

This document contains my Introduction to Divine Love Spirituality website, and below that, my original and main Divine Love Spirituality website. It's all just text - without pictures. I'm offering them as a pdf in case you want a copy of all that's on my DLS websites. I intent periodically updating this file should I post more information on my sites. *(This file on Bean the wordprocessing package I use says the document is 358 pages long. The main DLS website begins on page 51)*

Copyright. James Moncrief Febuary 2014

Introduction to Divine Love Spirituality website

Divine Love Spirituality - God of Personality
Uncover the truth and you're free!

HOME

PM AND UB

MARY M AND JESUS

HEALING

OTHER RELIGIONS

SPIRIT LIFE

GOD

LOVE AND HAPPINESS

AUSTRALIAN MAGPIE AND MORE DIVINE LOVE SPIRITUALITY

New Revelation

Oh? Yes, truly.

Based on new revelation from spirit.

A spirituality you can live with your feelings, not with your mind.

And it's not more New Age stuff, not Christian, not anything that's already existing. It

might sound like these things, use some of the same words, but it's entirely new. Inspirational! And it will confront all your beliefs and understanding of things.

It will help you uncover the Whole Truth of Yourself, if that's what you want. It will help you live true to your soul, to your feelings, breaking you out of your controlling mental beliefs.

And it will take your relationship with God much further than you've ever dreamed. It will take you all the way to Paradise. It will help you connect with your soul. It will help you be the real and true you.

Longing for the Truth

Some people believe this arowana brings luck.

Some people believe life is up to them - how they make it. 'You create your own reality'.

Some people believe God does it all.

And other people don't have a clue.

I believe, if you want to know, you begin by longing for the Truth.

And Jesus tells us in the Padgett Messages, we can long for God's Divine Love.

Divine Love Spirituality begins with these two things:

Longing for the Truth, and, the Divine Love. Or, you can put the two together:

Longing for the Truth of Divine Love.

Longing for the Divine Love

We long with feelings - not with our mind.

When we deeply or truly desire something, we long for it with all our heart.

Jesus tells us, we are conceived into this world being of Natural love, just like all the creatures are. And we are free to stay in this naturally loving state forevermore - or until God changes His mind. Or, we can peak out, taking a tentative spiritual step, moving beyond its restrictions, moving closer to God, by longing directly to God for God's Divine Love.

Try it. If you already want to be with at-one with God, if God is already a part of your

feelings life and more than just a mental belief - more than someone you believe exists; if God is a real, personal being to you, then no doubt you've already in your own way longed to God for Divine Love. You want to be loved by God, and desiring such love would open your heart to God, so some Divine Love might have already come into your soul. But you can still long for more. And if you've not longed for God to love you, try that.

It's all very simple to do. And you do it in your own way, however you feel is right for you. You simply reach out to God with your feelings telling God you want to have your soul filled with Divine Love. Please God fill my heart and soul with your Divine Love - that sort of thing. But with feeling, not just words.

We can all pray using only words, but such prayers so we're told fall on deaf ears. So we need to pray and long with feeling. However that's not to say we can also say words to help express the feeling. I do both, sometimes my longing for the Divine Love and the Truth is silent, just an inner yearning directed at God. Some times I back it up with words:

God I am longing for your Divine Love, I want you to Love me, Jesus says You do, but I want to FEEL You loving Me - Please love me, please fill my soul with Your Love, the Divine Love. And please help me to uncover the truth of myself. I want to live true. I want to know what it's all about - what it's all really about. I want to know myself, through my own feelings, and not just through things other people have said. God, I am ready to do whatever it takes, to even give up everything even though that thought scares the shit out me. But I feel like I've come to the end, I've been looking for meaning and the truth, and every now and then I come across something and I think I've found it, but then that fizzles out, and so on I go, looking - always looking. But I've had enough of that, I WANT TO KNOW! So please point me in the right direction, and please help me to feel that it is the truth and it is what You want me to know about You, and about myself and my life. God, I want only Your Love and only Your Truth.

And the Holy Spirit will come...

If your longing is true, if it's sincere and done with all earnestness - if you really want the Divine Love, it will come to you, you don't have to do anything else.

So like a moth in the night, you may feel the Holy Ghost come about you, feeling a sort of

pressure, perhaps even a presence; and then you may feel the Divine Love coming into you, sort of moving into you without you having to do anything, as if somehow you're 'breathing' it into yourself. And you may feel nothing. For some people, it will be a familiar feeling, for others something new. For some it might even rush in; for others a very subtle feeling of warmth and well-being. A feeling that God does love you.

The Holy Spirit brings the Divine Love into our souls in response to our true soul longing for it. Contrary to other beliefs, it doesn't do anything else.

Some people believe that as mankind is more superior to other creatures, we are naturally Divine, that it's our birthright. Sadly, such people will not be longing for the Divine Love.

Long, long, long

And of course you can long for the Divine Love and Truth any time. As much as you want, day and night.

You can sit in formal meditation or prayer, do it in the bath or whilst having a shower - on the toilet. You don't have to be in a church.

I used to long a lot, many times a day. I'd remind myself to long - keep longing! I wanted my longing to become second nature - all I wanted was my soul filled with Divine Love.

And I'd long for the Truth. I didn't really know what the truth was when I first started longing for it (and I still wonder about it), however I do know I'm now growing in it - I can feel it, feeling myself changing each day. And I like that feeling.

When I first began longing for the Divine Love it flowed into me a lot, but as I've moved on in my soul growth, it's eased off. My spirit friends told me I needed to work on myself more, to grow in truth 'catching up' with the Divine Love I'd received. I still long for the Divine Love, but only infrequently that I'm aware of does it now come into me. And sometimes, suddenly I will feel the Holy Spirit coming about me when I haven't consciously been longing! My spiritual focus has shifted more to longing for and uncovering the truth of myself. It's now my priority in life - it's all I want. To live true to myself, to be my true self... and to have my soul filled with Divine Love.

Living True

How to live true to yourself, how to be your true self, is really the main focus of Diving Love Spirituality. It's what most of the new truth, information and revelation is to help one do.

Nature, such as this beautiful 'person' here, lives naturally true to itself. It is a pure natural expression of natural love. It can't be any other way. And although we can interfere with it, treating it very cruelly and with no respect, it can't change the way it is. It is unconditional, always giving, which is why those of us who love it, do love it so much.

We, on the other hand, can live either true or untrue to our natural love. We can choose to be good or bad, right or wrong, loving or not so. We can be as God is - perfect, or we can be as evil as God allows us to be. And do we have a choice in it? - some say we do, others might say we don't. It's something we all have find out for ourselves.

And this is where the new revelation starts. Because a truth we all have to come to, one day or another, is that we're not true. How we are is wrong. We are not loving, even though many people believe or would like to think they are. And there are reasons why we are as we are, those which people have looked for over the aeons, but which truth is only now coming to light.

So, here is where it starts - the hard stuff. Longing for the Divine Love is painless, it makes you feel good and loved. Longing for the Truth is also easy, but setting out to live it, well that's another thing. So here's a truth for you to consider: you, me, all of us, having had no say in the matter, all because God wants us to, have been conceived into a state of untruth, we all live untrue to ourselves, even the most well-meaning and most loving of us. And so, to put it another way, we all live denying parts of our true selves, so we're false. And another way - as we're untrue, we're unloving, and being unloving means... we're evil.

So there you have the starting point for the truth of Divine Love Spirituality. You, me, everyone, whether we like it or not, whether we want to admit it or not - are evil. And that's as bad as it gets.

But if you can accept it, and I mean really accept it, not just as an intellectual exercise, then surely you will declare: I DON'T WANT TO BE THIS WAY, I DON'T WANT TO BE

EVIL! And then you'll want to know, how can you set about healing yourself of your untrue, unloving, evil state of being.

Healing yourself

How can you set yourself free?

And this is what Divine Love Spirituality offers you, the way to do it. And it's called - it's what I call it - your, Soul-Healing.

However it's not like any other soulhealing you might have heard about. It's not about doing anything that already exists to heal yourself. It involves doing something that's very obvious, it's staring you in the face, but you can't see it. And yet once you see what it is, it's fucking hard to do. But it has to be done. As far as I'm concerned, it's the only way we can truly set ourselves free of our evil imprisonment. It's the only we can see the 'Light' and become our true selves. It's the only way we can live true to ourselves.

Uncover the truth and you're free!

Had enough and fed up with it all? Try something that's contrary to everything else. Welcome to Divine Love Spirituality

There are two main spiritual texts which are vital to understanding our current human condition. These were both 'delivered' to humanity from spirits and universal personalities early last century, setting the scene for what is to come. There are numerous websites offering such material and below I will set out what I think are the most relevant parts to Divine Love Spirituality.

The Padgett Messages

Jesus and other Celestial spirits conveyed to James Padgett through automatic writing, what is said to be in the messages, Jesus' second coming. So the messages are vital to our growth of truth.

The main points relevant to DLS are:

- That we are of natural love and in the image of God, and that we can become of the essence of God and so divine, through longing for and receiving the Divine Love.
- That there is life after death, we go on as spirits in various levels depending on our level of truth, belief and behaviour.
- The first major level in spirit consists of the mansion worlds. And MOST importantly they are currently divided; for those of us who have received some Divine Love and are intent on healing our evil ways, and those who wish to remain in their natural love and current condition of self, and so truth, denial.
- I relate to the mansion world division as: worlds 1,2,4,6 are for 'mind spirits' - those people intent on developing their mind at the expense of their soul. Worlds 3,5,7 for those people who have received Divine Love are are wishing to grow in truth out of the limitations of the mansion worlds, moving into the higher Celestial Spheres.
- That there is no such thing as reincarnation.

There is a lot of other useful information within the many messages, and if nothing else they help you gain a good feeling for and insight into Jesus and his relationship with us.

There are however some problems with the messages, which limit their value in helping us see the bigger picture as to our self-denying, negative and evil state of mind and will.

- They are very masculine based as in there are very few female spirits speaking with their feelings and about feelings. And Mary Magdalene doesn't have say.
- They give one the impression that all one has to do is receive Divine Love into ones soul and then even if some bad yuk within you comes up, not to worry, for the Divine Love will somehow magically take it all away. Which doesn't happen. There is no easy way out. Jesus is not going to come and take all the faithful off to the Promised Land, nor is soaking up Divine Love going to directly heal you of all your sin and error. We have to do that ourselves through our Soul-Healing. And as hard as it might be to accept, the fact is, many people have been longing for and receiving the Divine Love for the past two thousand years, and some now because of specifically reading about it in the Padgett Messages, and yet no one, so far as I am concerned, has said how it has fully healed them. Some people might believe that our evilness, the bad state we're in is simply too big for us to heal whilst on Earth, and so we can do the best we can whilst we're here continuing on in spirit, and that might be how it will be for them, but as for myself, I want to heal ALL of myself during my flesh life if I can. Hence my doing my Soul-Healing.

- They give the impression that it's easy growing in truth and ridding yourself of all your problems. One can simply zip up the Divine Love mansion worlds, if one is lucky, quickly becoming a Celestial, perfectly healed and full of love. And I think a lot of people upon partaking of the Love then use their minds to try and be more 'loving', that being what they would expect of themselves because they've now received some Divine Love. A very dangerous trap to fall into.

I see the Padgett Messages as a great starting point, but they don't reveal all - far from it. They give us a taste, hint at more, yet without actually coming right out and telling us about our need to heal ourselves by longing for the truth: why we have to do it, what it actually involves, and how bloody hard it is to do.

The Urantia Book

The UB is a massive book, too big for most people to plough through, and too hard going. However it is vital to our understanding of our evilness or negative state.

The main things relevant to DLS it points out, are:

- The Lucifer Rebellion. Reading the papers concerning the Rebellion and Default of Adam and Eve are essential. They tell us how our evilness came about. And from them one can understand that we are evil - the whole of humanity. We exist in a state of rebellion, which means we live denying the Truth. So denying God, Jesus and Mary, ourselves and nature. Earth is currently quarantined from the greater universal structure. And we don't understand the severity of our truth-denying condition because it's all forced onto us; or, we're forced into taking it on upon incarnation - by default. So we are evil by default. We don't have any direct say in it, it just happens to us, and it's our parents who bring it about. Generation after generation we raise children believing we're good and loving parents, and yet the same thing is, which no one seems to realise, that all that so called 'loving parenting' is actually enforcing the parents evilness on the child. It might be very hard to accept and grasp, however when you come to do your Soul-Healing you'll understand. That all your problems, all your sin and error, all your fuckedness, and why every bad thing happens to you, is all a direct result of your early childhood. Some parents are of course more 'loving' than others, however it doesn't matter, and we've all got to at some point come to terms with the truth, be it in the mansion worlds or now on

Earth: that we're not as good as we might believe we are; that in fact we're all in a very bad way - we're all living evilly. So ALL we do is wrong. Each of us expresses our evilness uniquely. We live in a world that perpetuates our evil condition, currently doing nothing to heal it or even stem the tide. Every day people rely more on gadgets, drugs, work, sex, families and friends to prop themselves up, to keep going, to try and be happy. Everyday we are losing ourselves a little more to impersonalness. Every day is yet another day of living untrue to yourself and moving deeper into your personal darkness - even if you're having the time of your life (especially if you're having it).

- There is no reincarnation.
- There indwells within us a spirit fragment of God - The Indwelling Spirit.
- It also is too heavily weighted in the masculine.

The Urantia Book is wonderful for expanding your cosmic understanding of God. It's truly mind-boggling the enormousness of Creation. Part four about Jesus' life is incredible, and I would strongly suggest reading the papers on the Indwelling Spirit, as these tell us we can speak to God, that our 'small inner voice' comes from our 'adjuster'.

The Value of Evil

As much as we might hate being of it and living in it, even feeling completely overwhelmed by it, still, as the Urantia Book tells us, evil has great value, and so has a lot to offer us.

Our experience of being evil is not to be simply thrown out the window. There would be no point to it if we lived being bad, then suddenly upon partaking of the Divine Love, we became instantly good.

We have much to gain and learn from our experiences of evil, which is why I imagine God has put us in it. Evil is comparatively a rarity in the universes of love and perfection, and one could even say we're very fortunate to be given such a unique experience. When we arrive at the time to do something once and for all about our suffering; when we decide to seek the truth to heal all our evilness, no matter what it takes - to become true no matter what the cost, even if it means going it entirely alone having to give up all other relationships; when we decide it really is time to start looking after our own soul, then we have to come to terms with our wayward state.

And as we work through our healing, painstakingly divesting ourselves of such corruption and impurity, we begin to see all the good evil is offering us as we start to grow daily in truth.

When each day new insight, awareness, understanding, revelation - both personally and about the world, come to you, and all because you're starting to honour and accept yourself through your feelings, all have nothing to do with your mind, then you begin to wonder at the amazingness of it all, how out of such vile, putridness can come something as valuable as truth.

So out of badness comes something good. We are inherently good, we've only been made to be bad. And having used our badness to help us come back to being good, then with the truth in our souls we might be able to fully appreciate all we've been through.

Mary Magdalene and Jesus

Mary Magdalene and Jesus are soul-mates.

If this is true it then changes everything, our whole perspective on Jesus and what he came to tell us.

Imagine if Mary had stood alongside Jesus, or, Jesus stood alongside Mary, and they both revealed the truth of God to us.

Jesus would reveal God as our Heavenly Father (as we know); Mary, God as our Heavenly Mother. As they are the Living Truth. The Mistress and Master, Daughter and Son of our local universe, The Paradise Creator Pair, so it is to them we must look for our spiritual guidance. And if we only look to Jesus, then we're missing the other half of that guidance, so there is NO WAY we can properly grow in truth. And this is reflected by how we are, how we've made the world. Do you think that for one moment had the Feminine Aspect of Truth being presented to us equally with the Masculine Aspect, we'd be so unfeeling and cruel to nature, let alone to ourselves!

Our denial of truth, our rebellion against truth, is really our rebellion against FEELINGS - our more feminine side. Right from very early on we are taught not to express ALL our

feelings. 'Stop that crying, come on now, enough of that carry on, there's no need to worry, you're all right'. All day long we deny masses of our bad feelings, all because that's what we've learnt to do from our first moment at conception. We are taught to suppress and keep many of our bad feelings away. We do all 'pleasures' to ward off our bad feelings. And yet all those bad feelings from our early life have not gone anywhere, they are still locked away inside us making us ill and making us have to do even more self-denying things. We are doing it all to ourselves. The spirit Evil Ones who began the Rebellion and brought about the Default no longer have any direct and personal influence over us. We are now the evil ones - to each other, and to ourselves. We 'constantly surround' ourselves.

The rebellion we live in and perpetuate by default is the ongoing denial of our feelings, of what could be called the denial of the feminine aspect of ourselves. Men have it hard; women harder. We men are not meant to be emotional - women are allowed to be more emotional, but only under the oppression of feeling-repressed men.

Imagine if we were to look to God as being both our Heavenly Father and Mother - wouldn't that change our whole perspective on things?

And yet look at Mary's life, she hardly got a word in. And yet as more ancient texts come to light, the more we can see that she was indeed someone more special than the apostles, she understood Jesus more, she was closer to him and he to her - and why?

Jesus and Mary incarnated and remained perfect. They didn't take on the Rebellion and Default as we've all done. The Divine nature of their soul, they being 'too close to God', ensures they remain true and never become evil - a whole universe depends on them staying true to themselves.

And because we are untrue, when they came we didn't fully appreciate them. We denied them each in different ways. The result being we were left with only a fraction of their greatness. We got rid of and refused the Living Truth, because how could we not. We are evil, we live rejecting truth, so the last thing we want is for Truth made manifest in the persons of Mary and Jesus to suddenly be amongst our midsts. The Christians live for the day of Jesus' return, however they are not living true and perfectly, even though they believe they are. They are evil just like the rest of us, just as humanity was two thousand years ago. So were Jesus to actually come, they'd reject him as the Jews did, saying he wasn't their Jesus, because 'their' Jesus is nothing but a fantasy. Their Jesus would have to

as they are - evil.

The gulf between us and them

Mary and Jesus are perfect, we are imperfect, so there's a huge gulf between us. And this causes us a lot of problems.

As we strive to be as perfect as Jesus is, we are forced to conclude some time, if we are humble enough, that there is no way we can ever be as He is. Or as Mary is. There is too much of a gap separating us. We're simply too fucked.

And why we can't be like them, is because we're evil. So we have to heal our evilness before we can be perfect in our natural love, and before the Divine Love can transform that natural love into being divine. Before we can be of a Celestial level of truth, like the Celestial spirits, who are no longer evil having healed themselves through their ascent of the Divine Love mansion worlds.

So we can try and do as Jesus says, we can try and be as Jesus is, but at best we can only contrive it using our minds. Love your neighbour as yourself. Okay, that sounds like a good thing to do, and I want to be loving. So I will try to think loving thoughts, do good and helpful deeds, put other people first, be loving, and so on, but it's all bullshit. It might make you feel better, but it's not real, it's not true, it's all a fabrication of behaviour based on how you want to be and think you should be. Because the underlying truth which we all have to come to realise and then accept about ourselves one day is, we're not as loving as we want to be, and why that is, is because we're evil - anti love and anti perfection; anti truth.

So once again we're back to having to do our Soul-Healing, and yet the difficulty we face in trying to do that is there's been nothing as yet revealed about how to do it. There's nothing in the Padgett Messages, nothing in the UB, nothing anywhere else, and nothing out there from Jesus and Mary. Sure, many people believe they are working on themselves and even making or have made good progress in healing their problems; sure, many New Agers and alternative people believe they can emotionally cleanse themselves and 'raise their vibration'; and sure, many people undergo deep therapy and psychological work, and many heal much of their traumas - even touching upon their early childhood pain; and sure, we can even look to some of the gurus who seem to have transcended all the

afflictions and difficulties most other people suffer from, but still, still, after all of this - no one has healed themselves of their full evil state.

And why I can make such a bold and definite statement as this is because we're still living in Mary and Jesus' age, the 'Age of the Cross' as the Urantia Book calls it. And by being in that age, we're still subjected to an age of self and feeling denial. It's all an age of denying the truth because we denied Mary and Jesus. And this then brings about another dilemma for us. We need a new spiritual age, one in which new revelation is brought to light that we can live - revelation to do with how we can heal our evilness. How we can begin to once and for all come to terms with the truth of our unlovingness and truth-rejection lives.

And is not all the fuss and excitement currently being made about December 2012 and the End Times about something major happening? So perhaps it is the turning of the age - of the spiritual age. Perhaps new spiritual insight is dawning upon us!

Soul-Healing

Look at this beautiful 'ugly old toad'. How can anything in nature be ugly! Nature as I've said is true and perfect, it doesn't live evilly. It doesn't live in rebellion against God and Mary and Jesus, against the truth. It can't. Not like us.

We are the ugly ones. We are the monsters. We are the nature-destroyers. And we only are that way because we're destroying ourselves. As we rebel against all that is good, so we're doing that within ourselves. We are told we're children of God, God's most wonderful creation, yet do we live that? We see nature is there for our own amusement, to do as we please with; if it doesn't suit us, chop it down; if we need a companion, get a pet; if we need to make money, use and abuse it for all its worth. Yet we only do these things because we've gone off the rails by living untrue to ourselves.

To heal ourselves requires as I said, new revelation, and that's what Divine Love Spirituality is all about: helping to reveal truth about our underlying problem - our evilness; and how to then go about healing ourselves of it by uncovering the truth of ourselves. But it's not all that easy.

Because we're living false, untrue lives of fantasy, we have to wake up to this, that's the beginning. We have to face it and accept that we are, but this is hard to do, to accept the truth of ones evilness, when all one is doing is to avoid and keep suppressed such truth.

So we have to wake up to ourselves, take a good look at how we really are, not getting all caught up in the show of being loving we put on. But again this is dam hard to do because we've been heavily conditioned from early childhood to be untrue. But unless we do face it, we'll never heal ourselves. We'll die possibly believing we had a good life on Earth, move into the mind mansion worlds there enjoying all the spirit love and beauty; free then to carry on 'bettering' ourselves as we 'transcend' and 'grow in the light and gain knowledge', as we become - 'enlightened', but it's all still truth avoidance.

And we can long for and even receive Divine Love, and we can then believe we're on our way to advancing our soul in truth; we might even say, and even feel, we're ascending in truth, that all our evilness is simply fading away, being washed away by all that Divine Love; flowing out of us in murky steams of yuk, but gone for good because now being at-one with God - my Heavenly Father... just as Jesus says he is. But still you're going to be full of unexpressed bad feelings from your early childhood, they are not going to leave your soul because of what you might believe with your mind. They can't leave, and there's very good reason why not.

Our bad feelings

Our bad feelings we treat like this big turd here. That's us, those little fungi growing out of all the yuk bad feelings we've got repressed inside us. But unlike these fungi who draw sustenance from the lump of lovely poo, our repressed bad feelings make us sick.

But first, why our bad feelings can't somehow magically leave us, and why when we're young and we have them seemingly to get over them quickly moving onto something else, even though they are all still hidden within us and we haven't 'got over them', is because we need them to help us uncover the truth of our negative state - when we're ready to do so.

You see it goes like this. Right from the first moment of our incarnation at conception on higher levels we're already denying ourselves as a condition of being brought into evil. So

we're already feeling bad, even though we are not conscious of such feelings. And then as we grow and develop, we still feel bad, and our parenting causes us to deny them. Our parenting also causes us to feel more bad feelings because our relationship with our parents is not true, it's bad, even if we think it was very loving, because our parents are not perfect and true so can't have loved us truly as we needed to be loved.

So all the way along right through our early forming years we deny copious amounts of bad feelings - untold numbers of them. And they all go into our soul stored as light, there to wait until we're ready to bring them all out. And one day, that's what we have to do - express all our repressed childhood feelings, which then gives rise to the term: Childhood Repression.

Accepting our bad feelings

The heart of our problem lies in our denying many of our bad feelings, all as a consequence of how we were parented. And as some people were loved more than others, so one could say some people have denied more of themselves, were forced to go more against themselves, denying their will. Our soul-healing is really our will-healing.

So to heal ourselves, all we have to do, and it's all so very simple, and it's obvious staring us right in the face, is, **ACCEPT ALL OUR FEELINGS**. And if we can manage to do this, then by the time we have we'll be living true. And not only that, we'll have healed ourselves of all our evilness, we'll have grown in truth, even if we don't embrace longing for the Divine Love. We will have become perfect in our natural love, just like the creatures. And if we have embraced the Divine Love, we'll become of a Celestial level of truth and love.

It's true that we've fallen from grace. And fallen a long way. So it's mad to think we're superior to nature when we're the ones who is evil and nature is the one who is true.

So to do our Soul-Healing consists of these steps, all of which are ongoing until it's done.

- Admit you are feeling bad.
- Accept your bad feelings.
- Honour fully your bad feelings by expressing them, speaking about them to

someone who is willing to hear you talk about them. Long for the truth of them. Long for the truth of why you feel bad - what deep within you is causing your bad feelings.

- And remember, Bad feelings are Good!, not bad. They are not to be despised. And as hard as it to accept them, they are still you, and a very real part of you. And if you persist in denying them and not allowing yourself to fully live them, then you're only going to keep yourself in your evilness making things harder for yourself.
- All sickness and suffering, all bad things that happen to you, all your problems, all your addictions - your whole feeling-denying and untrue life, is all caused by your denial of bad feelings.
- Every problem in the world is brought about because everyone has been brought up to deny feelings, and in particular, most of their bad ones.

Doing your Soul-Healing with the Divine Love, is really doing your 'Feeling-Healing'.

Feeling-Healing

Accepting, expressing and seeking the truth of your feelings, and mostly your bad feelings, is setting about doing your Feeling-Healing. You can do this irrespective of your spiritual inclinations, you don't have to be longing for the Divine Love. And apparently for those people who take this route new sectors will be made available in the forthcoming new age in the mind mansion worlds, separate to the mind spirits who want to keep living merrily on their evil way.

And those people who want to do their Feel-Healing with also the inclusion of the Divine Love, setting out to live true to oneself as one strives to be truly at-one with God, they will be endeavouring to heal their whole soul - hence, Soul-Healing. They will be striving not only to perfect their natural love, but to also transform their soul from the image of God into God's very essence. They will be setting out to become divine, and when healed, to know they have attained the level of the Celestial spheres.

As I said earlier, most of Divine Love Spirituality is involved in revealing what it is we need to know about our Soul - and Feeling-Healing. And how to go about it. What difficulties one might face and how to over come them. All of which has come to light

through the doing of my and Marion's healing. We are currently still doing it. And as I feel I have gained a little understanding about it all, I want to start to 'put it out there'.

Divine Love and bad feelings

It's our intent that determines whether or not we receive Divine Love from God into our soul. Not our feeling or emotional state. So long as our desire is true, in that it's a sincere longing to God to be loved by God, to receive God's love in ones soul, then we'll receive the Divine Love.

Some people worry about the possibility of their feeling bad feelings and emotions interfering with their ability to receive the Divine Love. The emotions and feelings themselves won't, however it might be harder to long sincerely and being fully focused on what you're doing when you feel distracted by your feelings. Of course when you feel good then it's much easier to reach out to God asking Them for Their Divine Love.

When you feel bad, you might also want to go to God longing for support, love and help; or, you might feel that's the last thing you want to do.

It doesn't really matter as the Divine Love will come into your soul upon your true longing for it. It's what then happens that is of the most concern. And this is where a strong desire to grow in truth comes in.

If you don't want to heal yourself of your evilness then the Divine Love will wait, 'dormant' so to speak, within your soul until you do. You won't feel its subtle effects within you because your mind will be still too much in control. And I understand it's even possible to receive some Divine Love and yet still further your negative self-denying state, rejecting and rebelling even further against God and so the Divine Love you have within you.

The more of your bad feelings you can acknowledge and express whilst seeking the truth of what deep inside you is causing you to feel bad, the more the Divine Love will support your truth aspirations. However, as the whole aim is to do our healing first so the Divine Love then has perfect natural love to transform, don't expect to feel any real positive love from the Divine Love in your soul because your soul will be intent on releasing all your repressed early childhood feelings so you can uncover the truth of them. I have long since

given up expecting to feel loved by God and happy, because of any Divine Love I may have within my soul, UNTIL I have completely finished my healing. And in fact, I don't want the Divine Love to make me feel loved at the expense of my feeling bad, because then I'd only be still denying such bad feelings, this time using the Divine Love to help me. I want to feel bad so I can bring all my yuk out. And I want to receive as much Divine Love as I can, but my focus remains on acknowledging and accepting my bad feelings and seeking the truth of them, content in the knowledge that also my relationship with my Heavenly Parents is growing as I move along in my healing.

There is a great temptation to use the Divine Love, along with anything that might make you feel better, to help you keep denying bad feelings. And really by rights, we shouldn't have had the Divine Love made available to us until all of humanity is healed and perfect in its natural love. However God had other things in mind by sending Mary and Jesus to us, and so we have this window of three thousand years (Mary and Jesus' age, and the next age of one thousand years) to long for the Divine Love, whilst we're evil, just to complicate things more than they already are.

So once again, the Divine Love is NOT the way or thing to be used to get you out of your evilness, that would be looking to it to help you feel good like we do so many drugs. And as one can't get addicted to the Divine Love, if you are not growing in truth actively through the doing of your healing, then you can long and long and believe you are still receiving the Love, but it will have ceased to come into you because your soul will have had its 'quota'. Your soul will then be waiting for more 'space' to be made available in it as you perfect your natural love, upon which it can transform into God's essence.

So overall one could say, yes ones bad feelings and emotions will get in the way of receiving the Divine Love, however they themselves are not the problem. Ones whole negative state, refusing to grow in truth, is what's standing in the way of you and your Heavenly Mother and Father's relationship. If you refuse to grow in truth, then you are still refusing yourself, nature and God, so also God's Divine Love - you are living in rebellion against all that is good. But as I said and making things very confusing, even within all this rebellion, we can still long for and receive some Divine Love.

And concerning the dealing with your bad feelings and trying to rid yourself of them, unless you are working with them to help you uncover the truth of your evilness, you only denying them still. And using your mind to 'work through them' is not going to get you anywhere, only increase your self-delusion that you're all right and heading in the right

direction.

True to your true, true self.

Imagine that you're pretending to be something in life which really you feel is not the true you, you're putting it on, you know that, you're aware of it, but feel for various reasons you can't stop it, you have to keep up the appearance and pretence of being someone you're not really.

For example. Imagine you're gay (or if you are gay...), you know it, but you can't come out, you can't tell and be true to it in the world because of how you think it will affect people in your family. You don't want to hurt your mother, go against your parents, shame and embarrass them, make them angry with you, whatever it is. You don't want to hurt them, so you have to keep it - the real you - secret from them. Or you are an actress, and you can't come out because it will ruin your chances of getting further work. You have to pretend you are a certain way, to make a certain impression, put on a certain act, all so you can get what you want. But you're a fraud, you know it, and live with it, wishing you could just be as you want to be in your life, free to do as you please, free to be yourself - what you feel is the true and real you.

And then one day, finally, for whatever reasons, you do come out, you tell the whole world, and dam it, you're going to be as you are, and if you're rejected by everyone, so be it, but you can't keep dishonouring yourself. And oh the relief, you are finally able to live without having to keep a secret, without having a hidden agenda, keeping an alternative contrived other live going, all so you can be accepted in the world. Finally you are free to be your true self. And that's great, but what really is this true self?

And what it is, is allowing yourself to be true to your evilness, the real and true you that you feel you are, but all STILL within a false, evil, love-denying, untrue state of mind. So really it's only the first step of coming out. You are evil and forced yourself to live yet another false exterior, all to make a certain impression, all to keep the power you wanted. So in a way you were doubling up on your evilness, and oh what a relief when you came out, came clean, and could drop that second evil state. Now you can concentrate on happily living your 'true self' - your true evilness.

And a lot of people do genuinely then believe they are free and true, but having no idea that this so called 'true self' is not true at all, not in the greater scheme of things, not in the truth of how you really are. So then one day when they wake up to this truth, then they have to work at doing their healing and bringing their real and true self out, the one that was prevented by your parents from coming out all those years ago. And that is a lot harder than just dropping your false facade allowing yourself to be happy in your evilness.

Our healing difficulty - it's not how you might think it would be

To heal our negative self and feeling state we need to do the opposite of what one might think - what I thought anyway.

Instead of going about trying to get rid of all our bad parts, trying to fix ourselves using whatever means are available, we don't try to fix or solve any problems we have, all we do is always focus on **JUST EXPRESSING ALL THE BAD FEELINGS WE FEEL ABOUT IT WHILST LONGING FOR THE TRUTH OF WHY WE'RE FEELING AS WE ARE.**

The aim is to accept ourselves entirely, this being to 'self-love ourselves' by accepting **EVERY** part of us, not just the parts we like. Accepting **ALL THE YUK PARTS TOO!** So we start this procedure by wanting to accept all those bad feelings and emotions we're doing all in our power to avoid and not know about. As long as we live denying but one bad feeling, and even one good feeling, we're not fully self-accepting, so we're not fully self-loving, which means, we're not relating to ourselves unconditionally - with unconditional love. And as most of us happily accept any good feelings we don't so much have to focus on them, mostly on the bad ones. However you might even surprise yourself and find you are denying and stoping yourself from feeling good feelings as well. Many people try to use their minds to be all-accepting and so self-loving, we're told it's the right way to be. However as they do this, at the same time they are still deny many bad feelings they're not even aware they're feeling. The more power we give to our minds, the more we 'empower' ourselves, the more we can use our mind to control our feeling denial to an even greater extent. It's because of our bad feelings we feel powerless, so empowering ourselves is to get rid of those annoying feelings that just won't go away. All what most people believe they are doing to help themselves is actually only making things worse for them in the long run. They might enjoy a new found freedom and sense of

power and strength of will through all their 'positive thinking' and 'self-improvement', yet all at the expense of more feelings they should be allowing themselves to feel. But who wants to feel all their bad feelings, and keep feeling them. We're all scared of opening Pandora's Box and being swamped into abject oblivion and complete dismal depression never to see the light of day again, but it's into that void of darkness we must go if we are to liberate all our pain and uncover the truth of why we have a Pandora's Box within us in the first place. We live conditionally, as seen by how we selectively accept and welcome some feelings yet not others.

So to become fully self-loving which is what naturally happens as you do your healing, we have to face all our bad feelings, welcome them, want them, and as they come up, fully express and emote them - 'be them'. And if you're like me, used to denying most of your bad feelings, to turn around and do the opposite is not only very hard to do, but also very trying.

As we accept all our bad feelings so too are we accepting all our Childhood Repression. And so too are we accepting our evilness - that indeed we are evil and living against ourselves, nature and God. And as we grow in this truth acceptance of ourselves, so in a way we are allowing ourselves to be the putrid, vile, monster, no-love person we are.

So it's a weird thing, in a way the more true we actually become to our evilness the less of it we are. So we have to be it completely, this being done in small doses so we can manage living it as we uncover the truth of it. And as we accept our yuk, so it leaves us, as we no longer need it. And this is the amazing part. We don't actually have to do anything to make our evilness go away other than keep on expressing and seeking the truth of our bad feelings. And as we do, mysteriously we change, our inner systems start to alter, as we relinquish our controlling beliefs and move toward perfection. First the perfection as in seeing and being fully our untrue selves, then into being our true selves.

So we sort of go into our evilness if you like, be become it all fully accepting it, all so we can then let it go as we realise that it was imposed on us and we no longer need or want to be as we are. And it goes. God sees to that for us.

The potential to completely heal all of our evilness is something entirely new. Strangely it's not been part of humanity's experience before. And I am sure it's the only way we can get ourselves out of the mess we're in.

Other religions and spiritualities

Undoubtedly all other religions and spiritual systems offer smatterings of truth within them, indeed all our lives do. However what I want you to understand is that it's all still WITHIN a negative system. And because of that, unless we seek to address our truth-denying state through our Feeling- or Soul-Healing, any other truth that might come out way, either mentally or through our own feeling experiences, will only be incorporated into our negative and evil state. So it doesn't matter which religion or spiritual system you investigate and become apart of; or which your parents might have inducted you into, they are all going to serve the same purpose - KEEP YOU BOUND UP WITHIN YOUR FEELING AND TRUTH DENYING STATE, rather than liberate you from it. There is, from my understanding, simply no way out of our our evilness unless we face it and fully come to terms with it - do our Healing. So the allurement is that you look around, you find something you like, you adopt its beliefs and religious or spiritual practices, and you feel you're making headway, growing in truth, and advancing your mind or soul, whatever it is your focused on - even healing yourself of your bad tendencies, behaviour and traumas. However it's all still to better yourself within your negative state, which means, which is the sad truth of it, it's all still only helping you move deeper into your feeling denial, into your self-rejection, irrespective of what you might think it's doing for you. And all of this is of course fine, if that's what you want to do - have ever greater power and control over yourself. There is nothing wrong with furthering your negative state of mind and will, it's entirely up to you. But what it's not doing is ascending you in truth out of it. And that's what I want you to understand.

Christianity

Like all our religions and spiritual systems of belief they are 'home grown'. They have been evolved by humanity, even if they have resulted from direct or indirect input from spirits in the mind mansion worlds. Christianity has also taken a lot of what Jesus revealed integrating it into what men have believed would help them to gain power. All our religions and spiritual systems are designed to give power to those in control of them, because that's the way of evil. Being evil means we feel deprived of love, which we are from our first moment at conception, because our parents, not being of perfect love, being themselves caught up in their evil love-denying states, couldn't give us all the love we needed. So we have to try and compensate for it, hence our need to make up ways of

living that we believe fill the gap, but sadly they don't. All we do in our evil condition is done trying to gain power, which we wrongly believe is love, and mostly by having it over ourselves or another person or creature. We demand our pets and children love us. All we do to make ourselves happy is done in the futile belief that we feel loved, but at the very core of our beings, we don't feel loved. And it's something one day we all have to face and accept expressing all the pain of feeling so hurt because we weren't loved as we needed to be by those who should have loved us.

So Christians for example desperately cling onto their beliefs in the misguided belief that they will 'save' them, but save them from what? They have been led to believe they are good, right and true and everyone else who is not one of them is wrong, bad and evil.

But they miss the point: that we're all in the same boat - we're all evil. We can go on accusing each other (which is not very Christian) of being evil, 'He's the bad one, I'm not because I'm not murdering and raping, I'm loving and caring', and yet it gets us nowhere other than keeping us all separate, when really we should all be commiserating and sympathising with each other for being so caught up in and blind to our evilness and feeling so unloved.

Many Christian's are avidly awaiting the imminent arrival of their beloved master. Jesus is going to sweep in on a cloud gathering up his chosen flock and off they all go to wonderland. But it's all fantasy. The whole Christian religion is a mental construct, nothing more than a fantasy, including the Jesus and God they pray to. And it's the same for all religions and spiritual systems, the same for all we do. But our problems is, we don't see this, we believe these things are real and vital to our survival, when in truth they are limiting and denying our true soul survival. Such systems of belief only serve to keep us enslaved to our minds, and unloving minds at that.

True survival of our soul can only come about with ongoing growth of truth. So whilst we're in a truth denying state, we are actually doing all we can to denying ourselves eternal life. It's utterly bizarre, our thinking all we do is helping ourselves, when it's doing the very opposite. And you don't have to believe me, you only have to look around you at the state of humanity. And oh sure, lots of people say that humanity is wonderful, look at all its great achievements, and many people love life as it is, wouldn't want it any other way, but what they're doing and what their celebrating, is evil, they may as well be worshipping the Devil - which by they way doesn't actually exist, 'Satan' being just another way to blame someone else accusing them of causing all the problems, when refusing to face ones one inner 'devil' - why one is not facing the truth of all ones feelings.

As Jesus and Mary's age draws to a close, they are in fact lessening their personal time with humanity. Their personal hands-on time with us is ending. So instead of Jesus coming to Earth any moment, the very opposite is happening, Mary and Jesus are moving to station themselves permanently on Salvington, the central and 'home' world of their and our universe - Nebadon.

Buddhism

Buddhism offers many people a different and alluring alternative. To 'be at peace' to be 'all-accepting', to be non-aggressive, to be able to meditate ones way to nirvana or bliss or whatever that state of all-knowing might be, does seem very appealing. But it's still only a different version on the same theme - evil. It's still all feeling-denying. It doesn't teach and encourage everyone to look deep into themselves and heal their Childhood Repression. Certainly it suggests the 'looking in' and contemplation of ones inner self, but it doesn't talk about doing the hard work of bringing to light all that's deeply buried inside you so as to see the truth of why you feel so unloved. All it does, like all the religions and spiritual systems in their differing ways, is help you bury all that pain and suffering even deeper within you. And it's wrong to look to such supposed all-loving and all-accepting people as living in a higher state of natural love perfection, when really how they are living is in a higher state of mind control - so evilness. To look at Buddhism in the light of going in the worst way to help yourself is not what a lot of people would like to do.

My sister became very involved in TM, Transcendental Meditation. She went and did a very gruelling teachers course in Europe. It apparently involved endless meditation the TM way. She said that not long into it lots of bad feelings started to surface within her, all which naturally made her feel very bad about herself. She asked her teacher what she should do about it, and was told to 'sweep it under the carpet'. To keep going and eventually you'll 'transcend' it, that being the sign that you're really getting somewhere, able to keep all that yuk well under control never to rear its ugly head again. It's all about the mind being everything, in the misguided belief that mind is all there is, is the place in which ultimate happiness can be attained. But it's only all about mind when it's evil. Just another feeling-denying system. Mind over matter - it matters, you, your feelings, don't.

And for her, this was what she wanted. It worked, the bad stuff subsided and on she went achieving her goals feeling better about herself and more powerful in the world. And that's what I wanted to do too. My foray into the New Age was because I felt unhappy and

unfulfilled in life. All the exciting new spiritual stuff made me feel very good. I loved it. I loved reading stuff from spirits, and thought they being in a higher realm must surely know more than we down here on Earth. And then when I read the Padgett Messages and understood I could long directly to God for Divine Love, well there was no going back, that surely was the way to eradicate all my bad feelings. Surely having Divine Love in my soul MUST make me feel happy. But my happiness was only short lived, as I was plunged back down into my hole of despair. I didn't have what my sister had, a strong ability to apply my mind to keep my bad feelings under control. The whole show of being all-love is very appealing, however be careful as it might not be all it's made out to be. It's far better to consider yourself an abject failure in love and live, and a useless waste of space, if that is indeed how you do feel, whilst expressing such feelings and seeking the truth of them.

Other religions

Whether a religion or spiritual system tries to take the world by force or peace, it's all for the same end, more mind control, so power. We all want to be the most powerful, we all want to be belong to the right camp. We all want to have things our way. We can say we're unconditional in our outlook of accepting everyone to be as they are, but we're not, again it's only what we choose to believe about ourselves. For the truth is, when of an evil state of mind, one can't be any else other than conditional, being unconditional is only a dream, something to long and wish for. And only by healing ourselves totally of our negative state, becoming of a true positive mind and will, can be truly unconditional.

It's said there are many ways to God and that really it doesn't matter which religion or spiritual avenue you take, but that's not really true. It does matter if you want to heal yourself of your self and feeling-denial. If you don't, if you are content with your feeling-denying life, then it doesn't matter which religion or belief system you involve yourself in, as you'll only be going around in circles nicely contained with your rigid mental state. So it really comes down to the question: DO YOU WANT TO REMAIN UNTRUE TO YOURSELF, AND SO IN YOUR EVILNESS; OR, DO YOU WANT TO HEAL YOURSELF OF IT BECOMING TRUE?

Reincarnation

Many of the mind spirits and many people who are looking to advance their minds under

the mistaken belief they are growing in truth, believe in reincarnation, with the higher mind spirits saying they have ended their karmic cycle.

And we revere many of these people and spirits wishing to be like them. And yet, THERE IS NO REINCARNATION.

And what it shows me is that such people who believe in it don't as yet feel the value of personality - their own personality. They are as yet not in touch with the truth of personality. Not that many people who don't believe in reincarnation are either.

What I mean goes something like this. I am James, me, and 'me' is the personality expression of my soul. I've been given the name James. So irrespective of the name, I AM ME. I am not anyone else. And, I CAN'T EVER BE ANYONE ELSE. For were I to be, then me as I am, would cease to be, because I'd then have a different soul.

God blesses our soul with unique personality so the Urantia Book informs us. That means each soul has two unique personalities, one half manifesting the masculine expression of that soul though its masculine expression of its personality, like I am; the other half the feminine, which my soul-mate is doing.

And 'me' -I - will always be doing that. I can't suddenly become the feminine half, she's doing that part of our soul. And I have to be as true to my part, as true to being a man as I can, so when I meet my true-to-being-a-woman-as-she-can, then we'll be able to have a true-to-being-with-each-other perfect soul-mate relationship we can have. But this can't happen if we are busy reincarnating all over different time frames and being of different gender.

I can't, and I can feel that I can't, suddenly give up being the James expression and become the Pauline expression of my soul. It's not going to happen, and furthermore I don't want it to happen, I kind of partial to James, even though he's full of shit and full of problems because of his evilness. But were I to be Harry or John or Chi or Velula or whatever the name, male or female, then me James, ceases to be. But God has already giving my soul it's unique personally, and I don't think I'd get another one.

The mind spirits

I call the spirits living in what the Padgett Messages refers to as the natural love spirit

mansion worlds - 'mind spirits'. It helps me to differentiate between those spirits (who are really still people just like us but who have died and are now living their spirit lives in spirit) that are still living using their minds as the controlling element in their lives, as compared to those spirits wishing to live using their feelings, such as the ones resident in the Divine Love mansion worlds.

Because of many restrictions owing to the effects of the Lucifer Rebellion and planetary Default we are living under, those which determine our evilness and feeling-denial, the Divine Love mansion world spirits and Divine Love Celestial spirits (those who have ascended higher in truth than the mansion worlds) can't directly communicate with us.

They are doing a little of it as in what some people are experiencing having read the Padgett Messages, however by and large, there has been over the years of Mary and Jesus' age, very little input from these truer and true spirits. So mostly humanity has been influenced by the mind spirits. And this influence still goes on unabated.

Most of the odd things, and even not so odd, that happen to people that seem to be from 'out of this world' or 'another dimension'; or even inner dreams, thoughts and fantasies, can, and I do believe, do, come from these mind spirits.

Imagine you are a person who enjoyed a measure of control on Earth. You are used to being in charge. You die, you are still that same person. You move to live in a sector that reflects your beliefs and aspirations. You look around for something to be in charge of. And imagine you want to 'help mankind' in some way, so you move to see what sort of things can be done from your side - from spirit.

Some spirits want to hurt and negatively interfere with people such as poltergeists and scary apparitions and so on. Other spirits do genuinely want to help better humanity. And within their limited powers they are free to do as they please. So they can at times cause things to happen on the Earth plane. They can create lovely looking crop circles with 'hidden meaning'. They can manifest crosses of light in windows, UFO's in the sky - or in the window of ones mind so one thinks one is seeing such things in the sky. They can bring about spontaneous and miraculous healings. They easily mentally communicate with anyone on Earth who is open to such inner telepathic communication. They can implant creative or destructive suggestion in ones mind making the recipient believe they came up with the brilliant idea; or they can pretend to be God, Jesus, the Devil - Satan, or an Ascended Master, an Archangel, an alien from another planet in the universe, speaking to you. And so on it goes, with us having really very little idea as to how much they can

influence us and how much of that influence might be good or bad for us.

But overall, because they too are living in their negative feeling-denying states as we are, they having come from Earth and being just like us, one has to conclude that all they do is only going to help us move deeper into our evilness no matter how well-meaning or done with 'love' it is.

So in your spiritual pursuits, bear in mind that all that's attributed to such things, no matter how seductive they might appear, might originate with mind spirits. And as well meaning and noble such mind spirits might believe their endeavours to help us are, still they are interfering with us in a negative way. Still they are helping us lead ourselves further astray.

And also, it is worth bearing in mind, that such happenings might not be from the mind spirits... perhaps some of the UFO's are really people from other earthly worlds.

Life in Spirit

Spiritualists confirm without a doubt there is life after death, too many good mediums have relayed too much reliable information to dispute this. And we are told, resulting from the mounting evidence of people undergoing Near Death Experiences and out-of-body astral trips, that spirit life awaiting us is far better in many respects that life here on Earth. It is so loving, love seems to be in the light in the atmosphere. It's all so beautiful, full of plants and animals all of whom are loving; there is no war, no aggression, no competitive nature as we know it. And we are free to do as we please within reason. You can indulge yourself in the arts, you can increase your love by helping other newly arriving spirits, or animals that we on Earth treat so cruelly. You can have all you loved on Earth, as in being with your loved ones, and having your beloved pets with you. And you can carry on in your beliefs living in the Christian or Muslim or non-religious sectors. You can live in 'Gay World', be with others of your race and culture, live as a aboriginal in the 'Dreaming' sectors. It's all apparently there for us to do as we will. It's all so lovely, and to progress in the mind mansion worlds you only have to apply your mind to be loving. If you're not loving you'll never get anywhere. And what about all your repressed bad feelings? Who cares about them when you feel so good! It is paradise.

But it is all it seems? It certainly sounds a lot better than here. No more physical body with all it's aches and pains. No more disease, no more mental problems, no more

disability of any kind. Even no more addictions. No more need to eat and drink, just a nice eternal relaxed life of peace - and all for you.

And if you want to move up the mind mansion worlds to the upper sectors of the sixth world, then you'll increasingly become at one with God - with the Mind of God. Be at one with God's Mind but not God's Heart. The mind is king, it's all about the mind, you can do anything with your mind. Think of anything and there it is for you, think of going anywhere and bingo - you're there. Apply your will to your mind and all your dreams can come true - what more would you ever want! And you might even attain the incredible level of light and love that makes you feel you are in nirvana, at-one with all knowledge - a part of God's glorious Mind, having transcended all the lower animal stuff, existing completely in a state of bliss. But is this all it's made out to be?

Confined to the upper Sixth world

We read in the Padgett Messages how such sixth world spirits can't go any higher, they are limited by their spiritual belief and understanding. They are limited by their minds. They have grown a little in truth, but why can't they keep progressing in truth - what is really going on within them? So what really does this mean and show? And what happens to feelings, are they now irrelevant because one always feels so good? Does one simply never have a bad feeling ever again? Is it that we die, then wake up in paradise never to feel bad again?

We honour, worship and revere the so called 'Ascended Masters', the great 'Beings of Light', the 'Enlightened Ones. And mistakenly we lump Jesus in with them. We look to Lord Buddha as being one of the all-time great spiritual leaders, but then we find out these spirits are all in the higher mind mansion worlds, and all confined to such planes due to their beliefs. And will remain so until they embrace the Divine Love and move to the Divine Love mansion worlds, there to begin their Soul-Healing; there to begin to look into all those bad early childhood feelings they've so conveniently succeeded in burying all but out of existence. So what are they doing wrong? They are still living in rebellion against the truth, just as there were doing on Earth. And the illusion is, they appear to have perfected their natural love, but how can that be when they have still not attended to their repressed childhood feelings; how can it be if they are still living in a highly self and mind deluded state. So even though they believe they are at-one with God, it is all in their own

minds, it's nothing but a complete mental delusion, which delusions are of course. They are wrapt up in their own greatness, even believing such things as 'they are god', that we're all gods, and they have made it to the highest heaven - when all they are is confined to the sixth mansion world. They can't see beyond, they can't see into the Celestial spheres, because they are not of a soul condition to do so. A condition that ONLY results from doing ones Soul-Healing and partaking of Divine Love.

And what's worse, if you follow this line of thought through to it's natural conclusion, really these mind spirits are the most evil, the most self-denying of all. They in their conceit believe, and are highly revered as being, very close to if not actually god-knowing, and yet really they are denying the truth of themselves and of God, to the highest degree possible, as that's what the sixth mind world is all about. So these spirits and people on Earth of the same mind-set, many of the gurus and swamis whom humanity has worshiped as being so spiritually advanced and with countless numbers of people wishing and striving as determinedly as they can to be like them, are all really going as far into their self-denying states as they possibly can - they are becoming the most evil one can be.

We look at people like Hitler and Stalin and we say they are the antichrists, they are the Evil Ones, especially when compared to such people like Buddha, the gurus, Sia Baba and so on. And yet the Hitler's of the world, so far as being spiritually evil, don't even rate, there is no spiritual-ness about them. And they are doomed to compensate their gross will infringement of others in the Hell sectors of the lowest Earth planes in spirit, whereas these other people, the ones we applaud as being the most and the highest spiritually one can be, are actually on a personal level, the true Evil Ones. They might not be willingly influencing the masses to their will, and they might speak all nice sounding natural love truths, but still they are living as far away from the TRUTH as one can by attaining the sixth world level. The closest one can live to oneself in truth is being the very opposite to these people and spirits, it's to fully acknowledge and liberate all your childhood repression. Because in doing so, you are completely healing yourself of all you evilness, not simply transcending it, not sweeping it under the mat, never to see the light of day.

And one could argue that these highly evolved people and spirits like Buddha and Sia Baba were not subjected to unloving childhoods, or they have worked their way through all their bad feelings and evilness, that's how they got to be so high; but if that it true, then why haven't they spoken about the need for us to accept all the bad feelings we're so intent on denying; and why isn't there a huge amount of information coming from these high sixth world spirits about doing ones childhood repression healing. And why there isn't, is because they don't know about it as they've avoided it. They are yet to experience. And

they couldn't have been born perfect and not of evil, so they have all had an unloving childhood to some degree; and they're not Mary and Jesus who were born perfect, they are regular mortals like everyone who has been born into the Rebellion and Default. And they are still part of it, they have not left it, they have not healed themselves of it. So don't be deceived by them.

So who really is the antichrist? We all are anti-christ, with some of us able to have a greater influence in the world in one way or another. And an influence that might be obviously bad or seemingly good. Some people able to destroy everything, others seemingly to venerate all life. But who is the pot calling the kettle black? It's just different expressions of the extremes of our negative state. And all of us who aren't either of these extremes are merrily - or not so merrily - forging along in our version of it between such end posts.

