enough to allow me and the Celestials to come to him, because he had the necessary psychic abilities to automatic write sufficiently enough to write my messages. And because his mind-set was such that he would be more than happy with the information I was revealing to him and not wanting anything further.

Unlike how you are James, with your mind endlessly probing Mary and I for more information and understanding about everything we touch on and speak about with you. You are always looking for cracks in the picture we're giving you, always correlating the truth with the information wanting everything to keep making sense and add up add up for you. And you push us so much so that we have to say no to you at times, which you've then insisted we explain to you why we say no, which you've understood. All of which we want you to do because that then allows us to tell you what we want to. We can't just 'give it all to you', spoon feed you as such, we need you to be interacting with us and all we're saying to you. You're not to simply take dictation as James Padgett did, because if that were to happen then it's just a mind to mind exercise and a lot of the feeling side of things we'd not be able to relate to

you. You need to have your feelings affected by what we say with you responding to them coming back to us, it being a more balanced relationship and open discussion, which I couldn't and didn't want to have with James Padgett.

James: And you're able to say now with me, it's our parents, because that's the truth I've discovered for myself through my feelings. Okay, I can understand that. And in that quote, you knew that people who didn't want to do their Healing and face the truth to do with their parents, would think you are referring to the Evil Ones, or the mind spirits, those unseen bad spirits that have influenced humanity. And that by saying we are really good, when really we're all fucked, evil and bad whilst being in our negative states, those people also not wanting to face the truth will then latch onto that part by using it to give their minds more ammunition in their feeling-denial.

Jesus: Yes. Everything I say can be taken to help further one's negative state and so increasing one's mind control over oneself. Or, you'll start to see it in the true light of what I am meaning when you do your Healing and thereby align yourself with Mary's and my Spirits of Truth. So as you say James, I am allowing people to keep denying themselves as they will not see the false teachers as their parents; nor that: 'AND THE INFLUENCE OF THE POWERS OF THE EVIL ONES WHO SO CONSTANTLY SURROUND US AND ENDEAVOUR TO TURN OUR THOUGHTS AWAY FROM THEE TO THE PLEASURES AND ALLUREMENTS OF THIS WORLD.' is also referring to the evil ones being one's parents, as well as oneself and even each other, as you are all untrue and living against yourselves, nature and God.

James: So people can read what you say and blame the Evil Ones seeing there influence all about us; or you can take it personally seeing it's all between you and your parents, blaming your parents for being the evil ones that constantly surrounded you.

And in the part, the pleasures and allurements, are really anything that keeps our mind off our bad feelings.

Jesus: Yes, anything you do that helps you to keep your self-denial going. Anything you do, say, think and believe, and anything you might fantasise about that is to help you keep artificially feeling good, instead of allowing yourselves to fully accept all the bad feelings you feel and seek the truth of them.

And as you were thinking this morning James, all that Mary and I have been leading you to understand is that now it's all up to you, you are on your own, humanity is not being interfered with by any outside influence. There are yourselves on Earth, more of humanity in the mind Mansion Worlds, and more of humanity in the Celestial spheres. And it's all between you now to sort it out for yourselves, how you want to be.

James: This being the real battle between good and bad, or good and evil.

Jesus: Yes, you have the 'bad' mind spirits verses the 'good' Celestial spirits vying for humanity on Earth. But really none of you are good or bad, it's not actually about that, as all your souls are inherently good with all that's bad within you being forced on you to accept and become, however I think you understand what I mean.

James: Yes. But we have to see in terms of good and bad because that's how we've been parented. Yet we're all intrinsically good, underneath all that's been imposed on us.

And all the Thee, Thy, Thou, Art and Thus in the prayer are-

Jesus: So it would sound more impressive, more old worldly, giving it a sound of greater authority, that being what James Padgett was used to and looking for so far as credibility in my being who I said I was, that being: Jesus of the Bible.

James: It is a lovely prayer Jesus, and it says it all as you and Mary have helped me to see.

Jesus: Only it doesn't include the Healing side of things James, and that's really the most important part. It's all very well being able to long for and receive your Father and Mother's Divine Love, however if you're not in a true state of mind and will for it to transform you into Their substance, to make you divine and perfect as They are, then really what good it is doing for you.

James: I see what you mean. However had I not come across it, I'd not be where I am today, even doing my Healing with Mary's and your help.

Jesus: Yes James, it all being around the wrong way as you know. For ideally one should be able to come upon the truth of healing one's evilness first; and then longing for the Divine Love should one want to develop a personal and intimate relationship with one's Heavenly Parents. But as nothing can be right whilst you're in your anti-right states, so that's how it has to be.

And James you needed as part of your soul growth to find the truth I had already revealed, the masculine, from which you were then able to move into discovering the feminine side of things with the Mother, Mary and Marion.

James: Jesus (and Mary), I'm beginning to increasingly feel the urge in me to finish writing these posts with you both, to finish what I have in mind, that being to have two books of them, and then ending it all, and possibly even stopping writing altogether after I finish with *Ann and Terry*, and then see how I feel about things.

Jesus: However you feel James; and whether you end it with us or not, just keep responding to your feelings. Mary and I are to have our say, which as we've said we're now officially having through you, that's not including all that we've previously written privately with you; and there will be more of that to come as you continue to grow and change. However we are working our way toward the point whereby Mary and I can say officially, as we will through your blog, that it's finished, that our work and time with humanity has come to an end. So until such time you'll keep posting, but your feelings are correct in what you are feeling.

Is there anything further you wanted to speak to me about concerning the prayer?

James: No Jesus, that's all I wanted to ask you about. Thank you. Do you have anything further you want to say about it... or Mary, do you?

Mary: No James, we'll finish now.

James: Thank you both again.

47. How are we actually evil?

(27/4/2013)

James: Jesus or Mary – how are we actually evil? What is considered to be evil so far as God is concerned, seeing as though God wants us to be it, has put us in it, and keeps us in it until we've (They've) decided we no longer want to be of it?

Jesus: James, I will talk with you about it – Jesus.

James: Jesus, you say we're all evil, as we're all in our negative feeling-denying states of mind and will, so how does that actually relate to our daily lives?

Jesus: When you impose your will on another, be it a person or another creature – any part of nature, then you are being evil. When you are living untrue to yourself, then you're sinful, which is really the same as being evil to yourself – treating yourself evilly by disrespecting your own natural and true will, by imposing, as it were, a 'false' or untrue will over your true will, which you were made to do by your parents leading you to develop your false and untrue self over the top of your now hidden true and real self.

James: Okay; so what about cutting down a tree, is that being evil?

Jesus: Nature is there for you to use as you feel, however it's your personal motives as to how you relate with it that determine whether or not your actions are evil. For example, if you want to cut down the tree simply because it's annoying you, or you want to gain from it in some way, but gain in a way that helps you feel you've gained power in your negative state, then such actions are evil. They are transgressions and when you come to do your Healing, as you uncover the truth of such actions, you'll feel all the pain you've inflicted on yourself by living untrue to yourself by cutting the tree down; which you could say, is all the pain you've inflicted on the tree, the other creature or other person. If you were living in a positive mind and will condition, and so fully expressing yourself with love and you felt you wanted to cut down a tree, then your reasons would be sound and in harmony with your will and the will of the tree – the will of nature, and so there would be no penalty imposed on you.

James: So from what you're saying, really there is no point in our trying work out what is a sinful or evil act whilst we're in our negative states because ALL we do in that state is wrong.

Jesus: That's right James, that's what Mary and I want you to understand. However we want you to work it out for yourselves, to come to such truth through your own lives as you seek to heal yourselves.

James: Okay; and so when we're healed and of a positive mind and will, then all we do will be right, true and good. And so really we have no idea as to whether or not in that state we'd even want to cut a tree down or not, because we're a million miles from that state of truth perfection.

James: That's right. You might find you feel you do; you might find you feel you don't. You might find one day you do, but then things change and the next day, or even in the next instance, and you don't; yet as your will would all be expressed in harmony with nature's will and so the Will of God, then you'd feel

good about your actions and not bad. And you'd know the tree didn't feel bad either, it feeling good being able to be of service to, to help you in your experience with it to further your growth of truth.

Nature is provided to you to help further your growth of Truth, nothing else. But in your negative truth-denying state, all you do should actually make you feel bad, because it's being done against nature and against God's Will and against yourselves. But as mostly you don't feel bad, or not *too* bad, as you don't allow yourselves to feel bad, and even feeling good because you've had power over the tree by cutting it down, and having removed yourselves so far from your true feelings, you are happy you've been able to remove the tree for all the reasons you wanted to. Yet that is really a false happiness resulting from false power you've gained through your tree-felling actions, all being done to help you cover up your repressed underlying bad feelings of feeling so powerless in your life. You all feel powerless because of how you were parented, even the people who had the most loving parenting, so all you do is try and make yourselves feel not powerless.

James: So by what you're saying, in our negative states we should actually be feeling bad in every moment with every breath we take all because we're untrue and bad.

Jesus: Yes. Just as you and Marion are feeling being truer to your feelings the further you progress in your Healing. Feeling bad in all your actions, in all the ways you are, by being able to declare (because you feel the truth of it through your feelings) just how evil you are. Because you have to be able to get to the truth of how being evil, and how living evilly, does really make you feel. You have to be able to feel in each and every one of your actions what you actually do truly feel; and so when you are living against yourself, how this really is making you feel – which is bad.

James: So the deeper we go into our childhood repression and the more we become true to our evil state, that being seeing and feeling the truth of it, the more we'll actually feel bad and not good as one might expect to feel as one heals oneself.

Jesus: You'll feel good on a deeper level because you are progressing in truth and healing yourself; but yes, you'll also feel worse in other respects because you are continuously bringing to light more of how bad you are; how badly you are treating yourself; how badly you were treated, and so how badly you treat nature and each other.

James: So it really is a big deal, being evil and our healing it.

Jesus: It is James, far bigger than anyone realises. It's not just a matter of adhering to the ten commandments and then you are good, and all those people who don't are sinful evil-ones. That is all just part of the ploy to make you feel more power, to have power over someone else, to say: I am good; they are bad, I believe in the Bible; they who don't are all sinners, it's all to keep you bound up in your negative state. **Anything that gives you that feeling of having power over another is helping you stay trapped in your evilness.** It all being a reflection and result of how you were parented. You were all made to obey; so in being punished when you are bad, you are told in no uncertain terms that you are bad, you are not good, it all being power-plays by your controllers, all seeking their will over you.

James: So even like keeping my fish in a tank when I used to, having power them and so being evil.

Jesus: Yes, and you've felt all the pain by subjecting such fish to your will. When you had them, you felt

good as they gave you false feelings of power, you weren't the poor pathetic one who had nothing, a complete failure in life, you were able to keep lovely little tropical fish in a tank, and you bred them, so you were successful at something. You were their god – you were the dominator and ruler of their little world; and all of that is you pretending you are better than God, and so it's all wrong. And because you've worked through all that and liberated the pain of such a transgression against nature (by accepting and expressing it), you no longer want to keep such fish so tightly under your control. You are happy to put fish in a pond, and the fish are happy as it's not unlike their natural living conditions, so you don't feel bad because of any transgression, and can enjoy the fish in your pond without it being part of the false power you require to keep your mind afloat in your unloving state.

James: So we've got to move away from saying the murderer is the evil bad one, whereas because I don't murder, I'm the good loving one.

Jesus: Yes, because you're all the same on the will level of feeling denial, the murderers way being what resulted from his or her upbringing, as is your so-called 'good way' the result of your upbringing. It has nothing intrinsically to do with your soul; as in, you're naturally a good person and the murderer is naturally a bad person, so there's no hope for him. You are just as evil as the murderer, only you don't go around killing people, you express your evilness differently. But you in your own 'nice' and 'caring' and 'loving' and 'tolerant' ways, are just as power-hungry and controlling as the murderer, and just as capable of denying yourself and other creatures and people their true and full self-expression. Look at how much control you and Marion have had to work through, how powerless you feel because of how you were parented and how much you've tried to regain that lost power, and in all the little things in your relationship together. You are not truly loving and treating each other with complete respect, you're both using each other for power in many ways, even though you don't hit each other or take your frustrations out on other people, children or nature. But still, in every interaction you have with someone you are that untrue person trying to maintain what power you have and establish yet more power, so there are still undercurrents of control, all of which are coming to light for you both as you move along in your Healing.

It's time for humanity to move out of its limiting ways of seeing itself. The religions have had too much control over people for too long and now it's only becoming negative to the negative, if I can put it like that. So change has to occur so people can break away from believing such things are good for them and are in their best interests to adhere to. For Church going do-gooder believe they are superior to the murderer is not right. The murderer will have to work through his or her hell-time to feel the pain of their transgression, whereas the Church goer won't have to (unless they too are a murderer), however both will end up living in the mind Mansion Worlds, there to carry on their evilness. The Church goer will have just as many superiority issues to work through as will the murderer, as they are both doing all they can to maintain their power and control.

James: So really we don't have a clue what life is about.

Jesus: No, you don't. And that's where the Celestials come in as they will be more than willing to help you understand about such things.

James: So we're really pretty basic, or stupid, ignorant – pathetic. And full of ourselves.

Jesus: Yes, very much so. And yet you pat yourselves on your backs as to how sophisticated you are, when

the native peoples of your world have a better idea about what life is for and all about. Your anti life, anti truth states as you 'progress' are actually taking you further away from the truth, further away from yourself, becoming more untrue. So you have to keep telling yourselves that you are great, above it all, above all that lower animal stuff, that you know what is right. That you are superior ones.

James: Yeah, I feel all those things, and more so the more I do my Healing. I can't believe how inane our lives are, and how much we think they are so meaningful and that we're getting somewhere with them. And all the mad and nonsensical so-called spiritual beliefs people want to hold on to, which I too wanted to before I began my Healing. They are all so nothing, so meaningless, doing nothing positive for anyone, let alone the believer. And the Christians that comment on my stuff, I mean, what can you say, I just feel sorry for them. Having to keep toeing the line with all that Bible stuff, when it's so obvious from their comments they are suffering terribly, all so caught up in their minds, unable to have a free thought away from it. It certainly can be all-consuming.

Jesus: It's how most of them were parented, it's what gives them their false feelings of power. They believe they are someone important by knowing and believing and living such untruth. To delight in the power you might derive from being able to quote Scripture to someone who doesn't know it, to feel superior and that you are closer to God. It's all serving to move them further away from themselves.

James: I can hardly understand what they are saying, it's like a different language, and their arguments are so pointless. But I can't criticise and judge them because in my way I'm the same, I just don't have all the Bible stuff stuffed in me as well. Marion can't make any sense out of what I say, and neither can I half the time. I feel very fucked, meaningless and pointless; and I know that had I grown up in a heavily dominated Christian family, I'd be banging on about the same stuff they do. It feels good to slowly lessen one's judgement of others, accepting that we're all fucked, just different versions of it. And no one is better than another, because had I had their upbringing, I'd be as they are, just as had they had mine, they'd be as I am.

So Jesus, in a way, what you are presenting us with is a whole new way of seeing ourselves and everything, so we can virtually scrap all we know and believe, looking instead to our feelings to show us the true way, the truth; and I guess, a whole new way of life too.

Jesus: That's right James, as that's what will happen to you through your Healing. It's a huge thing, and not to be taken lightly. All Mary and I are talking about is not just a few more beliefs or a little more information you can add to your minds and that will make you happy and more successful in your life. We're saying that through your Healing process you will become reborn, or born anew; which means, you will basically cease to be all that you are now, becoming a whole new you.

James: So it's fair that we don't understand all that you and Mary are telling us.

Jesus: Of course James, it would be wrong of us to expect you to. It's going to take humanity thousands of years to comprehend what we're saying, and to be able to live and know it all as truth for themselves. By Mary's and my coming we are ending the old and starting the new, only it's taken these two thousand years to fully reveal all we were meant to reveal when we were in flesh, so the whole revelation as has been somewhat delayed. Yet still, humanity is only now attaining the levels of self-denial and psychological development within it to begin to understand just what its condition is, what your negative state actually consists of, and how you can heal yourselves of it. It's setting out into the new frontier, it's

all unknown, undiscovered, and Mary and I are giving you something of a map and just pointing you in a certain direction – it all being only the tip of the ice-burg. But as to how you live it, as to how the individual person strives to heal themselves of their evilness...

James: Yeah, I see what you mean.

Jesus: You and Marion are completely blind in it, and there is no one else other than us spirits who you can talk to you about it. You have only your feelings to guide you, which is no small thing when all you've been brought up to do is deny them. So there is a lot to it, and it's going to take many, many years for people to gain some sort of understanding and appreciation of it, let alone for society to change to reflect living seeking the truth through their feelings. So in the meantime, those people who will give it a go, will be on their own, they too will be flying blind with only their feelings to guide them. True pioneers of the soul. And to get to that point, to want to give it a real go and devote your whole life to it; to fully commit to becoming true to yourself through your feeling acceptance, means you've basically it had it with 'normal' life, or it's had it with you, in that you can't make a go of it and so have no other alternative than to heal yourselves, as what happened with you and Marion.

James: It's been pretty amazing to see how it's all conspired for us to not be able to make a go of normal life, how it was for us through our forming years, and how those years set us up for our failure adult lives.

Jesus: Yes it has; it has for us too observing you both. For as we've told you, to see it all in the flesh through you and Marion, it's been very interesting for us all. And it is very different to how one does one's Healing in spirit. However the beauty of it is having your physical body, which if you willingly submit to your bad feelings, will very quickly start to show you where you're going wrong; and as you've both experienced, it just slows you down as it ceases to work well enough for you to keep up the pretence and show of having some power and control in your life. In spirit, it's far more of a mental exercise doing one's healing, one's feelings being far more closer to and a part of the thinking mind. There isn't the third element, the physical body, that needs to be taken into account, that expresses all your self-denial adding another whole dimension to your feeling bad and bad feelings.

James: My aches and pains have been continuous through my Healing years; god, half the time Marion and I can hardly move. It all reflecting how fucked we are.

So Jesus, coming back to our being evil, it's so hard to get my mind around the fact that all I am is evil. That every thought, behaviour, belief, action; it's like every cell in my body is wrong, it's all existing for the wrong reasons, all focused in the wrong direction, that being against my soul.

Jesus: Yes James, that's what it feels like to you so we observe. All so you can gain a full appreciation of just what being evil feels like, with the added feelings of the physical body. There is no escape from it as you are broken down out of your falseness.

James: When I look back at the meditation groups I used to hold longing for the Divine Love, I had no idea what really was involved with healing oneself.

Jesus: No you didn't, however you had to start somewhere, and it all helped you to get closer to your wrong state of mind and will. It all helped prepare you to do your Healing.

James: It all seems now like some dim dark memory. And yet I don't feel like I've stepped out into the light yet. I still feel dim and dark.

Jesus: You can't feel any other way James until you've healed yourself of all your darkness. You have been very dim and very dark.

James: Well, thank you again Jesus, it's always so enlightening speaking with you and Mary. I will recede back into my dimness...

Jesus: Speak to you soon James.

48. And again - does the Divine Love actually heal us?

(27/4/2013)

James: Jesus, I'd like to go over (once again) what effect the Divine Love has on us.

Jesus: Certainly James. What specifically are you wanting to know?

James: I want to confirm again that people can long for and receive it, and yet it does nothing to help them heal their negative states, unlike what is said in the Padgett Messages.

Jesus: Yes that's right. The Divine Love is your connection, if you will, between the Soul that is your Heavenly Parents, and your own soul.

James: Sorry to but in, but you saying that just made me think: so really for a soul to completely express itself, it will need both its halves to be fully healed and longing for the Divine Love.

Jesus: That's right, all helping to 'tie' the soulpair closer together, for you both are transforming your soul at the same rate, as it's the same soul you share, so both have to be equally dedicated to living true to yourselves and longing for and receiving the Divine Love.

James: Okay, I understand that and it makes sense of course; so getting back to what you were saying concerning the Divine Love and the healing of our negative state-

Jesus: The Divine Love of itself, doesn't affect or have any influence directly on yourself so far as helping you to heal yourself of your negative state. It's only about transforming your soul from Natural love into divine love (and I say divine with a lower case 'd' because it's to do with the human soul, whereas when it's coming from God, it's Divine), and as we've told you about that, really means 'divining' your soul whilst still maintaining your Natural love or self-love expression, it just having an extra or added light, that reflecting and being representative of how divine your soul is. And that is really reflective of where your personal relationship with the Mother and Father is. There are personal relationship circuits maintained by your Indwelling Spirit that are to do with and representative of your relationship with God. So when your Indwelling Spirit arrives, you being of a negative and so anti love state of mind and will, your relationship with God is at it's worst, even if as a young child you love God. That love is still all within

your rebellion and anti God state. And when you start to do your Healing and long for the Divine Love, then as you grow in truth, so purify and perfect your Natural love, taking yourself out of your negative state and moving gradually and progressively into your positive state, so the Divine Love can act upon the evolving Natural love, and so does your Indwelling Spirit register your increasing and evolving relationship with God as you grow in divinity.

James: Okay, so that about sums it up, but it's a mouthful. So if you don't mind I'll break it down into all the bits.

Jesus: Not at all James, it's important that you understand it for yourself; the more you repeat your questions and the more we can talk about it, the better you'll understand it. And the better you understand it the more Mary's and my Spirits of Truth are being expressed by you. That being, they are becoming part of your truth, so part of the world.

James: So irrespective of how much love we might receive and feel from and for our parents, whilst we're forming our mind and will circuits and up until around six years old when our Indwelling Spirit arrives, we're still doing it all in our negative state.

Jesus: Yes, it all having been planned by God and being orchestrated by your soul, it all being reflective of your relationships with your parents, and so also with God. As you relate to your parents so too will you relate to God. If your relationship with your parents is based on untruth, even though by using your mind you pretend it is true, so too will your relationship with God be untrue. And as you're all of a negative mind and will state, so you're all untrue to yourselves, because your parents relationships with you were untrue, irrespective of how loving they might have been; and so your relationship with God will also be untrue, irrespective of how much you might love God and feel loved by God. All that so-called love come from mind generated feelings based on your negative beliefs, and so false, and so all needing to be seen for what it really is as you will do through your Healing.

James: So do we all become of the negative to the same degree to begin with, only some people seeming to have a lesser or more painful experience of it depending on how much 'love' and 'care' within our forming years we get from our parents?

Jesus: Yes. It might be difficult to understand, but that's right. You all have to start off on the same level of untruth at your conception, that being the level of rebellion by default as expressed through Mary's and my Age. Everyone incarnated through Mary's and my Age has started their lives on the same level of untruth. And that's why a new Age is now required, so those new incoming souls will be able to live starting on the varying levels of untruth as reflective of their parents, because by then a lot of parents will have grown in truth by doing some of their Healing or will have fully Healed themselves.

Then how you are when your Indwelling Spirit arrives, when your mind and feeling circuits are fully established, all that you need to be able to grow in truth with, is still that same level. So your forming years are just the first stage of your manifestation of your negative state, to get you up and running so to speak.

And you all start off at conception and at the time of your Indwelling Spirits arrival at the same level of anti truth, the same degree of negative mind and will condition. Only as you say, the outer show of that state or condition is differently expressed, experienced and lived by everyone. So within your negative forming, if you are loved and treated with more care, so you will be more loving treating

yourself with more care and love; if you are not loved and cared about, you will express that unlovingness. Yet still one has to remember, it's all within your negative state.

James: Okay, so we all start off with the same bottom line, but on that line we all express our negative states within different extremes. There being the 'monster' type people seemingly of no love or respect for another wanting to hurt and be as cruel and unloving as they can; to those people who want to care for and love all creatures and everyone, never dreaming of hurting or being cruel. But still all of us, from what might be called the best to the worst, have to still do the same amount of Healing, in that we all have to ascend the seven Mansion Worlds healing ourselves of our negative state.

Jesus: Yes. You are all to end up as Celestials in your true and positive state of mind and will, having healed yourselves of your negative states, thereby all being able to relate to the same levels of truth, as you'll all be living the same truths, so all being able to relate to each other on that level of truth. But as you say, all coming to that Celestial level from the same starting point of anti truth, but in manifesting or displaying, and so living, it differently. No one is worse or better than the other – you're all equal children of God. The most so-called loving is the same in regards to the bottom line, as is the most so-called 'evil person'; however of course one's healing of one's negative state, as in the course or route it will take, will be different according to one's upbringing. So it is wrong to judge another as being worse or more lowly just because it's easy to label them the evil one. And you all need acceptance, understanding, sympathy, compassion and kindness; and through your Healing you'll see that the most 'evil' person will need just as much sympathy as the most 'good', because you are all suffering.

James: But still it's going to be much harder I would imagine for the monster person to have to deal with all the pain and suffering they have caused, than the good person.

Jesus: It doesn't matter about that James, it's all an individual thing. From the outside it might appear that way, but on the inside, as to what feelings one feels and the extent of them, everyone will feel all they need to feel so as to give rise to the necessary truths about themselves and their evilness they are to see. And it's only the Truth that's important. It becomes immaterial as to how much pain one might or might not experience through one's healing, there's nothing to be gained by comparing it with another, with only the evolution of one's truth being what's important. And the time it takes for one to experience their pain, its duration and intensity, is personal, it's for you to have and experience, having nothing to do with another. It's your pain, and in the end you will even cherish it as you will know just how much truth it's given rise to. And you will love the truth that comes up within you, it making you feel very comforted, special (in the right way), happy and loved, yours to treasure forevermore.

James: So concerning the Divine Love, it doesn't help us to heal ourselves of our negative state?

Jesus: No, not directly. It's only about transforming your soul, and so your relationship with the Mother and Father. They have put you in a negative mind condition to begin your life in Creation, and They want you to live that fully and then to heal yourself of it. They are not going to stop you doing what you want to do within it, what your soul needs you to experience, what They want you to experience, by suddenly cancelling out all your pain and suffer because you started longing to Them for Their Divine Love. You need all the experience of that pain and suffering to provide you with the feelings you need so as to uncover the truth you need.

There are well-defined parameters and guidelines for everyone to adhere to within their evilness, but

basically you can say God won't interfere with you. And then your Mother and Father want you to heal yourself of your evilness, because They want you to wake up and grow up into feeling and so deciding for yourself as to whether or not you want to remain evil. They want you to make up your own mind, to have the full experience of it, as it's very important, because we all have to choose at some point whether we do want to be with God or not, so whether we do want to be with and of love (Natural or Divine), or not. And part of your problem is that all you know love to be you think is right and true and what love is, but what Mary and I are trying to help you see, is that perhaps it's not as it seems, and that in fact it's all only love within an anti-love state, so what really is that love.

James: Okay... So the Mother and Father want us to do it all for ourselves, They aren't going to come along and say you've had enough of that, so I'll stop it all for you; or, because you're wanting to be with Us by partaking of Our Love, we'll remove your sins and errors, we'll take all that badness in you away.

Jesus: No, again, not directly. Overall They are the controllers of all you are and all you go through, however They've set it up so you do work within yourself having to make decisions based on your experience. They provide it all for you, so you have to decide what you want to do in every step in your Healing. They do your actual healing for you when you've uncovered the truth through your feelings, however like a truly loving parent they don't and won't interfere with your own growth. Unlike how you've all been parented, with your parents taking over by thinking and so making you be as they want you to be, stopping your natural grow and ability to work things out for yourselves – to work out the truth through your natural feelings.

James: So They are providing it all for us, the environment and all the experiences we need, and allowing us to be the children we are, free to explore and express ourselves, and supposedly all through our feelings, with our feelings leading us.

Jesus: Yes. If you look to your feelings then you will be taken along able to work everything out for yourself. The experiences given to you by God through your soul all being exactly what you need to uncover the truth every step of the way – and to do it all yourself, without needing anyone else to step in and take over telling you what to do, when to do it, and how to be.

James: So then there is really no way that God is going to come along and heal us just because we've started to long to Them for Their Divine Love?

Jesus: No. It's too simplistic, because why then has God put you all your wrongness in the first place. Why would your Father and Mother go to such trouble only to suddenly take you out of it just because you started longing for Their Divine Love.

Indirectly, with your focus on wanting to transform your soul, the Divine Love will help you in your relationship with Them and yourself; and of course you can and are to look to Them to help show you the truth They want you to see. But so far as doing the actual hard hands-on work of accepting and expressing and seeking the truth of your feelings, that's all up to you, it being the experiences you need to make you the person you are. And isn't your life James so much richer for the experience of your hard slog through your feelings!

James: Ask me that tomorrow Jesus, I've got a bad headache today and I'm not relishing the hard slog. But yes, it is, I mean I can't begin to say how incredible it's all been for Marion and I, working our way

through our stuff and changing all the time. Coming out of the confusion of not knowing anything, to slowly seeing what it's all really about. If God said to me when I first started out I will take all your pain away if you want, I would have of course said yes, please, and as quickly as you can; but now looking back wiser to what growing in truth is all about, no, I wouldn't want the Mother and Father to just take it all away... possibly some of it maybe... but not all of it. I still love it all yet! And I sure beg the Mother and Father to take it all away when I'm feel very bad.

Jesus: In the end you'll be grateful for every pain you've had and all it's helped you to see about yourself. For if nothing else, it's all made it very real for you, having to deal with every pain so intimately. And the pain doesn't remain, eventually it will all go.

James: Yes, that's for sure, it has. I can't argue with that. Still, I'm not as yet at the point of being happy for having so much pain, and I doubt I will until I no longer have any, should that ever happen.

Jesus: Which is understandable James, for you're not meant to like the pain when you are feeling it, only the truth it's helping you to see.

James: And that is the good thing about it, it does finally go when the truth comes to light. I won't have to always be in pain.

So Jesus, thank you for going over that about the Divine Love once again.

Jesus: It's my pleasure James; and as you see, every time we do, a little more about comes to light.

James: Yes, it sure does!

And so Jesus, when we're with our soulmate and both longing for the Divine Love, then we'll be growing in truth in harmony together, our soul ensuring all of that? I sure like the sound of that.

Jesus: Yes. Your soul is always orchestrating each part of itself as in each distinct personality, whether you are actually together or not.

James: That is amazing, isn't it. I've not thought about it like that before, that our soul is seeing to two people's lives at the same time, it's dealing with us both at once, both us having completely different lives with all our different relationships, and possibly in different times and places on Earth and in the Mansion Worlds, when we're not united together; whereas we're only ever concerned with ourselves and as if it's only our soul.

Jesus: The soul is the most amazing part of us James. Ourselves, as in our personalities, is amazing enough, but our soul and the fact that it's orchestrating all that we are, our every moment, is very amazing. And it only gets more amazing the further you progress. Once you are highly spiritualised and more of your personal focus is actually on yourself and your soul, then you start to uncover even greater depths to it and so yourself than you thought were possible. And it's ongoing, never ending; always is there more of you to know about yourself.

James: So Jesus, can we go over our retaining our Natural love again, it slowly being 'taken over' by the light of our increasingly divine soul through our morontial existence with you and Mary in Nebadon; and then when we become a fully fledged spirit as The Urantia Book talks about – when we leave your local

universe, then we will be all divine.

Jesus: Yes James, you will have left the Natural love universe that Nebadon is. So that's right, that is what constitutes a fully-fledged ascending mortal spirit. That you have transformed all of your soul into being divine, and so the overshadowing of your Natural love being complete. This coming about and allowing you to leave Nebadon; you can't move out into the greater universe until your divine transformation is complete.

James: And so from then on to Paradise we are increasing only our divinity?

Jesus: Yes.

James: So we start of on Earth fucked. Then, whilst of flesh or any time in the Mansion Worlds do our Healing, taking us to the Celestial level of truth. Then for the rest of our Celestial growth through Nebadon we are completing our Divine Love soul transformation.

Jesus: Yes.

James: Jesus, I'm going to leave it there for the moment, Marion's about to come back to the car. I'll speak to you later. Thank you. *(I type in the car on my second hand Macbook, whilst Marion does the rounds of the op shops. I use a small wordprocessing app called Bean, which I love.)*

Jesus: Until then James...

49. Using prayer to deny bad feelings.

(2/5/2013)

James: Jesus or Mary, I mentioned earlier that for some time I haven't wanted to sit in prayer and meditation longing for the Divine Love and speaking with you spirits, because, which I now see with hindsight having started to sit in prayer each morning again with Marion, I would have used what was said to me by you spirits to stop myself feeling bad. Now I long to the Mother and Father to help me see aspects of myself that I am increasingly aware of that are wrong within me, and I long to Them to help me see the truth through my feelings, wanting to feel bad, and not as I used to be, just to get some mental understanding about them so I could say, oh yes, I understand now, and then dismiss it all.

Mary: Doing so James, as you're coming to see, because that's how your parents treated you. You came to them with your bad feeling, they asked you if you needed to go to the doctor, if it was physical, or just told you the reason why you felt bad and that you were then all right and there's no need to worry about it. Yet clearly you weren't all right, and not wanting to bother them being fearful of their angry reaction like you usually got, took what they said and dismissed your feelings, suppressing and then repressing them. So that's what you did before you started your Healing as you looked for the spirits help. You'd ask us about a problem you knew you had, wanting to know why you had it, how it related to your early life, we'd tell you, in keeping with what you wanted, and you were happy with that, which then allowed you to do what you were made to do by your parents treatment of you, dismiss the bad feeling, pushing it

aside and burying it there to join all the others.

James: Yes that's right Mary, that behaviour coming more to light as I see I do that to Marion. When she says she feels bad, I think, and half the time the answer just pops into my mind, that it must be because of... and I tell her, and then she's supposed to take that, doing what I do, and dismiss her bad feeling, pushing it aside. But as she doesn't do that, she then pulls me up on it, and we have to work on more of why I do it and what I'm doing and what I'm hoping to achieve by doing it – why I don't want to allow her to keep feeling bad. My treating her and her feelings, just as mum treated me and my feelings.

But now as I'm more aware of my feelings, I can long and ask the Mother and Father to help me feel the bad feelings more, and to help me express them, and to see the truth they are trying to show me; and I wait, and insights and things come to me further stimulating my bad feeling rather than helping me dismiss it. So I'm no longer looking to use the information to stop myself feeling bad.

And I can see that is really why I stopped feeling like meditating and praying formally over these years, I've still continuously longed for the Divine Love on the go, so to speak, but have not actually sat in prayer longing for it.

This morning I was angry from a dream, and I longed for help to see the truth of it, and I could feel the past temptation to do what I used to do, try and use the information to stop myself feeling bad by using my mind because I have the mental answer. And it was great, I actually enjoyed feeling myself get angrier and go deeper into my bad feelings as my prayer progressed. And when Marion and I finished I was more than ready to start speaking about it all to her.

There are so many ways we deny our bad feelings.

Mary: Most of your parenting is to make you deny your bad feelings. And you learn lots of feeling-denying and so negative behaviour from your relationships with your parents and carers. And as you've seen James, it's taking you years to unravel it all, to break it all down, all the elements of it and to see it for what it really is, what's really going on.

James: As I've said before Mary, every day I am amazed by it all, just how much comes up in me, how much there is to see. That's every day now for these past sixteen years! And only now do I feel like I'm understanding something of it. There are so many layers and levels to it all.

Mary: It is very complex, there's a lot to the psychology of your development as children, far more than anyone on Earth realises. Seven Mansion Worlds worth, and they are all in the negative, so not only do you have to see the truth of all the negative levels within you, but also the positive ones as you heal yourself. You are to see the truth of what is wrong – so why it's wrong, how it all came about for you and how you are keeping it all going; all what you feel about it and how it makes you feel in it; and then you have to work out and feel all the right as that comes to light. And know, why it is right compared to the wrong. So yes, there's a lot to keep you busy.

James: The thing I'm appreciating now Mary, is that once I met Marion and she told me about my need to heal my childhood repression, and something of what was involved in it, and then our deciding to commit ourselves to doing it together, I started to feel less and less like meditating and praying for long periods of time for the Divine Love. I used to fight these feelings thinking that there was something wrong and I should apply myself more, but now I can see that actually my soul through my feelings was leading me out of doing it; and in the end I gave in and thought, well, if I'm trying to live true to my feelings and I feel not to do it, so stop, give up, not keep longing for the Divine Love and wait until I feel

to do it, should those feelings ever come again. And I tried to speak about all the bad feelings I felt about no longer feeling inspired to do long for the Love, but I wasn't much good at expressing them back then. So now I can see it was all right for me to do it, to stop praying as I did, all so I'd not use the Divine Love and all that was told to me by spirits to block out my bad feelings.