Where are the Divine Love mansion world spirits?

We are told in the Padgett Messages about the masses of Divine Love mansion world spirits that are longing for the Divine Love, receiving it, and progressing to the higher Celestial spheres. But if there are so many of these Divine Love Spirits, why don't we have lots of accounts from them being channelled through mediums? Why for all these years have they remained strangely silent, and so much so, that if it hadn't been for the Padgett Messages, we'd never know of their existence nor that the mansion worlds are currently divided in Divine Love and non Divine Love worlds.

And why we've not heard from them is because we're not allowed to hear from them.

There are many restrictions imposed on them because of the Rebellion and Default. And one of them is they can't speak to us on Earth. They can to a small extent now because of the Padgett Messages, but still, as in the Padgett Messages themselves, they can't come right out and tell us what they actually do in the Divine Love mansion worlds to ascend and grow in truth. Which means, they can't come right and tell us, they DO THEIR SOUL-HEALING, and that's how they are growing in truth and healing their evilness.

And that when they've healed it all, they will then on a truth and soul level, qualify for life as a Celestial spirit living in the lovely Celestial spheres. They will finally have left and be done with the mansion worlds, free to continue evolving their soul by growing in truth all the way up through the higher spheres, right through Nebadon and out into the greater Superuniverse all the way to Paradise, the actual central universal home of God.

But all their silence is thankfully to soon change.

The Celestial spirits as well, having to comply with the same limitations and restrictions, can't come directly forward and help us, they being restricted to only helping the Divine Love mansion world spirits with their Soul-Healing; or some of the mind spirits who are ready to give up being mind-led and mind-controlled, to becoming feeling-led by embracing the Divine Love and moving to reside in the Divine Love worlds.

Soon with the coming of the new spiritual age, all the Divine Love spirits, the Celestials and Divine Love mansion worlds spirits, will be able to directly relate to and communicate with people on Earth should people want their help. The previous limitations and restrictions of Mary and Jesus' age being lifted.

Celestial spirits

Once you read the likes of Anne Rollins in the Padgett Messages you immediately want to become a Celestial yourself. And mistakenly and unfortunately, and because of the restrictions I've been speaking about, the impression one gets from the Messages is that all you need do to become a Celestials is long for the Divine Love, and in time you will. Which is true, but like everything, there's more to than that. It's not that easy.

You see God, so we are told, unconditionally loves us. So what that means is we can partake - receive - God's Divine Love into our soul and there it will unconditionally love us. It WON'T interfere with us because God doesn't do that. God leaves it all up to us so we are told, so bearing that in mind we can then keep on longing for the Divine Love and it will go into our soul, but there it will remain not doing its transforming work until we give it something to transform.

We are told in the Padgett Messages that the Divine Love transforms our natural love, transforming us into the very essence of God, that being God's Divine Love, so we become divine - which sounds wonderful. But it only happens IF WE WANT IT TO HAPPEN. We have to give God the all-clear, and so how do we do that.

Being love-denying, and so in a fucked up natural love state of mind and will, being evil, we're not of true, pure natural love, so God's Divine Love doesn't have any pure natural love to transform. So the Divine Love we receive will sit in our soul there waiting for the go ahead to get on with the job. Unfortunately, all being part of those dam restrictions,

the impression we gain from the Padgett Messages is the Divine Love will get on with it as soon as we receive it, that's the whole point about longing for it. And it will somehow magically take away all our yuk, and before we know it, yippee, we'll be a divine Celestial on Earth.

However from my experiences I beg to differ. I feel that we have to do our Soul-Healing, we have to start serious work on ourselves, actively seeking to uncover the truth of our evilness, for the inner soul divine transformation to start working. And as we do, as we ascend in truth up through the various levels, then at each step we become more true, so we're liberating a bit more of our natural and true self that's been suppressed and hidden away, so each time we can become a little bit more divine. So the transforming of our soul, because we're longing for the Divine Love, goes hand in hand with our Soul-Healing, which I believe is what the Divine Love mansion world spirits are doing - it's what they tell me at any rate.

So our growth in truth is actually far more difficult than just waiting for the Divine Love to do its magic. And this is why our LONGING TO BE TRUE - OUR LONGING FOR THE TRUTH, is so vital.

So as far as I'm concerned and I'm yet to see anything contrary to this, I'm sorry for the 'divine love people' (anyone who might have some Divine Love in their soul) who keep longing for the Love in the mistaken or misunderstood belief that they are growing in truth, when all they are still doing is advancing their mind. They might of course still be growing in a little truth, we all are in some way or another in our lives, but to actually take the bull by the horns and go for it; to actively begin ones ascension of truth, they can't do until they choose to do their Soul-Healing, submitting themselves to its process.

But it doesn't really matter, because when such people get to spirit they will be informed, so I understand, about their need to do their healing if they wish to ascend the Divine Love mansion worlds. And in the meantime, all one lives in ones evil states of truth-denial is valuable, because in time it will all be used to uncover the truth of oneself.

Sectors of the mind mansion worlds

Also regarded as planes, it's in the sectors of the mind worlds those people of their differing beliefs go to live.

So the Christians can happily carry on in their sectors doing what Christians do in the mind worlds. They can go on happily living their faith, but with a few adjustments to it - there might be more than one Pope... or there might be the Father of Popes. As can the Muslims, the New Ager, Hindus the non-believing people, etc.

And one can apparently even go into the mind worlds with Divine Love in their soul but refusing to move into the Divine Love mansion worlds and do their Soul-Healing.

Undeniably life in spirit is vastly different and easier than it is in flesh, however, all so long as you understand that all though most of what comes from spirit to us sounds wonderful, there is more to it than bogging yourself down for ages to come caught up in the glorification of your own mind. There are your FEELINGS to consider. And not just all the loving, nice and fantastic over-joyous ones about being feeling so free and able to do so much with your mind; not just the ones brought about because you are gaining even more control over yourself through your mind, but also all those horrible ones you've got tucked away inside you. They will all still be with you in your new spirit life. And as always, you can keep going intent on keeping them hidden from yourself and the world, or you can start to consider bringing them all out into the light of truth doing your healing.

God our Heavenly Mother and Father

We are said to have been created in the image of God, okay, so what does that mean.

On a soul level, if we are in the image of God, then as we are also told we have a soul-mate, it's conceivable God is a Soul-Pair. So that means God like us has both, on the personality level, an expression of the masculine and feminine. And as we're God's children, we're Their children, just like Them. They are our Heavenly Parents, our Heavenly Mum and Dad, our Heavenly Mother and Father. And so does that mean when we grow up we'll be big God's just like Them, or will we stay little gods, or will we always remain, simply - Their children.

So when you long for the Divine Love, long to each of Them separately and see how you feel about that. Long to Them as One. And if like me you enjoy relating to God as being Two, my Mother and my Father, then it certain opens things up. When I speak to Them I now get a reply from each of Them, just as I would have liked to have got one from each

of my parents. And some days I'm more Father focused, other days more Mother. And some days it's the Father who comes and speaks to me through my feelings or in my mind, other days the Mother. Now I could be making all of this up, it might be that there is only One God and I need as part of my fucked evilness to relate to God some days as a Mother and other days as a Father, but the further I go in my healing, the stronger the feeling of there being One Soul that is God, but with Two Personality Expressions, and I love that. It makes me feel closer to Them, unlike when I read the Urantia Book and the Padgett Messages and it's all always the Father this, the Father that. I find myself crying out after a time: BUT WHERE IS THE MOTHER! WHAT ABOUT HER! And even though the UB says the Supreme Being - the God evolving out of experience, is the Mother, still, that can be so as well, as I relate to It also as a He and She, but it doesn't fill the spot in me when I reach out and long to my Heavenly and existential Parents as in the Mother and Father.

As my feelings become more liberated, as I connect with my repressed yuk from my early childhood; as I uncover the truth of it, so I enjoy more the personalness of relating to God as my Mother and my Father. And not as some people say, a Mother/Father God, but as two very distinct personalities, just as my parents were two very different people. It gives me comforting feelings to feel there is a Mother there for me, one who loves me, and not only a Father. It brings me closer to Them, as the mother is naturally closer, she being closer to her feelings and emotions.

I firmly believe that part of the plot, even call it a conspiracy - the Greatest of all Conspiracies, has been to deny us any relationship with our Heavenly Mother or as seeing God in the light of the feminine. And owing to the restrictions imposed upon them and their having to comply with them, the Urantia Book and Padgett Messages toe the line, they are unable to bring in and openly include the Feminine Aspect of God - and the feminine aspect of truth, for that matter, because Mary Magdalene was denied taking her rightful place.

You see, even though Mary and Jesus are the head of our local universe being the Creator Pair, as they are true and perfect divinity, they are like the Mother and Father, also not interfering with our negative state unless we ask them to. And as we didn't ask them to come to Earth, so they came of their own accord, but in strict keeping with the mandates and so limitations and restrictions of the Rebellion and Default. Jesus terminated the Rebellion in spirit, but neither of them terminated it on Earth. And they still don't interfere with us. Jesus honouring his promise to return did so with the Padgett Messages,

at least in part, he might still come again in person, but he did so without going against the mandates of the Rebellion and Default. So even in the Padgett Messages neither Jesus or the Celestial spirits talk about or reveal the feminine aspect of truth because they can't, it's not their place to do so. That's Mary's role. But as she too must uphold the mandates of the Rebellion and Default, because it wasn't her place to interfere with it in flesh, so we've only been given a fragment of the truth by them.

I know this all might sound confusing, and does it really matter if you don't understand it, but for us to understand what's really going on, we have to look behind the exterior, deeper into how these things are presented to us. We have to uncover the truth for ourselves, and as we're living untrue, so the revelations to us have to be in keeping with our untruth, meaning they can't reveal more to us than we're ready for. So as we decide to end our evilness and seek only the truth, more truth can be forthcoming, and that's what is to happen during the next age. And that's why Jesus tells us in contemporary messages that there's a vast army amassing to once and for all vanquish evil. But what he's really saying is, there is a huge number of Celestials spirits that are eagerly awaiting the dawning of the next age because when that happens all their restrictions will be finally lifted, and they along with the Divine Love mansion world spirits, will be able to come and directly help us. So the mind spirits will no longer have it all their way.

And along with this New Age, so must come a new revelation of God, and because of this, that's where I see the Heavenly Mother being revealed. And it will also mean the feminine aspect of truth, as in Mary, will finally be able to have her say; and the feminine sides of our natures we'll finally be able to accept and express - all our emotions and feelings that we currently deny.

So there is not going to be a dimensional shift into the forth or even fifth dimension like so many of the New Agers believe, what there is however going to hopefully be, is more focus on our feelings, and in particular those ones we're denying.

For there to be a sudden shift of consciousness like the New Agers believe, is only yet another fantasy that will once and for all elevate all those people in the know, above and beyond all their bad feelings. It's simply more bad feeling denial. They think how it is in the mind mansion worlds for those spirits it will be for them on Earth, they'll be able to communicate telepathically and so on, but it's not going to happen that way. In the aeons to come, when humanity fully heals itself, sure, life on Earth will become more attuned to and reflect spirit world life, but for now, all that's going to happen, indeed all that is

currently happening to do with the End Times, is designed to start breaking down our mind control, breaking down the systems we've built with it, all so we have to start facing and so dealing with our feelings. And in particular, our bad ones. So the more pressure that's brought to bear on humanity, the better because the harder it will be us to keep denying our bad feelings and keep ploughing on in our evilness. If evil is to come to an end on our world, it's going to happen through our starting to honour and give respect to our feelings, not other way. Anything that denies our feelings is only more of the same, just presented in a different way. We have to use our feelings to uncover the truth, we can't do it with our minds and information alone. We can only add to our evilness if we go the mind way because our minds are already so heavily in control.

Hating and loving God

Another of the difficulties Marion and I have had to come to terms with, and we're still working on it, concerns our relationship with God.

Having been brought up on 'God is Love', what happens when you come to understand that God is doing all of this to us. Doing it to YOU! We are not evil by our own design, it has been imposed on us, first by our parents, but before them, ultimately by God. God has incarnated us into this evil world for reasons of Their own, all of which should come to light as we grow in truth healing our negative love-denying condition, but in the meantime, it's still something we have to come to terms with.

We pray to God to heal us, to help us see the truth of our yuk, and we trust They will honour our prayers. And that's all very well, but when you start to feel very angry with God because They are the ones subjecting you to it, They are your torturer whom you're told you have to love, then you don't know what to do with such bad feelings. Do you allow yourself to hate God with all your heart because God has subjected you to such cruelty and suffering, that God makes you feel so bad. But how then do you go to God longing for Their Divine Love when you hate Them, when you're feeling really pissed off with Them for doing this to you and keeping you in the shit.

And what you do, is keep on expressing ALL your feelings. I'm sure God doesn't mind you abusing the shit of Them, They are NOT going to punish you. And besides, it's what God wants for us to do when we're ready to heal ourselves, so we have to love and hate God all at once. However, if you do feel God will punish you, then there is more bad feelings for you to express and long for the truth of.

And then even more anger surfaces when you realise that God isn't going to magically heal you as one might assume from the Padgett Messages. That God makes us do all the hard healing work of uncovering the truth ourselves. So that's just great, God the fucker put us in the shit and then God leaves us to get ourselves out of it - Great! But oh, then there's even more. God being so loving is subjecting us to all our pain, They are inflicting it on us, and if we want to remain evil, They help us, making it seem like we are going in the right direction - just as They have been doing right throughout our evil life. Look at all those people who believe God is helping them, sure God is, helping them to keep on deny their bad feelings and be as evil as they can. And then if we decide to do our healing, well hey, guess what, God then helps us to do that. God is very nice helping us to do whatever we please. That's true unconditional love. But God put you in the yuk - how conditional is that?

And then you go even further and deeper into yourself and you come to see that really you don't have as much of a say in your life at all, you only believe you do, and behind it all, which it has to be, God is well in control.

Being evil we're God-hating. So we have to fully honour that. We can't pretend we love God when we're denying all that God is - love, truth, goodness and beauty. We have to stop and accept that whether we like it or not, and even though we didn't have a say in it, God is making us hate Them by putting us in and keeping us in our evil state of being.

So what a fuck it is. And how confusing does it become. And it tears you apart trying to reconcile it all, you go this way and that, and just when you think you've got a handle on it, God brings up a new batch of bad feelings within you, and suddenly you're screaming with rage at Them or Him or whoever God is to you.

And then you come to understand, just to make it even more confusing, that in fact when you are feeling all these things about God, it's actually not God you're pissed off at, it's your own parents, you're only projecting all your shit onto God.

But I won't go on about it. The psychological depths involved in doing our healing are immense and require a lot of talking about. And I only want to introduce it here because it's a major part of Divine Love Spirituality.

So if you decide to do your healing, then all you can do is **KEEP ON EXPRESSING**

ALL YOUR BAD FEELINGS WHILST SEEKING THE TRUTH OF THEM. That's how you heal yourself. That's how you'll eventually be able to get yourself out of your self-hate and God-hating state. That's how you will be able to heal your evilness. That's how one day you'll become true. And then you'll be all-loving as God is. And then conceivably you might even get to the point of one day acknowledging the most loving thing God did for you was subject you to evil, making you experience it first hand and making you get yourself out of it.

Living God's will

When I read the Padgett Messages having moved out of the New Age, all I wanted to do was live God's will. But how? Was longing for the Divine Love doing it? I didn't know, nothing seemed right. And I couldn't see anyone else was living it either, even though many people said they were, or the religions and spiritual systems said come to us and we'll show you. Jesus was all I had to go on.

Then I met Marion and she told me that for starters how could I possibly think I was living God's will if I wasn't even living true to my own will. I didn't have my own will to live God's will with. One can't live true to ones on will and so true to God's will if one is denying a part of oneself.

I had thought I could somehow get rid of my will transposing it for God's. I wanted God to take over my life and to tell me what to do - all through my mind. Marion said, you mean you want God to be like your mother and father always telling you what to do. You only want God to take over your parents role because that's all you know, it's what you're used to, so it think it makes you feel safe.

Marion then helped me to understand about my Childhood Repression, and how living true really meant going back into all my horrible bad feelings from my early life and re-connecting with them, bringing them all out. And, she went further, if you can manage to do that, then perhaps you will be in a position to live God's will. All right... I'll do my healing.

Through my healing I've come to understand living God's will is actually very simple. And as Marion said, to do it I first need my will fully in tact and functioning the right way. As it is, it's going against God, I'm using all my will to deny God, nature and myself, so that's no bloody good, I'm going in the wrong direction!

So as I do my Soul-Healing, which is also my will-healing, so I'm letting go of all my evilness, all that's making me deny my feelings, and I'm turning gradually around to honouring my feelings with my will fully supporting and expressing them. I'm giving up a mind-led life replacing it with a feeling-led one.

And I've come to see, living God's will is living true to oneself, which means, living true to ones feelings. So if one is living true, one is living true to ones will. And if one lives true to ones will, then one IS living also God's will. God wants us to live true to ourselves so we live as perfectly as They are. So it's as simple as that.

So to live God's will one needs to do ones healing, feeling- or soul-healing. If you haven't done that, then you're still in your negative state so can't be living true to God's will, you can't be living a life of true love. No matter what you might believe.

Now, it could also be argued that we're always living God's will anyway, even in our evil and feeling-denying state, because who else but God has put us in our evil states, made us evil, and is keeping us in them... but that's for another day.

With DLS I am appealing to people who don't feel loved and happy. Those people are the ones wanting something more - looking for something else. A lot of what I say might sound very negative, even unloving, and that is the whole point, as I don't want to support the untruth, I want to go the opposite way of what is considered normal.

It is always our feelings that are ONLY what's important.

So if one feels good and loved, that is what one feels. If one wants to find the truth as to whether such feelings are supported only by ones mind, and perhaps not as one might want to think - by ones heart, then the sincere seeker truth will sense deeper underlying feelings wishing to be expressed. It is not always what it seems on the surface, and even though in the passion of the moment we might feel one thing, those feelings might only be relevant to the moment. Love can only come from truth.

No Truth; No Love.

Love and happiness - it's what we all want.

Of course it's what we all want, but I have to conclude really we don't have a clue about it. We think we know what it is, but we don't, and how can we when we exist in a anti love and anti happiness state of being.

The best we have is that within our evilness we some feelings that are better than others. We then attribute these good feelings as levels of love and happiness, the bad ones, levels of unloved and hate, suffering, fear, despair and so on. We live in a zone of relatively all based on how it was for us during our forming years.

I might think love is love and yet Marion's 'love' is different to my love, as is her understanding of love, all because we grew up differently.

We do however feel love as love and happiness as happiness, feelings are feelings, but it's how they might be conditioned by our minds and its beliefs that I want to point out. The difficulty we have is that because we're not living true to our feelings, because we're not true, when you start growing in truth, you begin to wonder if the love you feel is really true love, or is it just a contrivance of your mind.

Technically, evil means no love, so as we're evil, we don't love. So all we feel and know to be love is not love, it's something else, something we pretend to be love. But when you feel good, when you feel loved and happy, those feelings are so strong it's hard to say they are not really true because I'm experiencing them in an evil condition of being. So possibly we can say they are good feelings of love and happiness relative to, or within, our evilness. And when we feel them when fully healed, perfect and true, then they would be really good!

So until we are living true and perfect, of a Celestial level of truth, we can't actually know what real and true love and happiness is. That awaits us. So for now, all we can do is keep going expressing all the feelings we feel as truly as we feel them, and long for the truth of them. And as we grow and change, so too do we change our relationship with our feelings, and one day when we're healed, then we'll know all about our feelings without having them interfered with by our controlling negative minds.

Why do some people feel loved, others not - how does it work?

All we do is within our evil and negative states, not knowing that we are that way. So within it, there is love and hate, good and bad feelings, all relative to that condition of mind and will. And when we feel love, we feel very good, and hate, very bad, very intensely, very deeply, yet still relative to and within the negative. We don't know how we'd feel were we to feel love and hate outside the negative, relative to and within a positive state of mind and will. People who enjoy their lives loving all they do and all who are in it; people who are just happy in their evilness, don't feel pressurised by it, they feel they are very capable of surviving and mastering living in it. It all works for them, but not so for those people who feel they are failures at it, who can't live happily and lovingly in their self-denying state.

It's hard to see it for what it is. How can such good feelings of love, for your partner, your children, your pets, nature - life, be all false love feelings when you feel so good and happy. Yet if we see they are all still occurring within a state of life that is wrong, and even anti true love and true happiness, then you can sort of make sense of it. But you wonder: if we are all evil, why don't we all feel bad all the time, especially if it's true that we are denying ourselves real love. But that's just it, that's the deception we live under, the great delusion, the fact that we can make, using our minds, ourselves feel very good and loved, happy as can be, whilst being evil. Evil is very appealing as you live under the misguided impression that you are god, fully in control, so fully able to make yourself as happy and loved as you want. And that's what we're all trying to do all the time. Yet because not everyone can do it successfully, so we have to also wonder, why not, and so having to come to terms with the truth that perhaps we're not in control as we believe we are. So we rationalise that being happy and feeling loved is just the luck of the draw, but it's not, it's all merely a product of how one was parented. And if you were given more freedom and power within your evil life, then life works for you supporting your evilness, as you can use that power to make life be how you want. And if you weren't given any freedom or power, then you're always struggling, always wondering why you can't do it when other people can. So we have to wake up to the truth that it doesn't matter how we're feeling, as we're feeling it all within a truth denying condition of being. And that at best we can use those feelings to help us understand that condition. And in doing so, will heal ourselves of the condition, then being free to experience feelings uninfluenced by our wrongness.

Soul-mate... and a friend

Undoubtedly we'd all love to find our soul-mate, unless of course you feel you've already

found them. But do we actually have one, is that something we can count on. And in this the Padgett Messages give a resounding - thumps up!

Okay, so out there somewhere is my other half. Are they alive now on Earth, or have they been and gone and are awaiting me in spirit; are they still to come to Earth; are they living around the corner?

What brings two soul-mates together? And how do they find one another? And how do you know you are a soul-mate pair. In the Padgett Messages apparently certain spirits like Helen Padgett help unite soul-mates, but this all goes on in the Divine Love mansion worlds - what about in the mind spirit worlds and on Earth. And can you find your soul-mate on Earth or do you have to wait until you're in spirit? And are those people who feel they've found their soul-mate really in love with their soul-mate, or are they in love with the fantasy of being soul-mates? And it is instant recognition and bliss when you meet each other?

I see it like this. As we're currently living in a anti-love state, all we think and feel to be love is tainted by our evilness, so one could say it's not true or pure love. And I would imagine that to experience the full soul-mate love from the union of two who are one - two personality expressions of the one soul, we'd first have to be in a true and perfect state, so we'd have had to have healed ourselves of our self-denying state. If we live being untrue to ourselves and so not fully self-loving, then there's no way we can be fully loving of anyone or anything else - our soul-mate, nature or God.

However, that's not to say we can't meet our soul-mate at any time. Yet, is it that we do only meet them when we are setting out to live true, to do our healing soul- or feeling-healing, because we'll need each other to be able fully help ourselves with all that's involved in our healing. Or, can we do our healing, or at least some of it, with the help of other people, other close intimate relationships all of which will be helping us get ready for that fateful meeting.

As we live desperately needing the love we didn't get fully from our parents, and as we're full to the brim with fantasies about how life should be for us, so it's very easy to meet someone you connect very well with and instantly jump to the conclusion that you're soul-mates. But as one finds out through one's healing, nearly all one believes life is or how it's meant to be is wrong, that including how you feel in your relationships.

However, having said that, I don't want to put you off doing your healing for fear that your relationship might end when you uncover truth realising you've been deluding yourself all along and Mr or Mrs Right is Wrong after all. I can't say, and neither will you be able to in advance, whether such a thing will happen, but if it does, and you are intent in being true, it will be the best thing for all involved. So all you can do, all any of us can do, is keep on expressing all our bad feelings whilst seeking the truth of them. And if that leads us to the break up of our current relationship, so be it, it wasn't true, but it might also lead to strengthening it, as you both start to express all your hidden stuff and bad feelings, having a truer relationship.

I have asked my spirit friends about it, however I feel it's best as I don't say too much leaving it up to you to discover for yourself. As for Marion and myself, we didn't come together in any great love for each other. We liked each other, agreed to live together, shared similar goals in wanting to become true no matter what the cost, and decided to help each other - be a friend for each other if nothing else, listening to each other express all our yuk. Marion was much better at doing it being not so plagued by as many love and sexual fantasies as I had. But we're getting there understanding that we're in a 'working relationship', that it's about helping each other do our healing. And that until we're fully healed, love is on the back-burner, because there are simply too many bad feelings coming up within us all the time to worry about love. We do long to be fully loved and to love, to be with someone we can experience that with - our soul-mate, but we also know anything can happen at any time, it being what we need next in our ascent of truth. And if it does even turn out we are soul-mates, we'll then we'll feel what we feel about that expressing those feelings and seeking the truth of them - hopefully they all being GOOD feelings.

What we all do need is a friend, someone who will accept us for being all the yuk we are, and not someone who keeps on telling us to stop feeling bad. Someone who encourages us to bring it all out, to keep going, who is there with us in each step of the way. And it all sounds all very nice having such an attentive friend, however when you're both feeling like shit and very angry and telling at each other to fuck off, then you know you're getting down into the real nitty-gritty of it and you don't care what happens wanting to rip everything apart. But if you're both determined to keep bringing up all your shit, and you stay with each other, you come amicably back together again once the truth starts coming to light.

Having any relationship whilst you're doing your healing is no longer having a normal relationship, especially if you're both doing it together. Nothing will be the same. So I

will warn you now, if you do decide to do you healing, if you feel you've no option left or it seems like a good idea, your whole life is going to change as you do, so possibly all your relationships. It won't necessarily change overnight, however it also might, but from my experiences it's been a steady change allowing me to adjust and choose for myself in what direction I want to go. And even during the times when I have felt like I'm being made to do something I don't want to do, I'm not actually being made to do it, so more to speak about.

And as for how long your relationship will last, of course I can't say, and you will meet, if you've not done so already ready, whomever it is you will need to help you uncover the truth of yourself through your feeling acceptance, if that is really what you want. You will meet the friend you need to help you. And as much as therapists can be very helpful, helping you break through barriers and blocks, still it's in an intimate close relationship that you'll do all the hard work. It was in intimate close family relationships that got you into the shit, so it's in very personal relationships of striving to live true to yourself, that you'll get yourself out.

And can you do it with same sex friends, or friends without any sexual component, I don't see why not. You'll do it with whomever you need to help you. But in the end, soul-mates consist of one half being masculine the other half feminine.

And how long will it take to do your healing? That's for you find out. Marion and I have been doing it for 16 years now and we're still feeling bad and expressing our hidden feelings. There is a lot to you that you have no idea about, and it's all inside you, waiting to come out!

And can you stop and start your healing, or do you have to make a commitment to it and keep going? I don't know, but I reckon you can do whatever it is you feel you want to do. It's up to us whether or not we want to express our feelings with the aim of seeking the truth of them.

I've saved the hardest stuff for last

To conclude this introductory website to Divine Love Spirituality, I've left the hardest for last.

This may be difficult for you to grasp, and I will include something I have never done before in any of my writing - a quote from the Bible, which I will use to try and explain the hard part.

Luke 14:24-27 King James Version (KJV)

24 For I say unto you, That none of those men which were bidden shall taste of my supper.

25 And there went great multitudes with him: and he turned, and said unto them,

26 If any man come to me, and hate not his father, and mother, and wife, and children, and brethren, and sisters, yea, and his own life also, he cannot be my disciple.

27 And whosoever doth not bear his cross, and come after me, cannot be my disciple.

Irrespective of whether Jesus actually did say it or not (I can't believe anything in the Bible to be truly as it was said, not unless Jesus were to now say so himself), for what is is, it's still I think very relevant and possibly one of the most important parts of the Bible. The interpretations of what it means by scholars of the Bible, I disagree with. Mostly everything I read immediately screams at you, oh no, it's not as it seems, Jesus is not actually saying one has to hate their father or mother, wife and children and so on, oh dear me, oh God no, Jesus, our great Jesus of love would never say anything like that, what he really means is... And quite frankly, I'm amazed to find it in the Bible, that it hasn't been taken out long ago. However for me, it is what it literally says, and I agree with it entirely.

So this is my interpretation, and I will go along with the Bible, as in Jesus did say it.

Being in our evil states, we're unloving - right. I guess if you've come this far reading all I've said, you must at least understand this point, even if you don't accept it. So, being unloving we are not loving, rather obvious. But now apply that to your life. You are not a truly loving person irrespective of what you might think, feel and believe about yourself.

You can't be because you've been conceived into evil, grew up in evil, have only ever known evil, even though you've been made to believe you're not evil and neither is life as we know it.

And so the next step. As you were conceived into evil, so your parent and grandparents and their parents, and so back to the beginning of the Rebellion and Default, were evil. A very long line of evilness. So you stood no chance, unbeknown to you, you carry on the lines of evilness.

So growing up, even though you were surrounded by people you might have loved and who loved you, still they didn't really love you as you really needed to be loved, they couldn't, as they were imperfect and evil. And so you've taken and absorbed all you can from them, so you too are not as truly loving as you might like to be. And if you've had children, you might love them with all your heart, more than anything in the world, yet as you're not truly loving, so you've not fully and perfectly loved your children. And as much as your children might love you, still deep inside them, hidden away if they are not in touch with it, there will be feelings of feeling unloved by you. We all have feelings of not being as loved as we'd have liked to have been by our parents, even those people lucky enough to feel 'completely' loved by their parents.

And you might say, well no one is perfect, but at least I love and was loved a lot, and to the best of my parents ability, but that's not the point if you want to live true and heal yourself. If you're happy with your evil self and feeling, anti love and anti truth state, well fine, but you certainly won't be interested in striving to do your Soul-Healing, because all that's going to show you is the TRUTH. And that truth will be, as it can't be anything else - that you DON'T FEEL LOVED. No one can feel truly loved in evil or by evil, that's not what evil is. Evil pretends and can even put on a good show of loving, but it's not, it's anti love, it's no-love. It's false love.

And so back to the Bible quote.

As you do your healing, which Jesus is referring to by saying if you want to be his disciple, meaning, if you want to live as he does, be as true and perfect as he is; if you want to follow him, then you are going to have to face the hard truth of your evilness. And this means you are going to have to come to terms with the truth that you are not loving, and so you actually hate yourself, the opposite to love. And so it's the same in all your relationships, you will at some point as you go deep into all your yuk, have to come to terms with the truth that your parents didn't love, your brother and sister don't love you, your spouse or partner doesn't really love, and you don't really and truly love them. And all because you can't, because you're evil. None of us can. Only the creatures are truly loving, they love us unconditionally, but we don't love them in the same way. Our love is tainted by our evilness, it could even be said to be false love, and it's the same for all our relationships.

So in the end we all have to live true to the evil state of no-love we're in. We have to

accept that we're not loving beings, that currently we're hating beings. Our souls are innately loving, good and true, but we've been forced to deny this goodness in us. And this is the missing part what none of us get yet. And when we do, when we start to 'come out' and come clean and admit to ourselves how unloving we really are, then we'll start to truly set ourselves free; then we'll even start to be truly loving and truly happy. But it takes long hard years of uncovering the truth through the doing of our healing. And when you start feeling what a horrible unloving person you are, when you have to start admitting to it, oh boy it's horrible.

So to conclude: We are unloving because we're evil, it's as simple as that. Yet to live that truth means we have to go against all that we are, all we've been conditioned to be, all we've grown up and formed in. And to stop denying all those bad feelings that are trying to show us this truth. To stop and break down the dam wall allowing our inner-feeling waters to run free. And that's really helping yourself, that's really embracing your spirituality.

The Bottom line with our healing

To uncover the whole truth of our negative state we are taken systematically by our soul down into the depths of our early life, this all being done through our feelings. We use the feelings we feel now in our adult lives, expressing them the best we can, with the intent of uncovering the truth of them. And as we do this, so we are naturally led back deeper and deeper into ourselves, all the way until we connect with the same feelings in our early life. And we see that how we feel now is how we felt back then. It's an incredible process, however very harrowing at times, because to go back into those bad times during our forming years, the times when we felt unloved and rejected by our parents, is not something that's fun. And it's what our self-denial consists of - blocking out all those unwanted feelings from our past. We don't want to feel unloved by our parents, let alone have to accept that it might be true. That is confronting our greatest inner demon, the most scariest thing of all.

But as our early life becomes 'real' again to us, we find that most of our anger, feelings of being rejected, unloved and uncared about, come from how our parents treated us. And where else could such bad feelings come from anyway? We might have other influential adults in our past who also caused us to feel bad and added to our becoming untrue to ourselves and evil, however still it comes down to the primary people - our parents. And

so time and time again one finds oneself uncovering yet more hatred and anger of and at them. And any love that one might find one has with them, starts to come under constant barrage from all the unloving bad feelings surfacing.

For most of us, the last thing we want to feel is unloved by our parents. And the most last thing we want, is to have to then accept that we do feel unloved by them. And then the most, most, last thing we feel is we have to set about accepting such bad feelings, re-feeling, re-experiencing how they didn't make us feel loved, all so we can come to fully understand the truth of our relationship with them.

So many of us hide in our delusion of the great love we felt and feel for our parents.

Some people possibly felt such love, and if it was true, so it will remain withstanding the onslaught of a never ending stream of bad feelings surfacing. But for most of us, sadly a lot of the good loving feelings will be burnt in the inner conflagration because they have been fabricated on thin paper, all in the desperate hope those dreaded bad feelings are not true, that you were loved.

I believed I loved and was loved by my parents and defended such belief to the end. My security and wellbeing in life was based on that. However as I've been stripped of such erroneous and false beliefs, I've had to come face to face with the ugly truth that they didn't love me and I don't feel loved by them. And that I'm very, very angry about that. That I'm terribly sad and miserable, and my whole 'loving' relationship with them was a sham.

From our conception onwards we grow up in our parents world. And we know no other world. And so naturally we believe that it is right, how they are making us be. But it's not, because they are not true. They are false, they are feeling denying and so self-denying, so their world is corrupted and nothing more than a fantasy based on their beliefs and how their parents made them behave in their world. And to break all this falseness down, to have your whole world turned upside down, to start to realise that EVERYTHING in your life is wrong, is not founded on truth and loving perfection, has, as a great understatement, a profound affect on you. To wake up to how fucked you really are, and to how being evil makes you actually feel; and to how unloved you feel and how devastated you are by not being loved, is all but soul-destroying. Only the problem is, your soul has already been destroyed, that's what your parents unwittingly have done to you.

And in fact by your coming fully to terms with it, by your going into all your bad feelings, by fully allowing yourself to finally feel such devastation within you and how unloved you

really do feel; by doing all you can to go the other way, to accept all your bad feeling instead of denying them, is healing your damaged soul. It will be making you better. It won't be like going to the therapist or doctor putting a band-aid over your wound or trauma, it will go right down to the root of it all and coming to terms with it there.

Our healing is something we have to do to free ourselves of our evilness. Humanity has had more than enough time now to see that how it goes about life, all it considers as being healing, does not actually deal with the real cause of our troubles.

We have to stop. Decide we're not going on as we've been led to believe is the right way and the right thing for us to do. We have to cease looking to the outside world for help. We have to go in. But not go in as so many Eastern and New Age philosophies talk about, but into all our bad feelings by allowing them to exist and have their say. It is only the truth that is our salvation, but not a mere belief in truth as in 'I believe in'... the Bible or in God or in Jesus or in Spirit or in Allah or in science or in drugs or in sex or in happy families, it is something we have to live with and through our feelings, so we need ALL our feelings to do so.

If you choose to do your healing it will be a fraught descent into your Valley of Darkness for you. However there is light at the end of the tunnel, although that tunnel may be long and seeming like it's never ending. And slowly as you uncover the truth of your unloved state, you will feel better, as you will feel more love for yourself - true love. And when it's all done, you will feel fully and truly and perfectly loved and happy. As if you've been born again, or born anew, and this time around, as if you did have truly loving parents. You will have become the true loving parents for yourself, filling in all your love gaps and holes. And then you will be free to truly love and be loved.

Divine Love Spirituality

Nature's glory
The Australian Magpie
Lord of the Realm

Marion's favourite bird

More Divine Love Spirituality

If you would like to read more about Divine Love Spirituality you can go to my other website, which is hidden from search engines. And why is it hidden? Nothing too mysterious, it was my original DSL website (now brought up to date) and it would be confusing having two DLS websites on the web. I as yet haven't made up my mind what to do with it.

DLS

If you would like to read more about Childhood Repression and healing it, I have another web site...

Divine Love Spirituality - main website

Menu: Home; welcome, DLS fantasy; DLS, how to live a true spiritual life; Truth, and more truth, death and dying; God, hating God, God is hate, true to yourself and God, living God's will; Evil; Nature; How to begin, prayer for Divine Love; Soul-Healing, practical healing points, briefly: how do you do your healing, Q/A re: DLS and your healing; Mary Magdalene and her messages, Jesus' messages, a Padgett Message; spirit communication; Speaking with God; the spirit worlds; No reincarnation; The Holy Spirit and Spirit of Truth; The Indwelling Spirit of God; end times world teacher, the men that would be Jesus; me; my Free Books, and free Padgett Messages; a brief concise summary of DLS; (Mary M and Jesus Blog - contact - links - donate; DLS forum; BEWARE!; What's New?)

Divine Love Spirituality - God is Personality

Divine Love; Divine Truth

Divine Love Spirituality

Seriously, I want to impress upon you how real and true DLS is. If you are fed up with all the crap, if you can't bear the dogma or trying to flog yourself to enlightenment through repetitive mental sayings or endless hours of sitting on your bum with your eyes closed; if you do want to set yourself free, and I mean really set free: free from all your pain, fear, worry and anger; if you do want a spiritual philosophy that will ONLY help you grow in truth and nothing more - that will strip you of all your falseness, pretence and bullshit, then DLS will do that. If you do want to ascend in truth and understand what life - your life - is really all about, with nothing to do with what the Church or any other religious system says; if you want to truly find it ALL OUT FOR YOURSELF, then DLS will help you do that. But you've got to be prepared to give up everything - all the wrongness within you. And if you are prepared to do that, and it's extremely hard and very confronting to do; if you are prepared to be broken down and reduced to nothing - to your basic component parts - all so you can be free of everything within you that is not right, DLS will help you. If you want to know EXACTLY why you are the way you are - all the good and BAD; if you are sincere and ONLY wanting to live true having tried everything else and realised they don't do anything for you after all, that nothing does

anything to really help you, then DLS will help you. When you've finally got to the end and there is nowhere further to go, then perhaps you are ready to live Divine Love Spirituality.

If you are new to Divine Love Spirituality, I have an Introduction to Divine Love Spirituality website: [here](#)

Please note: There is a lot of repetition on this website covering the basic DLS principles and truth. This site is my original DLS site being composed of a collection of articles and bits and pieces I've written about the various subjects pertaining to DLS over the years. I am sorry if it bothers you - more bad feelings for you to express! Also, this site is entirely my creation. Marion hates the Internet, she's not interested in the bigger picture as such, although she understands it; nor is she interested in 'putting anything out there'. She relates to God as her Heavenly Father, not always as her Mother and Father, however she's open to the notion of God also being our Heavenly Mother and that she might feel it more one day. So it's entirely my coming up with the idea about God as being also our Heavenly Mother, as that is how I experience God - They both talk to me at times, and I can go to Them both together or separately. So as always, it's what you experience for yourself that will become your truth.

Mary and Jesus have supported me in my relationship with God as my Mother and Father, it wasn't something they came out with that was new to me. They have supported me all the way along, steadily helping me to expand my emerging and evolving understandings of things, but never taking over or trying to lead me in a certain direction - not one that I've been aware of anyway!

James.

Updated December 2013

Welcome to Divine Love Spirituality

Hello.

Now I'm not going to try and sell it to you. Or try and convince you that it's the best spirituality, as it will do these things itself for you if you give it a go. If you want the truth; if you want to live true to yourself; and if you're prepared to submit yourself to the

process of doing your soul-healing: finding the truth of yourself through your own feelings, then all you will experience will speak for itself.

For myself it has eclipsed all my spiritual expectations, however it hasn't been anything like I thought living a spiritual life would be. In fact it's been about the exact opposite. And because of this my life has changed completely. I have virtually healed all my fear and my childhood repression (I haven't as yet completed my soul-healing), and found my Heavenly Parents.

As far as I'm concerned, the beauty of Divine Love Spirituality is you, your soul drives it. There is no controlling church or governing authority. You are on your own. Just you with your Heavenly Mother and Father, and it's entirely up to you to want Their Divine Love; to want the Truth, and to uncover it within yourself. Your soul contains the light of all truth; you only need to find out how to get your soul to reveal it to you. And as this can only happen through your feelings and living true to them, then at some point you'll need to do your soul-healing. If you are denying yourself any feelings in any way, Divine Love Spirituality will help you to understand why, and point you in the right direction to stop being unloving to yourself.

Most of the information and truth contained within Divine Love Spirituality, that being all I have found out for myself, is new. It's new to me, and as you uncover the truth for yourself, so too will it be new for you. And that's the part I like the most. It takes a lot of existing spiritual and religious words and concepts, many that are used incorrectly, and puts them into the right context with the result being a very livable, contemporary spirituality, that embraces the best of the old whilst being illuminated by direct new revelation from spirit.

Divine Love Spirituality is an expression of my spirituality. Please feel free to take what you need if any of it appeals to you. As it all appeals to me, I hope you enjoy being challenged, and when you're in the depths of your soul-healing I hope you blame, accuse and curse me for the day I was born. As then I will know that you'll be getting the most out of it, and it will be achieving what I'd hoped it would do for you - all that it's done for me!

James.

September 2008. Fully updated January 2013. Latest bits added December 2013.

How it began

Divine Love Spirituality is a result of my spiritual experiences. I tried all sorts of spiritual and religious systems of belief looking for something to make me feel good. I wanted to understand myself – why I felt bad so much of the time. And I wanted to understand my life – why wasn't it working out as I wanted it to?

So, DLS is a synthesis of my personal spiritual investigation. I made up the name from my personal spirituality, and it is this that I now wish to offer to anyone who might gain something from it as I have done. It's certainly helped me and perhaps it might help you too.

As you read, please bear in mind, most of what you'll read is the subjective expression of my beliefs and experiences. Any errors of truth and information are mine, all of which you'll be able to correct for yourself as you uncover the truth through your soul-healing. I don't claim to know all the answers, but the further I progress in my divine-love spirituality, the more convinced I am as to how real, true and incredible it is.

The spirituality of Divine Love began with Mary Magdalene and Jesus all those years ago. You know the story: we completely rejected Mary, she being 'only a woman' and of 'little value'; and we rejected Jesus by nailing him to a cross. So we – humanity – rejected the TRUTH personified as the Son of our Father and Mother; and we rejected the TRUTH personified as the Daughter of our Mother and Father. Having come to show us the way to God, to introduce us to God as being BOTH our true Mother and Father, we showed we didn't want to welcome and accept them, nor did we want the truths they taught, with the resulting Christian religions making a mockery of what they said.

Mary and Jesus are our true spiritual parents and this you will come to know as truth – you'll feel it being true – when you progress in your ascension of truth. And so because of this, any other spiritual or religious system that exists at the exclusion of them is nonsense. Such things will only lead you further astray; further from yourself into your feeling self-denial; further into the control of your mind and your self-delusion, and further from the Truth.

So we screwed it up. We completely rejected the first true children – our 'older' sister and brother – of our Heavenly Parents. And naturally you might then expect our loving Mother and Father to at some point give us another go at getting it right. Which has and

is still continuing to happen, beginning with the so-called 'second coming' of the truth from Jesus early last century, and continuing with Mary Magdalene.

Jesus came to us via, or through, the mind of Mr. James. E Padgett who received messages from him and many other Celestial spirits. Jesus is NOT God, as he says in the Padgett Messages, he is a spirit and living in the Celestial spirit worlds – in heaven. And so it only stands to reason that he is contactable, and we can learn the truths from him and Mary.

This being something the Church refuses to do, believing that all such spirits are in league with the Devil, all because they are too afraid to expose themselves to the real Jesus who will show up their falseness, lies and untruth. It is much safer, and far more profitable, to retain the Jesus of their minds fantasy, rather than finding out they are living a lie.

The Padgett Messages are freely available (see free books), and from numerous web sites with selected portions of them having been published in books (see links).

The book I read that introduced me to what Jesus wants to tell us, and clearing up some the untruths that are written in the Bible, is called, the Angelic Revelations of Divine Truth. And it was through this book that I read what Jesus wants us to know about God's Divine Love.

Jesus' messages are wonderful. If they appeal to you you'll quickly see how wrong the Church is, how we've mostly misunderstood, changed, and lost the truth he revealed so long ago. The messages come as a new revelation (although he is merely re-revealing them to us). They are very inspiring and uplifting, and true; and this you will feel, if it is the truth you do genuinely want.

Up to now my story has been relatively straight forward, but this is where it starts to get somewhat complicated.

As perfect as Jesus' messages to Mr. Padgett are, they are not perfect. Confused? I'll try to explain. In fact, they are a little misleading, and this is where Divine Love Spirituality makes certain adjustments.

In his messages to Mr. Padgett, Jesus says he is re-revealing the truths he taught when on Earth, but what isn't made clear is that he is doing so under the same 'climate' he revealed them to us in the first place. The same limitations and restrictions apply, meaning, he is not free to speak openly about the feminine aspect of God because Mary Magdalene, his

soul-mate, is still being denied. She was denied back then and so too was she still being denied early last century when Jesus and the Celestial spirits inspired Mr. Padgett's automatic writing. So as a consequence, the Padgett Messages suffer from all the Church suffers, in that, it's all still male dominated, there is no feminine aspect of truth being represented. And so people who adhere to only the Padgett Messages will inevitably find themselves living yet again a very limited form of spirituality, and will continue to do so until they embrace Mary 'M' and unite the other half of the puzzle within themselves.

The other very misleading thing about the Padgett Messages is that they say: if you long for the Divine Love of God and receive it in your soul, then it will take away all your sin and error leaving you of pure natural love; and with your soul ultimately transformed into the very essence of God – becoming divine. And on the surface of it this is true; this is indeed what happens. However, the impression you gain from the messages is that it's all going to happen magically and mysteriously without you having to do anything other than long for the Divine Love, all the rest – your healing – being somehow taken care of for you. And as nice as this would be if it actually happened like that, from my experiences, it doesn't, and it's not until you include all that Mary has to say that you will understand why.

The Padgett Messages paint a lovely self-contained and complete picture of a true alternative to what the Church says, but what DLS says is that without the inclusion of the Feminine Aspect of Truth – all Mary Magdalene has to say, you're still going to be barking up the wrong tree. You're still limiting yourself to only the masculine side of the story, and sure, following the Padgett Messages to the letter might be more correct than the Church, but still, what will it achieve if you are denying and rejecting the feminine? Whether a man or a woman, you're still doing what humanity has done all the way along: put women down, treating the feminine as if it's a second class citizen, that is if you even bother to give it any credit at all. And that way of life will never advance you spirituality.

The trap is, you can long for the Divine Love – and it is wonderful feeling it flowing into your soul, and is the core truth to DLS; however, it alone is NOT enough to heal you. To heal ALL your sin and error – all that's wrong within you: your negative mind and will state, and all your resulting childhood repression, you need to actually DO your healing – your soul-healing, and that takes a lot of hard work. I'm afraid that, as far as I am concerned, there is no magical waving of any wand to heal us, nor any magical healing from spirit. The magic, as you will experience, comes as a result of your uncovering the truth of your childhood repression. For when you do that, THEN, all that has kept you untrue and keeps your self-denial in place, DOES, mysteriously vanish, leaving you healed

and true. And in the end feeling like you've been born anew.

So to complete the picture, we need to hear what Mary Magdalene has to say. And she has given me many messages which I gladly make freely available to you. However at present, if you want to read them you'll have to accept them unedited and unproofed – raw – because I can't afford to get them professionally edited. So if you can excuse my lousy English expression, compulsive excessive repetition, ignorant and incorrect word usage, and all my other mistakes, I'm sure you'll find Mary and the Celestial spirits equally as revealing as Jesus.

From my biased understanding, Divine Love Spirituality is the only true way to know ourselves, life, nature and God, primarily because it embraces and unites both Mary and Jesus. From all I understand, unless they are both fully united and accepted by you, then their Spirits of Truth will fail to function united together as one, failing to help you understand the truths as Mary and Jesus understand and live them. If both their Spirits of Truth are not made welcome by your acceptance of Mary and Jesus, then as you can see by the Church and by those people who only accept Mr Padgett's messages and the masculine, that you tend to get led off on a tangent away from actually finding the truth yourself through your own feelings. Because you are not led down inside yourself to heal your childhood repression. By not embracing both Mary and Jesus you are taken further away from facing the truth in the vain hope that magically God will save you taking away all your bad qualities and sparing you from any eternal punishment you might fear. And this only succeeds in binding you up in dogma and failing to liberate your true feelings, denying yourself the joy of self-revelation through your feelings.

The key to spiritually ascending in truth is the healing of your childhood repression with the added help of longing to God for Their Divine Love. And as to what your childhood repression is, that is covered in the section on soul-healing.

One of the great things DLS can help you become is self-revealing, meaning, you discover the truth for yourself. Everyday more truth comes to you. Everyday you learn more about yourself: why you are the way you are; why you do the things you do; why you believe what you do; why you feel what you feel. And all that exists within you that is not in harmony with God's Will, or Laws, gets shown up, and you are able to find the cause of why you have this disharmony, or imperfection, within you. You don't need a teacher, a priest, a Pope, or anyone else. You take complete responsibility for your own growth of truth. Mary and Jesus tell us how we can stand on our own two feet enjoying our personal

relationship with our Mother and Father, as we grow in the truth They want us to know and live.

DLS is in it's infancy, if you take it on you will be forging your own path through the jungle. There is as yet no well worn tracks to follow, so you will be setting out on the threshold of new discovery, a new adventure, of which, as you get stuck into your healing, will become the greatest and most rewarding challenge of your life.

There is one way to avoid the truth.

By NOT living true to all your feelings, you are not living true to yourself.
So you are untrue.

And it's simple as that, and it's where all our problems come from.

And so to heal ourselves, means we have to stop being untrue. So stop denying any feelings.

Honour thy self!

That's all very well, but you've got to have a self to start with.

If you were able to stay true to yourself not doing what the world wants then you'd feel hated by the world. If you live untrue to yourself doing what the world wants, then you feel loved by the world. Jesus lived true to himself and didn't do what the world wanted, and look what happened to him.

There is no place for man-made religion if you want to live the true religion of self. And living true to yourself is not a selfish way to be, not selfish as experienced in the sense of keeping yourself separate from life by denying feelings. The religion of self is the one true way of self-expression. If you deny all you really feel then you are being selfish. Being freely giving is freely expressing all you feel - being your whole true self.

To live true to ourselves - true to our feelings, is our great challenge; and it should be what all good and true religion helps us achieve.

When you are fed up with trying to live beliefs that don't do anything for you; and when you're very serious about uncovering the truth for yourself and living it, then you may be ready to look to Divine Love Spirituality to help you.

DLS is all about living the truth. Getting away from your controlling mind and its beliefs. Breaking out of that and into the liberation of your feelings - all the good and bad ones. All so you can use them to find the truth of yourself. And as you find it, so too will you find for yourself, the truth of nature and the truth of God.

It begins and ends with truth. Truth, truth, and always more truth. And from truth can come love. No truth, no love, no matter what you want to believe.

When you are fed up trying to live beliefs that don't do anything for you; and when you're very serious about uncovering the truth for yourself and living it, then you may be ready to look to Divine Love Spirituality to help you.

DLS is all about living the truth. Getting away from your controlling mind and its beliefs. Breaking out of that and into the liberation of your feelings - all the good and bad ones. All so you can use them to find the truth of yourself. And as you find it, so too will you find for yourself, the truth of nature and the truth of God.

An Introduction to DLS

A new contemporary spirituality based on new revelation from Jesus and his soul-mate Mary Magdalene. Perfect, if you sincerely want to find the truth of yourself.

Introducing the Feminine Aspect of God: our Divine and Heavenly Mother.

It begins with you longing to God – your Heavenly Father AND Mother – for Their Divine Love. Followed by longing to Them for the Truth, which will lead you into doing your Soul-Healing.

Your soul-healing will heal all that's wrong within you through the healing of

your Childhood Repression. And once you are healed you will know - and be living - the truth to the Celestial level, of yourself, of your life, and of God.

Divine Love Spirituality is not affiliated with any existing spiritual or religious organization. It does not use or support the Bible and has nothing to do with the Church.

Divine Love Spirituality exists as an alternative and true approach to God, showing you don't need impersonal organized religion, whilst offering you a very personal and intimate relationship with God; with God as your Heavenly Mother and Father, the Creator Parents of your soul.

Divine Love Spirituality embraces both the masculine and feminine aspects or principles of spirituality. It is a union between direct personal revelation and evolutionary life experience.

New Revelation from spirit.

Jesus re-presents truths about his, and our, Heavenly Father. Mary Magdalene presents truths about her, and our, Heavenly Mother. At last we have been given the complete revelation – the whole picture!!! Now we can unify the masculine and feminine within ourselves as represented by Mary and Jesus, and our Mother and Father.

Now we have found our true 'mother Mary'. And she is NOT Jesus' mother, but Mary Magdalene (our true spiritual mother), the soul-mate and EQUAL in truth of Jesus. Now we can begin to live and understand the whole truth they want us to know. Now we can personally relate to God as being both our Mother and Father.