There is certainly a great temptation to sit in prayer longing for the Divine Love forever all so you never feels bad again. But I guess as it happened to me, those people who are intent on using their feelings to uncover the truth of themselves won't be able to do that either.

Mary: No they won't. It's more important for you to get on with your Healing, to stay focused on accepting and expressing your bad feelings. It takes nothing time-wise to long for the Divine Love, and one can do that during the day and night, but it takes a lot of time to keep speaking about all you feel, going over the same ground, slowly bringing your story to light, and all for yourself and the other person to see.

James: So although it is wonderful that we can long for the Divine Love, it can be a bit of a trap, our using it to make us feel better and deny more bad feelings.

Mary: Yes, another of the pitfalls you will have to avoid. The Divine Love had to be revealed to you, as that was what Jesus and my coming was all about, so we knew it would make things even harder for you in some ways, complicating everything even more, but it couldn't be helped. And we knew it would be the same when Jesus came to James Padgett re-revealing the truths about longing for the Divine Love, that a lot of people would receive it and use it as yet another way to stop themselves from feeling their bad feelings. But again, that couldn't be helped, the truth had to be given to you. And then such denial of feelings using the Divine Love by those people is what their soul has wanted them to experience, so having it readily available affords yet more feeling-denial experiences for people to live.

James: And in a way really it can be a huge stumbling block in your spiritual growth, this I'm only now starting to appreciate as we're writing this.

Mary: Yes James, that's right it can. However if people come to it through your work, then at least they will be able to see that it can be something to be aware of, and so they can choose to not use it to deny more of their bad feelings.

James: It's a pity that it wasn't all done in the right order, then we'd have been able to fully appreciate yours and Jesus' coming. But really there's no point in saying that, is there, because had we been true, you'd probably not have come to Urantia.

Mary: That's right James; and such speculation even though fantasy does have its place, it helping you to see the true and proper order of how things should have been, and thereby helping to shed further light on how wrong things are for you and how it is so difficult and how you've been made to suffer because of the wrongness.

And as Jesus told you, we knew that we'd be writing all of this with you, and that you'd be questioning us and doing your Healing and so able to discern the truths that one needs to see. That our writing with you like this would pull all the parts together and shed light on the missing pieces of the puzzle. And so here we are now, and we're more than happy with all we've achieved with you. And it's been thoroughly enjoyable.

James: Thank you Mary. And Mary, sorry to interrupt you, but I've got to go and have dinner.

Mary: We'll continue tomorrow should you wish to James.

James: Thank you.

50. My yuk.

(2/5/2013)

James: Mary, I don't know if I'll keep this as a blog post or put in our diary, and I don't even really know what I want to ask you, however I feel like writing and seeing what happens.

It concerns a sort of dream I had as I don't even know if I was awake or not in it, bits of both I think, and not unusual for a lot of my sleep; but somewhere in it I felt really angry about my relationship with J..., how so much of it was so incredible, just a romantic fantasy Prince and Princess life, and yet how so much of it was so bad, our never really just being able to be together, and yet all of this was to do with all my past dreams I've had with her, nothing actually to do with the reality I shared with her, which as you know didn't amount to anything at all. But I've had all this amazing dream stuff with her – with all my past girlfriends, all of which has helped me to wake up to my fuckedness and has led to my seeing so much truth about myself; but this morning, and what I'm wanting to ask you about, is, what is it all about, as I'm beginning to feel my life on Earth is more about my life I've had in my dreams than my actual waking reality. I'm now even beginning to feel like I could cross over into my dream state, and were someone to ask me about my life on Earth, I'd say, oh yes it was so wonderful... going on to recount dreams instead of the actual mundane boring reality of what it has been – the tedious hard grind of never feeling really good. And I'm beginning to feel like, I have sat for ten years at least in front of my fish tank looking at the lovely pair of Nannacara anomala I used to breed, and how much I've loved every second of it, and that's all I ever want to keep doing, continue sitting there looking at them for hundreds of years to come, when the reality was I only had those two little fish for about a year or two and at best might have spent an hour or so after school on some nights and on the weekend watching them breed and rear their babies, not ten years. So I feel like I'm completely losing the plot, sort of fading off, and even wanting to fade off, into my dream/fantasy reality with it becoming my real good life and my real waking life becoming the horrible bad dream I once had. I feel like there's not much of a line between the two, and it wouldn't take much for me to just go off in a permanent gaga state where I'm lost to my mind, floating away with J... and I... and my fish to a paradise of my own dreaming.

And then on top of all of this as I was trying to express my feelings to Marion this morning, I started to feel my calf muscles stiffen up, as if I wanted to bring my legs up into a contorted and twisted state, and then my whole body being bent and twisted; and the more I expressed these feelings, the more I felt like I hated being in mum's womb, and that it was hell, and I feel like I was put through the wringer every moment I was in it, and that by the time they cut me out of her, I was well and truly fucked, that I should have just been stiff as a board, catatonic, so stressed, so full of her fear, so panic-struck; and really I can't understand how I didn't die, how I did go on.

And then worse still, suddenly the picture flashed into my mind of my dying inside her before I was born or when I was being born and her dying too, and oh my god the horror of it all, her being with me in spirit, being my mother and my never being able to get away from her. When all I've wanted is for her

to die, and as she hasn't, now for me to die, so I can be as far away from her as possible, this my oh so loving mother that I used to believe loved me and I loved her so much.

And then I felt like she was shaking me, and in her fury she shook me within and inch of my life many times. And I don't if she actually did, I can't remember, but all fits in with how I feel about myself, even if it's all just emotional shaking.

But lately these experiences are expanding my awareness exponentially to seeing how fucked I am, and how I just had no idea as to the extent of all that's happened to me, and that indeed happens to us all. How deep it all is, and how many depths to it there is, and it's just huge all the horror that's done to us. And we have no idea at all.

Mary: That's right James, you don't have any real idea, which you are starting to wake up now. And all these other perceptions you are having are about that, helping you to move around in your mind, in the psychic spheres so you can gain more of an understanding about how you've suffered. It's also giving you an appreciation of other facets of your mind, your dream state; and as you said to Marion this morning, you are now beginning to feel, even though you can't exactly remember, that you've dreamt all your life and as a young child didn't really know which was your waking reality, the definitions being more blurred as your dreams were so real and in them you mostly felt good. And James what you are feeling is true, you had a very active and intense dream life as a child, as most children do, and remembered them just as you do now. And as you were not wanted in your early life, retreating further and further into yourself, so at times when you were young you were more 'alive' in your dream life than your waking one. Yet still, most of your good dreams you had were to further your denial of how bad you were feeling, helping you block all the bad stuff out.

James: But Mary, I don't want to live a dream life having no real life at all.

Mary: No, not anymore, but you did, it making you feel better than your waking life. You've also been freer so you've believed in your dream life, and so have carried on the two realities simultaneously, living more in your dreams and fantasies than in your real life, with it all being done in your mind. But as you've now given up so much of your need to live this way, you are no longer fighting within yourself about this, so you want to be more in your waking life with Marion because she is there for you truly and you can have a real relationship with her even though not much else happens in your life and you feel bad most of the time. Still, although your relationship with Marion is far from perfect, it is better than feeling always rejected as you felt through your childhood. And so the more you are wanting to come back out of hiding in your unreality, in your dream and fantasy life, so the more you're able to see just how big and important it was for you, how much you invested so much in it, and how much you depended on it to help you through your day.

James: So really it's been my drug, my alcohol, being addicted to my dreams and fantasies to get me through.

Mary: Yes, that's what's helped you block out and anaesthetise yourself to your bad feelings. So it's why your little fish and your sexual fantasies and all the other fantasies you've had about business and creating your own paradise-lake have been so appealing for you. And why throughout your Healing you've had to focus on them all, spending time actually working at developing and evolving them as far as you can with your mind, running them through your mind to their fruition, which includes why you've had to have so many dreams involving your past girlfriends.

James: So sort of like out-working it all, the seeds that were created in me; so I've been able to in a fantasy way, actually experience all I was longing to experience or dreaming of experiencing with those people and the fish. So being denied such experiences, I've worked them all through on imaginary levels what experiences I would have liked to have, even as if I *did* have them.

Mary: Yes, you've had to explore it all, as it's all part of your personality, your creative expression; only it was being, or trying to be, expressed in the wrong place. For people such as yourself James that do have a very active psychic part to their personality, it, along with everything else that has been seriously distorted and damaged within your mind and emotional state, so all of what you've done involving your dreams and fantasies, has been about sorting it out, all helping you decide whether or not you do actually want to live in that unreality or your true waking one, even if they waking one always makes you feel very bad. And as you can't keep escaping into your dreams and running away from the truth that you don't feel loved and are suffering greatly because of that, so your feelings have been keeping the pressure on you helping you break down this fantasy controlling aspect of your mind, forcing you back into having to face and deal with the truth of your pain.

James: And someone like Marion who's not all caught up in her dreams and fantasy stuff-

Mary: She wasn't allowed to escape and so create her alternative reality like you were. You were encouraged to develop it, to fantasise and dream, whereas Marion was strictly forbidden to go off into her own minds creation. She had to remain practically focused on life with her parents forcing her to do everything at home, whereas you were forced into an alternative fantasy life because your parents hardly let you do anything. And I will add, she is just as psychic as you are, everyone is, it's all a natural part of our personalities, only she doesn't actively express it in the same way you express yours. Her's is completely attuned to her feelings and feelings in others, affording her great intuitive insight into her feelings and those of other people. Yours is all mixed up in your mind.

James: Yes, she is very perceptive about the feeling side of things. Sometimes I think she's even in tune with my thoughts and feelings as I'll think and feel something, and she'll react to me as if I've said what I was thinking to her, asking me what was it I said as if she didn't quite hear it, when I hadn't said anything, just thought it.

Mary: Yes, she's very near to being how we are in spirit, being able to communicate directly on the psychic level, for that's how we all communicate in spirit – mental telepathy. And so as everyone can do it, it shows it's a natural part of our personalities, only when you are living focused in the physical world, then mostly you function through your physical senses. The more you heal and develop your soul perceptions, the more the subtle levels of reality come into play. And James, as you're so out of touch with your feelings having been heavily retarded in this area, and coupled with an over-developed dream and fantasy life, so you've got to bring the two back into balance, which is naturally happening as you heal yourself. And once you're healed, then your psychic expression will be driven from your feelings and not as it has been, from your mind.

James: And so like everything, really it's been just another way I've used my mind to have control over myself, over my feelings.

Mary: Yes, and extremely so. However the upside, and there is always a positive side to the negative, is that it's allowed you to be open to this sort of communication with us, with all the spirits you talk to and with the Mother and Father, all of which has helped you to put it all together, that which you are to reveal.

James: So Mary, what will come of it all, my dreams and so on... and I know what you'll say; but as you always say more as well, so I've asked you that question.

Mary: What you know I will say James is that it's not for me to tell you, you'll find out as you continue to grow in truth. And what I will add, is that it's going to be a very satisfying faculty and form of expression, it will bring you immense pleasure once you are fully healed.

James: Mary, as it seems like I have so much to heal, and it will go on forever... so, you're not actually speaking about it making me feel good during my earth life, you mean in spirit?

Mary: Yes, in spirit, although I was saying it regarding your physical life. So to complete the sentence you were starting to write, there will be time left of your physical life for you to experience feeling good having healed all your untruth. You are to finish your Healing before you die, that much I can tell you; and in fact it's imperative that you do, that both you and Marion do. So you're going to be around for a little while longer.

James: It's just more agony Mary, that's all my life is. This morning, yesterday and more so lately, I've been feel particularly wretched, so fucked, like I'm being dragged along a bed of nails. I felt very sick yesterday, so full of yuk, as if I'd been poisoned by it all, that it was in my veins, the poison of mum, that her unloving poisonous blood was flowing through me.

Mary: Which it was when you were in her womb.

James: It's all real, so terrifying – so frightening.

Mary: Yes James, for how else can it be when you are conceived into an anti love environment, and all you want is to be loved; and you are longing and reaching out, yet all you get is rebuffed, told no, it's not for you, we don't want you, go away, go and amuse yourself in your mind. That rejection causes a lot of pain, and that's what you've been feeling more of it lately. And it's all to help you see, which you were saying, the extent of it, of all your suffering, and how little you and most people are unaware of it. And as you've suffered it all through your forming years, so you've formed into being it, and so you think it's normal life, and you've got nothing else to compare it to, you never felt genuinely good, happy and loved. However as you're waking up to your true feelings, they are helping you compare it, and so you're being able to see the complete horror of all you went through.

James: I think that most people wouldn't want to read all I've written on my Childhood Repression website because it would be too confronting, and who wants to feel bad, it all being so negative; and yet I've hardly said anything showing the actual depth of the horror I feel and have experienced, now I think all I've written about it is a very mild and even a gentle introduction to it. And I used to think it was too heavy a slap in the face and I should try and soften the blow somehow. Now I think it's all tame, and really the true pain of it I couldn't begin to write, let alone articulate trying to express it to Marion.

Mary No one can, and it's not to be; however in time as the whole of humanity progresses more in the healing of their evilness, people will be able to have a good go at it, at describing their depth of misery and despair; the hurt, pain and suffering they feel, the anguish of their soul. But that's not for you James, you're to remain more focused on understanding the bigger picture and conceptual side of the Healing. When you come to spirit you'll be able to recount, and to a certain extent. even 're-feel', remember, all your pain, so be able to better articulate it; whereas for now you're just required to have an overall picture of it, a feeling for it you might say.

James: So my complete understanding about all I've been subjected to, and all about my negative state, won't come to me by the time I finish my Healing.

Mary: That's right, it's too much James. And you're to only wake up to it as it was for you as a child; and as a child, you weren't able to articulate and understand it all. So through your Healing you'll do your best to bring all you feel to light, however once you're Healed then you'll see the full horror of it all being able to put it all into greater perspective. You'll be continuing to grow in your understanding and awareness of it all right the way through eternity, only from the perspective of perfection once you're healed of it. Jesus and I are growing daily in our understanding of what evil and perfection are, what love and no-love are all about, as it's all part of our personality experience. And through our interaction with you and humanity, and the humanities of the other rebellious worlds, we are continually growing in our understanding. And as the negative exists alongside the positive, so there will undoubtedly be more manifestations of evil in Creation that's to come, all of which in one way or another we'll all be involved with, it all being part of our experience with our Mother and Father. Our experience with the Truth of Love.

James: Mary I have sort of a belief I guess, that once I'm done with my negative state, once I've healed it, that's it, I'll no longer have or want to have anything more to do with evil, enjoying the rest of eternity as far away as I can from all this horror and yuk.

Mary: Which is understandable James whilst it's still hurting you and making you feel bad. Naturally you want to be rid of it all, however once it has all gone and you feel good and no longer tainted by it, then you'll start to feel very differently about it all. And you won't want to get as far away from it as you can. You will in fact want to go the other way, seeking to understand it more, all of which will help shed even more light on all you've been through. And even though you are currently hating it all, the more of it you can experience, the better, for it will then be there as feeling-memories to help you understand it more and go even deeper into yourself and into what soul and personality are, once you've healed it.

James: Thank you Mary; thank you so much for all you say and all you've told me and all you've helped me to understand. As bad as I feel, I do love it all so much with you and Jesus.

Mary: I'll speak to you after breakfast if you want to continue. Bye for now, Mary M.

51. List

(2/5/2013)

James: Jesus, I'd like to run through a list of things that I have no idea about – strange things that people say have and are happening on the world. Although some of the things are probably made up.

Jesus: Yes James, I'm here.

James: First there's a website that says the channels that post on it are receiving messages from the Midwayers (re: The Urantia Book) and yourself, but to me such messages sound like more of the same mind spirit stuff. And as I've not been able to make any contact with the Midwayers myself, I was wondering if these people were talking with them.

Jesus: No James they aren't, it is as you suspect, just more mind spirit stuff. Nor are they speaking with me, nor did they, as some of their posts are a few years old now. No one can communicate with the Midwayers when of a negative and so evil state of mind and will, which is why you've not been able to communicate directly with them. They are forbidden to communicate with you in your untrue states because your state would have too much of a negative influence on them. They are unlike the angels and nature spirits as in being able to maintain their own self-integrity whilst interacting with you, being mid-way between the ascending mortal soul and an angel, so they would be too easily influenced by you. And so since Mary's and my coming they have been forbidden to have any direct contact and communication with anyone on Earth or in the mind Mansion Worlds. The Celestial spirits work with them, and when you've finished your Healing, then you'll be able to meet them if you want to, but not until such time. And so whilst humanity remains in its evilness, they will do their work unseen and unknown by you.

James: And that work is?

Jesus: Largely affecting the physical world if need be in some way, such as moving physical objects around, all for the purposes of providing the required life experience for people. Working in conjunction with the Angels and Nature spirits.

James: And I sense you're not going to say anymore about them?

Jesus: No, what's said in The Urantia Book is enough to introduce you to their existence, however their relationship is to grow with people who have done their Healing. When people are living true to themselves, so have completed their Healing, then some of those people will have more of a direct relationship with them. And it's for those people to explore and further their understanding about them, it's not for Mary and I to tell you everything.

James: I just thought; so you mean like moving a huge rock around if one should need such help?

Jesus: Yes, they have that power and ability. Moving you around too if they were called upon to do so. You could say in a sense they are more like 'human' elementals.

James: Ok, that's gives me a little more of picture to think about. So for example, they could have help to build the pyramids for example? Unseen angel-like help?

Jesus: Yes. And to help humanity understand about other forces that are at present unknown.

James: So potentially with angelic help, the nature spirits and Midwayers, we don't have to dig up the whole world and put it in dump trucks carting it here there and everywhere.

Jesus: James, you can think about such things for yourself, I'm not going to say anything further as I don't want to condition the future of humanity in this area. Suffice it to say, it is possible with spirit and angelic help to live completely in perfect harmony with nature on the physical world; and that in fact, you need such help to do so; yet such help will never be forthcoming whilst you persist in your negative states.

James: Okay, thank you, that opens the door somewhat for my imagination, and gives me more to think about concerning the next Spiritual Age.

Now Jesus, what about things like pots and vases and mechanical objects, things from civilisation that are found in rock deposits that are way before any civilisation as we know it, being hundreds of million of years old. How do those more modern day things get in those deposits, or are they all hoaxes?

Jesus: Some are real, and they come about by the mind spirits. There have been times in the past when the mind spirits were able to affect the physical plane to a much higher physical degree than they can do now. So they were able to do such things, all to help impress upon humanity that things are not as you believe them to be.

James: Including, as we talked about, things like the crop circles.

Jesus: Yes, mind spirits wanting to impress on you that there are other dimensions of life that are intelligent, such as the mind spirits all living in the Mansion Worlds. And how they make the crop circles is one of the means they currently have at their disposal for influencing the physical plane by applying the psychic energy of their minds by banding together to make such impressions on the fields.

James: So these sorts of things are not done by aliens, beings from other worlds or dimensions who are trying to give us some message?

Jesus: No, not physical worlds, but spirits from the 'dimensions' of mind Mansion worlds. Most of what is attributed to aliens and things coming from outer space is all actually coming from much closer to home as in the mind Mansion Worlds.

James: We've talked about UFOs and aliens in another post so I won't ask you about all of that again. But what about the little body supposedly of an alien that was found in the Chilean desert. It's a skeleton with supposedly the DNA testing showing it's not of this world.

Jesus: It's a fabrication James, however such things can also be relics from the activities of mind spirits. They were, by using their minds, able to create or bring into being certain physical objects during times gone by. You've read about such things being materialised in spirit-circles with good mediums in the past.

James: And what about all these supposed sightings of aliens, these phantom like beings and creatures captured on video?

Jesus: Again, either false, or the mind spirits affecting the film. It's relatively easy for them to make

impressions – images, on certain film; and the more humanity progresses in this area of technology the easier it will become for them to influence you through such mediums.

James: Like people getting text messages from family and friends who've recently died?

Jesus: Yes, all that sort of thing. Many mind spirits want to try and help people on Earth understand there is life after death, only mostly people on Earth refuse to acknowledge it or give any serious credit to it.

James: I can understand if suddenly you wake up and keep living and there is a whole new life there for you to live, that you'd want to tell everyone back on Earth you loved that you're okay, that death is okay, and there's nothing to worry about.

Jesus: One thing James I want to say here is that most of the mind spirit interference is well-meaning, from their side of things at least. If you were to meet them you'd probably like them and even be impressed by their devotion and sense of conviction and their desires to help people, just as there are many well-meaning people on Earth who devote all their lives to helping others. However the truth is, that although it is all well-meaning, it's still all misguided, and is still only helping themselves and the ones they are helping on Earth to remain within their negative states.

James: I understand that Jesus. Some of the work Marion and I have read that Spiritualists have done have some very respectable and well-meaning spirits coming to them and who do genuinely want to help and believe they are helping the people of Earth who are receiving their messages. But still as you say, it's all within the negative, and sure it might console people who've lost loved ones and their pets, and all of that is good and even very touching; and it might help people to know they will see their pets and those they've lost in the new life after they die; yet still I understand, that as it's all in the negative, it's still self-serving keeping them trapped within it all. Yes, Marion and I have, as you no doubt know, had many discussions about it, all we've read from such spirits, coming to this conclusion about it all.

Jesus, do you mind if I change the subject?

James: No James, carry on.

James: Jesus, why do people fall in love?

Jesus: Because of the experiences they need to share together. And you understand that the soul can easily make you feel very attracted to someone else and even to the extent that you feel you are soul-mates, and yet this 'deep love' is also still only an expression of your negative state. And mostly your soul will do this to help you further your negative state, that being what both parties want, albeit unconsciously, and so that great love and attraction they feel for each other will only help them move deeper into their negative states. When you start to do your Healing, as you and Marion have experienced James, the so-called 'love' you feel for each other gets pulled apart, tested, seen for the truth of what it really is; and if false and based on mind delusion and fantasy, shown up for being untrue and then discarded.

James: Yes. I particularly had to give up and break down all my fantasy and false love stuff. It wasn't easy to do.

Jesus: No, because naturally as part of your early childhood pattern you wanted to be loved, to feel

completely and fully loved by your people, and as you weren't, so you had to develop other ways to achieve something that equated to what you believed felt like love, so you could believe you were loved. But it was all false, this being outworked in your relationships with your girlfriends and then finally with Marion.

James: We came to a point, Marion leading the way as usual, to just say we didn't love each other, that we didn't and don't know what love is, that we might have thought we knew, but how could we really know, both of us being so fucked, so we agreed to give up all notions of it. Which was for me harder said than done. I think I'm still giving it up.

Jesus: And when you are fully healed, then you'll be free to love truly and perfectly, free to discover what real and true love is; and I assure you, it will be nothing like what you've experienced, nothing like what anyone will have experienced love to be whilst in their negative states.

James: So even those people who are deeply in love with each other, still love when they are healed will be far better than the love they feel now in their negative states?

Jesus: Yes. You're in an untrue state James, so any love will be reflective of that state. When you are true and perfect, then your love will express that state. And the two states oppose each other and consequently are vastly different.

James: Well I suppose it ought to be, it would be a bit of a let down if it wasn't.

Jesus: You won't be disappointed James, you've not even had a taste of anything like it.

James: Yes, well I've not felt what I'd call any great love. Infatuation that I thought was love, but that was all just part of my fantasies with my girlfriends, that much I at least know now.

Jesus, what about Satan and his influence on humanity? Even though we've talked about the Evil Ones' before.

James: It might interest you to know James that Caligastia and Daligastia conspired to bring into being the Christian religion. (As well as Islam during our Age, the other Eastern religions long ago.) They took some of what I said, added other bits and pieces and weaved it into a from various mind spirits liked the idea of. Then many of these mind-crafted so-called 'Teachings of Jesus' were passed through to various people on Earth such as Paul, who then added and further subtracted with mind spirit supervision bringing into being more or less the form you know it as. So the Bible itself was composed by Satan's lieutenants you could say, with the resulting Christianity being a creation and so expression of the very Devil such Christians fear so much fear.

James: That's sadly ironic.

Jesus: They accuse everyone who goes against them of being under Satan's influence, when in some ways they are more under it than anyone else.

James: So what about the Jews, and why were you and Mary born Jewish? And are they God's Chosen People?

Jesus: They are God's chosen ones in that they were the people that were to play host to the Creator Pair of Nebadon – Mary and myself. And that's all. They were chosen to lead humanity deeper into their evilness.

James: I don't think they'd like to hear that. And they weren't very welcoming.

Jesus: They played their part well. They've turned it around to suit themselves, believing they are superior and will one day rule and dominate the world.

We bestowed ourselves into the Jewish race because they were at that time the most controlling, so the most evil, the most in rebellion against ourselves and the Mother and Father. We had to come and confront evil by being in it, even though we retained our perfection not submitting to it as we've told you, all so we could effectively end it on the spiritual levels knowing what we were talking about having directly been part of it.

James: Are the Jews still the most evil?

Jesus: No, there is not one individual or group or race or culture who are more or less evil now, you are all the same, that being however achieved only relatively recently, and so being part of the completion of Mary's and my age. We've had to wait until you all attained the same level of mind and will denial so we could present our full revelation to you, knowing it is for all people, you all being in the same state of evil, rebellion and default. You are all now in the same boat, and you can squabble over who is the most evil, who is better than the other, but you're all the same. And so each individual, no matter how loving or unloving they might seem, can choose to either continue on in their negative state or start to heal themselves of it; which also can take place on a level of race, nation, society and culture; and so collectively, although all that really matters is the individual.

James: And will all what's said in the Bible that's to happen to the Jews, come to pass?

Jesus: I'm not going to say anything about any of that, it's all part of what humanity will have to experience and work out for itself. It may, it may not, but either way it will give rise to many bad feelings all of which people can use to uncover the truth of why they feel such feelings. As we've said, Mary and I don't want to interfere with you, so we're not going to shed too much light on what's to come in the future. And as obvious as it might be, our Revelation is to all people, we don't favour any one religion or peoples, and no religion is better placed to receive or reject our revelations than another. The same applying to all individuals.

James: And Jesus, what about the Nephilim, who and what are they?

Jesus: They are the remnants and descendants of the Daligastia mission on Earth. They are from where such myths and legends come from, all of which can be read about in The Urantia Book. The Urantia Book points out enough for one to get something of an idea as to how much impact and how influential the Daligastia mission and the arrival of the Adamic Pair (Adam and Eve) were. From the book it's to be understood that all through humanity's history, from time to time you've been greatly influenced by higher spirits, Sons and Daughters of various orders. Mary and myself included. And this will continue. All humanities receive help from higher spirit levels at various times during their evolution. Only for

Urantia, you suffered a lot of negative influence from such higher spirits.

James: Jesus, you surely knew about the coming of The Urantia Book and what was to be in it, so why didn't you align the Padgett Messages to fit in more with it?

Jesus: Because James Padgett would not have believed such things in the first place and so would have doubted me and the Celestials, we'd have lost our credibility. And secondly we wanted to keep it all simple, even simplistic in certain areas because we didn't want to deviate too much from the central messages we wanted to convey and impress upon him. And James, we also knew you were coming along and would take those relevant parts of both the revelations and use them to help yourself grow in your truth and understanding of it all, that you would question such inconsistencies within and between the books, all of which would then help you question Mary and I and so furthering our revelation to you.

James: Hmm, I'll have to think about that.

And Jesus, if you don't mind, I want to keep working through my list, and so asking some of the more basic questions – I feel like I have to ask them.

Jesus: I don't mind at all, Mary and I want to ask us James, so keep going. Your questions are designed to 'flesh out' our revelation.

James: So what about the Ten Commandments – should we adhere to them?

Jesus: Only if you want to remain bound up in your negative states. Of course you can work out for yourselves such things as it's bad to steal and so on, but the part about honouring your mother and father, obeying them, that's where you'll start to question such things when you come to do your Healing. To be taught and told it's bad not to honour your mother and father binds you into being on their side forever, when you have eventually be on your own side. Are you remain always obedient to your parents when so much of how they treated you hurt you and has given rise to all your pain and suffering? Are you keep giving all-power to your parents when all they did was set about controlling you making you subservient to them and feeling powerless? As you grow in truth so too will you naturally grow morally understanding through your own life experiences and feelings what is right and wrong, how to respectfully treat yourself as you respectfully treat others.

The thing is James, humanity can cut out the middlemen, you don't need your religions to teach you how to be. That should all come initially through your family, however as they so often fail you in that regard, then having to rely on something like a religion that bases so much on how you are to on a few commandments is not going to do anything for your souls growth. It's all within you, all how you are to be, all within your soul, all waiting to come out. As you grow in truth, so through your feelings you'll be able to work out for yourself how you are to live, what is best for yourself, what is best in your relationship with others. Your feelings will guide you morally, you'll feel bad if you're unloving, mean, cruel, taking advantage of another person; yet only if you listen to them, if you honour and respect your feelings. So forget about having to always be obedient to your parents or your religion, work it out yourself through your own feelings. Your Mother and Father have made to independent, we are all to work out the truth for ourselves to live through and with our feelings. You are to one day ween yourself from your parents and religion so you grow up become your self-made person of Truth. And so the only reason why you keep having to look to your parents or others representing them to tell you how to live is because your parents stopped you from finding out for yourself. If you need the security of a religion to

be substitute parents or a continuation of your parenting, then you'll never allow yourself to step out on your own, leaving such negative influences, so you can look to yourself, your very own soul for it to show you how to be, how to live, how to express yourself. And as part of starting that way of life, should you want to do your Healing, you'll be working to see the error of your ways, which is the error of your parents and religion, how they made you go against the truth of yourself, against your own soul.

James: So why where the Commandments given to the Jews?

Jesus: For the purposes of control. All that comes from the mind spirits, as I said, and although at times being well-meaning, is still all given so as to gain some level of control. To say you must abide by and obey these rules or else you will get punished by God, is for reasons of control.

James: And what about having pets and children – should we have them, particularly in light of us all being in our negative and fucked-up states? *(Again I'm sorry to go over some of these questions again Jesus (and Mary), however I tend to forget with so much information coming from you that I've asked them before. I've not kept a list of questions I've asked you as we've gone along.)*

Jesus: You are to follow your feelings, that is all I will say about such things. It's not for Mary or I to tell you one way or the other as to how you should or should not be. You are to work it all out for yourselves through your feelings, and if one is sincerely wanting to know what is the truth for themselves, then we've now given you the way to uncover that within yourself.

There are no fixed mental rules for you to live life by. Adhering to your religious traditions and beliefs will only keep you behind more of your self-imposed prison bars. To dogmatically try and adhere to the tenets of your religion, even to die by the word of the Christian God or Allah, will only serve to add yet more internal imprisonment bars.

You are meant to be free to FEEL, to continually express all your feelings, with them leading you to see the truth your soul and God wants you to see about yourself and life. And as you know with your feelings, they are never static, always dynamic, one moment you love something, the next you can hate the same thing, and then in the next you love it again. And you are go with the ebb and flow not locking yourself down in your mental beliefs so you can't allow yourself to move freely with your feelings.

And until you are fully healed, so you'll not be able to move freely with your feelings, so you'll remain trapped behind the self-made bars of your feeling-denial. And you know what that feels like James.

James: More each day!

Jesus: James, to answer your question about having children or not; should you be in that position, wanting to have children and yet worried about how you might unintentionally negatively influence them, then that is alright, it will cause your children problems and you a lot of pain as you do your Healing seeing how you cause such pain and problems in your children, however if you do feel strongly you want to have children, then honour those feelings, don't just assert control over your feelings using your mind to stop you having children. Of course no one likes the Rebellion and Default and all how bad it makes you feel, however if your feelings are strong for you to do something that is going to make more pain and suffering, well so be it. However at least as such pain and bad feelings surface, you can work with them, expressing them and longing for their truth. And that's all you are to do in your life. You can do all good or bad things, all so long as you keep allowing yourself to feel all your feelings, expressing them, and wanting their truth to come to you.

James: I love how you and Mary put it all so well Jesus. Thank you.

There seems to be an endless amount of bars to my self-made prison – so I keep discovering. I had no idea that one's beliefs are so strong. I thought I could easily add or subtract beliefs, and certain ones, sure, yet my childhood ingrained ones, no way. And having behavioural compulsions and habits that I do without any say in them, no control over them, feeling totally at the mercy of them, and feeling so annoyed and frustrated at not being able to stop doing them, not even being able to apply my mind to pretend I can stop doing them... LET ME OUT! I want out of my prison Jesus.

Jesus: It's coming James. Remember you're that elephant taking your initial step over that line by wanting to do your Healing.

James: Yeah, I guess.

And Jesus, can you please comment on Mary your mother being the 'Mother of God'.

Jesus: No need to James, I think you readers can work out the nonsense and untruth of that for themselves.

James: And Jesus, how do we 'Follow You'?

Jesus: By doing as Mary and I told you concerning your feeling acceptance. There is no other way, and it's really very easy. And when you've completed your Healing, which is more difficult, then you will be truly following Mary and I, as you'll be as perfect as we are; meaning, you'll be living true to yourself and of a positive mind and will, and so we'll then be able to guide you further through Nebadon and beyond into the greater Universe of Universes.

And I will add here also James, that you need to want to follow BOTH myself *and* Mary, to be as we are both are, for if you only strive to follow me for example and be as I am, then you'll still not get anywhere. Mary and I are a true soul-pair, our revelation of truth to you is united, so we are as one, one whole package; and so you'll need, as we've told you, to embrace and want help from BOTH our Spirits of Truth to do your Healing. For those people fixated on only myself, they will have to come to realise and understand the truth of why they are and that it is not getting them anywhere.

And to follow us, to activate our Spirits of Truth, to want to be as divinely perfect and of the Truth we are, all you need do is want to uncover the truth of yourself. And if you sincerely want to do that, your longing will lead you naturally into doing your Healing, as that's the only way to uncover the truth that will lead you to be as Mary and I and your Heavenly Mother and Father are.

James: And does that apply to having to accept *both* the Mother and Father?

Jesus: No, not to begin with, your relationship with God is a separate thing between you and Them. That is wholly up to you, for you to work out what suits you best and what feels the best for you. And naturally should you embrace Mary's and my Spirit of Truth then you will follow in our footsteps so to speak, and so will end up relating to God as we do, however that's not to say one should contrive or use one's mind to do so, to be as we are just because you might have read what we're saying in these messages to you and believe it's right to be that way. You are to ALWAYS follow your own feelings, and seek the truth of them yourselves; and as you do, the Mother and Father will guide you as to how They want you to relate to Them. IT'S ALL ALWAYS TO COME THROUGH YOUR FEELINGS. Mary and I and

your relationship with us has nothing to do with your relationship with God – we have no say in it. And you are free to partake of Their Divine Love should you want to whilst it's still on offer through the next spiritual age. And if you don't as yet want to start doing your Healing in earnest. As you receive Their Divine Love, it will help personalise your relationship with Them, and so what name you know and relate to them by.

James: Oh, and that reminds me; some people think the next 1000 years Spiritual Age will be a Trinity Teacher Son (and Daughter; re: The Urantia Book) Age, presaging the ages of Light and Life. But that's not how it will be, is it?

Jesus: No. This is to be a unique (and for very special reasons which we've outlined to you) Spiritual Age. It will not be the forerunner to the ages of Light and Life. Those divine Ages will not happen until humanity has completely healed itself of its evilness, a very long way in the future. This next age, is however in its own right, a full Teacher Son and Daughter age, and there will be other such Ages in future as well.

James: So the Teacher Pair... are already here in preparation for the next Age, or are soon to come, or will come when it begins?

Jesus: Are already here working with various Celestial groups in preparation for it.

James: Jesus, what about the One World Religion?