We look to Mary and Jesus as our 'spiritual parents' as they guide us and introduce us to God who is both our Mother and Father of Paradise. Not two separate God's, but ONE God, that is the expression of SOUL with it's two aspects, or principles, of Personality, it's 'soul-mates': the Mother and Father of Creation.

It's time to get to know who God really is, and now we can. Now with the balance of the feminine added to the equation in the form of Mary Magdalene and our Heavenly Mother, we no longer need to try and relate to God in a unbalanced and biased manner as being only our Heavenly Father. We have been missing and denying ourselves a vital ingredient by not knowing God also as our Heavenly Mother.

And when you unite the Two who are One within you, it all begins to make sense. You feel it all start to come together. You receive answers to all your outstanding questions. And you can begin to live your true spiritual path as THEIR child. A child that has NOT one parent, but, naturally and of course, TWO!

We start life with two human physical parents. And as we grow older we should find out that Mary M and Jesus are our spiritual parents, and we look to them to guide us, showing us the way to God. We take Jesus up on his offer: 'Follow me'. Mary and Jesus then direct us to our true Paradise, Soul, or Heavenly Parents. It couldn't be simpler, and to fully live such truth you will begin a journey of a life time. You may believe you have already made good progress on your spiritual path, and this may well be so, however, if you choose to embrace Divine Love Spirituality you will discover all such progress has only been to prepare you for what is about to come: your first real and true spiritual step on your ascension of truth toward Paradise.

Divine Love Spirituality

Do you want to know the truth of yourself? Do you really? Are you sure? How do you really know?

Are you prepared to look into those hidden dark areas within you, those places you've been trying to avoid?

Are you prepared to do whatever it takes to uncover the truth of why you're searching - why you're not happy with your life?

And what if what you find doesn't make you feel good? Are you prepared to accept it anyway - if it is the truth?

And what if it makes you look at all your early childhood relationships, and a lot of what you see contradicts how you might presently relate to these relationships?

And what if what you 'see', all through your feelings, shows you that you weren't as loved as perhaps you thought you were?

And what if this then leads you to understanding that all your problems, and why you are looking for answers, all stems from what really happened to you during your early forming years?

And what if this truth threatens to smash apart your whole reality, threatening to turn your whole life on it's head?

Do you still feel like pushing on and uncovering the truth about yourself?

Because if you do, then Divine Love Spirituality can help you. If you don't, then I'm afraid it won't be of much use.

And if you choose to go on, please understand that it won't be an easy road; no ten magical steps to take and then you'll be as 'Happy as Larry'. No, if you sincerely want to uncover the whole truth of yourself - of your soul - then it's going to take a long time, years, and it's going to be one of, and if not, the hardest thing in your life to do.

However, what you can count on is that Divine Love Spirituality is real, not another mind fantasy and something to take you further away from the truth of yourself, promising everything but in the end leaving you flat, let down again, disappointed, and no closer to your goal than when you first started out.

Divine Love Spirituality is for you if you do truly want to live a spiritual life, however it won't be like anything you've previously heard about, read about, or tried. It's not about making your life pleasant in the short term, by helping you to use your mind to make you feel better. It's about the exact opposite: helping you to focus on your bad feelings and helping you to stop denying them. Because as you will discover, the hidden truth of yourself – what you are looking for – is contained 'within' your feelings, and mostly within your bad feelings whilst you are heavily denying them, the very opposite to what most other systems teach.

Finding the truth of yourself is very difficult and I am not going to pretend otherwise. In fact I am going to try and put you off looking for it, and one of my tactics is by making you read all of this. This is not a web site for the visitor who is in a rush and needs to get what he can easy and simply in one or two clicks and be off on his very important and busy life. This is a web site at which you stop at and take your time and read, because there is a lot to know. If you want to live Divine Love Spirituality you'll be setting out to change your whole life; nothing will remain the same; nothing will remain untouched. It will confront all that you are, all that you say – how you say and do it. And it will confront all your behaviour, at every step asking you the question: why am I as I am;

why do I behave this way; what is the truth of why I am like this. And not everyone will want to know the answers to these questions about themselves, even though they say they do want to know the truth of themselves. And if you are one of these people then you are lying to yourself, as you don't want to know the truth, and so Divine Love Spirituality will have helped you see some truth about yourself already!

What I want you to understand is that what you think finding the truth of yourself is, it isn't that, your understanding will be wrong. And how I can say that about you, without even knowing you, is because DLS will show you that just about everything you think you know to be right will be wrong. And this is why it's so difficult, because to be presented with time and time again as you grow in truth, that all you are is wrong, is very hard to deal with, and this is what is going to happen, because currently you are living untrue.

You can of course take your time, read and digest what is said, this not being very difficult; but if you want to live DLS, to actively start to look for and uncover the truth of yourself, then you will begin your healing, and this IS VERY HARD!

So what happens now, where do you go from here?

Well, you read on, as unfortunately I can't be with you in person to explain it all.

I present DLS as an offering of all I have experienced. It has certainly helped me and I would like to think will be of some help to you. However, once you get the general idea of what it's all about and how to go about it, you'll be on your own and I won't have anything further to do with you. But that is the beauty of it: you become wholly self-dependent, not needing me or anyone else to show the way. You uncover the way for yourself - your true way; and in your own time, all being achieved through your feelings.

Now if you're a bloke (a man), and feelings aren't your thing, then you're in for a rude surprise, because if you do want to sincerely find the truth of yourself, it's all about and done through, your feelings. So no feelings - no truth, it's your choice.

What DLS will help you do is LIVE TRUE TO YOUR FEELINGS; TRUE TO HOW YOU FEEL. Something most of us don't do, but need to do if we're to stop living untrue to ourselves. And the fact that you're here still reading all of this means you are living untrue, but something in you wants to live true; and if that is so, and you can feel it, then it's your feelings - and in particular all your bad ones - you're going to get to know.

And who wants to deal with their bad feelings? Most of us do all we can to get rid of them, but here I am now telling you: if you truly want to uncover the truth that's hidden within you, then you will have to do the opposite to what most of us do and start to accept your bad feelings, start to allow yourself to feel bad.

And if you go on and do your soul-healing, or feeling-healing (the healing of your childhood repression without including God and Their Divine Love), you are going to feel bad, very bad, a lot of the time. And to allow yourself to, to even want to, is going to stop a lot of people going deeper into themselves, preventing them from finding the whole truth of themselves, because they won't be ready to take the necessary steps. They may scratch around the surface and that's fine; they may learn a few new things and look at things in a different light, and that's okay; but they won't go into themselves to the depths they will need to: into the deep dark depths of their bad feelings, so as to find the truth that is repressed within them. And that is the challenge. And believe me, you will be challenged every moment of every day if you decide to take it all on seriously.

How are you doing, have I put you off yet? Still wanting to read on. I'm being as gentle as I can, not like how your healing will be when you get right into it. Not like how it will be when all your falseness and bullshit starts to get stripped from you. Not how it will be when you start to become a real person and not the mixed up false and pretend one you are now.

DLS is based on new revelation from spirit. It's not something that I just made up. It's a real way to live life and like nothing that currently exists. And as far as I am concerned, it's the only true way. Everything else will only lead you further up the garden path in one way or another. They will all say they are helping you find the truth of yourself, and you might have some good enjoyable insights into yourself, but I assure you, it will be nothing compared to when the truth starts to come up in you of its own accord as a result of your soul-healing, helping you to understand the truth of your feelings as you start accepting and expressing them.

Here's a truth, see how you feel about it, it's one of the major foundations stones of DLS: Why you have all of your bad feelings, and why bad things happen to you, all happen because of how badly you were treated by your parents during your forming years, between conception and around six years old.

How do you feel about that?

What it means is that all that's wrong within you: why your life isn't as you'd like it to be; why you're here reading this looking for answers, searching for meaning, is all because your parents didn't love you as you needed to be loved. In some way they denied you their love and that has caused you great problems, all of which make you feel bad. You are not satisfied with your life – right? If you were, you wouldn't be reading this – right? And why you're not satisfied is because of how your parents treated you. So your parents, those very two people who you might feel loved you so much, didn't, for had they, then you would feel perfectly loved, happy and content in your life, and not needing to search for any answers. You'd already know the truth. And so if they didn't love you as much as you thought they did, then what did happen? Then what was it all about with them? What really went on between you and your parents?

And that's exactly what DLS is all about - finding the truth of yourself, the truth of all your feelings. So then what do you do? What do you do when all you have believed to be true starts to get holes punched in it; when all you believed your life to be starts to fall apart? And it will, as you search for the truth within your repressed childhood feelings. I can guarantee you that.

Do you still want to go on? Feeling up to it?

If you don't want to look back into your early childhood to find the truth you are hiding from yourself, then, you may as well forget it, don't bother reading on as you'll only be wasting your time, and DLS won't be for you.

If you DO want to find the whole truth of yourself; to fully embrace your spiritual growth; to heal yourself of all that's wrong within you, then you're going to head back into your early childhood, because, as you will discover, the truth you are looking for is all back there.

But you thought your childhood was over and you don't want to go back into it!!! - right!

That's fine, you don't have to, but you'll never find the truth you're looking for. So you may as well go and look at other so-called spiritual or religious systems, ones that won't confront you to the very core of your being; ones that will promise to make you eternally happy without you having to go anywhere near your early childhood. There are plenty of those systems out there: you can love God, speak with the spirits, believe you have found enlightenment, soar with the angels; waste your time with erroneous beliefs like

reincarnation, but none of it will have anything to do with the truth of yourself: the truth that is contained within the pain of your early childhood. And I say pain, because it's contained within all the bad feelings from back when you were young that you have repressed, and it's within your soul waiting to come out. And that's what the doing of your soul-healing is: it's working on bringing out all your pain, all your repressed hidden bad feelings. And, as I've said, it's very hard to do, and very painful.

And I know that you've probably heard other systems speak about helping you to do your soul-healing, but that 'soul-healing', and the soul-healing DLS will help you do, will be miles apart, just sharing the same name in common. The soul-healing I am talking about will take you apart systematically piece by piece making you examine your motives in each piece. It will help you see how each piece came to be, all under the negative influences of your parents and early carers. And then it will help you put the parts and pieces back together again but in the right way. In the end you will be something of new person, as if you've been made or born anew - you will feel as if you've been born anew. Starting out in many ways living life over, but this time a true life and not the false and untrue one that you've lived so far.

So what do I think about the healing overall?

Well, it's the most amazing, incredible, fucking hard thing I have ever done - and I'm not done yet. And no way would I ever wish to go back through it again. It is on the one hand, so bad I would advise you to stay well away, don't even bother to begin; and yet on the other hand, it's been the most incredible experience I've ever had. So I highly recommend it, as horrible as it will be for you.

I was parented to believe that things should be straight forward: you either like them or not. That it's either good so you accept it, or it's bad so you have nothing to do with it. And the same with people. However what my healing has shown me is life isn't that simplistic. Life is full of loving something and hating it, even loving something or someone in one moment and hating them in the next. It has shown me it's all just about feelings, not trying to fix down and control everything with my mind and its beliefs. So my healing has been wonderful, as much as it has been the worst thing I could ever have done. You do it, and see what you feel about it.

So welcome to: Divine Love Spirituality.

The world doesn't allow parents to fully love their children.

As unloved children, we've created the world.

What really is being spiritual?

Being spiritual is just being you. We are, you are - a spiritual being. Really there is no such thing as 'being spiritual' because we just are already it.

However within this we can choose to live without truth or with it. We can live a truth-less life or a truth fulfilled one. And as we're all born into a negative feeling- and self-denying state of being, we're all living a truth-less spiritual existence, whether we like it or not.

But we don't have to live this way. We can choose to do our feeling- or soul-healing and work our way out of our negative condition and into one of truth and of a positive mind and will.

And we can choose to do it (or at least begin it) on Earth, or when we arrive in spirit.

So why live a truth-inspired life?

Why make the effort to uncover and reveal truth to yourself?

We are truth-loving and truth-needing souls. If we're not actively growing in truth through our experiences then we feel bad - unhappy and unloved. We are ascending sons and daughters of truth (re: The Urantia Book). And so our souls are designed to be truth-revealing. And if we lived in the right way, in a positive mind and will state rather than in the negative, we'd naturally grow naturally in truth from our experiences. And this would make us feel good - the best we could feel. Very happy and fulfilled, and life would be full of meaning and purpose.

We are created to always be growing in truth. To not grow in truth makes us feel bad. All our misery and suffering, both personally and globally is because we're living denying ourselves our natural growth of truth.

So what's it all about?

I don't know that I can answer that, however I do understand that the first 'leg' of our existence is to come fully into being as far as being a personality of truth is concerned. And this involves what's called our ascension, which is an ascension of truth. And it

begins on Earth, currently in the negative, moves through healing this state, then continues on growing in truth up or 'in' through ever increasing higher worlds of truth all the way to Paradise. Paradise being the centre and well-spring of all Creation, the home of our Heavenly Parents. And when we finally arrive there, ascending up through billions of worlds, it's said we get to somehow and in some way 'meet' Them. And with this meeting, our final knowing of truth (for this stage in our life) comes: that They - God - are real and do exist, and They are our loving Parents, signalling the end of our first leg in eternity.

So being spiritual is really all about growing in truth. If you're not actively growing in truth, which can only be done in the negative by healing it, then you are sort of 'on hold', accumulating experiences whilst you explore and expand your negative unloving truth-denying condition, waiting until the day when you can call upon those experiences to help you uncover the state of this anti-love way of life.

Religion as we know it involves clinging onto a belief system to give us some meaning in life, just as we cling onto our parents belief system. But what happens when your soul says it's time to let it all go, and the system no longer gives you that meaning.

When your world is falling down around you; when you feel absolutely terrified and have nowhere to go, then you might think about coming back to yourself through your feelings - looking into what is involved in doing your Feeling- or Soul-Healing. It's all you can do when nothing else works.

You've even got to give up all hope, hoping one day it will be better... or, one day you'll meet that perfect friend. Such false-hope is only based on fantasy, and you wouldn't need to hope if you were true and perfect, life would just happen perfectly for you in every moment.

When you're pushed to the end, all you have is your feelings and they will be very bad. But as you won't be able to make them go away like you used to be able to do, you have to go with them, accept them, speak about them, allow them to be; and strive to understand what they are wanting you to know about yourself.

All we go through, all that happens to us through our early childhood, stays in us and then controls us. Our compulsions all come from our early years, we have no say in them, we are them, they govern us, they are us. Yet we don't understand because we've lost contact with our young self we don't understand the effect all that happened to us had on us. But we can find out through our feelings - but only if we're brave enough to want to go back, to want to uncover the truth of ourselves.

During our soul-and feeling-healing, we're literally re-born in each new healing moment. Which all equals, when our healing is over:
The New Birth.

If you've had religion stuffed down your throat as a young child, then not only do you have all the regular bad parenting stuff to deal with, but you've also got all the religion bullshit to deal with as well.

DLS is unique because to live it truly you have to heal your childhood repression. If you want to begin your ascent to Paradise, to grow in truth, then you have to deal with all your repressed feelings that constitute your negative self- and feeling-denying state. Everything else is only more bad feeling avoidance and so is leading you further from your true self.

To uncover the truth of the greatest conspiracy you only have to uncover the truth of how your parents parented you.

Mother and Father, why have you given me such a bad unloving life?

Because We want you to experience what it feels like to feel unloved.

Why do you want me to experience that?

Because We love you. And you will understand as the truth comes to you through the doing of your soul-healing with Our Love.

What really is being spiritual: it's being your true self. It's as simple as that!

DLS will confront all that you are, because all that you are is wrong.

You'll never find the answers you're looking for in other spiritual systems because they have all been evolved from within all that is wrong - and still remain within it.

Don't be fooled into believing that because you're following a book you are advancing your soul to Paradise. You don't need any book to live true to your feelings. Some books might help you if you're not already naturally doing it and need a few pointers to help you see how you're denying some of your feelings, but other than that, just get on with living true to yourself. You are your own book, it's all 'written' inside you. And your feelings are the words. Bring all your feelings out all the time and your mind can help you 'read' them. That's the way it's supposed to be. Not with your mind believing it is the ultimate and perfect book for you to follow. So don't fall into the habit of trying to fill your mind with stuff from books all to help you further deny your bad feelings. Go the other way. Empty your mind of its beliefs as you start to truly honour your feelings. And by the way, you won't have to do anything, it will happen anyway as you do your Soul-Healing.

Being born into a negative mind and will state means we can only be negative - of such a negative mind and will state, therefore: evil; anti truth, life, love, and ourselves - our feelings.

And we will remain evil until we stop denying our feelings.

It's the turning of the age, hence the new revelation of truth.

DLS - where spiritual evolution meets truth revelation.

It all happens to you because you need it.
Finding out the truth of why you need it is the challenge.

Divine Love Fantasy

Divine Love Fantasy

I am alone, sitting on my log. I'm sitting on my log because my parents have been mean and nasty to me. I am sitting alone on my log and I am lonely and miserable because they don't love me. That is how I feel - unloved.

I am alone and sitting on my log, just as the little boy at the Fishing Park was after his father had been mean to him. I have been sitting on my log for a long time. I have felt, and do feel, miserable, often.

Alone on my log I pretend that I am loved. I pretend that my parents do love me. I fantasise about living a life in which I always have a great time. A life in which everyone wants me, everyone likes me - a life that I enjoy. And a life in which I never feel unhappy, scared, miserable and alone. A life in which I always feel loved.

Alone on my log in my little world of fantasy I have my fish; I have my cicadas and caterpillars, my little turtles and newts. These were all my little pretend friends when I too was little.

Now I am big and I am still alone on my log, still with my pretend friends. However these friends are now unseen - spirits - and I speak to them and they speak to me.

Mary Magdalene and Jesus are two of my friends and they have been telling me lots of things. They have been helping me to understand that indeed I am sitting alone on my log, and why I am. And they have been helping me make up other fantasies in my mind. One of which is Divine Love Spirituality.

So come and be with me, come and be my friend, sitting on my log in my little world of fantasy. Come and see what Mary and Jesus have to say. Come into my world of Divine Love Fantasy.

Trying to make sense of it all?

If you're looking for new spiritual inspiration then you've probably concluded that we - humanity - are heading in the wrong direction and that nothing really is going to change (unless it's completely unexpected), and it's only going to get worse. And you may have reached the point where you understand that really you can't do anything about trying to change the world for the greater good as there is simply too much bad, so you have come back to yourself - to try and change yourself for the better. And no doubt you've been looking at various systems of belief, religious and spiritual; and as you are still looking, you obviously haven't found that which captures your whole attention and imagination, inspiring you to put in the effort to live the proffered way.

So to try and make it easier for you in regards to whether or not Divine Love Spirituality might appeal to you, I will list something of what it involves:

It makes the assumption that we're all conceived into the wrong way of living - a negative state of mind and will. And that this state is passed onto us - we're made to become of it - by our parenting.

That we're all heading in the wrong direction whether it be existing spiritual or religious systems or non spiritual and religious systems.

And so to heal ourselves, to turn ourselves around, to become of a positive mind and will, we need to heal all the damage that was done to us during our forming years - heal our childhood repression.

And to do this we need to stop denying all the parts of ourself we're keeping suppressed, mostly that being seen by our not allowing ourselves to feel many of our bad feelings.

By doing our soul- and feeling-healing we can heal our negative condition becoming self-revealing of truth.

By becoming self-truth-revealing we are willingly embracing our spiritual ascension of truth, growing in real and true spiritual awareness, living true to ourselves - true to what we feel.

And as we grow in truth, so too do we expand our understanding of, and relationship with, God; God becoming personally our Heavenly Mother and Father. We introduce the

Feminine Aspect of Truth into our life, bringing about a balance and harmony that will enable us to live perfectly at-one with ourself, nature and God.

Divine Love Spirituality is for people who do sincerely want to uncover the whole truth of themselves. I know this is what every other spiritual system says, however they are saying it still within the negative. So no matter what they might say and what you may believe, you'll only be furthering your self-denying negative state. DLS is for you if you do sincerely want to get yourself out of your negative way of being; that being one that is anti-self, nature and God. That being the way your parents imposed on you irrespective of what you have been led to think and believe about yourself.

DLS is not for the light-hearted. Believe me, to extract yourself from your self-denying negative state of mind and will is no small feat. It will take a complete life commitment and a long time. For as you will see, there will be a lot for you to understand about your negative life - a lot of healing needing to be done.

Are you serious about growing in truth? Do you want to live true?

Are you prepared to do whatever it takes to live the true way as now revealed by Mary and Jesus? What they tell us sounds like we've got a huge challenge ahead of us. They say that most of how we are and what we do is wrong. And to fix ourselves requires us doing our soul-healing - a very long arduous process of systematically looking into our feelings to uncover the truth of why we are feeling them; all of which will lead us deep inside ourselves so we can uncover the truth of what's really going on within us - what's going on to make us be so wrong. They tell us how to live true to our feelings whilst giving up our dependance on our minds - the using of our minds to control our lives. They tell how we can fully accept all those parts of us we're denying through longing for the truth of our feelings - the healing of our soul.

Free will

It's said we have free will, and by using our will we can change our future by changing ourselves.

The only free will we have is the freedom to think what we like, and to delude ourselves that this means we are free to do always as we please.

Our free will is confined to our minds, and not our feelings, unless those feelings are being controlled by our minds.

Our true freedom comes from living truly as the child of God that we are, which we can only do by living true to all our feelings. Our soul is guiding us through life by using our feelings to show us the way - the way to the truth of ourselves, life and God. If we deny any feelings we are denying our soul its rightful and full expression. So we are denying ourselves all that we could be, all that God has made us.

Wanting the TRUTH

I got fed up with my life not 'working'. Nothing happened as I wanted it to. Things kept getting in the way preventing me from moving along. And I wanted to know why. I was also desperately unhappy and full of fear about everything, and I also wanted to know why I felt like this. I looked for a spiritual explanation.

Eventually I realised that I needed to know the truth. That the truth was the key. And if I could uncover the truth of myself - what was really going on within me - then possibly I could understand why I was feeling so bad and why my life was crap.

Divine Love Spirituality is all about the TRUTH. It's about helping the individual uncover it within themselves by living true to ones feelings. It's about how to live it, not just understand a bunch of truths with your mind. It's about how to become self-revealing so you can find the truth for yourself through your feelings. Feelings lead the way to truth, not beliefs of the mind.

However, because it is all about the truth, and our world and how we live is all about the untruth, if you are seriously wanting to live true and know what it's all about, then you'll be following a path that will take you far out on a limb. DLS is far out on that limb.

So some of what you will read, some of what the truth is comprised of, will be very challenging, confronting the untruth within you and asking you to take large steps into the unknown. Yet if this is what you want - to find the truth at all costs - you won't be disappointed.

If you seriously do want the way out of your yuk, then Divine Love Spirituality can help you.

Divine Love Spirituality is a newly inspired revelation of truth. It offers nothing to help you maintain your condition of untruth, as do all other religions and spiritual systems; it offers you everything to find the truth yourself, by yourself.

DLS

What can DLS do for you?

It can:

Heal all your pain and suffering – heal your soul, spirit and physical body, all through the ongoing liberation of your repressed childhood feelings.

Help you find the truth of yourself, your life, and God.

Give you, or expand upon, your personal relationship with your Heavenly Mother and Father.

Establish you on your ascension of truth to Paradise.

Help you find out for yourself, all through your own feelings, how life is meant to be lived. What really is right or wrong? What feels truly right and wrong for you.

Heal all your childhood repression.

Help you to give up living with your negative mind in control of you.

Help you to know what is erroneous belief and what is the truth.

Help you to give up all your self-denying behavioural patterns.

Help you to become fully self-expressive.

Help you to live as Mary and Jesus live: live using your will to live the Mother and Father's Will.

Help you to find your soul-mate.

Help you to have good, loving, honest and true relationships.

Help you transform your soul of natural love into becoming divine – of the Mother and Father's Divine Love.

Help you live true to yourself – live true to your feelings.

Help you to feel good – really GOOD.

Help you become at-one with God. To be as perfect as They are.

Help you to love yourself; to love others, nature and God, as you love yourself.

Help you become the fully self-realised spiritual person you're longing to be.

Help you become a Celestial spirit in flesh; living a Celestial level of truth; living true to the way of Mary and Jesus, our loving 'spiritual parents'.

Help you fuse with your Indwelling Spirit - to be completed upon attainment of the Celestial level of truth and arrival in spirit. (Unfortunately direct translation into spirit is unavailable to us for the time being.)

Help you to live true, and stop being false; true to yourself and all you feel.

And best of all, it can:

Just help you to become you – the real you. The you with no pretence, no affectation, and no bullshit.

DLS, how it is, how it will help you, and what it will do.

How to find the truth of yourself, nature and God, for yourself.

How to reveal truth to yourself through your feelings.

How to live your truth through natural self-expression.

Brings to light all that's wrong with you and why.

No need to go to church.
No formal prayers or meditation to do.
All your own inspiration based on your feelings.
No dogma, ritual - no learnt belief.
Not a man-made contrived religion or spirituality.
No mantras, no ten magic steps, no mind bullshit.

Unites you with Jesus and Mary Magdalene's Spirits of Truth.

Help you perfect your communication.
Ensure that all you are conveying is true.
Will help you stop lying - to yourself and other people - because you're being false.

Help you to truly love nature, as you love your true nature.

Helps you to live at one with God freely expressing your will to live God's will.

Uncovers the truth of your negative state.
Explains the importance of childhood repression and how yours is negatively affecting you.
Explains why bad things happen to you, and how healing your childhood repression stops them happening.
Will show you how to do your feeling - and soul-healing.

Explains why all existing religions and spiritual systems are mind generated.
Shows you how controlled you are by your mind.

Shed's light on what happens at and after death.
Shed's light on spirit life.
How to speak with spirits.

Explains how to perfect your natural self-love.
How to long and pray for God's Divine Love.
How to develop a personal relationship with God - your Heavenly Mother and Father.

How to grow in truth up through the mansion worlds and beyond into the universal

Celestial spheres.

How to find out why you are the way you are - every last detail.

Will eventually lead you to meeting your soul-mate.

Help you to be able to live a perfect relationship, with yourself, others, your soul-mate, nature and God.

Will guide you (through your feelings) how to best live honouring nature.

Will guide you (through your feelings) along your true spiritual path - the one God has created for you to live.

Will guide you (through your feelings) to become fully at-one with God.

Will ultimately guide you, ascending you in truth, right the way through the Universe of Universes to Paradise.

Will help you to truly feel what you feel about everything in your life.

Will help you to stop living a false, pretentious, fantasy ridden life.

Will help you to live true to yourself, true to all you feel.

Will help you cut out the crap and be true.

Why is Divine Love Spirituality unique?

Part 1

It's unique because how you live it is opposite to how you live any other spiritual or religious system. Its whole focus on growing in truth comes from doing the opposite of what society and all other spiritual philosophies teach. Being achieved by: honouring, accepting, allowing and expressing your bad or negative feelings; to seek and find the truth of yourself and God through your bad feelings; to stop denying yourself your bad feelings; to allow yourself to feel bad when you feel bad.

Every other system of belief encourages the individual to deny themselves, to do things to themselves that make them feel bad and then deny those bad feelings, all under the self-imposed delusion controlled by the mind believing they feel good. They support the negative mind, helping it to further gain control, to further cement yourself into the clutches of the Rebellion and Default.

(Re: the Urantia Book - the Lucifer Rebellion and the Default of Adam and Eve. The two major events in humanity's long ago and forgotten past that has brought about our self-denying, god-rejecting, negative mind and will states, resulting in our childhood repression. The two real events that DLS can help to heal within the individual, and humanity as a whole.)

If you look into all the spiritual systems you'll see denial as the main theme. Deny yourself something and you will achieve God, or enlightenment or whatever. Do whatever you can to keep all bad or evil thoughts and feelings away and you will live a pure, true and happy life. Suppress all your negative feelings at all costs, don't allow them, the devil, to gain the upper hand; don't submit, don't give up your power, don't give in and allow your bad feelings to overwhelm you!

The East concentrates heavily, from what I can gather, on teaching that denial of the material, denying yourself those sinful wants and bad things, will help you reach a state of inner peace. The West teaches us to deny all our bad feelings no matter what the cost. Make yourself with your mind into what you want to be - the all-powerful one. Be obedient to God, don't simply do what you'd like to do; do what the Church says to do or the system you are following, and that will help you to not be evil by helping you stay away from doing sinful things. The New Age: mind over yourself, over your bad feelings; you can create your own reality with your mind, all so you can finally, once and for all: **GET RID OF THOSE WRECHEDLY ANNOYING BAD FEELINGS!**

Every system uses the mind to gain what it believes to be spiritual advancement. Some even talk about feelings, but still with the mind in control. None focus entirely on feelings. The mind is dominant and it will lead you to God, so it's believed and taught. But as we're all living in a negative mind state, that is a big **WRONG**. Your negative mind will only take you further into your negative state. And if it's bliss and enlightenment or peace of mind you seek, if you choose to go the way of such systems of belief, what you seek will be attained only at the expense of your feelings, and by burying your bad feelings, banishing them so severely, so as to give you the false impression and belief that they have been entirely removed from you. But they haven't, and one day they will return.

Divine Love Spirituality concentrates on wanting to accept all your bad feelings, to end the suppression of them; to allow them to come up and have their say, and to allow them to show the truth they want you to see about yourself and your life. It seeks to help you

break the control of your negative mind, not reinforce it, not keep cementing it in. And to achieve this can only be done by honouring your bad feelings, submitting to them, not pushing them away. But it's hard to do because it's going against all your early programming, and it's going against the programming of the whole world, of your society. You are stepping out into the unknown, choosing to do something radical that is anti the way things are. But if you can manage to do it, then you will achieve the true liberation of yourself. Your mind will find it's rightful place as it becomes healed and positive, and all your feelings will be able to come to the fore and lead you. Truth becomes your comforter, not your mind, and this becomes a real thing, something you can live - and FEEL.

Divine Love Spirituality is a spiritual philosophy you can live. It's real, not just a mind creation. You feel yourself getting somewhere and growing in truth. You uncover all your falseness, affectation and pretence, and stop lying to yourself. You stop doing everything to yourself that is hurting you, that is denying your true expression of self, and it allows you to do all of this whilst becoming more at-one with your Heavenly Mother and Father.

By cracking yourself open and allowing all those repressed parts of you to speak up, you will discover the real and true you, and as you do this then you are free to relate to God and Mary and Jesus through truth and with love.

Divine Love Spirituality stops you denying and rebelling against yourself. It encourages you to express yourself freely, all your thoughts and feelings, so you can discover for yourself how you want to be - which parts of you, you want to keep, and which parts of you, you want to give up, as you get to know yourself.

You don't have to make or force yourself give up anything. You only have to accept and express all your bad feelings wanting to see the truth of why you have them. In doing this you see the truth; you grow in truth, and then if you feel you want to give something up you will naturally give up because you no longer want to have it or do it, and not because you think it's the right thing to do, or it's something your guru says you should do, or you believe you're meant to do to become more 'spiritual'.

Using your mind to become more spiritual is a load of crap. You become more mind-ual, not spiritual. You can only become more spiritual as you grow in truth, and you don't use your mind to grow in truth. The mind without being led and submissive to feelings is anathema to truth.

Anything that involves ritual, dogmatic belief, stuff you 'have' to learn; anything that tells you what to do and when to do it, and how you're supposed to be - forget it. Give it up, it's all mind controlling. If you accept it, you're allowing your mind to buy into it and giving it more power over you. Anything that helps you to empower your mind while it's existing in a negative state is only further helping you deny your soul. It's evil, so dump it. Stop the mind stuff and get into your feelings, both good and bad, and want to see the truth of why you have them.

When you look at a guru or Eastern holy man and look at what they've given up and the effort they've put into it, and have to keep putting in, you can see the torture he has to put himself through, the self-denial to achieve this altered mind state. So much training, just like it was in childhood. We've all been trained into the negative, and all existing evolutionary religions and spiritual systems simply continue on this training in one form or another. By allowing your bad feelings to surface you'll quickly want to say no to being trained, you'll hate how you were trained during your early childhood, and want to give up all its negative influences. You'll want to go the other way and get rid of all your shackles and stop denying yourself and making things hard for yourself. God's way is a way of love, not a way of adding denial and no love.

The Great Delusion we all live under is believing that those who are so spiritual and enlightened are full of love, are so loving and are of unconditional love, but this love, if you can call it love, is only a contrived love from and of the mind. It's a mind-generated love, not a truth and heart felt inspired love. But when one is in such complete control by ones negative mind, with it having so taken over ones true feelings, then one can believe one is feeling love, total pure bliss and at-onement with God. But it's all false, all a sham, and this is what we have to realise if we ever want to be free of it. So don't get sucked in by the great show of love and all the magical tricks. Jesus and Mary are the only two people who've ever lived the true and pure state of love as they were not conceived in or born of the Rebellion and Default, and until you heal your negative mind you won't know what living with love truly and freely feels like.

Divine Love Spirituality will help you blow apart the scam, help you see your own self-delusion, but only if you want to. If you want to keep playing the game and want your mind to stay in control, not even praying for the Divine Love will prevent you from doing so. And in fact if you want it to, the Divine Love will help you even more to fall down into your dark hole of believing you're right and living true when you're not.

Divine Love Spirituality is a completely new way of life, and it's a comprehensive spirituality based on the Divine Love. It embraces the total healing of your negative mind, allowing you to achieve living with a positive mind, rebellion-free, being able to willfully choose to live and be as the Mother and Father are.

It's the only way to save yourself, to stop yourself from sinning and perpetuating the evil and negative ways of your mind. It offers true salvation of the soul through truth; truth that comes to you from the complete liberation of all your feelings, of all the parts within you that you are denying. And all done by and with feelings – without further mind control.

But Divine Love Spirituality, because it's going against everything man has created, will be the hardest spirituality to live. The hardest, but with the greatest rewards, and it can be lived by everyone, no matter what race, creed or belief. In the end, we are all to live the truths of Mary and Jesus as we live in their universe. So this means having to give up all the rubbish that is not inspired by them - by the truths they live. One day there will no longer be the religions and spiritual systems on Earth that there are today, they will all have gone, all evil, sin, error and wrongness will have been healed. They will have been seen for what they truly are, and everyone will be united as one, living in pure celebration of the fact that Mary and Jesus are – The Living Truth. There will only be one religion, one spiritual system, one Religion of Light: the religion of Heaven, the religion of truth and love, the Faith of Divine Love, and it will be lived with divine love spirituality.

The Religion of Light

Part 2

What is it?

It's simply a name to describe living in Creation. Creation being 'lit' by light; light being the Light of Love and composed of the attributes of Spirit, Mind and Truth.

If we imagine living in the Celestial heavens, basically in Jesus and Mary's local universe, their part of Creation in the Universe of Universes, then it doesn't take much imagination to see that every spirit, creature, being, would all be living the same truth and with like minds. (The levels of truth might differ according to one's level of soul development, however, entry into the Celestial spheres presupposes a prerequisite level of truth, of

which, all resident there in, are of.)

We have to attain a Celestial level of truth to gain entry into the Celestial heavens - into Mary and Jesus' greater universe. And to achieve this level of truth we need to wholly submit ourselves to wanting to live and be at-one with God equal to this level. We start off on a world that is not only not of this Celestial level of truth, but living in full denial and rejection of it, and we have to break down and give up the control of our mind giving over to our feelings and allowing our soul to freely express all it wants to express, so that in time we can learn and grow and evolve in truth through our experiences.

If we are denying ourselves our full soul expression then we can't grow in truth and so will remain in rebellion and denial of the truth and God, and will never attain the Celestial level of truth.

In the Celestial spheres every being, every spirit, lives the same religion. They all live and honour the same truth: that which Mary and Jesus have revealed. There are no other conflicting religions or spiritual systems, for if there were then they would be living against Mary and Jesus and so existing in rebellion against them. The universe as a whole is a perfectly functioning unit, and this doesn't include rebellion. If anyone, or a whole world, chooses to rebel, they can, and the consequences are dealt with through isolation, being quarantined until such time as the rebellion ends. Until such time as evil proves the truth to itself that it can't exist, because nothing can exist forever that is love-denying. When you feel you've had enough; when you're at the end of your self-denying road; when you're sick of it and can't go on, then you will know and understand this truth being ready to finally do something to help yourself - ready to stop your self-rejection and start to embrace all those parts of yourself, all those bad feelings you've been running away from.

In the Celestial heavens there is no need for names to define the religion of light, the religion is simply life. Everyone lives with the Divine Love and the truth of that Love in their soul and that is their way of life, their religion. They live in worship and love of our Mother and Father and don't need to concern themselves with whether this is the right or wrong religion. The religion of Celestial spirit life is what The Urantia Book calls, Light and Life and that about sums it up. So the Religion of Light inclusive of Divine Love Spirituality, is the Religion of Light and Life, the way of life as lived and demonstrated to us by Mary and Jesus. They are the living Light and the living Life, the living Truth, the Way; the living Mind, the living Spirit. They are the living Way: the Light and the Life. And if we choose their way, their Spirits of Truth will help us to live as they do, to see

things as they see them, to help us see all the untruth within us so we can heal it helping us to live their religion of light of and life.

If we go back to what Jesus told us in the Padgett Messages about the division of the mansion worlds, then we understand that everyone on Earth and in mansion worlds, one, two, four and six, who is not living the truths as revealed by Mary and Jesus, and not striving to live the religion of light – the Celestial way, and so are isolated or quarantined in these mind worlds, free to live whatever spiritual and religion system they want to live with their minds.

So if you look at all the different religions and spiritual systems existing on Earth (and they all have their counterparts in the mind mansion worlds), all of them not living the true way of Mary M and Jesus, then you can see that all of these systems are of the mind, they've been created by minds (mostly by minds of spirits passed down to minds of men) and they exist in their own little world, in their own little rebellious nest. They are existing separately from the rest of Creation, they are not a part of the Religion of Light, and because of this are doomed to one day perish, to cease to exist at all because such error and rebellion; such evil and sin; such anti-truth, anti-Jesus and Mary and anti-God, will die. Love will reign supreme, and that's the Father and Mother's Divine Love. Anything existing apart from that love will in time cease to exist, it will break down and be recycled just like everything else in the material part of Creation. And being only a creation of the mind, it's nothing more than a fantasy, a delusion, a bubble of nothing. It isn't even real, it's a thought, a moment in time destined to burst and be at best a memory, a part of ones experience but nothing that can be ongoing and an eternal part of ones soul and life.

Only that which is created from truth, enveloped in Divine Love, and expressed directly as the spirit of that truth, will exist for eternity – if God desires it. Mary and Jesus being the Creator Son and Daughter of Nebadon (this, their universe we live in) have brought into being the truth that we need to live. They are the living expression of it for all to see, and so it's to them we must turn and accept if we too are to become like them in truth. If we deny them we are only deluding ourselves, living in a bubble of our mind, and one day it's going to pop and we will wake up to ourselves, to our error, wondering what that was all about.

By partaking of the Divine Love the one thing it does give you when you've received it into your soul is a knowing that it is the One True Way, the very essence of life. And when this truth comes up within you, you can no longer live without it; you can't deny it

because you know it's too special. It's the life force you require to keep going – the will and desire to live, and it's Them. And when you start to love Them and feel Their love for you there is nothing else. All else fades away, and anything that your mind is holding onto that exists in denial of Them soon starts to lose its attraction.

The Divine Love when you commit yourself to it gives you a knowing, a truth, that it is the only real way to live, and all the mind religions and spiritualities cease to exist for you. They offer you nothing more, you no longer need them. As you give up your negative mind, so too can you give up these other false systems. They lose their appeal and you no longer require them to control you, you no longer need to use them allowing your mind to exert its power over you.

Life with the Father and Mother is completely freeing – liberating – and it's the truth that does it. As you grow in truth you start to see how you can live it, and you don't require your mind to do anything for you other than help you to understand more about the truth and all you feel. Your mind gives way to your truth and it's a wonderful feeling. A feeling that contains within it a knowing of the beauty of God.

The Faith of Divine Love Part 3

It's with faith: faith in the Divine Love; faith in the Mother and Father; faith in Mary and Jesus, and ultimately faith in ourselves, that we long to Them for Their Love and strive to live the truths inspired by it.

But how do we know that the Divine Love, or God; or Jesus speaking to Mr James Padgett in his spirit messages; or anything else to do with the Love, is real and true? We don't know, and we have only our own individual feelings to go on. And that's not much, particularly at the start. And then as we venture into the healing of our soul, bringing to light all our childhood repression, what little faith we do have is severely tested every day – am I going the right way, is this the right thing to do, and how do I know?

And because setting out to live Divine Love Spirituality is setting out to go against the norm, the accepted, what most people believe to be right, it's even doubly hard to go against the flow and to say no to all that you've been programmed to accept as true from your first moment of conception. And all you've to go on is... faith - and ultimately, faith in your feelings. But do not fear, as your whole being is designed to live on faith and not

much else. Not much else until you start uncovering truth and finding the security of spirit within it.

To arrive at the truth that everything within you is wrong, that it's evil, that it's anti Mary and Jesus and God, brings you to the pinnacle of having your faith tested. How can you exist, how can you survive, if all of you is wrong? How are you going to live, and make your way in the world if all that the world is, is wrong? And how will you be able to cope when you start to look into the hidden truth of your early childhood relationships with your parents and other influential adults?

And yet what better opportunity could be given to us to learn about faith, to develop it, and to live it, than to try and wrestle ourselves free of a controlling negative mind condition. What better way is there to grow and experience faith - an exciting opportunity perhaps, but a bloody hard one to commit yourself to and follow all the way to the end.

And is there an end? In theory the Celestial level of truth is the end and the full healing of your soul, and even if others have achieved it, as our Celestial spirit friends tell us, still it's not the same as you growing in truth through your own hard-fought experiences.

The fight is truly against good and evil and it all goes on within you. Forget about the outside world, those battling away are all battling within the negative; they are all evil, only some believing they are less evil than others, but everything negative is evil. It's all wrong and you're full of it. Everything you do that is not in harmony with God's Laws of Love, the Laws of Light, the Laws of Truth, is evil, it's wrong. To deny one tiny bad feeling is wrong - is evil. To live with a huge part of you being kept repressed doesn't get any 'wronger'. The great evil is the self denial you are living, all the wrongness you are subjecting yourself to in each and every moment of every day. And when you don't have any wrongness left in you, having completed your soul-healing, then you'll be living as a Celestial on Earth.

Will there ever be a Faith of Divine Love, and a Religion of Light on Earth?

I don't know, I believe so - the theory certainly exists for there to be. If people start to live Divine Love Spirituality then they are on their way to living these two things, but until people have fully completed their soul-healing, such things existing in material form will not come about. We all need a lot of support and sympathy, a lot of encouragement; and we need to learn how to accept and honour and be true to our feelings, good and bad.

And if we can do that, then with faith in the Divine Love, we might live the religion of Light.

The Celestial kingdom of Heaven will gradually descend to be on Earth as people live the truths of Divine Love and do their soul-healing. It will descend in phases as the Divine Love is to be withdrawn and rebestowed as future planetary phases come and go, but eventually one day, as said in The Urantia Book, humanity will collectively achieve a level of truth, the Celestial level, and people will live on this world settled in Light and Life. And then everyone will be as one, united in truth all living with faith in the Divine Love, all living the religion of Light and all reunited with the greater universe. And by that time all of the mind religions and spiritual systems will be long gone, neither existing on Earth or in the mind mansion worlds, all will be unified in accordance with Mary and Jesus. And I guess by then, it could be said, that once again, Mary and Jesus will have come to Earth in the full likeness of truth.

Being Christian
Part 4

Am I a Christian?

In the true sense of following Jesus and Mary – the Christ's, I am a Christian. But this is nothing like a Christian of the Church.

My Christianity is living the truths as revealed by Mary and Jesus, and that is BOTH MARY MAGDALENE and Jesus, NOT just Jesus.

It means that in following them, in choosing their way, as revealed by their truths and understanding, I am allowing their Spirits of Truth of work on me, to help me to see the truth as they would see and know it. I am inviting them through their Spirits of Truth into my life and in doing so declaring to all of Creation, that I am intent on living true to their way, the way of their universe, the way of Nebadon. I believe and honour them for being who they are: the Mistress and Master of this universe, and I choose to submit my will to theirs, in that, I want to live in their universe in full respect for them; I want to live the way their truth guides and shows me, and not my own minds way against or anti them.

And so in doing this, I am a true Christian.

The Christians that follow the Bible and Church are not true Christians. They only believe they are following Jesus, but are not living the truths as revealed by him. They are following a Jesus they've created for themselves with their mind - a fantasy Jesus. If they were truly following Jesus, then they'd be longing for the Divine Love and including Mary M as his equal and soul-mate in their spiritual equation and embracing both the Heavenly Father and Mother. And they wouldn't be confusing Mary Magdalene with Mary, Jesus' mother. They've chosen the wrong Mary to follow because they believe she is their true fantasy nice, loving mother, unlike how their own mother's are to them. By looking to mother Mary as the Blessed Virgin they are maintaining their fantasy; by looking to Mary Magdalene for truth, they'd be having to surrender their fantasies as they faced the truth of why they needed to have them.

Christianity of the Bible is something contrived by man. It's not the true faith, and it's of the mind and one day it will cease to exist. And it's unfortunate that it stands in the way of so many people who would like to truly follow Mary and Jesus and live true to and at-one with their Mother and Father. It's a pity it leaves a sour taste in the mouth of so many, as a pollutant and irritant, and something we'd benefit more from if it didn't exist at all. However, whilst people want to live adhering to their negative minds, and want to deny the true and real Jesus and Mary, then it will continue to persist. And those people who seriously do want to live and know the truth will see through its pretence and bullshit and look elsewhere. And as now an alternative exists as in the Truths of Divine Love, then they will be able to learn about what's involved in their true salvation.

The Church and other spiritual and religious systems will continue to exist so long as people need to be told how to live by other people. And this need will only be healed when they heal being told how to live by their parents. And they will only heal this by healing their childhood repression. Divine Love Spirituality doesn't tell you how to live, that part you have to work out for yourself with your Heavenly Mother and Father. Through the truth They will show and guide you, and you will find out with and through your own feelings how you want to be – what makes you feel good.

Miraculous and spontaneous healings

Part 5

I want to say a little about such things here as they fit into the Church and other alternative spiritual and religious systems as one of the greatest draw cards and instigators of 'faith' and belief.

All of the healing miracles that happen in the mind religions and spiritualities come about through the unseen action and interference from spirits of these systems who are living in the mind mansion worlds. There is no angelic or supernatural influence. It's all done with and by and through the minds of such intervening spirits. And as we can see, they are at times able to do some amazing things.

But what really is the value of such a healing?

If something is wrong within you, no matter what it is, and you were offered two ways to heal it, which would you take:

The hard way, that being, uncoving the truth of what is wrong within you through your own suppressed feelings, healing your pain as the truth comes, by healing all the original causes; or,

Would you accept the spontaneous miracle in which the effects of your problem are instantly removed from you, no more pain, but with the problems original causes still buried deep within you, still affecting you, but in other ways. And only to at some time in the future, be it on Earth or in spirit, present themselves to you again making you feel bad.

I've thought a lot about this and can see I might choose different options under different circumstances.

If I can deal with the pain then I'd go for the first option, the hard way, because I'd know that even though it would be harrowing and take a long time, eventually I'd nut out the original causes and be healed of them forever.

However, if I was in a desperately painful situation and couldn't stand to work on myself, or wasn't able to through the ongoing acceptance and expression of my bad feelings and longing to see the truth of them, and the second miraculous option was presented to me, I might accept it, but knowing that I was only using it to cover up the deeper aspects of that pain of which I'd get to latter when I felt up to it. I might use the miracle to give me some respite, some breathing room, a time to recuperate before I started to work on seeing the truth of myself and doing it the hard way.

Or, I might simply allow the pain to overwhelm me and kill me, choosing to still work on

trying to express my pain and associated bad feelings seeing the truth of it as I died, without the need of an interim band-aide and plain blocker the miracle would provide.

Or... I might go for the miracle, because hey - IT'S A MIRACLE, and I've love to experience that!

And this of course is all subjective and dependent upon how one looks at ones life. Is flesh life the be all and end all, or is it only a transitory time on the way to somewhere else so doesn't hold that great importance. So is it flesh life at all costs, so bring on the miracle!

I have been told (by spirits) that very occasionally in humanity's history angels have been called upon to perform healings as they did during Jesus' time. And in the cases in which people are completely unable to deal with their pain or problems, they are simply too overwhelmed or they are in such a bad mind state, I can understand superhuman interference to at least bring them up to a place within themselves from which they can then make more normal and rational decisions; choosing for example, to then do the hard work through their feelings to see the truth of their negative state. Apparently this is what a lot of those people who received such fantastical healings from Jesus did, and when they died and started to live his and Mary's truths in the mansion worlds, they were then of a more stable mind to start dealing with their soul-healing and childhood repression. Jesus and Mary told me that these people were often so grateful for being given a helping hand, and were so humble in their love and wanted to give their all to Jesus and Mary, that they willingly submitted to the soul-healing process in complete faith that they could work through their negative repressed childhood, seeing the truth and eventually reaching the Celestial levels.

I guess it comes down to, like everything, a question of motivations: why do you want to be miraculously healed - if you do want it? And do you want it to help you to further cover up your bad feelings, or do you want it to help you find something of a stable platform from which when you're ready, you can start to tackle the hard stuff of your soul-healing.

And will miraculous healing be offered to those who are longing for the Divine Love? And will those with Divine Love in their souls be able to be the vehicles through which it might transpire, as is suggested in the Padgett Messages? Certainly it's well within the capacity of the Celestial spirits and other divine universal personalities like the angels to do

such healing. But who knows... I guess we'll have to wait and see.

Jesus or some of the Celestials (I can't remember which) says in the Padgett Messages, that people will be able to do such miraculous healings like the apostles supposedly did, and all because of partaking of the Divine Love.

From what I've been told, if such people are to do such things, then these people will have had to heal themselves of all their negativity and wrongness. They will have had to have done their soul-healing including healing all their childhood repression healing. They will have to be in short, Celestial and divine, living that level of truth to qualify them to do such healings, or to be the medium or vehicle through which they can happen.

And it's entirely possible that if the Father and Mother want the Truths of Divine Love spread around humanity, They could use this form of healing as a way to spread the word. There are certainly a lot of people who are so dysfunctional that to suggest they try to look into the truth of their bad feelings and work their way progressively through their soul-healing would be all too much to consider, particularly whilst of flesh. But if the truths are being made available to us in flesh, then it's also conceivable that such people will be given the opportunity through such a divine healing to get themselves onto a stable platform from where they can then tackle their self-denial states.

If this is to be so, then potentially humanity might be in for a few surprises, some angelic fun and games, and we may once again be witness to the wonderment of God, first hand. We can only wait and see – see what happens when people finish their soul-healing and become true followers, true disciples, of Mary and Jesus and lovers of God – true Celestial spirits in flesh.

Divine Love - Divine Truth: that is the way, the light, and the life.

DLS a spirituality/religion for the future

As you liberate your true feelings, expressing and living true to them, truth will be introduced into your meaningless, feelingless, feeling-avoidance, decadent, materialistic life.

DLS is all about feelings and truth. And in the battle against evil there can, in time, only be one victor – TRUTH. As truth is real and all evil is false. We live in a false world,

living false lives, that fill us with pain we try to avoid; lives that make us unhappy - lives in which we feel unloved. What are you searching for? Happiness, love and invariably, TRUTH? Why are you searching? Why are you reading this? What do you hope to gain?

Now, because of the new revelations from Mary and Jesus, we can understand that we can't live free, good and happy lives if we're denying our feelings. Self-denial – denial of our feelings, denies truth. And truth denial, denies love. So to heal our feeling-denial and start to freely express all our feelings – good, and most importantly, bad feelings – means we can begin to live lives of truth.

Truth is our future. Truth is your way to find what your looking for: to feel fulfilled, happy and loved. To live a purposeful life. To live a life of 'truth, beauty and goodness'. A life happy with yourself, your partner, your family, nature, and with your Heavenly Mother and Father.

A true spiritual life.

The feminine aspect of truth

The modern liberated woman who's trying to compete with men is still keeping her truth – her true feelings – suppressed. But it's time now girls to BRING IT OUT! Now women (and men) can learn how to stop denying their feelings; enjoy the freedom of expressing all they feel, and help us poor men to find and liberate our feelings. No one likes to be shut away, cut off from their feelings; and what a joy it is when you let yourself – your feelings – out! When you come into life being a fully self-expressed individual.

Finally the feminine aspect of truth has a leader: Mary Magdalene has been unveiled. Now she's being allowed to have her say. Having been denied for so many years, the WHOLE truth of our negative, rebellious, self-denying mind - and how to heal it - can be revealed.

Finally, Mary with Jesus, gives us the balance we require to live integrated homogeneous spiritual lives. Now we have BOTH their Spirits of Truth to help us understand the true relationship between the feminine and masculine. And to help us practically apply such truth in our relationships.

Women are the true spiritual leaders being 'closer' to their feelings. And it's with and through our feelings that we can spiritually grow in truth and love. Without truth we can't know anything or love properly. Love based solely on a mind full of beliefs, a mind devoid of truth, is false, as it doesn't make you feel happy. Love expressed as the light of truth, is real and makes your soul sing.

To try and grow spiritually, or create a religion with only the masculine aspect of truth – with only Jesus and the Heavenly Father, is wrong and severely limiting. Look at how the Church uses Jesus and the Father for power and control, something which it would not be able to do if it fully embraced the feminine aspect of truth uniting it with the masculine. And something it wouldn't do if it sincerely wanted to help its members uncover the truth of themselves, life and God directly through their own daily experiences of life. DLS promotes and demands the feminine be fully acknowledged, accepted and appreciated – welcomed and loved.