Jesus: Dreams of certain people James. It will one day eventuate, but that won't be until humanity has fully healed itself – and then it will be the Religion of Truth, and not like any of today's existing religions that are of untruth. It will be the 'religion' you live by once you've healed your evilness, it all coming about as you simply live true to your feelings. It will be as the Celestial spirits live. To try and contrive one world religion in your evilness is only more of the dreams of power-people. It's a nice idea for some people, to affect a wholly united humanity: no borders, no nationalities, all speaking the same language, blending all religions, getting rid of all the cultural differences, having a blend of all the best traits, ironing out the worst, all living the same beliefs, yet it will never work whilst humanity remains in Rebellion and Default. As you are now is the best you can ever be so far as being truly united, which as you know, is not very united, barely refraining from being at each other's throats. Your untruth, erroneous belief and unloving behaviour, your negative feeling- and truth-denying state, will always keep you separate from each other, always vying for power and control over the other.

From your reading of The Urantia Book it is indeed the destiny of a material world, natural evolution on all levels, a bringing together and blending of all people; however it's not going to happen whilst humanity is denying its feelings. That will happen in the far off future when the true blending and coming together will happen; and naturally, not forced or imposed, and with everyone living true to themselves, that being the one world religion of truth, the whole world united in the truth of themselves, the same truths everyone has brought to light from their soul based on their own feelings. And it will not even be a religion as such, for such evolutionary religions will have been dispensed with by then, it being simply the chosen natural way of life, it being how everyone IS, and that being when the ages of Light and Life will begin.

James: So the Lucifer's religion, what was that – True Freedom and Liberation? How would that apply to

the one world religion people are talking about now for humanity?

Jesus: Ideally the guise would be to bring all the worlds religions together, but then to break them all apart making a man-made 'best of them all', and forcing everyone to be part of it, saying that's true freedom and liberation of spirit, it being as many mind spirits are all trying to live. For ideally such like-minded spirits would also like to see the dissolution of the many different religious and spiritual sectors in their Mansion Worlds. So all of humanity coming together – on Earth and in Heaven (the mind Mansion Worlds) united as one. However the true way of humanity fully uniting as one will only come about as I said, when all humanity, people on Earth and all the spirits in all the Mansion Worlds are living of a Celestial level of truth, having completely ended their rebellious ways. When they are all living The New Way.

And it's what you've been standing up to James on our blog, the comments that are trying to entice people to live following those other Jesuses and all that so-called feeling good and loving everyone stuff. None of which you rightly feel is true, it all being yet another insidious, as you said, way of trying to gain control over everyone whilst pretending it's empowering the individual making them feel they have the power to determine and control their lives – their feelings. So they believe they have the power to make themselves be all-loving, to wholly Create Their Own Reality; however as you rightly said in your responses, it doesn't work like that. All of that way of thinking and believing is heading in the direction of the New World Order, helping to bring it into being all under the guise of increasingly giving people more freedom and liberation – all a manifestation and outworking of the Lucifer manifesto, all of which is false. Because you are losing freedom by denying your bad feelings and not seeking the truth of them, and by refusing to look into, face and accept, your childhood repression. And so the individual continues to give away his or her rights to the controlling whole. **To gain your full and true independence, you need look no further than liberating and giving freedom to all your own feelings as you long for the truth of why you're feeling them.** None of what you read along those lines is intent on helping people to go into their repressed childhood pain and deal with it, face it and see the truth of it, see the truth of your relationship with your parents. So that's what you can look for so far as something that might be able to help you move in the right direction of healing yourselves.

James: Okay; and so what about the supposed destruction of the Catholic Church and this potentially being the last Pope?

Jesus: Mary and I are no longer going to comment on anything of this nature to do with your future. We're too near the end of our age now James, so we're going to leave it all in your hands; meaning, we're not going to say anything further so people will remain free to live such things whether they happen or not according to their feelings.

James: Ok Jesus, I understand. I won't ask you anymore about those future things. I'll be able to answer them for myself anyway now knowing what you will say!

And having just said that; does that include asking you about what the Mark of the Beast is and the significance of the number 666?

Jesus: I will say to that James that it's of no consequence. It will do nothing to alter the affairs of mankind as in the way things will go. People will continue to speculate as to it's meaning; but no, Mary and I will not add to that.

James: Okay.

So what about the planet Nibiru, that does exist? Or are you not going to comment on that as well?

Jesus: Same thing. We're not going to say now one way or the other, and we're not even going to tell you in private about such things. It's now for humanity (and yourself James) to come to terms with such things for itself. It's for people to keep honouring their feelings and longing for the truth of them no matter what good or bad things happen. It's all only about the Truth now James. As you personally progress as part of your truth revelation to yourself, so will be included the answers to such questions, so Mary and I are going to leave that up to your soul. There is a right time for all truth and information to be known, and it's not for Mary and I to go ahead of humanity's requirements. And these sorts of questions are now all to do with the end of Mary's and my age, and it's going to be every dynamic times, so we're going to let them play out.

James: All right; then that probably shortens my list of remaining things I was wanting to ask you about quite considerably. So moving on...

Jesus, I was reading that there is an abortion every 26 seconds in America. And then when you include all the abortions in all the other countries, and then add in all the natural miscarriages, that's a huge amount of people who will not have flesh lives, only knowing life in spirit.

Mary: Yes James, and mostly those people (spirits) as they do their Healing have to feel all their anger and resentment at not, and so never, having the opportunity of living a flesh life.

James: Speaking from on experiences, I don't think they're missing out on much Mary.

Mary: You don't know what sort of life they would have had; not that it matters, as they can't and will never experience it. However I will also add James, for the most part, most spirits that grow up in spirit without living in flesh, are very happy with their spirit lives, feeling they are not missing out on anything. It's mostly when they come to do their Healing that such bad feelings about it might come up.

James: I'm sort of under the impression Mary, I think from all the Spiritualists accounts of spirits who didn't have a life on Earth, that a lot of such spirits in many ways feel sorry us, being so limited in our physical bodies.

Mary: Which is true James, only these spirits are still mind spirits and as yet are not wanting to look into the pain of their childhood repression as they do their Healing. For as you understand, that even though spirit life is largely better for many spirits than life on Earth, and growing up in spirit is more mind-loving, still it's all being done within their negative, rebellious states, so they too will have to do their Spiritual Healing.

James: So you're saying such spirits are still subject to the negative state of their adoptive spirit parents or the culture they grow up in within the child nurseries.

Mary: Yes, as they are still all part of the mind spirit worlds, so they are subjected to equally the amount of denial as would they have been had they had a physical life.

James: And I take it that no spirit children grow up in the Divine Love Mansion Worlds?

Mary: No, not as yet. The Divine Love spirits who've wanted to do their Healing through Jesus and my age have had to move into the mind Mansion Worlds should they want to have the experience of being parents and adopting spirit children. Everyone has had to start out on the same bottom line.

However that will change with the forthcoming new Spiritual Age. Those people on Earth who begin and are doing their Soul-Healing, and so seeking to heal themselves through their feeling-acceptance whilst including the Divine Love, should they miscarry or have an abortion or lose a child during its forming years, their foetus or child will move to awaken in the Divine Love Mansion Worlds, it not needing to be completely subjected to the same level of denial by starting off in the mind worlds. So spirits doing their Healing will be able to adopt such new arrivals no longer having to be in the mind worlds if they want to be parents. This being a huge change that's to come to the Divine Love worlds, it meaning spirit children can grow up wholly in the Divine Love Mansion Worlds, not needing to live at all in the mind worlds. And presumably, because of being under the influences of their parents, will want to remain living in such Divine Love worlds and do their Healing when they feel ready, able to visit and even live in the mind worlds if they want, yet not being wholly subject to them.

The parents of those children on Earth having started to heal themselves this way will not have to worry about their children being subjected to such mind spirit interference, as such children will be able to be adopted by spirit parents doing their Healing in the Divine Love mansion worlds. So as I said, no longer will such Divine Love adopting parents need to live in the mind worlds effectively putting their Healing on hold should they want to experience being parents. And many such spirits intending to adopt such 'divine love spirit children' are greatly looking forward to it.

And for those people setting out to do their Feeling-Healing (their healing without directly including the Divine Love), new nurseries will be created to receive their unwanted babies or those that die, being able to be looked after by spirits intent on doing their feeling-healing and so also not having them subjected to the mind spirits and a complete negative state.

It being the same as if those children were to stay alive and so be with their parents who were striving to perfect themselves, live true and heal their negative state, so wouldn't be subjected to so much of the evilness.

Spirits who want to do their Healing yet have been delaying it because they've also wanted to be spirit parents or already are spirit parents, will be able to move with their children in the Healing Worlds. And also mind spirit children will be able to be adopted by Divine Love healing spirit parents. These things being affected at different times reflecting the ongoing changing of the ages, they signifying the technical ending of Jesus and my age and the beginning or 'opening up' of the new Spiritual Age. There is a cross over time, a transition time, a small number of years, in which in effect both ages are functioning together. And we're soon to move into that cross over time.

So it's a very big change, having children in the Healing worlds, the first time during these two thousand years, which you can also imagine James will greater change the Healing worlds themselves. Spirits, like people, will be able to do their Healing with their children, which in turn opens up another vast amount of potential life experience to be lived, a lot more feelings to worked with.

James: Yes, I see what you're saying. Do you want to say any more about that Mary, otherwise I'm going to carry on with my list, it jumping from one subject to another?

Mary: Not for the time being James, later we'll talk more about it, closer to the this transition time. So please carry on.

James: What about the ongoing radioactivity at the Fukushima nuclear power plants?

Mary: It's all part of what humanity is having to wake up to. The deceit, the greed, the power and how it all ends up going against you. It might sound like a good thing having such means of making electricity, but really is it worth it. And as far as the problems it will cause, and there are more to come, I, as Jesus said, won't comment further on that James. It's for humanity now to experience such things with their feelings, with such things all helping to apply pressure to you.

James: And what about the earthquake being an act of terrorism and not just a natural event?

Mary: Same thing James, it will come to light, all that's hidden, and in the end people will be able to decide and see for themselves what they think about it. It won't as such change humanity for the better, that can only happen as people do their Healing, however as I said, it will add pressure to people with more people no longer wanting to live in and be apart of the evilness as they seek to heal themselves of it.

James: But what about all the radiation and its pollution and how it effects nature?

Mary: That will all be controlled by the nature spirits and angels, all as I said to keep the pressure on you, so people will keep questioning things and getting angry about how things are going. It will also be put to good use so far as helping those creatures and those elements of nature that will benefit from mutations brought about by it. It's all being taken care of James, you have nothing to worry about; not that you can do anything about it anyway, it all being part of what will help future humanity do its Healing and grow in truth – grow spiritually. However should you worry about, then you know what to do with those bad feelings.

James: I was reading an article that said thoughts and emotions have the power to create and control disease and heal it, more so now than just genetics as was currently believed.

Mary: The physical side of it (genetics) is only the means by which such thoughts and emotions seek to express themselves in the physical. It's always what you are feeling and what you are not allowing yourself to feel that determines your state of health on all levels. It all comes back to your feelings James, always your feelings. If you deny feelings, you are sick, you are already ill, you are already dying and in a state of breakdown, you are rejecting: yourself, your soul, your true personality expression; and so nature will seek to play its role on the physical level by helping you to feel bad so you can uncover the truth of such feelings. However you are designed to be able to live a long time in your sickness as you continue to deny bad feelings, and to even by all accounts for you to be declared and considered healthy on a physical level, however if you persist in living in your negative state, you are still technically sick. Your soul is sick, your spirit is sick, even though you might be enjoying good physical health. And your mind will be filled with feeling-denying beliefs and that is sick. And by denying all your early childhood bad feelings keeping them all locked up in your childhood repression is sick, so you are mentally, emotionally and spiritually sick. Only you don't understand that, nor do the mind spirits who don't have to worry about having a physical body that might show some sign of things not being right.

Your soul 'makes' you sick, which means it 'allows' your disease to happen, it brings it into being within you, it governs all such manifestations or expressions of you being one of its two personalities. Your soul is orchestrating it all, be that something that ends up killing you, or is a mental disorder, or just a common cold, and all so you can, should you want to see the truth of yourself, use those bad feelings to help you

see it. And if you don't, then you are rejecting your soul (yourself), rejecting your own inner expression that's trying to show you, you are going the wrong way. And so if you 'get better', if you 'heal yourself' by using some mind technique including mind derived healing such as man-made medicine; and even if you might die and move to live in your new healthy disease-free spirit body in the mind worlds, still all you've really succeeded in doing is adding yet another layer of feeling-denial to yourself, and so yet another layer you will one day have to work through as you do your true Healing.

James: So as we've talked about before Mary, we're doing it all to ourselves, our soul is enlisting the help of outside bugs when needed.

Mary: Yes, nature is there only to serve you, to help you grow in truth. So if you want to live continuing to deny truth – the truth of yourself, refusing to live true to your feelings, then it will help you go that way. If you strive to uncover the truth of yourself through your feelings then it will assist you that way. As Marion and you have found through your Healing, you start to feel sick, as if 'you're coming down with something' all of which makes you feel bad giving rise to more opportunities to express those bad feelings and to move deeper into the truth of your childhood repression and feeling-denial; and once the truth has come to light, once your 'sickness' has done what it can to help you grow more in truth, then it goes away, the sore throat goes, the cold never actually coming to fruition.

James: Yes, that happens all the time to us. Somethings come and go very quickly, other things have lasted easing off and coming on again for years. Neither of us have had cold for these past sixteen years, but we get sore throats that make us feel like we're about to come down with something as you said, but as we talk about it all, you can actually feel yourself expressing it out of you, all that's causing it.

Mary: Yes, and all your preventative medicine, such as getting your annual flu shot is only stopping yourself feeling those bad feelings your soul would dearly love you to accept, express and seek the truth of; instead of denying them before they even start coming up in you, all which actually is only making you sicker. And which is only adding more layers to the 'onion' of your negative truth and self-denying state. It's all around the other way to how you believe things are and should be and try to live, as you are living opposite all that is right and true.

James: And what about eating all the right foods, ones that boost your immune system and are high in this and that; being a vegetarian, and so on – controlling your diet hoping you'll be healthier.

Mary: It's all the same James, all to prevent what you fear might happen, fearing you'll have more bad feelings. It's too keep those dreaded bad feelings away. Imagine living wanting your bad feelings and so not doing ANYTHING to stop yourself from potentially feeling them.

It's all the same thing, being scared of something and not facing those fears by accepting that you are scared, not speaking all you can about why you are scared and how feeling scared makes you feel, all whilst you long for the deeper, hidden truth of such fears to be revealed.

And of course, eating the right foods and not killing animals subjecting them to your will, is something you would do should you feel better by not doing it, yet all such things should come naturally through your feelings as things you want to do as you grow in truth – and NOT as things you think are a good idea to do by using your mind. It's not about saying that you should or shouldn't do this or that, it's for each person individually to grow in truth through their feelings so their feelings lead them along in life – so you feel what is right for you and what you want to do in each moment, in each experience. And

accepting that your feelings might change; for example, you might feel you don't want to eat meat, it being the last thing you could do let alone actually kill an animal yourself, and yet the next thing you know your feelings are leading to eat meat for some reason, which you can long for the truth of. Life is to be lived open to the fluidity of your feelings, allowing yourself to move with them so you can have the necessary experiences your soul requires, all so you'll keep evolving in truth. And if for example in the case of eating meat, your truth quickly or slowly leads you to living the truth of not wanting to eat meat, and that truth only grows stronger in you over the years, well that is the truth your soul wants you to express, it becoming the truth of yourself.

And should you feel you no longer want to eat meat, you will have expressed all your feelings and uncovered the truth that leads you to feel that way. It's not to be a mind thing (I can't stress that enough) something that you do because you believe it's right or wrong to do; it's to be a feeling thing, yet feelings that come from the truth you are evolving and growing in as you accept, express and long for the truth of your feelings. I know we've repeatedly said this, but we want you to understand how important it is. It should all be through and from and with your feelings, with your mind keeping out of it as much as possible. Your feelings are to lead and with your mind in support of them, not in control of them. You can't dismiss or stop your mind altogether, and you're not meant to, it's just meat to function the right way in relation to your feelings.

So Jesus and I are not going to give you rules to live by: 'Thou shalt not eat meat, thou shalt be a vegetarian'; I think you're a bit beyond such silly mind games now. But we will keep repeating to start accepting all your feelings and use the truth that comes from such self- and feeling-expression to guide you. And James, as has happened with yourself and Marion, you both loved having your roast chickens from the supermarket when your first met. It was easy and convenient for you, it suited how you needed to live back then so as to work through all the bad feelings during those years that you did. Then because of that work you gradually moved to loving nature more, and because of that you started to become more aware of the atrocities involved with factory farming and how those chickens you so loved to eat were kept and ill-treated. And gradually you've both changed moving toward becoming more vegetarian, all being brought about through your feelings. And all naturally, you've not forced yourselves, and you James have stopped and started, stopped again. So now you no longer want to eat those roast chickens, and that's how it's all to go, it's an evolution as you grow in truth. And mostly it happens slowly, there are vast amounts of unexpressed repressed bad feelings and emotions for you to liberate from your forming years and childhood. And there are a great many beliefs firmly in place preventing you from having access to these bad feelings. And there are many behaviours you habitually do keeping it all in place, and so there is a lot to change within you, along with your physical body having to adjust to having its supporting mental, emotion and spiritual systems broken down and re-built. So your Healing is not a small thing, no ten simple steps or rules to adhere to and you're on your way and 'just put a smile and your face and be happy and be loving' and everything will be all right. This is a very serious business, you are Healing yourselves of your whole negative state, and because it's negative, all you are doing is against yourself, you are fighting yourself, doing your darndest – if I may use that word – to stop yourself being as naturally healthy as you would be should you be living true to yourself and so true to all your feelings.

James: So if we want true health Mary?

Mary: Do your Healing.

James: Mary, what about Indigo Children?

Mary: A fantasy James. A product of parenting and wishful thinking by the parents hoping their child is exceptional in some way; nothing extra exceptional concerning the soul itself, you all are exceptional souls being children of your Heavenly Parents.

James: And what about LENR - Low Energy Nuclear Reaction or cold fusion, which is supposed to be the perfect abundant, cheap and safe energy source.

Mary: There will always be new energy sources for mankind to discover, however it's more about how they will be used, the powers that be who would want to control them. And whilst there is a lot of money to be made from the existing power sources you have, so they will be maintained – governments and industry don't live for the good of humanity despite what they might say. When humanity starts to heal itself, to turn the corner and once and for all start to reject its unloving ways, then such sources of free energy and new ones unknown will be made available to you. And as you've thought to yourself James, having such a cheap and abundant energy as LENR would only surge mankind's material progress forward faster than it is, which would be detrimental to nature as humanity moved deeper into its negative state. And it doesn't matter now anyway, other factors are soon to come into play easing the burden on natural resources.

James: The Maitreya? Mind spirit fun and games.

Mary: Fantasy.

James: The Mahdi or Twelfth Iman? Supposedly as I read being the same person as the Maitreya – the new World Spiritual Teacher who is coming to save us all.

Mary: Fantasy, as in who and what they say he is. However he will be appointed, they will create him – self-appointed.

James: Messiah coming to save us?

Mary: Fantasy. There is some hidden meaning underlying it, however that will come to light all in good time. But it has NOTHING to do with Jesus and I. This now is the completion of our Second Coming of Truth as was promised by Jesus two thousand years ago; this what we're doing now with you James, and following on from what Jesus and the Celestial spirits did with James Padgett and including The Urantia Book – the whole package.

James: So you mean there is some element of truth to it?

Mary: In that Jesus and I have returned now as in these messages with you as I said, and have as Jesus said, revealed the way to save yourselves. And of course Jesus is not going to descend out of the clouds and save the faithful.

James: And what about all the stuff in the Book of Revelation in the Bible?

Mary: Leave them to it.

James: And would you like to comment on all the people saying they are you or channeling Mary Magdalene?

Mary: Ignore them. Just more mind spirit stuff.

James: And what about Luke 14 25-27: *25 Large crowds were traveling with Jesus, and turning to them he said: 26 'If anyone comes to me and does not hate his father and mother, his wife and children, his brothers and sisters—yes, even his own life—he cannot be my disciple. 27 And anyone who does not carry his cross and follow me cannot be my disciple.*

Mary: As you will uncover, feel and see about yourself, when you do your Healing. It is well worth studying this in the light of all we've been saying, it reflecting all you've found for yourself James through your Healing.

James: It doesn't seem like something the 'loving' Jesus we all know would say.

Mary: That Jesus being a fantasy. It is however the truth the real Jesus spoke. And he said more about such things, all of which have of course been removed from or not included in the Bible. "Of course" because the Rebellious Ones didn't want people to live any of the truth Jesus taught properly.

James: I'm amazed this part remains in it.

So Mary, what about people being a Starseed, ascending with Lady Gaia, free forevermore in the Golden Age.

Mary: Fantasy. Just another avenue of trying to feel better about yourself, trying to gain more power, using your mind to control and deny yet more of your bad feelings.

James: And people believing that we have a Higher Self that is somehow in control of us, even being stationed on living in the Mansion Worlds, with all of the 'mes' going out reincarnating, returning to it upon my death.

Mary: Fantasy. You have certainly a potential higher 'you' as you grow in truth, and you have your Indwelling Spirit – a spirit part of God that indwells the higher part of your mind; and you have a higher and lower mental and emotional system, but not a Higher Self as it's said to be, that which is in control of you in some way. Your soul is your greater potential, it expressing your evolving personality in Creation. It is always in control of you despite what you might think or believe your mind is up to or capable of.

James: More on the Nephilim, as I read they are meant to be the result of man and angels having sex – I think? The offspring of the sons of God – and giants. And: Genesis 6:4 *The Nephilim were on the earth in those days, and also afterward, when the sons of God came into the daughters of men, and they bore children to them. These were the mighty men that were of old, the men of renown.*

Mary: As Jesus said, read The Urantia Book to put all that mythology and fantasy into its right perspective. Men and angels of course can't have sex. Men, as in indigenous man, and descending men and women (Sons and Daughters of God) from the higher spirit realms, such as the Daligastia delegation and Adam and Eve, can have sex together producing virile offspring some of who entered into child-producing relationships with the indigenous peoples.

James: Pole shift, Antichrist, alien activity on Earth, Avonal; what Jesus said – no comment?

Mary: That's right.

James: Thank you Mary (and Jesus), that about completes my list.

Mary: If you want to ask anymore questions James, don't hesitate to ask.

A few days later

James: Yes Mary, there is one more thing I've come across, that being some people have given the name Nebadonia to the Divine Minister. The Urantia Book doesn't tell us Her personal name if She has one, and I don't feel Nebadonia is right.

Mary: It's not James; and when the time is right She will tell you Her name; and yes, She does have one. All spirit and angelic personalities that one can interact with have a personal name. Some such names may be numbers, but they are still a personal means of identification. In our Mother and Father's Creation everything is very personal.

However, for the want of a name, Nebadonia will suffice.

James: Okay; and also, from The Urantia Book you assume that She is the partner of the Creator Son, so as some people say, She is wed to Jesus, but as I see you Mary and Jesus as partners, so really it's your united-as-one Spirits of Truth that is the true partner to the Divine Minister, not Jesus or you and Jesus.

Mary: Which is right James, and which is why we liberate our Spirits of Truth, so then everyone in Nebadon can be attended to simultaneously by Jesus and my Spirits of Truth, they as one representing the Eternal Son; and the Divine Minister, She representing the Infinite Daughter Spirit. So you are guided by these two Deities through their local universal spirit representatives. All of which allows Jesus and I to be free to attend to other personal business in our universe as we can't of course attend personally to everyone at once should they need our help.

James: And finally Mary, what about people claiming to be in contact with some of The Urantia Book writers or personalities in the book like Machiventa Melchizedek and the Divine Minister Herself?

Mary: Some people will in time be able to speak with such universal personalities should it be part of their soul growth, however I will stipulate that it WILL ONLY BE WITH PEOPLE WHO HAVE HEALED THEIR NEGATIVE STATE OR ARE FIRMLY COMMITTED TO DOING SO. Certain events, such as our writing this blog together and by you making it public James have now changed the status of such things, so from now on technically this is how things will be. Up until now, a few people have had personal contact with some of the personalities in the book, including Jesus and myself, however that will no longer happen now we've completed our revelation to mankind through these writings with you James. So anyone who claims they are speaking with or receiving messages from such personalities will be speaking only with the mind spirits. And the name Nebadonia was also given to humanity by the mind spirits.

During the forthcoming Spiritual Age as we've told you, there will be a heightened spiritual input, so people who are living The New Way will have more personally to do with such higher spirits. And we

can't tell you anything more about this now James, however later in your Healing we will.

James: Thank you Mary.

52. Feeling introspective

(2/5/2013)

James: Mary, Marion asked me to see if I could find pictures of people she used to know on the Internet, she wanted to see how they'd aged and what feelings they brought up in her. I found one of mum. And not having seen her for about seventeen years now, and seeing how she's aged, what I was struck by was the sadness I saw in her, how she looked made me feel very sad. And in speaking about all my feelings over the next couple of days resulting from seeing her picture, it's helped me get more in touch with my rejected and unloved state and how sad I feel about it. How I feel, I feel mum felt the same way about herself with her parents, but she couldn't allow or didn't want to allow me when I was young to come and be with her in her pain, she pushed me away, possibly in the belief that she was being nice and loving to me, even protecting me, by saying when she was crying: "it's all right, there's nothing you can do about it and it's not about you, you go and play, I'll be all right", which of course now I can see she was saying to herself, to her own bad feelings, not fully allowing herself to feel them. But the effect it had on me was it made me feel even more rejected, she didn't want me, my love, when she was in her bad state, so I withdrew fearful of her bad states and not wanting to feel more rejected, and trying to do everything so as to never upset her. I thought it was my doing that made her feel so bad, because what else can a young child think, me being not aware of the greater world and other people and all mum might have been feeling – feeling so alone with just me and not feeling like anyone was there to love her, all how she felt when she was young. And it's all helped me to see just how sad it all is, how sad I am, how sad she is, how sad dad, Gran and Reg, Ita and Collis my other grandparents, how no one felt truly loved, everyone felt rejected and lonely, with all their relationships being a contrived and desperate attempt to fill in the gaps – the holes of feeling so unloved.

And that's how I see everyone now, even those people who did receive some love, who weren't pushed away, who did feel effective in their lives and are so as adults; but still as you've said to me all along, right from the very beginning, it's all only partial, and it's not full and true and real love. And everywhere I go and with everyone I speak with, I can see the sadness in them, feel the tragedy we're all living in, and feel how we all feel to some degree unloved and are without any hope of ever having that love without doing our Healing.

And as Marion said, there are really two parts to it once you strip away the false outer show and face of being happy and feeling good; that being, all the unexpressed bad feelings and emotions contained within what we call our childhood repression – all those terrible feelings from our early beginning we are keeping repressed within us and refusing to acknowledge; and not feeling loved as much as we needed to feel – not feeling loved at all. With of course our not feeling loved giving rise to all our horrible bad feelings we don't want to face.

And daily now it is all helping me to see, that all about this, all you and Jesus have said, is very real; and in fact so much so, and so terribly so, that it will take me personally many years to come to terms with it, and I imagine all of us – collectively, aeons.

Mary: Yes James it will. As we've said, it's no small thing. And it deals with the very fundamental building

blocks of your being. And they all have to be broken down, seen for that they are, and rebuilt – no small process.

James: And also going back to why we have things like colds, and from other things Marion said, I could see that really when we have a cold with our body making us feel miserable and depressed, with all the snot and running wet yuk coming out of us, that it's showing us that really that's how we feel deeper inside, sad and miserable, unloved, rejected and alone. And that those deeper buried and hidden bad feelings from our early life that are all still within us, are as you said, making our body show signs that things are wrong by making us be sick, contract some disease, all showing us the dis-ease and discontent within ourselves. And that really we should allow to happen that what we're the most scared of, submitting to it and letting all that yuk and snot and tears and crying overwhelm us, allowing it to come pouring out as the true expression of how we really are feeling underneath all our falseness. And to not do that, to not express all the misery and seeking the truth of it as you and Jesus have told us we can do, but to take pills and get on with it, stopping ourselves from feeling bad, beating back our cold, defeating it with our mind and mind-made solutions, is all just keeping all that sadness within us, not letting any of it out. And that we only do that to ourselves because as young children we were taught and told that it was bad to cry, being made to feel we weren't wanted even more when we cried. And it's all such a crying shame, it really is. To see how many little children are just pulled and pushed around with no real consideration for their feelings. And perhaps not all the time in their families, but enough, enough to make us feel somewhere inside ourselves that we are not right, that we're feeling bad, and all because we feel unloved.

And that really, we, humanity, should just call it quits, declare a holiday forevermore, whilst we all set about allowing all our tears to come pouring out of us. And then we might have to build arks to rise above the flood-waters of our own making. It must be incredible to be in the Divine Love Mansion Worlds, there with all those spirits who are intent on working on themselves, letting their bad feelings surface and expressing them.

Mary: It is James, very moving. The whole atmosphere is one of pain, yet diffused with care, support, deep concern, and real love. There are many Celestial spirits attending those spirits who need their care; and as you can imagine, the best part of it all is that one is not alone in doing one's Healing, you know there are whole worlds full of other people (spirits) all who are working on themselves allowing themselves to feel their pain. There is great sympathy and understanding.

James: But Mary, what about those people who might choose to do their Healing but don't have such a support network, having to battle away on their own.

Mary: Like you and Marion, real pioneers, with much to be gained from the experience of having to completely rely on yourselves, on each other, something that all of us who have been observing you both have been in admiration and awe of. It is a lot to ask of the individual, however there is simply no other way, and it has to happen and be that way for some people, but in time as more people choose to live that way, so such support systems will develop without them feeling so alone and having to go it alone. And as you now know, you can be with someone such as Marion, and you are both working to express all you feel, and yet still as part of how your feelings make you feel, you feel still very alone. So with people or not, if you felt alone during your childhood when you were with people, you'll still feel alone.

So even within the Divine Love healing worlds, even with all the support and knowing there are many other spirits similar to yourself; still, it is all just about yourself and your bad feelings, and when you feel

alone, isolated and so unloved, it doesn't matter how many like-feeling people or spirits are around you, as they are not you, not having anything to do with you, and so it's only yourself with your partner or friend.

James: Yes, of course, I see what you mean, even with Marion there to willingly listen to me, she may as well not be there when I feel so alone, as that's how I felt back in my childhood, all by myself and with no one wanting to be with me and care about me. When those intense and dreadful feelings let up a little or pass, it is so good having her there to discuss and speak about it all with, I couldn't do it by myself.

Mary: You are not meant to be alone, you need someone else to express all you feel to so as to keep bringing yourself out into Creation, to keep individualising your personality. However it might be necessary as part of one's Healing that one does most or even all of it alone, expressing all you feel to the air or your Mother and Father.

James: Mary, this morning I feel much more in touch with my misery and sadness. I can see that over the years I've expressed possibly most of the emotions of it out of me, leaving me now with an overall sadness and knowing the truth of it. And I don't feel at the moment, possibly most of that too I've expressed out of myself (or it's just a pause before I'm taken deeper into myself to connect with and express more of my yuk), anger for mum, dad and Gran, for any of them, because they were fucked, we're all the same, and I can't see that any of them would be able to say they had wonderfully happy lives. I'm just feeling how tragic the whole thing is, how sad, and it all makes sense as to how I've always felt yet refused to see and acknowledge. And yet these currently bad feelings of sadness are also making me feel good strangely, good that I do understand it all. So at the moment I no longer feel angry with them, just sad and sorry for us all.

Marion is saying that no matter what we might try and present to the world, it's all a tragedy for us. And that we're all in the same boat, we have no choice, we are how we've learnt how to survive and it's all so sad. And that the parent has had a tragic upbringing, and then it's tragic again what such parents do to their children as one comes to understand through one's Healing. And that really no one intends to do anything bad, it's all out of our control. And even people who do bad things, still they can't help themselves, they being how they are because of what's inside them to make them be so bad and able to do such bad things. And we wouldn't do such terrible things if we didn't have such a huge amount of horrible stuff inside us, all the terrible stuff that was done to us.

So it's a day for reflection Mary; and with my feeling getting stronger that you and Jesus are leaving us, that we're really on our own in many ways now, so it all seems quite appropriate for me, to gain more of a feeling for and understanding about how bad a state we are all living in, and yet all refusing to see.

Mary: It's the truth James, you're feeling more connected with the truth that's evolved in you through these Healing years. And as you're no longer fighting it, no longer trying to reject it, so as you said, you can now just be in it, as you are it, it being the truth of your negative state, the truth of your evilness, that being what Jesus and I are helping you to understand.

James: Yes, well, I do feel I have even more of a better grasp and understanding of it now Mary. And for the first time in my Healing, I'm actually looking forward now to what else I will feel and see. As I said, I'm feeling not so scared of feeling bad, not as much as I was, because I feel so much of my repressed bad feelings I've liberated; so now instead of being pounded day in and day out by them, feeling so miserable and depressed and down my hole with no hope of ever coming out, now I feel in a way better about it all. And not 'on top of it' as if my great struggle is easing, but just accepting of it, not trying to

run away from it anymore, just being it – as you said, being me as I feel I am, as it is me.

Mary: Good James, it all sounds very good and I'm happy for you, we both are. You and Marion have worked hard at it, and it's good to see it beginning to come to fruition.

James: Thank you Mary, but knowing how it's been, I'm probably in just one of my better times, even though right now I'm still feeling very sad about it all. And before I know it, I'll be plunged back down my hole feeling overwhelmed by yet more pain, misery and despair. But I don't care, if that's what's to happen, good, as I want it all to come out. And I am feeling the benefit of it all now, much more so each day. And I know it's a real thing – the doing of our Healing; and as hard and gruelling as it is, I would encourage anyone, should they ask me, to do it.

And also I'm enjoying feeling more introspective. That too I've always fought in a way. I've always believed because it's what you're told that it's a wrong and a bad way to be in life, that one has to be outgoing and not morbid and so self-absorbed in one's own depressing feelings. But to have now sunk into them and having no idea what to expect, having no idea of just how deep my misery and sadness is, and to have now been in them for so long, and to feel all they've made me feel, and now to feel like I'm starting to come up out of it, or change not feeling so affected by it, has been an incredible experience. And to see that our bad feelings are not the scary monsters there waiting to gobble us up. That they are just a part of you, there because you felt bad; and as shocking and scary as those bad feelings are, you still keep going, you aren't annihilated or left totally alone to drown in them. All so long as we do what Mary and Jesus say – this much I know now; that we keep talking about them and want to see the truth of them, the talking about them being so important, to get all that yuk energy of them out of you.

I can see that I was lucky in that I was so shut-off from my bad feelings, that I believed I didn't feel too bad, and then when I did start to break down, Marion came into my life having the experience and know-how to help me express them, and to be there as my friend to receive them and to help me understand it all. I'd sure hate to be, as she was, full of them most of one's life, surrounded by them, full of them, struggling to keep one's head above them all the time, and with no way to properly deal with them, with no friend who understands that all such darkness comes from one's early life, and that it can all come out of you if you want it to and if you want to connect with it and see it for what it is – see the truth of it. It must be so difficult for those people who are always immersed in their bad feelings never feeling they can escape or get a moments peace from them. And I would like to think Mary, that one day all you and Jesus have been saying is made more readily available to people so everyone can at least understand there is way out if and when they are ready to take it.

Sorry Mary for doing all the talking...

Mary: Not at all James, it's all better out than in; and as I know you'll say it all to Marion, that's what it's all about and what it's for, all to help you heal yourselves.

James: Well Mary and Jesus, thank you again very much. I'm going now; more to talk with Marion about.

Mary: Speak to you soon James, bye now.

53. Mary, and the New World Teacher

(5/5/2013)

James: Alright Mary, I've been feeling you pressing me to write about this for some days now, so please go ahead.

Mary: Yes James, I have wanted you to write what I want to say, as it completes the revelation Jesus and I want to give to you.

James: Okay, so there is to be a higher Son and Daughter coming to our world so as to orchestrate the crossing of the spiritual ages, this being prophesied by just about every religion from what I can understand for the End Times; but as usual, with no one really understanding about it?

Mary: That's right. As you understand from reading The Urantia Book, there are higher spirits that come to the material worlds to ensure the changing of the age goes as it should go. And this time in humanity's evolution is no different.

James: I'm sorry Mary if I feel rather groggy, but I feel very strange today, very tired, my lower back is bad, and I feel more fucked than usual.

Mary: It's all right James, as long as you want to write...? Then we will, your state doesn't effect our writing together. But if you find it too difficult and would rather do it another day, just say so.

James: I will Mary, thank you; but as for now, I feel like struggling on.

Mary: From reading The Urantia Book you understand there are various orders of Sons (and Daughters, that are not included in the book), these being classed as being of a descending or ascending order. All of humanity are of the ascending order – sons and daughters of truth, with all people of humanity having souls created to evolve in truth, that being to Ascend in Truth to Paradise. Angels it can be said are 'sons' and 'daughters' (or positive and negative – but not as in good or bad) of Mind. You are as men and women – really spirits of truth who are masculine and feminine, in that your whole drive in life is to bring your personality into being, that being achieved through the ongoing full expression of your feelings, whilst you long for and uncover the truth of them – you growing or ascending in truth. And so when you are not doing this, not living true to yourselves growing actively in truth daily from your experiences and all through your feelings, you don't feel good, and are in fact living untrue and against yourselves, so are false and therefore evil. Anything that stops the full expression of personality is wrong, and so evil; and the Rebellion and Default imposed on you, was all designed to stop you doing this, all by making you wrongly and deludedly believe that your mind knows better than your true feelings, and if you live by using your mind to control everything, you'll be much happier than how God has created you to live. And so you do your best trying in vain to convince yourself by using your mind that you are happy and loving, when you are not. This being what you are to wake up to either now whilst still of flesh or sometime during your Mansion World spirit life.

James: So all men and women are really striving, unbeknownst to us, to grow in truth through our feelings, and all the way up and in through Creation to Paradise, this being the first leg of eternal journey, as The Urantia Book points out?

Mary: Yes. With your soulmate you are soul-pairs of ascending order, and when you come to live true to

the type of creation you are, that being achieved when you've healed yourselves, then you will feel all happiness and love as everything will be working the right way for you, you'll be at-one with your soul and working against it.

James: It does make sense. If we're not fully honouring ourselves so living untrue, then we're stuffed.

Mary: Yes you are, well and truly, and far more so than anyone currently appreciates. You are all going rapidly backwards as it were, against yourselves, whilst you all believe you are going forwards.

James: Okay; and because we're so blind to our condition, then we need higher help, that being, outside help that is true and aware of our state and not of it, to shed light on it for us. Which is you and Jesus.

Mary: Yes. And more than that. You also need for this higher help, a higher Daughter and Son, to come and actually become part of it, to be just as humanity is, to become of the suffering, to have a negative state of mind and will, go be incarnated into a families taking on all the yuk and feeling- and truth-denial of those families, so they too will know what you are suffering from first hand experience. And then with their greater understanding, awareness and insight, they will be able to shed light on how you might go about extracting or Healing yourself of your negative state. And this is where the descending orders of spirits come in.

Now The Urantia Book tells you there are two orders of descending Sons (and Daughters): those heralding from Paradise, that being, of Paradise creation, who can actually incarnate (bestow) themselves on material worlds like Earth.

James: Okay, and so you mean, the Creator Pairs and Avonal Pairs?

Mary: Yes.

James: But first Mary, because The Urantia Book only speaks about the masculine, the Son, would you please confirm that there is indeed a Son *and* Daughter, and it's not just something I've made up because it all sounds nice having both.

Mary: You've not made it up James. Jesus and I are one such pair. The Creator Pair of Nebadon. I am the Creator Daughter; Jesus the Creator Son. However I have remained undisclosed, as have all the female partners of all order of descending Sons and Daughters.

Your feelings have led you to uncover such truth for yourself; and because of this, this being achieved through and as a consequence of your Soul-Healing, Jesus and I have been able to come and confirm it for you. However, as with all we write together, you can only take my word for it; and as you can't tell truly whether I am who I say I am, so you can only go on what your feelings tell you and with an amount of faith in those feelings based on the truth you uncover within yourself. However as you grow in truth, all will be revealed to you through yourself; and if it confirms all Jesus and I say through you, then so be it, you will undoubtedly live it as your truth; and if it doesn't, then you will live whatever that is you are led to live.

James: I understand Mary, and I'm taking this on good faith, and that it's all just for me, and it's all my stuff, and if readers want to believe it that's up to them; and if they do their Healing and come up with the same truth, great; and if not, well surely somewhere along their path the truth will be revealed for

them. And if I've got it all wrong, then somewhere along my path I too will reveal the *true* truth for myself. And if I have to give up all my stuff as I am shown and led to feel it's not right, then I assure you Mary and the reader, I will. However, so far, the further I go in my Healing, and even though I feel still like shit a lot, I am overall feeling so much better and happier within myself and in my ability to express myself, so I feel I'm going on the right track. And the more you say Mary, the more I understand myself, it all making even more sense every day. And nothing you and Jesus or the Celestials have said over all these Healing years has contradicted itself, it all adding to the picture of my understanding. And I've tried to poke holes in it, but I can't do it or find any.

So let's continue Mary, sorry about that. I do feel good about it all; and so far as I'm concerned, it is the only thing that does make any sense. And the more I read all the other stuff on the Internet, the more nonsensical I feel it is.

So, okay Mary, there are truth-loving and truth-needing Ascending soul-pairs, which humanity is; and Descending soul-pairs that are the other orders of Truth.

Mary: Yes James, that's correct. And so it was that Jesus and I fully bestowed ourselves on Earth all those years ago; we, Nebadon's sole Creator Pair, submitted to the incarnation bestowal process (not to be confused with all that's attributed to the erroneous belief of reincarnation) to become a woman and man on Earth. However we incarnated as a perfect pair, retaining our Paradise Perfection, unlike humanity who is bound up in its imperfection. As we've told you, we didn't take on the evilness that humanity is, we remained wholly true and perfect. And that our soul being too close to and too much of Paradise, was too perfect to become imperfect. So we came to you for various reasons which we've talked about, with the result being our terminating the Rebellion and showing the whole of our universe what such Paradise Perfection is like being lived in flesh. Our lives were all concerned with and about our universe, not just with Urantia, it wasn't about one world, but many. We were and still are the Living Truth, that being, the Truth Made Living, in Nebadon, to which all truth-loving and truth-aspiring souls in our universe can strive to be like. So if you choose to follow Jesus and I, what that really means is you are setting out with the desire to be as we are, true and perfect in your expression of truth. And because we are 'The Way' you will need to follow us if you want to ascend to Paradise and there meet personally with your Heavenly Mother and Father; there to know that They too are real personalities and not just some fantasy Being that Jesus and I have made up.

James: That being what the Lucifer's accused you of doing, so bringing about the Rebellion.

Mary: Yes, they believed they knew better than us, they chose to stop following us; they believed by using their minds they could make the universe how they wanted it to be – a more superior version, and so they turned their back on God. They believed they'd be better gods.

You see James, although the Evil Ones were a higher order of descending Sons and Daughters, still they'd never been to Paradise, so they'd never met and so known for themselves that the Mother and Father were real. Such higher Sons and Daughters, the Lamonadeks as you read in The Urantia Book, were of local universal origin, they being created in Nebadon and so hadn't visited Paradise. Whereas Jesus and myself were created on Paradise, so we knew within our soul that our Mother and Father were real. So it was easier for the Lucifers, Satans, Caligastias and Daligastias to turn against us and the Mother and Father. And as they are of the order of higher Sons and Daughters overseeing the material worlds, so their rebellion was brought to earth corrupting humanity.

James: Okay, so you and Jesus are our one Creator Pair, the one's who's universe it is, and because of that

we should have felt so privileged to have had you both actually living amongst us in flesh. We should have drunk up every word you BOTH spoke; we should have loved and admired you for being the head of our universe and blown out by the amazingness that you chose us to come to, and that we out of all the ten thousand material planets (I think it is) in Nebadon could actually speak to you face-to-face; us, puny little humanity out of all those other perfect and mighty worlds you could have gone to. And then we spat in your faces, and completely denied you Mary, as you were *only a woman*, and showed Jesus what we thought of him coming and trying to wreck our little paradise of false power and control, by nailing him to a cross.

Mary: Yes.

James: And yet you still loved us because you could easily see the fucked-up cases we were/are, and you have still been very close to us in the Divine Love Mansion Worlds, personally helping many spirits do their Healing; and even now you are still close and helping us to understand where we are going wrong. And for all your love, care and personal attention, all we do is continue to spit in your faces and reject you, going on with all the crap about Jesus and you that the Christian religions believe, and carrying on listening to all the other false Jesuses and Marys.

Mary: Yes.

James: And yet, you being perfect, still could not directly help us to heal our evilness and negative state, as you still can't, and all because you couldn't be born directly into it and become of it, so the healing of it is not contained in your Spirits of Truth, because you didn't have the direct experience of healing it.

Mary: Yes.

James: And so because of this, we then need another high soul-pair, an Avonal pair, to come and help us heal ourselves, to shed light on the missing part, that which you and Jesus could not reveal to us. They being the True Saviours of the world, with their whole focus being just on us – humanity of Urantia, and not as it was with you and Jesus, your focus being as you said on Nebadon your whole universe.

Mary: Yes. And that is what I want to talk with you about, this Avonal pair that is to come and be amongst you, and shed light on all that you need to do so as to heal your negative state. Their coming to complete the picture, to complete the revelation that Jesus and I started.

James: Okay Mary, so we should be on the look-out for the arrival of the Avonal Pair, a man and woman of Avonal soul order from Paradise that are to show us the folly of our ways, and offer us a way out. And so what do we look out for, what will such a pair look like? And where will they be born; and how can we tell if they really are such a pair with all the people popping up claiming to be you and Jesus, other Avonals, Melchizedeks, and all the great world teachers and spiritual leaders?

James: Only they will know within themselves such truth, and they will tell you James, as there is no other way for anyone to know. You'd not be able to recognise them, they'll just be ordinary people. The flesh cloaks the spirit light, and only with spirit-eyes would you be able to see the different light they express so knowing they were of a different order of soul (and provided you knew what you were looking for). And so like how Jesus revealed himself to humanity, when it's time, so too will this pair reveal themselves.

James: And when will it be time Mary?

Mary: When they know within their heart that it is time to make such a revelation.

James: And presumably, that being once they've finished their Healing.

Mary: Yes, as it couldn't happen before. Technically they would have to be perfect to reveal themselves; that being, for their Spirits of Truth to begin working, to become activated. They could tell people of their soul origin before hand, if they were aware of it as they did their Healing, however with no Spirits of Truth to back up and support such truth, it's highly unlikely anyone would be interested in them or even understand the significance of what they were saying. However once they've liberated their Spirits of Truth, when they've finished their Healing so with their Spirits of Truth containing the truth of the Healing including how to heal oneself of it, then people who sincerely want to know the truth will start paying attention to them as they embrace their Spirits of Truth.

James: So no one would believe them up until they go public.

Mary, The Urantia Book says there are three ways an Avonal (pair) can come, and from all the book says, you would tend to think that the Avonal Pair would come to change the Age (as you and Jesus are not going to come again as you say) by being materialised as a full adult, and not as a full bestowal being born and having to grow up like everyone else. So, if they materialised as a full adult, they would be perfect and not of the Rebellion and Default. And if they fully incarnated onto the world, they could also being perfect like you and Jesus were; or, presumably they could take on all the evilness becoming imperfect like everyone, as that's what they'd have to do as you are saying. So it they materialised as an adult or were born perfect, they'd effectively be as you and Jesus are in your perfection, and so wouldn't be able to do anymore for us than you did; and even not as much as you did, they not being higher in their order of Son and Daughtership than you and Jesus. So for them to help us and shed new revelation, they'd have to be born imperfect taking on all the evilness, which is what you are saying, so they would heal themselves of it thereby revealing the way out of it, something more than what you and Jesus revealed.

Mary: Yes.

James: Okay, so far so good. Now even though there's not actually much written in the book, it does say because you and Jesus came, no other full bestowal will happen; yet it then leaves the back door open by saying that because you and Jesus came, you can change the order of visiting Sons and Daughters, so if you wanted a full bestowal Avonal Pair then one could come as you are saying. And as you are saying about the need of such a pair to take on and heal themselves of the Rebellion and Default so then the rest of humanity can also; so you and Jesus are obviously wanting an Avonal Pair to come fully bestowing themselves into the Rebellion and Default. Which really is the Mother and Father wanting them to come.

Mary: Yes. The book is designed to lead one to think there is no other need for another full bestowal from a Paradise Pair, for it had to be written in keeping with the parameters of the Rebellion and Default. And ordinarily, on a perfect world, once the bestowal Pair has come, there is no further need for another such Pair. As you worked out for yourself James, often The Urantia Book whilst seemingly talking about Earth and humanity is actually talking about perfect other worlds, and what would happen under usual

perfect conditions. TUB authors were not allowed to talk openly about the healing of the Rebellion and Default, as that is to be the exclusive domain of the Avonal Pair. And neither was the book allowed to tell you about the forthcoming Avonal Pair, which is why little is said about the future of such events on Urantia.

So Jesus and I organised for an Avonal Pair to be fully bestowed on Earth with them taking on all the imperfection, corruption and evilness, all the untruth, of the Rebellion and Default. All so they could wake up to the error of their ways, all through their feelings, long for the truth of why they feel bad, do their Spiritual Healing, all so they could then help others do their Healing, and would be the Living Example for all those people and mind spirits wanting to end their evilness to follow.

James: OK. So the Avonal Pair are here now on the world possibly doing their Healing in readiness for the End Times and the changing of the Age. Or they are yet to start their Healing. And they have not finished it yet as they've not gone public, at least, I've not read or heard anything about such a Pair talking about doing their Healing as you and Jesus are telling me about it and as Marion and I have been doing it.

So the people claiming that Avonal Monjoronson (although I read he's now said he has a new name: Serara), will 'when the time is right', suddenly materialise out of thin air like Machiventa did all those years ago; and the Maitreya who supposedly suddenly materialised in Africa some years ago, he possibly being 'The One', are wrong.

Mary: Yes James. There is no Avonal called Monjoronson, that's just a group of mind spirits pretending to be the newly arriving Avonal, for you must remember that as such mind spirits know nothing about the Healing as we've been speaking about it, they then naturally conclude also from reading The Urantia Book that a Avonal will come as a full adult materialisation. And only as a man, not as a Pair. And there are many such mind spirits looking for and waiting for such an arrival because they believe they will be able to work with him, help him and even influence him, as he will be able to easily see them in the spirit worlds; for were he to come, he would have all his spirit facilities fully available to him, such as second-sight and being able to hear the spirits and angels and so fully converse with them as he could with people on Earth. But nothing like that is going to happen.

Firstly the Avonal Pair might not have their full spirit faculties for there being no need for them, they might have some limited way of communicating with spirits should they desire to, and as they would be doing their Healing, the only spirits they would speak to from Earth would be those who are also doing their Healing in the Divine Love Mansion Worlds, or those who've healed themselves in the Celestial spheres, choosing to have nothing whatsoever to do with the mind spirits because such spirits are still living untrue by still trying to advance their evil states.

And the so-called picture of the Maitreya walking amongst the crowds in Africa that you saw, was a fake, there was no spiritual element to it, he being just an ordinary man. Certain people will have certain qualities about them enabling them to perform healings and certain other 'tricks' of a supernatural nature – as there have always been people like that on Earth, it being part of their personality expression, but such things will not qualify them as being the Avonal Pair. The Avonals will ONLY be concerned with helping people to understand how they can truly through and with their feelings heal themselves, shedding light on the negative, unloving and untrue condition people are living in, nothing else. They will also do certain healings, however these will all be angelic inspired like how Jesus did his healings, having nothing whatsoever to do with the mind spirits. In time when people are working to heal themselves, and have healed themselves and so are living a Celestial level of truth, the Celestial spirits will be able to help such people to perform miraculous healings if they are required, but only the Paradise Pairs can and do actually work with the angels performing such angelic healings as were written about in The Urantia Book

that Jesus performed. The Avonals could 'commission' people to 'heal with the Angels', so they feel the need to do so. These healings are angel-specific, meaning every part of them is carried out by angels, whereas with the other spirit type healing, such as what the mind spirits and Celestials can do, the angels are involved but behind the scenes, so only indirectly.

James: I understand Mary. It says in The Urantia Book the Avonal comes with legions of angels, presumably to carry out such activities if required.

Mary: Yes. And as to whether or not they will be required, humanity will have to wait and see.

James: All right; so the Avonal pair will come on a full bestowal incarnation, being conceived naturally and born naturally like you and Jesus were (and none of that Immaculate Conception nonsense), again as I said, all which from reading The Urantia Book seems impossible, it saying that once the Creator Son (and Daughter) has incarnated on a world there is no further need for another full Avonal bestowal for they'd not be able to achieve as much as the Creator Son (and Daughter) did, so they'd be no need for them.

Mary: That's right, as I said, it applying to ordinary worlds, one's not tainted and influenced by evil, and on worlds that are not under Jesus' and my control, such as Urantia is. And because as we've said, we didn't incarnate taking on the evil ways and healing ourselves of them, so we can't actually help you via our Spirits of Truth to do your Healing, so we've not been able to reveal it to you – we didn't reveal it, which is why nothing was said about it in the Padgett Messages or The Urantia Book or when we were on Earth. And so humanity requires an Avonal pair who will fully incarnate taking on all the evil and healing themselves of it, or else they will never heal themselves, as the truth of how to do so will never be revealed.

James: But you're revealing the truth of it now Mary through me?

Mary: In fact we're not James. We are only taking from you what you and Marion have uncovered and seen for yourselves. We've taken the base element and added a little bit to it, however the essence we've taken from our observations of you and all we've experienced from spirits healing themselves in the Divine Love Mansion Worlds. So technically, and although we say this completes our revelation, in truth, it's not a full revelation, still only partial and in keeping with our limitations; for a full revelation would include us fully having submitted to the evil and healing ourselves of it, thereby demonstrating through our lives that we healed ourselves of evil, that being the 'Living Truth' we'd then be able to personally reveal. It being what the Avonal pair will be able to claim. Not that they will need to say anything, it just being how it is – what they've experienced.

James: Okay, just to confuse me more; what you're now saying is that in fact this what we're doing together is the completion of your revelation to us, your full revelation, yet that revelation is still only a partial and limited one because of the restrictions that are still imposed on you. So it's a full partial revelation. But I thought you said you were now free of the restrictions.

Mary: We are personally, however in keeping with our age, we still can't and so haven't, and will never, be able to reveal a full revelation to Earth because we were denied it, we weren't allowed to live until our old age or whenever the Mother and Father said that's it, your life and work is now complete on Earth. So as we lived really only partial lives, so that's all we can reveal. And because we didn't live experiencing being

evil and healing it, none of that life experience is contained within our Spirits of Truth, so they are of no help to you in doing your Healing. And our speaking about such things to do with the Healing through you James, has nothing to do with our Spirits of Truth, it's just information we're passing onto you, it's from our understanding of the Healing based on observations of those spirits who've done it, yet it's not us speaking about it from our personal experience of it. It's not you drawing from the Healing we personally did by using our Spirits of Truth, because it's not contained within our Spirits of Truth. And so for everyone to be able to draw upon such spiritual help, it needs to be contained within an Avonal Pair who have done their Healing. The Spirits of Truth express the experience of those spirits they come from, so people who receive the help of the Spirits of Truth to do their Healing will need to receive it from the Avonal's Healing experiences. Which, reading your mind, which is correct, means, that no one can do their Healing until the Avonals have done it, or done enough of it to personally help someone do it. So you see, the coming of the Avonal Pair IS VERY IMPORTANT. Humanity will NEVER be able to leave the Rebellion and Default without them. So people will have to look to them, even before they look to Jesus and I.

And the other thing that is important to understand about the Avonal Pair is that they will know how to do their Healing. It's within them. They will draw upon all that's available from humanity, taking what they need to help themselves, sorting out what is the right way to do it, and all through their feelings. And then with the help of spirits filling in gaps and fleshing it all out, all so all they experience will be contained in their Spirits of Truth. And the Avonals will also understand the significance of Jesus and I and so want to link up with us. So people will be able to start with the Avonals who will help them with their Healing and move them onto us so we can then take them the rest of the way through Nebadon. So the Avonals will help people spiritually evolve through the world and Mansion World levels doing their Healing, and Jesus and I will help people and spirits move through the Celestial levels of Nebadon.

James: I see, yes now I understand more what you mean by the 'Living Truth'. And so had you lived full lives both equally as the Creator Pair, then you'd both be able to reveal a lot more to us.

Mary: Yes. A vast amount, all of which you'll come to understand as you move through the Celestial levels. However had we been able to have full lives of revelation we'd have revealed a lot more of that information. And because we didn't, so The Urantia Book and Padgett Messages make up a little for it, by introducing the Celestial spirits and shedding a little more light on Nebadon and the rest of Creation.

And what you've just done James is an example of how it's been between you and Jesus and myself all the way along. You have questioned us, and we've been able to come forward revealing a little at a time. And that's one of the limitations imposed on us, we've not been able to come straight out and tell you, as we would have done had we been able to be our full true selves on Earth. And had we back then, then there would be no need for us to be coming in these part revelations with you and James Padgett, because we'd have revealed it all then, and humanity would still have access to all we said. So we have had to rely on you and Marion growing and advancing in your truth for us to come forward in response to your questioning of us.

James: What if I didn't want to ask you any questions, like Marion doesn't?

Mary: There's no point answering that question is there, because you do want to, you have done so, many of them, continuously, and over and over.

James: You mean I've been a pain in the bum!

Mary: (smiling) No, not at all James, it's all been absolutely necessary for us to have our say, all that we have so as to complete, albeit, still a partial revelation, but enough, and more than enough with you and James Padgett, so as to get our message across to humanity.

James: Mary, I realised the other day that the supposed World Teacher (The Avonals) will not actually be a teacher, for there is nothing actually to teach. And that the pair will be Revealers of Truth, and just speak about their revelation; and there's a message in the Padgett Messages that speak about a future revealer of truth coming to our world. Because, what is there to teach, for how can one teach someone how to long for the Divine Love, and long for the truth, and how to accept, express and uncover the truth of one's feelings. You can't actually teach anyone how to long, we all have to work that part out for ourselves. But we can have revealed to us about longing for the Divine Love, the Truth, and the need for us to do our healing.

Mary: That's right James, you can't teach anyone how to long, and that's the best part of it, it's all up to the individual to work out all the most important parts for her and himself. So no one can be the controller. At best all you can do is share your experiences, which is all you can do with each other anyway. It's not about, and so nor will, a high spiritual teacher or pair of teachers come to Earth to take classes so people can learn a technique as to how to long for the Divine Love or do their Healing by longing for the truth of their feelings. There are no lessons to be had, no rules to follow, there are only at best vague guidelines, such as what Jesus and I are speaking about concerning living true to your feelings. It is ultimately up to each individual to work out how to long for the Truth and the Divine Love, knowing they can; that understanding and knowledge having been revealed by the Revealers. Of which Jesus and I are the first part, that being concerning the Divine Love. Jesus and I were to come specifically to reveal the Divine Love, we should have both done that, telling you, you could long specifically to your Mother and Father of Paradise for Their Divine Love. But of course because of our not being able to directly interfere with the Rebellion and Default, and so humanity's evilness, we couldn't complete our revelation, which we are now able to do through you James, taking into account what we've just spoken about concerning the restrictions, with Jesus beginning it through James Padgett.

No one, and no mind spirit, will know the identity of the Revealer Pair ahead of time. The World Spiritual Teacher that has been prophesied to come to Earth at this time, is the Avonal Pair. And as they are not going to come being associated with any of the religions, so everyone who follows such prophecy is missing the point, and so will not understand that it is the Avonal Pair the prophecies are really talking about.

James: So you mean those people expecting Jesus to reappear and usher in the next 1000 years of peace, are actually referring to the coming Avonal pair?

Mary: Yes. It's all muddled and confusing. The Avonal Pair will begin the Spiritual Age. And the Spiritual Age will manifest all the Avonals are, their whole Spirits of Truth. And Jesus coming down out of the clouds or heaven returning again, is really referring to way in the future when we both descend onto Earth through the Morontia Temple we spoke about, it having materialised out of thin air, and as if it came down out of the clouds and from heaven, that being from the first Celestial Sphere.

James: I can't help feeling the Christians misinterpret their prophecies because they don't understand what the Spirits of Truth actually are or what they do.

Mary: That's right, nor do they understand that other higher Sons and Daughters are capable of liberating such Spirits of Truth, and so would and are to be called 'Christs' as well. They only believe that there is Jesus and it all hinges on him, let alone the fact that I too am a *Christ* as are all Avonal Pairs because we all can liberate our Spirits of Truth. The so-called Christ Principle is the Spirit of Truth. The Christ is the Anointed One because they are blessed by the Mother and Father of Paradise, being Paradise soul creations. And we Christs are all about being able to help people liberate their own spirit of truth, that being, the spirit of their own truth, which you do as you uncover the truth within yourselves through your feelings.

So the long awaited Saviour is in fact the Avonal Pair because within them is the key to how you are to get yourselves out of your negative state. So in that sense Jesus and myself are not your Saviours. We are the 'Saviours' of the whole of Nebadon by making the Divine Love readily available to all our universe, because it will 'save' you from being only of Natural love by transforming your soul into becoming divine.

James: And you could only help the Divine Love spirits who were striving to heal themselves because of the Divine Love connection, in that you are divine.

Mary: Yes.

James: That's a new point for me Mary, that you could only help those spirits who embraced the Divine Love. And is that because it then circumvents all the other restrictions pertaining to our Natural love condition in our negative states?

Mary: Yes. So as we can only help the Divine Love spirits, so the Avonal Pair will be able to also help all people and mind spirits awaken to the need for them to do their Healing, and because they were of Natural love in their imperfection. Jesus and myself retained our Divine Love perfection by incarnating in our perfect and true states. So the Avonals in a sense 'relinquished' it so as to become wholly Natural love so they could partake of evil. And as they do their Healing, learning about the Divine Love from us via Jesus in the Padgett Messages, will start longing for the Love to bring themselves back into their divine perfection. So through their Natural love they will be able to relate directly to all people and mind spirits in their evilness, they having been that way themselves. And so as they 'reach down' to help such people and mind spirit awaken to the truth of themselves being evil, so the people and spirits wanting the truth will be able to 'reach up' to them for love, help and spiritual guidance – the truth of how to heal themselves of their rebelliousness.

James: And this Avonal pair Mary, why have they been kept such a secret?

Mary: It wasn't done on purpose, it was just in keeping with the requirements of the Rebellion and Default. They have needed to be subjected to the fullness of humanity's evil state, the whole negative condition, and then to work themselves free of it. Had they been told who they were from an early age with such speculation about all what that meant, they being the 'Chosen Ones' and all that sort of thing, and all that people in their negative states would have put on them and made of it, it would not have allowed them to take on all the evil purely as it was, it would have all interfered too much with all of that, and so once again defeating the whole purpose of their coming. For they'd not have been able to do a complete job, and so requiring yet another Pair at some time to come and complete the process. But as

interference hasn't happened, thereby allowing the pair the full experience of evil without themselves having any idea that they are such a Son and Daughter, so they've had to be kept secret so as no one (including the mind spirits) could interfere with them. They are to wake up to their true self-identity and feel it within themselves: the truth of who they are. And all through their own feelings. And even if they were to have been told by other spirits as to their true soul identity, such as were Jesus and myself to tell or confirm it to them, it would only be once they were well on their way in their spiritual awakening.

James: So once they were on their way then you'd not be interfering with them, is that what you mean?

Mary: Yes, for they would know what it was all about anyway, so far as being wrong and having to heal themselves of their evil state; and then, as to whether they are Avonals or not is neither here nor there, for it means nothing until they've healed themselves anyway. They can't do anything whilst they are denying all that is true, so effectively they aren't Avonals you might say, until they have fully healed themselves.

James: So they won't even know if they truly are the Avonal pair until they finish their Healing?

Mary: That's right, for they can't know, as such truth will be hidden from them whilst they are still living in a truth-denying state. So their soul won't release it until such time as they are true.

James: So they won't grow up as we're told Jesus did in The Urantia Book, by steadily and progressively becoming aware of their Son and Daughtership.

Mary: No, it will remain completely hidden from them. And if they are told, they might intellectually entertain the idea, but won't be able to do anything about it so far as their feelings are concerned confirming to them their Sonship and Daughtership status until they are able to be true to such feelings, which can and will only come about once they've completed their Healing.

James: So they could be here now and not know the true identity of their own souls, as in their Avonal status and all that means. Or they could have been told it, but are still to wait until they've completed their Healing before they will really know it to be true.

Mary: Yes; and they are now on Earth more or less in that capacity.

James: So really so far as the truth is concerned and the beginning of the new Spiritual Age you and Jesus have spoken about, it all hinges on and awaits the completion of their Healing.

Mary: Yes. They are to finish their Healing so they will know the truth of themselves. And until such time, were they to entertain such an idea that they are such a soul, it would only remain a mental idea awaiting their feelings to confirm it. However of course to have such a mental idea and without such supportive feelings, and having to deal with all that inner confusion as to whether you are possibly this Son or Daughter, or whether you might only be deluding yourself, wanting to make it up because of feeling so powerless, wanting to pretend you are the Great One, adds even more to the inner pressures they would have to work through. And as there are many people deluding themselves as to being Jesus or myself or someone else like an Avonal or Melchizedek, all because they feel so powerless needing this alter ego, for the real Pair, or one of the Pair to subject themselves to such things as well, is just all part of

their taking on the negative state and experiencing all such powerlessness and self-delusion. So they would have to work through it all so as to ascertain whether or not it was true, or was it all just nonsense, another fantasy. Are they really a Son and Daughter of God, or just so extremely self-deluded and in such a poor state they have to pretend they are someone they are not, and someone so high and mighty.

James: Yeah, I see what you mean. It's hard enough having to deal with all the usual stuff humanity is suffering from, let alone if one had to also deal with all that extra stuff.

So Mary, what is this Avonal pair going to do? Are they going to take over and save the world, as so many of these great prophesied World Teachers are supposed to do?

Mary: I can't tell you what they are actually going to do, as in what they will do personally with people, and which people, nor can I tell you in which country or countries they are going to do their work; but what I can tell you is, no, they are not going to take over the world, they are not going to have anything to do with the affairs of mankind, that being, the running of the world; however yes, they are going to spiritually save humanity by showing or revealing the way people can heal themselves of their evilness. They themselves are not going to stop the so-called evil controllers making everything unfair for everyone, nor are they going to wave their magic wand and make everyone pure, no longer evil, and so instantly healing everyone of their negative states. Nor are they going to heal the natural world – nature. Humanity will do all these things for themselves as they grow in truth through the doing of their Healing. This Avonal pair are only Revealers. They will do what the Mother and Father along with the Eternal Son and Infinite Daughter Spirit ask of them. They will affect changes on Their behalf, however not through their own will doing such things. They won't even be helping individuals to do their Healing in a hands on way, other than just revealing that which people will need to know so as to do it for themselves. You have to get yourselves out of your evilness by yourselves and for yourself.

James: The Christians from what I understand want Jesus to come and save the them, taking them off to the Promised Land, which I don't really understand what that means, as I've not read anything yet that explains what that is all actually about. Are they wanting Jesus to come and kill them all so they will go into the mind Mansion Worlds there to live happily ever after in the religious sectors; or, to somehow magically lift them up without them having to die, taking them into their spirit lives and the Promised Land of milk and honey; and if so, why would he do that when they will die naturally and move into the mind spirit worlds anyway. Or, will he come and take them to the promised physical land, killing all enemies that might be occupying it, and giving it to them. And then what, hang around sitting on the thrown watching them grow veggies and living their blissful lives in the 'Presence of the Lord'.

Mary: No James, it's all pie in the sky stuff, just fantasies, they don't know what they are even talking about. All the Avonal Pair is going to do is talk about their healing; the state of humanity from the point of view of you living untrue to yourselves and how you are maintaining your state by denying your feelings. How you've taken it all on, and then how you can set about extracting yourselves from it.

James: So all that we have been talking about.

Mary: Yes.

James: And so if we are talking about it, what is the Avonal pair going to talk about it all for as well. Why are they needed, when you can do it all through me? Oh dear, that doesn't too nice does it, I must be a

bit jealous – more bad feelings to talk with Marion about!

Oh, I understand now, because of what you've said, the Living Truth part. For their Spirits of Truth and all of that for future humanity. Sorry Mary, I was writing out loud to myself. But still, aren't they just going to be repeating all you and Jesus have been talking about?

Mary: Yes, but they will be living it, it won't be in a book. You still need a person, there still needs to be face-to-face contact, the human part, the direct interaction between the Son and Daughter and the sons and daughters, the personal interaction that inspires feelings so truth can result. So it doesn't matter how much we talk about it James, there still needs to be the human experience. And Jesus and I can't give humanity the human experience through you. And so our work with you is a forerunner to this, as in we are helping to build the bridge that is reaching out down to humanity, because when people do receive the truth face-to-face they will be able to look to cross that bridge. So we are helping to bridge that gap between humanity and Jesus and myself in our work with you and that with James Padgett and the few other receivers of Jesus' messages there have been. It's all preparation for the face-to-face so some people will be familiar with and even setting out to try and live this New Way, doing their Healing, when the Avonal Pair sets about living the public part of their lives. And it has to be done this way because of Jesus and my coming to Urantia. The Avonal Pair really only coming to fill in the healing part of our revelation, healing themselves of the evilness.

James: I've been thinking about this Mary, and there's nothing to say that the Avonal pair will be involved with the whole world is there. I mean, it could happen like how it happened with you and Jesus. The Pair might not actually go very far from their home, not going out all over the world, as it's not about numbers but about quality, isn't it?

Mary: It is James. They might only talk to a few people about the truth, but in such interactions the truths would be revealed to humanity, enough to satisfy the technical side of their bestowal, so as doing all that's required to empower their Spirits of Truth. It's up to the Mother and Father and how They want it, like everything, and I can't tell you what it will be like for them or how their Revelation will go.

James: So what you're saying is, they might talk to just one person about the truth, but that one person being of flesh and blood and face-to-face might be enough for them all to have the necessary experiences satisfying the requirements of what will constitute their Spirits of Truth?

Mary: Yes, in theory, however you need to extend it to two people, a man and woman, for that would then embrace the whole of humanity, being two representatives of the sexes; and really even further still, for that couple to be soul-pair. However, that would be the minimal requirement, and that's even further complicated by really their needing to talk to twelve soul-pairs that constitutes the equivalent of a Celestial spirit group, however...

James: Okay, I see what you mean. So we'll just leave it up to the Mother and Father.

Mary: Best we do I think. It's going to be a very complex unfolding of the Revelation, and for the whole of humanity, that being everyone who's open to hearing it, as they will need to have the information made available to them so as to know the Rebellion and Default are over.

Still, it's good that you are thinking along these lines James, because as you said, it's not necessary that the Avonal Pair travel extensively the world giving humanity their blessing. It's not about numbers like

that as you said, and they wouldn't do that anyway. It's all going to be far more personal. It's about ensuring those people who want the truth, it being vital to their souls growth, will have access to it. And it won't all have to be face to face as the Internet in a way will serve as a 'pseudo' Spirit of Truth, at least on an information level.

James: So conceivably they might even come and go and most of humanity wouldn't even know they were here, just like when you and Jesus came?

Mary: Yes. However with your extensive communication networks, it might be more along the lines of them declaring themselves to the world, but the world not being interested in them, with only a few people wanting to live true.

James: Unless they started to do a few miraculous healings and then no doubt the whole world would be clamouring to be healed.