Finally there is now a comprehensive spirituality including both the true personality aspects of God – the Mother and Father; including both the true personality expressions of the human soul – women and men. Finally now the whole truth of Mary M and Jesus can be lived. We can now find out how to live truly together as women and men seeking to unite, balance and harmonise the feminine and masculine within ourselves. And finally as women and men we can strive to live true relationships with each other reflecting this balance. Now you (and humanity) can set about healing your soul.

A division in the mansion worlds

A little known yet very important division exists in the mansion worlds, and soon it's to come to Earth.

There are seven mansion worlds that exist in association with Earth. When we die, the level of truth we are living determines into which mansion world we start living. The mansion worlds are also called 'rectification' worlds, and we use them to sort ourselves out, if we've not done so on Earth. That is, to heal all that is wrong within us, to attain a level of truth equal to the perfection of nature - natural love perfection, before we can move higher into spirit - the Celestial spheres.

As we currently live, we're all born into a negative truth-, love- and self-denying state of mind. We're all living incorrectly - unlovingly, irrespective of how much love you have in

your life. And living a long way from natural love perfection. So we can set about 'healing' ourselves of this state by doing our feeling-healing either now on Earth or when we get to spirit. And if we don't want to, we can keep on living expanding our negative condition and doing the same things we've always done, here or in spirit.

So in the mansion worlds there are people - now called spirits - working on healing their natural love and negative condition or (and currently the far greater majority) simply carrying on trying to 'perfect' their negative self-abusive states of being. And we can see the same here on Earth. On Earth we can in effect live as we would be - so far as truth and spiritual progression goes - in the mansion worlds. However the one drawback with these ways of life is that all you achieve is still only within and confined to the mansion worlds. You can't ascend or grow in truth out of them and into the higher and greater universal Celestial worlds until you embrace God's Divine Love.

So what is not generally known is that in the mansion worlds exists another way to live, that being with God's Divine Love. And if one chooses this way of life invariably it leads you into doing your soul-healing, that which also includes perfecting your natural love, and more. The inclusion of the Divine Love changes your soul, it helps you to progressively become more like the Mother and Father - divine. And to accommodate and facilitate such Divine Love souls, the mansion worlds have been divided up, so we have:

Mansion worlds 3, 5, 7 that are given over to those spirits wishing to live with the Divine Love and do their soul- and feeling-healing. And mansion worlds 2, 4, 6 that are given to those wanting to live only with their own natural love and without the Divine Love. And within these natural love worlds there is a further division growing: those people wanting to perfect their natural love, healing their negative state by doing their feeling-healing; and those people still wanting to live in the negative. Mansion world 1 is where everyone wakes up after death on Earth, and in which people can live in the negative starting to do their feeling-healing, expand their negative, or embrace the Divine Love and find out what it's all about then moving on into the Divine Love worlds.

And these divisions in the mansion worlds are soon to come to Earth. Coming expressed as truth, as people choose to actively do their soul- and or feeling-healing.

Live true to your feelings - true to yourself.

Nature lives true to its feelings. It's always perfect, true and never false. It doesn't live

contriving a life with its mind then forcing its children to believe it's a good and right way to live.

We live anti nature, anti all that's true and perfect. We live killing our own true nature. And it all begins at conception.

We are brought into a personality denying world. We are taught it's wrong to express all we feel. We are made to stop being how we'd truly be, how our true nature would desire to express itself. How we'd naturally express ourselves if we were free to.

We grow up not living true to our feelings, not living true to ourselves. We live being false, artificial, superficial, uncaring, unfeeling - unloving.

We do all we can to remove from the face of the Earth all that is truly caring and loving. We can't bear to see it, even though many people say of course they love nature. However they might say it, even believe it, yet their actions, how they treat it, their children and themselves, shows otherwise.

We parent traumatising our children by stopping them be how they want to be. Nature doesn't do this to its children. And yet we are told we are superior to nature.

We are told that being evil is being superior and how its meant to be.

If we are to live as nature's loving custodians, then first we have to treat ourselves with such love and respect. And we can only do that by healing our untrue state, by seeking the truth of all the feelings we are intent on denying.

And we can do this without God's Divine Love, with only our natural or self love (Feeling-Healing); or, we can do this with God's Divine Love, and our natural and self-love (Soul-Healing).

All with the aim of living true to ourselves, true to our feelings. And if we can achieve this, then naturally, and without having to do anything else, we'll live honouring and being true to nature.

We'll be all-loving.

Living true to yourself

All throughout my writing I've repeatedly - until hopefully it's become boringly so - the truth that we are living untrue ourselves, and to live a happy and love fulfilled life, we need to live true.

However living true isn't something that's easy to do. And doing your feeling- or soul-healing is the only way to achieving it.

My whole intention is to stress over and over just how wrong we are, how evil and false, how we're all caught up in our negative mind and will states believing all sorts of things about ourselves, other than the truth.

I want to be as negative about life - how we live it - as I can, hopefully putting you off seeking the truth if you are not earnest and sincere about it, because you can't bear reading about the negativity and constantly having it shoved in your face.

I think were I to come upon this website before I had ventured into my healing I would have shunned it, it not saying the things I wanted to hear. I would have rejected it as I already felt too negative in myself and the last thing I would have wanted would have been made to face even more of it. However now as I continue to accept it, it's the only way to go, this being borne out through countless experiences I've now had through my healing.

And where I'm coming to now is realising that no amount of prayer, or 'being a good Christian', or meditation, or any other spiritual practice, is going to do anything for you. These things only helping to keep you firmly entrenched in your feeling - denial. So it's not about such things. It's about being able to express yourself truly, which means, being able to use the right words to convey exactly how you feel; being able to express all you do feel taking yourself out of simply relying on your mind; it's about uncovering all the negative or wrong behaviour within you - all that is stopping you from living true to all your feelings; and it's about uncovering, so you can get rid of, all your erroneous beliefs, all the ones that are stopping you from discovering the truth about yourself for yourself through your feelings. And all of this is a part of healing your negative self-rejecting and self-denying will, that which is keeping your negative state in place.

So if you do want to truly be true, then anything else you do that doesn't focus on why

you are living untrue - that isn't a part of accepting, expressing and uncovering the truth of your bad feelings, will only serve to help further your falseness, keeping you away from your true self.

It's all about yourself: your relationship with yourself. And as that has been corrupted right from your first moment in the womb, there is a lot to heal. And it doesn't even matter to begin with whether you are wanting to include the Mother and Father and Their Divine Love in your life; all that does matter is that you desire, and are determined to do all you can to uncover the truth of yourself. Which means to see the whole truth of your evil, negative, unloving existence.

And if still you don't think it's that bad, then do your healing and see what you feel as you progress through it. It is that bad. Only you can take your time in getting to that truth.

We are truth-loving souls, yet we've been made to live untrue lives, so we're constantly up against it. My website it intended as merely something of an introduction to it all, something for you to think about; and more importantly: to see how you feel about it. You don't have to immediately begin your healing, I imagine it will take some time mentally preparing yourself for it. And you can always do it in spirit.

It's early days yet and I still don't know as to whether or not one can heal it all and be able to live true in our untrue world. Yet with every day that more repressed bad feelings surface in me and I accept and express and see the truth of them, I am convinced that I am on the right path. Only as to where that path will lead...

Live true to yourself - true to ALL your feelings.

How does one live a true spiritual life.

What really is being spiritual?

How does one live a true spiritual life - what really is being spiritual?

Being spiritual might not be what you think it is. It has in fact nothing to do with religions or spiritual systems. It has nothing to do with what you believe, and what you think

spiritual is.

It is simply: living true to yourself, which means: living true to your feelings. Expressing all you feel whilst longing for and uncovering the truth of such feelings. That is being spiritual. That is living a truly spiritual life, because by looking to express and live your feelings this way, you will be growing in truth - and growing in truth is being spiritual. And you can only grow in truth through your feelings. So those people who are looking to their feelings for the truth of themselves, life and God, will be far more naturally spiritual than other people who are all bound up in their minds being only concerned with what they believe and how 'spiritual' they are.

Being spiritual is not about expanding your mind with esoteric knowledge. It's not about knowing what God is, or understanding who the Supreme Being is. It's not about knowing that angels or spirit guides exist and you have them as your guides and can even speak with them. It's not about believing in reincarnation or not believing in it. It's not about believing that if you use your mind the correct way and try to live a morally good life you'll be rewarded by a fifth dimension consciousness shift. It's not about knowing what it is like in the spirit worlds. It's not about believing in Jesus. It's not about praying or even longing for the Divine Love. It's not about understanding you have repressed a lot of feelings from your early childhood. It's not about going to church or your favourite meditation centre. It's not about knowing your Bible or The Urantia Book. It's not about anything other than whether or not you are truly expressing all you feel - all the attributes of your personality. So it's not about anything to do with your mind. Your mind can come along after your feelings have given rise to truth from your soul as you long to them for it. When you know the truth, then your mind can put it into a relevant context around which you can base your beliefs and other information and understanding you've picked up along the way. Feelings lead to truth, provided that's what you want them to do, all so you can live a feeling-led life instead of your current mind-lead life. And your current mind-led life, despite what you might believe about it, can and will ONLY keep you bound up in your self-denying state, locking you into your negative state of mind and will. Only your Feeling- or Soul-Healing will liberate you from such constraints as you strive to live true to yourself.

And if you want to live God's will, then when you are living true to your own feelings, which is living true to your own will, then so too naturally will you be living the will of God. So you don't have to do anything to 'live' it, you only have to want to stop denying feelings, and use your bad feelings to help you uncover the truth of all that's not right

within you. That is being truly spiritual.

And when you embrace your healing and realise that all the so-called religious and spiritual stuff you believe is not worth a cracker; and when you stop to think about all that time and energy you invested in worthless crackers when you could have been doing your Feeling-Healing or Soul-Healing and uncovering the truth of yourself, nature and God through your feelings - being truly spiritual, should, I would imagine, make you feel very bad. So yet more bad feelings to express whilst you long for the truth they are wanting you to see. Yet another opportunity being presented to you by your feelings for you to grow in truth, so to take another big step in your spirituality.

Truth

We are:
learning about love, through no-love.

Finding the truth for yourself

When you arrive at finally deciding that you need to find the truth - AND THE TRUTH OF YOURSELF - what do you do, where do you go; and how do you know if something is helping you to find it.

We are created to be self-revealing, and what this means is we are meant to uncover the TRUTH OF OURSELVES, FOR OURSELVES - BY OURSELVES. We are meant to live our experiences, and through our feelings, reveal to ourselves the truth of ourself. And the truth of ourselves also includes: the truth of life, and the truth of God. The Truth of All There Is.

However, how we're parented is to deny our normal truth revealing processes. We're taught to listen to someone else: our parents, our teachers at school, everyone else in the world. We are stopped from being spiritually self-reliant, so thwarted and prevented from living our own natural spirituality, and so growth of truth resulting from our feelings.

We're taught to rely on our minds, all we're made to learn, separating from our true feelings. We're taught to learn spirituality and religion and then apply it using our minds, rather than being allowed to remain free to reveal it to ourselves.

And because we've been so highly programmed to find the truth of ourself 'out there'

using our minds and not our feelings, we go on an endless mental spiritual quest, looking here, looking there, trying this, trying that, with those people who are serious and do sincerely want to uncover the whole truth of themselves for themselves, being let down time and time again by what is out there.

And this is what should happen. If you are sincerely seeking the truth, you will be let down by any system of belief and by whatever anyone tells you, and simply because they are not true - and they are not you. No one else can tell you how to find the truth of yourself for yourself, for that is for you to do. People can guide you, helping you to look in, but still a lot of this guidance when looked at for what it really is, is only taking you still further away from yourself, making you use your mind to believe yet more stuff that won't take anywhere near the truth. And as we're all living in an anti and truth-denying world and state of mind and will, so this is what is meant to happen.

So when you finally get to the end of it, you've climbed the highest mountain, you've searched through all the East and West have to offer, and yet still you feel unfulfilled and without any satisfactory direction spirituality, what do you do and where do you go, especially when you can't just seem to do it for yourself and do need some help and guidance.

And to begin with, no matter what you might think or believe about them, you need to go to Mary Magdalene and Jesus. And if you don't, then you'll never find the way to uncover the truth for yourself. It's technical, it has nothing to do with beliefs or the church or anything else, it's just how we've been created. It's the same as if you don't put the food in your mouth, you're not going to live for very long. So we need to put what Mary and Jesus tell us in our head, that being the first step. We need to do what they do. We need to follow them. And so what do they do?

And it's very simple. They go to their Heavenly Mother and Father and ask Them for Their love, help and guidance, and it's how they do this that is important to us, for we too can go to the Mother and Father as they do.

So what happens is this. Having decided with all your heart that it is the truth, the whole truth of yourself, you do want, and that you are prepared to do anything to get it, you long with this great desire for the truth, to your Mother and Father, to God, to help you see the truth for yourself. That's all you do. **YOU LONG FOR THE TRUTH.**

And how you long is the first step in doing something for yourself, for you long in your own way. No one else can tell you how to long, and there is no right or wrong way. It is for you to work out for yourself how to do it - how to long.

When we long, it's without words, it's just a feeling. You feel the desire in you, you want whatever it is; you want the truth, so you allow yourself to want it, you sort of call out for it with your heart and soul - you long for it. And so you do this 'calling out' with your longing to your Heavenly Mother and Father for the Truth. That's the beginning. And you long whenever you feel like it. As many times a day as you want, it's all up to you. You commit yourself to longing for the truth in your life, and you don't care about how it comes or when it comes - you just long. And you long with your feelings, that's the only important part to know, you don't long with your mind as your mind can't long, but you can use your mind to say prayers to support and back your longing if you want to. **BUT YOU NEVER JUST PRAY USING YOUR MIND, DOING SO WITHOUT LONGING, FOR SUCH PRAYERS GO UNHEARD AND SO ARE A WASTE OF TIME.**

And if you want to say prayers augmenting your longing, you simply say whatever words you want to say. **THERE IS NO RIGHT WAY TO PRAY - NO RIGHT WORDS TO USE. THERE IS ONLY YOUR WORDS.** You use your mind to express the feelings of your longing, so something like this for example. Whilst I am longing with all my heart to the Mother and Father to help show me the truth of myself, I also say: Please Mother and Father can You help me become self-revealing of truth. Can You help me show myself the truth of myself. Can You help me see the truth for myself - the truth You want me to see. Can You help me see it through my feelings. Something like that. You say whatever it is you want to say, and it might be different each time or the same. **ALL SO LONG AS YOU ARE ALSO LONGING.** If you get into the habit of praying **WITH ONLY YOUR MIND**, dropping your longing, then forget it, you'll only be wasting your time.

So you can long to God to help you uncover the truth of yourself, and you pray to the Mother and Father to support such a longing.

Now before we move onto how the truth then comes up in you, there is one more thing you can do if you want. And that involves love.

You can also long (and say augmenting prayers) to God, to your Heavenly Mother and Father, for Their love, which is called the Divine Love. And like longing for the truth, you

can long for it as often as you want. And you long in your own way, and you say the words of your longing (your prayers) expressing your feelings and what you want. And I won't go into all receiving the Divine Love into your soul will do for you, that information can be found elsewhere on my website, but it will help you with your spiritual progress and your relationship with God. It will help you develop a very intimate and personal relationship with the Mother and Father as you grow in truth. And this is what it's all really about.

So now, it's back to Mary and Jesus. And they explain to us, now that we're actively longing for the truth and the love of ourselves and God, what we need to do next. And that is all to do with our feelings.

It's ONLY through our feelings that we can uncover the truth - any truth. We can't do it with our minds, even though that's what we've been led to believe we can do.

And how you use your feelings to enable you to become self-revealing of truth, and self-loving, is by accepting them - ALL OF THEM, expressing them - speaking about them, and longing for the truth of them as they come up in you. And that's all you need to do. It's all to do with your feelings and nothing to do with your mind, you keep your mind out of it. When your feelings come up in you, you can use your mind to help you express them, to put them into words; and when the truth comes, you can use it to help you understand and put into context what the truth is showing you, but other than that, your mind is only there to augment and support your feelings, just as with your longing and saying prayers.

So it's ALWAYS, your feelings first, then your mind - what you think. The very opposite from how we've been parented and how we mostly live in the world.

Now it might all sound relatively easy, and the longing part is, but the accepting and expressing your feelings, and in particular, your bad feelings, can be very difficult. It can be extremely hard, very trying, almost impossible for some people, and very painful. But it has to be done. And this all involves doing your Soul-Healing, or Feeling-Healing if you don't want to directly include longing for God's Divine Love. And more information about how we go about doing our healing is also elsewhere on this website.

Another of the wonderful things (and if you don't get it, I'm being very sarcastic) our parents and society has done for us, is cause us to deny - suppress and then keep

repressed, many of our bad feelings, right from the very beginning of our life. And we've taken on this self- and feeling-denying programming. We do it to many of our bad feelings without even being aware that we are, it's automatic. And so to stop this, to reverse our training, to accept and allow to be ALL OUR BAD FEELINGS, is hard. And made worse by the problem that we also don't want to feel bad.

However, if you do want to find the truth of yourself for yourself, then it's through you feelings, and all your bad ones, that you have to go. Accepting them, expressing them, and longing for the truth of them. There is no other way.

And if you can manage to do this, and again you'll mostly have to work out how to do it for yourself as there aren't currently many people with such experience, then you'll find that as you speak about your feelings having longed for the truth of them, the truth will come to you. And it does. It simply comes up in you. And you don't do anything with your mind so far as looking for it, trying to work out why you are feeling what you're feeling. You only accept your feelings allowing yourself to FEEL them, long for the truth of them, and express - speak and emote them to someone who wants to listen to all you have to say about yourself. And as you do, your feelings will take you along, they will guide you, and when you're ready, you'll be shown the truth of them. It will be there for you to see. The understanding will come, and gee it's so wonderful when it does - simply amazing! And you feel so good. And you know you are on your right path - your path; and as you heal your negative unloving condition, slowly the true purpose of your life will unfold and you'll feel increasingly fulfilled, happy and full of love. But this might take years to come about, as there is first going to be massive amounts of feeling bad, all so you can uncover the truth of why you have such bad feelings in you.

And to finish, another difficult part might be that you don't have a friend, a willing partner or friend who does want to listen to all your bad feelings. And if you don't have such a person in your life, you can long to God for one. More longing.

So briefly, that's how I go about uncovering the truth of myself for myself, and I've been doing it now for about Sixteen years. And what a journey! I would never have guessed in a million years it would have gone as it has. And the beauty of it all is, it's all up to me. I long for the truth because I want it, just as I long for the Divine Love, and everything else I feel I want. And when the truth comes, it soon shows me just how wrong I and we all are in how we go about living life. However I don't need to say anything further about that, as you'll see it for yourself.

How you are is how your parents have made you be. If you don't understand anything about yourself - why you do or say the things you do, the answers as to why you are the way you are will be found in your early childhood, in your relationships with your parents.

It's all about the TRUTH!

You see it IS all about the truth. Life is all about the truth, and so are you.

My spiritual searching showed me there was a huge difference between belief and truth, and that they are NOT the same.

Truth, so I have discovered, comes only from feelings, a result of experience - what you feel about the experience is the truth.

Belief, comes from everything else and is only do to with your mind. You can learn what to believe but you can't learn the truth. You can learn truths, however they remain only beliefs until you have lived them and know they are true. Then they become apart of YOUR TRUTH.

So what can we do?

Strive to uncover the truth, and live it.

But how do we do that?

There's only one way: by living true to your feelings.

Our problem is...

We've been taught to live beliefs as if they are truths - but they aren't.

Our problem is...

We believe we're growing in truth, but we're not, we're only adding more beliefs.

When you 'wake up' you are waking up to the truth of yourself, and all you will see about yourself won't please you.

If you refuse to accept how unloved you feel, you won't grow in truth.

Within the negative you only grow in truth by seeing the truth of how unloved you feel.

Do you want to live the right way with God?

Did you know God is BOTH our Heavenly Father AND Mother. This is part of the startling new revelation from Mary and Jesus.

Jesus reveals God as our Heavenly Father.

Mary reveals God as our Heavenly Mother.

Doesn't it make sense?

The Mother and Father being NOT two separate souls, but the ONE SAME SOUL - soul-mates. Two distinct soul-personalities we can relate to.

Doesn't it make you wonder what we have been doing all this time praying to ONLY the Heavenly Father, leaving our Heavenly Mother out of the equation? No wonder you still feel lost, unfulfilled, and looking for answers.

Mary Magdalene and our Heavenly Mother

Divine Love Spirituality balances the quest for truth by introducing the Feminine Aspect of God. It ends the over-inflated superiority of the masculine, and the oppression and ongoing suppression of the feminine.

With Mary and Jesus' help we can now live as perfectly as they do - as perfect as God is Perfect.

Divine Love Spirituality is a new spirituality for people wanting to truly honour Mary and Jesus; and who want to get to know very personally, God - their Mother and Father of Heaven.

It is for people who want to heal themselves of all wrongness, and live a good and true relationship with themselves, nature, their partners, God, and all other relationships. It is for people who want to live true to themselves - true to their feelings. Because, it's through our feelings and not through our mind and beliefs that we can uncover the truth.

It is for people who want the Truth, and who want to fill their souls with their Mother and Father's Divine Love.

If you've grown up being fed religious beliefs, and even if you're no longer actively taking part in that religion or believe such things, still they'll all be within you and affecting you to varying degrees, so they'll all have to come out.

Everything we've been subjected to during our early life is still within us, and if it's untrue, it's all going to have to come out.

The trouble with religions is...

They are all about beliefs. You believe this and that, you believe in God. It's not about living truth, as trying to live beliefs is not the same as living the truth your feelings reveal to you.

The trouble with other spiritual systems is...

The same trouble as with religions - they're all just about beliefs, although, like religions, they say they are about the truth, but they're not.

The beauty of truth

There is nothing more beautiful than truth. And we are the living truth, only in our negative states we are the living untruth, so we are as ugly as we can be.

And during your healing you sure feel ugly, particularly if your parents made you feel that way. And you feel ugly simply because you don't feel right, because you don't feel good.

But when you do start to feel the truth of yourself, you do start to feel good about yourself. However as you're doing your healing still, it's something of a double-edged sword, because no sooner do you like a part of yourself knowing it's now true and no longer false, you then have more of your true self with which to see more of your false untrue ugly evil self. And so it goes as you progress - as you grow in truth.

But there is nothing to compare with the truth. It is the comforter, it makes you feel so good, and so good about yourself. And as you grow in it you know you are living true to not only yourself - how God made you, but also to all of God's laws, all of Creation. And this too is a very pleasant feeling, knowing you are on the right track, that you are on your true path, and you are getting better.

And yet what is truth, and that is too hard to define. But as you work through all the parts each day, putting more of yourself under the microscope and seeing how you are, illuminating all the bad parts so you can express how you feel about them, slowly you become to appreciate it, and to know you need it, that it is your salvation.

So you know that uncovering the truth of yourself is all you need to do, and that you no longer need Jesus or anyone else (your mother and father) to come descending out of the heavens to love you, and to make things be how they should be for you to feel loved, good and happy. You know you can do all of that for yourself.

The Truth is Beauty and Goodness, and as we grow in it, so too do we manifest these major attributes of love. And by the time we've finished our healing, then we will be the living truth as are Mary and Jesus. And we will be able to be as they are, to feel all they feel. So we'll be able to know and relate personally to God as our Heavenly Parents. And we'll feel loved by Them. And we will love ourselves, loving ourselves in the right and true way, and not in the egotistically desperate way we do in our negative and unloving states.

And no matter what anyone says, truth can only come from our living true to our feelings - accepting and expressing them truly. We don't grow in truth from reading a book. We can only grow in truth from our experiences in life, but only when we're living in a positive mind and willed way.

We live in a rebellious truth-denying negative minded world. During our early childhood, our mind was made to turn our will against ourself, as reflected in the denial of so many

of our bad feelings. We don't want to feel bad and do all we can to avoid our bad feelings, however this only leads us into more self- and feeling-denial, all of which makes us feel increasingly ill-at-ease with ourselves. Many people are looking for answers, however they will not be truly found until you begin to look into the feelings you are denying, until you uncover their truth so you can be set free of your self-imprisonment. We can do all sorts of religious and spiritual practices, however, until you do your feeling- or soul-healing, nothing will truly make you happy. Divine Love Spirituality begins when you realise that all else you have tried has still left you feeling unsatisfied, unfulfilled and with more questions unanswered than you began with. When you are ready to give up; when you are truly ready to uncover the truth of yourself; when you are truly ready to embrace your personal relationship with your Mother and Father, then your true spirituality can begin.

Divine Love Spirituality encourages you to be free with God and NOT obedient to God. And this is vitally important and a huge difference compared to other religions and spiritual systems.

The Mother and Father are our loving soul Parents. They want us to experience all the love They have for us. They want us to feel good, happy, beautiful, true and free!

And They want us to live true to our selves - true to our feelings. They don't want us to be obedient to our beliefs - to our minds.

Paradise House

Paradise House is your soul. It is that indefinable part of you that contains the essence of all that is you. It is the 'house' and well-spring of your personality.

As we strive to ascend in truth to Paradise, the actual Home of our Mother and Father of Heaven, so too are we striving to live true to our soul, to live expressing our natural and self-love in harmony with Their Divine Love.

As you do your soul-healing and heal all your childhood repression, so too will you feel a greater sense of peace, security, fulfillment, and faith. From your heart you will begin to feel and express the perfection of Paradise. You will in effect become your own Paradise with a heart of truth, the Paradise House of your soul.

DLS is: contemporary - revelatory - insightful - informative - personal - liveable - true.

no ritual. no dogma. no middle-man. no lies. no untruth. no church. no bible.

DLS is not affiliated with any existing religion or spirituality.

Longing for the Divine Love, and Longing for the Truth.

Love – Divine Love; begets love – your love.

If you're searching for truth, and you're confused, and you just don't know, then try this:
Long to God - or just long with all your heart - to know the truth. Long whenever you can. Ask for the true way to the truth to be shown to you. And then see what you feel about things. And keep longing for truth. Want it more than anything else in your life. Long as sincerely as you can. Long for the truth and long to live true. And ask for help for you to achieve these things.

Divine Love Spirituality will help you uncover the whole truth of yourself. It will help you become self-revealing. You will reveal the truth to yourself through your feelings. But it might not completely appeal to you, yet. You may not be ready for it, because to fully live it means you will have to at some stage heal your childhood repression. And to uncover the truth of that will be quite harrowing. However, you don't need to start your healing just yet. You can read about DLS - and there certainly is a lot to read about it - and you can start longing for God's Divine Love. And of course, you can long for the Truth.

Growing in truth.

What is true and what is not true.

How do you know if you're growing in truth? How can you tell if you're not just believing with your mind that you are? How can you be sure that something is real and true and not false - how can you tell if you're being real and true, and not false?

Mostly our understanding of truth seems to be limited to: if we tell the truth and not a lie;

and if something rings true, or seems to be true, then it is true. If an authority says this is true, then we believe them, having been so heavily conditioned into believing your parents. We believe it to be true - so it is true. But our mind can't know what is true, because to KNOW what is really true, we need our feelings to tell us - to make us feel it is true, that we KNOW it is true. However with so many feelings based on untruth, it can also be hard to know what feelings to go with. But you don't have to worry about that, it all gets sorted out during your healing.

The only true way we can know we are growing in truth is through our feelings, they being all we've got to go on. Yet it's more than just 'feeling' something is true. It's getting to a point through our feelings that we know - with all of our being, inside about out, that something is true.

When you start doing your feeling- or soul-healing then you start to have a true relationship with truth - with yourself and with your feelings; and all through your feelings. It's something you have to experience to 'get a feel for'.

And by using your feelings, by looking to them, by bringing them up and fully allowing them be; to express them - allowing them to express themselves; to really allow yourself to FEEL them, and then to seek to uncover the truth of them, is the only way to grow in truth. Because the truth comes through this ongoing feeling acceptance.

And it has to be a whole process because we live actively denying so many of our feelings. If we didn't, then naturally as we felt and expressed them, the truth would come to us and we'd know by using our feelings as our guide what we felt to be real and true, or what we felt to be false and untrue.

By embracing your feeling- or soul-healing you start an inner process of actively growing in truth, and systematically, all being done through the feelings that come up during your life, you work your way along discovering what is the truth of yourself, nature and God. And it's an incredible process. It's hard to do as it goes against all that we have been made to be, going against all our negative self-denying programming and beliefs, but as it slowly happens it feels so good seeing the truth as it comes to you and then knowing it is then a part of how you are, how you are living and expressing yourself in life, that you don't want to stop.

And then you begin to understand all the truths Jesus and Mary have spoken about, and

you can easily see all other truth that might exist within things you read or come across in your life.

However to begin, it's right that you might feel confused about truth because we live in a world that is anti truth, so nothing other than the Padgett Messages and The Urantia Book can you rely on. And even within these two books, still not all the truth has been given to us, they having to stay confined in their revelations to only including the masculine aspect of truth. And everything else is a mish-mash of error with perhaps a smattering of truth. Everything else other than DLS.

No church. No Bible.

Divine Love Spirituality is based wholly on contemporary revelation. It doesn't involve, or have anything to do with the Bible or any existing Christian church. Or any other existing religion or spiritual system for that matter.

Both aspects of God revealed.

Now we can enjoy a full relationship with God. God being BOTH our Heavenly Mother and Father. Did you always wonder why God was only male? And did you wonder about the female part? Now thanks to both Mary and Jesus it all makes sense. Now we have the complete picture.

So we've had it all wrong.

We've been trying to find and live the truth with only one half of God. No wonder we haven't been able to make any sense of it - those of us who haven't been able to believe all the Bible says. Those of us who have been looking for more. Now it does make sense: we need to get to know Them BOTH!

But how do you stay true to your feelings? Ah, very difficult indeed whilst one is untrue. But to begin, one has to fully accept one is not true - then you're on your way. And keep accepting your not true - all the way through the healing of your untrue state.

The religion of self. Finding the truth of yourself - through your feelings.

The religion of truth. Uncovering the truth of yourself through your feelings. And living that truth.

The religion of light. Expressing your true soul-personality. Living true to yourself, true to your feelings.

The religion of untruth. All man-made beliefs that keep you bound up in your self- and feeling-denying state of mind and will. Throw off your religion of self-denial, and live true to yourself by honouring all your feelings.

We live truth-less lives.

And no amount of prayer, worship or meditation is going to change that.

Only by living true to our feelings can we become truly self-revealing.

Only by expressing our true selves can we uncover the truth of all we are.

Which is the truth of all we are feeling.

And then we will be growing happily in truth.

Did you know?

Mary Magdalene and Jesus are soul-mates!

Mary was not a whore. Nor did Jesus cast any demons out of her. She was a normal woman who became Jesus' 'most beloved' disciple ahead of the men apostles. However she couldn't live her true Creator or Daughter self; she couldn't stand up and be equal alongside Jesus because of how oppressed women were. She had to take her acceptable place. But now she comes as her full self with all she wants to say.

Truth, truth and more truth. Our soul thrives on truth. No truth and we're dying. To live

and be free we need to feed ourselves truth. Yet not from outside of ourselves, but directly from our soul. The truth we need to love ourself with and make ourselves feel good is already within our soul just waiting for us to honour and express our feelings, and so bring it out. Just think, it's all already all inside you - isn't God nice! You don't have to look to the outside at all if you don't feel you want to. You only need to look to your own feelings. Stay true to them, and you'll stay true to yourself - it's the only way. The only way to the Truth. And the only way to be True. Stay true to your feelings - AND KEEP GOING! And do your healing.

Be true to your feelings means: BE TRUE TO YOUR FEELINGS

What do you believe?

You are full of beliefs, about God and everything else. You may or may not believe in God, it doesn't matter, it's still beliefs.

And you can't live true to yourself if you are trying to live true to your beliefs. You can only live true to yourself if you live true to your feelings.

You can believe your beliefs are true, and some might be, but so what, what does that do for you.

You can believe in God, but what does that do for you? It only makes you live in your mind in accordance with what you believe.

And living only what you believe means you'll never grow in truth, because your beliefs will be in the way. Your mind will stop, control and so condition your feelings, all to suit itself - to suit your soul.

To grow in truth you need to live true your feelings. To live expressing them all. And if you don't, then your life is a lie. A delusion based on belief at the expense of your feelings.

Do you want to live the truth?

Yes, but how do you? It's done by living true to your feelings.

Which means you have to want to stop denying any feelings, particularly bad ones, allowing yourself to feel them all. Are you fed up with reading the same thing!!! Have you got the message yet!

And as you are feeling them, then you long for the truth of them. The truth of why you are feeling them: what they are trying to show you.

And if you have someone in your life you can speak and express all you feel to, then you do. You say what you feel to them, bringing yourself out. And by hearing yourself say what you feel you get closer to the truth of yourself.

And once you've expressed all your feelings, then you will see that truth - knowing - along with understanding, will come up in you. You will uncover, and so know, the truth of all you are feeling.

And once you are fully and freely expressing and uncovering the truth of all you feel, then you will be living true. Simple!

When anyone says they are looking for the truth, really they should be wanting to find the truth of themselves.

Believing verses knowing

Many people don't understand that there is a significant difference.

The church and other religious and spiritual systems say believe in us and all we say, and you'll be OK. Yet are you OK?

And how will you know if you never find out the truth for yourself. You'll only ever be doing what they tell you, just as it was when you were a kid, when your parents told you want to do and what to believe.

God is love

I can tell you that. Your religion can tell you that. The mailman can tell you that. Anyone can tell you that. And you can believe it. You can believe what you like. Yet how do you KNOW if it's true? How do you really know for yourself that God is love? And the only way you can know is by experiencing it for yourself, by FEELING it to be so. BY FEELING IT TO BE TRUE! And when you know it's true, then you live it - and that's the good part, it makes you feel you're right. And of course you can also choose to believe it. But then you believe it because you KNOW it to be true. Not because you were told to.

Love will conquer everything - but not without truth!

We believe: Oh yes, I know, but I've got to make it sound religiousy or no one will take any notice.

That we are children of a loving God, a child of our Heavenly Mother and Father.

That God is both our Mother and Father, our Soul Parents, the Ones who created our soul. They are One who are Two.

That for reasons we will discover one day, our loving Parents have started our lives off on an unloving, rejecting, self-denying, rebellious world.

That They want us to experience living in evil, but don't expect us to live and be it any longer than we want to.

That when we decide we've had enough of feeling bad, They will do all They can to help us find the truth of our unloving state, just as They did all They could to help us experience our self-denying state.

That our Mother and Father are freely offering us Their love – the Divine Love. And with Their Love we can heal our souls of our negative states.

That our Mother and Father are Divine and we incarnate in Their image, with a masculine and feminine side to us, and of natural or self-love. We do not begin our life in Creation already divine. We begin being of natural love with the soul potential to become as our Mother and Father are – Divine.

That to become divine, we can accept Their offer of love by longing sincerely with all our heart to Them for Their Divine Love. And if our longing is true They will give to our soul Their Divine Love. That Their Divine Love is conveyed into our soul by the Holy Spirit. And the Holy Spirit ONLY conveys Their Love doing nothing more.

That our soul, upon receiving Their Divine Love – AND ONLY IF WE ALLOW IT TO - can start to become divine.

That by becoming divine we (our soul) becomes of their essence – divine – changing from the mortal to the immortal.

That with our own minds we can inhibit the Divine Love from transforming our soul and helping us to become perfect as our Heavenly Parents are. Therefor choosing to stay in our negative self-denying states.

That our minds are conditioned and limited by their controlling negative states, a rebellious state passed by default to us from our parents.

That we live in a state of evil, self-denial: rebellion against ourselves, nature and God.

That the inner 'healing' transformation process brought about by partaking of the Divine Love is contingent upon our soul-healing.

That we need to actively do our soul-healing (which is inclusive of our feeling-healing) to heal our childhood repression, the legacy from our negative parenting. And in doing it we can heal all that is wrong within us on all levels. And to allow this process to take place we need to submit to our bad feelings, wanting to honour and accept them, allowing them to be: to express them and seek the truth of them. And if we are successful in this then our mind will gradually give up its negative control over us. And we will learn how to live with a positive mind and will, loving ourselves as we love others, all creatures and God.

That we can also heal our childhood repression without the inclusion of Divine Love, this

being called our Feeling-Healing. However we are forever limited to life of only a natural love state, not being able to ascend in truth to that of the divine Celestial level and beyond to Paradise.

That Mary Magdalene and Jesus are soul-mates, and they are the true revealer-teachers of the truths of Divine Love. It is their revelation we are striving to live and evolve in Divine Love Spirituality.

That we are all self-revealers, and to gain access to our own truth we must understand that our feelings are the key. First we have to live and fully understand through our feelings the truth of our negative mind and will state, before we can then move on to growing and evolving in truth under the supportive influences of a positive mind and will.

That we can live true to ourselves by longing to know the truth that we are, all of which will come to us as we live true to our feelings, both good and bad ones.

That living true to our feelings is also living true to God – and that is living and doing God's Will. That the truth when it comes will set us free: free to live with love, our love, and the Divine Love of our true Mother and Father.

If you think you can overcome all your doubts and fears with your mind, or by using certain spiritual practices, then one day you'll be in for a rude shock.

We are to learn through our feelings what life's all about, not what we believe it's all about.

Life won't - can't - make sense, until you're living true to your feelings.

And more truth

It's all about:

Finding the truth of yourself,
and all through your feelings.

The Truth of Divine Love

Sincerely wanting to live true - to yourself.

If you sincerely want to live true, your Indwelling Spirit together with your soul will make things difficult for you, all to make you feel bad; all so you can express such bad feelings to uncover the truth of them. The truth you are denying yourself.

If you partake of the Divine Love and sincerely long to be true - the truth of yourself, things should make you feel increasingly bad all so you can move deeper into expressing your childhood repression. Things should get worse for you, or not even so much as worse, but simply make you feel bad and so seem to get worse. Often things are bad and even very bad, but we do so many things to dismiss such bad feelings we delude ourselves that things are okay. So when you start to acknowledge your feelings and seek their truth having partaken of the Divine Love, then you'll start facing the true reality of what you are feeling, often feeling very bad indeed. What should NOT happen is you feel better about your life and yourself in life with things working for you so you can carry on in your evilness using the Divine Love to augment it. Were the Divine Love to magically remove all your sins and errors like many people believe it will through ardent prayer for it, then you'd fail to uncover the truth of yourself, that truth being what happened truly between you and your parents during your forming years.

If you are longing for the whole truth of yourself, then that includes the WHOLE truth from your first moment of conception. It's crucial that you see the whole truth of your relationship between your parents, grandparents, if they were influential in your early life, and anyone else who was. You have to first come to terms with these initial relationships understanding how they've prevented you from fully and truly expressing yourself - your whole personality, this being your ascent through the levels of truth equal to that of the Divine Love mansion worlds. If you do want to uncover and live the truth, but refuse to look into the whole truth of these early relationships by using your feelings to see, then you're never going to uncover such truth. Simply, we all have to find out - find the truth of, whether or not we were fully and truly loved by our people, and if not, what we feel about that and how it's negatively or unlovingly influenced us. How not being loved has made you become untrue, and so evil.

So if what you do, if what spiritual practices you do, DON'T make you feel bad, then they are only leading you further astray, further from yourself, deeper into your self and truth denial. If they do make you feel bad, then like all bad feelings you can truly help yourself by seeking to uncover the truth of why you're feeling bad by accepting, fully honouring and expressing these feelings.

Facts or Truth.

So many people say truth, when they mean facts. Facts of course being true, but in the context of ones spiritual growth and growing in truth, the truth is what you feel, all the other stuff of the mind are facts. The truth is not what you believe or think to be right or wrong, it is what is REALLY true, that being based on your TRUE feelings, and not feelings arising from erroneous belief. Facts are there, we can find them out with our minds. Truth comes to us through your feelings from our feeling-experiences. We can understand truth as fact, however it's when you FEEL the truth is when you know it to be true.

Many things talk about realising you have the truth within yourself, encouraging you to stop looking outside and look within. That all we are, is all we need to be to discover who we really are, all of which of course is true. So by trusting our inner wisdom (all the usual New Age stuff) we can access our inner knowing. And all we need do is listen to that inner guidance we all have and learn how to trust it. And it's all very well, but what it doesn't say is that the only real way to access our inner guidance and wisdom is through our feelings, and our bad ones at that. We've got to bring all the yuk out of us so we can unblock all our inner channels so we can know what to do through our feelings.

Beware the dangers of getting caught up in knowledge. Knowledge so far as helping you spiritually progress will only serve to keep you bound up in your negative mental state of mind and will. Ascension of truth is very different to transcending with knowledge, with the former focusing heavily and mostly on ones feelings, the latter on ones mind alone. We're already too fucked up with our minds stuffed full of shit from our parents, to then go on stuffing ever increasing amounts into our heads in the hope of it doing us some good. The only 'good' it does is add yet more self-denying layers, of what often is mostly rubbish and nothing to do with any truth, to ones already self-deluded mind.

There's actually nothing to learn, it's all already within you. We only have to reveal it to ourselves through our feelings, our understanding and knowing about things naturally unfolding as we go. It's not about learning truths and then trying to live them, it's living true to your feelings, growing in truth, and allow the truth of yourself at any given

moment freedom of expression.

Use your mind to progress up through the mind mansion worlds; your feelings, to move through to and ascend the Divine Love worlds.

What is life all about: We are supposed to be evil, then wake up and see the truth of how evil we are, then heal ourselves of it. And then after that, we're to keep living being true, good and of pure heart - always living true to our feelings, so always living true to ourselves and true to God.

We can only be born again or born anew through our feelings, and not actually by using our minds to change our evilness or negative state into being something not evil and positive. And we can only be 'born again' by uncovering the truth of our evilness, thereby becoming our true selves we've been keeping suppressed. We become born anew in our feelings, in the truth of who we really are, not literally as a baby again.

We're mistaking in believing we should be able to live life correctly, that being according to our evilness - having a career, good relationships, loving family. Even if doing these things feels good, it's still not right, because we're evil. So being a failure at such things and feeling rejected by the world is right, as you can't cope with the evil. We're deluded in thinking that we love one another, that our life is normal. If we live a normal successful life, it doesn't matter, because it's still all wrong. We have to stop and go the other way, out of our minds and into our feelings, all through the healing of our negative state and so the healing of our childhood repression.

Submitting to the leading of ones Indwelling Spirit, is doing your healing - it's the only way for us to begin our ascension. Your indwelling spirit will guide you as you submit to and express and seek the truth of - all your bad feelings.

The soul is the real and true you, and the rest of yourself has the choice of living true to it or not. We live centred in our experiential personality, our focus on experience, so which way do we choose, for or against ourselves: honouring and accepting all we are, all we feel; or, denying ourselves much of what we feel.

Our existential soul guides our experiential personality expression through our feelings. If we deny such feelings then we're not allowing our soul to guide us lovingly, so we live evilly and feel bad - unloved. If we choose or have such a choice made for us - as we all have - to deny our soul, then it will guide us down the path of darkness until we're ready to choose otherwise.

Jesus says I'm not God, it's not me being God who will save you. Long to God, They are your true Parents. It's from God you'll get all the love you didn't get from your parents. And once having connected with God, then start to look to yourself. Doing your healing is loving yourself, so saving yourself.

We are to choose: the way of feeling denial and untrue, the way of evil, to follow the Devil; or, the way of Truth, the way of our soul, the way of Mary and Jesus, the way of God.

'Truth' from the mind verses truth from feelings.

With our minds we believe things. At best we can say we believe something to be true, but we can't know it's true until we've experienced it for ourselves. And when we experience something being able to say we know one hundred percent that is true, then what we're really saying is we know it's true with our feelings - we feel it's true. And when we feel something to be true, there is no arguing against it, it's more substantial than a belief, it can't be interfered with or changed, it's a part of our reality - it's simply: true. Beliefs, however, can be changed.

A lot of people say they believe in the Bible, and so it must be true. It's true because they believe it's true, but there's a problem with that, because as it's only a belief, which can be changed, it might not be true. We can change our beliefs all day long, but we can't change our true feelings. But it's not as simple as that either.

What if your feelings aren't all they seem to be. What if your feelings are coming about as a result of what you believe. Or, saying it another way, what if your feelings are being influenced in some way by your beliefs. What if truly you feel bad about something that's

happened to you, however you don't allow yourself to feel bad, and instead you feel good, all because your beliefs are telling you that you should feel good instead of bad. And what if you were able to see that the feelings you're feeling are of themselves true, but they are being generated because of your beliefs, so are not truly what you would be feeling were your mind to stay out of it. What I mean is this.

Say you tripped over and felt bad, angry, hurt and upset, you also felt stupid. But then your mind takes over as it believes these are bad feelings to feel, so you say to yourself: no, I'm all right, I'm fine, there's nothing wrong me, in fact I even feel good about it. What if you're a child walking along with your parent and you trip over. You feel bad, and you start to cry. But your parent quickly comes to your aid, telling you you're all right, there's nothing to cry about, it doesn't hurt. And as your parent knows all and you don't want to feel hurt anymore, you quickly stop crying using your mind to believe what your parent is telling you, stopping yourself from feeling bad. And what if this pattern of behaviour then locks into place becoming part of you. So from then on, in each situation where a similar thing happens, you feel bad but quickly stop yourself from feeling that way, telling yourself you don't feel bad and so using your mind to make yourself feel good instead. So from then on you live out of touch with the reality of what you're actually going through. You have disconnected or disassociated a little from yourself. You are no longer able to trust your feelings. You might feel good in a situation but what's to say that the underlying truth you're not conscious of, is that you really feel bad. So what happens if all you believe to be true, turns out to be untrue. What if all the feelings you have about things are coming from a mind that is controlling you with erroneous beliefs. Confusing? It should be, and very disconcerting.

Adam and Eve partook of the Tree of Knowledge, which is they stopped living true to their feelings and started to rely too heavily on working out how to live with their minds. They were coerced away from their feelings, to disregard them, to use their minds instead, to work out what to do. They didn't stay true to themselves, to their own feelings, and so true to each other - their relationship. They separated within themselves allowing their minds to take over from their feelings. In the end they were two people living together but not together in their feeling expression, both off separately in their own minds, just how we live. And so all they then tried to do using their minds to make amends for their Default, only made things worse. They didn't just stop, do nothing, and strive to get back in touch with their true feelings.

As bizarre as it sounds, we really want to be perfectly evil, and we're striving as hard as we

can to achieve it. We want to be beyond reproach, which really means, to always be good in the eyes of our parents, all so they will give us the love we need from them, but which they are withholding. It's perfection based on our parenting, all we absorbed through our early childhood, and not perfection based on the truth. We are striving to be perfect so we're not punished. We're trying to rise above being a bad boy or bad girl. We're trying to prove to our parents that we are as they want us to be, which is really our own picture and not even that which our parents have. We live our picture in the hope they will love and accept us, but it never seems to be right, they still persist in being angry with us, so we have to keep amending our picture. As a child we try to gather up all the bits so we can do the right thing - be right, and good, but all in the eyes of our parents, society or what we're told is required of us, and even demanded by, God. We all have the natural urge to be perfect. Even as perfect as God is. It's just a pity that in our negative unaware states we're trying to live misplaced perfection. We're trying to perfect imperfection, that which is untrue, false and so evil. So of course we're never going to achieve it.

We should be growing in truth every day, and we should feel we are. We should be having insights, revelations, understanding coming to us as we express our feelings longing to know the truth of ourselves. And whilst we're in an evil condition, so it's right that every day we should see more about that condition as we come to know ourselves. We should receive insights, revelation and understanding about why we're imperfect, wrong, evil, negative, right the way along until we've healed it all.

We think we're saving ourselves from evil and yet all we do is evil.

Death and Dying

Death is to be loved, not hated

Death is not to be feared

Death is not evil

Death is good, not bad

Death is not for all time

Death is a whole new beginning

Death is something to look forward to

Death is not something to dread

Death is something to get excited about

Death is ends, new beginnings

Death is not the enemy, it's a friend. It's not to be feared, it's to be welcomed. It's not the end, it's a new beginning. There is nothing to fear in death itself, the Devil is not there awaiting your arrival, there to take your soul damming you to hell forever. And we don't die, get put in the ground to be forever eaten by worms, whilst awaiting the trumpet call and our resurrection. Our physical body disintegrates and we live on as a spirit in a spirit body, a new body free of all the physical afflictions and pain. And we don't just go into a nothing state, or suspended animation awaiting the angelic roll call, nor do we die and sit for eternity with God floating around somewhere in heaven. We die, awaken in spirit, are met by our loved ones who've already died, or friendly and loving spirits, who take us to our new place to live, show us around, wait for us to readjust to our new surroundings, and make us feel comfortable and right at home. The thing to fear about death is the possible pain you might experience leading up to it. However once you die, that all goes being replaced by good feelings. This applying to people who are reasonably self-aware, have some consciousness of life after death, and/or haven't caused other people or creatures to suffer or die.

God has given us the tools, the intelligence, not to conqueror death but to live in perfect harmony with nature, understanding that death is a vital part of the cycle - not something to be over come or postponed for as long as possible or eradicated altogether. Especially when it's only our physical that dies and we as spirits have eternal life.

Nature is life enhancing and maintaining. Death is NOT the destroyer, it's part of the cycle that keeps it all going. We try to conqueror death, do better than nature, improve on God's imperfection. And so for our cleverness and our belief that we know more and are better than God, we create flesh eating super-bugs resistant to our medicines, causing yet more agony during our inevitable death.

Death is not the final rejection. You're not being thrown away or cast out to the wolves. You're not being banished. It's not your greatest rejection - that's already happened being born to your parents. You do continue to exist.

Dying is getting on with your life, not stopping it.

God

God is Personality

Life is a Celebration of Personality - well, it's meant to be.

Personality is the expression of Soul

Soul expresses its personality in Creation

Creation is all about soul-personality expression

God is:

Soul

Personality

Light

Love

Truth

Spirit

Mind

God is all things. God is fully self-expressive. We're not.

Our problem is:

Our parents denied us our full personality expression

We live untrue, false lives of part-personality expression

We live denying truth

We live spiritually impoverished

We live making our mind have control over ourselves

We live denying our self, nature and God

We live lives devoid of truth and love: light

We live denying personality; we live denying all things.

We don't look for the personality in everything
We don't understand how important personality is
We desecrate nature: the personality expression of our world
We desecrate our own natures - we prevent our own personality expression

Evil is the destruction of personality
We live evilly by inhibiting our full personality expression

Personality is perfect
With our minds we can interfere with that perfection
Our soul- and feeling-healing is needed to regain our personality perfection

God is perfect - Perfect Personality. And so too should we be perfect

Personality is creative.
Personality is the well-spring of Creation.
Our personalities are the creative expression of us.
No personality expression - no creativity; no Creation.
We should be striving for true and perfect personality expression.

God is the perfect expression of Soul-Personality. God is our Mother and Father.
We need a mother and father unifying as one to produce us - to bring another soul-
personality into Creation.
We need the Mother and Father unified as ONE to express Themselves lovingly in
Creation, so that we feel loved.
Because we are Their children.
We are children of a loving Soul (God), a Soul (God) who is Both our Mother and Father.
We need to feel loved by BOTH our parents, not just our father or the Father.

We are of the image of God, of God who is both our Mother and Father.
We have both a masculine and feminine side to us. We don't have just the masculine.

The worlds religions deny the dual nature of Soul.

They deny God as being BOTH our Mother and Father.

God is just another word for Soul.

The Mother and Father are the personality expression of the One Great Soul that is God.

Until one embraces God as being both ones Soul Parents - ones Mother and Father, one will not be able to embrace both Jesus and Mary Magdalene as being ones true spiritual parents.

Until one embraces both Mary Magdalene and Jesus as ones true spiritual parents, one won't be able to fully embrace God as being both ones Soul-Parents, ones Heavenly Mother and Father.

And until one is living true to ones feelings, one can't embrace either. Let alone oneself!

We live denying personality expression, which is the cause of all our problems.

Living denying feelings, and so self, is a result of personality rejection.

Personality is more than "You've got a nice personality", it's ALL that you are.

And ALL of you needs to be perfectly expressed.

We are to be perfect - perfect expressions of our personality.

We are not to demand the other person or our children be perfectly how we want them to be.

We are instead, to love their unique expression of perfection.

To have the perfect relationship requires those involved to be perfectly expressing their personalities.

Our relationships with ourselves, each other, nature and God, are stuffed. We're trying to relate to each other as if we are perfect when we're imperfect. And so in our imperfect state our relationships are only 'good' because of heavy compromise, lots of bad feeling suppression and avoidance, falseness and fantasy. If we were to come out, to come clean - to be true, we'd not be able to relate at all.

Personality is unchanging - there is NO reincarnation

Personality is the one constant. It is unchanging. You will always be who you are, nothing will or can change that.

Our personality is the perfect expression of the truth we live. As we grow in truth, so too do we express more of our personality.

There is no reincarnation for ascending mortal souls - that which you are. Once you began your life on Earth your soul began to express its personality - you. The one half of its duality. According to 'The Urantia Book, only certain Descending Paradise Sons (and Daughters) of God can 'reincarnate'. The Avonals can apparently bestow themselves numerous times into the presence of humanity.

There is no wheel of rebirth to work through karma. All the 'karma' you create this life will be worked through when you do your soul- or feeling-healing.

All the Great Unknown within you, all that is unconscious, is merely all that you've since forgotten from your early life. And by doing your healing you will bring it all out. You will see it all. Nothing will remain hidden. You will know all of yourself, and be freely expressing such truth happily as you express every attribute of your personality.

And were reincarnation to exist, you would always reincarnate as the same sex, because you are that half of your soul's duality. I would always be male because that is a part of the truth of my personality. I could not incarnate as a woman, that would be for my soul-mate to do. So what would be the point of reincarnating only as one sex?