Mary: Yes, that is quite possible too.

James: And if all the earth changes happen and we all get zapped by a big blast of cosmic radiation from the sun rendering all our mechanical systems defunct, then they will just be living in a small community helping to grow veggies to survive.

Mary: Yes, that too is possible. And what better way for the truths to be revealed for them to be implanted as 'seeds' in a fertile part of the world, there to be nurtured by those people who strive to do their Healing and understand what it is all about as they divest themselves of their evilness; then for those people or their children to go out and slowly mix with other people offering them such information and truth, and so the word slowly spreads by word of mouth, and...

James: Sort of like how it was meant to happen with Eve and Adam, except without the sex part.

Yes I see, I do find that approach rather appealing, compared to all the song and dance the world would do if suddenly two people stood up declaring themselves to be the new Christs. And then just to prove it, to start off with a great big mass healing of every sick child in the local hospital. And then on with the show as they tour the world healing the sick and feeding the poor, with those angels preforming wonderments for everyone to behold so no one is left in any doubt as to the truth of such a Pair. For of course they would then be of God, a true Son and Daughter of God; and, oh my god! – a *woman* doing such things, a *woman* being the equal in truth to the man; and oh my god, what is this they are talking about, there being an actual Father AND *Mother*; and oh my god, what have we been doing all this time mucking around with our stupid religions; and oh my god, they say we're all evil; and oh my god, they say all parents are unloving and really shouldn't be parents; and oh my god, we're all to wake up to the truth that all we call love is not real love, and so all that so-called love our parents had for us and we have for them is... and oh my god and oh my god, and off with their bloody heads quick smart for it's too much to take in, they are too far out there, they are the dreaded Antichrist, and especially that *woman*, get rid of her the ugly old bitch, and... Yes Mary, I can't see it.

Mary: No James, and how can you see it when you're still of it?

James: Yes, well I hope I'm around for it... or though actually that doesn't matter, does it, I can be dead

and looking in from spirit, it's all the same thing. And as they can't actually help me with my Healing-

Mary: No, not the same thing, as you are to be directly involved in it.

James: Yeah well I won't even ask you to answer the question in my head as to – how am I to be involved? The whole thing is bizarre enough as it is, if there is actually to be such a Pair, that is mad and far-fetched enough.

Mary: And I won't say anymore James. In fact, I think we've spoken enough for the time about it, and as you are now to make lunch, I'll speak to you later.

James: Thank you Mary; as usual a delight and mind-expanding experience to talk with you.

Mary: "As long as you're happy James, that's all that matters."

James: Yes Gran.

Mary: Bye James, speak to you soon, Jesus is to have his say about the coming Avonal Pair, so you can look forward to that.

James: Great, I will!

54. Jesus, and the New World Teacher

(5/5/2013)

Jesus: Hello James, and what a bright and cheery morning it is for you!

James: For you maybe Jesus, I feel totally battered and fucked, depressed and miserable – as usual.

Jesus: Nothing to worry about my dear boy, all part of your Healing process, of which I have come today to enlighten you further about.

James: I like your posh English accent, it's very becoming. I can just imagine you speaking to the masses from such a regal disposition. Are you trying to cheer me up Jesus?

Jesus: Isn't that what you do on your world, try to override all your bad feelings replacing them with good ones?

James: So it seems. I'm still trying to stop doing it to myself. However I doubt your sense of humour will be conveyed to the reader.

Jesus: Not to worry James, it's only for you.

James: Yeah well thankfully I haven't bought into your cheeriness this morning, and I'm not going to

either!

Jesus: And so you shouldn't.

James: But why are you coming to me like this, this morning, it's obviously to help me bring out more yuk within myself, is there something you want me to see about it?

Jesus: I don't want to you to see anything James, that's up to you to uncover for yourself through your feelings; however as you say, I am setting the scene within you so to speak, to help you *see*, if that's what you want to do.

James: I do. So please continue in your bright and cheery and everything-is-grand mode if it will help me feel worse and bring to light more truth I am to see, know and be.

Jesus: No need to carry on any more along those lines James, I've done all I wanted to do. You'll be able to discuss with Marion all you feel about it as it comes to you this morning. So now, down to the business at hand. I have come to speak to you as Mary said I would, about the Avonal Pair.

James: Okay.

Jesus: As you understand, the Avonals come to the specific physical worlds in the local universe they are assigned to, and so this pair Mary has been speaking about has come to Earth. And so the Earth, as with each physical world, really comes under Avonal care. So that's what the Avonals do – they personally care for and about each material world. Mary and I care personally about our whole universe. And although Earth will always be overshadowed by Mary's and my coming, I want you to understand that still underneath that, it comes under the custody of the Avonal pair, for they will be attending to humanity from now on, as Mary and I will be leaving them to it, as we move back to solely attend to the business of Nebadon.

James: Yes, I understand what you're saying. So really the work of Avonals as I understand it, is to help focus the humanity they attend to, on you and Mary, for the ascending soul is to move up through and past you both as it were. So the Avonals are sort of the worlds (including the Mansion Worlds) spiritual 'mother' and 'father' to which they've bestowed themselves, leading all people via their Spirits of Truth to the Creator Pair; so in our case, you and Mary, you being our universal spiritual 'mother' and 'father'. And then with the help of your Spirits of Truth, we look to you both to lead us to our soul 'mother' and 'father', the Heavenly Mother and Father. So it's a series of stepping stones helping us to rise up higher and higher in truth.

James: It is, and what you've said will help people to put it all into the right perspective. For as you know, even though you are to align yourselves with Mary and I, taking what we say and then aligning yourselves directly with the Mother and Father, you can't actually do that because of your negative state. And so before you cross the bridge to us and set off on your way to Paradise, you first need to look to the Avonal pair, for they will help you set about doing the healing of your evilness. And so to look to Mary and I *only*, will make things harder for you, for you will be trying to step over the cavern of your rebellion and default, of your negative state, by coming directly to us, which you can't do. And when the Avonals go 'active' then everyone will have to first look them to be able to look to us. People and the mind spirits

who already look to Mary and myself will need to also look to the Avonals.

James: So what you're saying is, say regarding Christians who are wholly focused on you (and including the people who've read the Padgett Messages and are actively longing for the Divine Love and to be at-one with the Father) as the *way* and *saviour*, that first they have to look to the Avonal pair so as to understand about the negative state they are living in and how to heal it; and once healed, then they can focus on you and Mary, and the Mother and Father. And because of the Divine Love being available to us and your having come to Earth, we can begin by looking to the Avonal pair *and at the same time*, long to you for your's and Mary's help and long to our Heavenly Mother and Father for Their Divine Love. Nice and straightforward if I say so myself!

Jesus: Yes, and that's one of the difficulties people face in striving to grow in truth, to look to us when we can't actually help you in what needs to be done first, that being, to heal yourselves of your self-denying condition. It all being round the wrong way and messed up because of the negative influences of the Rebellion.

James: But surely all you're saying now about all of this and our Healing will enable people to look to you and Mary to understand about all that's involved in their Healing. So without needing to look to the Avonals.

Jesus: No, it won't because still as we weren't of evil and didn't have to heal ourselves of it, such people can read about what we say, entertain such a notion and even make a start and some headway in Healing themselves, but they will still need to look further into all the Avonals reveal so as to engage with their Spirits of Truth when they are fully released. Everyone will need their Spirits of Truth to help them fully complete their Healing, so to align themselves fully with the truths the Avonal pair lives, thereby preparing them to live all that Mary's and my Spirits of Truth will help them live, that being during their journey through Nebadon. There will be some overlap between the Avonals and our Spirits of Truth concerning the truths we revealed and what they will reveal on Earth, but I want you to understand that really the Avonals Spirits of Truth are to attend to everyone on Earth and to all the mind Mansion Worlds spirits as well. There is then again over-lap in the Divine Love worlds, but once you're a Celestial spirit, then it's wholly drawing upon the spiritual power of Mary's and my Spirits of Truth that will see you through Nebadon and on your way into the greater universe.

James: Okay; but Jesus, why does it all have to be so complicated and technical. Not that I'm complaining mind you, it's just for the reader new to all of this, taking it on cold, and probably not being familiar with the Padgett Messages or The Urantia Book, it might all seem a bit daunting, even putting them off.

Jesus: I understand your concern James, however we want to get it all sorted out, it all being part of what we're talking about, so the Spirits of Truth are able to function properly. I know you can't understand this, but all the technical side of things needs to be brought out and understood at least by you. And also, it's to be a whole work, something people will be able to study through the next Spiritual Age, something some people will relate to more than others, but it being what they need to understand, a part of getting it all sorted out and clear in their minds, just as it is necessary for you to do.

James: Yeah well reading all this will possibly cause more confusion, jumbling it all around even more.

Marion's not interested in it at all. And sometimes I wonder why I am, it befuddles my mind, but the

questions keep coming. I don't even know if I can or could remember half of what you tell me. I'll be having to re-read all I write so as to remember it.

Jesus: It is all within you James, no need to worry about that. It's not to all be kept in your's or anyone else's mind, it's in your soul and when needed will come to you through your feelings. And if you need to draw upon it, there is as you know, a lot of help at hand for you. Starting with your friend and Indwelling Spirit (Bob), your angelic guardians, Mary and myself, the Celestials, your Nature spirit friends, and other universal spirits and spirit agencies.

James: Okay, so I've got a lot of backup.

So until the Avonals formally begin, will people still be able to be helped by them if they listen to what you and Mary are saying and want to start to live true to their feelings?

Jesus: Yes, because it's all happening now; by which I mean the Avonals are here now and working on Healing themselves, so all Mary and I say does apply on that level. However really it's for the people in future that I am saying this too, when the Avonals are no longer on Earth, for such people will have to look to them first and then to Mary and I, and not jump over them to us.

James: Okay, but why didn't you just say that to begin with? Sometimes we go a long way around to get to the truth of it.

Jesus: That's all so you can work things out for yourself James. As Mary and I have said, we can't just come in and tell you how to be and how it is, so we sort of have to go here and there all so you can work it out and then ask us the appropriate questions.

James: Alright. And you've done this all the way along, so that explains that, and I used to think it was because I was resisting you and I wasn't very good at receiving your messages.

Jesus: I know, but you've always been very good at receiving the mental impressions Mary and I have wanted you to receive, only we've had to meander a bit at times because of what I said. As we've told you all along, it's all been for you, our coming to you, first and foremost, is to help you with your Healing and growth of truth, all so we can then impress on your mind all we want to.

James: And so that's the sort of thing you were doing to James Padgett when you kept telling him he wasn't in the right mental state to receive a message.

Jesus: Yes, only with James Padgett he wasn't growing in truth like you are, so we couldn't come out with anything to do with the Healing, so it had to be my trying to coax him along by chastising him, as that was part of his mental pattern I had to adhere to.

James: So in such communication with anyone, and no doubt it will be same with the Celestials when they work with people who are doing their Healing, they too won't just come straight out with it, but frame it all within the limitations and restrictions of the person's mind, slowly helping them to work it all out for themselves.

Jesus: Yes; unlike the mind spirits that don't abide by such restrictions being totally unaware of them and

what's involved in you doing your Healing and seeking the truth through your feelings, who all but verbally bash you into submission to accept what they say.

James: Yes, I remember being in certain groups who were trying to communicate with mind spirits and seeing just how controlling those spirits were, subjecting the people to all sorts, of what I'd now call, mental abuse. There was always so much fear with what they were doing.

Jesus: That's right, not loving and gentle, not as the Celestials will be. And so for those people wishing to work with Celestial spirits in their full capacity, only if they are striving to do their Healing will both sides be able to gain the full benefit of the interaction.

James: A woman I new before I met Marion longed to speak with the Celestials and felt they were with her, but she just couldn't connect with them, it being so she said, as if they wouldn't for some reason come forward and actually speak with her.

Jesus: Because she wasn't wanting to grow in truth, she was only wanting to use them to further advance her negative state and the Celestials won't allow themselves to be used that way. Had she sincerely wanted to advance her soul in truth, such as you have done all the way along James, then they would have engaged with her, helping her to come to the point at which she'd have been able to begin her Healing.

James: I can see what you're saying Jesus, it's obvious to me now. Back then with her I didn't know about the Healing. But as you say, she wasn't interested in growing in truth, she just wanted the importance of being able to claim she was speaking with the Celestials. She said she was interested in growing in truth, but I can now see it was only collecting information to empower her ego that she was really wanting to do.

Jesus: Which is why your relationship with her broke down. Because you were and she wasn't wanting to live true; whereas when you met Marion, as she was ONLY interested in growing in truth, so you easily came together to do what you are now doing.

James: Yeah, that's very clear now. Thank you. Which really are the same reasons why none of my relationships with women prior to Marion worked?

Jesus: That's right. You've always been seeking the truth, albeit mostly unaware that you were, in all that you've done, only it wasn't until your time in London that you started to focus your longing for the truth of spiritual matters, that being where you came to understand that the spirits were the key to it, and so here we are now. And then with Marion you started longing for your personal truth, so began your Spiritual Healing.

James: Yeah I see that, thank you again for those insights Jesus. But getting back to the Avonals, was there more you wanted to say about the Avonal pair?

Jesus: All I want to do is stress to your readers just how important this Pair are to be for them personally, spiritually, and for the whole of humanity. Without them personally and collectively humanity will never be able to heal itself of its evilness whilst of flesh. People would only be able to do so once they came to the Mansion Worlds and embraced the Divine Love. So even though such a Pair is not to be worshipped

or put on any pedestal, they are simply to be understood for what they are: The Revealers of the Way, and that way is: The way out of your evilness.

James: So that's all they are here for... which is I guess enough in itself... no small thing.

Jesus: That's right; however it goes further than that in that they will be attending very personally to the new Spiritual Age on Earth from spirit after they've died. Once they have died they will continue with humanity helping people who are serious in doing their Healing just as Mary and I have helped the Divine Love spirits. They will be making personal connections with some people on Earth from spirit and they will be liaising with and working closely with all that the Teacher Pairs do.

James: The Trinity Teacher Sons and Daughters that are also apparently currently here in the spirit planes all to help those people who want to embrace their Healing?

Jesus: Yes. And it's very important that people understand that these Daynal pairs, which they can read about in The Urantia Book (and they are masculine and feminine spirits, not just masculine as The Urantia Book says), might possibly reach out and make contact with them. And if people want help from such higher spirit Teachers, they can long for their help, however I would advise against thinking that any voice in your head would be theirs. If you are to receive such personal and direct help from the Teacher Pairs or the Avonal Pair (when they return to spirit), you will know, for they will let you know without doubt that it is they you are speaking to. And if you are still in doubt, through the course of your relationship with them, as you grow more in truth by healing more of your negative state, you will know it is them.

James: Okay, like how it's been for me with you and Mary – the further I've progressed the more I'm convinced that it really is you.

Jesus: Yes James, exactly like that. And even though you've wanted it to be us, still you've kept a part of your self open to the truth that you might only be deluding yourself that we are who we say we are, that you might still only be making it up. And that has been good for you to do as it has kept a humility about you with which Mary and I have been able to work. Had you asserted your ego and told yourself it was us, and not doubted at all, then we would have very quickly come up against barriers, just as the Celestials and I did with Swedenborg as we said in the Padgett Messages. He was delighted in his self-importance that he was speaking to us, not doubting it at all, and that was his limitation. And then James Padgett was too far the other way, having no self-confidence in what he was doing with us and finding it very hard to accept that it was myself and that I would speak to him. Whereas you've been in the middle, with enough ego to believe it could be us, but still with enough humility to be open to the truth that it might only be your own mental delusion. You need some ego to accept that it us, and that we have wanted to speak with you, but that was enough to get you going before you started your Healing. Now having started that, it's a whole different thing anyway, and you know how to be self-monitoring so far as keeping an eye on yourself for your own self-delusion by staying attuned to your feelings. For as you've said many times to Marion, if it surely is all something you are making up, and so long as you keep longing for the truth, then one day something must give and you will feel bad, and upon expressing those bad feelings, uncover the truth; and if it is all 'shit', then you'll be able to see for yourself. (I've used your words there.)

The Avonal pair is to be associated with humanity both on Earth and from spirit, and directly with those spirits wanting to do their Healing in the Mansion Worlds, and even beyond when humanity is fully

healed, so for a long time.

James: So it's not just a one off thing for them, sort of 'we'll just pop down to help humanity sort itself out, then hang around in spirit for the next 1000 years to make sure they get the idea, and then when they are up and running we'll be off to the next world, the next assignment in our Avonal careers.'

Jesus: No, nothing like that. No popping in or out. Just hard work, however thoroughly enjoyable once you're Healed. Taking on all the evilness and having to deal with that is no small thing, as you're discovering.

James: Yeah. I used to think it wouldn't take much, that surely I wasn't too fucked; and yet, how ignorant I was, how little did I know as to what was involved. How little did I know how fucked and full of shit I was!

Jesus: There was no way you could have known James. There is nothing on your world that focuses solely on the rectification of personality, and all that expressing one's full personality involves. But now you're getting something of an idea. And I can tell you, you'll be getting something of an idea for many years to come and well into your spirit life, and even for the rest of eternity, for that's what it's all about: the ongoing expression of personality in Creation by our soul – no small thing!

James: Every day now I do feel like am moving on in my Healing and I appreciate that it is all really about healing the damage that was done to me, do to my personality expression. I have so many beliefs and behaviours that stop me expressing myself truly, and there seems no end to them.

Jesus: It is all very complicated James, a great amount of damage was done to you as you formed into your imperfect state through your early childhood; and it's the same for everyone, even those people who feel relatively good about themselves. And it all has to be fixed, so it takes some doing, a long time, moving up through all the different circuits involved.

James: Jesus we seem to keep getting off the Avonal track.

Jesus: There is no track James, it's just fine as we are, speaking about whatever comes to mind. I don't have anything more presently to say about the Avonals, you've written more of the specific details in our other communications with you, in this work we only need to make something of an introduction to all we've done together.

James: I have the feeling that in fact we've finished writing about all the topics you've actually wanted to talk about.

Jesus: Yes, that's right; now it's up to you and your readers should they want any more information on specific things. Mary and I will still happily keep writing these posts with you for as long as you'd like us to – that being now for the time being anyway, for as you know, either of us can have a change of feelings at any time.

James: I understand Jesus. And thank you both for all you've told me about myself.

Jesus: It's always our pleasure James, something very different and out of the ordinary for us, so we're thoroughly enjoy our time with you. I'll go now and leave you to your discussions with Marion, and we'll both speak to you soon. Jesus.

My after-thoughts

James: Mary and Jesus, having thought about all you've said about the Avonal pair, I have to say that I feel very skeptical about it all now. All you say technically I can see, it's a nice picture and it all makes sense fitting in with everything else you've told me, even though it doesn't agree with what The Urantia Book says about bestowal Sons. But still, how I'm feeling now is well... Jesus and Mary say the Avonal pair is here, and they say these are the End Times, with all the changes soon to happen, but as that's how I've always lived my life, always looking forward to the future, always with hope that something better will happen, so now I feel like giving it all up. I've been reading how the financial system is meant to fall apart any day now for the last four years; gold is meant to go to record prices and yet all I see on my charts is it going down; the planet is on the verge of severe physical changes, but the weather has always been dynamic, we're setting new hot and cold records in many places, but a hundred or two hundred years ago so too did they also set new records, so what's to say nothing will happen for another hundred years and then we'll set records again by a few pips; and war against Iran is going to start this week, next week, the red line has been drawn, and crossed and crossed again; and so many prophecies heralding the saviour, the new world teacher, he's coming, he's here, any moment now he's going stand up and the whole world will change... and I'm still waiting; and the Mayan 2012 has come and gone; and the New World Order are going to... in March, coinciding with when the meteor comes; but as it didn't happen in March, so now it's in May, or later in the year – November, and then it will... and on and on, it's like an addiction to the future that I've got, always waiting and hoping something will change, just as I waited and hoped that something in my early life would change. So I'm getting a bit tired of it all.

And as you know, I used to believe I was the Avonal, the Great One who has come to do God's bidding. That Marion and I are the Avonal pair; but no, I've healed all of that, it only being part of my need for power and thinking I'm someone special. Marion has never entertained the idea.

So now I feel that I'm putting it all on the shelf; and if it happens, so be it, and if the Avonal pair appears, then great, but none of it is going to change my Healing, all of which I now want to get on with, withdrawing more, and seeing what happens. I feel like pulling my head back in and returning to concentrating on my own bad feeling expression, all so that I might one day heal myself – another, one day, future hope. And as Marion and I can hardly drag ourselves out of bed in the morning, our bodies being so fucked; and with the best we can be just more talking about our bad feelings, thinking about all the rest is too much, it's far easier to give it all up.

So Mary and Jesus, I have written it with you as best I can. And as I am not Healed and so not perfect, so no doubt there are errors within all I've written; but that too I'm no longer worried about because I understand that should people should do their Healing, they'll be able to find out the truths for themselves; and people in future if need be can adjust my work, should it be considered anything worthwhile keeping.

And then I think, that all you both say is so far out there, and as not one person has asked a question of you or me on the blog; and people *have* been visiting the blog – although possibly not staying long enough to read anything; and as it's all so confrontational; I don't know, it's too hard to even think about, let alone to contemplate that we might be on the threshold of a new Spiritual Age and people are actually going to want to do their Healing.

So I don't know about all you've been saying about this Avonal pair. As I said, I'm skeptical of it and the whole End Times, even though I'd like to think that something good will happen to humanity, something that will stop or set back our ongoing abuse of ourselves and nature.

Mary: Good James, all good, it's all as you feel and it all needs to be expressed. Jesus and I of course don't want anyone to accept anything we've said just on a mental level only; and as we've said, you are not just to believe all we say, even if you believe it is truly us speaking with you James. You and people are to find out the truth for yourselves through your own feelings. And as you know James, the one part of it all that you can't dispute, is the truth of what happens when you stop denying your feelings and do start looking to them for the truth they are trying to show you.

James: You're right Mary, I can't deny all I'm doing in my Healing, that is the only real part of any of this. My Healing now having gone on for so many years and helping open my eyes to so much about myself and my relationship with mum and dad and helping me to feel better about myself; no, I can't dispute that – I'm living it! And having after five years thought I was nearing its completion, and then thinking the same after ten years, and then after... it's all the same thing – my looking to a better future yet all at the expense of truly accepting all of myself and all of my bad feelings. So now I am just going day to day – trying to be in the moment with my feelings as much as I can, which I'm still not very good at; and so far as I know, my Healing might take me aeons, as I have no idea how much truth there is for me to see and how much the Mother and Father want me to know. And even though you and Jesus reckon Marion and I will finish our Healing before we die, this too I'm taking with a grain of salt, it too I'm putting on the shelf, as frankly I can't see it happening.

And another feeling that's growing stronger in the closer we get to finishing the blog, is that even though you didn't actually ask me to do this for you both, still in some way you have, and I'm pleased now that my work for you is coming to an end. I feel like all my writing has been about getting myself to this stage so I can write it as I've done with you. And even though I have and still love every moment with you both, still I feel in some ways, which I'm still to understand more about, it will be a relief to have finished it. I think it's all tied up with my feeling and believing that I have to do it all for mum, dad and Gran, as it was all always all for them, and nothing for me. So I'm projecting that onto you Mary, that you and Jesus are sort of mum, dad and Gran and I'm still doing it for them, for someone else, for the good of humanity, to help other people, all of that, still putting everyone else first. So my ending it is part of my ending doing that with and for mum, dad and Gran.

Mary: And what you're saying James is right. As you're seeing about yourself now, nothing you've done in your life has really been done just for yourself – you've not had a life for yourself, it was all about them, and all for them, all to keep them happy and in their power positions.

James: Yeah, I couldn't even say no to them, nor ask them for anything for myself other than a few things I occasionally wanted.

Mary: And that's what you've been working on healing within yourself, that you have put the whole of yourself aside for them, they are the important one's, not you. You are there to please and serve and do what they want, not the other way around, not as it should be with the parent being there wholly for its child. And it goes right the way through to your communication, which you're becoming aware of more lately, that you can't even articulate and express yourself to anyone, which is your parents, because they didn't want or allow you to; you weren't allowed to speak properly, with them wanting to hear what you

said, making you feel loved and important and wanted; you had to listen to them speak to you so they felt those things. You had to put your self-expression through and with your feelings, how you communicated with the world, with another person, aside, being able to only use your mind devoid of much emotional content and expression. So your communication circuits have been disrupted in their forming and retarded causing you all the problems in this area you're now experiencing with Marion.

James: And thank you again Mary, you always shed a little more light on everything, I love that about both you and Jesus. What you've just said has helped me move a little more in it all, as I can see there's something new there for me. So I'll finish now as I've said all I wanted to anyway, and talk with Marion about it. I'll speak to soon.

Mary: Bye James.

55. Last post with Mary and Jesus

(5/5/2013)

James: Mary and Jesus, I feel we've come to the end.

Mary: Yes James, for the time being at least and in this way. Jesus and I will continue writing with you in private.

James: Is there anything else you'd like to say Mary, or you Jesus?

Mary: No James, we've said it all, not that we'd want to repeat ourselves – again!

James: Don't you want to get accused of doing that Mary!

Mary: We're more than happy to let you cop it all.

James: Oh, thank you both, that's mighty kind of you!

Mary: It's up to you now James, we're leaving it all in your hands as to what you want to do with all we've said to you, we're not going to leave you with any instructions. And you'll know through your feelings anyway.

James: You mean as to whether or not I leave the blog up in public.

Mary: Yes, the same applying to anything we've written with you. It's all yours, nothing further to do with Jesus or I. We are soon to depart for Salvington again in the sense of no longer having anything further to with anyone on Earth.

James: You mean you'll no longer be talking to anyone else in this way or privately.

Mary: That's right. Once you post your final post that will be it. Jesus and I will officially leave then. We

will however, as we've told you, be in communication with you right through the remainder of your life, however we won't be having anything more personally to do with anyone on Earth. We will still be overseeing the Celestial spirits in all they are intending to do with people, but mostly from afar as they are more capable of getting on with it without needing our continual help or reassurance.

Jesus: And this is all part of the official end of our age James. It's another part of its drawing to a close. Certain other events are still to transpire that will complete these end times for us, however they will not directly involve us.

James: So this really is it Jesus and Mary – the END of your personal relationship with Earth?

Jesus: Yes, it's been a long time in coming, but now it has finally arrived. And we only need to tell you about it and for you to make it public in your small way. The rest of no concern of ours.

James: That's huge, incredible, amazing.... what will we do without you? I don't know if anyone will believe me that it is the end of your having anything to do with humanity, as you say it is.

Jesus: It doesn't matter what they believe, that's up to themselves. And were they to grow in truth through their feelings as we've suggested one might do; and were they truly interested in such things pertaining to their soul growth, then they'd know the truth for themselves, and that's all that matters. As we've said all the way along, it's how you live – true to your own feelings – that matters, and for you to live with your feelings leading you; but your true feelings and not the ones being controlled by your mind. That is all that's important. The information is really neither here nor there, only there is always a technical element to it all, and so our official technical announcement of the end of our age through you James is enough. It's enough for us and enough for Nebadon.

James: So Jesus, what about if someone wants to ask you or Mary a question through me, such as I've said in the blog?

Jesus: No, you'll have to remove that, as we'll not answer it directly. They can ask you James their questions and you can answer what you think and feel; and if need be you can consult us, however we'll not be directly answering anyone anymore. No, that's all finished now. From our side, Mary and I have to let you go. Like parents allowing their children to freely go off in their own lives, so that's what we are doing. We are now stepping aside for humanity to get down to the pressing business at hand of Healing themselves. We have organised and authorised the Celestial spirit groups to help you, and they will be more than capable of doing what Mary and I would do. And it's to be that way. You (humanity). are to get on and help each other. You are to take kindly to the mind spirits understanding they can't help themselves and be any other way, just as are those people who remain intent on living against themselves and in denial of their true feelings can't help themselves; however you are also to stand true to yourself and all you feel, doing what you feel to do. And in doing so, it will be a most enjoyable time for those people who are striving to live true to themselves as they do their Healing, not counting all the bad feelings they will feel.

And as we've also told you, there is other spiritual help coming to you, help from the Avonal Pair, the Teacher Pairs, so you'll be more than equipped to deal with the healing of your evilness.

The Avonal Pair when they are ready will make themselves known to you, and then you will be able to look to them as they will help you understand more about your Healing, they having healed themselves.

And all the changes that are destined to befall humanity will in time be seen for what they are, a blessing in disguise because you can't continue as you are, with so many people living in fear of their lives, living with too much daily stress, with too many bad feelings they believe they have to keep denying their suffering only increasing.

Mary: And you understand James, that all we're doing is only preparing people for the real work that's to be done – the healing of your negative states. Jesus and I have complied with all the limitations that were imposed on us, but now we're free of them all. No longer do we have to remain as we've been in our relationship with humanity, we are now free to completely be about our Mother and Father's business, true to all our feelings without having to comply with the restrictions of the Rebellion and Default as they relate to Earth and its associated Mansion Worlds.

James: So what do you feel about it all Mary and Jesus – anything: happy, sad...?

Mary: It's just another step for us. We always feel happy. Once our age completely ends and the new one begins then we'll feel good, very happy and pleased that humanity will finally be able to do what it needs to do, to once and for all set itself free of its evilness. Today is just a technically for us.

James: I feel happy and sad.

Mary: More feelings for you to speak about with Marion.

James: I keep feeling like I should say something more, or we should have a party to celebrate, or a wake because we don't want to see you go... or... We've hardly got to know you.

Thank you Mary and Jesus for all you've done for me. I can't thank you both enough. And even though as you said we'll still be speaking to each other; still, even your wanting me to do this blog has helped me so much in the doing of it and all that's transpired.

And I don't know if it's my place to thank you both (or even if it's necessary) on behalf of us all – humanity, but thank you anyway. I doubt we'll ever really know all you've done for us and all you've been through because of our denial of you and the truth you revealed. But thank you again anyway. And I guess if other people want to personally thank you they can in their prayers, for I understand that such prayers would reach you.

Mary: Yes James, they do. But really what will and does please us the most is when people and spirits start to call upon our Spirits of Truth, that coming about as one sincerely starts to want to know the truth of oneself as we've spoken about; and as one starts to accept their bad feelings, which will lead them to uncover their truth, rather than deny them. That is what we are looking forward to, for then Jesus and I can feel the pull, we can feel you personally and collectively longing for our help as you long for the Truth that we are then able to give you through our Spirits of Truth.

And you will get to know us as you engage our Spirits of Truth, for as you grow in truth you will feel like you are getting to know Jesus and I. And then there is all likelihood for some people that we will meet you in person sometime through your ascent of Nebadon.

And remember James, this is only the beginning for you all in your existence in Creation. There is a lot still to happen and for you to experience. One day your evil and negative state and your sojourn through Nebadon will be a long ago distant memory – and hopefully a fond one.

James: Once we've healed ourselves I should think Mary.

Mary: Yes. James, we are going to leave you now. Thank you for doing all the work you have done, and we'll speak to you soon. Goodbye from us now, Mary Magdalene and Jesus of Nazareth.

James: Bye Mary and Jesus.

56. My thoughts and feelings

(5/5/2013)

For me there are three main parts to what Mary and Jesus speak about, with the main and most important part of the three being the healing of our negative state. Then the End Times and the coming of the Avonal pair.

So far as what they've said about our being evil and what's involved in our healing of it, I agree with it all as I am experiencing it on a daily basis as I slowly grow in truth extricating myself from my feeling-denial and healing my childhood repression. As I've said, I want to live true to myself, nature and God; and this so-called healing Marion and I are doing, suits us, as hard and trying as it is; showing us, so far as we're concerned, that it is the only thing we can do to truly help ourselves. Our lives never worked for us forcing us to look for alternative ways, and having tried various things, our Healing is certainly making us confront all we are, helping us to see our falseness and showing us just how bad our evilness and negative state is. And as we're coming to understand, it's the only way we can get ourselves out of it, even though most of the time we only have our feelings as our guides not having any clue about it or where it's going and how we'll end up. It's certainly proving to be an adventure, and a spiritual one at that, however nothing like we had in mind. To feel bad so often and in so many ways, and to have to keep working on trying to express all our bad feelings fighting against all our resistance to them, makes us feel even worse; yet still, the truth comes, and that's the compensation, that's what keeps us going; because the further we go into ourselves, the more we do see the truth of our relationship with our parents and early carers; how they've made us be, how we've taken it all on, how it's fucked us up, and what we have to do to change ourselves. So it's the truth that keeps us going, the truth that's gradually making us feel better about ourselves as we allow ourselves to feel as bad as we do feel.

As far as all Mary and Jesus say about the End Times, well really, I have no idea. Every day I read more on the Internet how the world is heading towards financial oblivion, and then there's all the weird American controlling stuff, all the hidden agendas, and supposed New World Order; and then there is all the Earth changes – are things going that way or is it just more of how it's always been with droughts, floods, volcanic eruptions, earthquakes, some years more, some less. Mary and Jesus say virtually everything as we know it is going to end and change, but what really does that mean, and as they don't tell me anymore than they've said in the blog, I just have to wait and see, going with my feelings as there is nothing else I can do.

And then there is the supposed Avonal pair coming, that of itself being a major spiritual event for humanity should it prove true. But it is true? Through my Healing, because of getting more in touch with all the lies and deceit from my parents I had to believe, I've become skeptical and cynical, everyone telling everyone else how to be as they told me how to be. So as much as I want to trust Mary and Jesus, they still might be saying it all to me to help me with my Healing, for it to create feelings in me yet not necessary going to happen in the world. So like the End Times, it's a case of having to wait and see.

Early on in my Healing as I said, I used to believe that I was the Avonal but that was all part of my desperation to feel important, and part of my family superiority, all of which I've let go of. I no longer want to feel important and superior like I used to, all I want to do now is heal myself and become true; and daily Marion and I wish we could die, leaving the horrors of humanity and its increasing abuse of nature. And as I also said, mostly we can hardly drag ourselves out of bed each morning feeling so much pain with yet more endless bad feelings to speak about; and to be given what I see as an almost thankless task of coming to 'save humanity', who from all accounts doesn't want to be saved, now to think of myself being the Avonal makes me laugh, if not want to cry.

And I say thankless because all that Mary and Jesus speak about I understand is way out on a limb, which I imagine very few people being able to relate to. And judging by the lack of comments on my blog and the one's that are there only trying to turn me away from how I am living, trying to tell me that I'm wrong and I should listen to all what the mind spirits say, I wonder if all Mary and Jesus say is too confronting and challenging. And that the doing of one's healing is too hard, because it certainly will make you give up and change virtually most, if not all, of your life, and that proposition I would imagine for most people will be too daunting. I imagine there might be other people who are as fucked or even more fucked than Marion and I and failures in the world, but as to whether they'd want to do the hard work in trying to heal themselves... well again, I just don't know. Mary and Jesus say the world is ready for it, and I feel privileged to be able to say what they want and to put it out there, and I'd like to think they might be happy with my efforts yet still, most days as I feel so unsure of myself as I'm broken down and out of my self-delusion, I hardly know whether I'm Arthur or Martha, let alone what I'm writing with them makes any sense. And I apologise for my English, words, like my feelings, were not a thing in our family, so writing is no passion for me, just labour, and the last thing I thought I would have done in my life.

When I began the blog back in January I thought I'd tick it along over a couple of years, but now my feelings have changed to wanting to finish it for the time being because I feel I want to withdrawn more into myself, turning more of my attention to healing myself. Marion and I want nothing more in life now than to heal ourselves. And lately I've been feeling increasingly tired; tried with all the strain of how my life has been, feeling all the pain of feeling so unhappy and unloved, and tired of applying my mind to such things as all the writing I've done about it. So I want to stop, have a rest and then see how I feel about it all.

Should you want to ask me about any of it or discuss any of what Mary and Jesus have talked about, I will be for the time being, until it gets spammed too heavily, leave a contact form below. So please feel free to contact me, I do enjoy talking about it all.

And should you wish to venture into doing your Healing, then I wish you all the best. I now know that Marion and I can't actually help anyone to do their Healing, other people might in time be able to as they understand the principles involved, but it's enough now for Marion and I to try and help ourselves.

And should I feel that Mary and Jesus want me to write more and make it be publicly known, I will. And even though feelings can of course change, for now I feel this is as they say, the end of their direct association with us on Earth, and any further communication I have with them will be only to do with my personal Healing.

All I write is what I believe and live, even what Mary and Jesus say. Although I'm still rather sceptical about the Avonals being here. Marion only speaks to the Heavenly Father, she doesn't have a direct and personal relationship with the Mother like I do. And Marion isn't interested in what Mary and Jesus say, she's not at all interested in the bigger picture of what's going on in the world. So it's all my own doing, I have no one else who says they even agree with what I say in my life. And because of this I am just putting what I think out there, I am not wanting to set myself as any sort of teacher. The Padgett

Messages cover quite extensively what happens to people who teach untruth, how they have to set about un-teaching it all when they find out the error of their ways. So my work is more like my personal diary that you're reading, it only concerns myself, and I don't think or expect – and would even die of shock, if anyone said they like it and want to do their Healing. So I am putting it out there in good faith that people will make of it what they will, just as we do with anything, and won't expect anything further from me, because they will only be let down – more bad feelings they can use to uncover the truth of themselves.

When I first started my spiritual explorations, I derived much hope from the notion that I would find a way out of my pain and to the higher truths. And I thought that all I had to do was heal the few problems I had and then I'd be able to get on and make it in the world. Now I know otherwise. The doing of our Healing is not so we can be successful in this world of evil, it's to rid ourselves of our evilness by seeing it through our feelings for what it is, and so it's about setting out to remove oneself from the world in a way and not get more involved in it, not as it is, anyway. And as to how other people might adjust to this in their personal lives I have no idea, but I imagine from all Mary and Jesus say, that if humanity is to change and grow in truth, then people will start something of a 'new world' in their own personal lives, and perhaps even banding together: a new world of truth and so hope, faith and real love and happiness. And this thought I enjoy, that possibly humanity really is going to change, and things will occur to help us in that; but still, until I see it for real, it will remain yet only another fantasy of mine. And probably just another one I'll have to heal.
James.

My comments.

Hi S..., I'm glad you said this as it's something I'll greatly disagree with.

First of all, I too used to believe that I chose my parents, but now I know God did that and I had no say in it. The Mother and Father have all of that well and truly planned at the time of our souls creation, as part of Their personality expression.

The thing is, as one does one's Healing, you awaken your soul-perceptions, which Jesus speaks about in the Padgett Messages; and through them, as you grow in truth, you just slowly know things about yourself, you perceive them, and they are more than feelings – sort of deeper. And a part of what I know is that I didn't choose my parents, all of that line of thought mostly resulting from a belief in reincarnation, which is all too much of the ego, of saying we have all the power, even the power to choose our parents, when we don't.

However, it is all perfect, we do have the perfect parents to give us what we need – love or no love, which is of course how it has to be as God is orchestrating it all. Through my Healing when I've been in the worst of it, I've so much wished I had different parents, one's that truly loved me. But the more I've gone along and come to appreciate all my negative state is giving to me, the more I feel happier with them as they were, with it all being as it was, as it couldn't have been any other way anyway. MJ blog

The belief that a lot of people have that we should forgive our parents, ourselves, everyone else, having as you say, empathy and compassion for everyone and not being the victim of your childhood yuk; that we should learn to let it go, bring it out (that part I agree with), deal with it (yes that too, but not how most people think we should, but as Mary and Jesus say we should), and forgive, and then move on, I

think is wrong. It's all wrong because it's just more of the same: using your mind to override and push aside all those childhood issues, which is really, all the pain.

We read it all the time, the child grows up and becomes the powerful one when its parent is on his or her deathbed. The child forgives its parent – no hard feelings, now that it's all coming to an end. The child feels very good, forgiving and then forgetting, and the parent feels free to die having been absolved of all wrongdoing by its child. But it's all just a reversal of power for a short time, the child now having the power – so it believes, over the ailing and frail parent who can't fight back, being in a sort of way now the 'child'. But it's all false power. Because the child will still have all its repressed pain inside it, which doesn't just magically disappear when the magic words "I forgive you dad; I forgive you mum" come out your mouth. And the parent wakes up in its new spirit life still as the parent and no longer feeling weak and pathetic as it did when it was dying, now with all its power back, so nothing having changed. MJ blog

You say learn to forgive, which to my understanding is what most people think one should do, but it's again just a way to gain power, and to *learn* means you have to use your mind to take charge of your feelings; and if you have to learn then you're not doing it naturally, which you would do if you felt true forgiveness – not having to learn how to do it.

The sad fact is we ARE victims, we feel very hurt and are in a lot of pain all of which we mostly keep hidden from ourselves, and all resulting from how unlovingly we were treated as young children. And to just try and keep all that pain buried using such mind control as learning to forgive is fine if you don't want to face that pain; but if you do want to free yourself from its control, from the control of your childhood repression and negative state, then one has to accept, express and seek the truth of all those dreadful feelings you feel as the victim. By allowing yourself to feel them, to welcome them and not reject them, to accept this hurting part of yourself and not push it away. But the hard part is, doing so will take you into having to confront the truth of your relationships with your parents; and that's unavoidable, because they hurt you, they didn't make you feel as loved as you needed to feel.

And so this is what Mary and Jesus are speaking about, it's the guts of what they are helping us to see about ourselves; provided: we do want to do something about it, and we do want to grow in truth and stop doing all we can do keep denying it.

And one might have gathered if one has read a lot of my posts, it's mostly doing the very opposite to what we've been taught to do and believe you should do. But if we keep refusing to fully acknowledge all our bad feelings, then all we're doing is keeping ourselves well and truly trapped in our yuk, empowering our mind even more over our feelings, with all that childhood pain staying within us festering away.

If one is interested in Childhood Repression, I strongly suggest reading Alice Miller's books, there is a free one, a link to it on my CR site on the links page. She is a professional, and all the evidence is there, it's all within us and within us all, and it's what we're all running away from as fast as we can. MJ Blog

The spirits I talk to do use the word love where and when appropriate, only for the most part Mary and Jesus are trying to show us that all we believe love to be, might not be as we think and even feel it is. And that we won't know until we've completely healed our negative state and living true to ourselves – and with true love, not love resulting from a life that's controlled by our mind.

To me S... from all your comments I would say you are wanting everything and everyone to be loving and nice, which of course there is nothing wrong with. But for me, as I used to (and still do), I've had to give all that up, giving up trying to make it all nice and loving by using my mind, so I can concentrate instead on how unloved I feel. Because I know that I do feel unloved, and that I'll never really get anywhere and never be truly happy until I feel truly loved. And as going 'your way' never worked for me,

my cracks and gaps were too big and my mind too weak and powerless, so giving into my bad feelings and working with them, is making me feel a new love, something deeper within me as my Healing progresses, and something that I'm as yet to read or hear anyone else speak about as I relate to it – a love that is coming out of my darkness, if I can put it like that. MJ blog

I'm 51.

And by the way, there are no such angelic personalities as Archangel Michael, Gabriel, Raphael, they are all made up the you-know-who's. There may be Archangels with these names, however what's wrong is what the mind spirits and so people under their influence attribute to them. You can read about Gabriel in The Urantia Book. MJ blog

Hi S..., I had a look at *Christ's Letters* (which means, I read the first few paragraphs of the first letter and skimmed the rest – it's becoming harder to find anything that's said to be spiritual and channeled that impresses me) – more New Age stuff. It would be very easy being a mind spirit to take The Urantia Book's account of Jesus' life and pretend to be him, but none of it rings true to me. Just more of the same old stuff.

And to lump The Urantia Book in with the Bible, Koran, Nag Hammadi, Bhagavad Gita etc., shows one's lack of understanding about The Urantia Book. The beauty of TUB is that it brings together all that's spiritually relevant so we can add it to what Jesus reveals in the Padgett Messages, setting one up, if one maintains an open mind, for the truth Mary and Jesus are now telling us as in our need to heal our childhood repression. TUB gives us the bigger picture; the PM introduces the notion that we can and do have to long directly to God for the Divine Love so as to become divine; and healing our childhood repression is how we set ourselves free of our evilness. But without a sincere and determined longing to uncover the truth of oneself through one's feelings, then it's all just food for the mind and so what does it matter anyway what says what.

And it's also wrong, so I think, to just 'Feel, don't think'. We are certainly to honour all our feelings, striving to express them to help us see the truth of ourselves, but we also need to do a lot of thinking about all our feelings are showing us and making us feel. Our minds are still to be used to make sense of it all, but not to take over, and not to control our feelings – to be in support of our feelings, allowing them to go first. So what's important is to keep accepting and expressing and seeking the truth of your feelings; and whilst you do, you do of course do what you feel to do (you can't do otherwise), and you also think about all that your Feeling-Healing is putting you through – which also just comes naturally. MJ blog

Jesus would not refer to God as Source, that's all how the New Age mind stuff goes about it, all denial of personality. Jesus and Mary's whole message to us is to introduce God as personalities – and making God as personal as we can, so as our Mother and Father. So we can relate to Them as personally as possible, not impersonally by calling Them Source or the Universe. That is the way of evil, to depersonalise everything, it's the way of our world, to remove everything from our true feelings. So it's just more of the same old same old mind spirit stuff. MJ Blog

(I want to add to this comment, as I think it's a very important part of it all to understand, however I'm not going to post it.)

As I understand all that Jesus and Mary are about, and so all they are telling us, is to help introduce us to God as being more than just a nebulous impersonal thing such as the Creator, Source, Allah, God, but

our very own soul Parents, the very one's who created us and bought us into being. And from what The Urantia Book says about Paradise Sons (and Daughters), their whole role is to help bring the persons who God is, our Heavenly Mother and Father, 'down' to the material worlds, so down to us. They reveal to us that which we can't know, and we are to evolve through our own spiritual pursuits 'up' to meet them. And as Mary and Jesus came to our world, if we don't look to them for the truths they are revealing and indeed are living, then we'll never be able to uncover or find the truth of God, so we'll never be able to have a very personal child-parent relationship with Them. We'll never be able to call Them, because we know it to be true, that They are our real and true Mum and Dad. And we have to look to Mary and Jesus because their Spirits of Truth are like the tractor-beams we can lock onto that will help guide us into ourselves, all the way to Paradise, there where we can actually, so The Urantia Book informs us, in some way, meet with Them, so know that They are real and true, and that we haven't made it all up, and it is as Jesus and Mary have told us.

So unless one does their Healing and partakes of the Divine Love, one is not going to be able to relate to God in such a personal way, so one will persist in relating to one's Heavenly Mother and Father by all sorts of other impersonal ways, thereby missing the whole point of the exercise, the whole reason for us starting out in the outer reaches of Creation and ascending in truth getting to know ourselves and our Heavenly Parents every step of the way.

And to say that it's all the same, all different religions and spiritual ways all leading to the same place is not right, even if they say it's all about having a loving, friendly and personal relationship with God or Source or whatever. Because there is ONLY ONE TRUE WAY, and that is the way of Jesus and Mary, they are the head soul of the universe we live in, and so it's their way or you're making up your own way which will lead you no-where; or you're choosing to live someone else's way, like the Lucifers or Satans, the evil spirits that rebelled, which will lead you into the mind worlds forevermore, their to remain wrapped up in your own self-glory, but never moving on in your ascension of truth to Paradise.

And you might ask: well why should we listen to you James, how come you reckon all you say is true, you might only be like one of those people you say are controlled and influenced by the mind spirits; and to that I'd say, well, that might be true, but it's for each of us to express how we feel in each moment, and this is how I feel about it all now. And currently I feel very passionate about it. However possibly as my Healing progresses I will change and have to come to see that perhaps all those other Jesuses were right and 'my' Jesus and Mary were wrong, but if that is to happen, then at least I know I was living true to my state now as I will be then, which is all I can do.

However within it all, the one thing that I do know is that it's very extraordinary, and so far I've not read or heard anyone else talk about our spiritual growth to include and be centred around, at least for the first part, the doing of one's childhood repression healing. And the further I go in mine, each day it confirms to me that it is a way; and possibly even, 'the way', to get myself out of my evilness. Every day as I feel bad and express more of those feelings seeking the truth of them, I do feel better within myself, and that I am progressing, and I'm able to observe Marion progressing in healing herself. So I do know something within us is changing, and we both do prefer how we're becoming and how we are now seeing life compared to how we used to, and we do feel we are gradually getting truer.

S..., surely you know what I'd think of *Conversations with God* – I wonder, do you actually *read* my posts? I have read the *Conversations with God* books, more of the same old boring mind spirit yuk. All that sort of stuff I find so dull, there's nothing to get one's teeth into, it's all so pat and safe, and it's been said a million times before, and is still being said. All I think it's good for, unless you want to buy into all that feel-good and bad feeling-denial mind stuff, is the recycle bin. And I don't believe for one moment that

Earth is supposed to be negative. And it's why we've been given The Urantia Book, to show us why we're in the bad state – how the Rebellion and Default came about. And my Heavenly Mother and Father have brought my soul (me) into being, They have chosen it all for me. And I sure hope there is more than my current personality to be expressed in Creation, eternity is a long time to be without growing in truth and evolving one's personality expression. MJ Blog

Yes it all sounds nice and easy, but it's all mind control. It sounds similar to what Mary and Jesus are saying, but it's not the same, as you're not striving to use your bad feelings by accepting and expressing them to uncover the truth of them, which is the most important part. It's all part of the sneaky insidious controlling ways we subject ourselves and each other to. All so we can control our bad feelings so we can *'be loving'*. But as I've said before, 'Being Loving' is being false. One can only be truly loving when one has fully healed one's negative state, and then one doesn't have to 'be' anything – one just 'is' loving. But first of all through our Healing, we have to 'be hating' – allowing ourselves to hate and feel all our bad feelings, as that's what you will be as you uncover the truth of your childhood repression. Hating all that was done to you and all who did it to you – all you were subjected to against your will. MJ blog

I like E..., and I think it's a good example of how we are the same after death in our spirits lives, only without our physical body and without our pain. And it shows how much waking up in the mind worlds can help one deny their bad feelings by a huge amount. And then to get all caught up in all they believe over there, all that reincarnation stuff. And so far as the spirits like Hitler being who they say they are, they seemed genuine, but I felt sorry for them having to be subjected to likes of 'Me' and Jamie. It seems like such a show for them, which of course is okay if that's what you want; but it's not what I'm personally interested in, wishing instead of it all being about themselves, they'd get on interviewing the spirits and trying to understand where they are coming from. So to have to read so much extra stuff by the both of them, just to get one line and then a paragraph or two from the spirits... For me it sounds too much like this fun game were all playing called 'Let's talk to the Spirits. Now children, who can we talk on today', the spirits just being their props, there for their amusement. MJ blog

In my world Jesus is called Jesus, and for me to start calling him Jeshua would be an affectation, my thinking I'm someone better than I am because I'm 'in' with those people who think they know what his real name is. Jesus himself said he doesn't care what people call him, and none of these names are his soul name anyway, by which one would call him when one is in the Celestial spheres. MJ Blog

Jesus was perfect, his death shows loud and clear that we don't want such perfection with us on Earth, it's too threatening and so we have to get rid of it – so we got rid of him. And by his death he's showing us, as one's Healing will show oneself through one's feelings, that we don't want our true selves, we don't want to live true and perfect as Jesus and Mary did; our parents didn't want us to be our true selves, so 'killed' us, making us become false, making us have to go against ourselves. And if that isn't evil then I don't know what is.

And it doesn't matter how much you want to rationalise it away, by trying to water it down by saying he didn't actually die on the cross because he is alive and well in spirit; the fact is, he died, we can't dismiss the physical; and he didn't die a natural death – we rejected him, we didn't want him, just as our parents

rejected us and didn't want us how we wanted to be.

And we can say that Jesus came and died for our sins, that God sacrificed his son for us, that Jesus gave his life for us so we would be good, that Jesus was the faithful and obedient son doing what his Father told him to do, but it's all the same as how we treat our children. The child is good when it obeys its parents, bad when it doesn't. We sacrifice our children, forcing them to become as evil as we are, forcing them to go against their true selves – their true feelings; yet of course we refuse to see this, we don't want to, because to have to face such truth means we have to admit that we're all a bunch of killers: killing ourselves by denying our bad feelings, killing our children by forcing them to do as we do, all shown by how easily we can kill other creatures and each other. MJ Blog

Last night as I was going to sleep lots of repressed anger started pushing up in my legs. I tried to express it, all the silent screams as I couldn't actually open my mouth and let it out. But it kept coming, the rage building inside me, and the more I let it come the more I felt like I was a baby, all bound up in my tight clothes, too hot, screaming with rage and fury at not being loved and treated properly. Finally the bad feelings overwhelmed me and I had to kick out madly thrashing around yelling with anger and frustration. I am nearly fifty-two and yet here I am after sixteen years of working every day solidly on myself, feeling like (connecting with by acting out being again) myself as an angry baby.

Most people who are in therapy go and see a therapist possibly a couple of times a week for an hour. I've been in constant therapy day and night for all these years, and gradually I've been worked back to being able to connect with my repressed and buried feelings that I felt (and the full trauma of them) as a baby.

And along with these 'baby' experiences, lately more has come to light as to how my mother really saw me, that being as 'The One Who Must Survive'. She lost her first child – Stephen, he was I think still born. Then miscarried with the next. She had met the 'Handsome Man' but her fantasy wasn't continuing to be fulfilled. The stigma in our family world of a woman not being able to give birth to a live child was great, although unspoken, so unacknowledged, but nevertheless it was there, and to be such a failure would have been too much for her to bear. So her next child - me - had to live. And that was enough, nothing more was asked of me, nor did anyone seem to feel that I needed to be communicated with as something other than a dolly. So I lived, and that was enough, I had survived. So then it was, well, put baby over there, baby is meant to be like something you bought at the shop, one that worked, not like the other two that were broken, not like the other two she 'killed', because that's the horrible truth that underscores it all. So I am put over there, like an ornament, that's meant to be no trouble, meant to 'be a good baby' all just a fantasy.

And further to that, my feelings have been showing me that really I'm nothing more than the front door, so when people (the world) come, they can see that this is a successful family, yes, they have a door, and what a nice handsome and pretty door it is. But that is all I am, nothing more to relate to than a show of being just the one that lived. And then with my brother and sister, the family can get on being together, all so long as I keep being the statement that I survived, that they are successful.

And so do you see S... these feelings I'm not making up, they are real and I have to deal with them. I tried to push them aside but that never did anything for me. So when you say things to me like "Say to your hurt I'm trying to understand you, I'm working on it, I'm acknowledging the hurt and one day I may even understand you..." I wonder, well what do you think I am doing? But I understand what you're trying to say, and although it sounds like what I'm doing in my bad feeling acceptance to uncover the truth of myself, it's not the same because your way is really all about using one's mind to still dismiss the deeper repressed childhood stuff, because then you finish it off by saying that I should also "feel love for

myself and my parents etc..." all of which is more of *you telling me*, just as they told me, to override myself, all the feelings I am feeling, that 'IT'S CALLED LIFE', and so really just get over it would you, we're all getting bored by you going on about your bad feelings and all this depressing stuff. And if you continue to wallow in it, it will do you no good, so hurry up and put that smile on your face and turn on the love-tap, and pretend everything is all right.

But for me S... everything is NOT all right. I tried to do as you and my parents said, but still it didn't work for me. They did too good a job me, unlike so it would seem your parents did on you, you being able to play the feel-good game. And you, like my parents, won't allow me to be as I want to be. You keep telling me, as they did, that I am wrong as I am and I should change myself. And I listened to them when I child as I believed they were right. But no more. My feelings are the way to my true self, and I want to be true, no longer looking to or using my mind to determine how I should feel. MJ Blog

Hello L..., thank you for your great feedback!

You can read about the Lucifer Rebellion and Planetary Default in The Urantia Book – there is a lot to them. However very briefly, there are higher spirits assigned to look after the material worlds such as Earth and the humanity on them. The Lucifers decided that the system God had set up wasn't to their liking and so took it upon themselves to go their own way, and by taking matters into their own hands, brought about the System Rebellion in a part of Jesus and Mary Magdalene's universe of Nebadon. Anyway, they then came and corrupted our long-ago ancestors, with other higher spirits such as the Satans helping humanity to turn away from God, from living true to ourselves. Then Adam and Eve came to Earth, yet more higher spirits that were to help us, but they were lower in universal standing than the Lucifers and Satans and so were swayed by them, bringing about the Planetary Default. The important thing is however, how it all relates to us, that we're now, because of these two events, all conceived into the Rebellion, but forced to take it on by Default. Adam and Eve didn't wilfully agree to rebel, they were seduced and coerced into it so they defaulted, so none of us on Earth wilfully as adults rebel either, we all are inducted into the rebellion by default though our childhood. Our parents believe they are doing the right things to us in their parenting but they are not, they are actually making us rebel against our true selves by default, as we're forced to take on their ways believing we're helping ourselves. And the biggest sign that we're not living fully honouring ourself is seen in our denying and not wanting to accept many of our bad feelings.

The thought adjuster – our Indwelling Spirit, is divine in as much as it's literally a part of God's Spirit - a spirit fragment if you like, that comes from God's home – Paradise, and when we're about six and indwells our higher mind. It becomes, if we allow it to by living true to our feelings, our 'pilot light' so to speak that God gives us to guide us back to Paradise. And at a certain point in our growth of truth, when we've fully healed ourselves of our rebellion and default, that being, our denial of many of our bad feelings and our living untrue to ourselves, then our Indwelling Spirit fuses for all time with our soul, so literally do we then have a part of God within us, at-one with us, for all time, as we ascend to Paradise to meet God outside of us – in person.

So the thought adjuster is divine, but not specifically the Divine Love itself. The Divine Love is just that, it's God's love, and we can actually long directly to God for it. And when we do the Holy Spirit brings it into our soul, you can feel the lovely feeling of it coming into you; and it then changes the Natural love that we are, into becoming progressively divine. So we begin life like all the creatures on Earth, of Natural love, then we can 'divine' our soul becoming of the very same Divine Love essence God is by longing for the Divine Love. Natural love is mortal love, it is not directly of God, not God's Love, and meaning at any time like all creatures it can cease to be; whereas the Divine Love is immortal, it

being God's Divine Love with God being immortal and who will never cease to be. So by transforming our soul from the mortal to the immortal, from Natural love to Divine Love, we're ensuring our eternal survival in Creation. Saving ourselves is really doing so by first of all Healing ourselves of our evilness by doing our Spiritual Healing; and then more importantly, partaking of the Divine Love so we'll always be a part of Creation, saving ourselves from one day ceasing to be in our Natural love. And Jesus and Mary M are the Saviours because they are making the 'saving' Divine Love available to us. But we have to ask God specifically for Their Divine Love, to long for it, because we're currently living rejecting God in our negative, rebellious and default states.

And yes we can express ALL our feelings to God – we should always be doing it! However it's still best to be expressing them to a friend if you have one, someone close to you, whilst seeking the truth of them, longing to know why you are feeling them and what they are there trying to show you about yourself. And of course we can; I do all the time, ask God to help me see the truth of my feelings as I try and express them to Marion. (Answers to questions from an email to Divine Love Spirituality.)

Do your Healing, and then see what you feel about loving the inner child. All of this stuff as on this site to the Jeshua message is only yet more mind controlling ego appealing nonsense. It does nothing to help you get in touch with the truth of the feelings you are denying – it only helping you deny them further. And it will in no way help you heal the little child that you are still are, the one scared because of being treated badly by your parents. Yesterday at the supermarket in the time it took me to walk past three aisles a mother said angrily to her crying and protesting little boy “STOP IT, STOP IT, STOP IT, NO, NO, NO, NO, NO, STOP IT, NO, NO, STOP IT, NO, NO STOP, STOP, STOP, NO, NO, NO, NO”, and that is just everyday normal acceptable parenting with no one even raising an eye to look at them, no one seeming to care about the little boy – and especially his mother not caring, is the horror and pain most of us have been subjected to. And all that trauma is locked away inside us, as it will be in this little boy, so it's going to take a lot more than just *telling the child within its safe and it can come out now and it's fully loved*, to heal all that terrible pain of feeling so hurt, unloved and rejected by his own mother. MJ Blog.

To say that Jesus and Mary M lived to old age anywhere on Earth, and that they had children means one still doesn't have any real or true understanding about the real nature of their soul. That they are the Creator Pair of Nebadon and what that actually means. And being such a pair, were forbidden to have children because of our negative state; and had they, such children would have interfered too much with our evilness, as they'd have been perfect. MJ Blog

Good stuff S..., thanks for posting it in the comments.

Firstly the *Course of Miracles* is the mind spirits, it's not Jesus, JESUS HAD NOTHING TO DO WITH IT. Had he, he'd have included the essential truths that he revealed to James Padgett. It's what I said the other day, these people don't have a clue about what really Jesus or Mary M are all about. Mary and Jesus are revealers and TEACHERS of truth – of, THE TRUTH, and they are not going to say a whole lot of truth to someone like James Padgett then make no mention of it in the Course of Miracles or any other supposed channel from Jesus or Mary.

And all the 'truth' these other Jesus channels teach is all to empower the mind in its negative and feeling-denying state. Read what is said, read the actual words and you can see it all subtly and not so, weaved throughout all the messages, all the same controlling mind stuff.

If you asked the real Jesus why he chose you as a channel, he wouldn't answer something like "we chose each other", because it's meaningless, he'd say the Mother and Father wanted it that way, and he'd use every opportunity to shed more light on the central message he came to give us; that we have a very **PERSONAL** MOTHER AND FATHER who is God, and that we can long directly to Them for Their Divine Love. (And The Urantia Book is about the same thing, in full support of Jesus (and Mary.)) Anything else is just more of the same mind deception. These other Jesuses aren't trying to have a more personal relationship with God as your Heavenly Father. And they can't, because the mind spirits are not about striving to become at-one with their true Heavenly Parents, they are being gods themselves, or at best, becoming at one with God of Mind – one they've made up for themselves.

So I say again, read the Padgett Messages and understand there is a huge and very real separation in the Mansion Worlds; there are those spirits – the mind spirits, who are all concerned about advancing their negative states; and there are the Divine Love spirits, all who are striving to become Celestials, heal themselves, and ascend onto Paradise. And all of these Jesus channels and people who follow then upon death will wake up in the mind spirit worlds there to continue living their spirit lives, able to follow the Jesus of their choice whilst they fiddle around trying to sort out their next Earth incarnation, all because they are not seeking to live true to themselves with or without the inclusion of the Divine Love. Whereas those people who do embrace the Divine Love and are striving to live true, will move into the Divine Love Mansion Worlds there to become Celestials no longer part of the Mansion World system when they've fully healed themselves of their negative state. And this is not stuff I've made up or even got from 'my' Jesus and Mary, it's stuff already available to us in the Padgett Messages and The Urantia Book, (with a smattering in the Bible), the only two books about spiritual truths that I personally feel are relevant to our souls growth.

And it might never occur to these people channeling all these Jesuses that the reason why all the Jesuses sound so different is because it is NOT the same Jesus. It might be the same mind spirit Jesus, but not the true Jesus himself. It all comes down to the truth; and sure, that's easy to say, but until one has looked into the truths contained within the Padgett Messages for starters, and longed to their Heavenly Father or Mother or Both for Their Divine Love, and actually felt it come into them, then one hasn't even begun to look seriously at growing in truth.

And to lump The Urantia Book in with the likes of the Bible and The Aquarian Gospel means one has totally missed the whole point of the book. It means one has not read it.

But thank you again S... for posting such a thing, because I can't recommend to people highly enough that should they truly want to grow in truth, to keep as far away from these sorts of things as you post as possible. And to do your Healing; to start accepting all your bad feelings instead of trying to bury them even more with all this sort of mind 'empowerment' stuff; and express them – speak about them with the intention of uncovering their truth. So want to uncover the truth for *yourself through your own feelings*, and NOT rely on any Jesus, whether they be false or true.

But of course I can only speak from my own experiences, and I found that once I did start to truly grow in truth through doing my Healing, and the further I've progressed, the more I read these sorts of things the more I felt sick inside, with every part of me screaming to not go near them, to leave them alone, as they will only lead me further into my untrue state. MJ Blog

Of course everyone is a creator soul, our soul is bringing us into being, however that's not what The Urantia Book talks about. Its whole purpose is to point out to us just who Jesus is and what the Creator Son is all about, and his relationship with us. And how truly fortunate we are in having had Mary and Jesus come to Earth, so fortunate that we should be in praise of the wonderment of it everyday. And so

by having all these other Jesuses who don't even reveal the truths Jesus talks about, is just sticking it up Jesus all over again, the same as we did when we nailed him the cross. It's saying fuck you, you don't matter, we don't need you, we don't care what you say, we're not interested in the truth, we want the power for ourselves, you can go bugger off and leave us alone – exactly what we said to him all those years ago, and so what's changed? And nothing has changed as we're still in our negative states, so we are still treating Mary and Jesus with the same contempt, disrespect and disdain.

And as far as brainwashing people goes, that is one thing you could never accuse The Urantia Book of doing, which you'd see for yourself if you read it. You're lucky if you can get your brain around half of what it says! But what does brainwash is all this stuff from all these other Jesuses, all from the mind spirits – you can't have greater brainwashing (other than the religions) as they are the one's seeking control over many people on Earth, not Jesus and Mary. The real Jesus and Mary are showing us the way to get ourselves out of such brainwashing, New Age or Old Age, and in a way that we can all do very simply and by ourselves and without needing anyone else, not even them. And that is all through our feelings, and it couldn't be any simpler than that. MJ Blog.

Really, all the true Mary and Jesus say confronts us because they are true and perfect, whilst we're untrue and imperfect, so we should feel threatened by all they say. Which I imagine you should do reading my stuff as it's going to confront every part of how you are (I sure was confronted having to face the truth of my negative yuk state – and I still am being confronted!), and that's what you will do to yourself, should you do your Healing.

We think we know what growing in truth is and how to go about it, yet the truth is, we can't know as we're anti-truth. And we won't truly know until we've completely healed our truth-rejection state. So that's what Mary and Jesus are helping us to see, telling us how we can go about healing ourselves, unlike all the other false Jesuses, prophets and mind spirits that claim they know what the truth is and how we can go about growing in it, when they can't possibly know in their untrue states.

And if you don't think we are untrue and living in a negative and feeling denying state of being, then just take a moment to look at the parenting when the poor little child is crying for all its worth because it's feeling its life is being threatened. And I doubt any parent can honestly say they never made their children feel that way. And if they can, then I'd sure like to meet them.

The other Jesuses stuff doesn't confront, it's all to try and make you feel good, not bad, all to lead you away from your bad feelings, those you already feel from your early life but are refusing to acknowledge.

Truly growing in truth is playing hard-ball, it's tough stuff, because we're all wrong, and to extract ourselves from it, to change ourselves from the wrong to the right, is gruelling, it's not something you can take to bed with you as light bed-side reading, all to help you become all-accepting, all-forgiving, all-loving, all to become all-bad feeling denying without having to do any hard psychological work on yourself. All these things will naturally come to us as we do your Healing, but first we have to go the other way and accept that we are not all these things, because if we were, we'd just naturally already be them. And so we have to find out the truth of why we're not naturally them. MJ Blog.

It's says as babies we have a 'deep need for love, affection and attention', and 'babies are irresistible...' and they know how to get what they need by letting you know quickly if their needs aren't being met. And I agree – how could you not agree! God has provided us with the means to look after ourselves right from the start, and to at least, express ourselves, including our bad feelings, when we feel our needs are not being met by those who should be meeting them.

Then the question is asked: Why do we change? And, 'when do we stop realizing that we deserve love...' And that's where it all goes wrong. We change because our needs are not met, our needs remain, but we're forced into having to accept that they won't be met as we'd ideally like them to be; yet something of them in some perverted and corrupted way will be met if and only when we change and adjust ourselves to how our parents and carers want us to be. And all that pain we feel, the pain of feeling unloved and rejected by the very people we want to love and cherish us, we're forced to bury, bringing about our childhood repression. But we keep going living in our distorted ways wondering why as adults those needs we still have are still not being met. But our negative patterns are now fixed in us. And so what do we do?

And so do we try to 'reinvent' ourselves as this article says, this being the essence of all you post S...; that we apply our minds to fill in the gaps from our unloving parenting? So we start saying things like 'I am worthy of love', 'I am infinitely loved by a vast sea of eternal entities...', and: 'The most important thing I can do is shine the love through me that I know I deserve in return.' So we are to: 'Draw to you the love you need by being the love you need...' And then you go to your spirit guides and say to them: 'I know you LOVE me... And then you say to yourself: 'I LOVE me. I am valuable. I am special. I am me!' It's all positive affirmation that is trying to make yourself feel better using your mind, all of which is yet more mind control.

And you keep saying it, over and over and over and over and over and over and over and over and over again. And it becomes your mantra in life, and you keep saying it, keep applying your mind, for your MUST believe it... And then you must go even further and BE IT, all still forcing yourself to do what you believe, all still forcing your true feelings, those that are saying you feel like shit, you are a worthless piece of garbage, to go away and be buried forevermore under the sheer weight of your beliefs and the pressure from your mind saying you are not shit, you are valuable, you are love, you are NOT AS YOU FEEL.

It's all going against ourselves, against our true feelings that are there but which we're doing our hardest to deny. And they *are* there, because if they weren't, then we'd not have all these people saying all these sorts of positive affirmation things. And you might not feel like shit all the time, but it's during those 'bad' times in your life, in your day perhaps, when the truth starts to raise its ugly head, and then you have to work harder to push it away.

It's all so sad that we're not fully loved as children, that our parents aren't and weren't capable of doing it, for if they had truly loved us, then we'd only feel truly loved and good and wouldn't need to use our mind to come up with all this controlling stuff. And for those people who seriously buy into it, they only do (should they want to uncover the truth of why they do), because it was part of how they were parented, it slotting perfectly into their pattern. And for those of us like Marion and myself who weren't given the helping hand to be able to use our minds to cover up all our bad feelings so successfully, doing all this sort of mind controlling positive thinking stuff never appealed, because we always knew it wouldn't work for us, and it didn't. No matter how hard we tried, we couldn't MAKE OURSELVES BELIEVE. And thankfully it didn't, because all these so-called 'self-loving' beliefs one adds to one's mind control are only going to make things harder to undo when your soul says the pretence is over, now it's time for you to start living true – true to the pain that you felt when you were that little adorable baby that wasn't fully love as you needed to be loved. MJ Blog.

My comment on it all.

Our mind is meant to work in conjunction with our feelings – our feelings leading the way. The evil we live under, the evil we are, is that we've been made to move away and block out many of our bad feelings, doing all we can to avoid feeling them by using our mind. We've been made since our forming years to look to our mind as being god and 'the way', wrongly believing that we have the power to control our destiny, to control what we feel. And so many of our feelings then come about resulting from our minds control, giving rise to even greater bad feeling denial, and our lost state of mind and will, as we remain unaware that this is how we're living – against ourselves, and against the truth.

By doing our Healing we're looking to, by honouring our feelings and using them to uncover the truth of our feeling-denial, reverse the situation we're in, so to stop using our mind to give us false power, to stop it having control over all our feelings, and to look to our feelings first and foremost, with our mind just doing what it does following along.

By looking to the spirit Mansion Worlds we can see it even more clearly, the division in how we're living, with those spirits in the mind worlds using their minds to determine their beliefs and control the world as they see it, making it be how they want it to be, all so they will feel good. And in the Divine Love or feeling worlds, we see those spirits trying to break down living with their minds in control, looking to their feelings to guide them through their Healing and into the Celestial spheres.

So the mind spirits stuff, as with such followers of it on Earth, is all about empowering one's mind, looking to ones Higher Self, one's higher mind, and believing in such things as reincarnation, all of which, so one believes, one is somehow in control of. And then there are the religious sectors full of mind spirits hanging onto their mental beliefs and dogmatic ways following their beloved doctrines, all striving to achieve the same end, to keep one feeling good, continuing to block and keep repressed all one's bad childhood feelings.