Reincarnation is believed by people and was created by people who don't understand the primary principles of personality. I was ALWAYS going to incarnate when I did, and be given the name James. It was 'written' in my soul. And as I grow in truth, I can feel and so know, that there is simply no need for me to lose consciousness being James and to reincarnate as someone called Jane or Matthew, even if I was still the same soul.

The truth you attain through the doing of your childhood repression healing, tells you that you are on your way to Paradise and there will be no going back, no need for any further experiences on Earth, as all you need to have experienced you will have done so by the time you die. Even if your life on Earth were to be a brief moment in the womb. You

can feel such truth through your soul-perceptions, when they become active through the doing of your soul-healing.

Personality is God's personal and unique gift to us.

Damaged personalities

We are very damaged personalities suffering from being unable to express ourselves how we wanted to when we were young.

Throughout our healing we are seeking to bring to light all those aspects of ourselves that have been prevented from being expressed. And we do this having first uncovered all the beliefs and behaviour within us that are blocking and resisting our natural self-expression.

As you will see, there are countless aspects of yourself that aren't functioning properly, all of which are inhibiting your ability to have good, fulfilling and successful relationships, and so a happy and enjoyable life.

Whilst we're being untrue to ourselves, we can't be as we are meant to be, so nothing about our lives should make us feel good, that which we find out the more we move deeper into healing our childhood repression.

And if things do make us feel good, then they do only relative to what made us feel good during our early life. But as to whether or not they do actually (so far as the truth is concerned) make us feel good, you will find out as you work through your yuk. And you may be greatly surprised, you may discover that many of the things that did make you feel good stop doing so as you progress in your healing, even to the point of making you feel bad, and making you wonder 'how on earth did they used to make me feel good'.

Unfortunately a lot of our good feelings are an illusion based on our false beliefs, but such things will only come to light if you do sincerely want to uncover the whole truth of yourself.

The complexities of personality are, as I'm sure you're aware, manifold, and to have to sift through them, moving up in truth through each circle, having to deal with why each mind and will circuit is not functioning as it should be, is very tedious at times; however it does show you just what growing in truth is all about, something far more involved and complex than simply trying to adhere to a handful of commandments, believing this to be the right way to conduct oneself in life.

To believe in such simplistic ways of living is being completely disrespectful to yourself, doing yourself a great disservice. Such religions and spiritual systems make a mockery of the truth, something which as you daily reveal to yourself, you come to love with get affection, warmth and respect. The truth being of course - yourself.

I repeat, as it's very important to understand:
Our unique personality is a gift from our loving Mother and Father.

New to God?

Having difficulties with the words Mother and Father, Jesus and Mary? Does it all sound too churchy, too religious; and you're afraid of what you might be getting yourself into? What new cult is this?

And what if you don't really know what you want, something within you is looking for answers – truth perhaps? - yet you don't know if it has anything to do with God. But here you are for some reason.

I have written this because this was how I was when I first read the Padgett Messages (as contained in the Angelic Revelations of Divine Truth), and I want it to show that you don't have to jump straight in and accept God as both your Mother and Father, or even Mary and Jesus, to begin Divine Love Spirituality. You can start off slowly, growing into it, if you do find something about it appealing.

I began my spiritual investigations in the New Age. Channeling. Allowing spirits to speak through you and communicating with them in general sparked my interest as I thought that maybe spirits might know more about spiritual matters than we do on Earth, they being 'closer' to God. I got involved in all sorts of things, with God being in the background but never the main focus. There was something – an Intelligence, going by such names as, Spirit, the Creator, All That Is, Universal Intelligence, God, Universal Mind, to name a few, but nothing concentrated specifically on getting to know It, as It wasn't referred to as a Personality, It was just... everywhere.

I was okay with It as the Creator, I could relate impersonally to God that way. God or the

Father reeked too much of religion, of the Church, and all that meaningless stuff I was subjected to at school. I hated it and wanted to keep well away from it.

Gradually, as I explored the East and West alternatives to mainstream religion, I answered some questions I had, but always seemed to have more.

Eventually my channeling interests led me to a book, the Angelic Revelations of Divine Truth, which my brother brought back to Australia from America. It included messages from Jesus and other Celestial spirits. And having read a lot of channeled material I thought, well, why not, I guess Jesus lives in spirit somewhere so perhaps it's possible he too could speak to us. So, urged on by my brother who was very enthusiastic about it, what became immediately clear was that Jesus was speaking very personally to Mr. James Padgett, who was receiving his messages in a very real and down to earth way. It wasn't Christian, nor churchy, and didn't include endless quotes from the Bible. It was Jesus speaking about how so many people have misquoted him, saying he said things that he didn't say at all. And, as I read the things he did say, they were all so practical and made sense, not like so many of the Bible quotes. There was no need to interpret them, what he said was all very straightforward, and a relief to finally read something that did make absolute sense, and was readily applicable to my life.

Reading Jesus' messages I began to understand that so much attributed to him, and what he supposedly said in the Bible, was wrong, was sheer nonsense, and made up by people not interested in finding and living the truth, but only wanting to use his and God's name to gain power, hence the manifestation of the Church.

So I decided to give what Jesus said about longing to God, his Heavenly Father, for His Love – the Divine Love; a love that is very different to our own natural love – a go. And as I longed, amazingly, I felt the Divine Love flowing into me just as Jesus said I would.

At this time however, I only just manage to accept this Jesus of the Padgett Messages, keeping him well away from anything to do with Jesus of the Church, but still I had difficulties with the word God, and definitely with Heavenly Father. I could long to the Creator for his Divine Love, but that was about it.

With time, the more I longed (I couldn't say 'prayed' – that too was too churchy), and the more sincerely I wanted the Divine Love, and with more reading and re-reading of the Padgett Messages, slowly I became more familiar and accepting of the words God and

Heavenly Father. I realised that they had nothing to do with the Church, the churches all being off on their own contrived mind-thing about the Bible, but had everything to do with helping me to find the truth of myself and to heal all my afflictions – the reasons for my unhappiness and fear.

After about three months, I remember I was taking a visualisation meditation group I had started prior to reading the Padgett Messages, and was now introducing the Divine Love and all Jesus and the Celestial spirits said to the group, when suddenly I found myself saying '... now let's all open our hearts and long to our Heavenly Father for His Divine Love'. And it felt good to say it! My relationship with God had suddenly changed! It was now much more personal. God was indeed my Heavenly Father – I just knew it - I could actually feel it. It felt right, just as later, when I was introduced to my Heavenly Mother, on 'meeting' Her, it also felt right. It felt very good to know God as my Heavenly Parents.

The important part for me, and what I want you to understand, is that ones relationship with God, like all relationships, is constantly evolving. You begin it impersonally (because we're living in such an impersonal way in our negative lives) and it moves deeper into the personal becoming more intimate as you get to know each other. Currently I am very happy with knowing God as my Mother and Father, and who knows, perhaps one day my relationship with Them will evolve even deeper to new levels of intimacy, and I will know Them by some other name that expresses all I feel about that. So for now, although it does sound churchy, the meanings behind the words and the feelings I feel have nothing to do with the Church.

I do consider DLS (Divine Love Spirituality) 'my' spirituality, and yes, I guess I would say it's my religion too; however, really what I am focused on is the TRUTH. That is what I want and what I want to live. And the wonderful thing is it comes to me, just as it will come to you, as you embark on the healing of your soul. I don't need to belong to a church, or to live a set of rules from a book. All the truth is revealed to me from within myself, as I live true to all my feelings. And I tell you, it couldn't be more simple. In our evil truth denying ways we've complicated everything so much, all just so as to make it sound impressive. Because if it didn't, we'd never give it the time of day, knowing it was all a load of shit.

So if you find that initially you might feel put off, daunted, intimidated by all the talk of the Mother and Father and Mary and Jesus, but you feel you like the idea about directly

receiving God's Divine Love into your soul, then I would suggest relating to God however you feel you want to, give longing for God's Love a go, and see what happens. And I assure you, you won't be getting yourself involved in any mysterious cult or half-baked spiritual system. Cults are for people who need to be told what to do. For people who are still little children needing to obey their parents, exactly as the Church demands of its followers. DLS is ONLY for the person who sincerely wants to find the truth of themselves, life and God, for and by themselves; and to heal themselves of feeling they still have to obey what someone else tells them to do. And if you don't want this, it won't appeal to you. And were you to do your soul-healing still wanting to gain personal power, such untrue motives would quickly be shown up and fail to work. And you can take my word for it - do that get shown up! - slammed in your face and making you feel like you've been hit over the head.

Like anything, DLS is what you will make it. We should all spiritually grow through and from our own endeavours of seeking to know the Truth, whilst partaking of God's Divine Love. God's love is currently being offered to us, so why not take God up on Their offer?

Living God's Will

Living God's will is living true to your feelings. If you're denying but one feeling you can't live truly God's will, as you're not living true to your own will. Our will expresses itself through our feelings, not through our mind.

We need a full and perfectly functioning will, so we can live God's Will. There is NO WAY we can live God's will whilst we're living denying God in our negative mind and will states. And we won't have a perfectly functioning will until we've healed the dysfunctional one we currently have, that dysfunction being imposed on us as we were made to live the will of our parents. You might feel you are living independently free of your parents influences, however, see what you think and feel about that as you do your healing.

You can't live God's will through your mind. Just because you believe in some religious or spiritual doctrine, and you do your best at living it, doesn't mean you're living God's will. And in fact it means the very opposite.

And even if you are actively longing for the Divine Love and receiving it into your soul, but are still not living true to ALL your feelings, you are still living denying God, so are not and cannot do, or be doing, His (Their) will.

Nature lives true to God's will, it doesn't have to think about how to do it.
It responds naturally to its feelings.

Finding God.

Until you've found the truth of the relationship you have with your parents, you can't find the truth of your relationship with God.

And,

Don't fall for it!

My mother and father are all loving, PROVIDED I'm good doing as they say and not bothering them. God is all loving, PROVIDED you obey the commandments and do as He says.

Hating God

It's all right to hate God.

You can hate God.

Nothing bad is going to happen to you if you do.

God is certainly not going to punish you.

All such fear only comes from your early life with your parents.

When we are very young our whole world and universe is our parents. Our parents are our gods. And we naturally believe they are right, even when they make us feel bad and unloved. And we do all we can to please them, we obey them, even if unwillingly we're forced to; and even still, we persist in believing they love us and want us. And unknowingly, we then attribute all how we are with our parents to God - our Heavenly Parents. And during our healing to uncover the truth of our relationship with our parents, so too do we come to understand just how much of our relationship with our parents we're projecting and transferring onto God. And then we come to realise how we can't have a true and loving relationship with God, even if God does love us, because we've got all our parents stuff in the way. So our ongoing healing clears this for us as we come to see what it's all about, and then our relationship with God becomes truer. Until finally one day, we have nothing further from our parents standing in the way of us and our Mother

and Father.

Sooner or later your feeling-healing is going to take you into understanding the truth of your relationship with God.

A God of Love...

We're told God is love. That God is all-loving, so loves us very much. And we want to believe this.

However God is also the one who is making us suffer, incarnating us into a negative world, making our parents mistreat us, causing our childhood repression. God is giving us all our bad feelings - our shit life. God is making all the bad things happen. God is not providing us with a happy, all-loving - everything couldn't be better - life.

God is causing all your pain, heartache, misery - sickness, and everything that's wrong within us. So what's really going on?

Or, a God of hate?

Is not this God of love actually a God of hate? - showing you quite clearly that He's not interested in you and doesn't have your best interests at heart.

If God were truly loving, then surely you'd feel loved and not hated and despised.

If God were truly loving, then surely He'd be protecting the environment and all the innocent all-loving creatures, instead of making us all behave evilly ruining everything for our own self-glory.

Surely if God was all-loving, things would be very different... wouldn't they?

Has God forsaken us?

So, has God forsaken us, and is it a lie that God is all-loving, when really God is the very Devil himself.

Or, is it that as yet we fail to understand the true loving nature of God and ourselves. And our experience of beginning life in the negative is a part of His/Their all-lovingness.

And is it that once we've healed all our childhood repression then we'll come to understand that truth of what's really going on, all because we'll finally be in a better, perfect state of self- and feeling-acceptance to know what love - true and real love, is.

So is it that whilst we're feeling like shit we need to express and accept all our bad feelings longing for the truth of them. And if we feel bad about God in any way, even if we hate and despise God or feel hated and despised by God, we should express all these bad feelings too.

The one thing that is for sure, is that we're all very confused, and so we should be, because living denying our self and feelings can only make us this way.

To hate God or not?

So if you're struggling with your relationship with God: should you love God or not; do you feel love for God or not; do you feel loved by God or not, then perhaps you should put it on hold for a time, and concentrate on doing your feeling-healing making sure you express EVERY bad feeling along the way. Including all your bad feelings about God.

God wants it this way. God wants you to suffer in life. God has brought you into this unloving negative world. God wants you to be evil. God wants you to experience evil. God wants you to uncover the truth of evil within yourself. God wants you to believe you are not evil. God sustains your evilness. God is putting you through it all - good and bad. God wants the evil to exist with the good. God is making you suffer. God is giving you all your pain. God is making you feel unloved. God wants it EXACTLY HOW IT IS, or else God would change it.

So accept it as God wants it. And if you no longer want to be of it, of your self- and feeling-denying negative, unloving and untrue state, then God will help you out of it, by helping you do your soul and feeling-healing. You only have to want to live true to yourself. God gives you the choice. God didn't give you any choice as a young child, but now as an adult you can choose. It's all God's way, and only the truth will show us why God wants it this way. And the truth DOES show you, it really does. But you've got to find it - the truth of yourself - through your feelings.

Whilst doing your healing, it's very important, that if ANY bad feelings about God come up, and especially if they are contrary to what you think or believe you should feel about God, make sure you bring them all out, expressing them as fully as you can. You may be surprised to feel you have feelings of hatred for God, but such feelings might be tucked away deep inside you. And if so, through your healing they will gradually come up as does all your yuk, anger and hatred. And it all needs to be fully recognised, fully spoken about, and the truth uncovered.

God is Hate

Accepting the Truth.

For us: God is Hate, not, God is Love.

God might still be love, as Jesus and Mary M tell us, however as we're in our negative, anti love, anti truth and so, anti God states, so God can't be for us a God of Love.

We can believe God is Love, but our feelings will tell us otherwise, because at the end of the day, or the bottom line is: who has subjected you to all your pain, who has made you suffer, who keeps you in it until you've healed yourself of it - God. Who gave you the unloving parents you have, who has even made you believe they are loving and you were loved by your parents; who has made you deny your bad feelings and kept you in your repressed childhood state; who wants you to know what experiencing evil feels like, and who wanted and made you turn against yourself and become untrue - God. It's all God.

Even if you blame Lucifer or the Devil, Satan perhaps, still, who created them? There is no escape from it, and because of that, all we can do is accept it, as hard as that might be to do.

When you feel God loves you. When you believe God loves you. When you desperately want to believe God loves you, to go against all of that and accept God hates you, that's very hard. But that's how you'll feel should you want to uncover the whole truth of yourself - the whole truth of your negative state.

And if you already feel God hates you, or you already hate God for whatever reasons but

are still wanting to find the truth of yourself, then it's into these bad feelings you'll have about God that you will find it, you'll still have to come to the full and deep understanding of why you feel hated by God and why you hate God.

This a huge thing, it's very big to declare because you feel it to be true: I hate God; God hates me; God is Hate.

Because along with such declarations will come: I hate myself, I hate my parents, I hate my life, I hate everyone and everything.

And to feel such feelings, to be this way, is what we're all trying to avoid.

The child doesn't want to hate its parents. It takes a hell of a lot of hatred from ones parents to make you know they really do hate you and to give up deluding yourself that they love you.

So many people suffer all sorts of cruelty, rejection and unloving treatment at the hands of their parents, and yet still they believe they love and are loved by their parents. So many books are full of horrendous accounts of what people have suffered because their parents didn't fully and truly love them, and yet they are still wanting their parents love, even believing secretly they are loved by them. If I am good, if I do these loving things, then surely my parents will show me they love me - won't they?

So many authors dedicate their work to their parents who loved them so much and who they love so much. Then you read on about all the bad things their parents did to them, the author obviously refusing to see and admit they were not loved by their parents. It's all too easy for us to create fantasy love, our being loved by fantasy parents, the good ones, and not the horrors our parents actually were - are.

And it's the same with God. We put all that on God. We fantasise God loves us because Jesus tells us He does. And yet look at your life, it's not working, it makes you feel bad, and that's why you're here reading these words. So does a loving God make His own children suffer so much, giving them parents who don't love them as they wanted to be loved?

We have to wake up to the truth of our feelings - what we really feel, irrespective of what

we might believe. And in time we're all going to feel God hates us and doesn't love us, because He's subjecting us to evil.

It's all wrong - how we see it, it's all around the wrong way.

Which is why we don't see it.

And when we do see it, it's only more bad feelings.

So who wants to feel worse than they already do... so who wants to see it.

Jesus said: God is Love. His experience was being loved completely by God, that's why he said it. And Jesus was perfect.

Jesus was talking about God to other perfect people and spirits in his and Mary's universe, people and spirits who like he and Mary were perfect and also felt God loved them.

And sure, he was telling us too, but we being in our evil states couldn't understand what he was saying, as our experience of God was not loving. Our experience was being made to feel bad by God. So we're not like Jesus, we can't be like he is, we're living on a different world or plane to him, our experience is one of self and feeling denial. We have been made to live untrue to ourselves, to go against Jesus and God.

And the gulf is too big, between us and Them, so that's why we've got to do our healing, to bridge that gap, but first we have to find out the whole truth of what it's like on our side, of how it is for us, and all through our feelings and not with our minds.

So we have to, for the time being, at least until we've finished our healing, put the notion of God being a loving God aside, and get on with accepting how we really feel God to be.

And once we've done that, once we've fully come to terms with our unloving states of mind and will; once we uncover the whole truth of our negative states; once we're healed and like Jesus - perfect, then perhaps we'll be able to relate to God as Jesus and Mary do, then we might know for ourselves that God is Love.

God is Hate completes the picture. Really it's obvious. How can it be any other way. How can we feel anything else when we are living in anti love states, all so desperately

pretending we are loving and do feel loved.
When we don't.

Until we come to terms with our feeling hated by God, we'll never set ourselves free of our evilness and negative state. Look at the Christians who are all so willing to die for their Great Love of God, and yet are they free, true and perfect. Have they healed themselves of their childhood repression. Are they treating their children with unconditional love.

They are living a fantasy love of God, one based on beliefs of their mind, often instilled in them when they were very young. And God might perform miracles, healing the sick and feeding the poor, yet is that healing our childhood repression and helping us come to understand the truth of our unloving relationship with our parents.

So a part of our evil state is for us to believe God is love and loving, then use that belief and all those good feelings to dismiss and hide and keep suppressed all our bad feelings. All those bad feelings that were we to liberate, would lead us to show the error of such beliefs, making us have to face the real truth: God is Hate. Because we feel hated by God.

If you feel loved by God, then you can look to uncover the truth of such loving feelings as you do your healing. It will be interesting to see what you find out about yourself.

So, can our Heavenly Mother and Father be Gods of Love and Hate?
And accepting God is Hate, it doesn't mean we can't still long to Them for Their Divine Love... and even love Them... and perhaps even feel loved a little by Them. It's all so confusing.

True to yourself and God

true to yourself

Being true to yourself IS being true to God.
And it's the ONLY way you can be true to God.

Being true to yourself

We are to be obedient to ourselves - true to our feelings, obedient to our feelings. We don't have to be obedient to anyone else, not our parents, not even to God in the incorrect way we use the word. We are to only be obedient to ourselves, our own truth, to live that truth truly. So you don't lie because you don't want to be untrue to yourself. It's not about lying because it's a sin against God who will punish you if you do. You don't lie because first and foremost it's going against yourself, it's being untrue so hurting yourself. And if you are untrue to yourself, then so too are you untrue to God. So when you're untrue to yourself you feel bad, your bad feelings being there to show you that you're not being right, and giving you the chance to find out why you're feeling them by expressing and wanting to uncover the truth of them. And when you do, then you can see where you've gone wrong, that being where you've gone against yourself, or where you've been disobedient to your truth, and can stop being so. Our feelings are there to keep us going in the right direction, so show us when we stray from the truth of being true to ourselves. However, as mostly we've been led so astray, and we're so untrue because of our unloving childhoods, our feelings are not always coming from truth, being generated if you like by our corrupt minds. But still to fix this problem the same principle applies, they are still feelings, and we can still strive to express them and uncover the truth of why we're feeling them, which will then show up the places where we're allowing and even demanding our mind to have such control over us. Express all feelings and long to know the truth of them, and slowly you'll be led to living true to yourself, and of course, true to God.

Living untrue is not a sin against God as such, but a sin against yourself. It's not hurting God, but it is hurting yourself. And it's not God's forgiveness one need seek but forgiveness of oneself, which comes as you express all the bad feelings and start to uncover the reasons why you are doing the unloving things to yourself. As the truth comes, you start to feel more caring and sorry for yourself. You start to see why you're in such a wrong, evil and terrible state. You start to understand, it does all make sense, and then it's not so much about forgiveness, but acceptance. Through self-acceptance, and that's true self-acceptance, all through your feelings and their expression, and not by using your mind pretending and believing you are being forgiving, that you come to accept all of yourself, all how good and bad you are. And you wake to understanding, and better still, feeling, it's all okay, it's all how you're meant to be. But of course all the bad things you won't want to be, and so will no longer be, as you fully accept yourself being them. Once you see the whole truth of why you are bad, then you'll no longer be bad, you'll no longer

be that bad person and will no longer feel bad.

We are to always maintain the focus on ourselves. Of course we can pray and long to be with God, focusing our desire to be at one with God and long for God's Divine Love, but always must we also and first ensure that we're fully focused on our feelings all the time, and not just putting them aside in preference for being with God. And often your feelings will make you focus on some other aspect of yourself or something else other than God, so we need to keep honouring them, accepting we have them, going with them, expressing them and seeking the truth of them. And even if it takes us seemingly forever to get our focus truly on God because our feelings seem to always get in the way making us feel we want to do other things, then that's where we've got to go first. We've got to bring out all the hidden repressed feeling stuff within us, and gradually we find as that leaves and is resolved within us, that we then stay naturally attuned and focused on ourself - our feelings, with our feelings leading us to focusing on God.

We are not to jump over our feelings with our mind at any time. Our minds are conditioned so that we should be this way and that, do this and that, should and shouldn't, and mostly all to keep our true feelings suppressed, to stop them interfering with it, with our mind and beliefs being the important things. So when you start to honour your feelings preferring to go with them instead, they will very quickly bring into conflict with your mind, and then the hard work starts. Then to stay with your feelings you have to start speaking about them all with the desire to uncover the truth of what they are there to show you, a lot of which will be about how your mind is preventing you from following them.

We are not to follow Jesus as such, we're to follow our feelings. And if we live absolutely true to our feelings then we'll be living as Jesus does, as he did on Earth, and so we'll be doing as he does. Jesus and Mary Magdalene live true to their feelings, and so that's what we're meant to do. Only the Evil Ones have said no, you can't do that, you have to live true to us, and our minds have taken over trying to be obedient to those who will lead us astray - away from our true self. And our parents have taken over from the spirit Evil Ones. So unknowingly our parents led us away from ourselves and we then carry on the good works, but in the end it makes us feel bad. And so it's back to accepting our bad feelings and using them to guide us back to the truth of ourselves - our true self.

We go around and around trying to work out what's the best thing to do, how should we be, driving ourselves into a state of frustration, anger and then complete resignation of 'I

don't know'. And it's all good so long as you're expressing all your feelings along the way and longing to uncover the truth of them. And in the end it doesn't matter what the outcome is, because as you will feel, the only thing one needs to do is keep going expressing and seeking the truth of ones feelings. It's all ONLY about your feelings. Your mind will come along sorting things out and putting things into place, but all so long as your feelings are first.

Being true to God

It's not about doing things to be true to God, to do God's will: praying to Jesus, meditating, thinking and believing the right things, doing good works or whatever, it's simply about becoming true to our own soul, for when we are, then naturally we're also true to God, and so living God's will. So we don't need to understand the Bible, the Urantia Book or anything else trying to live the correct way according to what someone or something else says, we just have to live true to our own feelings. And to achieve that, means doing your healing. We don't need someone else to tell us how to be, we only need to live true to our soul, to the feelings that come from it; true to ourselves, for we are the 'living book of truth'. However, as we were made to leave ourselves, we have to work to come back to ourselves. We're not meant to come back to God, we're meant to come back to ourselves where God is. We are not God, but we are a soul and if we live true to it, then we're living true to He and She who created our soul.

It's our feelings that help us express our personality in Creation, thereby expanding and evolving our experiences of truth. Beliefs can interfere with and retard our feeling experience, limiting out personality growth. Our lives are all about our personality growth, and living true to our feelings ensures we maximise such growth. How we live in evil limits our personality expansion and growth as we're not growing in truth. And so we limit our feeling expression by denying so many of them.

It's all very simple,
at least to understand:
Live true to yourself,
which means,
true to your feelings.

And you'll be living the highest and truest spiritual path you can.

All else involves living untrue to yourself because you are denying your feelings in some way.

And will only keep you from your true path.

Living God's Will

Live true to yourself and you ARE living God's will.

Follow your Feelings

Our way is $A+B = C$, it all being done with our minds.

The Mother and Father's way is: Follow your Feelings.

We don't have to work it all out, there is no right and wrong according to our minds.

There is only right, that being living true to our feelings, always expressing all we feel, good and bad feelings.

And always seeking the truth of such feelings.

When we truly honour our feelings, then we naturally live the right way - our true way.

And which is also, the Mother and Father's way.

Mother and Father, please release me from the bondage my parents put me in.

Mother and Father, please help me bring up all my repressed bad feelings and see the the truth of them.

Mother and Father, please fill my soul with Your Divine Love.

It's as simple as that!

Yeah right, if only it were that simple to live true to yourself.

Evil

Evil is the destruction of personality.

Evil prevents true personality expression.

Evil prevents the true and full expression of ones soul.

Evil is conditional; true love - unconditional.

However, apparently, even evil deserves the right to exist.

We are evil by default.

Our parents and carers didn't mean to treat us badly. They just couldn't help it. In their love for us, they didn't understand what they were doing to us, how they were harming and hurting us. And mostly neither did we, their children. But they did, as they didn't - because they couldn't - love us unconditionally. When parents truly love their children unconditionally, then there will be no more evil.

There is no evil monster out there, no Satan or the Devil. It's all within us, we are the Evil Ones. We are unloving to ourselves by refusing to accept and acknowledge all our feelings, by denying parts of ourselves, by being conditional in our self-love, even if we believe we're being unconditional. And how we treat ourselves is how we treat others, it can't be any other way.

Our life begins as an investigation of evil, by being it - and, whether we like it or not. Evil is not what it seems, it's not the truth, it's the wrong way. And as obvious as this might seem, still, it's not stopped any of us from merrily carrying on in our evilness whilst mistakenly believing we're good, loving and true. We say: that person is evil, we're not; he's the bad one, we're the good one; he's doing all those horrible, evil things, we're not - we're law abiding, we're God loving. But the bad news is - we're all evil, just different expressions of it.

Being Evil

If we deliberately hurt anyone or any other creature, then we're being evil and will be punished accordingly upon our arrival in spirit, that punishment being bought about by our confinement in one of the hell planes in which we experience all the pain we've inflicted deliberately on the other person.

If we do bad things unknowingly, and so by default because of how we are, how we've been made to be during our early lives, then we won't have to be confined to a hell upon death, but will have to work our way through such pain, that which we have inadvertently and often without having any idea that we have caused it, as we do our healing.

If we hurt and cause pain, interfering with another's will deliberately and with 'evil intent', then we're living true to the Rebellion, as it was the deliberate evil intent of the rebelling spirits – The Evil Ones, who imposed their wills upon humanity and Adam and Eve. And if we hurt but unintentionally, even unknowingly, then we're living true to the Default, as Adam and Eve unintentionally defaulted, they didn't wilfully join the Rebellion.

But either way we're still evil. One way not as evil as the other.

Evil has to put on a good show, because if it doesn't, it fears no one would take any notice of it.

Evil is not something that's trying to get us, we are it - it got us well and truly at conception.

The evil is lies.

Evil says it's good, but it's not good, yet we're made to be dependent on it - forced to believe it is right. However thankfully in the end it shows its true colours, as it can't do anything else. Because it's wrong.

Evil controls, pretending to be helpful, seeking power by being conditional.
Love ensures freedom, not needing false-power, being unconditional.

It's not what's on the surface that counts: the deceptive face of evil; it's what's going on deeper within where the real truth lies.

Evil is the denial of truth.

In our negative truth-denying states, we can't be true, only evil.

Anti truth, that is what our world and lives are all about. Evil.

Our lives are false; how can they be anything else when we are evil.

The first commandment: Thou shalt keep the false front up at all times. And nothing else matters.

Jesus was on the cross for three days, we're on our cross from conception through to the Celestial level of truth.

Evil is the destruction of personality. To stop true and full personality expression is to be evil. And for us to deny ourselves expression but one feeling, we are denying ourselves our full and true personality expression, and so we are evil.

Evil is not some evil monster or spirit that's out there trying to get you, trying to turn you

away from what is good, trying to make you into a sinner. Evil is simply when you are denying any aspect of your personality, and so not fully and truly expressing yourself. And the sad fact is we've all been conceived by parents that are denying many aspects of their personality, as seen by the number of bad feelings they refuse to fully acknowledge and so express and seek the truth of. So there's not point accusing someone else of being evil just because they are not behaving as you believe is the right way to behave, because you're just as evil yourself. We've all been conceived into evil, so we're all living untrue, deny many bad feelings. We're all in the same boat of evilness, only expressing our it differently. We're all uniquely evil.

And it's not until we want to uncover the whole truth of our evilness that we'll be healed of it. We can't keep going pretending we're not evil, trying to block out or override all our bad parts using our mind and believing we're good. We have to stop being false, wake up to our negative state of mind and will, accept it, and start to honour and accept and so express all those bad feelings and aspects of ourselves we so dread and want to keep locked away in our inner closet. And we have to use our feelings to help us FEEL what being evil feels like, all so we can then know for ourselves if indeed we enjoy being evil, if it does make us feel good or bad. And if bad, then to decide that we no longer want to feel and be that way. And then wait for God to change us, as we can't change ourselves, we can't actually change ourselves from being evil to being good. We can only keep on accepting and seeing the truth of our evilness, accepting and connecting with all the feelings and emotions being evil makes us feel. So we have to first allow ourselves our full evilness before we will be healed of it. But that doesn't mean we have to then go around raping and pillaging, murdering and being as evil as we can, it only means we are to fully accept what feeling evil and so bad makes us feel (as being evil does make you feel bad), and not do anything to stop ourselves feeling so bad. And when you do this, you do feel bad, very bad, very, very, very, the most bad you could ever possibly believe you could feel, and then bad some more. And the worse you feel the less you want to be bad, and that's all we can do, just keep expressing how feeling so bad and being so bad makes us feel - and longing for the truth of such feelings. That is how we do our healing, how we come to uncover and then accept the full truth of our evilness. And when we know how truly evil we are, because we feel it, then God will change us, remove our evilness and make us good - as if we've been born anew. God wants us to see the truth of evil - to feel it, the truth of our evilness, because that's why the Mother and Father have subjected us to evil and made us become of it.

And why have our Mother and Father who love us so much subjected us Their own children to evil, making us become evil and live in such hell... That being what we will know once we're living true to our evilness and become healed of it.

What is being evil?

It's simply living untrue to yourself. And how you know you're living untrue to yourself is by denying any feelings. If you stop yourself in any way from accepting all you feel, and expressing what you're feeling to see the truth of such feelings, then you're living untrue to yourself, nature and God, and so are evil. All the things people do that we say are evil, are all only the result of people living untrue to themselves.

How are we evil?

We're evil because we are not unconditionally and so truly loving of ourselves. We've been made to use our mind to control our feelings, and that is very bad as we're then not free to fully express ourselves. And it's for each of us to look into ourselves to uncover the truth of our relationship with ourselves - what we do with our mind to control our feelings, so see how we're denying ourselves and so being evil.

Why are we evil?

Our parents and carers during our forming years made us be evil, as their parents made them be evil. We are not living true, so we're not fully and freely loving, with such unloving and negative influences causing us as children to deny ourselves becoming as our parents are - our parents denying themselves, their feelings. In the bigger picture, higher spirits that were overseeing humanity rebelled against God, and so made humanity follow them by using our minds to turn us away from our true feelings.

What is evil?

Technically it is living with our mind and will circuits in the negative, or going against ourselves. It is all that is untrue. It is all that exists rebelling against all that is true - ourselves, nature and God. And as the whole of humanity is living in this condition of mind and will, so we're all evil. Which is why we need to do our Feeling- or Soul-Healing. Why we need to look to our feelings to help us see how we're denying them - how we're denying these aspects of ourself.

Is evil bad?

It sure feels bad being bad and being subjected to it. And it seems on the surface that it's

bad. However one has to accept that as bad as it might be, still it's all apart of God's creation, God is wanting it to exist - God wants us to be evil. And so God being all-loving, yet making us be evil... does that still mean evil is bad, or is it just a part of love we don't as yet understand. And with everything being of love, even no-love and evilness, is it possible that really there is no bad?

How can you heal your evilness?

By doing your healing. By coming to understand that you are evil; how and why you are, how you've taken it on from your parents and early carers. And doing it all through your feelings. So looking to your feelings, and especially the ones you are denying, to show you how wrong you are, and how it makes you feel by being evil. And when you see it all, all God wants you to see, then God will change you, and you'll no longer be living untrue to yourself, no longer being evil.

We are evil, we are not love

We say we love God, yet how can we when we are unloving

We are lying to ourselves, pretending we are good, right and true

We are deceitful, deceiving ourselves as we were deceived

And we need to come clean

We need to admit that we are not as we believe and pretend we are

We are bad

We are the evil ones

We are not loving

We are not love

We don't love

We only fantasise and pretend that we do

Because how can one who is evil and so all concerned about denying love, be loving

And we have no idea about the truth of the unloving state we're in

And that is what you uncover as you do your Feeling- or Soul-Healing

As you heal your evilness and become truly loving.

Evil is the suppression and death of personality expression

It is forcing the mind to suppress and control feelings

It is our ongoing rejection and denial of our bad feelings

It is our ongoing rejection and denial of our true feeling-self

And it is why we keep feeling bad

And why bad things keep happening to us

And it was all done to us during our forming years

The Evil One's were our parents, and now we're the evil ones too
So at least we're all in it together
So we can say we love one another

We love each other being evil
We love being evil

That's how corrupted we are in our evilness
It's a very sad state of affairs

So it's right that we feel bad
Because how can you feel good when you're evil

Nature

Nature is the personality expression of Earth
And what could be more gorgeous than nature.

our little friends

Goldfish in a bowl

Don't be cruel to your goldfish in its bowl. Make sure it has enough oxygen to breathe in the water. Add a 'bubbler'. If it's making sucking feeding noises on the surface of the water it doesn't necessarily mean it's wanting to be fed, even though goldfish are always wanting to be fed; it might mean it's actually gasping for breath, trying to get more oxygen out of the surface water.

Turned away from ourselves

Turned away from nature

We've been turned away from our true self, made to be untrue. So we relate untruly to everything. We can't see, love, appreciate and adore nature for what it is, as we can't see those same qualities in ourselves, having been made to deny them.

We've been treated as a nuisance, something that's in the way, and something (not even a

someone) that should either change itself and fit in, or go away. But where could we go away to, and how could we anyway when we were young, so we had to stay and obey our rulers, turning progressively against ourselves.

And if you don't feel you have turned against yourself, if you don't feel you are living untrue, then you have a serious problem because you are hiding a lot of bad feelings from yourself. And if you happen to be the most loved person in the world, feeling the best anyone can feel, still, because of your having been born into an untrue and unloving evil humanity, somewhere inside you will be such bad feelings. We are all of it, and there is no escape.

So how can we love nature truly, seeing it for the beauty it is, loving it unconditionally, and not seeing its existence as nothing more than something we can do whatever we please to. And no matter how much you might love nature, even if you love and appreciate it more than anything else in the whole world, still, whilst you remain in your feeling-denying and untrue state, still, you'll not be loving it truly - as true as you would if you were living true to yourself.

We live in the abomination we call our man-made world doing all we do without seeing how unloving and uncaring we are being, because we are blind to our own state. We aren't aware of our denial and the extent of it. In no way can we fully value ourselves, so in no way can we fully value nature.

And it goes much further than trying to conserve a few bits of remnant forest and trying to save a few species from extinction. It goes right to the heart of the matter, right to the core of our being, what we are and how we should be. And it requires us to live true, to be able to fully express all that we are without any self-denial, before we can understand the extent of our problem and then work out how to go about fixing it.

And we can run around all day long planting new trees, or tagging and observing the birds and animals so we can understand them scientifically better, but it won't do any good, for what we need to do is stop, come back to and accept our lost and untrue selves, and seek to understand the truth of why we are in a negative state in the first place.

It's a personal rectification that needs to take place, from which the rectification of all else will come. Not trying to do it the other way around, as that only allows all the bad to keep going, only just going in a slightly direction - but still going.

When we truly love ourselves, then we'll truly love nature.

The more we fear ourselves, the more we fear nature; and the more we fear nature, the more nature fears us.

Contrary to what many of us believe, nature is not there for us to do whatever we like with. Nature is there to be loved. And if we truly loved it, as we truly loved ourselves, what we'd do with nature would be what we did with ourselves.

We treat nature, as we treat our children - as we treat ourselves.

Nature is NOT the enemy - your parents are, together with your evil negative self-denying state. Nature doesn't parent to make its children dependent.

The trees and creatures are my friends, not my family. I am distraught, as yet another of my friends is chopped down - one less friend. It's a pity people and my family are not chopped down so as to rid the world of all that's wrong, all that aren't my friends.

Aspire to be as perfect as nature; desire to live true to your feelings - to be of such natural perfection. Seek the truth of your soul through your feelings, and you'll be at one with nature - with your own nature.

Nature is the manifestation of the Divine Minister (the 'daughter' of the God of Mind and Spirit - the Infinite Spirit Daughter) on our world. Nature is our true example of perfection of mind. Nature is not expressing soul-personality like we are, but 'mind-personality', hence its limitations compared to us so far as being able to grow in truth through feelings. Nature, like a true mind, is self-less, unconditional - all accepting and all loving. It doesn't interfere with our true nature, only when we are wrong; and only then to help show us that we're not living true.

Nature reflects the evolution of relationships

In nature we witness the evolution of relationships. Everything that is living is relating in ever increasing complexity; with ourselves, the product of such natural evolution, being capable of having the most complex and intricate personal relationships.

And to enjoy such complexities, we need to love ourselves and each other; we need to always feel good about everything we do and everything that's done to us. And in doing so, would love and never do bad things to nature. Something we don't know how to do on our world because we are not of such love.

The way to live getting the most out of relationship experiences is to fully and freely express all of your personality, every aspect of yourself, so every feeling, thought and action you feel to do. And much of this interaction is done by speaking.

So to grow up in a family world that doesn't allow you to fully and freely express all of your emerging personality, means you can't fully enjoy your relationship experiences. When the little child is crying because its parents are being mean to it, it's not enjoying its relationship with them. It's hating it. And this is going against evolution, going against nature, the true nature of that little person.

And in that moment that little child is being stopped from expressing its personality fully and freely, this causing much damage to it, retarding its evolution, thwarting its natural growth of truth. And it causes many bad feelings, most of which it is also not allowed to express. And with this level of self-denial imposed on it, it will become a feeling-repressed child, hence: childhood repression.

To deny natural evolution is evil. To deny true and free personality expression is wrong. How we parent doesn't make the child feel good. And as children we all know we were treated badly by our parents at some point, we were all punished or deprived, because we were 'bad'. None of us were allowed to be truly free. And yet we persist in failing to understand the significance of this. And we wonder why it's so hard to have good relationships, and why they so often fail.

And yet how can we have a decent, true and loving relationship when everything we do, all we are, is weighted against it. When at best all we do is make something of a comfortable fit together based on numerous fantasies we're not even aware we have. Then have children, use and abuse them, all under the guise of 'love'.

And a love that is false. A love that isn't a celebration of our full nature - of our full personality expression.

You might believe you love nature, you might believe you love your pet, however whilst you continue to remain in your negative state, so too will you continue to live deluding yourself about love. It can't be any other way.

Jesus lived true to his nature, he even allowed the evil ones (those people living untrue to their true natures) to have power over him. Nature lives true to itself. It allows us, all of us living untrue to our true natures, to have power over it.

It's humanity's destiny to live in peace, love and harmony with nature, this coming to fruition ONLY when we live that way within ourselves.

Oh but to live in a world of no fear, a world in which we only love ourselves and love all creatures... Oh but what a nice dream it is to have.

A plea from nature:
please be kind to us, please treat us lovingly.

If we could only love our true nature, then we'd love all nature.

The House of Nature

When we visit a friend's house, do we enter and start re-organising it to how we want it to be? Do we rip down walls, throw things out we don't like, bring in new things? No, we don't. We wouldn't dream of it. We'd be punished for doing so. It wouldn't be tolerated by anyone. And yet we come into the House of Nature and all but destroy it, believing - because the Bible tells us so - that it's our right, that nature is there for us to do with - to use and abuse - as we please. That nature only exists for us.

Mostly we see it's our nature to progress - to materially progress using nature. We fail to

see that real progress should be of a spiritual nature, and that being of truth. We should always be growing in truth, then our relationship with nature would be true, loving and not abusive and traumatic. Then we'd be progressing through ascension of truth and not living as we do in our self-serving self-denying states of mind.

If we lived growing in truth we'd respect, love and appreciate the nature of ourselves, which we are currently denying. We are of nature but also separate from it. We have a different purpose. We begin of natural love then progress to becoming divine. Nature exists to express the natural perfection of truth and beauty, and is therefore always good.

If we were living the perfection of truth, so too would we be good, true and beautiful. Nature is:

All-loving; all-giving; all-accepting.

It gives itself to us totally unconditionally.

It asks for nothing in return.

It longs to be loved.

And onto the world we come - men and women. And what do we do? Abuse it, use it, treat it without respect.

And what should we do with nature? Love it.

We destroy nature because we feel so powerless, and it's one thing we can easily have power over. We destroy nature because our parents destroyed our nature. We destroy nature because our parents made us feel powerless, as they could easily have power over us. So we fail to love and appreciate nature, seeing it for what it truly is, because we fail to love and appreciate ourselves, seeing us to be of the same glory as is nature.

Ascending to Paradise

We exist to ascend to Paradise growing in truth, with the first stage being our short stay on Earth. Our goal is to live as nature does: unconditional self and feeling acceptance. We are not meant to be conditional, power-seeking and controlling. We are only that way because we're starting off on a negative footing - we're going the wrong way. But as we heal our self-denying state, so too will we stop denying nature. As we come to be all-loving; as we progress healing our childhood repression, then so too will we love all nature. We'll love our own nature as we love the world's nature. And then we'll cease being the ugly evil blight on Earth that we are.

We are nature

We've evolved from nature; we are still nature - we have natures.

If we were loving and true, if we had not been turned against our own loving natures and made unloving, then we'd love all nature around us, as we'd love our own nature.

Living being self-denying is destroying our own nature. We are self-annihilating. We are destroying ourselves by doing all we do in the misguided belief that we are loving ourselves, that all we do is making us feel good.

We destroy nature because we feel no true love for ourselves. And we destroy our children, because they being more true to nature, we must use to feel good. And worst of all: we hate nature and we hate our children, as we hate ourselves. We don't provide a world in which nature can be safe in; we don't provide a world that offers loving support to our children. We don't love nature or our children, because we don't love ourselves. So we don't have nature or children for themselves, only what we can get from them.

We use children and nature to make ourselves feel better, to give us power, to try and get the love we feel so deprived of.

So when we can love ourselves truly - if such a thing is possible - then we'll be able to truly and freely love nature and all children - even our own. And then we'll be free. Then we'll be true. Then we'll be truly loving. And then we can stop living the lie.

Expressing its personality

The tree is not fighting an eternal battle against the forces of evil that are trying to consume and destroy it. The eucalypt for example doesn't create poisons in its leaves to ward off all invaders.

It welcomes and relishes all who seek to partake of its abundance, its poisonous toxins produced only to keep unwanted partakers away. It selectively wants certain insects and creatures to eat it. It's a huge source of giving: of love, of food and shelter for all.

And it has to keep the unwanted away, as those insects and creatures would not allow the tree to freely express itself as it desires to. Whereas the wanted insects and creatures help

it to.

Not only is DLS an environmentally friendly spirituality, it is the only one that truly honours nature - nature itself, and our nature. And the further you progress in your soul-healing - the more true to your feelings you become - the more you will stop denying nature and love and appreciate it for all it is; just as you will stop denying yourself and love and appreciate yourself for all you are.

A Green Spirituality

As you strive to heal your repressed childhood negative state of mind and will, progressively you will become nature loving, 'green', a conservationist, on the side of nature, anti evil people, anti 'progress', anti all we call good and the right way to live. As you give up your false unloving self, you will lower your 'footprint' increasingly giving up all the energy consuming things you use and have for power; and what you call enjoyment, things you have and only do because you feel so bereft of love.

And once the TV goes out the window and all the rest of the things you thought you couldn't live without; and once you start to get into understanding that life is really about living true to all you feel - and that begins with and ends in relationships, then you will start to get in touch with your true nature, that which has been denied you by your parents, and the evil nature-destroying society and world we've made for ourselves.

Your parents hated the true and real you. Had they actually loved you they wouldn't have interfered with your true natural self, your true nature, stopping you from freely expressing yourself as you would have. They made you change yourself into the false, fantasy-ridden, delusional, feeling and self-denying person that you are. They distorted your way of seeing things, they stopped you from uncovering the truth for yourself about yourself, nature and God, by imposing their beliefs, behaviour and standards on you.

So you were made to destroy your own true nature, and can therefore only destroy all else that is good, true and beautiful, that being the nature around you. And even though you might not be going out actively chopping down trees and using little creatures to experiment on, still you are living untrue to nature by living untrue to yourself - your own nature. And the truth of this you will see as you uncover the truth of your negative

unloving state through the healing of your childhood repression. And as you do, you'll feel really bad at just how nature-destroying you are, as all the bad things you have done to yourself and to nature will come back to you, all so you can, via the pain, see the truth that you are not as loving as you might have believed you were. And that in fact, you are an evil, rotten, yuk person, as we all are. And that you couldn't be anything else, because you were conceived into a rotten, yuk, evil, negative and nature destroying state of being.

We can spew all over the perfect natural world, pouring all our vile horribleness all over such lovely creatures, because we're not right in the head.

It's nature's nature that's so lovely. It's a pity our natures don't reflect the beauty of our true hidden and repressed natures.

The fact that we can think we can do anything we want without respecting any natural laws, disrespecting every creatures right, is the mark of our insanity.

We're hacking their environment to bits, they don't interfere with us. And because we delude ourselves thinking we're superior to the animal kingdom, means we're insane.

We're the ones who've fallen from Grace, not the creatures. We're inferior to them. We're imperfect and dysfunctional. We're sick; they're not. We pretend - they don't. We lie... do I need to say any more.

The Little People of Light - nature spirits

Give a thought and feeling to the 'little people of light', our unseen friends that work tirelessly tending and caring for our natural world.

Specification and natural selection doesn't occur without the unseen involvement of nature spirits. Nothing living in the natural world functions without their loving ministrations.

Nature spirits are the unseen little people always busy with their work - providing the 'Spark of Life' to all material living things.

And they are more than just cute little fairies and goblins living in forest glades and at the bottom of our gardens. They are intelligent and very friendly 'little angels' who will willingly

communicate with us should we desire them to.

We think we need to control something that is out of control - nature. Yet it's in full perfect self-control. Our intervention ruins such perfection, although nature still remains perfect itself.

We're the broken horse with no wild horses left to show us what our lives should really be like, what it would be like to have grown up to be free and perfect.

We think being perfect as nature is, means we'd be wild, and being wild means we're unruly, uncontrolled, so, wrong and bad. Yet we all long to be our true wild selves that would exist perfectly in harmony with nature. It's how we are in our evilness, in our vile imperfection that is unruly, revolting and a blight on the Earth.

We believe nature is out of control and we need to control it, we see nature as we see children. But nature is not of control and neither are children - we are.

Love nature as you love yourself

We see nature as an ornament. We like that, we don't like that. We don't see it for what it really is - life. And life full of all sorts of organisms. We treat ourselves in the same way. We look at our children as ornaments, we don't like that part so stop it! We like that part, so praise it. We don't see the child as a whole person who in each moment is being affected by it's surroundings - by us. We fail to see nature for what it truly is - perfect natural love, and so treat it accordingly. We simply use and abuse it according to our whims. We don't personally connect with it, because we're not personally connected to ourselves.

We think nature is out of control and we have to conquer it, it's the enemy, and yet we create all this madness being far more out of control than it, destroying what really is our friend.

That we need pets to love us is a statement of how sick and unloved we are. To use animals cruelly calling them pets, to use them for the love they give us, is sick.

Nature is the mark - the truth. It loves us unconditionally accepting all we do to it. All the horror we inflict on it, on the creatures and plants, the environment, and it takes it all without complaint. It still loves us. And that's how parents should be. Not how parents are, doing it all to the child, and the child has to take it all. Hurting the child and yet forcing it to accept it's uncaring parents unconditionally.

We should feel nature is ours, and we don't want to hurt it. That it's mine and I don't want to do anything to harm it or interfere with it. I don't want to change it. We should feel it's the same as ourselves, that we don't want to be hurt, interfered with, made to change. I want to be myself, I want everything to be left as it is. So it's right to feel more upset about the ruination of nature, as it's reflecting the ruination of yourself.

Uncover the truth of your feelings - liberate your own true love, and you'll no longer need your pets to love you and fill that gap.

When you love yourself truly, so too will you love nature truly.
The power of nature is truth; our power - false power - is untruth.

We are all creatures in the kingdom of God.
Put yourself in any creature and do to it what you would have done to you.
Love nature as you want to be loved.

How to begin

When you're fed up with being evil, with denying any aspect of yourself, then it's time to start living true to all your feelings.

DLS: how to begin?

Well, simply you start longing for the Divine Love from the Mother and Father; and longing for the truth of your feelings, as you start to focus on them with the intention of

uncovering the truth of yourself, your life, and of the Mother and Father, through them.

It's quite easy in theory, however you're probably coming to DLS with your own spiritual and religious beliefs, some of which DLS will confront possibly causing blocks and resistance within you.

So what's to be done about these potential problems?

And I guess the answer to that is for you to just go as you feel; and if you want to seriously uncover the truth of yourself, you'll arrive at the block, and either it will thwart you or you'll be able to push through it. And if you do feel blocked and want a helping hand, start speaking up about the block, expressing your annoyance, anger, frustration of the bad feeling. And start longing to uncover the truth of why you have it.

I was thinking about trying to create something of a flow chart with directions such as... if you are new to God – start here... or, if you are already longing for and receiving the Divine Love – start here... But then I felt, no, I'll just present what I feel so people can do what they like. I don't need to be the controller. So I'll leave it up to you.

Some people are interested in understanding about it all – great, but others might only want to get the general idea and happily live the basic principles, without needing to know all the ins and outs. And, by the way, if you happen to be one of these people, just intuitively and with your feelings wanting to get on with it, please understand that you will not deprive yourself or be 'less spiritual', than the person who wants to, and can, understand it all. We grow spiritually through our feelings, and not with what's in our mind.

A Trinity of Longing

It's a Trinity of Longing that we live in our daily lives: Love – Truth – Spirit or Life (feelings). Practically, it's far more important to us than the Biblical Trinity: The Father, Son and Holy Ghost - which wrong anyway. On a spiritual level, as we read in The Urantia Book, the Paradise Trinity consists of: The Father (and Mother), the Eternal Son (of Truth), and the Infinite (Daughter) Spirit. Which equates to: Love, Truth and Spirit or Life.

And on the local universal level, when we long for the Divine Love, we receive the Divine

Love from the Divine Minister via the Holy Spirit; and we receive the Truth through the help of Mary and Jesus' Spirits of Truth.

'Life' encapsulates how you live and express yourself in your life. All you think and feel, all you do and say – an ongoing expression of your personality, of your spirit and mind, of your LIGHT.

So you end up living a life of LIGHT and LIFE, through the ongoing expression of Truth – the truth that comes to you, lovingly – with love, your own love, and the Mother and Father's Love.

It might sound a bit complicated, but don't worry about that, it's part of the spiritual cosmology if you're interested in such things, all of which the religions have muddled up parts of. But if you long for the Love and Truth, and seek to uncover the truth of ALL your feelings, then you're living the Trinities on all levels - naturally.

It's quite easy really.

Prayer is the act of asking. And usually we pray to God asking Them for what we want - often for things and help.

Now we can also pray to Them asking for Their love - the Divine Love. And asking them to help us see the truth of all that's wrong within us through our feelings.

How do you pray - you pray using words

How do you long - you long using feelings

It's far more important to long with your heart than to pray with your mind.

You can long with all the intensity of your feelings and nothing else, and your longing will still be answered. You can pray for hours and hours with your mind, and nothing will happen. And if it does, it's because you've also longed.

Your longing takes but a heart-felt moment. It can be sustained with feelings. Longing involves the passion of desire - you really want it.

Long FIRST, and then support your longing with words of prayer. This is very important. Always your longing is what really counts. Your longing is your real and true prayer. You can't sustain your longing by using your mind. Truth and Love are the highest things you can long for, from which all else will follow.

And remember: praying using a learnt prayer repetitively saying words will not be heard - it will not get you what you want; unless, even unwittingly, you include your longing as well. You need to put the person - you, into it, doing so through your earnest yearnings and with FEELING.

And when you truly pray and long, do it expecting only that your longing will be answered, not expecting or thinking you know how it will be answered.

Pray and long, and then let it go. Allow the Mother and Father to respond to you, how and when They know is best. They will always meet your needs - soul needs, and not what your mind might think it needs.

Mother and Father:

Please help me to long for the Truth and Your Love in the right way.

I long and pray to You to help me see the truth You want me to see.

Please help me to uncover it through my feelings.

Please help me to feel those feelings I need to feel to find the truth.

Please help me live true to my feelings.

Please help me express and speak about all I feel.

Please bring up my repressed feelings so I can see the truth of them.

Please help me live true to myself, so I can live true to You.

Please help me to know the truth when it's revealed to me.

Please help me to see my untruth.

Please help me to love You as I love myself.

Getting on living DLS - a brief introduction

As there is a lot involved in living DLS, I have written this as something of a brief summary to introduce you to what you have to do to get on with.

To begin: What do you want?

Want to live Divine Love Spirituality? Then this is what you will need to want, long for - desire.

Want to live at-one with God – with your Heavenly Mother and Father; want to be as perfect as God is – want to heal all that is wrong within you; and want to see the truth of everything: you, life and God. Want Mary Magdalene and Jesus to help you (via their Spirits of Truth) see the truth how they see it. Want to live your Mother and Father's Will – live the way They want you to live and not the way you want to live without Them. Want to include Them in every aspect of your life; want to be with Them and have Them with you. Want to be how They want you to be; want to say what They want you to say; want to feel and do what They want you to feel and do. And want to do your soul-healing and see the truth of your childhood repression. Want to give up all falseness, fantasy, delusion, sin, evil and error. Want to give up all power. Want to stop living with your mind in control, and instead want your feelings to guide you. Want to love nature and see how you're denying it. Want to change. Want to live true to your feelings – to always honour, accept and express them. And finally: want to know which of your 'wants' are false and untrue. Want Their Divine Love and want the Truth!

These wants above, you can pray to the Mother and Father to help you fulfill, as your feelings take you. And tell Them any other things you want – even material things. Establishing what you want helps focus your will on what you want to achieve – how you want to live. You have to want, and at times VERY STRONGLY WANT, for anything to happen – it's the beginning.

Long for Their Divine Love.

Long with your heart, with the feelings of your desire for Their Love. Long earnestly and sincerely – yearn for Their Divine Love. Long when the inspiration to long takes you.

Long and then allow yourself time to accept – receive – Their Love; time for Them to come to you and give you Their Divine Love (via the Holy Spirit). This time can be a few moments while you're on the go, or sitting quietly for a longer time in mediation, prayer and worship of Them.

Ask with your mind for Their Divine Love. Use your mind to support your hearts longing. Pray with words, out loud or in your mind, telling Them what you want: Their Love, and that you're asking Them for it. But always remember that your mind's asking is secondary to your longing feelings. Genuine longings from your soul are what Their Soul answers with Divine Love.

Longing for and receiving Their Love is the most important part – establishing a relationship of love with Them. It connects you, Their child, with Them, your Parents - the Creators of your soul and givers of your personality. Even if you can't go any further, like doing your healing because it's all too hard, at least you can concentrate on longing for Their Love, loving Them, and being loved by Them – enjoying having Them in your life and Their Divine Love in your soul.

Long for the Truth.

This is wanting to know the truth of all that you are; all that you do, say and want; the truth of all your behaviour; the truth of your beliefs – of all your mind patterns, both negative and positive.

It's wanting to do your soul-healing: the healing of all that is wrong within you so far as God is concerned – and not your parents or other authorities. It's about wanting to live God's Laws - the laws of your soul. It's about wanting to see the truth of your negative mind and will condition. This includes healing all your childhood repression. You have to want to go back into your early childhood and see what was wrong in your relationship between you and your parents. How they denied you; made you deny yourself, and how you've taken it all on. How they didn't love you as you needed to be loved. It means looking into your darkness and confronting all your hidden secrets. You have to long to see, understand, realise, accept and know the truth of it all.

Long, beg, plead with Them to show you the TRUTH of all the things you want to see and know about yourself and your life. Particularly all the bad things. And understand that, longing for the truth means you are going to change.

The doing of your soul-healing

This is the hands on, during every moment of your day, doing your healing. You can do it at a pace that suits you. You can want to know the truth of things in your life as you feel you want to know them. When something happens, or something makes you feel bad or strange, then you can want to know the truth of why.

How you find the truth is through the ongoing expressing of ALL you feel and think, whilst longing – really wanting – to know the truth of why you think and feel it. Particularly if you feel bad about anything; if anything makes you feel bad, then start by accepting that you feel bad – speak about it all out loud to someone if you can, or in your head to Them or yourself. As you accept the bad feelings, speak about them: describe them – how they are making you feel and what you feel about having them, speak about it all. As you're speaking about it all, long to see and to know – really want to see and know with all your grunt – the truth of it all – all you're feeling: why you are feeling what you are feeling. Emote your feelings with the full FEELING OF THEM. 'I'M SO ANGRY...!', and keep going whilst wanting to know the WHOLE TRUTH of why you are.

Always speak about your feelings, and particularly your bad feelings – ALWAYS. Your childhood repression is buried and repressed deep within you - it all has to come out. And it comes out through your feelings. The more you can accept and allow yourself to feel bad and speak about how you feel, all the while longing for the truth of why you feel this way, the more you'll progress – it's the only way. It's how you can heal your soul.

As you bring it up and let out all your repressed yuk, so too can you see, find and know the truth of it – this is your spiritual progress, your growth of truth; it's you on your way to Paradise, and on your way to becoming perfect, real and true.

Expect that bad things will keep happening as you progress with your healing, because you need them to – you need them to make you feel bad so you can accept, express and see more truth of your repressed childhood feelings. If you can, even WANT to feel bad.

Go with your healing as it feels best for you. If it gets all too much, stop longing for the truth. Give yourself a chance to catch up. It's not a race; you have the rest of your life, and then life in spirit to do it all. And don't expect your childhood stuff to come up immediately. It may take years before you start to really connect with it. But don't be disappointed or put off by this, as there will be lots of other preparatory work for you to do within yourself, all of which will be a part of your healing. All of which will need to be

done and can't be avoided. It will help you fully understand who you really are.

Summary:

Long for the Divine Love and long to know and see the Truth, but do it only when and as you want to – when you feel to. Don't do it because you think you should, don't do it with your mind - it all has to be done with your feelings, it all has to come naturally. If you disconnect into your mind, you'll lose touch with your feelings - then no truth will come.

Try to honour your feelings: by living true to them. Keep on expressing all the good and bad feelings you feel. Accept, express and want to find the truth of them. And speak to the Mother and Father: tell Them what you want and what you don't want – tell Them how you feel. And keep going!

A simple prayer

Mother and Father:

Please help me to live true to You and myself - true to my feelings.

Please help me to see the truth You want me to see.

Please help me to live how You want me to express myself.

Please help me to do WHATEVER I need to do so I can heal myself and see the whole truth of my negative state – everything!

Mother and Father, I don't want to be evil. Please help me see how I am evil, wrong and untrue; and how I can heal it though doing my healing.

And please respond to my longing and fill my soul with Your Divine Love.

Now you long and express your own prayer to Them, for Their Love and for the Truth.

We spiritually develop by living true to our feelings, however we soul develop only with the inclusion of the Divine Love.

Long for the Divine Love. Long with your feelings, and with feeling.

NOT with only our mind.

Long

Long for God's Love.

It's the most wonderful thing we can do for ourselves.

We can actually long to God for His and Her Divine Love.

All you need do is long, long with all your heart. Want Their Divine Love.

Want Them to love you with Their Divine Love.

Want Them to fill your soul with Their Divine Love.

Tell Them what you want – that you want Their Love.

Ask Them for Their love – ask Them to love you and put Their Love in your soul.

Give yourself a moment and then LONG – Long to God for God's Divine Love.

It only takes a moment's inspiration to long.

Long, then relax and allow Them to direct the Holy Spirit to bring Their Love into your soul.

You'll feel the Holy Spirit come about you, come into you; you'll feel Their love flowing into your soul – you'll feel Them loving you.

It's a beautiful experience – there's nothing else like it.

And it's a real experience – partaking of Their Divine Love, does happen – you'll feel it.

Ask and Receive.

Don't ask too much with your mind, but long with and from your heart all you want.

You don't need words to long: just yearn, reach out longingly asking Them for Their Divine Love.

Try it. Go on, Long as you're reading this!

Long NOW for Their Love and feel it come into your soul.

And if you don't feel anything, don't get discouraged, try again later. It can take time before your system awakens enough for you to feel it coming into you. But if your desire and longing are true, eventually it will come.

Long again NOW.

It can come in a woosh, it can come into very subtly, as the Holy Spirit - the Holy Ghost, delivers it into your heart and soul.

Long again NOW.

And with time, you'll become more familiar with receiving it - what it feels like for you.

And so, long again NOW...

'Let the Spirit of God guide you'.

And how do you do that? By submitting to your feelings.

And how do you submit to them?

By accepting them – all of them, good and bad. Speaking about them, expressing them, helps you accept them. It makes you pay attention to them - focus on them, and not ignore them or brush them aside. And in doing so, you're paying attention to yourself - to all you feel. Your feelings are the real you, not your thoughts and fantasies. And always long for the truth of them. No longing for the truth of them and all you're doing is speaking them, and people do that all day long as they speak to each other yet without wanting to uncover any truth. **THE TRUTH IS VITAL, NO TRUTH, NO SPIRITUAL PROGRESS.**

And when the truth comes and you live it, then you'll be living true to your feelings, to yourself and to God. Then God's Indwelling Spirit can freely guide you – all through your feelings.

I am a creature like other creatures of natural love. I want to become divine. I want to become as God is.

I don't want to be an egotistical 'god' like my parents were, only knowing how to control me and everything in life. I want to give up all my controlling, power-seeking, unloving ways of behaviour. I don't to be evil and anti love anymore. I hate being as I am, I want to be as You are, God!

I want to become as God is so I can feel what God feels; know what God knows; see it how God sees it. I want to be like God, the same as God - of God's essence.

So I long for God's Divine Love to transform my soul of the natural into that of the divine.

Grace Period

I can't imagine everyone who finds out about the Divine Love and starts longing to the Mother and Father for it, is going to want to immediately start their soul-healing. And I doubt many people will want to commit themselves completely to the doing of their healing when they begin, as it would be too much.

I was speaking to Jesus about this because the enormity of our healing and its intensity would mean that everyone who took it on fully committing themselves to doing it would probably have to go on unemployment benefits if they didn't have enough money to support themselves, as they gave up everything they were doing that was wrong. I couldn't see that many people's lives would allow them to do this, nor would they want to give up everything, let alone, many, if not all, of their family and friend relationships. A few people who don't have much might be prepared to give up everything to uncover the whole truth within themselves, but I can't see that many people wanting to do it. Only possibly those people who've reached the end of their road, needing only the truth to help them, and how many such people like that might there be.

He said that many people and spirits when they first embrace the Divine Love enter into what he called a 'Grace Period', a time in which they simply long for and receive the Love but don't necessary start to worry about the truth and the doing of their soul-healing. They use this time - and it may be weeks, months, years, or many years - to enjoy receiving the Divine Love, and to learn about it: developing their relationship with the Mother and Father, and understanding what's involved in the soul-healing process.

He said that many people will not actually start their soul-healing in earnest until they go to spirit, where they are able to commit themselves to it without the need for earning a living and worrying about their survival and other responsibilities.

Following on from what Jesus said, I used to believe that as soon as one started receiving the Divine Love the inner transformation process would begin and that would start ones soul-healing, but now I understand that it doesn't have to happen this way. One can partake of the Love but that doesn't necessarily mean that one is launched immediately into their healing. A person can long for the truth and begin the healing of themselves whenever they want – when they feel ready to.

And I realised that in fact I had a two year period of grace before my healing began in earnest, and during that time I was mostly understanding what living with the Divine Love was about based on: what was revealed in the Padgett Messages; how the Urantia Book fitted in; and everything else I'd come across in the New Age that I thought was relevant. I believed I was growing in truth during this time but it was nothing compared to how I've done so throughout my healing - I was really only advancing my mind. When my soul-healing started everything changed, and I was taken way beyond what I understood was living with the Divine Love based on what is revealed in James Padgett's messages.

Now if someone were to ask me about the whole process I would say to them they should by all means long for and receive the Divine Love and enjoy its addition to their soul and life. And then they can start to understand about what's involved living Divine Love Spirituality – wholly committing themselves to life with the Mother and Father. They can learn about what the soul-healing consists of based on stuff others and I write, and people's experiences of it. They can learn about their childhood repression reading Alice Millers books as an introduction. And if they are interested in the bigger cosmological picture they can read The Urantia Book. And of course read anything else that is interesting to them. And then when they feel ready, they can start longing for the Truth.

Of course one can start immediately to long for the truth and begin the healing process, and then it's up to you as to how much effort you want to put into it and how much you want to commit to it. To either plunge right in or start off gently feeling your way along as you go. There are always masses of feelings, and particularly bad feelings in our day, that we can acknowledge and start to accept leading us into wanting to uncover the truth of them. And I very much doubt if someone knew to this would be able to embrace and express every bad feeling they felt during the day, particularly when they are working so

hard to deny them.

So I would advise new people to DLS not to feel pressured to do their soul-healing. It is there to be done one day, but it can wait if it doesn't appeal. It is a lot to grasp, and it can be very scary and intimidating, for it will take you deep into yourself making you confront all that was, and still is, wrong with your relationships with your parents.

So if you love receiving the Love, enjoy your Grace Period, simply partake of the Love and do what you feel you want to do. As I said, there is no hurry and no pressure on you to have to heal yourself, even if it means that you won't begin until you go to spirit.

Jesus also told me that this Grace Period exists also for spirits who find the Divine Love, and many of them take many years exploring all that's involved in living with the Divine Love: listening to higher spirits speaking about their healing experiences and the sort of commitment they will need to make to do it. He also said that many people having found the Divine Love on Earth may continue their Grace Period into their life in spirit for many years because, as a part of their preparation to doing their soul-healing, they will first have to live many other experiences which spirit life affords and which they were deprived of on Earth.

Already longing for Divine Love?

Are you already longing for the Divine Love, but don't feel like you're really getting anywhere?

You came across the Padgett Messages and you started longing for the Divine Love? Wonderful. And you have now been longing and partaking and enjoying the Divine Love coming into your soul for some time? Fantastic. You've been partaking of the Love for a year, for thirty years – great; but still you feel there is something more, that somehow you're not as fulfilled and happy and content about things as you might imagine you should be? I understand.

So why do you feel inwardly restless, still looking for answers, still wanting something you can't quite put your finger on? Why aren't you completely satisfied now that you're doing what Jesus and the Celestials told you to do? Why haven't you healed yourself of all sin and error like the messages say? And do you really think it's just a matter of keeping on going as you are doing? Somehow I don't think so, and that's why you've found this

article.

They are very interesting yet troubling questions, because they naturally make you wonder if you are doing the right thing, if you are indeed on the right path; and if you are, then why still this niggling concern, and why aren't things happening as you might have liked them to? Why aren't you healed and full of happiness and light; full of love, having embraced the Divine Love of God?

Perhaps you have had many such little wonderings and have up until now rationalised them away. Perhaps you have occasionally felt bad, lost, depressed, angry, unfulfilled and wondering what God wants you to do. And you've prayed and longed harder, and even felt things like love, and thought you've understood, and felt good for a time, only to slip back into the same old reoccurring niggling feelings of not really knowing for sure if you are going the right way, or doing what God wants you to do.

And if you feel any of these things, I can empathize with you, because I too felt them for a number of years, up until I understood about my having to actively take responsibility in the healing of my soul by doing my soul-healing.

Now I know this might be hard to take, but if you're still wondering what it's all about, perhaps you do have it wrong; or maybe not wrong, but you just don't have it all. Have you thought about the notion that there might be more to it than what Jesus revealed to Mr. James Padgett; and if there is, what do you feel about considering it: will it be hard to open your mind and accept new things even if it means accepting that a lot of what you have thought is wrong? You've put all this work and effort into living your spiritual life with the Divine Love, what if it hasn't really got you anywhere, and that is why you don't feel satisfied and are still looking for meaning?

I can understand your resistance to what I'm saying. No one wants to be told they have been going in the wrong direction. And what they believed was all there was, isn't all there was; and that in fact, they are only just starting at the tip of the iceberg.

I'll try and break the truth as I understand it, as gently as I can. But still, some of it might come as something of a shock. It came as a shock to me, and its come as a shock each time I've understood more about it. But still from all I have experienced with the Divine Love it's what I understand the truth to be. And as you'll see, the truth is shocking because it makes you face the truth that you are going the wrong way, but when you do

understand and accept it; and most importantly, see it for yourself, well, then you know that it's true and it makes up for everything. You no longer feel bad or like you've been wasting your time, as things then start to make sense so you do start to feel fulfilled and that you're getting somewhere.

So if you want to keep reading and see what I have to say, this is it:

I'm afraid, all you've been doing up to now is only further advancing your mind's control over you. And that is why you still feel unfulfilled; it's why you are here reading this. And each time you did one of those little rationalizations to yourself, putting off your bad feeling, praying for the Divine Love to make you feel better and to distract you from your bad feeling - to take your bad feelings away, you were allowing your mind to take over a little bit more.

You have been using the Divine Love against yourself to further your self-denial. You might believe that the Divine Love has made you feel better, be a better person, be more loving, kind and caring; and you may feel it's helped you enormously in your life, and I have no doubt that it has; but still you are feeling unfulfilled and that is what I am trying to address. All these so-called good things might only be nothing more than your mind making you think you are achieving and making good progress. And if you want to keep on living within the confines of your negative mind and will condition, the Divine Love will help to do so in this way. But if you don't, then the Divine Love will help you to feel bad. Yes, I'll say that again. If you sincerely want to live true and do your soul-healing, then the more Divine Love you receive, the worse you'll actually feel as it helps your soul liberate your repressed childhood feelings. It's contrary to what you might expect would happen. And to take it one step further, if you are receiving Divine Love and NOT feeling bad, then something is very wrong.

If you started off longing for the Divine Love and things initially got better, but then seem to have got worse - you are not happy and bad things seem to happen more often making you feel bad, then, believe it or not, you are on the right track with the Divine Love. You are starting to use it as the Father and Mother want it to be used: to help you to find the truth of why you do feel bad. And to find that truth, you first have to feel bad, so They are helping you to do so. And the acceptance of your bad feelings and finding the truth of them is, as you will see, the doing of your soul-healing. So probably without you even knowing it your soul has been leading you down and into your healing path, making you feel disgruntled and unfulfilled, and not allowing your mind to deceive you

with lots of false, contrived, so-called good feelings.

And I know it does seem on the surface of it to go totally against what you might have believed the Divine Love was meant to do for you. But it's just that in the Padgett messages, all that is meant for us to do, wasn't revealed. Jesus only revealed the Divine Love telling us it's being offered to us and that we can long to God for it. He didn't go on to say what then happens. However it's easy to want to believe from the Celestial's messages that all good things happen and mysteriously or magically all your sin and error is taken away as you rapidly progress toward becoming pure and perfect – a Celestial.

But the reality is however not that simple. That's something of fairy-tale, a nice fantasy, and the truth is much harder to digest and live. And the truth involves you having to do your soul-healing; having to uncover the truth for yourself, of why you feel unfulfilled; why you are still looking and wondering what it's really all about. What is your path and true life's direction. Why you feel bad.

And it's not that what Jesus and the Celestial's say is wrong, it's only that they couldn't reveal to us all that's involved in healing ourselves with the Divine Love, because it wasn't time for Mary Magdalene's side of things to be revealed. What Jesus and the Celestial's say is right: the Divine Love does transform your soul removing all sin and error, only we need to do our part in it, and that involves longing to see the truth of our negative self-denying states of mind and will. And as hard as our healing is to do, it is, as you will see, a hugely valuable experience, and were all our sin and error to simply be taken away because we started to long for the Divine Love, we'd be deprived of this most incredible experience. And then what would be the point to our living in our evil, rebellious, God and self denying states? The whole point is that we are here on this negative minded world so we can experience first hand what it feels like to be evil and then what it feels like to heal ourselves of it.

If you want the Divine Love to divine and purify your soul then you'll have to work with it, help it, all by finding out the truth of why you aren't pure and why you are imperfect. You need to know what's going wrong within you on all levels, so you can fix it. The magical wiping away of all sin and error, and suddenly become a Celestial, isn't going to happen no matter how long you pray for and receive the Love. But of course you can't just listen to me, you have to follow your own feelings. And if you do that then you will find the truth, and the truth will come to you, and when it does, you will know it is true because it will make sense to you – you'll feel it does.

People and spirits who just embrace the truths and information in the Padgett messages will do just that - with their minds. They might long for the Divine Love, but nothing else will change irrespective of what happens in their minds; they won't be growing in truth. And one day they will start to wonder what are they doing: why isn't anything happening, why aren't they changing as they thought they would. And then they will be ready to long for the Truth. Then they will be ready to come out of their minds and into their hearts. Then they will be ready to start truly living the: Truth of Divine Love.

Long for the Divine Love; and Long for the Truth.

God, Please help me to see how fucked I am, and why I am that way; what happened to me during my early childhood to cause me to be living untrue to myself and denying my bad feelings.

Longing for Divine Love; and, what about having worries that you won't be able to long - or long correctly? Jesus has told us in the Padgett Messages that God is offering us Their Divine Love, and all we need do to receive it is long to Them for it. However in the messages no mention is made of how we are to actually long, that is left up to us to work out for ourselves – for each of us individually.

So, how do you long for the Divine Love?

How do you long for anything? You have to really want the Divine Love, WANT IT IN YOUR SOUL, and yearn for it from deep within you. You long for it like there is nothing more in the world you want. And you go to God – however you relate to God – and you tell God of your longing intentions, and what you want; and when you feel you are ready, you long to Them. You long for Them to fill your soul with Their Divine Love.

For the beginner I would advise making time to sit quietly, comfortably, probably with your eyes closed; and when you feel ready, to imagine opening your heart to God and longing to God for Their Divine Love. And if you feel you'd like to say a prayer, to speak to God using your mind to support your longing, by all means do so, but remember: that it's your longing ONLY that actually invokes the Divine Love – not what you say with your mind.

And when you use your mind to support your longing, speak what you feel rather than what you think. Just be natural and speak to God as you would a friend, or as your Mother and Father. There are no 'right' words, no correct prayer to be said, only your words, and the more real you are saying just what you feel, the more you'll support your longing.

What if you feel bad before you long?

And if you have any problems, any bad feelings, such as you find it very difficult to actually speak to God - you are afraid, and feel guilty because of all the 'bad' things you've done in your life, fearing that God will now punish you; or you feel stupid speaking to someone you can't see; or you don't think They will listen to you believing you are nobody and why should They waste Their time with you; or that there's no point doing it even though you would like to because nothing ever good happens for you, so you'll long but be the only person in the world who They don't give Their Divine Love to. Whatever might be your block, resistance - making you feel bad, begin by owning up to all these negative thoughts, doubts and worries, admitting them all to God. Tell God (and tell your friend if you can) you are feeling them and that you can't long, and that you believe nothing will happen - tell Them everything that you're scared of. And then long, longing without any expectation that anything will happen. Long expecting yourself to fail, telling yourself it's not going to happen - be as negative as you can about it. Don't try to be positive, believing if you are negative then definitely nothing will happen for you; BE AS NEGATIVE AS YOU FEEL, as that is you being TRUE TO YOUR FEELINGS, honouring them and not dishonouring them - honouring yourself and accepting yourself as you truly are. If you are a 'negative' person, that's okay, you have been made to be that way during your early childhood, and the fact remains that you ARE this way, and really there is nothing wrong with that, even though you don't like it, but you can't fight against it, you have to admit and accept and allow yourself to be as you are - which is the first and most important step in your healing. And if, having longed, you don't feel anything, then next time you try, if you still feel full of doubts and worries, then again speak about them to God, and to a friend if that's possible. Always try to own up to any bad feeling and speak about it, it's the only way to deal with the problem. Speak about wanting to uncover the truth of why you feel bad. Ask God to show you why you are feeling bad, and why you have such doubts and worries. And when it still doesn't happen for you; and when for the hundredth time it STILL doesn't happen for you, and you are still full of bad feelings, the same old ones, then just keep speaking about them to God and your friend, keep longing for the truth of them - just KEEP GOING! One day the dam wall will break -

but only if you are determined to uncover the truth.

So I'd suggest that once you've longed, and said what you want to say (and you can just long and say nothing), then stop longing (as it's hard to keep longing for longer than a few moments) and wait. Give God time to direct the Holy Spirit to you. And if after a few minutes you don't feel anything, long again, stop and wait... and long again. And if you do feel something, then simply enjoy God loving you.

What does it feel like receiving the Divine Love?

We can't actually feel the Divine Love itself, but we can feel the presence of the Holy Spirit. I feel the Holy Spirit like an energy, a density, sometimes a presence, coming about me and then moving into me. It 'flows' into me, often starting seemingly above my face, flowing in over my throat and deep into my chest. Sometimes it just envelops me and moves into me from all sides – into my heart, but always somewhere deep down in my 'heart', which I take to be the gateway to my soul. And sometimes the Love (via the Holy Spirit) seems to pour, even flood into me, I feel like I'm literally filling up and almost going to explode with it; then other times I feel it very subtly, only a gentle in-flowing, hardly discernible at all. And after I feel like I've received the required 'quota' - once I've had my fill, the Holy Spirit withdraws leaving me feeling content and good. I usually feel very warm, expansive, secure, loved, nice, content, full - like everything is all right and there is nothing to worry about - happy, and loving of Them. It's a real experience, and a most wonderful one: to think we can ACTUALLY FEEL God loving us!

Some other things to be aware of:

Long expecting that your longing will be heard and answered and you will receive Their Divine Love. But long with a quiet certainty within you, not with an out of proportion show of expectation. If your mind builds big and great and wonderful expectations of Them loving you, and of the Love coming flooding into your soul, you may be disappointed; it would be better to long expecting nothing to happen: that you won't even receive Their Love. Long and simply feel what happens to you – each experience is different.

It may take many times of you longing and not feeling anything before you do. It can take time for your inner system to adjust to the subtle feelings of receiving the Love. Often people who are beginning say they didn't really feel anything, and yet it's quite clear from observing them in prayer that they did receive it. Often it's such a subtle, sublime experience that not being used to it, they miss it, and when it's pointed out to them, they

say, 'Oh that, yes, I felt that as soon as I sat down and even before I began to actually long!'. Pull in, just be with yourself, and FEEEEEL; feel what's happening to you as you long, and as you sit allowing God to love you. And more often than not, it's that feeling that is the Divine Love coming into you, and with more experience you'll look for, and get used to, feeling that feeling, and it will feel stronger.

You may also find if you are sitting in prayer or meditation for some time and longing and receiving the Divine Love, that your head wants to - of it's own accord - look up, as if looking up into heaven. And at times this upward 'stretching' of your neck and whole spine can get quite severe, but just go with it if that's what you feel you want to do. It's normal energy adjustments going on within you. But if your head and neck arch over too far starting to hurt and you feel uncomfortable, then bring your head back to it's normal position. Just allow yourself to respond as you feel. Sometimes you may even feel as if you are sitting or standing (if you long standing up) in an unseen column of light, so much so, that you can hardly turn your head sideways. And these are only my experiences, they have come and gone and changed over the years. None of them may happen to you, you having your own unique ones.

If you feel you have received the Love, but couldn't say how you know, then you probably have.

What if you feel bad once you've longed for the Love?

And again, to go over if you feel bad or apprehensive - doubtful or scared - in any way, I can't stress how important it is to honour and accept and not reject and dismiss such bad feelings. What if God doesn't respond and that shows 'They don't love me; or what if I'm doing it the wrong way; or what if I long and nothing happens? As I said above, if you feel such things, then try to accept these bad feelings as much as you can. Speak to someone about them; write about them - all you feel; even tell God your fears, doubts and worries. The more you can accept and bring out your negative expectations and things that you might believe will prevent you from receiving Their Love, the more receptive to it you will be. Remember it's okay to feel bad and to have millions of fears and doubts at any time, even if you're with God loving you as you receive Their Love. It's okay to feel you're a useless failure, even before you begin. Just long BEING the useless, pathetic failure you feel you are; take this bad feeling you have to God, remembering They already know who you are and all you feel, and no matter how bad you feel about yourself, you are still Their child and They still love you. And if you long sincerely for Their Love, even if you believe you have no chance in hell that They will give it to you, it will still come into

your soul - even if you remain totally unaware of it. The only way you can stop it coming into your soul once you've longed for it, is if your longing is false, and you don't actually want it. If you believe you should have it because you believe it's something that might help you; or because it's helped your friend; or because you believe - and even want to believe - all I have written, but still truly within you, you don't want it, then don't long and speak about these beliefs instead. You might not actually be ready for it - yet. And if you can be this honest with yourself, admitting to feeling such 'bad' things, that's okay too - all that you feel is good, it's you, even if it is bad, and you can speak about these feelings, bringing them out to your friend and God - admitting and confessing how 'bad' you are.

Be patient with yourself; give yourself time. Some people always feel something in response to their longing; others rarely do feel something every time they long, but still know they are receiving the Love. And some feel the Divine Love coming into them sometimes in response to their longing, but not other times. And at other times They will send the Holy Spirit to you bringing the Divine Love - loving you - when you haven't even longed to Them for it!

And you can long wherever and whenever the inspiration takes you. You don't have to sit formally in prayer and long. You can do it walking, lying in bed, in your car, on the loo, in the bath... It's the beginning of your relationship of love with God, and so it's what you want to make of it. And so naturally the more often you long, potentially, the more Divine Love you will receive.

And lastly: It's for you to find **YOUR WAY WITH GOD; IT'S YOUR RELATIONSHIP WITH THEM**, so whatever feels right for you - **IS RIGHT FOR YOU!**

Prayers for Divine Love

Mother and Father: I long and pray for Your Divine Love.

Please fill my heart and soul with Your Love.

Please love me with all Your heart.

And please make me feel loved by You.

Please love me. Please make me feel loved.

Please help me feel that I am Your child.

Please help me feel that You are indeed my loving Parents.

Mother and Father, I want to know myself so I can know You - please help me to. And please help me to do so through love.

Please bless my soul with Your Divine Love.

Please give me that love and truth I ask for.

Please help me feel loved and to live true.

I want to feel loved and I want to love, my Heavenly Mother and Father, please help me.

My Mother and Father, please love me, and make me feel loved by You.

Prayers for the Truth

Mother and Father: I long and pray to You to help me see the truth You want me to see.

Please help me to uncover it through my feelings.

Please help me to feel those feelings I need to feel to find the truth.

Please help me live true to my feelings.

Please help me to see the truth of why I feel so angry.

Please help me understand why I feel like shit - so miserable today.

Please help me express and speak about all I feel.

Please bring up my repressed feelings so I can see the truth of them.

Please help me live true to myself, so I can live true to You.

Please help me to long for the Truth in the right way.

Please help me to know the truth when it's revealed to me.

Please help me to see my untruth.

Please help me to see how fucked I am, and why I am that way; what happened to me during my early childhood to cause me to be living untrue to myself and deny my bad feelings.

What do you do when everything you do no longer makes you feel good?

Prayer for Divine Love

It's such a lovely feeling,
feeling loved by the Mother and Father,
as the Holy Spirit brings Their love into your soul.

Jesus' prayer for Divine Love

Jesus' prayer as given to Mr. James. E. Padgett in 1914, and as published in the Angelic Revelations of Divine Truth.

Originally from the Padgett Messages.

The Prayer for Divine Love

OUR FATHER, WHO ART IN HEAVEN, WE RECOGNISE THAT THOU ART ALL HOLY AND LOVING AND MERCIFUL, AND THAT WE ARE THY CHILDREN, AND NOT THE SUBSERVIENT, SINFUL AND DEPRAVED CREATURES THAT OUR FALSE TEACHERS WOULD HAVE US BELIEVE. THAT WE ARE THE GREATEST OF THY CREATIONS, AND THE MOST WONDERFUL OF ALL THY HANDIWORK'S, AND THE OBJECTS OF THY GREAT SOUL'S LOVE AND TENDEREST CARE.

THAT THY WILL IS THAT WE BECOME AT-ONE WITH THEE AND PARTAKE OF THY GREAT LOVE WHICH THOU HAST BESTOWED UPON US THROUGH THY MERCY, AND DESIRE THAT WE BECOME, IN TRUTH, THY CHILDREN THROUGH LOVE, AND NOT THROUGH THE SACRIFICE AND DEATH OF ANY OF THY CREATURES.

WE PRAY THAT THOU WILL OPEN UP OUR SOULS TO THE INFLOWING OF THY LOVE, AND THAT THEN WILL COME THY HOLY SPIRIT TO BRING INTO OUR SOULS THIS, THY DIVINE LOVE, IN GREAT ABUNDANCE, UNTIL OUR SOULS SHALL BE TRANSFORMED INTO THE VERY ESSENCE OF THYSELF; AND THAT THERE WILL COME TO US FAITH – SUCH FAITH AS WILL CAUSE US TO REALISE THAT WE ARE TRULY THY CHILDREN AND ONE WITH THEE IN VERY SUBSTANCE, AND NOT IN IMAGE ONLY.

LET US HAVE SUCH FAITH AS WILL CAUSE US TO KNOW THAT THOU ART OUR FATHER, AND THE BESTOWER OF EVERY GOOD AND PERFECT GIFT, AND THAT ONLY WE, OURSELVES, CAN PREVENT THY LOVE CHANGING US FROM THE MORTAL INTO THE IMMORTAL.

LET US NEVER CEASE TO REALISE THAT THY LOVE IS WAITING FOR EACH AND ALL OF US, AND, THAT WHEN WE COME TO THEE IN FAITH AND EARNEST ASPIRATION, THY LOVE WILL NEVER BE WITHHOLDEN FROM US.

KEEP US IN THE SHADOW OF THY LOVE EVERY HOUR AND MOMENT OF OUR LIVES, AND HELP US TO OVERCOME ALL TEMPTATIONS OF THE FLESH, AND THE INFLUENCE OF THE POWERS OF THE EVIL ONES WHO SO CONSTANTLY SURROUND US AND ENDEAVOUR TO TURN OUR THOUGHTS AWAY FROM THEE TO THE PLEASURES AND ALLUREMENTS OF THIS WORLD.

WE THANK THEE FOR THY LOVE AND THE PRIVILEGE OF RECEIVING IT, AND WE BELIEVE THAT THOU ART OUR FATHER – THE LOVING FATHER WHO SMILES UPON US IN OUR WEAKNESS, AND IS ALWAYS READY TO HELP US AND TAKE US TO THY ARMS OF LOVE.

WE PRAY THUS WITH ALL THE EARNESTNESS AND SINCERE LONGINGS OF OUR SOULS, AND, TRUSTING IN THY LOVE, GIVE THEE ALL THE GLORY AND HONOUR AND LOVE THAT OUR FINITE SOULS CAN GIVE.

AMEN.

(Marion loves saying this prayer. Currently she says it while longing for the Divine Love in the early hours each morning after she's got up. Marion is always saying prayers to the Father asking Him for all the things she wants. And whenever she feels to say them. She doesn't expect that He will give her all she asks for, as He hasn't, however it's what she feels she wants to do, so she does it. It's what we all should do - do as we feel, and feel free to do as we please in every moment. I don't like saying formal prayers, and I'm hopeless at committing things to memory like Marion can. I usually have 'my time' with the Mother and Father as I'm going off to sleep at night. I talk with Them, say what I feel I want to ask Them for, which usually is something about helping me to see some aspect of myself - the truth of it through my feelings, that has come up through the day. Often I feel asleep in the middle of my talking with Them. Sometimes I feel They are so 'there' that there is nothing else in existence. Marion doesn't directly speak with the Father, she just says all she feels to Him. And she likes to call God her Father. I like to speak directly to Them and hear Their replies - mostly which consist of a few short words before Their 'light' is too much for me and my mind has to pull away and go onto something else.)

Examples of some of Marion's prayers

She'd written these and other meaningful truths that occurred to her, on small posters that we Blue-Taced to the wall of the prayer room in the first apartment we shared together. We conscientiously prayed together in the 'prayer room', but now we just pray informally whenever the feelings take us. Occasionally we express our prayers, longing, wishes and desires out loud, but mostly we speak internally to the Mother and Father as our feelings take us. The latest prayer Marion is saying to the Father is for Him not to make her feel bad any longer, to only make her feel good. And she's asking Him for the perfect place for us to live. She often tells Him her list of what she'd like Him to give us.

Father

Please help me, I don't know what to do.

MOTHER AND FATHER

Please help me bring the truth out

Please help me set myself free

I can't do it... I need Your help

PLEASE help me!

Father,

Please help me to bring out my problems... everything I've got a problem with.

Please help me to see the TRUTH of everything that's within me – particularly everything that's wrong.

Please my dear Heavenly Father can You help me to find and see all the hidden causes within me that are making me feel bad? I want to see them so I can understand the truth of them: how they were put in me, how they have been controlling my life, and why I'm unconscious of them.

Please Father, I want to know the whole truth of myself, please help bring up my all my repressed childhood feelings, and help me to accept and express them so I can find the truth of them.

And please will You fill my soul with Your Divine Love as I long to You for It.

Some examples of my prayers

Mother and Father,

I feel bloody awful today.

I have a headache and I feel very miserable.

I feel lonely and depressed.

I no longer want to feel this way.

Please help me to uncover the truth of why I do feel like this – I really want to know.

I don't want to feel bad anymore!
And please help me to accept the truth when it comes.

Why is this happening to me?
I want to know!
I want to see the TRUTH
NOW!

I hate you Mother and Father.
You've given me such a shit-awful life.
Nothing I do works for me.
I feel like shit.
I don't love You.
How can I?
I don't feel any love.
I don't feel loved by You.
But I want to.

I WANT TO BE FIXED!
I DON'T WANT TO BE WRONG
I DON'T WANT TO BE BAD
I DON'T WANT TO BE EVIL
I WANT TO BE TRUE!

Mother and Father
Why do I have to beg and ask You saying Please?
Please will You help me heal my soul.
When it's You who've put me here in the first place.
You've made me as I am.

Saying please to you feels like I'm saying please to my gaolers.
So how about it?
I don't want to be untrue anymore...
PLEASE heal me.
PLEASE help me see the truth of all I am repressing.

Mother and Father I want Your Love, Your Divine Love.
I want to get to know You,
I want to become at-one with You.
I want to be like You, and I want to be as perfect as You are.
Please help me with these things.

Mother and Father I long for Your Divine Love.
Please fill my heart and soul with it.
Please help me to do whatever it is I need to do to become as You are.
Please help my soul become divine.

Mother and Father I want to be true.
I want to live true to myself – my soul – and true to You.
I long to know and see and realise the truth of all that I am and all that You are.
Please help me to live true, to live the Truth.
Please help me see the truths You want me to see.
Please help me to live the truths Mary and Jesus are revealing.

We are James... keep longing, Your Father and I do love you.

Live true to yourself and you'll be living true to God - Living God's Will.

The Trinity of Longing
Long for the Mother and Father's Divine Love.
Long for the Truth They want you to see.
Long to do what They want you to do.

We can pray and long for these things generally and specifically. While we say these prayers we are longing hard with all our heart and will for what we're asking for. For example:

Long - pray - generally:

Mother and Father please fill my soul with Your Divine Love.

Mother and Father please help me to see Truth You want me to see.

Mother and Father please help me to do what You want me to do.

Long - pray - specifically: for example, when you feel angry and you're expressing your bad feelings;

Mother and Father please help me to see the Truth of why I feel angry. Please help me to see what You want me to do about my angry feelings. Please help me to express them truly. Please help me to FEEL ALL MY ANGER. Please help me to stop trying to deny it. Please help me to uncover the truth of it. Mother and Father - why am I angry, again! Please give me Your Love.

And when you're confused and feel frustrated, blocked:

Please help me to release all my repressed feelings to do with this problem. Please help me to see and feel and understand the truth You want me to know. Please help me to do whatever it is You know I need to do to see the truth and unblock and bring up my repressed feelings. Please help me to speak about all I feel, so I can find the truth of it. And please fill my soul with Your Divine Love.

Another example: You hear a noise you don't like;

Please help me to see the truth of why I don't like that road-making noise; why it makes me so FUCKING ANGRY. Please help me to see the truth You want me to see. Please help me to freely express my anger and rage. I hate the fucking noise, it's unbearable. I feel like they are drilling into my brain. Please show me why I feel so angry about it, why it's getting to me. Please help me to uncover the truth of why I feel so bad; what was it during my early childhood that made me feel like this.

Living the Trinity of Longing

We are Love, Truth and Spirit (which includes Mind - which includes Feeling and Action).

We long for the DIVINE LOVE, we long for the TRUTH, and we long to know what

to DO, which begins with our speaking and expressing our bad feelings.

In doing our soul-healing we long to perfect ourselves, so we can express and be these three main attributes of our personality. So we need to long to our Mother and Father to help us live this Trinity. To help us live how They want us to: the way They know will make us feel good, true and loved. And when we are living true to our feelings, true to our will, then so too are we naturally living true to Them, and so true to Their Will.

A note about prayers and praying

Your prayers are to be your personal expression - what you feel. To simply pray with your mind, to rote pray having learnt someone else's prayer, or even your own, will mean that that prayer will not be heard. If you were God, would you want to hear a repetitive feeling-less prayer a million times over. A mind prayer is a dead prayer - there's not feeling in it; a heart or feeling prayer is alive, and so we are told, can carry all the way to Paradise, to the heart of our Heavenly Parents. A mind-only prayer will fail to move Them, but a feeling-prayer will always elicit help. They will always respond - in some way.

However, also feel free to pray and express your feelings with your mind. We have to use our mind to say what we feel, what we want and what we are longing for, but back up this mind expression with a heartfelt sincere longing - a longing, a yearning, a desire, a genuine 'want' that is expressed without words, being only a feeling.

You can pray only by longing, desiring, wanting and yearning - without using words, and these prayers too will always be acknowledged.

Your act of prayer is you mobilizing your will, it is you putting yourself forward, out there, expressing what you want and how you want it to be. It is yourself having a direct impact in Creation - making yourself known, heard. It is a direct wilful expression of your soul.

And when you pray, do so with no expectation of you getting what you want. You are 'calling' out to the Mother and Father for help, and if They want to help you, They will, but They feel to help you, and not in response to a command or demand from you. And yet, when you are expressing all your bad feelings, remember to express your feelings exactly as you feel them, as they want to be expressed, so if that includes you literally calling out to God demanding and commanding, do so. Don't hold back. You don't have to ALWAYS be NICE to God; you do have to ALWAYS be true to what you feel.

And if you use Jesus' prayer, although in his messages to Mr. Padgett he says that it's the

only prayer you need offer the Father (and Mother), it is, in as much as it says, all that is pertinent; however, if you keep repeating ONLY Jesus' prayer or any other, failing to express your own feeling-prayers, the trap is that over time and with familiarity, you might just start using the prayer as a mental tool - yet another way to avoid and fend off your bad feelings.

True salvation comes from doing your soul-healing. All the rest is only more of the same: keeping yourself in your negative and evil state of mind and will.

We're not already supposed to have faith, nor are we already supposed to believe; we're to get faith through experiences so we trust, and then with such faith we can believe, and even go further, and know.

Through medical science we want to be able to fix everything with drugs, identifying all the chemicals of the brain and use them to subdue all the pain of our inner torment. All so we can live a 'normal' functionally acceptable life. We want to take away all the bad stuff, deny all bad feelings, making everyone only have good feelings, living ultimately in a blissed-out state of love. However it's all still truth avoidance - avoiding the truth of our negative condition, all enslaving us further to it, so we'll never be able to be free of our childhood repression. It's not about controlling the effects of our childhood repression through therapy, drugs, prayer, meditation or any other method; it's about getting into the truth of it, finding out why we have it and how it's come about in the first place. It's about uncovering the truth of our relationships with our parents, grandparents and other carers in our early life who have negatively affected us.

The evil has duped and coerced us into believing we can make perfect what is already perfect. So we believe we have to change what is already there in the hope that it will be better and make us feel better. But it never is better and we only delude ourselves that we feel better. And besides, how can you make something more perfect than it already is?

You'll only know what true love is - as then you'll be it - when you've done your soul-healing. Any love before then, as good as it may feel, is only false love - love being experienced in an unloving, anti-love state of mind and will.

We're killing the beauty of ourselves all the time. We don't understand the beauty of our feelings.

All we attribute to the Mother and Father is how our parents treated us - even how we believe they treated us. That is until we've healed our negative condition. We can only see God through the eyes we see our parents, until we've healed such illusion.

God made us in His and Her image. That means that living in our natural love states as we are, we can manifest all the image of God we want. And currently we're manifesting the negative or perhaps we could say, the 'nether' image of God. But mostly we don't want to think of God as having a 'bad' side. However it might not be bad, as we only feel and experience it to be so whilst trapped in our self-denying states of mind and will. Maybe it is all love, and maybe one day we'll understand it all. But in the meantime we have to face and accept the truth of how we feel. And if we feel unloved, then that is our truth.

Soul-Healing

No matter what you think, your parenting is the cause of all your problems - it's a sad truth.

There is nowhere to hide, and you can only run so far.

One day your pain - the pain of your self and feeling denial, is going to catch up with you. Then it will be time to start taking yourself seriously.

You have to get to the point of wanting to know yourself.

Why you are as you are - the truth of yourself.

That is what your healing is all about.

Your soul-healing - ah, now the fun begins...

I'm throwing you in at the deep end. Ready?

You're evil. No matter what you think about yourself: probably that you're a good person, at least a relatively good person; it doesn't matter, because you're still evil. Everyone is until they have completed their healing, and that's either their soul-healing, which includes the Mother and Father and Their Divine Love; or just their Feeling-Healing, which can be

done without directly including God.

Your healing is about stopping you being evil - evil being defined as the denial of personality. Stopping you denying parts of yourself, of your personality, such as your feelings. And how you do that is by uncovering the truth of why you are evil - why you are living in self-denial of your feelings; and finding out the truth of how you were made to become evil. As your soul intrinsically can't be anything other than love, then what was done to you during your early childhood to make you take on your evil ways. And why did you have to join everyone else and start using your mind for power and control. Why were you forced to deny your feelings and mostly your bad feelings. And how were you made to suppress them as you were growing up; and how have they have resulted in your Childhood Repression.

Succinctly, your healing is the healing of your Childhood Repression and the correcting of all your personality's attributes that have been warped, perverted, or denied their full expression. It's the healing of your sinful, evil, rebellious mind and will state. It's the giving up of your minds control over yourself and other people, nature and God; and the choosing to live true to your feelings.

You have been conceived and born into a mind controlling state, and until you've healed yourself of it, all you think, do and believe; all you say and how you express yourself, is seeking power and control, and it's all got to be healed. And to heal it will take a great effort. You are wrong, and to become right, is an immense undertaking and will take years to do. Your healing is not a matter of applying a few mind techniques to gain more mind over matter: it's the systematic breaking down of your mind, giving over to and freeing up your feelings. It's the stopping of living life with and through your mind, and starting to live it from your heart with truth, all through your feelings.

And I know many other spiritual systems and religions purport to help you achieve many of these same things, but as far as I'm concerned, they are only at best healing perhaps a few surface layers, and mostly are just helping you to use you mind through other ways to increase the control over yourself.

The doing of your soul-healing through DLS will break you down, strip you bear. It will bring up all your repressed hatred, anger, rage, fear, anxiety, misery, guilt that's contained within your soul, all having been felt but remained unexpressed through your early childhood. All of these bad feelings, and any others you have, are festering away inside

you breaking out showing themselves in the disguise of disease, bad things happening to you, and pain. You have loads of pain locked away inside you and your mind is doing its damndest not to allow you to feel it. All you do in your life is bad-feeling-avoidance, and this has got to stop. And to heal yourself, you'll want all this repressed pain to surface, all so you can understand what it's all about; where it's coming from; why you have it; how it's negatively affecting you. And as you understand and see the TRUTH of your suffering, then it will end – and ONLY then. The truth will set you free of your pain, but first you have to allow yourself to find and uncover the truth, all being done through the ongoing submission to your bad feelings. All so you can embrace, accept, acknowledge and speak about how bad you really do feel, because as you'll find out, it's only through complete self-acceptance of your feelings that you will heal yourself, this being a true act of self-love.

So to stop being how you are, to change yourself around to being something you currently have no idea about – a whole new and different person, but one who loves themselves and does feel truly happy; feeling that happiness merrily bubbling away inside them as a part of the truth of themselves – takes some doing. It's a personal commitment, and you can begin your healing now, ticking it along through your life slowly advancing and healing yourself, finishing it off when you get to spirit; or, you might want to totally commit yourself to it and heal it all whilst you're still of flesh. As always, it's what you want to do – what you FEEL you want to do; and what you will feel and choose to do will be right and the best for you.

I am including in DLS as many of my healing experiences as I can. Hopefully enough at least to give you some sort of idea as to what you can expect. However, my healing is my healing, your healing will be however it is for you. So try not to expect it to happen as it has happened for me. Allow yourself to be free to just see where it takes you and what you become.

The healing is the guts of DLS, after all we all want to make ourselves feel better. That is why you're here reading about this – isn't it? And DLS won't let you down. If you can manage to start letting go the control of your mind, expressing your bad feelings, and revealing the truth of your negative evil state to yourself, then it will take you into areas and levels of yourself and life you had no idea existed. And it's why we're all here on Earth. Why God has started us off in the negative – all so we can directly experience it, see what it feels like to live unloving lives, and then heal ourselves of them. Then be free to experience the opposite – a life of Love.

Your Feeling-Healing begins with:

BAD FEELING ACCEPTANCE

It's okay to feel bad.

Bad feelings are okay.

It's good to feel bad. Bad feelings are good. It's good to feel bad about feeling bad.

Bad feelings are YOUR feelings. YOUR bad feelings have a right – a right to exist. A right for you to feel them. Your bad feelings are a part of you.

ACCEPT THEM!

Bad feelings are good, and they are your feelings! They are you.

It's okay to feel bad; there is nothing wrong with feeling bad. You might not like feeling bad, but it's okay to feel bad. You are allowed to feel bad. Bad feelings shouldn't be dismissed.

Bad feelings already feel unwanted; why make them feel more rejected – you are your bad feelings. If you reject them you're rejecting yourself.

Why are you rejecting yourself? Why are you rejecting your bad feelings? Is this how you want to live – rejecting a natural part of yourself? Is this really how you want to live - rejecting your bad feelings?

Feeling bad is normal. We all feel bad. We all feel bad a lot of the time, even if we won't admit it; often we're not even aware of it.

There are many bad feelings; all sorts of different bad feelings, and they are a normal part of you – of everyday life.

Bad feelings – your bad feelings – are to be welcomed. Bad feelings are to be wanted. Bad feelings are to be accepted. Bad feelings are to be loved. As you love your bad feelings, so too are you loving yourself.

If you ignore or deny or dismiss or reject your bad feelings what are you really doing?
Denying, dismissing, rejecting yourself. Is this how you want to be?

You are your bad feelings – Your bad feelings are you.

Bad feelings have just as much right to life as good feelings.

Be true to your bad feelings – accept them!

Feeling bad is GOOD!

What is your disease trying to tell you?

Do you want to listen to what the feelings of your disease are telling you, or do you want to deny and reject them? Do you want to continue rejecting such bad feelings as your parents rejected you when you were a child?

As horrible as it is to feel sick, disease is good, not bad, as it's trying to alert us to the truth of our diseased state, that being: our state of love denial.

I believe we can heal all disease by bringing up all the repressed feelings within us causing it. Speaking about them as we feel them; longing for the truth of what they are to show us about ourselves.

We are taught: we must not give in, never give up, always fight on, never be weak, never run away, always be strong, never back down. We are taught we MUST always stay in control. And yet we only live this way because we don't feel in control, we don't feel naturally powerful, with all bad feelings having to be kept hidden at all cost. And that cost we suffer as pain. And we are taught to: suffer it in silence, to never burden others with it, to cope all by ourselves, all alone, keeping it all in. And this is all anti what life really is; all anti expressing all one's feelings. It's anti self and anti love. It's no life at all!

Feeling-Healing

I have included this here from my Childhood Repression web-site - see LINKS. That site does not outwardly include or involve God and Their Divine Love. However, it is during

our soul-healing that we do our feeling-healing, so it's all very relevant here.

How to heal your childhood repression: a brief introduction.

As our childhood repression is maintained through our feeling-denial, to heal it, we need to embrace those feelings we are refusing to admit we feel.

We mostly focus on our bad feelings, as they are what we are denying because they make us feel bad.

To begin with you will need to want to know the truth of why you feel bad and why you are denying your bad feelings, and you carry this desire as a deep heartfelt longing. We long for the truth of our self. We long to live true - true to our feelings. We long to know the truth of why we are feeling bad. And we want the truth more than anything else – WE REALLY DO WANT TO KNOW. So we long as often as we remember to, especially during our healing – when we are feeling bad feelings and speaking about them.

Next we honour our bad feelings. We grab them; we acknowledge we are feeling bad; we admit we are feeling bad; we accept we are feeling bad. All very important to do instead of denying them. Don't push your anger away, instead acknowledge you are feeling it. Accept that you are feeling it – JUST FEEL IT. You don't have to do anything about it. And you don't have to try to work out with your mind why you are angry. JUST FEEL ANGRY, IF YOU FEEL ANGRY. NOTHING ELSE!

Then we speak about our bad feeling. We express it. We let it have it's say. We speak whatever it is we feel about it. And we speak about it – express it, to someone who wants to hear about how we're feeling.

If you have a friend or your partner or a “helping witness”, someone who sincerely wants to know how you are feeling, then tell them, address them, speak to them wanting their sympathy. You want them to listen to you. You want them to know and understand you. Your parents didn't want to listen or know you. Tell your friend all about your bad feeling, and tell them EVERY time you feel bad.