And as yet there are no loud spirit voices coming from the Divine Love Mansion World spirits or the Celestial spirits, but hopefully if all Mary and Jesus say comes to pass, things will change. I have written a little with such Celestial spirits, some of my books freely available on my Divine Love Spirituality website. And they paint a whole other picture, it all being focused around the doing of one's Healing.

So the Great Battle that's being waged, the battle between the forces of dark and the forces of light; the battle between good and evil; between truth and untruth, is really only the battle between feelings and mind control – so which do you choose? To live with your feelings in control; or your mind, for that's what it comes down to.

Some examples of the Padgett Messages and The Urantia Book

The Padgett Messages

These are few examples of early messages to James Padgett when he began in 1914. His wife Helen died inspiring James to see if he could speak with her in the afterlife; and not only did she speak to him, but also his grandmother Ann Rollins, Jesus, lots of Celestial spirits and other spirits of the Mansion Worlds.

It's interesting to note that Helen and Ann are very influential in the messages helping James to grasp all that's happening to him on the personal level, and yet the tone of the messages is highly masculine with no mention of Mary Magdalene, she not being one of the spirits talking to him, and also God is the Father. So as far as I'm concerned, the whole feminine aspect of truth is missing, and yet it's the women who you feel are in many ways, leading James, and not the men.

Understandably, James had a lot of trouble in the beginning accepting that it was indeed Jesus speaking

to him. He received the messages by automatic writing, unlike how I do, by inspirational writing. I write the impressions that comes into my mind, which means, I just write the words, although I don't actually hear them, it's like my thoughts but they are not mine; whereas James gave over keeping his mind out of it, allowing the spirits to guide his hand.

And what do you think about two Jameses doing two revelations from Jesus (and Mary) – more confusing? What are the chances of that? It's all beyond me!

Nearly all the Padgett Messages are freely available on my Divine Love Spirituality website, and on a number of other places on the web.

September 15th, 1914

Received by James Padgett.

Washington D.C.

Yes, I am Your grandmother:

Yes, and I am in close touch with the Lord. God is a spirit. He is the one mind and spirit that teaches all other spirits, that the truth is the only thing that can save from sin and error. Do not let the teachings of the Saviour become mere idle sounds in your ears - believe in them and you will be soon in the possession of the precious and glorious jewels of the truth - let him lead you to God. Love him and he will be with you and teach you the truths of his Father.

The New Birth is the flowing of the Spirit of God into your soul and the disappearing of all that tends to turn your heart from the truth and Love of God. It comes by the workings of the Holy Spirit that conveys the Grace of God. It is not a working of your own will or power - it is the Love of God that causes the change. You cannot of yourself change the evil workings of your heart but you can pray and the Holy Spirit will come into your soul and then you will realize the change.

The Spirit is the power of God, which he uses to influence men to seek His Favor and Love. It is not God Himself, but only one of His instrumentalities with which he works for the salvation of mankind. Let your love for him be the holiest and best kind that you can give to Him. And pray for the Divine Love with earnest sincere prayer.

Yes, Jesus is the teacher, and the Holy Spirit is God's messenger or instrument that carries into the soul the Divine Love that is bestowed on the truly penitent man. Jesus is the saviour of men by his teachings and his example and the Holy Spirit is the Comforter that carries into the soul the Divine Love. Jesus is still teaching and influencing men to turn to God. He will continue to teach until the Celestial Kingdom is closed. He will come as a still small voice that will reach men's souls and lead them to the Father. He will not come as the Adventist priest.

Jesus will come quietly into each man's heart and in that way establish the millennium. He is not going to have a kingdom all his own. He is the son of his Father and will remain in the spirit world to teach men to progress to the heavenly planes that reach up to the presence of God. He is the most glorious spirit in all the heavens and he is the greatest spirit under the dominion of his Father.

There is only one God. Jesus and the Holy Spirit are merely the forces which God uses to carry out his great plans for the redemption of man.

Let me stop now as I am tired.
Your Grandmother, (Ann Rollins)

September 24th, 1914.

Received by: James Padgett.

Washington D.C.

I am here, Jesus.

Be of good cheer for I am with you always. Do not let your heart fear, for the Lord is your keeper and He will be your guide and shield. Only believe and trust in Him and you will soon be born again into the spiritual world of His Kingdom. Let me teach you and give you the thoughts that He gave me while on earth. Let me show you that the things of this world are not the things that save the soul from sin and unhappiness. Be a true follower of your God.

Question: what does it mean to be "born again?"

It is the flowing of the Holy Spirit into the soul of a man and the disappearing of all that tended to keep it in a condition of sin and error. It is not the workings of the man's own will but the Grace of God. It is the Love of God that passes all understanding. You will soon experience the change, and then you will be a happy man and fit to lead others to the truths of God. Let your heart be open to the knockings of the Spirit, and keep your mind free from thoughts of sin. Be a man who loves his God and his fellow man. Your love is only now of the earthly kind, but it will soon be of the things spiritual.

You must not let the cares of this world keep you from God. Let His Spirit come into your soul. Your will is the thing that determines whether you will become a child of God or not. Unless you are willing to let the Holy Spirit enter into your heart, it will not do so. Only the voluntary submission to or acceptance of the Holy Spirit will make the change.

I was the instrument in God's hands of leading men to His favor and Love. When I said "I am the Way, the Truth and the Life," I meant that through my teachings and example men should be able to find God. I was not God and never claimed to be. The worship of me as a God is blasphemous and I did not teach it. I am a son of God as you are. Do not let the teachings of men lead you to worship me as a God. I am not. The trinity is a mistake of the writers of the bible. There is no trinity - only one God, the Father. He is one and alone. I am His teacher of truth, the Holy Spirit is His messenger and dispenser of Love to mankind. We are only His instruments in bringing man to a union with Him. I am not the equal of my Father - He is the only true God. I came from the spirit world to earth and took the form of man, but I did not become a God - only the son of my Father. You also lived as a spirit in that kingdom, and took the form of man merely as a son of your Father. You are the same as I am, except as to spiritual development, and you may become as greatly developed as myself.

Question: Why were you called God's only son in the Bible?

When on earth, I was the only son who had, until then, become vested with the Divine Love of God to the extent of being wholly free from sin and error. My life was not a life of earthly pleasure or sin, but was given wholly to my Father's work. I was His only son in that light. He was my Father as I knew Him to be. He is not a spirit of form like myself or yourself.

I was born as you were born. I was the son of Mary and Joseph, and not born of the Holy Spirit as it is written in the Bible. I was only a human being as regards my birth and physical existence. The account in the New Testament is not true, and was written by those who knew not what they wrote. They have done the cause of God's truths much injury. Let not your belief in that error keep you from seeing that my teachings are the truth.

Be only a believer of God and His truths and you will soon be in the Kingdom.

You will soon be able to understand as I understand.
Good night.
Jesus Christ.

September 28th, 1914
Received by James Padgett.
Washington D.C.

I am here, Jesus:

You are my true brother and will soon have the Love of our Father in your heart. Do not be discouraged or cast down for the Holy Spirit will soon fill your heart with the Love of the Father, and then you will be most happy and full of light and power to help yourself and fellowmen.

Go to your Father for His help. Go in prayer, firmly believing and you soon will feel His Love in your heart. My teachings, I know, you will receive in the course of time, and you will then see that your understanding will be greatly enlarged so that you will know that I am the Father's son as I explained it to you a few nights ago. You can and will receive the Father's Love so that you will not need to go through the expiation in the spirit world.

I was not conceived by the Holy Spirit, as it is taught by the preachers and teachers who are now leading mankind in the doctrines of the churches. I was born as you were born, and my earthly father was Joseph. I was conceived by God's Spirit in the sense that I was born free from sin and error, while all other human beings were born in sin and error. I never was a human being so far as my spiritual existence is concerned, as I was always free from sin and error, but I had all the feelings and longings of a human being which were not of sin. My love was human as well as spiritual, and I was subject to all the feelings of sympathy and love that any other human being was. Do not understand that I was with desires and longings for the pleasures of the world which the human passions created. I was not, only I was capable of deep feeling, and could feel and know the suffering and distress of humanity.

Yes, I will, and you will learn that many errors were written by the writers of the Bible. I will show you that the many alleged sayings of mine were not said by me or did not express my teachings of the truth. Her teachings of Christian Science do not express the true meaning of truth and love as I taught them. She is in error as to the ideas that God is spirit only, a spirit of mind. He is a spirit of everything that belongs to His Being. He is not only Mind, but Heart, Soul and Love.

You are too weak to write more. You have my blessing and also that of the Holy Spirit.
Jesus the Christ

September 28th, 1914
Received by James Padgett.
Washington D.C.

I am here; your grandmother:

You are too much troubled in spirit to enjoy my visit as you otherwise would, but I will try to help you to be more happy. I am in a state of contentment and have my home in the seventh heaven and have all the blessings that my Father promised me when I was on earth, but I had no conception of them then. My

home is a wonderful mansion, built of the most beautiful material that you can imagine. There are flowers and beautiful pictures and lovely rooms filled with all kinds of furniture that you could possibly wish for. I am not the only one that lives in my home, there is also a beautiful spirit that was on earth, a great follower of Christ and lover of her fellow man. Our home is full of the finest kind of everything that makes a home lovely. We have many friends who visit us and whom we visit. We do the work of the Lord in helping the spirits in the lower spheres to see the truths of the Love of their Father. We are not singing all the time, but we have a great deal of beautiful music and laughter and love.

Goodnight.

Your grandmother,

Ann Rollins.

November 3rd, 1914.

Received by James Padgett.

Washington D.C.

I am here, Helen:

You are too nervous to write. You must go to bed early and rest. You are my darling Ned, and I love you with all my heart, so do not think that you are not loved by me, and your father and mother and grandmother. We all love you.

Question and answer:

Yes I have. And he (Jesus) says, that he is waiting for you to get in condition to write. He will write to you as he said and you must soon get in condition, You will get it by prayer as I am told by your grandmother, who is here. She says that you must believe more thoroughly in the promises of the Master and you will receive the gift of the Spirit. She says that you are too much taken up with your business matters to let the Spirit enter into your soul in all its truth and love. She says, that you must not let the thoughts of what you shall do in the future keep you from praying to God and loving him as you will be taken care of.

She says: That Jesus is the one for you to believe in and love as he will be your friend and will help you to progress in your spiritual life, as well as in your temporal life. He is the one who can help you more than anyone else.

She says: That the Christian Scientists Church is the one that will help you most as the people who attend there are more in accord with the teachings of Christ than are the Spiritualists of the church of Mrs. Kates. And she further says, that the Spiritualists are not teaching the true religion of the Master, and that is the only one that will lead to God; they are merely showing the possibility of communicating between the dead and the living, which is desirable so far as it goes, but which does not save men from their sins or bring them at-one with God. So I would not attend there very often, but rather go to some church that teaches that Jesus is the saviour of men from their sins. Go to the Methodist, or Congregational or Universalist church. Each of them will help you to progress in your spiritual development.

Yes, he (preacher) is all wrong and you will not be benefitted by him. He is not in the true way of light. He is too imaginative and visionary. He does not see the things that he preaches and he is not doing any good to himself or to others. Go to the Lord and He will lead you aright. I mean the Father whom Jesus

taught about, and that he will help you to see the Truth and the things that are necessary for your salvation. Yes you should, as they are the mediums by which God lets His Love and Favor come to man. They are the only true instrumentalities of the Father which He uses to show the way to salvation, and to confer His Love and Grace on man.

Yes, you do, only believe more and you will soon receive the gift of the Spirit in all its fullness. Yes, you will and so will those that you come in contact with. Give the Lord your whole heart and soul and you will soon realize the difference in your life. Yes, she does, and is with you often and prays God to bless you.

She says, that she is willing for once to attend such a séance, but that it is not beneficial as a general thing, as it does not help the spiritual development of the person, but only convinces the man that the spirit is a living being and can come back to earth and show himself in a form that may be realized.

The writing phase is the most satisfactory as you can preserve what is said, and can commune in a more extended and enlightening manner.

She (Mrs. Kates) is talking through her own mind. No spirit talks through her. She sees the forms and scenes which she describes and she hears the voices of spirits talking to her and she merely repeats what she hears. (Irish control) She merely repeats the language that she hears.

You will be a strong medium of communicating by the pencil. You will not be a clairvoyant as that is a phase that is not intended for you to possess. Yes, and you will not only be able to write for us, but for Jesus, as he desires. You will become a true follower of him, and then you will be able to write with much facility and success. He will tell you when he writes. I do not know what he will write, for he has only told me that he will write on the Truths that the Bible does not contain or rather that he will correct certain passages contained in the Bible.

Yes, you must love me as I love you and then you will be happy. Yes, and you must believe that I am. Yes I am, and will soon be in the third heaven, and I will then be so much happier. Yes it is, and that is what I want you to do.

Good night my own love.
Helen.

November 8th, 1914.

Received by James Padgett.

Washington D.C.

I am here, Helen:

Yes I was, and you were benefitted by the services although you did not enjoy the full blessings of the fact that Jesus writes through you. You should not let that thought enter into your workshop as it is only one of the blessings that you can enjoy if you will try.

You did not pray to God as you should have done. He was the one that you should have thought of more.

Question and Answer:

Yes, I know, but they were only trying to feel the presence of God and the Holy Spirit. You did not get the full benefit of the service. Yes, that is so, but you must not let that idea prevent you from worshipping God, as He does not want anyone to worship Him in any other way than in Spirit and in Truth.

I am your grandmother who is dictating this message to Helen. Because she does not understand yet, the fullness of God's Love and I am trying to let you know that you must worship God only, and let your heart go out to Him in thankfulness and love.

Jesus of course is the one for you to keep in holy rapport with, so do not let the thought that he is not a God prevent you from loving and serving him. You must not think of him as your saviour from sin and error, but merely as one who is interested in you and wants to write through you, and this will help you to progress.

His blood does not save you, nor does his death, but his love and teachings do save you from sin and death. He is not going to let you feel that he is not your friend, unless you turn away from him to get the love of earth, by things and pleasures.

Question and Answer:

Yes, but you were not praying to the Father as you should have done. Do not let the thought that you are going to write for him, keep you from praying to the Father or you will not advance in your spiritual life. You are not in condition to write more tonight or I would write fully on just what you should know and will do so later. You will soon know just what I mean. Go to bed and rest.

Good night, Your Grandmother.

Helen,
goodnight, with all my love.

November 11th, 1914

Received by James Padgett.

Washington D.C.

I am here, Your grandmother:

Yes, I am here and I wish to tell you that you must not let what I said to you last night discourage you for I was only trying to let you know that you must not forget to pray to God for His Blessing. You were not in a condition to fully understand what I wrote. You were only in a condition of doubt as to what it was that you should do in order to feel the influence of my meaning.

Question and Answer:

Yes it is and you must not so worship him. They were not only wrong in that particular, but they did not understand that Jesus does not want to be worshipped in that way. They may follow him in his teachings and assemble, but must worship only God. You can help them to see the Truth and you should try to do so.

Yes, I know, but nevertheless you should make an effort for they must learn that Jesus is only a son of God and is not the God or any part of Him. He is the one for them to seek and ask his aid in order to learn the truth. Yes, I know, but they will have to learn sooner or later that the Holy Spirit is of God and not a medium of Jesus to bring about their New Birth and entrance into God's Kingdom. He is the one that confers the blessings of the Spirit and they will realize it when they receive the Spirit's inflow of Love and Grace. Yes, many have and their influence is good and helpful, their spirit friends are with them to realize that God's love and truth. Yes, sometimes, but they do not enjoy being there and consequently do not remain very long or take any part in the séances.

He is not present at the various meetings that are held in the several churches over the whole country, but his truths are there in the character of spirits who are ordained to do the work of teaching the truths which he taught and which are the truths of God. The Holy Spirit is the one that can cause the inflowing of God's Love and it is present in all meetings as it is without form or personality, It is the messenger of God and it can be in all places at the same time so that the penitent no matter how far apart can receive its influence and feel its saving grace and love. It is not necessary for it to use other spirits to carry its love and influence. It of itself is able and all comprehending enough to influence the persons who seek for its inflowing. So do not think that you have to have Jesus present in order to obtain the blessings of the Holy Spirit. He meant that where they are gathered together for the purpose of seeking the Love of God he would be able to help them feel the influence of the Holy Spirit, he would not have to be present himself for that purpose, but he would be represented by the Holy Spirit. No, he cannot, for he is a person and has all the limitations that belong to the individual.

Jesus is not a spirit in the sense that God is a spirit. He is only an individualized spirit as you are. He is only a spirit of such wonderful development that he can control all the spirits of his own manner of thinking and who have been Born Again into God's Kingdom so that he can have them do his work just as he teaches them to do. Yes, he can direct the Holy Spirit in the sense that when the penitent prays for help the Holy Spirit will respond and fulfill the work that the Father has provided it to do.

Jesus is the only true exponent of his Father's Truths and he alone through his teachings can cause the Holy Spirit to enter the hearts and souls of mankind. No, it is not, for the Father has given him the power to control all the spirits that are of the Father's Kingdom of Truth and Love.

Christ is not only a spirit of the Father, but is the one that God gave to Jesus when he anointed him on his earthly mission. He is the one spirit that cannot be made to do anything that is contrary to God's Love and Law. No, not in addition to the spirit that Jesus had, but the spirit that God gave to Jesus at the time of the anointing.

The spirit that Jesus had before that time became one and the same with the Christ Spirit - they are now one - Jesus is not a man as is taught by some writers, but is the Christ of God - a spirit that is full of God's truths. He is the great dispenser of truths and he cannot lie or do anything but what the Father has given him to do.

Yes, Jesus the Spirit is only a Spirit as you have a spirit, but Jesus the Christ is a Spirit that is without form or limitations. So that the Holy Spirit can be everywhere at the same time. Yes, he meant that he as the Christ would be with all peoples whenever they might be gathered together seeking his help and teachings, believe as Jesus the mere spirit, he did not mean that he would be with them.

So you may believe that he is with you always in the sense that he is your Christ. This Jesus the teacher of truth and not the Christ, the latter is with you and every one else at all times only the penitent must ask that he lets them feel his influence and teach them the Truth of God, and the fact that the Holy Spirit is waiting to enter into their hearts and fill them with the Divine Love.

Go to the church where you were last night, as you will be much more benefitted than you will be by attending the other church. You will be under the influence of more spirits who have received the New Birth.

No, not in the sense that the Holy Spirit is in their hearts, they are only letting their minds become confused with the idea that Jesus' blood or crucifixion saves them when the fact is the blood of Jesus or the crucifixion is not necessary, as a matter of belief to the salvation. The only thing that saves them from their sins and reconciles them to God is that they must become conscientious of God's Truths and receive the Holy Spirit into their souls. No vicarious suffering on the part of Jesus is necessary to save them. He never taught the erroneous doctrine and it is not doing good being taught by the preachers who claim to represent his cause.

No, only in the sense that those things call the attention of mankind to Jesus and his mission on earth as between God and man, not blood of Jesus or because suffering can appease God or save man. God is a God of Love and does not have any wrath to be appeased. He is only to glad to have his children come to Him and be at-one with Him. He is not waiting to punish them or have the men suffer because of any wrath that he may have towards them. They suffer only because they have violated his laws and they must do that which will remove the causes of the violations of these laws.

Man is not the object of God's anger, but is the dear children of his love. He is not pleased when they do wrong or when they do not obey his precepts. Let not the idea that God delights in the punishment of the wicked make you think that God wants any one of His children to suffer.

He is only too ready to save and have the sinner come to His Love and Care. He is the one Perfect Love that exists.

You must stop writing now as you won't go to your dinner.
Your loving grandmother.

The Urantia Book

The Urantia Book is huge, and daunting to many people. We don't have to read it, or anything else for that matter, so far as helping us do our Healing, we've got our feelings to guide us in that; however for those people that might like to sample it, I've included some of the relevant bits that Mary and Jesus have talked about in our blog together. I have a free pdf available of the book on Divine Love Spirituality, along with a link to other formats all freely downloadable.

A lot of the terms might be beyond you without reading the whole book (they are still beyond me and I've read it a couple of times), but don't worry, I'm sure you'll be able to grasp the gist of it. And don't let the difficulty factor put you off, part IV about Jesus' life is very readable and amazing.

The first paper below deals with the sons of God; and I include in my writings that it is in fact Sons and *Daughters* of God, The Urantia Book so far as I'm concerned being weighted too heavily on the masculine. I relate to, as you know, God being both our Mother and Father, The Urantia Book is all Father.

So Jesus and Mary are the Creator Pair of Nebadon – The Christ Michaels, or Michaels, of the descending order, as are the Avonal pair; they are coming 'down' from Paradise to meet us ascending sons and daughters who are on our way 'up' to Paradise, the home of our Mother and Father. They come down to help reveal the way to us through their lives and revelation – the way to our true selves and the way to God.

Paper 20

The Paradise Sons of God

(223.1) 20:0.1 AS THEY function in the superuniverse of Orvonton, the Sons of God are classified under three general heads:

(223.2) 20:0.2 1. The Descending Sons of God.

(223.3) 20:0.3 2. The Ascending Sons of God.

(223.4) 20:0.4 3. The Trinitized Sons of God.

(223.5) 20:0.5 Descending orders of sonship include personalities who are of direct and divine creation. Ascending sons, such as mortal creatures, achieve this status by experiential participation in the creative technique known as evolution. Trinitized Sons are a group of composite origin which includes all beings embraced by the Paradise Trinity even though not of direct Trinity origin.

1. The Descending Sons of God

(223.6) 20:1.1 All descending Sons of God have high and divine origins. They are dedicated to the descending ministry of service on the worlds and systems of time and space, there to facilitate the progress in the Paradise climb of the lowly creatures of evolutionary origin — the ascending sons of God. Of the numerous orders of descending Sons, seven will be depicted in these narratives. Those Sons who come forth from the Deities on the central Isle of Light and Life are called the *Paradise Sons of God* and embrace the following three orders:

(223.7) 20:1.2 1. Creator Sons — the Michaels.

(223.8) 20:1.3 2. Magisterial Sons — the Avonals.

(223.9) 20:1.4 3. Trinity Teacher Sons — the Daynals.

(223.10) 20:1.5 The remaining four orders of descending sonship are known as the *Local Universe Sons of God*:

(223.11) 20:1.6 4. Melchizedek Sons.

(223.12) 20:1.7 5. Vorondadek Sons.

(223.13) 20:1.8 6. Lanonandek Sons.

(223.14) 20:1.9 7. The Life Carriers.

(223.15) 20:1.10 Melchizedeks are the joint offspring of a local universe Creator Son, Creative Spirit, and Father Melchizedek. Both Vorondadeks and Lanonandeks are brought into being by a Creator Son and his Creative Spirit associate. Vorondadeks are best known as the Most Highs, the Constellation Fathers; Lanonandeks as System Sovereigns and as Planetary Princes. The threefold order of Life Carriers is brought into being by a Creator Son and Creative Spirit associated with one of the three Ancients of Days of the superuniverse of jurisdiction. But the natures and activities of these Local Universe Sons of God are more properly portrayed in those papers dealing with the affairs of the local creations.

(224.1) 20:1.11 The Paradise Sons of God are of threefold origin: The primary or Creator Sons are brought into being by the Universal Father and the Eternal Son; the secondary or Magisterial Sons are children of the Eternal Son and the Infinite Spirit; the Trinity Teacher Sons are the offspring of the Father, Son, and Spirit. From the standpoint of service, worship, and supplication the Paradise Sons are as one; their spirit is one, and their work is identical in quality and completeness.

(224.2) 20:1.12 As the Paradise orders of Days proved to be divine administrators, so have the orders of Paradise Sons revealed themselves as divine ministers — creators, servers, bestowers, judges, teachers, and truth revealers. They range the universe of universes from the shores of the eternal Isle to the inhabited worlds of time and space, performing manifold services in the central and superuniverses not disclosed in these narratives. They are variously organized, dependent on the nature and whereabouts of their service, but in a local universe both Magisterial and Teacher Sons serve under the direction of the Creator Son who presides over that domain.

(224.3) 20:1.13 The Creator Sons seem to possess a spiritual endowment centering in their persons, which they control and which they can bestow, as did your own Creator Son when he poured out his spirit upon all mortal flesh on Urantia. Each Creator Son is endowed with this spiritual drawing power in his own realm; he is personally conscious of every act and emotion of every descending Son of God serving in his domain. Here is a divine reflection, a local universe duplication, of that absolute spiritual drawing power of the Eternal Son which enables him to reach out to make and maintain contact with all his Paradise Sons, no matter where they may be in all the universe of universes.

(224.4) 20:1.14 The Paradise Creator Sons serve not only as Sons in their descending ministrations of service and bestowal, but when they have completed their bestowal careers, each functions as a universe Father in his own creation, while the other Sons of God continue the service of bestowal and spiritual uplifting designed to win the planets, one by one, to the willing recognition of the loving rule of the Universal Father, culminating in creature consecration to the will of the Paradise Father and in planetary loyalty to the universe sovereignty of his Creator Son.

(224.5) 20:1.15 In a sevenfold Creator Son, Creator and creature are forever blended in understanding,

sympathetic, and merciful association. The entire order of Michael, the Creator Sons, is so unique that the consideration of their natures and activities will be reserved to the next paper in this series, while this narrative will be chiefly concerned with the two remaining orders of Paradise sonship: the Magisterial Sons and the Trinity Teacher Sons.

2. The Magisterial Sons

(224.6) 20:2.1 Every time an original and absolute concept of being formulated by the Eternal Son unites with a new and divine ideal of loving service conceived by the Infinite Spirit, a new and original Son of God, a Paradise Magisterial Son, is produced. These Sons constitute the order of Avonals in contradistinction to the order of Michael, the Creator Sons. Though not creators in the personal sense, they are closely associated with the Michaels in all their work. The Avonals are planetary ministers and judges, the magistrates of the time-space realms — of all races, to all worlds, and in all universes.

(225.1) 20:2.2 We have reasons for believing that the total number of Magisterial Sons in the grand universe is about one billion. They are a self-governing order, being directed by their supreme council on Paradise, which is made up of experienced Avonals drawn from the services of all universes. But when assigned to, and commissioned in, a local universe, they serve under the direction of the Creator Son of that domain.

(225.2) 20:2.3 Avonals are the Paradise Sons of service and bestowal to the individual planets of the local universes. And since each Avonal Son has an exclusive personality, since no two are alike, their work is individually unique in the realms of their sojourn, where they are often incarnated in the likeness of mortal flesh and sometimes are born of earthly mothers on the evolutionary worlds.

(225.3) 20:2.4 In addition to their services on the higher administrative levels, the Avonals have a threefold function on the inhabited worlds:

(225.4) 20:2.5 1. *Judicial Actions*. They act at the close of the planetary dispensations. In time, scores — hundreds — of such missions may be executed on each individual world, and they may go to the same or to other worlds times without number as dispensation terminators, liberators of the sleeping survivors.

(225.5) 20:2.6 2. *Magisterial Missions*. A planetary visitation of this type usually occurs prior to the arrival of a bestowal Son. On such a mission an Avonal appears as an adult of the realm by a technique of incarnation not involving mortal birth. Subsequent to this first and usual magisterial visit, Avonals may repeatedly serve in a magisterial capacity on the same planet both before and after the appearance of the bestowal Son. On these additional magisterial missions an Avonal may or may not appear in material and visible form, but on none of them will he be born into the world as a helpless babe.

(225.6) 20:2.7 3. *Bestowal Missions*. The Avonal Sons do all, at least once, bestow themselves upon some mortal race on some evolutionary world. Judicial visits are numerous, magisterial missions may be plural, but on each planet there appears but one bestowal Son. Bestowal Avonals are born of woman as Michael of Nebadon was incarnated on Urantia.

(225.7) 20:2.8 There is no limit to the number of times the Avonal Sons may serve on magisterial and on bestowal missions, but usually, when the experience has been seven times traversed, there is suspension in

favor of those who have had less of such service. These Sons of multiple bestowal experience are then assigned to the high personal council of a Creator Son, thus becoming participants in the administration of universe affairs.

(225.8) 20:2.9 In all their work for and on the inhabited worlds, the Magisterial Sons are assisted by two orders of local universe creatures, the Melchizedeks and the archangels, while on bestowal missions they are also accompanied by the Brilliant Evening Stars, likewise of origin in the local creations. In every planetary effort the secondary Paradise Sons, the Avonals, are supported by the full power and authority of a primary Paradise Son, the Creator Son of their local universe of service. To all intents and purposes their work on the inhabited spheres is just as effective and acceptable as would have been the service of a Creator Son upon such worlds of mortal habitation.

This is a bit about what happens when Mary and Jesus bestowed themselves on Earth, and I guess something of what the Avonal pair would go through.

6. The Mortal-Bestowal Careers

(228.5) 20:6.1 The method whereby a Paradise Son becomes ready for mortal incarnation as a bestowal Son, becomes enmothered on the bestowal planet, is a universal mystery; and any effort to detect the working of this Sonarington technique is doomed to meet with certain failure. Let the sublime knowledge of the mortal life of Jesus of Nazareth sink into your souls, but waste no thought in useless speculation as to how this mysterious incarnation of Michael of Nebadon was effected. Let us all rejoice in the knowledge and assurance that such achievements are possible to the divine nature and waste no time on futile conjectures about the technique employed by divine wisdom to effect such phenomena.

(229.1) 20:6.2 On a mortal-bestowal mission a Paradise Son is always born of woman and grows up as a male child of the realm, as Jesus did on Urantia. These Sons of supreme service all pass from infancy through youth to manhood just as does a human being. In every respect they become like the mortals of the race into which they are born. They make petitions to the Father as do the children of the realms in which they serve. From a material viewpoint, these human-divine Sons live ordinary lives with just one exception: They do not beget offspring on the worlds of their sojourn; that is a universal restriction imposed on all orders of the Paradise bestowal Sons.

(229.2) 20:6.3 As Jesus worked on your world as the carpenter's son, so do other Paradise Sons labor in various capacities on their bestowal planets. You could hardly think of a vocation that has not been followed by some Paradise Son in the course of his bestowal on some one of the evolutionary planets of time.

(229.3) 20:6.4 When a bestowal Son has mastered the experience of living the mortal life, when he has achieved perfection of attunement with his indwelling Adjuster, thereupon he begins that part of his planetary mission designed to illuminate the minds and to inspire the souls of his brethren in the flesh. As teachers, these Sons are exclusively devoted to the spiritual enlightenment of the mortal races on the worlds of their sojourn.

(229.4) 20:6.5 The mortal-bestowal careers of the Michaels and the Avonals, while comparable in most

respects, are not identical in all: Never does a Magisterial Son proclaim, “Whosoever has seen the Son has seen the Father,” as did your Creator Son when on Urantia and in the flesh. But a bestowed Avonal does declare, “Whosoever has seen me has seen the Eternal Son of God.” The Magisterial Sons are not of immediate descent from the Universal Father, nor do they incarnate subject to the Father’s will; always do they bestow themselves as Paradise *Sons* subject to the will of the Eternal Son of Paradise.

(229.5) 20:6.6 When the bestowal Sons, Creator or Magisterial, enter the portals of death, they reappear on the third day. But you should not entertain the idea that they always meet with the tragic end encountered by the Creator Son who sojourned on your world nineteen hundred years ago. The extraordinary and unusually cruel experience through which Jesus of Nazareth passed has caused Urantia to become locally known as “the world of the cross.” It is not necessary that such inhuman treatment be accorded a Son of God, and the vast majority of planets have afforded them a more considerate reception, allowing them to finish their mortal careers, terminate the age, adjudicate the sleeping survivors, and inaugurate a new dispensation, without imposing a violent death. A bestowal Son must encounter death, must pass through the whole of the actual experience of mortals of the realms, but it is not a requirement of the divine plan that this death be either violent or unusual.

(229.6) 20:6.7 When bestowal Sons are not put to death by violence, they voluntarily relinquish their lives and pass through the portals of death, not to satisfy the demands of “stern justice” or “divine wrath,” but rather to complete the bestowal, “to drink the cup” of the career of incarnation and personal experience in all that constitutes a creature’s life as it is lived on the planets of mortal existence. Bestowal is a planetary and a universe necessity, and physical death is nothing more than a necessary part of a bestowal mission.

(230.1) 20:6.8 When the mortal incarnation is finished, the Avonal of service proceeds to Paradise, is accepted by the Universal Father, returns to the local universe of assignment, and is acknowledged by the Creator Son. Thereupon the bestowal Avonal and the Creator Son send their conjoint Spirit of Truth to function in the hearts of the mortal races dwelling on the bestowal world. In the presovereignty ages of a local universe, this is the joint spirit of both Sons, implemented by the Creative Spirit. It differs somewhat from the Spirit of Truth which characterizes the local universe ages following a Michael’s seventh bestowal.

(230.2) 20:6.9 Upon the completion of a Creator Son’s final bestowal the Spirit of Truth previously sent into all Avonal-bestowal worlds of that local universe changes in nature, becoming more literally the spirit of the sovereign Michael. This phenomenon takes place concurrently with the liberation of the Spirit of Truth for service on the Michael-mortal-bestowal planet. Thereafter, each world honored by a Magisterial bestowal will receive the same spirit Comforter from the sevenfold Creator Son, in association with that Magisterial Son, which it would have received had the local universe Sovereign personally incarnated as its bestowal Son.

This paper introduces where all our problems began, the spirits that are the Evil Ones, the instigators of the Rebellion and Default that have brought about our negative state.

Paper 53

The Lucifer Rebellion

(601.1) 53:0.1 LUCIFER was a brilliant primary Lanonandek Son of Nebadon. He had experienced service in many systems, had been a high counselor of his group, and was distinguished for wisdom, sagacity, and efficiency. Lucifer was number 37 of his order, and when commissioned by the Melchizedeks, he was designated as one of the one hundred most able and brilliant personalities in more than seven hundred thousand of his kind. From such a magnificent beginning, through evil and error, he embraced sin and now is numbered as one of three System Sovereigns in Nebadon who have succumbed to the urge of self and surrendered to the sophistry of spurious personal liberty — rejection of universe allegiance and disregard of fraternal obligations, blindness to cosmic relationships.

(601.2) 53:0.2 In the universe of Nebadon, the domain of Christ Michael, there are ten thousand systems of inhabited worlds. In all the history of Lanonandek Sons, in all their work throughout these thousands of systems and at the universe headquarters, only three System Sovereigns have ever been found in contempt of the government of the Creator Son.

1. The Leaders of Rebellion

(601.3) 53:1.1 Lucifer was not an ascendant being; he was a created Son of the local universe, and of him it was said: “You were perfect in all your ways from the day you were created till unrighteousness was found in you.” Many times had he been in counsel with the Most Highs of Edentia. And Lucifer reigned “upon the holy mountain of God,” the administrative mount of Jerusem, for he was the chief executive of a great system of 607 inhabited worlds.

(601.4) 53:1.2 Lucifer was a magnificent being, a brilliant personality; he stood next to the Most High Fathers of the constellations in the direct line of universe authority. Notwithstanding Lucifer’s transgression, subordinate intelligences refrained from showing him disrespect and disdain prior to Michael’s bestowal on Urantia. Even the archangel of Michael, at the time of Moses’ resurrection, “did not bring against him an accusing judgment but simply said, ‘the Judge rebuke you.’” Judgment in such matters belongs to the Ancients of Days, the rulers of the superuniverse.

(601.5) 53:1.3 Lucifer is now the fallen and deposed Sovereign of Satania. Self-contemplation is most disastrous, even to the exalted personalities of the celestial world. Of Lucifer it was said: “Your heart was lifted up because of your beauty; you corrupted your wisdom because of your brightness.” Your olden prophet saw his sad estate when he wrote: “How are you fallen from heaven, O Lucifer, son of the morning! How are you cast down, you who dared to confuse the worlds!”