Describe your bad feeling. Even your physical pain... ‘my head hurts over my left eye, a sharp stabbing pain... my head hurts, my head hurts... it feels like a knife is stabbing through it here and here...’ Tell your friend. By telling your friend you are seeking their

sympathy, as you once sort the sympathy of your parents. And as your friend accepts you, so too are you now, finally, able to accept yourself, ending your self-rejection. You can now do for yourself what your parents should have done for you. Finally you can acknowledge to yourself that you DO feel this way, and that it's PERFECTLY okay to feel so. It's perfectly okay to be how you feel to be. At long last you can be yourself - your true self, just as you truly feel!

Express it – moan, groan, let your bad feeling speak... 'Miserable, I feel miserable...' Say what you feel. Be what you feel. Get into the feeling and be it. Emote it as you feel all the feelings and emotions. Don't stand back impersonally speaking about it as if it's your left leg, be your bad feeling and speak with the intensity and 'feeling' of your bad feeling.

And speak about how feeling this bad feeling makes you feel. 'Feeling so miserable makes me feel... unwanted, alone, powerless...'

And how does feeling these bad feelings make you feel? 'When I feel powerless, I feel so weak... so useless, pathetic, it makes me want to...'

And express these feelings and emotions: feel pathetic, feel useless; express your patheticness when you tell your friend, and keep going speaking about how bad you feel for as long as you can.

Ask yourself and express - speak about if relevant:

WHY IS THIS HAPPENING TO ME?

WHY DO I HAVE TO SUFFER THIS...

WHY DO I HAVE TO HAVE THIS ... MAKING ME FEEL BAD.

WHY EVERY TIME I WANT TO DO SOMETHING...

WHY EVERY TIME I EXPECT IT TO WORK IT DOESN'T?

WHY DO I HAVE TO GET SICK. AND WHY THIS SICKNESS?

Ask yourself because you want to know the truth.

And when you can, remember to long hard for the truth – really want to know why you

are feeling this way. Tell your listening friend about how MUCH you do want to know the truth of why you're feeling bad.

Then keep speaking and expressing how you feel. You keep going until you can't say anymore... and then you go further... always further, if you can. And the further you go the deeper your bad feelings will take you back in yourself, back into your early childhood, where it all starts from. Long to know the truth of what happened to you during your early childhood to cause you to now feel bad.

Keep expressing and speaking about your bad feelings. It might take minutes, it might take hours, it might take days, or weeks. And the same bad feelings will come up countless times over and over, and each time you have to accept them, express them, and long for the truth of them. Speak and express them; long for the truth of them, and you will find, you will show the truth to yourself. Amazingly the truth will come. Suddenly you will see a new aspect of your problem. You may suddenly understand another part of your feeling and self-denial, and another part of your negative unloving relationship with your parents. Slowly all the pieces of the puzzle will come together.

Don't go hunting or digging using your mind, looking back into your early childhood for answers. Allow, and wait, for the truth to come of its own accord. The truth will come as a result of persistent bad feeling expressing, and a strong genuine longing for it. It comes when you are ready to see it, and in its own time - you cannot control it. The truth is the end product of your feeling self-expression. Your truth is your statement of true self-love, gained through true self-acceptance.

And once the truth has come you will more than likely stop feeling bad anymore. A respite to take stock. Or you'll move onto some other part of your repression needing your attention, with yet more bad feelings to accept and express.

And realistically, and I know this sounds obvious, you can only do what you can do. If no truth comes don't worry, it might come later through the day, it might come the next day or the next... just keep expressing your bad feelings and longing to uncover and see it. The most important part is to just keep accepting your bad feelings and speaking up about them: getting them out – expressing and emoting them. Bringing them - yourself - out into the world. They are the puss, the poison, repressed, trapped within you, and you must want them to come out. Once they are out then you can see the damage they have done. And why what was done to you to create them occurred.

And if you don't have a friend or partner willing to listen unconditionally to your bad feeling expression, then speak to yourself out loud if you can. Speak to your cat or dog, the wall, write them, and long for someone to come and help you; long for a friend to come, someone who will really want to know you.

And if you are the listener, the friend, don't step in and take over from the person trying to express their bad feelings. **DON'T TRY AND FIND A SOLUTION.** This only will make the person continue to deny their bad feelings, and that's what you don't want. Shut up and listen, or listen actively asking questions that help your friend keep focused on, and speaking about, their bad feelings. Some people will find this easy to do being naturally interested in the person, and wanting them to speak more about how they feel and think about everything; other people who have been made to reject people and not want to hear their bad feelings, will want to stop them from speaking - want to stop them feeling bad so they no longer have bad feelings to speak about.

And keep going. There is nothing you can do about all you find and see about yourself as you do your childhood repression healing, other than accept it and keep speaking about how it makes you feel. Only the speaking and expressing and seeing the truth is what you can do, you can't actually heal yourself. This happens automatically and as a consequence of your seeing the truth. No truth – no healing. When you see the truth, then you've stopped denying that part of yourself. It has been healed. You might not feel this straight away, but as time passes you'll become aware that you have changed, that things that used to make you feel bad, don't anymore.

And as you feel better about yourself, you'll be able to open up and access even deeper hidden parts, causing you to feel worse about lots of other things, or the same things, yet more intense and deeper feelings about them.

Deeper and deeper you'll go over years. You will be guided by your soul. And you will see, there will be a purpose and a strategy that will gradually make itself known to you, but only if you stay committed to wanting the truth and wanting to live true. I can't stress how important it is to desire with all your heart and from the depths of your soul, to long for the truth of your childhood repression.

Your desire to find the truth of yourself is what fuels and drives your healing, without it you'll be wasting your time. With no desire to find the truth, you can endlessly speak and

express all your feelings, all you want, but without healing any of your childhood repression. It's my belief you can completely heal everything that's wrong within you by expressing ALL your feelings and longing to know the truth of them – why you are feeling them.

It is my belief (I don't know for sure, as I am not there yet) that you can heal all of your childhood repression.

Healing experience - It began with a dream...

It began with a dream, which I wanted to speak to Marion about so I could express all I felt and find the truth it was trying to tell me.

We sat on the couch and I said to her: I had a dream I want to speak about, are you ready for it?

And she replied: It would be better if you asked me saying: Can I tell you about a dream I had?

Then she explained to me how I made her feel by my all but demanding that she sit and listen to my dream. How I had just assumed that she is always there for me, always ready and willing to do what I want – I want to speak about my dream NOW, so she has to stop everything she is doing and listen – she has to instantly give her life over to me.

She also explained how I hadn't taken her into consideration, as it might not be convenient for her to listen right at that moment. How I just assume that I am the most important person in the world, and the whole world should immediately stop what its doing and pay full attention to me when I want to speak. I am the Great One and so when I open my mouth then all should subordinate themselves allowing me to have full power. I didn't consider her; I didn't want to be considerate of her feelings; really I treated her as if she wasn't an individual at all, but a faceless minion of mine, always ready at my disposal, like she's some kind of listening-to-my-dream-servant. And she also helped me to see that my not asking her if she can listen to me; if she can give herself to me; if she can give up her life and be available to me, is not speaking with humility asking her for her help, love and care. That I am not reaching out to her wanting to connect with her, another separate individual, and asking her into my life to be with me. That I am not wanting to have a true relationship with her – one on equal terms, without either of us being the boss, or having

the power over each other; but with us both having equal power and full respect – treating her like a real friend; and a friend I want to have in my life and share my dream with because I value her input and what she says, all without taking her for granted.

It was a lot of ground to cover before we even got to my dream. However the amazing thing was, that when I did tell her my dream – telling it to her as my friend, the dream symbolically portrayed all we had discussed. It showed exactly how right she was, and led me to understand why it was that I had treated her that way and not as my true friend.

I understood that I treated her exactly how my mother and grandmother treated me. I'd already, over my healing years, uncovered a heap of stuff about his treatment, but this helped to in a way summarize it, and put it into a succinct picture that I could understand and relate to, showing me the truth of it - and more of the truth of myself.

My mother treated me as if I was just there for her, for her convenience. I – me, the individual person, was of no account. And so long as I listened and paid her full attention, she said she loved me. She trained me into being her 'listening' servant; she was the all-powerful one, and when she spoke, I listened. I never engaged in the conversation actually telling her feelings about how and what she said made me feel; I couldn't do what Marion had just done to me – pull me up and alert me to her bad feelings, to something I did that made her feel bad. Mum killed my ability to do this, to express my feelings from the very start; there was no way it was ever going to be an equal relationship. How she made me feel was that she had me for herself and that was that. Like she went to the shop and bought me – a not real person, but one who will always just be there and pay attention to its owner, just like a good obedient dog. And she would talk away all day to me, telling me all about her worries and problems, and when I was older: whether that man liked her and would he call, and as he hadn't for four days, is he still interested in her. I was thirty-three years old and not once in all those years has she ever ask me if I wanted to listen to her – had she ever considered that I might have my own separate life. Not once did she ask if she could invade my space. Not once did she consider that I might have feelings, and that possibly I might actually want to share them with my own mother. No, that wasn't our way; it wasn't our pattern. I was forever to be the passive listener, her, the active one – the all-powerful controller.

And that is how I feel. That is how I conduct all my relationships. Fucked isn't it? And here I am doing exactly that now to Marion. Really there is no one there to listen, Marion, a real person, doesn't exist, but that doesn't matter because I only want to hear my own

voice. Really I am just like my mother – how can I not be; but I couldn't be exactly as she was: I couldn't demand and command someone else to listen to me, to take them over, because I couldn't compete with her. But my patterns still say that is how I'm meant to be in life: I'm meant to treat people like she treated me, so I treat Marion that way. But thankfully Marion can pull me up and point out through how she feels that it's the wrong way. And with her help, and the help from my dream this morning, I am more understanding about my fucked relationship with my mother. And I further understand why I can't have proper communication with my friends; why I no longer have any friends; and why I don't want any, because I don't want to subject them to the horrible yuk and bad feelings that I was subjected to. I don't want to do to them what I'm doing to Marion.

This whole experience went on all morning, and I saw more things about my behaviour and felt the many feelings associated with it, all of which I expressed to Marion. I felt bad for imposing myself on Marion and all other people I have had relationships with, but I also felt very sympathetic with myself feeling how badly mum and Gran had treated me.

Overall however, the worst feeling I felt was feeling so passive in my life. I'm not an active contributor in my own life. I don't know how to relate to people properly, being able to freely express how I feel. So I limit my relationships, and I miss out on enjoying getting to know the other person. At best, all I end up doing is speaking out into the ether not really expecting anyone to listen to me, and not knowing how to relate to someone if they do happen to come along. I hate how pathetic I am in my passiveness. I hate how they have made me.

But this is all very well to understand with my mind - still I have to express all the feelings I feel about it, and how it makes me feel.

I feel very bad. I feel angry, I feel scared. I feel terribly alone. I am alone in my own walled off little space. I have no one, there is no one with me. There are people like my mother around me, but they don't want to know and listen to all I feel. I feel so miserable; so scared that I will just be left - left alone for ever and then what will happen to me? I feel so utterly terrified of being left alone, and yet I am alone. I can't face this truth, because it's even more scary: to feel so alone can only mean one thing, and that is they don't love me - they don't want me.

What is going to happen to me? I can't stand it. My head feels like it's about to crack open. I feel very irritated and itchy all over. I feel like something is crawling under my

skin - my fear and my anger at feeling so afraid.

How dare they treat me this way. I am so angry now. I want to rage at them; I want to fly at them and hit them and smash them, and tell them how bad they are treating me by ignoring and not considering me. How dare they just leave me, all so very alone, what do they think I am?

But as I can't actually take my anger out on them, I feel pathetic only being able to speak about it. But at least it's better than nothing.

Now I just feel powerless. I am so ineffectual in my own life. I can't say NO to them, like Marion said no to me. I can't stand up to them. I can't tell them how bad they are making me feel. I can't do anything. I feel so bad, so useless, so inferior, and all these bad feelings make me feel like curling up into a ball and just dying. I wish I could simply vanish, go away, cease to be. Then I would stop feeling all these terrible feelings.

I can't begin to describe how bad I feel. All I can keep saying is: I feel bad. Bad, Bad, Bad. I hate feeling this way so much. I feel so bad that I can't do anything else. It's just another waste of a day. Now it's been ruined in the morning - the whole day, I will never feel good again.

I wish I wasn't how I am. I wish I could be as Marion would like me to be. I wish I could express and communicate properly. I feel retarded, so stupid, so pathetic. And so fucking trapped in my own patterns. I can't be any other way. I can't change myself, god I feel even worse now. I can't bear it. I feel so bad I don't even know what to write anymore. Bad, Bad, Bad! Yuk, yuk, yuk, just full of yuk.

I feel so miserable. I will never change, nothing good will ever happen... bad, bad, bad...

It's all to do with relationships.

A final point I want to make, which this experience illustrates, is that all our problems ARE really ONLY to do with our relationships. We are fucked up because of relationships: those that negatively influenced us in our early lives. So our focus and intent on doing our healing should be to perfect our relationships: how we relate to our self, each other, nature, and God – how we communicate, and are we expressing ourselves with love. Although I had a big dream to help me see all these things, really it's with Marion – in our relationship – how I communicate to her, where my problems lie. And this is why

it's crucial to express your bad feelings; we need to have a friend, someone who will give us feedback as to how they feel when we communicate with them. Because, mostly we become aware that we're being untrue when the other person speaks up pointing out how we are affecting them, and especially if we're having an adverse, negative and unloving affect on them. Then we have something more to speak about, to bring up all the feelings on both sides, all with the intention to find what's wrong, to sort it all out and to find the truth. All so we can heal the wrong and then live the right.

Marion and I made an agreement when we decided to have an intimate relationship together, and that was to help each other find the truth; which quickly led to finding the truth of our childhood repression. We agreed that we'd both try and express all we felt, telling the other person, and wanting to listen to each other, all with the intention of uncovering all our yuk and seeing what it was all about. And as our relationship has progressed along these lines, as a part of our feeling discussion, we've expressed all we've felt about our relationship, even agreeing to hate each other if such feelings should arise (and they have), and not try to put on any false loving pretence bullshit with each other. Our relationship is more of a working relationship at times; working on healing ourselves and perfecting our relationship, and how we communicate with each other. We both came to the understanding in our lives that there was no point going on otherwise, not until we can both live true. True to how we feel in each moment – in each feeling.

Ask God for Help

God, I want to do my childhood repression healing. I want to heal everything that is repressed within me – everything that is wrong with me. I want it all to come up, and I need Your help. I want to be healed – I want to be perfect.

God, I can't do it by myself. It's too much, and too hard. I am fighting against myself trying to keep all my negative patterns in place, most of which I don't even know exist – what they are and how they control me. So I need Your help to reveal them to me, and to help me find them out for myself.

Will You please help me to uncover the truth of them, and the truth of everything that's not right within me? Will You please help me to see the Truth of all I am repressing and why I'm doing it? And will you please help me see what my parents did to me to make me become the repressed person that I am? And can you please help me to see how I've taken it all on from them and am now doing it all to myself?

God, I want to have good and true relationships - with Marion and with everyone. I don't want to be the untrue full-of-shit person I am. I want to be able to connect properly, to reach out how other people seem to be able to do, to fully express myself truly, all I think and feel.

And God, I want to be a good loving friend, will you please help me?

God, I want you to help me uncover the whole truth of myself. I desperately need Your help. You know what I've repressed and where I'm wrong, so can You help me to bring out all my bad feelings so I can see what You see.

God, please help me to see the truth of myself that You want me to see; that You know I need to see to heal myself.

And God, as my parents didn't love me as I needed to be loved, will You? Please God, I need to be loved, and I need to feel loved by You. I need Your love to give me the strength to face the pain of my repression and to have faith that I will be able to heal it – to keep going and see it through to the end.

Thank You God for listening to me, Your suffering child – James.

Self-hate

No one wants to know about it, and who wants to read about it, however it's very important to understand and eventually accept about yourself, something you come to do through your healing.

To live in a state of self-rejection, untruth, denying so much of yourself, means you can only hate how you are - so you hate yourself. You can't love feeling so bad, you can try, but it doesn't work.

And all we do is try, as shown by our lives and our puerile attempts at trying to make ourselves feel better, telling ourselves we feel good, that we are happy and we love one another.

And as we strip away all such delusion we are left with the truth, and in the negative state that can only be one thing: that we hate ourselves.

And we hate ourselves because we felt hated as young children. Each time we weren't loved as we needed to be loved, in each and every moment, we felt hated, and so grew up hating ourselves. Because as you discover through your feeling, how you were, how you felt about yourself because of how your parents treated you, is how you believe you are as an adult.

And even though we might add layer upon layer of erroneous beliefs telling ourselves we love ourselves, it's all false, for we can't truly love ourselves when we live in a state of anti love.

But to come to terms with the truth that you hate yourself, and then to express all your feelings of self-hated is appalling hard, yet it's what each of us has to do.

And as we do, we come to see that incredibly our self-hated is nothing more than a fabricated state of being - along with all the rest of our negative state - something we've been forced to take on and make up for ourselves, yet something that we're not saddled with for eternity.

And as you remove all that's keeping your self-hated in place, it sure is a relief to feel yourself letting it go, coming back to your true self feeling self-love.

Finding the truth of love

By accepting we're living in an evil, negative mind and will condition, and in that state there is no way we can feel and express true and perfect love, the quandary is, but what are all those good loving feelings we feel - what are they and how do they fit in to our so-called, no-love state. And I've wrestled with this for years. And slowly I've been able to accept and see - I think - how it is.

From what Mary and Jesus say, being of and in evil, all we feel is coming from our mind that's focused on denying our true selves, and that it's through our corrupted minds that we generate the feelings we have. With our minds in control of us and not our true feelings as they should be, our feelings are in a way contrived by our minds all in keeping with our beliefs formed from our early childhood experiences. So we are not feeling feelings based on truth, but untruth; we're not truly feeling that which is true within us, as there isn't any or very little of such truth. So our love is really 'false love' as it's not fully founded on and so coming from truth.

Anyway, that's all very well, the theory of it, but the reality is we feel the full range of feelings from good to bad, love and happiness, to hate, fear and misery, and our feelings sure do feel real - too real, when you're in the depths of your despair. So whether they are true or not true, as in coming from truth or no-truth, who really cares, it's what we feel that's important. And it's what we feel that we must keep focusing on so we can gradually uncover the truth of such feelings - the reasons why we are feeling them. And so this is then the important part, not so much the feelings themselves.

So it becomes more about: why am I feeling loved, why do I love this thing or person, and expressing all such feelings to uncover the reasons why. Why do I feel hate, angry, miserable, why, why, why, and to keep saying how you feel whilst longing for the truth of why. And the feelings come and go, and as we grow in truth and change, so we think and feel differently about things. And what we might have once loved and felt so good about, we might find we no longer do, even changing to hating it. And also the other way around, as it's happened to both Marion and I, things we've previously hated, we now feel good about.

It seems that for the majority of people, having grown up feeling reasonably loved and cared about within their untrue feeling denial lives, they carry on in the same way in life, having the usual ups and downs, but mostly being happy with life. And all they consider they love, they love, and why not if they're happy with their life and the relationships in it. But for those of us who aren't happy and can't make a happy life they love, there are then obviously deeper issues at stake that need to be addressed. And I would imagine that most people looking for answers don't feel that great about themselves and their lives. And it's why you don't, irrespective of any love you feel or don't feel, that is what's important. So once again - the truth. So it's always the truth: what is the truth, and then having uncovered it - how does it now make you feel.

We all naturally want to feel loved, but it's doing all the things we believe are making us feel loved that we need to look into to see if they really are, or if we're only doing and so using them to cover up and hide from ourselves our bad unloved feelings. And most of our relationships are for this purpose, to help us gain power and feel better about ourselves and life because we feel powerless. A loving relationship will make us happy, however is it really doing so. Or is it because we're running away from so many bad feelings that are hidden inside us, and by feeling so loved and being so loving, we don't have to face them?

So often Marion and I read how people fall madly in love, and how wonderful their dream partner is, and yet by the end of the paragraph we know what's going to happen, the signs becoming more obvious to us as we progress in our healing. It's only a matter of time and the relationship falls apart and they have to set about finding another one, with all that 'perfect love' having disappeared. But why? Why can you feel so loving and loved for a certain amount of time, and then poof, it's all gone. True and real love never goes, it's permanent only ever getting stronger, So once again - what is all this love?

And, it's because we're not coming together truly relating to each other. We can only relate in our distorted ways based on how it was in our early life with each other. When you meet someone feeling that 'something special' feeling, if you seek the truth of it, you'll be able to trace back into your early life all the reasons why it is that you feel it's so special. And the same if the relationship fails. Absolutely every part of how you are and what you do, is as it is because of how you were treated during your forming years and right through your childhood. It's astounding when you get into the real guts of it - why you're attracted to that nice looking dark-haired woman is because... and the truth will come. Why you feel that spark with that person, is because... and it's because of the people that were in your early life. And it will continue to be so until you've healed it all, and set yourself free of it.

Practical healing points

More practical healing points.

Having struggled through the past sixteen years doing my healing, as I am very disconnected from my feelings and I wonder if I will ever be able to truly connect with them, I am possibly the last person qualified to write this. It has only been with and because of Marion's constant probing, prodding, and even often, demanding I pay attention to myself and focus on talking about all I'm feeling, that I've got anywhere at all. Left to my own devices, I'd not do it, as I have no idea what needs to be done, let alone how to go about it. I can talk about the theory of it, all I've come to understand from my experiences, but really I have to conclude, that you dear reader, are on your own. I doubt I'll be of any real help to you. And yet, perhaps that is not such a bad thing, and is even how it should be, as we've all got to find the truth of ourselves, for ourselves, it all coming within, which gives rise to immense satisfaction and good feelings of accomplishment when you do. However, having said I don't have much of idea about how to go about it, I will try and outline some of the more important points to it, these

being ones that have become important to me.

Marion is a very feeling expressive person. She feels every emotion very intensely. Reading out loud good or bad feeling words makes her cry. I compared to her, are all but feeling-dead. If you are feeling-aware, as in you can easily identify what you are feeling at any time, good luck to you; if you are like me who most of the time doesn't know what he's feeling - you're in for a hell of a struggle.

My early life was about killing all my feelings and emotions, keeping them all under wraps and not doing anything that would further upset and antagonise my mother. She was volatile, irrationally explosive, always prone to strong emotional outbursts, and very scary to live with. However I succeeded in blocking her out as I grew older, all at the expense of my own emotions and feelings. I was determined not to be like her (nor was I allowed to be), so I opted for being Mr. Stable, never feeling bad, never showing it, always being 'okay'. But of course I wasn't okay inside. Marion was allowed to feel her emotions only never allowed to express them. She was like a volcano full of pent-up anger and rage, but unable to vent any of it. It all tried to implode and destroy her numerous times, and it wasn't until she received some good therapy that she was able to take the lid off and set about working on expressing all the yuk bad feelings she's always felt.

I say repeatedly that we need to do our Soul- or Feeling-Healing to heal our evilness, but what I'm really saying is we're not perfect in our personality self-expression, and if we want to feel good, happy and truly loved and loving, we need to become perfect. Our evilness can be seen as expressed by our inability to fully and truly express ourselves, that being all the attributes of our personality, all so we can have good, true and loving relationships - with our self, nature, other people and God. And as I have come to understand, there are right and wrong ways to express oneself. And all the wrong ways are held in place by our wrong beliefs, all developed during our early life, which then govern our behaviour. So to look to rectify your personality expression denial, you look to your behaviour, wanting to understand why you are as you are. And we can do this using our feelings.

So let's say you've decided to fully commit yourself to your healing. Then you start by wanting to accept and then express every bad feeling you feel with the intention of uncovering the truth of them. So you self-monitor yourself, if I can put it like that, always keeping an inner eye on your feelings. Or, if you are suddenly feeling bad, you strive to fully embrace that bad feeling, keep it with you and not doing anything to try and make it

go away; and speak about it all - all how you feel, all how feeling that way then makes you feel. And you keep speaking about it all with the intention and understanding that you are 'speaking it out of you', and all so you can see why you're feeling that way. You might feel angry and know very clearly why you are angry, however that's okay and you can speak about that too, but it's very important to keep going with it, to try and go deeper into that anger, to try and express every part of it. So you say to yourself, or your friend says to you, okay, so you think you know why you're angry, that's good, but now see if you can do deeper into it, into why you are REALLY angry. And you should feel you don't know why, saying, I don't know, I'm angry because that man chopped that beautiful tree down. Yes, but why are you really angry, come on, see if you can go deeper. And so you try, and this is where your feeling expression really begins. And it doesn't have to all be done at once, you can pause, stop - start, you just do as you feel. And if you're 'normal', as in it's relatively easy to express and speak about such emotions and feelings, the energy will push them out of you, often even uncontrollably. If you find it very difficult to express and emote your anger, staying closed-mouthed yet seething away inside, then you may need help to get you going. And this is where your friend comes in, they can push and prod you, goad you into speaking about feeling bad, which of itself might stir you up until you finally break raging at them. It's all horrible argumentative stuff, but it's in these fights that you're digging deep into all the hidden nasty stuff, and it all has to come out. Your block will be because you weren't allowed to express your anger when you were young, so you might find saying something like 'I am angry, but I can't speak about it' helpful to break the ice. It's all for us to find the best way for ourselves to express our feelings, helping each other through our feelings. And as you go, you'll see, it will all happen naturally, you'll be taken this way and that, you'll feel very, very, very bad, doing ever deeper and into your yuk, but you have to keep going until it's all out of you.

We do need someone to express ourselves to. In your more intimate relationship/s if you can agree you're going to deal with your feelings this way, then you can work together helping each other. If you don't have such a friend, you can long and pray for one, and in the meantime speak out loud to yourself, write, talk to God, or seek professional help. It is however very important that you open your mouth and let the energy of your emotions and feelings be expressed, you can get a little way doing it in your mind, but it's nothing like how you'll be led into yourself when you're emoting your emotions and feelings. You'll be constantly surprised about what comes out of your mouth. And it's all helping you get to know yourself.

Now it's all very well expressing feelings and emotions, it is after all what most people do

all day, it is after all what makes life interesting as we communicate with each other. However, as my mother was an expert at doing, ranting and raving all over the place, if you are not expressing yourself with the intention of uncovering the truth of such feelings, is not going to get you anywhere, as you're nothing more than a boiling kettle letting off steam. And this in itself is fine if that's all you want to do to relieve the inner emotional pressure and frustration, however it will never lead you to uncovering the truth of yourself - finding out why you are feeling so bad.

So this is where longing for the truth comes in. When you feel bad (or good) and are expressing all you feel, at some point, or whilst you're doing it, long for the truth of such feelings. Deeply and very sincerely ask yourself or God to help you see the truth of why you're feeling what you are. Often during a pause in my anger outburst, or when I can't go any further with the feeling of misery I'm expressing, I long. And I long also when I'm not caught up in my feelings during more stable times. I want to uncover the WHOLE truth of myself, so the truth of EVERY feeling, that is my main focus and purpose in life - my personal commitment to myself. And in longing, I understand that all my feelings now as an adult are connected to early childhood feelings within me. However understanding that then brings up a temptation to use your mind to scan back into your early life trying to see how you feel now connects with back then, and although I do a little of this, it's best to keep your mind out of it. Marion doesn't do anything other than stay true to her feelings. She is 'in' them - she is them, they are her (of course), she is wholly them as she's expressing them. She is nothing else but her feelings. During a lull she might long for truth of them, always looking out for them, and ever ready to express even the slightest bad feeling; and to keep going, even if takes hours or days, until that bad feeling has gone. She doesn't try to connect her feelings with her early life, as she knows that how she is feeling now IS how she felt back then - is how she's always feeling, and the things happening currently in her life are only helping to bring up such feelings. So for her there is sort of no time differential between her early childhood feelings and her present adult ones, they are all the same. And then out of this comes the truth for her to understand. So she'll talk on and on about how she's feeling now, knowing it was how it was for her when she was young, and every now and then she focuses specifically on herself being young and how it's all connecting up now. We have both over the years talked endlessly about every part of our lives that we can remember, going over and over them when feelings connect us back with the past. You certainly do get to know each other and yourself, which is what it's all about.

In your healing relationship, like in a normal relationship in which you both want to get to

know each other, if anything you don't understand about the other persons actions or what they are saying makes you feel bad, you bring it up expressing those feelings. You try not to accuse them of being bad - if you can help it - and stay on your side simply saying how the way they are is making you feel bad. Marion is an expert at this, I get straight in accusing her of being bad. Then we fight, as she has to explain how I am verbally bashing her up and not staying true to my feelings, which when I can see it, I have to admit and accept that she's right and I'm in fact the bad one. So you say something like, I hate how you do that, it makes me feel scared. I feel really scared, like you're going to..., it's all about you, how you are feeling. Instead of something like, I hate how you do that, you shouldn't do it, it's scary, so don't do it, it makes me so angry that you're doing it. All trying to control and tell the other person how they should be, instead of attending to your own fear, why you feel scared, and also, then dealing with why you feel angry. I feel angry that you do this thing that scares me, I feel really angry because... If one of you in the partnership is inclined to stay on the more 'making everything nice' superficial level, yet you both do want to uncover the whole truth of yourselves, then it is for the friend to keep chipping away and pointing out to the other how impersonal and disconnected they are from their feelings. And for the other to keep admitting how scared they are of opening up, expressing all their fears and worries about what they think might happen to them if they do. Marion often asks me: why did you say that, why did you do that, and when I reply I don't know... then, what are scared about, can you see if you're scared or angry, all of which has helped me so much in staying focused on myself. It is at times like living with a relentless therapist, however as so many feelings come up all the time when you are together, there is an endless amount of times to stop and focus on all you're feeling.

Being a friend for each other is wanting to fully know the other person. So when they are expressing their feelings, and if they are in a very bad state, it's important to allow the other person to keep going on for as long as like, even to keep encouraging them to keep going. Most of us are so heavily conditioned to not go on, to shut up because everyone's had enough, so now in your healing it is time to go on, and on, and on and on. As children we were all forced to stop expressing ALL we felt, so now we can, and it ALL has to come out, and there is a hell of lot within you that needs to be expressed. Your personality has not been allowed to be fully expressed, you are not the full, real and true you, so your feeling expression will bring all of this out as you grow in truth, awareness and understanding of why you weren't allowed to be your true self and how you've created your false self.

You will find that once you get used to the process (that indeed there is one), and that as you move along in truth, which means the more you talk about yourself and express all you feel whilst wanting to see the truth of it all, the more a picture of yourself, how it is for you now and how it was for you then, starts to develop in you. And this picture will not be so good, composed of how unloved you feel, all of which will bring up yet more bad feelings. But the overall aim is for you to come to fully understand and relate to, and BE your negative self, your whole evilness. It's not about getting rid of it and getting on with a better life, it's about using your feelings to help you see how you are - all the good and bad you. And it's not about becoming the true evil person you are going out and hurting others and causing untold damage as you 'follow your feelings', it's about simply allowing yourself to be all the yuk that you are - to allow yourself to feel it. And to be able to talk about it all. It's all about getting to know the whole truth of your evilness. Talking about it is vital, expressing ALL your thoughts and feelings is the key - your healing takes place in your talking. And as this happens, gradually the bad you will of its own accord subside and be changed as you break down your controlling beliefs, you'll notice your behaviour changing and you'll know it's for the better - that you are becoming a better person. But first you've got to fully admit to being all the horrible, yuk person you feel you are. You will be shown all the bad (and good) ways you treat others, as determined by God and not your own fanciful ideas and opinions about yourself; and how you treat others will be how you treat yourself, and that it's all resulted from how you were treated. I'm constantly surprised, feeling very stupid and humiliated, and all helping me see how much I actually do hate myself when I believed I loved myself, just how many of my actions which I thought were caring, are in fact unloving, making the other person feel rejected by me, and not welcomed and wanted.

Ideally when someone is feeling bad, everything should stop as they are given full sympathetic attention being wholly supported in their expression of their bad feeling. However in real life, well, you might not want to be disturbed at the moment when your partner or child suddenly feels bad and wants you to stop doing what you're doing and listen to them. That might make you feel angry, so you as well need to stop and express your anger, it all conspiring to make you stop anyway. And you can work it out between you who goes first. One can with a little practice, and if ones feelings are not as pressing, put them on hold if need be, resurrecting them later. Or you can both yell and scream at each other and do whatever your feelings make you do. But all so long as you don't stop each other - or yourself if you can help it, from speaking about all you need to. And YOU MAKE THE TIME TO DO SO. If you have too many commitments to other things other than your feeling-expression... well, more bad feelings to express. And if you give

over to your bad feeling expression, your life will change and time will come. It's all a matter of priorities.

Marion never interferes with my bad feeling expression. As far as she's concerned that is all life should be about. So she will listen to me, making me express more: 'Why do you feel that, why do you think that, why did you say that, come on, surely you must feel something, you can't say you don't know, of course you know, it's in you or else you wouldn't have said it or done it; what are you afraid of might happen - what's your worst fear, and so on, until she's satisfied I've got it all out. And if I interfere with her feeling expressing, she gets very angry, as she should, as we all should, as any young child does, because they are her feelings, and good or bad, I have no right saying she can't have them or can't speak about them. It's been a continual struggle and source of bad feelings for me to have to stop doing what I want to do and listen to her, or to speak about how bad I'm feeling. Shit, I just want to get on with it undisturbed for five minutes without all this stop-starting having to keep on speaking about all the yuk that keeps bothering me! I wish it would all piss-off and leave me alone, go away - all how my parents treated me. They wished I'd piss-off and stop bothering them so they could get on with their very important lives. When we are young we are nothing but FEELINGS, the child and its feelings are one, its mind not as yet formed. So if you reject its feelings you're rejecting it, and that hurts, that's why the young child is so quick to react - its feelings being itself are vital to its survival, it feeling threatened with annihilation the second it's stopped from expressing itself.

Everything bad that happens to you, from the biggest to the smallest, is only happening to help you feel and express such feelings so as to see how on a feeling level such things happened to you when you were forming. You might get sick, a problem at work, a slight bad feeling after speaking with someone, you cut yourself, you fail to respect your partner making them feel bad - which then makes you feel bad, you lose money, your pet dies, bad feelings in a dream, everything, no matter what it is, is all happening to you to help generate feelings so you can express them and find the truth of what's causing them. Everything in your life now is doing that, however if you're refusing to use your feelings to uncover the truth of yourself, then you put such things down to: that's just how life is, and you'll never know why anything happens. But we can find out why everything happens - EVERYTHING, and furthermore, we're meant to - we have to! To not live this way is denying yourself, your soul, so it's living against the truth of yourself, against the truth that God is, so you're evil. Evil is trying to destroy personality, your own self and feeling denial is doing just that, trying to destroy yourself, your personality from being expressed.

The real nitty-gritty of your healing comes about in your closest relationships, and in all those little things that annoy you about the other person. From what I can gather, most people are happy if they get along reasonably well, you accept each others little, or even big, annoying ways, you laugh them off, happy that overall you love each other. But to fully do your healing NOT ONE of those little aggravating things must get by, if you feel bad - bring up those bad feelings! 'I've got a bad thing to talk about... it's about something you do... and I can't bear it'. Your relationship coming under such scrutiny will be thoroughly tested, and it might fail, for how many people want to have all they do constantly picked apart and examined by another person, let alone by themselves. But it's about getting to know yourself - every little detail. And as you work your way through one level of stuff, you can be rest assured the next level, and the next, and endless levels will keep coming up. Just when you think your smelly farts have stopped annoying your partner and you don't have to keep trying to stop yourself from doing them, she'll start complaining again, expressing how angry she is about you doing them. But that doesn't mean you should stop doing them to keep the peace, to stop her from being upset, it means you keep farting away and as loudly as you can to help her get angry so she can bring up her stuff about it. And she has to keep expressing her feelings to uncover the truth of why smelly farts annoy her so much, and she'll find it, and when she does she might even change to no longer minding your doing them; or, you might find your diet has in the meantime changed, or you no longer eat as much in response to your feeling expressing and growth of truth, no longer doing them. It is amazing how the problems that at the time seem insurmountable, once you've expressed all the bad feelings they are helping you feel, just seems to go away - as if it just disappears, not having been there in the first place.

And these things can take years before they naturally resolve themselves. And all the time you are growing in self-acceptance and so in acceptance of the other person. How we are to ourselves is how we are to the other person, we can't be any other way, even though we might have put a lot of false and learnt nicer behaviour over the top, but that will all get stripped away revealing what a shit you really are - more bad feelings!

Doing your healing with another person is simply having an open-feeling-expressing-to-find-the-truth-relationship, different to what is usually considered a normal relationship. And so in this relationship you should intend to bear your soul, tell your whole story, including all your secrets and fantasies. To have to admit and then speak about in great detail all your sexual perversions, your lusts and fantasies you might have about other

people than your partner, takes a lot of courage and acceptance on both sides. But if you can see that it's part of your 'illness', your negative and evil state, and you can't help it, it's how your parents and early life has made you be; and to heal yourself it all has to come out, then you will be able to take the plunge together possibly weathering all sorts of storms in your relationship. Getting to know each other completely is what you must want.

The mechanics of simply being together with the intention of expressing your feelings and wanting to find the truth of them will of itself provide you with the interaction and stimulation you need to live this way - you'll not be able to stop it. And even though at times you might wish you could go back to the 'old' way, ignorant of why you feel what you do, still, you'll feel the benefits far out way the ongoing drag and strain of feeling so bad so much. And if your healing is anything like Marion's and mine, most of your day will be about feeling bad and expressing such feelings. Going on and on, over and over, the same old feelings, endlessly speaking about how bad you feel; moaning and groaning with all your pain - physical, emotional and spiritual. It's fucking hard work, but for Marion she says it's her life, she has nothing else, and as she wants all her bad feelings to come out her, so it's simply what she does. For me, it's always, isn't it going to finish soon, I've had enough of this shit, when is my real life going to start! In my early life it was always, that's enough of that, here, have this now, or, stop that now and think about doing this good thing in the future. For Marion, there was never any change, always the same daily grind feeling bad as her parents continually mistreated her. As you will see, EVERYTHING of you and for you is all how it was for you back when you were young - nothing has changed.

And finally, when you express your feelings, try to express them with all the feeling of them. Don't just talk about them... I'm feeling angry about..., fully emote them as you feel them - 'I FEEL FUCKING PISSED-OFF WITH...' Open up and let them out - BE EXPRESSIVE! And if you can't be, having been too heavily conditioned not to be, try. And good luck - and have fun!

This is very important to understand concerning the doing of your Feeling-Healing or Soul-Healing.

Ones healing begins with the understanding that all how humanity is, is wrong - everything. So all how you are is wrong - everything. It doesn't matter if some of how

you are may be right, that will come out in the wash so to speak, but it does matter to begin by focusing on the worst; so you are not only all wrong, but you are evil too. So alarm bells should start ringing, you should feel resistance to this, for no one wants to be evil unless they are wanting to for reasons of false power.

So if you can accept, or just entertain the notion that we're all living untrue to ourselves, untrue to our soul, untrue to nature and untrue to God, then this is where you begin: by wanting to become true. True to yourself, nature and God. And so, you need to do your healing.

So then we look to our feelings to help us see this truth - how untrue we are and all that entails, and why we are untrue: what's happened to us to make us be this way. And we are to accept and express and long for the truth of all our feelings. And in uncovering the truth, so we will change, we don't have to actively do anything with our minds to make ourselves change into better people. We ONLY have to accept and understand and express all our feelings to do with how we feel about being in our untrue states; so uncover the truth of being evil; or, the truth of being untrue. And as we do, we'll slowly become more true just naturally.

Now the difference between what doing your Feeling-Healing or Soul-Healing is compared to every other type of healing - be it with a therapist looking deep into your traumas, or through spiritual or religious means, or simply using your mind to forgive and forget and 'get over it' - is that all such ways of doing your healing are merely so you can heal yourself of your current problems, then once done, be able to happily move along in life feeling a lot better, even feeling fantastic, having overcome your disease or bad emotional state. So these approaches are offering help to overcome such obstacles, to change yourself, all so you can continue on being more successful and feeling much better about yourself in life as you know it, HOWEVER, IT'S IN A LIFE THAT IS STILL ALL WRONG. And this is what's important to understand. So although you might feel wonderful having healed some part of yourself, or even your whole self as some people claim to have done, you are still only feeling more wonderful in your untrue, and so negative and evil state of mind and will. You simply feel more confident and powerful in your untruth, moving along happily still advancing it. So you've not healed ALL of yourself. You've not healed ALL of your Childhood Repression, you've not uncovered every feeling you've denied yourself since your conception. You will at best, only have scratched the surface of your true and full healing.

So what doing your Feeling-Healing and Soul-Healing is all about, is to HEAL YOURSELF OF YOUR WHOLE NEGATIVE STATE, to become positive and true. So it's a complete breaking down of how you are, and rebuilding into a new you, a you that is true and full of love and is truly loving. So it's a whole change of the inner person, and it will take time to be achieved and endless amounts of very hard work on yourself, because as you will find, you will have seemingly endless amounts of buried repressed bad feelings within you, all coming from what happened to you during your forming years.

So as your healing evolves, you will have breakthroughs when you feel great, and possibly feel you've healed your traumas, but it's not about then getting on living happily in what's left of your untrue state, it's about still longing hard to live true, and dedicating your life to achieving the goal of being perfect, and true to your soul. And if this is your intention, then rest assured, your soul will keep the pressure on you, even relentlessly until there are simply no more repressed feelings to come out of you. And by the time that happens you will have spiritually grown in truth to understand your whole negative and untrue, evil condition, and your whole way of life and all you stand for will have vastly changed.

So doing your Feeling-Healing and Soul-Healing is not to look into yourself so as you fix what problems are there, enabling you to get back on the horse that you seem to have fallen off. It's going off in a whole other and new direction entirely, living a very different life to the one you have known, removing yourself from the world in as much as not being untrue and evil like everyone else is, but still being able to be in the world, only in your true and perfect state of mind and will once you've finished your healing.

Briefly: How do you do your healing?

Briefly: how do you do your healing?

As we all live untrue to ourselves, so we've all got to at some time, be it here on Earth or in the mansion worlds in spirit, do our healing, and so become true. We all have to do our Feeling-Healing. And if we are longing for and receiving God's Divine Love, then we are to do our Soul-Healing - which is inclusive of our Feeling-Healing.

By becoming true we are seeking to perfect our self-expression, all being done through our feelings. Breaking down the control our mind has over our feelings, looking to truly express all we feel.

1. Identify your bad feeling.

Some people always know how they are feeling. For other people who are more used to blocking out feelings, they might find it hard and need initial help to realise they are feeling bad. For example, you might not know you feel scared or angry, but your body language might show it. A friend can help you understand that you are feeling bad, or suggest that perhaps you should be. How are you feeling... do you feel angry... aren't you feeling angry... in that situation I would be very angry. So the person can 'try on' the feeling their friend is suggesting they might be feeling, seeing if they make any connection with it.

2. Acknowledge you're feeling bad.

First we have to understand we are refusing to feel a lot of our feelings, mostly bad ones. So we have to look objectively at ourselves to see how we are denying them. If you feel bad, for example you feel miserable, what do you do? Do you do anything to try and stop yourself feeling miserable? And what do you do? Do you for example try to cheer yourself up, take your mind off your misery. Do you go to a doctor looking for help to get rid of your miserable feelings. Do you go to a movie, out for dinner, buy new clothes, have sex... Do you do anything to try and stop yourself feeling bad?

You have a headache - what do you do? Do you take pills to make it go away; do you lie down; do you just try and ignore it, just getting on with life.

You feel guilty - what do you do about the feeling? Do you do anything to try and make it go away. Do you use your mind to rationalise your bad feeling away, telling yourself it wasn't your fault...

You feel angry - what do you do about feeling angry? Do you try to stop the thing or person who's making you feel bad from continuing to make you angry. Do you fight back; do you vent your anger; do you try and rise above it.

3. Express your feelings.

When you're feeling bad and you know what feeling/s you're feeling, and have someone willing to listen to you, express, emote and speak about all you feel. Speak with the emotion of the feeling. If you feel angry, speak angrily as you express how you're feeling. Speak about it all, and for as long as you feel the feeling. Imagine the feeling you're feeling now is linked to deeper repressed feelings, ones you've denied and so are keeping buried and hidden within yourself. So all you're expressing now is also all you felt back then but didn't allow yourself to express. So it's now all coming out.

4. Long for the truth of your feeling.

When you can, long for the truth of your feeling. Want to really know why you're feeling that way - what is it, what's really going on within you that's making you feel so bad.

Long before you start expressing the feeling, during, and after. You can long to yourself, as in: why do I feel this way; what is this feeling wanting to show me; what can it tell me about myself - I want to know, I want to understand myself, get to the truth of myself. And you can long to God: please God help me understand the truth of my feeling You want me to see. Please help me see why I'm feeling it - what within me is causing me to feel this way. Speak your longing for the truth in your mind, or even better, out loud.

5. Keep going.

Keep talking about it all, expressing all you feel, moving this way and that, follow new feelings that come up. And ALWAYS LONGING FOR THE TRUTH OF ALL YOU'RE FEELING.

Getting help.

Assuming you have someone - a friend - to talk to, someone who wants to know you, hear your story, listen to you express your bad feelings all day long if that's what it takes, then tell them all you are feeling. And encourage them to ask you questions, all to help you to bring out more feelings. Why are you feeling that way now; what do you mean - tell me more; can you explain that - why are you so scared... what's going to happen to you... And then: AND HOW DO YOU FEEL NOW - how does that make you feel... You can ask yourself this too. I feel angry... you talk all about it... and then... how does feeling angry make you feel... you talk all about that... and then if another feeling comes up, how does that feeling make you feel.

Your friend is NOT to try and take over telling you what to do or how you should be to stop yourself feeling bad. They are not to try and solve your problem. And neither are you. If your training is to always try and fix it, then this will be hard to stop. The whole idea in your feeling expression whilst longing for the truth is to simply allow yourself to keep expressing and bringing out all you feel. To allow your feelings to take you where they will. And to not condition or judge or interfere with the process. And not to use your mind to try and fish for answers, looking back into your past and early childhood trying to work out what happened to you back then that might be making you feel bad

now as an adult. Just allow your feelings to naturally take you back if that's where you are led by them. Keep longing for the truth. Keep asking yourself or have your friend ask you questions about how you are feeling, all so you can keep expressing more of your feelings. And keep longing for truth. And when it's time, when you've expressed what needs to come out of you, the truth will come up of its own accord. And when it does, then you will know a little more about yourself.

As the truth comes.

And as the truth comes so you are healing yourself. You are becoming truer to yourself. Yet understand, that whilst you're in a negative truth-denying state being maintained and brought about by your feeling-denial, your becoming true means you will progressively become truer to your negative self-denying state. Becoming true to your untruth is how you actually heal yourself. It's all about understanding why you are not truly loving yourself. So your pains and yuk and whole negative state might seem to get even worse as you become more true to it, as you bring to light just how bad you feel and why you do. And this might go on for years - tens of years, all slowly helping you move toward uncovering the **WHOLE TRUTH OF YOUR NEGATIVE STATE**. And when you see it all, **THEN** you will be fully healed by your soul and God; then you'll move into being positively minded and willed, so completely true to yourself.

Once you're healed.

Then in your true state you'll naturally continue to express all you feel, all of yourself, thoroughly enjoying all the good feelings resulting from being this way. And you'll naturally keep longing for the truth, and it will keep coming of its own accord, and you'll be on your way evolving and growing your soul in truth.

What is the point of your healing - what it is really all about?

The point is to perfect your current imperfect self by using your feelings to uncover the truth of why you're not perfect.

Your imperfection is seen and expressed in your feeling-denial. So your healing is to help you eventually live true to all your feelings, to be fully feeling-expressive.

Being untrue to yourself - imperfectly expressing yourself - means you have many erroneous beliefs controlling your behaviour, all of which is unloving - even evil. And all

because you are living out of harmony with yourself; you're not living true to yourself, so not true to nature, or God either.

And our living in disharmony with ourselves is best seen in our relationships -with ourself first, and then with other people, nature (including our pets) and God. And most easily seen in ones relationships with children.

So the whole point of doing your healing is really to perfect your relationships, perfect yourself so are truly relating in your relationships. So you are fully, freely and truly expressing all of you - your whole personality - in all your relationships.

The doing of your Feeling-Healing or Soul-Healing will through your feelings uncover all the wrong beliefs and all the unloving behaviour resulting from them, all of which is making you feel bad, so you can understand why you are this way. How such beliefs got put in place during your childhood; how your behaviour reflects such beliefs and all the feelings good and bad that results from it all.

We can't be truly happy and loving if we're not perfectly expressing all of ourselves. If we're deny but one tiny aspect of ourselves then we're still imperfect and will be unhappy to some extent. And within that imperfection we can't fully experience love. So we can't fully give or receive it. And if you know where and how to look at your relationships, as in how you express yourself, you'll be able to see how this part of you is not working properly, how it's limiting your experience of life. So all these tiny parts, and there are tens of thousands of them, and all the psychology involved with them, need to be brought out in the open and seen for what they are and how they are not functioning properly.

So systematically your Feeling- or Soul-Healing will show you, and all coming about through your feelings, just what parts of you aren't working properly: what negative unloving behaviour is involved, what beliefs are determining it, and how that all came about within you through your relationships in your forming years.

And this is all getting to know the truth of yourself, the truth of who you really are.

What might be wrong in you is not always just the more obvious stuff. It's EVERYTHING that is not allowing you to perfectly express yourself, and as only your soul and God knows all those things, so we need to look to our feelings to show them all to us. And that takes time. And I assure you, you'll be often very surprised as to what

comes up and what you see and understand about yourself - and how wrong you are.

These are examples of some of the sorts of things within you that you might need to understand about yourself:

- That what you call loving is not loving at all, and is in fact rejecting and unloving.
- That when you say no to your cat or dog you are hurting their feelings; and it's how you say no, your tone of voice, your body language that's all wrong and unloving, so limiting your relationship with them as you're limiting your relationship with yourself.
- The way you brush your teeth is unloving, it's not being kind, gentle and respectful of yourself.
- How you dismissively wave your hands around in the air when you talk is a way of avoiding feelings so it's wrong and hurting yourself and limiting your relationships.
- Watching television is limiting your self-expression and so relationships, so why do you need to watch it.
- How you walk shows you are scared, living in a state of nervousness and anxiety, and of course this is not good for you or your relationships.
- When someone farts you feel embarrassed, for yourself - or for them, and so you feel bad - a bad feeling that's reflecting yet another part of you that's not right, and for you to uncover the truth of.
- Punching that person, kicking the dog, yelling at your child, this being something that's very obviously not right within you. The obvious stuff being obvious is far easier to see, yet it's the million and one little tiny things you do, think and feel that need to be looked into.
- Why you dreamt of that woman or man in a sexually arousing way - why you dream what you do, why you dream things that make you feel bad, why you feel bad about that dream.
- Why you wish you had a different life to the one you have.

- Why you are ill - sick with cancer for example. Another obvious example of things not being right within you.

- Any bad feeling, any pain, all shows things are not functioning properly, and how such feelings and pain makes you feel needs to be expressed and the truth longed for.

- Any physical pain, a sore toe, wind pains, an aching muscle, knee or lower back pain; any pain makes you feel bad, and you can ask yourself how feeling these pains make you feel. Express the feelings and long for the truth.

- Everything you are, all you think, all you fantasise and dream, all you feel and say, all you do, it's all an expression of your negative, truth-denying and so unloving and evil state of your mind and will. And it's all controlled by your mind, your beliefs holding it all in place, with your behaviour reflecting what's going on inside you.

So it's conceivable, and you probably should expect it, to feel worse and more pain as you progress in your healing, not less, because you are bringing all of your yuk and wrongness to light. And you've got to see how it all makes you feel.

Being now many years into my healing, and the inner me, how I feel about myself as a person, is continuing to grow in good feelings, whereas my body is filled with ever increasing pain reflecting just what a poor state I'm really in. How my parents didn't love me, and how their treatment of me all but crushed me out of existence, all whilst giving me a false belief of being alright and feeling good about myself. Now my feelings of feeling good about myself I know are real as they are coming out of the pain that my parents caused me to feel.

So do you understand: All of you is wrong, because you have been conceived into a unloving and wrong world. And all you think and feel and believe to be right and even loving, might not be what you think it is. And if it is all wrong, then through your healing it will all come to light. And by the end of your healing you will know why you are all wrong and how it all came about, and you'll no longer be it.

With our healing we only need to bring to light all that's wrong within us, we don't actually have to do anything about stopping ourselves being as we are. We only need to uncover the whole truth of our unlovingness. And as we do this, you will find you will change, just naturally responding to your feelings. And at times you might even find you can apply your will to change some part of yourself, but such inspiration will all come from your

feelings and NOT from your mind. And when you have uncovered the truth of why you're feeling bad - when you've SEEN IT ALL, then your soul and God will change you. Then you will be healed.

Q/A re: DLS and Healing

Q/A about spiritual things and other matters;
and how they relate to DLS and your healing.

These are some of the things I've read on various spiritual forums that concern people; and how they relate to Divine Love Spirituality.

Should you have any questions of your own and wonder how they would relate to DLS, or you'd like me to explain more about any of the questions below, please feel free to ask me on the forum

Q: Reincarnation - it's a huge area of belief, including karma. Is it true?

A: No, there is no such thing, it's all a mental delusion, all made up to help us avoid dealing with our feelings and looking into the truth our feelings want us to see. So there's no need trying to answer questions about it, as the answers will do nothing for your true spiritual growth. If you want to expand your negative state taking yourself further into your truth-denial, then reincarnation and all that's to do with it will certainly help you.

Q: Crystals - do they help you with your healing or spiritual growth?