(602.1) 53:1.4 Very little was heard of Lucifer on Urantia owing to the fact that he assigned his first lieutenant, Satan, to advocate his cause on your planet. Satan was a member of the same primary group of Lanonandeks but had never functioned as a System Sovereign; he entered fully into the Lucifer insurrection. The “devil” is none other than Caligastia, the deposed Planetary Prince of Urantia and a Son of the secondary order of Lanonandeks. At the time Michael was on Urantia in the flesh, Lucifer, Satan, and Caligastia were leagued together to effect the miscarriage of his bestowal mission. But they signally failed.

(602.2) 53:1.5 Abaddon was the chief of the staff of Caligastia. He followed his master into rebellion and has ever since acted as chief executive of the Urantia rebels. Beelzebub was the leader of the disloyal midway creatures who allied themselves with the forces of the traitorous Caligastia.

(602.3) 53:1.6 The dragon eventually became the symbolic representation of all these evil personages. Upon the triumph of Michael, "Gabriel came down from Salvington and bound the dragon (all the rebel leaders) for an age." Of the Jerusem seraphic rebels it is written: "And the angels who kept not their first estate but left their own habitation, he has reserved in sure chains of darkness to the judgment of the great day."

2. The Causes of Rebellion

(602.4) 53:2.1 Lucifer and his first assistant, Satan, had reigned on Jerusem for more than five hundred thousand years when in their hearts they began to array themselves against the Universal Father and his then vicegerent Son, Michael.

(602.5) 53:2.2 There were no peculiar or special conditions in the system of Satania which suggested or favored rebellion. It is our belief that the idea took origin and form in Lucifer's mind, and that he might have instigated such a rebellion no matter where he might have been stationed. Lucifer first announced his plans to Satan, but it required several months to corrupt the mind of his able and brilliant associate. However, when once converted to the rebel theories, he became a bold and earnest advocate of "self-assertion and liberty."

(602.6) 53:2.3 No one ever suggested rebellion to Lucifer. The idea of self-assertion in opposition to the will of Michael and to the plans of the Universal Father, as they are represented in Michael, had its origin in his own mind. His relations with the Creator Son had been intimate and always cordial. At no time prior to the exaltation of his own mind did Lucifer openly express dissatisfaction about the universe administration. Notwithstanding his silence, for more than one hundred years of standard time the Union of Days on Salvington had been reflectivating to Uversa that all was not at peace in Lucifer's mind. This information was also communicated to the Creator Son and the Constellation Fathers of Norlatiadek.

(602.7) 53:2.4 Throughout this period Lucifer became increasingly critical of the entire plan of universe administration but always professed wholehearted loyalty to the Supreme Rulers. His first outspoken disloyalty was manifested on the occasion of a visit of Gabriel to Jerusem just a few days before the open proclamation of the Lucifer Declaration of Liberty. Gabriel was so profoundly impressed with the certainty of the impending outbreak that he went direct to Edentia to confer with the Constellation Fathers regarding the measures to be employed in case of open rebellion.

(603.1) 53:2.5 It is very difficult to point out the exact cause or causes which finally culminated in the Lucifer rebellion. We are certain of only one thing, and that is: Whatever these first beginnings were, they had their origin in Lucifer's mind. There must have been a pride of self that nourished itself to the point of self-deception, so that Lucifer for a time really persuaded himself that his contemplation of rebellion was actually for the good of the system, if not of the universe. By the time his plans had developed to the point of disillusionment, no doubt he had gone too far for his original and mischief-making pride to permit him to stop. At some point in this experience he became insincere, and evil evolved into deliberate and willful sin. That this happened is proved by the subsequent conduct of this brilliant executive. He was

long offered opportunity for repentance, but only some of his subordinates ever accepted the proffered mercy. The Faithful of Days of Edentia, on the request of the Constellation Fathers, in person presented the plan of Michael for the saving of these flagrant rebels, but always was the mercy of the Creator Son rejected and rejected with increasing contempt and disdain.

3. The Lucifer Manifesto

(603.2) 53:3.1 Whatever the early origins of trouble in the hearts of Lucifer and Satan, the final outbreak took form as the Lucifer Declaration of Liberty. The cause of the rebels was stated under three heads:

(603.3) 53:3.2 1. *The reality of the Universal Father.* Lucifer charged that the Universal Father did not really exist, that physical gravity and space-energy were inherent in the universe, and that the Father was a myth invented by the Paradise Sons to enable them to maintain the rule of the universes in the Father's name. He denied that personality was a gift of the Universal Father. He even intimated that the finaliters were in collusion with the Paradise Sons to foist fraud upon all creation since they never brought back a very clear-cut idea of the Father's actual personality as it is discernible on Paradise. He traded on reverence as ignorance. The charge was sweeping, terrible, and blasphemous. It was this veiled attack upon the finaliters that no doubt influenced the ascendant citizens then on Jerusem to stand firm and remain steadfast in resistance to all the rebel's proposals.

(603.4) 53:3.3 2. *The universe government of the Creator Son — Michael.* Lucifer contended that the local systems should be autonomous. He protested against the right of Michael, the Creator Son, to assume sovereignty of Nebadon in the name of a hypothetical Paradise Father and require all personalities to acknowledge allegiance to this unseen Father. He asserted that the whole plan of worship was a clever scheme to aggrandize the Paradise Sons. He was willing to acknowledge Michael as his Creator-father but not as his God and rightful ruler.

(603.5) 53:3.4 Most bitterly did he attack the right of the Ancients of Days — “foreign potentates” — to interfere in the affairs of the local systems and universes. These rulers he denounced as tyrants and usurpers. He exhorted his followers to believe that none of these rulers could do aught to interfere with the operation of complete home rule if men and angels only had the courage to assert themselves and boldly claim their rights.

(603.6) 53:3.5 He contended that the executioners of the Ancients of Days could be debarred from functioning in the local systems if the native beings would only assert their independence. He maintained that immortality was inherent in the system personalities, that resurrection was natural and automatic, and that all beings would live eternally except for the arbitrary and unjust acts of the executioners of the Ancients of Days.

(604.1) 53:3.6 3. *The attack upon the universal plan of ascendant mortal training.* Lucifer maintained that far too much time and energy were expended upon the scheme of so thoroughly training ascending mortals in the principles of universe administration, principles which he alleged were unethical and unsound. He protested against the agelong program for preparing the mortals of space for some unknown destiny and pointed to the presence of the finaliter corps on Jerusem as proof that these mortals had spent ages of preparation for some destiny of pure fiction. With derision he pointed out that the finaliters had encountered a destiny no more glorious than to be returned to humble spheres similar to those of their

origin. He intimated that they had been debauched by overmuch discipline and prolonged training, and that they were in reality traitors to their mortal fellows since they were now co-operating with the scheme of enslaving all creation to the fictions of a mythical eternal destiny for ascending mortals. He advocated that ascenders should enjoy the liberty of individual self-determination. He challenged and condemned the entire plan of mortal ascension as sponsored by the Paradise Sons of God and supported by the Infinite Spirit.

(604.2) 53:3.7 And it was with such a Declaration of Liberty that Lucifer launched his orgy of darkness and death.

4. Outbreak of the Rebellion

(604.3) 53:4.1 The Lucifer manifesto was issued at the annual conclave of Satania on the sea of glass, in the presence of the assembled hosts of Jerusem, on the last day of the year, about two hundred thousand years ago, Urantia time. Satan proclaimed that worship could be accorded the universal forces — physical, intellectual, and spiritual — but that allegiance could be acknowledged only to the actual and present ruler, Lucifer, the “friend of men and angels” and the “God of liberty.”

(604.4) 53:4.2 Self-assertion was the battle cry of the Lucifer rebellion. One of his chief arguments was that, if self-government was good and right for the Melchizedeks and other groups, it was equally good for all orders of intelligence. He was bold and persistent in the advocacy of the “equality of mind” and “the brotherhood of intelligence.” He maintained that all government should be limited to the local planets and their voluntary confederation into the local systems. All other supervision he disallowed. He promised the Planetary Princes that they should rule the worlds as supreme executives. He denounced the location of legislative activities on the constellation headquarters and the conduct of judicial affairs on the universe capital. He contended that all these functions of government should be concentrated on the system capitals and proceeded to set up his own legislative assembly and organized his own tribunals under the jurisdiction of Satan. And he directed that the princes on the apostate worlds do the same.

(604.5) 53:4.3 The entire administrative cabinet of Lucifer went over in a body and were sworn in publicly as the officers of the administration of the new head of “the liberated worlds and systems.”

(605.1) 53:4.4 While there had been two previous rebellions in Nebadon, they were in distant constellations. Lucifer held that these insurrections were unsuccessful because the majority of the intelligences failed to follow their leaders. He contended that “majorities rule,” that “mind is infallible.” The freedom allowed him by the universe rulers apparently sustained many of his nefarious contentions. He defied all his superiors; yet they apparently took no note of his doings. He was given a free hand to prosecute his seductive plan without let or hindrance.

(605.2) 53:4.5 All the merciful delays of justice Lucifer pointed to as evidence of the inability of the government of the Paradise Sons to stop the rebellion. He would openly defy and arrogantly challenge Michael, Immanuel, and the Ancients of Days and then point to the fact that no action ensued as positive evidence of the impotency of the universe and the superuniverse governments.

(605.3) 53:4.6 Gabriel was personally present throughout all these disloyal proceedings and only announced that he would, in due time, speak for Michael, and that all beings would be left free and

unmolested in their choice; that the “government of the Sons for the Father desired only that loyalty and devotion which was voluntary, wholehearted, and sophistry-proof.”

(605.4) 53:4.7 Lucifer was permitted fully to establish and thoroughly to organize his rebel government before Gabriel made any effort to contest the right of secession or to counterwork the rebel propaganda. But the Constellation Fathers immediately confined the action of these disloyal personalities to the system of Satania. Nevertheless, this period of delay was a time of great trial and testing to the loyal beings of all Satania. All was chaotic for a few years, and there was great confusion on the mansion worlds.

5. Nature of the Conflict

(605.5) 53:5.1 Upon the outbreak of the Satania rebellion, Michael took counsel of his Paradise brother, Immanuel. Following this momentous conference, Michael announced that he would pursue the same policy which had characterized his dealings with similar upheavals in the past, an attitude of noninterference.

(605.6) 53:5.2 At the time of this rebellion and the two which preceded it there was no absolute and personal sovereign authority in the universe of Nebadon. Michael ruled by divine right, as vicegerent of the Universal Father, but not yet in his own personal right. He had not completed his bestowal career; he had not yet been vested with “all power in heaven and on earth.”

(605.7) 53:5.3 From the outbreak of rebellion to the day of his enthronement as sovereign ruler of Nebadon, Michael never interfered with the rebel forces of Lucifer; they were allowed to run a free course for almost two hundred thousand years of Urantia time. Christ Michael now has ample power and authority to deal promptly, even summarily, with such outbreaks of disloyalty, but we doubt that this sovereign authority would lead him to act differently if another such upheaval should occur.

(605.8) 53:5.4 Since Michael elected to remain aloof from the actual warfare of the Lucifer rebellion, Gabriel called his personal staff together on Edentia and, in counsel with the Most Highs, elected to assume command of the loyal hosts of Satania. Michael remained on Salvington while Gabriel proceeded to Jerusem, and establishing himself on the sphere dedicated to the Father — the same Universal Father whose personality Lucifer and Satan had questioned — in the presence of the forgathered hosts of loyal personalities, he displayed the banner of Michael, the material emblem of the Trinity government of all creation, the three azure blue concentric circles on a white background.

(606.1) 53:5.5 The Lucifer emblem was a banner of white with one red circle, in the center of which a black solid circle appeared.

(606.2) 53:5.6 “There was war in heaven; Michael’s commander and his angels fought against the dragon (Lucifer, Satan, and the apostate princes); and the dragon and his rebellious angels fought but prevailed not.” This “war in heaven” was not a physical battle as such a conflict might be conceived on Urantia. In the early days of the struggle Lucifer held forth continuously in the planetary amphitheater. Gabriel conducted an unceasing exposure of the rebel sophistries from his headquarters taken up near at hand. The various personalities present on the sphere who were in doubt as to their attitude would journey back and forth between these discussions until they arrived at a final decision.

(606.3) 53:5.7 But this war in heaven was very terrible and very real. While displaying none of the barbarities so characteristic of physical warfare on the immature worlds, this conflict was far more deadly; material life is in jeopardy in material combat, but the war in heaven was fought in terms of life eternal.

6. A Loyal Seraphic Commander

(606.4) 53:6.1 There were many noble and inspiring acts of devotion and loyalty which were performed by numerous personalities during the interim between the outbreak of hostilities and the arrival of the new system ruler and his staff. But the most thrilling of all these daring feats of devotion was the courageous conduct of Manotia, the second in command of the Satania headquarters' seraphim.

(606.5) 53:6.2 At the outbreak of rebellion on Jerusem the head of the seraphic hosts joined the Lucifer cause. This no doubt explains why such a large number of the fourth order, the system administrator seraphim, went astray. The seraphic leader was spiritually blinded by the brilliant personality of Lucifer; his charming ways fascinated the lower orders of celestial beings. They simply could not comprehend that it was possible for such a dazzling personality to go wrong.

(606.6) 53:6.3 Not long since, in describing the experiences associated with the onset of the Lucifer rebellion, Manotia said: "But my most exhilarating moment was the thrilling adventure connected with the Lucifer rebellion when, as second seraphic commander, I refused to participate in the projected insult to Michael; and the powerful rebels sought my destruction by means of the liaison forces they had arranged. There was a tremendous upheaval on Jerusem, but not a single loyal seraphim was harmed.

(606.7) 53:6.4 "Upon the default of my immediate superior it devolved upon me to assume command of the angelic hosts of Jerusem as the titular director of the confused seraphic affairs of the system. I was morally upheld by the Melchizedeks, ably assisted by a majority of the Material Sons, deserted by a tremendous group of my own order, but magnificently supported by the ascendant mortals on Jerusem.

(606.8) 53:6.5 "Having been automatically thrown out of the constellation circuits by the secession of Lucifer, we were dependent on the loyalty of our intelligence corps, who forwarded calls for help to Edentia from the near-by system of Rantulia; and we found that the kingdom of order, the intellect of loyalty, and the spirit of truth were inherently triumphant over rebellion, self-assertion, and so-called personal liberty; we were able to carry on until the arrival of the new System Sovereign, the worthy successor of Lucifer. And immediately thereafter I was assigned to the corps of the Melchizedek receivership of Urantia, assuming jurisdiction over the loyal seraphic orders on the world of the traitorous Caligastia, who had proclaimed his sphere a member of the newly projected system of 'liberated worlds and emancipated personalities' proposed in the infamous Declaration of Liberty issued by Lucifer in his call to the 'liberty-loving, free-thinking, and forward-looking intelligences of the misruled and maladministered worlds of Satania.'"

(607.1) 53:6.6 This angel is still in service on Urantia, functioning as associate chief of seraphim.

7. History of the Rebellion

(607.2) 53:7.1 The Lucifer rebellion was system wide. Thirty-seven seceding Planetary Princes swung their world administrations largely to the side of the archrebel. Only on Panoptia did the Planetary Prince fail

to carry his people with him. On this world, under the guidance of the Melchizedeks, the people rallied to the support of Michael. Ellanora, a young woman of that mortal realm, grasped the leadership of the human races, and not a single soul on that strife-torn world enlisted under the Lucifer banner. And ever since have these loyal Panoptians served on the seventh Jerusem transition world as the caretakers and builders on the Father's sphere and its surrounding seven detention worlds. The Panoptians not only act as the literal custodians of these worlds, but they also execute the personal orders of Michael for the embellishment of these spheres for some future and unknown use. They do this work as they tarry en route to Edentia.

(607.3) 53:7.2 Throughout this period Caligastia was advocating the cause of Lucifer on Urantia. The Melchizedeks ably opposed the apostate Planetary Prince, but the sophistries of unbridled liberty and the delusions of self-assertion had every opportunity for deceiving the primitive peoples of a young and undeveloped world.

(607.4) 53:7.3 All secession propaganda had to be carried on by personal effort because the broadcast service and all other avenues of interplanetary communication were suspended by the action of the system circuit supervisors. Upon the actual outbreak of the insurrection the entire system of Satania was isolated in both the constellation and the universe circuits. During this time all incoming and outgoing messages were dispatched by seraphic agents and Solitary Messengers. The circuits to the fallen worlds were also cut off, so that Lucifer could not utilize this avenue for the furtherance of his nefarious scheme. And these circuits will not be restored so long as the archrebel lives within the confines of Satania.

(607.5) 53:7.4 This was a Lanonandek rebellion. The higher orders of local universe sonship did not join the Lucifer secession, although a few of the Life Carriers stationed on the rebel planets were somewhat influenced by the rebellion of the disloyal princes. None of the Trinitized Sons went astray. The Melchizedeks, archangels, and the Brilliant Evening Stars were all loyal to Michael and, with Gabriel, valiantly contended for the Father's will and the Son's rule.

(608.1) 53:7.5 No beings of Paradise origin were involved in disloyalty. Together with the Solitary Messengers they took up headquarters on the world of the Spirit and remained under the leadership of the Faithful of Days of Edentia. None of the conciliators apostatized, nor did a single one of the Celestial Recorders go astray. But a heavy toll was taken of the Morontia Companions and the Mansion World Teachers.

(608.2) 53:7.6 Of the supreme order of seraphim, not an angel was lost, but a considerable group of the next order, the superior, were deceived and ensnared. Likewise a few of the third or supervisor order of angels were misled. But the terrible breakdown came in the fourth group, the administrator angels, those seraphim who are normally assigned to the duties of the system capitals. Manotia saved almost two thirds of them, but slightly over one third followed their chief into the rebel ranks. One third of all the Jerusem cherubim attached to the administrator angels were lost with their disloyal seraphim.

(608.3) 53:7.7 Of the planetary angelic helpers, those assigned to the Material Sons, about one third were deceived, and almost ten per cent of the transition ministers were ensnared. In symbol John saw this when he wrote of the great red dragon, saying: "And his tail drew a third part of the stars of heaven and cast them down in darkness."

(608.4) 53:7.8 The greatest loss occurred in the angelic ranks, but most of the lower orders of intelligence were involved in disloyalty. Of the 681,227 Material Sons lost in Satania, ninety-five per cent were casualties of the Lucifer rebellion. Large numbers of midway creatures were lost on those individual planets whose Planetary Princes joined the Lucifer cause.

(608.5) 53:7.9 In many respects this rebellion was the most widespread and disastrous of all such occurrences in Nebadon. More personalities were involved in this insurrection than in both of the others. And it is to their everlasting dishonor that the emissaries of Lucifer and Satan spared not the infant-training schools on the finaliter cultural planet but rather sought to corrupt these developing minds in mercy salvaged from the evolutionary worlds.

(608.6) 53:7.10 The ascending mortals were vulnerable, but they withstood the sophistries of rebellion better than the lower spirits. While many on the lower mansion worlds, those who had not attained final fusion with their Adjusters, fell, it is recorded to the glory of the wisdom of the ascension scheme that not a single member of the Satania ascendant citizenship resident on Jerusem participated in the Lucifer rebellion.

(608.7) 53:7.11 Hour by hour and day by day the broadcast stations of all Nebadon were thronged by the anxious watchers of every imaginable class of celestial intelligence, who intently perused the bulletins of the Satania rebellion and rejoiced as the reports continuously narrated the unswerving loyalty of the ascending mortals who, under their Melchizedek leadership, successfully withstood the combined and protracted efforts of all the subtle evil forces which so swiftly gathered around the banners of secession and sin.

(608.8) 53:7.12 It was over two years of system time from the beginning of the “war in heaven” until the installation of Lucifer’s successor. But at last the new Sovereign came, landing on the sea of glass with his staff. I was among the reserves mobilized on Edentia by Gabriel, and I well remember the first message of Lanaforge to the Constellation Father of Norlatiadek. It read: “Not a single Jerusem citizen was lost. Every ascendant mortal survived the fiery trial and emerged from the crucial test triumphant and altogether victorious.” And on to Salvington, Uversa, and Paradise went this message of assurance that the survival experience of mortal ascension is the greatest security against rebellion and the surest safeguard against sin. This noble Jerusem band of faithful mortals numbered just 187,432,811.

(609.1) 53:7.13 With the arrival of Lanaforge the archrebels were dethroned and shorn of all governing powers, though they were permitted freely to go about Jerusem, the morontia spheres, and even to the individual inhabited worlds. They continued their deceptive and seductive efforts to confuse and mislead the minds of men and angels. But as concerned their work on the administrative mount of Jerusem, “their place was found no more.”

(609.2) 53:7.14 While Lucifer was deprived of all administrative authority in Satania, there then existed no local universe power nor tribunal which could detain or destroy this wicked rebel; at that time Michael was not a sovereign ruler. The Ancients of Days sustained the Constellation Fathers in their seizure of the system government, but they have never handed down any subsequent decisions in the many appeals still pending with regard to the present status and future disposition of Lucifer, Satan, and their associates.

(609.3) 53:7.15 Thus were these archrebels allowed to roam the entire system to seek further penetration for their doctrines of discontent and self-assertion. But in almost two hundred thousand Urantia years they have been unable to deceive another world. No Satania worlds have been lost since the fall of the thirty-seven, not even those younger worlds peopled since that day of rebellion.

8. The Son of Man on Urantia

(609.4) 53:8.1 Lucifer and Satan freely roamed the Satania system until the completion of the bestowal mission of Michael on Urantia. They were last on your world together during the time of their combined assault upon the Son of Man.

(609.5) 53:8.2 Formerly, when the Planetary Princes, the “Sons of God,” were periodically assembled, “Satan came also,” claiming that he represented all of the isolated worlds of the fallen Planetary Princes. But he has not been accorded such liberty on Jerusem since Michael’s terminal bestowal. Subsequent to their effort to corrupt Michael when in the bestowal flesh, all sympathy for Lucifer and Satan has perished throughout all Satania, that is, outside the isolated worlds of sin.

(609.6) 53:8.3 The bestowal of Michael terminated the Lucifer rebellion in all Satania aside from the planets of the apostate Planetary Princes. And this was the significance of Jesus’ personal experience, just before his death in the flesh, when he one day exclaimed to his disciples, “And I beheld Satan fall as lightning from heaven.” He had come with Lucifer to Urantia for the last crucial struggle.

(609.7) 53:8.4 The Son of Man was confident of success, and he knew that his triumph on your world would forever settle the status of his agelong enemies, not only in Satania but also in the other two systems where sin had entered. There was survival for mortals and security for angels when your Master, in reply to the Lucifer proposals, calmly and with divine assurance replied, “Get you behind me, Satan.” That was, in principle, the real end of the Lucifer rebellion. True, the Uversa tribunals have not yet rendered the executive decision regarding the appeal of Gabriel praying for the destruction of the rebels, but such a decree will, no doubt, be forthcoming in the fullness of time since the first step in the hearing of this case has already been taken.

(610.1) 53:8.5 Caligastia was recognized by the Son of Man as the technical Prince of Urantia up to near the time of his death. Said Jesus: “Now is the judgment of this world; now shall the prince of this world be cast down.” And then still nearer the completion of his lifework he announced, “The prince of this world is judged.” And it is this same dethroned and discredited Prince who was once termed “God of Urantia.”

(610.2) 53:8.6 The last act of Michael before leaving Urantia was to offer mercy to Caligastia and Daligastia, but they spurned his tender proffer. Caligastia, your apostate Planetary Prince, is still free on Urantia to prosecute his nefarious designs, but he has absolutely no power to enter the minds of men, neither can he draw near to their souls to tempt or corrupt them unless they really desire to be cursed with his wicked presence.

(610.3) 53:8.7 Before the bestowal of Michael these rulers of darkness sought to maintain their authority on Urantia, and they persistently withstood the minor and subordinate celestial personalities. But since the day of Pentecost this traitorous Caligastia and his equally contemptible associate, Daligastia, are

servile before the divine majesty of the Paradise Thought Adjusters and the protective Spirit of Truth, the spirit of Michael, which has been poured out upon all flesh.

(610.4) 53:8.8 But even so, no fallen spirit ever did have the power to invade the minds or to harass the souls of the children of God. Neither Satan nor Caligastia could ever touch or approach the faithful sons of God; faith is an effective armor against sin and iniquity. It is true: “He who is born of God keeps himself, and the wicked one touches him not.”

(610.5) 53:8.9 In general, when weak and dissolute mortals are supposed to be under the influence of devils and demons, they are merely being dominated by their own inherent and debased tendencies, being led away by their own natural propensities. The devil has been given a great deal of credit for evil which does not belong to him. Caligastia has been comparatively impotent since the cross of Christ.

9. Present Status of the Rebellion

(610.6) 53:9.1 Early in the days of the Lucifer rebellion, salvation was offered all rebels by Michael. To all who would show proof of sincere repentance, he offered, upon his attainment of complete universe sovereignty, forgiveness and reinstatement in some form of universe service. None of the leaders accepted this merciful proffer. But thousands of the angels and the lower orders of celestial beings, including hundreds of the Material Sons and Daughters, accepted the mercy proclaimed by the Panoptians and were given rehabilitation at the time of Jesus’ resurrection nineteen hundred years ago. These beings have since been transferred to the Father’s world of Jerusem, where they must be held, technically, until the Uversa courts hand down a decision in the matter of Gabriel *vs.* Lucifer. But no one doubts that, when the annihilation verdict is issued, these repentant and salvaged personalities will be exempted from the decree of extinction. These probationary souls now labor with the Panoptians in the work of caring for the Father’s world.

(611.1) 53:9.2 The archdeceiver has never been on Urantia since the days when he sought to turn back Michael from the purpose to complete the bestowal and to establish himself finally and securely as the unqualified ruler of Nebadon. Upon Michael’s becoming the settled head of the universe of Nebadon, Lucifer was taken into custody by the agents of the Uversa Ancients of Days and has since been a prisoner on satellite number one of the Father’s group of the transition spheres of Jerusem. And here the rulers of other worlds and systems behold the end of the unfaithful Sovereign of Satania. Paul knew of the status of these rebellious leaders following Michael’s bestowal, for he wrote of Caligastia’s chiefs as “spiritual hosts of wickedness in the heavenly places.”

(611.2) 53:9.3 Michael, upon assuming the supreme sovereignty of Nebadon, petitioned the Ancients of Days for authority to intern all personalities concerned in the Lucifer rebellion pending the rulings of the superuniverse tribunals in the case of Gabriel *vs.* Lucifer, placed on the records of the Uversa supreme court almost two hundred thousand years ago, as you reckon time. Concerning the system capital group, the Ancients of Days granted the Michael petition with but a single exception: Satan was allowed to make periodic visits to the apostate princes on the fallen worlds until another Son of God should be accepted by such apostate worlds, or until such time as the courts of Uversa should begin the adjudication of the case of Gabriel *vs.* Lucifer.

(611.3) 53:9.4 Satan could come to Urantia because you had no Son of standing in residence — neither

Planetary Prince nor Material Son. Machiventa Melchizedek has since been proclaimed vicegerent Planetary Prince of Urantia, and the opening of the case of Gabriel vs. Lucifer has signalized the inauguration of temporary planetary regimes on all the isolated worlds. It is true that Satan did periodically visit Caligastia and others of the fallen princes right up to the time of the presentation of these revelations, when there occurred the first hearing of Gabriel's plea for the annihilation of the archrebels. Satan is now unqualifiedly detained on the Jerusem prison worlds.

(611.4) 53:9.5 Since Michael's final bestowal no one in all Satania has desired to go to the prison worlds to minister to the interned rebels. And no more beings have been won to the deceiver's cause. For nineteen hundred years the status has been unchanged.

(611.5) 53:9.6 We do not look for a removal of the present Satania restrictions until the Ancients of Days make final disposition of the archrebels. The system circuits will not be reinstated so long as Lucifer lives. Meantime, he is wholly inactive.

(611.6) 53:9.7 The rebellion has ended on Jerusem. It ends on the fallen worlds as fast as divine Sons arrive. We believe that all rebels who will ever accept mercy have done so. We await the flashing broadcast that will deprive these traitors of personality existence. We anticipate the verdict of Uversa will be announced by the executionary broadcast which will effect the annihilation of these interned rebels. Then will you look for their places, but they shall not be found. "And they who know you among the worlds will be astonished at you; you have been a terror, but never shall you be any more." And thus shall all of these unworthy traitors "become as though they had not been." All await the Uversa decree.

(611.7) 53:9.8 But for ages the seven prison worlds of spiritual darkness in Satania have constituted a solemn warning to all Nebadon, eloquently and effectively proclaiming the great truth "that the way of the transgressor is hard"; "that within every sin is concealed the seed of its own destruction"; that "the wages of sin is death."

(612.1) 53:9.9 [Presented by Manovandet Melchizedek, onetime attached to the receivership of Urantia.]

This paper introduces the Indwelling Spirit – or thought adjusters. This is what I think a lot of people mistake for their higher self, for it's really their indwelling spirit of God they should be referring to, that which we are to fuse with and so bringing about the first stage of our Being At-One With God.

Paper 107

Origin and Nature of Thought Adjusters

(1176.1) 107:0.1 ALTHOUGH the Universal Father is personally resident on Paradise, at the very center of the universes, he is also actually present on the worlds of space in the minds of his countless children of time, for he indwells them as the Mystery Monitors. The eternal Father is at one and the same time farthest removed from, and most intimately associated with, his planetary mortal sons.

(1176.2) 107:0.2 The Adjusters are the actuality of the Father's love incarnate in the souls of men; they are the veritable promise of man's eternal career imprisoned within the mortal mind; they are the essence

of man's perfected finaliter personality, which he can foretaste in time as he progressively masters the divine technique of achieving the living of the Father's will, step by step, through the ascension of universe upon universe until he actually attains the divine presence of his Paradise Father.

(1176.3) 107:0.3 God, having commanded man to be perfect, even as he is perfect, has descended as the Adjuster to become man's experiential partner in the achievement of the supernal destiny which has been thus ordained. The fragment of God which indwells the mind of man is the absolute and unqualified assurance that man can find the Universal Father in association with this divine Adjuster, which came forth from God to find man and sonship him even in the days of the flesh.

(1176.4) 107:0.4 Any mortal who has seen a Creator Son has seen the Universal Father, and he who is indwelt by a divine Adjuster is indwelt by the Paradise Father. Every mortal who is consciously or unconsciously following the leading of his indwelling Adjuster is living in accordance with the will of God. Consciousness of Adjuster presence is consciousness of God's presence. Eternal fusion of the Adjuster with the evolutionary soul of man is the factual experience of eternal union with God as a universe associate of Deity.

(1176.5) 107:0.5 It is the Adjuster who creates within man that unquenchable yearning and incessant longing to be like God, to attain Paradise, and there before the actual person of Deity to worship the infinite source of the divine gift. The Adjuster is the living presence which actually links the mortal son with his Paradise Father and draws him nearer and nearer to the Father. The Adjuster is our compensatory equalization of the enormous universe tension which is created by the distance of man's removal from God and by the degree of his partiality in contrast with the universality of the eternal Father.

(1176.6) 107:0.6 The Adjuster is an absolute essence of an infinite being imprisoned within the mind of a finite creature which, depending on the choosing of such a mortal, can eventually consummate this temporary union of God and man and veritably actualize a new order of being for unending universe service. The Adjuster is the divine universe reality which factualizes the truth that God is man's Father. The Adjuster is man's infallible cosmic compass, always and unerringly pointing the soul Godward.

(1177.1) 107:0.7 On the evolutionary worlds, will creatures traverse three general developmental stages of being: From the arrival of the Adjuster to comparative full growth, about twenty years of age on Urantia, the Monitors are sometimes designated Thought Changers. From this time to the attainment of the age of discretion, about forty years, the Mystery Monitors are called Thought Adjusters. From the attainment of discretion to deliverance from the flesh, they are often referred to as Thought Controllers. These three phases of mortal life have no connection with the three stages of Adjuster progress in mind duplication and soul evolution.

And:

(1181.1) 107:4.5 There is a characteristic light, a spirit luminosity, which accompanies this divine presence, and which has become generally associated with Thought Adjusters. In the universe of Nebadon this Paradise luminosity is widespreadly known as the "pilot light"; on Uversa it is called the "light of life."

On Urantia this phenomenon has sometimes been referred to as that “true light which lights every man who comes into the world.”

(1181.2) 107:4.6 To all beings who have attained the Universal Father, the Personalized Thought Adjusters are visible. Adjusters of all stages, together with all other beings, entities, spirits, personalities, and spirit manifestations, are always discernible by those Supreme Creator Personalities who originate in the Paradise Deities, and who preside over the major governments of the grand universe.

(1181.3) 107:4.7 Can you really realize the true significance of the Adjuster’s indwelling? Do you really fathom what it means to have an absolute fragment of the absolute and infinite Deity, the Universal Father, indwelling and fusing with your finite mortal natures? When mortal man fuses with an actual fragment of the existential Cause of the total cosmos, no limit can ever be placed upon the destiny of such an unprecedented and unimaginable partnership. In eternity, man will be discovering not only the infinity of the objective Deity but also the unending potentiality of the subjective fragment of this same God. Always will the Adjuster be revealing to the mortal personality the wonder of God, and never can this supernal revelation come to an end, for the Adjuster is of God and as God to mortal man.

7. Adjusters and Personality

(1183.3) 107:7.1 Thought Adjusters are not personalities, but they are real entities; they are truly and perfectly individualized, although they are never, while indwelling mortals, actually personalized. Thought Adjusters are not true personalities; they are *true realities*, realities of the purest order known in the universe of universes — they are the divine presence. Though not personal, these marvelous fragments of the Father are commonly referred to as beings and sometimes, in view of the spiritual phases of their present ministry to mortals, as spirit entities.

(1183.4) 107:7.2 If Thought Adjusters are not personalities having prerogatives of will and powers of choice, how then can they select mortal subjects and volunteer to indwell these creatures of the evolutionary worlds? This is a question easy to ask, but probably no being in the universe of universes has ever found the exact answer. Even my order of personality, the Solitary Messengers, does not fully understand the endowment of will, choice, and love in entities that are not personal.

(1183.5) 107:7.3 We have often speculated that Thought Adjusters must have volition on all *prepersonal* levels of choice. They volunteer to indwell human beings, they lay plans for man’s eternal career, they adapt, modify, and substitute in accordance with circumstances, and these activities connote genuine volition. They have affection for mortals, they function in universe crises, they are always waiting to act decisively in accordance with human choice, and all these are highly volitional reactions. In all situations not concerned with the domain of the human will, they unquestionably exhibit conduct which betokens the exercise of powers in every sense the equivalent of will, maximated decision.

(1183.6) 107:7.4 Why then, if Thought Adjusters possess volition, are they subservient to the mortal will? We believe it is because Adjuster volition, though absolute in nature, is prepersonal in manifestation. Human will functions on the personality level of universe reality, and throughout the cosmos the impersonal — the nonpersonal, the subpersonal, and the prepersonal — is ever responsive to the will and

acts of existent personality.

(1183.7) 107:7.5 Throughout a universe of created beings and nonpersonal energies we do not observe will, volition, choice, and love manifested apart from personality. Except in the Adjusters and other similar entities we do not witness these attributes of personality functioning in association with impersonal realities. It would not be correct to designate an Adjuster as subpersonal, neither would it be proper to allude to such an entity as superpersonal, but it would be entirely permissible to term such a being prepersonal.

(1184.1) 107:7.6 To our orders of being these fragments of Deity are known as the divine gifts. We recognize that the Adjusters are divine in origin, and that they constitute the probable proof and demonstration of a reservation by the Universal Father of the possibility of direct and unlimited communication with any and all material creatures throughout his virtually infinite realms, and all of this quite apart from his presence in the personalities of his Paradise Sons or through his indirect ministrations in the personalities of the Infinite Spirit.

(1184.2) 107:7.7 There are no created beings that would not delight to be hosts to the Mystery Monitors, but no orders of beings are thus indwelt excepting evolutionary will creatures of finaliter destiny.

(1184.3) 107:7.8 [Presented by a Solitary Messenger of Orvonton.]

All the best with your Healing.
James.