A: No, they don't help you with your spiritual growth. Only fully acknowledging, accepting, expressing and longing for the truth of your feelings will help you with your spiritual growth. YOUR TRUE SPIRITUAL GROWTH WILL ONLY COME ABOUT AS YOU DO YOUR FEELING- OR SOUL-HEALING. All else will only serve to help you move deeper into the control of your mind. The doing of your healing IS your spiritual growth. All else is only a figment of your imagination.

Crystals can be used as a tool in certain healing situations, however one has to ask oneself, what is one trying to heal? ALL OUR TRUE HEALING CAN ONLY COME AS WE USE OUR FEELINGS TO UNCOVER THE TRUTH OF OURSELF. All other healing is just bandaid stuff.

Q: Can alternative healing modalities help you?

A: They can help you to further your negative state, to advance your mind's control over yourself. Also they can help you become more aware of the control your mind has over you. They can also help push you into your bad feelings and confront and even break barriers preventing you from moving deeper into yourself. However they should be used in conjunction with doing your Feeling- or Soul-Healing. Use them, and if you feel bad, use those bad feelings to take you deeper into the truth of yourself.

Q: Can regular medicine help you?

A: Once again use it to augment your Feeling- or Soul-Healing. If you need to use it, do so, all the while embracing your bad feelings, expressing them and seeking the truth they are wanting to show you.

Q: Is the Eastern or Western - as in Christian - way (or any other religion for that matter), better for you, as in: helping you to get to know God and grow spiritually?

A: Everything has the potential to help you feel bad. And feeling bad is your gateway to embracing your true spiritual potential. Because we exist in a negative so self- and feeling-denying state of mind and will, it's our bad feelings we need to look to for such help. Such systems are designed to keep you in your negative state, to maintain or increase your mind's control over you, to keep you avoiding and denying your bad feelings so you won't move with them deeper into your childhood repression.

Q: Does the Bible contain any real truth or spiritual value?

A: Yes, it contains some truths, however nothing that will lead you into healing your negative and evil state. It won't lead you to doing your Feeling- or Soul-Healing. It might, like everything help you to feel bad, then you can use those bad feelings to grow in truth.

Q: How do you know what is right or wrong, and what is the right way to go?

A: You can't know, you can only use the feelings you have at any one time. If you use them to help you do your Feeling- or Soul-Healing, as you uncover the hidden truth of yourself, in time you will just feel what is right and wrong for you.

Q: How do you morally perfect yourself?

A: By doing your Feeling- or Soul-Healing. Through your feelings you will bring to light all the behavioural patterns and beliefs that are causing you to be immoral. You will see how you are being unloving, to yourself, nature, other people and God - and why you are, that being how your parents didn't respect you. As you progress through your healing you will become increasingly righteous as you break down those evil patterns replacing them

with loving ones. As you learn how to respect yourself, so too will you respect other people, nature and God.

Q: How do I make myself be a better person?

A: You do your healing. We can't actually make ourselves be anything, even though we believe we can. All we're doing is adding yet more unloving beliefs to our already negative mind. You might feel you're a better person and even be more loving outwardly, but it's all still over the top of all your hidden unloving yuk.

Q: How do I give up things, and how do I know which are the right things - attachments to give up? And it is wrong to have things?

A: In doing your Feeling-Healing or Soul-Healing you are setting out to become true: true to yourself, to nature and to God. So if through your feelings you come to see that you are being untrue by having the things you have, you will also through your feelings uncover the truth of why you need to have them or do what you do; and when you've seen ALL of the truth God wants you to see about such attachments or afflictions, then they will go - be taken from you, or you'll easily just give them up no longer wanting them.

For example: what if you are attached, even addicted to, television, masturbation, drugs, work and certain foods. How do you give them up? First through your feelings you come to realise if you don't already know it, you are addicted to them, and that actually having or doing them makes you feel bad instead of good. You might still feel good doing or having them, but the aftereffects make you feel bad. And gradually those aftereffects make you feel worse than the good feelings make you feel. And all along the way you are working on such things to uncover the truth of why you need to have them or do them. And this can take years of embracing and expressing and longing for the truth of all your bad feelings to do with them.

Then when you've uncovered all the truth to do with them, so you'll know why you need them: what happened during your early life to make them be the false comforters you believe they are; how you're using them for power to stop you feeling powerless - so how you're using them to deny bad feelings by making you feel good; how you feel not doing or not having them; and when you no longer need them for any reason; and if they are not to be part of your evolving true self, then they will go.

You might find you no longer want to give your time to the television instead feeling better about speaking to your partner or friend with the aim of working more on your bad feeling expression. You might find gradually you no longer feel like you need to masturbate or have sex, that terrible feeling you had that drove you to keep doing it, simply no longer being there. You might just know you can stop taking drugs or drinking,

something within you has changed, and so just don't need them anymore. You might come to the end of your job, you know it's time for a change, you feel you don't want to work so much, instead giving more time to your relationship so you can work on your feeling expression; and suddenly you're sacked or the business goes through and your work is taken away from you. But it all happens when you've uncovered all the truth you need to see. It's not about giving up all your material possessions because guru said you have to so as to attain enlightenment, or give them up because you believe it's wrong to have them as Jesus didn't have any. You might find God wants you have even more of them as you progress in your healing. It's all about giving up having the control through your mind and just seeing where your feelings lead you as you grow in truth.

Q: Should I try to live like Jesus did, and be more like he is?

A: You can wish and long to be more like Jesus and even live like him, remembering you are not him and nor is your life anything like his. We are to all find out the truth of ourselves for ourselves, and so too the truth of our own lives, and all through our feelings as we grow in the truth that comes from them. In the end you will be of perfect natural love like Jesus, however, as to how you will express that love in life you will not know until you are fully healed. It would be better to strive to be like yourself - want to be your true self, and to live the life God has planned for you as you grow in truth through the doing of your healing.

Q: I feel jealous and envious; how can I stop feeling this way as I think it's bad to be like this?

A: You can only really stop by doing your Feeling- or Soul-Healing. As you accept such bad feelings, expressing them and all you feel about having them, and longing for the truth of why you feel them, you'll progressively over years work your way down into your early childhood seeing why you are jealous and envious now as an adult. All that you are as an adult has resulted from all how you were treated during your childhood. And when you've seen the whole truth of why you are as you are, you'll no longer be those bad things.

To try and stop yourself being these things using your mind and other mental techniques like prayer, will not help you uncover the truth of their root causes, it will only help you bury them even more.

Q: Does meditation help you grow spiritually?

A: The only true spiritual growth comes from uncover the truth of your feelings. So mediation and even prayer can help you become more aware of your feelings - it can also help you block them out more. It's up to you as to how you use such mind techniques.

Q: Does praying for someone else help them?

A: It is all about yourself, and no, it doesn't help them. We can only help ourselves, through the doing of healing. So it would be far better to look to your feelings to help you uncover the truth of why you want to pray for someone else. Your prayers won't actually harm another person, but they might help you deny your bad feelings even more.

Q: Can I ask God, the Holy Spirit, or my spirit guides or angelic helpers to help someone else?

A: You can ask them, you can do whatever you like. However once again it's why you want to ask, and are you trying to do such things to make yourself feel better, when you should be using your bad feelings you are trying to avoid to uncover more truth of yourself.

Q: It is wrong to have pets?

A: It's for you to uncover that truth and all your truth for yourself through your feelings. It's for us to uncover the truth of what's right and wrong for ourselves through our feelings. For myself I have uncovered the truth that yes it's wrong, however through my healing I had a bird and lovely cat who helped me no end to feel bad and uncover the truth of such bad feelings. We gave the bird away and our little cat had to be put to sleep, the whole experience making us feel so bad - so many bad feelings to express and look for the truth of. And as the truth came, so Marion and I came to understand that FOR OURSELVES it is wrong to have a pet. We don't want to subject anything to our will against its will. But like all these things, we followed our feelings as we looked to them to grow in truth and they led us initially to get the bird and cat, all so we could grow more with their help. We need to have experiences to help bring up our bad feelings, all so we can uncover the truth of them.

Q: Should I be a vegetarian; and is being one being more spiritual?

A: You shouldn't be anything. You should only live true to your feelings. You be what you feel you want to be all the while looking to express all your good and bad feelings so as to uncover the truth of them. And as you progress in your healing you will change your diet - you will change everything, so you will find your feelings leading you to do so. And in the end you might become a vegetarian, and you might not, it's all up to how God will want you to be when you are perfectly living true to yourself.

Q: Can I use symbology to analyse my dreams, and will that help me spiritually grow?

A: You can use it, however, only looking to your feelings for the truth is what helps you grow spiritually. So it would be better to focus on any feelings your dreams make you feel having dreamt them or feelings you feel whilst you are dreaming them, and then using those feelings as part of your Feeling-Healing or Soul-Healing - talking about and expressing them all in the morning or whenever you can, so as to help you uncover the hidden truth your dreams are trying to show you about yourself, your life and your relationships with your parents and early carers.

Q: Can I find God through my mind?

A: No, only through your feelings. It's a relationship with God we are in and are looking to evolve; and relationships, even with yourself, only grow and evolve through and with feelings. Many people mistake the good feelings they have from expanding their intellectual mind when they come to understand something mentally as being spiritual growth. But it's only mind expansion - for example, taking on the belief of reincarnation. It's all only mind - belief - expansion, not true spiritual feeling expansion - or growth.

And whilst your mind is of a negative state, it's all only leading you further astray, further from the source of your real feelings - your soul. When you come to know God through your feelings as you come to know yourself, then your mind can come in and support such feelings, then it can help to provide a mental structure upon which you can base your beliefs and build your behaviour so as to express all you know to be true through and with your feelings.

Q: Will I go to hell if I'm bad?

A: You're already in hell, so far as having all the pain you're not wishing to acknowledge from your early childhood hidden away inside you. And if you transgress the Laws of Will too much, then yes, you will need to spend time in what is called hell, time to experience all the pain you've inflicted on the other person or creature. However if you choose to do your healing, then through your healing you'll come to terms with such pain as you fully embrace, express and uncover its truth.

Q: Is pornography bad?

A: Not of itself, it is just what it is. It's ones motivations of why one needs it that needs to be looked into. All one feels about it, and how one feels about all aspects of it: how one feels needing it - wanting to look; how one feels when one is indulging in it; how one feels afterwards - all the good and bad feelings, they all need to be fully embraced and their truth sort so one can understand why one needs it in ones life. And like everything, when one has uncovered all the truth to do with it, if it's then no longer needed as a part of

your soul growth, it will go, your desire to look will leave you.

Q: Is it helpful to speak with angels or spirits, even nature spirits and God, assuming one can do it?

A: Yes, it can all be helpful, as with anything and everything in life. However again it's why you want to speak with them, and are you doing it to help yourself block out bad feelings. Such outside influences and all be greatly beneficial to helping your mind understand what's going on, all so long as you don't allow your mind to use them to maintain its control over you, should you want to live true to yourself and true to your feelings. And if this is the case, such influences might also help you to feel bad, giving you yet more feelings to express and seek the truth of.

Mary Magdalene and her messages

The System Rebellion, and the Planetary Default

We are all how we've been MADE to be, no one has chosen it for themselves.

Mary and Jesus

As you can read in The Urantia Book, we apparently live in Jesus (and Mary Magdalene's) universe – Nebadon, one of many 'local universes' that constitute our part of a Superuniverse – Orvonton.

Now a lot of people aren't too interested in the bigger cosmic picture, and you don't need to understand it to successfully live DLS, but you do need to fully acknowledge and accept Mary Magdalene and Jesus as the 'spiritual parents' of this universe – that we live in their realm. So being a part of their spiritual 'family', it goes without saying, that what they say, goes. So, to go racing off in a spiritual or religious direction that doesn't honour them is futile, as you will never grow in truth according to how they live and grow in truth. So all those spiritual and religious systems that deny Mary and Jesus will only succeed in sending you further up the river without that paddle.

Ideally what we'd love is for Mary and Jesus to come personally to us and teach us, guide us and help us to understand all that we need to, so as to live happily and lovingly in their universe of truth.

But as they can only be in one place at one time, it's impossible for them to get around and spend all the personal time we'd need with them, there being simply too many of us, and to progress in ones truth ascension, requiring too much continual help.

So to get around this problem of limited time and space, the Mother and Father created Mary and Jesus' soul with an ability to 'pour out' and liberate a 'comforting spirit' from within them – a spirit called: The Spirit of Truth.

So with their Spirits of Truth liberated, which happened when their lives on Earth ended, in effect, everyone who needs their personal help, assistance, care and love, can have it, being attended to personally by their Spirits of Truth.

We therefore need to 'embrace' Mary and Jesus, to accept them for who they are, and call upon them for help – this being what we do with our constant longing for the truth. Mary and Jesus being the personification of Truth – or, the LIVING TRUTH. Our sincere longing for Truth invites their Spirits of Truth to come and 'comfort' us, by helping us find it - the comfort coming to us when we do uncover more truth: the sheer relief and pleasure and comfort in knowing, that at least another piece of our negative condition had been healed. (We don't have to call upon Mary and Jesus in person, expecting or hoping they will respond to our pleas for help. But calling upon their Spirits of Truth, by longing for the truth, is the next best thing.)

And provided your longing for the Truth is true, sincere and honest; and provided you long, yearn, desire and want it with all your being; and provided you express your longing with your feelings, then their Spirits of Truth are free – as you are inviting them to come and be with you – to come and help you.

From this you can also see that if you only acknowledge Jesus, leaving aside Mary Magdalene, then sure, you'll have Jesus' Spirit of Truth helping you – such as some people in the Church and those who have read and accept the Padgett Messages do, but your growth of truth can only be limited because you're denying the feminine part.

So this is why DLS makes a big deal about Mary and the feminine. A lot of people accept Jesus, but few understand the significance of Mary Magdalene, accepting who she is – being Jesus' equal and soul-mate.

As we long to know the truth, we need BOTH Mary and Jesus' Spirits of Truth helping

us, otherwise we simply can't receive all the truth we're longing for!

Mary's messages

Below, and on the next page, are some inspirational spirit messages I have written with Mary and Jesus. They may help you accept them, and so open yourself up to help from their Spirits of Truth.

Most of these messages were written for a Divine Love forum some years ago.

(21/5/2006)

Message 1. Longing for God's Divine Love.

Hello, I am here Mary. Yes, it's me, Mary Magdalene of the Bible, and true soul-partner of Jesus. And I want to write these four messages to you in response to James' request. I want to appeal to those people, both women and men, who are sincerely looking and longing to know the truth of themselves, their lives and God.

I intend to write four messages covering certain aspects of truth.

To begin with I want to write about this method of spirit communication. I am currently in the third Celestial sphere conveying this message to James through mental transference techniques that one learns to do as a spirit. The preciseness and quality of information and truth I can pass through him to you all depends on the condition of his mind, and the beliefs it contains, and the level of truth he is living. Naturally the higher the level of truth his or anyone wishing to communicate with spirits is, the more in harmony will he or their beliefs be with the higher levels of truth, so the more true will be the message. If you are familiar with spirit-mortal communication then you might have noticed that the same spirit can be speaking to a number of different people and yet their messages seem to vary in content and truth. And this is because of the differing minds and their beliefs, and the differing levels of truth those people are on in relation to the spirit. And just because it's a spirit speaking to a mortal doesn't necessarily mean that the spirit is advanced in truth and universal understanding. There are many lower level spirits actively communicating with people and being given far too much credit for the information they are conveying, as it is not of a high level and does not adhere to the truths of God.

What are the Truths of God?

Each of you can decide to live with or without God in your lives. If you choose to live without God then you are setting out to advance your mind and spirit if you are interested in spiritual matters, but you will only be able to attain a certain level of advancement, and it will be only a relatively low level. The reason for this is because you will not be able to evolve or 'spiritualize' your mind beyond a certain point without advancing your soul. Spiritualizing your mind and ascending in truth with your soul are two very different things. And you can only advance your soul with the inclusion of Divine Love.

If you want to advance your soul then you will need to include God. However, you will need to include God in accordance with what Jesus and I are revealing to you. If you don't, then you are still only advancing your mind, but with God included in it, and that will have no affect on your soul growth – your true advancement of truth.

How you include God in your life the correct way, as this is what Jesus and I want you to understand, is for you to want to partake of God's love – the Divine Love; to want God to love you with His and Her Love. Simply for you to want God's Divine Love to be in your soul. So how do you achieve this? It is with a sincere and earnest longing, a real and true desire to have God's Divine Love in your soul, that you come before God and yearn with all your heart and soul for God to give it to you. God is offering you Their Divine Love, but it is up to you to take Them up on Their offer. They will not force Their Love on you. You have to really want it; want it more than anything else, and if you do, then you long to God for It.

How do you long?

No doubt you have longed for things in your life: a glass of water when you're very thirsty. Can you feel your longing in this situation? You really want, almost desperately want the water, nothing else will suffice, and nothing else matters. Your longing for the water is expressed without words in the instant you want it. It's as though something within you is calling out for the water and if you were to express this longing with your mind then you might say 'I'd love a glass of water', or more truly, 'I want a glass of water', and then you'd act on your 'want' and go and get yourself a glass to satisfy your need.

Your longing for God's love is to satisfy a need, a need from deep within your soul, a deep

need to be loved, and to be loved by God. If you can feel this need, then you will also be able to feel you want God's Love; and if you want it, then you can long to God specifically for it. And you long to God wanting Their Divine Love in a moments inspiration, just as in a moment you suddenly became aware that you were thirsty and wanted water.

You long to God for Their Divine Love without the need for words. You allow your heart to long; you allow yourself to want Their Love and with your longing you are going to Them telling Them you want it, and asking Them for it. You can support your longing with words, prayer, such as: 'Please God give me your Divine Love. God I understand You are offering me Your Divine Love and yes, I want it. Please will You fill my heart and soul with Your Divine Love.' But in asking Them for Their Love understand that it's your longing that does the actual asking, not your mind. It takes a moment to long and in that silent calling out and telling God what you want, God will answer your prayer and give you Their Divine Love. And you can feel it coming into your soul being brought to you by the Holy Spirit. Once you have longed, do nothing, wait, and see if you can feel Them loving you. You can long in prayer or meditation, or anytime the feel you want to. But once you have longed, allow yourself time to receive Their Love, give yourself some moments of peace allowing Them to love you, to respond to your longing. You can sit for one or ten minutes, or half and hour, or as long as you feel Their Love coming into you.

So to summarize: you can long to God for Their Divine Love. This starts a soul to Soul relationship with Them. You Their child longing to Them your Soul Parents for Their Love. Your wilful longing takes but a moment's inspiration and is all that is needed to invoke Their Divine Love. And you can support your longing with your mind by asking them with words for Their Love and telling Them from your feelings why you want it. God responds to your souls longing, not to words. Prayers of words only, and devoid of sincere longing, fall only on deaf ears. If your words truly convey your longing, then it might seem like your words are influencing God, but it's always your longing.

Mary M.

Message 2. God, who are They?

God is your Heavenly Father AND Mother. But what does this mean?

God is a Soul, One Great Soul, and that Soul has two main aspects to it; two aspects that

can manifest as Two Personalities, who you can personally get to know as your Mother and Father.

Soul is Soul, and that is that. What is soul? That is the great unknown question of the universe. That is what the whole of Creation is discovering as it comes into being, as it is brought into existence by Soul.

As Soul, the Mother and Father just, ARE. But They want to experience for Themselves, who They are, and so have brought us into being to help Them do so. You, as I am, are a soul like They are. You and I are manifestations of one aspect of our souls dual personality – hence soul-mates. Crudely speaking, the Mother and Father are Soul-Mates. You have a soul-mate – the other ‘half’ of you, and Jesus is my soul-mate. The Mother and Father’s Soul and your soul and my soul and everyone’s soul are separate creations, and yet also on other levels we are all apart of the One Great Soul. Your soul begins its ‘life’ in Creation by manifesting both a man and a woman who will continue to live in spirit after a flesh life (even if that flesh life is very short lived), and are one day, be it on Earth or in spirit, destined to meet with each other and live the rest of eternity together becoming evermore closer to being one.

Upon our Mother and Father’s say so, our souls manifest us in Creation. They create for us our spirit from – body – and the physical body whilst you’re on Earth, and your other subtle-body forms used to experience life and connect each of your two main body forms. When you die, you leave your physical form and wake up in your spirit form. Your spirit form is with you now, as really you are living life more through it than you are your physical. Your soul always stays where it is – in soul-reality – it never goes anywhere. You don’t die and your soul goes into spirit, it’s your consciousness and mind and feelings and will that wake up within your spirit form after death.

God, your, our, Mother and Father, live on Paradise, a place at the centre of Creation, or in the highest heaven. And They have created us in Their image, hence your soul brings you and your other half into Creation. And you live experiencing life so as to learn the truth of it, yourself and God, all being done with your own natural or self-love. You are not brought into Creation already divine, you are brought into it in the image of God, yet with the potential to become of the essence of God, to become divine, just like They are – Perfect. And how you achieve this is by accepting their offer of Divine Love. You long to Them affirming to Them that you do want to partake of Their Love; that you do want to become as They are - divine and perfect, and live as They do - live with your will

according to Their Will. And so in doing this you are setting out to transform yourself from living without Them and in the image only of Them, to living at-one with Them, with Their Divine Love, and becoming of Their essence – divine. And if you choose this way of life then you are setting out on the greatest and grandest spiritual path of all, that being to steadily ascend all the spirit worlds of truth, all the way to Paradise. And when you arrive on Paradise there you will actually meet with God, with your Heavenly and Paradise, Soul Parents - your true Mother and Father.

If you don't want to live this way: with God and Their Divine Love, then you can set about trying to perfect your natural love, living in the image of God all being achieved through mind and spirit advancement. You can have a mental relationship with God, you can believe in God, but you can't get to know God directly as your Mother and Father, because you won't be longing for and receiving Their Love. And your soul won't be transforming itself into a state of being that will enable you to relate directly to Them, and to live how They are living, and how They want you to live.

If you sincerely want to live and do God's Will, then you can't achieve this level of harmony and perfection and at-onement with Them unless you are actively partaking – longing – to Them for Their Divine Love. You can believe whatever you want about living God's Will, you can say you are because you adhere to what the bible says, but this is all still only relating to God with and through your mind.

If you want a true relationship with God, then you can ONLY have it by partaking directly of Their Divine Love; and when you are longing to Them for Their Love and They are giving it to you via the Holy Spirit, you will feel the 'Holy Ghost' come to you, feeling it move into your heart where it will give your soul the Divine Love it has been longing for. And once your soul has received some Divine Love you will have the feeling that you have received it; you will know that now you have God's, your Heavenly Mother and Father's, Divine Love in your soul. And it will never leave your soul. You can't give it to another soul, but it will affect the 'light' of your natural love.

Many people have longed for (mostly unconscious of their longing) and partaken of the Father and Mother's Divine Love, however, they are not aware that they do have it within their soul. And they are not aware of the truth of consciously and actively longing to Them directly for it. And many other people believe they have God's Love within their soul and they are mistaken having not partaken of the Divine Love, only believing various things about it and their relationship with God.

If you want to live the highest and truest spiritual life: true to yourself and God, then you will at some point need to actively partake of Their Divine Love. Their Love is the key to it all and this is the main message Jesus and I want to convey to you. Without Their Divine Love in your soul your spiritual growth will be limited to mind advancement only, and you will be restricted to living within the mansion worlds, never entering the Celestial spirit spheres and beginning of your Paradise ascent.

Mary M.

Message 3. What happens once you've started to receive God's Divine Love?

You can long for and partake of our Father and Mother's Divine Love and do nothing more. What will happen is slowly you will acquire more of Their Love in your soul and it can make you feel better about your life and how you live it, and your relationship with Them. It can provide you with a feeling that you are closer to God, that God is now in your life in a real sense, as you can feel God's Love within you. You will be able to live knowing that God does love you; that you are not alone; that you are Her and His child, and you are setting out on your discovery of what life with Them is all about.

You can live out the rest of your physical life this way. You can, as always, do what you want. And when you come to spirit you can continue living your life this way, longing for Their Divine Love, and gradually accumulating more of it in your soul. And in spirit it will make you feel even more loved by God and closer to Them, as you won't have so many of the physical interferences.

You can live with the inclusion of God's Divine Love in your soul on Earth and in spirit, but unless you want to grow in truth, then this is all you will be doing: enjoying the feeling of God's Love within you and knowing God loves you. You won't be setting out on your spiritual journey of truth to Paradise. You won't be advancing your soul in truth. And TRUTH, as you will discover, is all-important, almost just as important as the Divine Love.

Many people say they want to know and live the truth, but they say this with only their minds. And to a very limited extent with your minds you can grow in truth and know certain things, but none of these things will be to do with your soul. You might believe

they are, but they won't be.

The sincere truth seeker wants to know the truth, and the whole truth, of her or his soul, and longs constantly for it. And once again it's the longing: your longing for the truth of your own soul, that will drive and determine the success of your growth of truth. Many people believe that they do long and want to know the truth, but they only believe such things and are still seeking the truth with their minds and through their beliefs, and this will not allow their soul to reveal to them what it is: what Truth it is that God wants them to know.

Once you are partaking of the Divine Love, if you then want to grow spiritually, that is, grow in truth and advance your life to Paradise, then you will have to ensure that your longing for truth is sincere and from and with your whole heart and soul, and not just with your mind. And to do this is very difficult. Because it means you are then going to want to know the whole truth of you – of your life, of your life so far; and if you sincerely want to know this truth, then ultimately it will lead you back into the truth of your early childhood. And it's seeing the truth of your childhood, and particularly your early childhood, that most people try to avoid. They are quite happy filling their minds with information, knowledge, and all sorts of things claiming they are growing in truth, but it's all being done to keep themselves away from the truth of their early childhood.

When you start to look into the very depths of your being, that being what happened to you when you were very young; what happened to you from conception through your first six years, then you are going to find things that won't make you feel so good. And it's not feeling good - feeling bad - that most people want to avoid. If discovering the whole truth of yourself makes you feel bad, then few people will want to know about it. So it's then much easier to partake of the Divine Love and try to be all-loving, refusing to accept your bad feelings, and refusing to allow them to help you see the truth of what you experienced - of what you felt - while you were forming.

What you experienced during your formative years is how you are now; how you live your life as an adult, and it determines how you feel about yourself, life and God, and whether good or bad things happened to you. So if you want to know the truth of your life now as an adult: why you see yourself the way you do; why you say and do the things you do; why you behave as you do; why good or bad things happen to you, then you will need to look back into your early childhood for the answers.

If you want to know why you feel bad, why you feel pain, why you are sick, why things don't work out for you, why you can't get what you want, why you feel unfulfilled, why you don't know the true direction to take in your life, why you feel powerless, why you don't like yourself as perhaps you'd like to, then you will have to want to look into your early childhood to find the answers.

Most people spend a great amount of time doing things so as to avoid their bad feelings – feeling bad – and don't want to look into their childhood repression, into what they may call their denial.

If you are sincere in your desire to grow in truth, then you will have to start to think more about accepting your bad feelings and wanting to see what they have to tell you about yourself and your early life. All of the unanswered mysteries about life and yourself can be answered by seeing the truth of your early childhood.

In these messages, I don't want to go into too much depth as to what is required by you to see the whole truth of yourself. James will help you understand more about this if you are interested. For the time being, I want you to understand that your spiritual growth is completely dependent on seeing the whole truth of your childhood whilst you're existing in your negative state - nothing else. You can read all sorts of spiritual books, you can sit for hours in meditation, you can pray all day, you can do all sorts of so called spiritual practices, and you can even long for the Divine Love; but unless you are determined to uncover the truth of what really went on during your early childhood and how you felt through those forming years, you will NOT advance your soul in truth. You might advance your mind, if that is what you want, but it will all be at the expense of your soul.

Mary M.

Message 4. Accepting your bad feelings.

If you do want to advance your soul, then having longed for and received God's Divine Love, you will need to start to accept your bad feelings. Mostly you will be doing all sorts of things to ignore or reject them, to keep them away from yourself, because after all: who wants to feel bad?

And many of the spiritual practices are designed to help you further deny and avoid your

bad feelings. Many of so-called healing practices, including regular medicine and alternative, are designed to help you keep your bad feelings suppressed, further preventing you from feeling bad.

The truth is you were made to feel bad many times during your early childhood, and much of what happened to make you feel bad caused some level of will-interference within you. You weren't allowed to express yourself as your soul wanted to, and every time you were stopped from doing this, you suffered some level of trauma making you feel bad. And as you were then not allowed to complain and not allowed to express how bad you felt, you were made to deny and suppress, and then keep repressed, all these bad feelings. And they are still within you, within your soul, waiting for you to go back to them and allow them to have their say.

If you can accept your bad feelings and allow yourself to express them, all the while seeking the truth of them, then gradually you will come to see and understand, and feel, the whole truth - all you felt and experienced back then. Gradually you will see the whole truth of yourself and all your pain will be healed.

This is your soul-healing, and it includes the healing of your negative mind and denial-of-will condition, and the liberation of all your repressed childhood feelings.

And this is the hard part facing you.

And this is where your true spiritual growth lies. Anything that's called spiritual, yet is all about helping you to deny your bad feelings, preventing you from seeing the truth of them, is not going to be any good for your soul development. It might advance your mind, but as I said, at the expense of your soul, and in the long run, will only make you feel unhappy and more discontent.

The truth about your childhood repression is new to Earth. It is what people have been looking for down through the ages, but because they haven't wanted to confront and accept and look for the truth of their bad feelings, and why they feel bad and why bad things happen to them, it has never been presented to you from spirit.

Jesus has revealed the truth of longing for the Father's Divine Love in the Padgett Messages, however, he doesn't speak about the need to heal your childhood repression, nor does he introduce your Heavenly Mother. He can't reveal the Mother, as that is my

role, I am your spiritual mother as he is your spiritual father, and together we are to reveal to you, your Soul Parents.

If you want to advance your soul in truth then you will need to accept both Jesus and I, and the longing for your Heavenly Mother and Father's Divine Love, and the doing of your soul-healing – seeing the whole truth of your childhood repression. This is the true way to live with God, everything else, no matter what it is and what it says, is only at best, advancing one's mind.

The great confusion humanity exists under on a spiritual level is believing that all that is on offer to you through the mainstream religions and alternative spiritual philosophies offers something to help you advance your soul, when it doesn't. It is all only based around and involving advancing your mind. All because it doesn't honour Jesus and I, and the truth we are teaching and revealing to you; and all because it doesn't include getting to know the Mother and Father as I've said.

Many people feel and believe that something is going on spiritually that is effecting humanity - something from spirit. However, that is not entirely correct. What is going on, is your soul is making you look into other things in life; it's making you question yourself and society. It's stirring up unrest, pushing your repressed bad feelings to the surface, and you can either accept this and learn about it, and then go with it, or try and fight against it.

As the truths Jesus and I are introducing to humanity are accepted, then those people accepting them will be able to ride along on this wave of light surging into them from within their soul. Those people who are only interesting in pursuing spiritual matters with their minds will make up all sorts of explanations as to what they are feeling, and will do all sorts of things in the belief that they are tapping into this new light, but they are not truly honouring themselves. They will bind themselves more into their minds control, missing out on what really is going on.

There are many changes coming to humanity and on all levels from the physical upwards and inwards. These changes will come in waves and are designed to put further pressure on you and society to make you question your intent in life. And ideally to help you to see that your bad feelings are very important: a very important part of you; and that instead of being denied; instead of you denying a fundamental and crucial part of yourself, you should go the other way and start to accept them. They are you.

With all my love and blessings to you, your sister in Christ – Truth – Mary Magdalene.

Hi James, Mary.

I want people to understand categorically that unless they do their soul-healing as you're portraying it; unless they embrace the truth Jesus and I are revealing: that includes God as both your Mother and Father, they will NOT become Celestial spirits. This is very important.

Many people incorrectly believe that doing as Jesus says in the Padgett messages is enough to one day help them to become Celestial, and it's true, but only once they've also embraced me and all I'm saying; and ONLY once they've done ALL of their soul-healing, which is inclusive of healing and seeing the whole truth of their childhood repression. There is no other way to attain a Celestial level of truth, that is, to ascend out of the mansion worlds. The mansion worlds are currently for those people - spirits - who wish to continue to exist in rebellion and default; to live in some way with their negative mind in control. And until you've completed all your soul-healing you are still of a negative mind and will condition and so confined to the mansion worlds.

And the doing of your soul-healing is to be done as you and Marion are doing it, not any other way. It's not just a matter of praying to God for his Divine Love and somehow God will remove all sin and error, it's simply not going to happen like that. It can't, because you need to systematically work through all your sin and error with the Mother and Father and uncover the truth of it. Without seeing the truth of it they'd be no point in experiencing the negative; they're be no point in living it at all.

Many people want to become Celestial spirits and so they should, but it's not going to happen until they put in the hard work. The doing of your soul-healing is a real and valuable part of your Earth experience, that which began at conception and ends when you do attain a Celestial level of truth.

Mary M.

Mary's life

Here's briefly some of what Mary has told me about her life on Earth. It helps to personalise her a little more, and shed a different light on her other than seeing her as a prostitute and someone who Jesus cast demons out of, and all the rest of the nonsense attributed to her, all as a part of the flagrant denial of her.

And when you think back 2000 years ago, try to imagine Mary as Jesus' equal and soul-mate – a formidable woman of truth – and yet someone who had to remain heavily suppressed being 'only a woman' and subservient to men.

It's also interesting to note that in the Nag Hammadi texts we see a little more of the true Mary Magdalene; the one who was Jesus' most 'Beloved Disciple', and Jesus telling Mary: 'Excellent, Maria. Thou art blessed beyond all women upon earth, because thou shalt be the pleroma of all Pleromas and the completion of all completions.' Which you've got to say sounds pretty impressive.

And if you consider Mary in the light of who DLS says she is, then it will take Mary's truth - the introduction of the feminine expression of truth - for us to complete the whole picture that together, Mary and Jesus are revealing to us. Which all sounds very exciting to me.

This is not a channeled message from Mary but something of what she's told me about her life on Earth.

She was from a very wealthy family in Magdala, her father being a merchant who traveled a lot and was high up in the social strata.

As she matured, circumstances led her to helping women in her city who were less fortunate than her, 'fallen women' and women who'd suffered a lot. And she asked her father to help her establish a refuge for these mistreated women in a disused warehouse – and she lived with them.

She was helping these local women when Jesus and his entourage arrived. She went to him and he told her who she was – about the truth of her soul (that they were soul-mates and she was the Daughter of God as he was the Son). From then on they both worked out the plan of how she would do her work and he his. She became the head spokes person for the women and mainly (especially in the beginning) adhered to the rightful

woman's place in society.

Many of Jesus' 'wanderings to speak with his Heavenly Father' were actual meetings with Mary in whom he could confide and gain moral and spiritual support. He wasn't entirely alone throughout his work.

It's true, Mary, was his most beloved; his most favoured and most loved disciple, and she was the smartest of all men and women, because she was his soul-mate and understood all that he revealed, helping many of the women to understand also.

She told me that most of the spiritual work and progress; much to the chagrin of the men, was done by women. Women, as The Urantia Book says, are the spiritual leaders – so it was back then, as it will be now, and in future. And because women are the spiritual leaders, so men have needed to keep them oppressed and believing they are not worthy and equal to men. These men - and currently all men, being caught up in our evil states and needing to have power over women (and being able to all because we are physically stronger), have striven to keep women under the thumb, for we fear that were women to speak their truth - what they really felt, then we'd lose that power. Which we would. And that's what will happen once women get the idea about living true to ALL their feelings, that being the way to their true emancipation. Not as women's liberation is currently focused on simply joining men in equal power in their negative states.

However, because of the heavy restrictions on women, Mary was subjected to the controlling forces of the Rebellion and Default more than Jesus, having to reflect the plight of women. She – and her truth, was kept completely suppressed.

Both she and Jesus have told me that it would have only turned people away had Mary been raised up as Jesus' equal and soul-mate, because the masculine elements of humanity back then didn't want to relinquish their hold on all power. Women have needed to remain subservient so men don't feel as useless and powerless as they really do. They need to have someone, women, over whom they can lord, giving them the power they believe is rightfully theirs.

After Jesus' death, Mary made her way to Egypt fully supported by her parents. With her father's money and his business associates and friends, she established another women's refuge in which she tended to the women's needs whilst introducing them to the truths Jesus taught and helping them to start doing their soul-healing.

Some of the women who'd been with Mary and Jesus went with her to Egypt and helped her in her work.

She didn't establish or participate in any spiritual community after Jesus' death.

She didn't marry Jesus, neither did they have sex, so they had no children.

Jesus often visited her from spirit, particularly at night, and they carried on their relationship although physically separated. When Mary arrived in spirit both her and Jesus went and spent recuperating time on Salvington (there home world in Nebadon - and it's capital world), later returning to the Earth mansion worlds and associated Celestial spheres to begin their work as equals, continuing the revealing of the truths of Divine Love to humanity.

In no way was Mary Magdalene a prostitute or possessed by any demons. All of that nonsense has been said about her to keep her beauty, truth and true identity suppressed. And in no way did Jesus' mother Mary play the enlightened role she's said to have; and there wasn't any immaculate conception. Both Mary and Jesus had other siblings. All the untruth said about Mary are lies and very misleading; including elevating Mary - Jesus' mother, to something she doesn't want to be, and using her to block out Mary Magdalene – Jesus' rightful partner.

It's ironic and very sad that the mother of Jesus has been so heavily celebrated, when it's our mothers (together with our fathers) who have caused us our childhood repression. The mother is made to look good, to be worshiped 'as she can do no wrong'. Whatever you do: don't blame the mother; don't blame your mother for hurting you, because she is ALWAYS perfect! Your mother is an angel. Deny and blame yourself, but never your mother. The child is always wrong, because its mother and father say's so.

The Mark of the Beast

As we're all of the negative, so we all carry the mark in our souls.

Jesus' messages

We crucify nature - all that's good, pure and true;
we crucify ourselves as we reject our true self;
we crucify truth as we strive to live untrue to ourselves;
we crucify the living truth we are meant to be,
as we crucified the Living Truth that Jesus is.

Jesus says we're not evil (he's too nice to say we are), and he means our true self, that which we were before we were forced to take on our evil negative state; that which we'll become when we've done our soul-healing and are living true.

Message 1

Hello James, Jesus.

I wanted to speak some more about my second coming, as I know it interests a lot of people.

Firstly, I want to say that it's Mary's and my second coming. She is also here, to reveal the truths she was unable to when on Earth. To believe that it's only me is erroneous. We are a team, a partnership – a soul-pair. And this is very important. You need to be able to look to us, both Mary and I, as examples of living with the Father and Mother's Divine Love. We are your spiritual parents, so how can you expect to live a true spiritual life if you continue to deny Mary – the feminine aspect of truth? If you deny her and all she has to say, then you will deny the feminine within you and your spiritual progression will be limited, as will your understanding of relationships, and of course, most importantly, your relationship with your soul-mate.

Secondly, I want to repeat what I've already said: that what I started with James Padgett was only the initial phase of my (our) second coming. My (our) second coming, being my reinstatement, my re-revealing of the Truths of Divine Love. I did not reveal all in the Padgett messages, and consequently, by only adhering to these messages will you also limit your spiritual progress. My – our – second coming is still coming. And it will not end until I (we) say so. There is a lot more to it than anyone currently on Earth knows at this time. It's very complex because now is the time when humanity is to receive the necessary truths and information so as to be able to heal itself of the Rebellion and Default (and

yes, these two things were very real events). And how to go about making sure the truths and information are delivered, involves many spirits and a few mortals. It's not entirely Mary's and my doing, we can only do so much, having given a lot of the work over to other spirits, all of which needs to be coordinated with various people as required over time.

Mary and I are not coming in person to Earth. We can't, as there is no reincarnation. Nor at this time will we just materialize ourselves. We're we to re-bestow ourselves into flesh, which we never will do as it's an impossibility, having completed our 'seven bestowals', it would serve no further purpose than what we achieved two thousand years ago. Being of such high soul perfection we couldn't incarnate to 'take on' the negative mind state and heal ourselves of it, thereby offering the truths required to help you to heal it. We could only offer you the truth of what we experienced - the truth of our perfection. So we could only reveal the truths about longing for the Divine Love – which I achieved with Mr. Padgett. And I couldn't include the truths about your healing.

There are 'others', 'yet to be revealed', who will be able to do this job - be born into flesh, taking on the whole negative, rebellious, self-denying, evil package; healing themselves of it, and thus being able to present the way for humanity to follow, so as to eventually enable all people to live as Mary and I are revealing. And when the time is right these 'others' will reveal the necessary truths that are required to help you understand about how to heal your rebellious and default conditions. Having submitted themselves to the negative condition, become of it, and then by healing themselves of it, they will open the way for all those who sincerely want the truth, to follow. And by following them, you will come to Mary and I, and we will lead you further onto the Mother and Father.

You - humanity - are now entering what is a 'crossing over of planetary ages'. And when the cross over is complete, Mary and I will be returning to Salvington, we'll not be spending as much time with humanity as we have over these past 2,000 years. Our official time with you (humanity) is coming to a close. We will be periodically returning through the ages, coming to communicate with specific individuals, so as to help keep the flow of truth and information coming to Earth, but those future times will not concern anyone who's currently alive on Earth now.

The crossing over time will be completed upon the death of the 'others' – who are to help you. I can't be more specific at this time about the 'others' because it's not for me to reveal them to you. That is for themselves to do when they are asked to do so by the

Mother and Father in conjunction with the Eternal Son and Infinite Spirit.

Currently we are helping you James with your understanding of living with the Divine Love, hence our support of all that you have said about the negative state, and the need to heal your childhood repression – the doing of your soul-healing.

There will be much confusion as to what is and what is not going on with humanity on a spiritual level at this time, and my advice to you is not to overly concern yourself with it, and instead, to focus on what's going on within YOU. What is your relationship with God, God's Love and the Truth? What is your relationship, and how do you want it to be?

I would also suggest that if people and spiritual groups do not openly speak about the truths of Divine Love, as revealed so far, don't assume they have Divine Love in their souls, or are longing to God for it. Certainly some people have the Love within their souls because of their sincere desire to be with God, however, if they are not trying to live the truths as revealed by Mary and myself, then the Love will be of little consequence to their lives. And just because it sounds like people or other so-called spiritual or religious organizations have the same intent of wanting to live with God and with God's love, don't concern yourself with them or assume they do. Be true to your own longing for truth; don't worry about or even be interested in whether others do or don't have the Divine Love within their souls. The more time you spend in your mind concerning yourself with other people, the less time you're spending on yourself - on attending to the expression of your feelings.

Mary and I will continue to help you where possible, and our Spirits of Truth are always with you, with love, your brother of truth – Jesus.

Message 2

19/5/06

Hello James, Jesus.

The most pertinent question that needs addressing is: why didn't I include in my initial messages to Mr. Padgett, information and truths about the Feminine aspect of God – our Heavenly Mother, Mary Magdalene and her importance, and the need for you to consider, and one day do, your soul-healing?

I didn't because neither Mr. Padgett nor anyone else at that time was able to willingly accept these truths. It was enough for James Padgett to cope with it as it was. To have started to introduce these things to him would have made him feel too pressurised. It would have been too much confronting his mind too fast. As it was, he saw much of our work together as a burden, as he believed that it was his responsibility, and his alone, to not only receive the messages, and to do a good job at that, but to then also disseminate and make other people aware of them. He would also have had to have been prepared to do his soul-healing for us to have related truly to him via his direct experiences, but he was not ready for that. He was ready for, and could, and did experience, the longing for and inflowing of Divine Love into his soul. I can only relate truth-wise the truths you, or another, are able to live, and therefore can relate to. I am limited by the level of the receiving mortals truth in my earthly communications.

Also on a higher spiritual level, neither he nor humanity was ready to receive such truths and information as all Mary has been telling you. I couldn't have spoken about such things, as they would have been rejected; and I would have been imposing them on humanity, something I would never do. However, now as things have progressed, and you and others are more open to such things, hence Mary and I can approach you and speak about them.

My efforts with Mr Padgett did perfectly all they were meant to do. I wanted to introduce the understanding that the Father's Divine Love was available to you and that you could sincerely long to Him for it. And if your longing was earnest and true, you would receive it into your soul guaranteeing immortality and starting you on your adventure to becoming at-one with God.

This I intended as my initial revelation, as I said, my second coming to humanity, from which more would follow. I never intended it to be the only truths that would come to you. It was the beginning, and if what I said was truly accepted, then your soul, together with the Father, would lead you naturally deeper into yourself bringing up other questions that would require answering. And in wanting to know the answers to these questions, you would be led into these other understandings of truth mostly concerned about the feminine aspect of your natures and spirituality.

If some people choose to only adhere to what is contained within the Padgett Messages, that is their choice. However, as you James are helping to show there are other areas of

life with the Divine Love that can be looked into, so those people so interested and investigate them.

Mary's and my role is not one of simply telling you what to do. Our relationship with humanity is not like that. We want to make known certain truths (and by no means all the truths) to you, so as to stimulate your spiritual interests and yearnings. It is you, not us, who have to do the hard work. You have to choose that it is something you want to do for yourself: forge your own spiritual destiny with the Father and Mother. And what we are intending to do at this time in humanity's evolution through various avenues, is to introduce all that you'll need to start you off. And once started, then to ensure that when needed, we will provide the necessary understanding, information and confirmation to help show you you're on the right path.

For those people who are coming here to read James' writings and who are already familiar with Mr. Padgett's work, I would suggest you read with an open mind and see how you feel about things. It will be, as it always is, your feelings that will determine how you choose to live life. Your mind will try and maintain control if allowed, but if you want to heal yourself of such control, then it will be done only through and with your feelings, and not because of how much Divine Love you do or do not receive into your soul.

Your brother of truth, Jesus.

Message 3
(1/11/06)

Hello James. Jesus.

James, I want to speak some more about my second coming of truth, now that you've progressed to understanding about it in this light.

My communicating the truths of Divine Love through James Padgett was really to right some wrongs, to correct what the Church has done to some of what I revealed and spoke about when on Earth, and nothing more. As I've told you, one can't ascend to the Celestial level of spirit, by only relating to the Heavenly Father, and by trying to live only what's revealed in the Padgett messages; one needs to include the Heavenly Mother: the Feminine aspect of God, and all the truth to do with doing your soul-healing. What you

are endeavouring to reveal is separate to my work, it includes all I have revealed, but is much more comprehensive. And it IS the way if people seriously want to become Celestial.

For those individuals who want to only adhere to my teachings as presented in the Padgett messages and many contemporary spirit messages from me, this is okay, for humanity's collective soul growth requires a certain amount of people to honour strictly all I have revealed, so as to counterbalance (but not in numerical terms – not in numbers of people) the Christian Churches. There needs to be a certain amount of light from the truth, as lived by those people who long for the Divine Love, and who look to me as their guiding light to counterbalance those in the Churches who wrongly believe they are the living light of truth, but are in fact only perpetuating darkness. And over time more people will gravitate towards my truths helping to balance the light, and many will be able to then move onto your work, expanding their minds and understanding, opening themselves up to other spiritual realities.

The Divine Love Fellowship forum is currently performing the task adequately for my purposes. It does have its limitations as you've discovered, however that is to be expected. And people who choose to only adhere strictly to the truths I presented in the Padgett messages will be limited in their soul and mind advancement. It's just how it is, and like it was for you, it took you a number of years to digest and try to live what I revealed in the Padgett messages before you started to feel limited in your spiritual growth, and started to ask questions and seek answers enabling Mary (Magdalene) to come and start giving you her revelations, helping you to broaden out into accepting the Feminine. Everyone needs to move along at their own pace and in their own way, and all of these existing expressions of my truths are of great value, and in time there will be more such things.

Over the course of the next hundred years or so, there will be a lot of people who will come to my messages and adhere to them not wanting to move on, and not wanting to look at embracing their Heavenly Mother. You have to appreciate how entrenched the dominance of the patriarchy is, causing a huge resistance to the feminine. It will take a long time for the majority of people to accept, and then reach out to their Heavenly Mother. Had Mary had more of a say during her life on Earth then of course this would not be such a great issue, but two thousand years of ONLY the Heavenly Father will require a long time before God will be openly looked at in the light of being both a Father and Mother.

The other thing I wanted to bring up today following on from something I told you some time ago, was concerning the Jews being the chosen race. They believe they are superior being chosen by God, however the irony is, like everything that exists on Earth – all existing in the negative, they were chosen not because of their superior qualities, but because at that time on Earth they were the most negative minded and negative self-willed. They represented people who were the most controlled by their negative minds. They were the most untrue and the most severe in their male dominance in relationship to spiritual values. And this was why Mary and I chose to come to them; we needed to subject ourselves to the greatest evil that was manifest at that time so we could triumph against it. So we could show our universe that such a negative force could not limit the Son and Daughter of God. Of course this was shown to those in spirit, as people on Earth could not understand with their limited vision and retarded understanding of things.

The apostles didn't get it either. They didn't get what Mary and I were all about. Some of them had a vague understanding of what I taught them, enough to understand some concepts intellectually, but very few of them spent time with, or gave any credit to, Mary. Women simply in most Jewish men's minds back then didn't have anything to contribute spiritually or to the truth. And they would have been far happier had I not given Mary as much time as I did. It wasn't until they came into spirit and realised the error of their ways, did they fully embrace her.

And so because of this, my revelations through James Padgett are limited. Confined mostly to simply correcting much of what is written in the Bible. I have presented it to give people an alternative if they only want to adhere to me and don't want to embrace Mary.

One final thing for you to consider based on what you've been pondering of late, you are correct in assuming that there will be errors, dependent on how removed from the truth the Earth recipient and giving spirit are, in messages conveyed to people on Earth from spirit. Whilst the spirit or person on Earth is of a negative mind state, errors and conflicting ideas, misunderstanding and misinformation will arise; as too will happen if the spirit giving the message is Celestial and perfect and the receiving mortal is imperfect and negative minded, but to a lesser extent. And, yes, as you are not yet perfect, then there are minor errors of truth conveyed in this and all the messages you've received from us, however, they are only minor technical details, which can and are being rectified, as you ascend in truth and understanding of what we've revealed to you. Something akin to:

tying up the loose ends.

Spirit mortal communication, whilst being something that can be done relatively easily, is still rather unnatural to do. There is a big gulf to bridge between us over here and you there, not to mention the difference of minds that are trying to communicate with each other. You now how difficult it is to have a conversation with another person and then try and convey to a third party what you spoke about; it's very hard to be word perfect and to convey the exact feelings and meanings and subtleties without altering them, having absorbed them yourself before passing them on to another person. Something like the fishing story where the fish seems to magically grow in size with each re-telling. But if you can accept this and not expect spirit mortal communication to be perfect, and understand it for what it is, then you can get on with looking at the deeper meanings, enjoying the information and truth. It doesn't matter if mistakes are made during such communication. Such things can, with time, be rectified. What does matter is that the spirit and mortal want to grow in truth and honour all their feelings, and if this is the motivation of both concerned, then the truth will evolve and be refined as you go. It should be looked at as wonderful thing; something like an evolving work of art; something both the spirit and mortal can get a lot of growth and satisfaction from; and if other people are to read what has been written, and interpret the material differently, this too is okay, it's simply all a part of life.

Life is an ongoing evolution of truth and you can either choose to work with it, or fight against it, or remain ignorant of it. You James are striving to work with it, and so this will be reflected in your writings and in your messages from spirits. You can see how the messages and your writings have changed; how the truths have evolved as you've grown in understanding of them, as you live more truly. And this is the fun of living free to explore and express your feelings so the truth can bubble up within you from within them.

And so, if you read one message that says I had three brothers and two sisters, and another saying I had four brothers and six sisters, and another saying I had five brothers and three sisters, and another saying I had three brothers and three sisters, then it only becomes something of a challenge and fun to work out what really is the truth – if it's something that is important to you. Of course it won't be important to most people, but for others it may, and they are entitled and should pursue what they feel they want to do. As you aren't interested in how many brothers and sisters I had, as you're not having anything personally to do with them, then there is no point in me conveying this information to you, but for others who might be interested, I would. How many brothers

and sisters I have, for you currently, is not a part of your souls-growth-of-truth-equation and so we have no need to communicate about it. You can simply say: you don't know, you are not interested, or whatever you like. You don't have to know everything and try to be the perfect knower of all. You only have to know yourself and all that you are focused on in any given moment. Some time in the future it might be that you do want to know how many brothers and sisters I had on Earth and I will tell you, but for now, lets remain focused on what is important to you, that being: what I have come to tell you today in this message. This is far more important to you because, as you can feel, it's shaping your whole picture of understanding, and this is what your soul requires (as does the Father and Mother) at this time from you. It's what you need, and so it's why I have come.

That is all I wanted to say today James. I bid you farewell, and, yes; you can post this message, and any others we have given you, on your web-site, forum, or anywhere else. It's all for you to use at your discretion, and in whatever way you feel you'd like to.

My love and blessings, Jesus.

At the 'loving' end of the negative state can be found people with a strong sense of independence and self-worth who come together with another person of a similar sense of self, both seeming to be very happy, well balanced and matched. At the 'unloving' end of the negative state can be found people with a poor sense of self, dependent on their partner to provide the 'other half', all of which causes great conflict and unrest under the guise of love. However both states occur within the negative, so are really still unloving and self-abusive. Yet this is much harder to see at the 'positive' end of the negative, when compared to the 'negative' end of it. And it is all negative because we are all still living under the influences of the System Rebellion and Planetary Default - re: The Urantia Book.

A Padgett Message

This is the only Padgett Message I can find that openly shows the depth of our problem and supports our need for doing our soul-healing - to heal all our sins.

April 9th, 1916

Received by James Padgett

Washington D.C.

I am here. Luke.

I desire tonight to write for a short time on the text: That the sins of the parents are visited upon the children unto the third and fourth generations.

I know that usually the explanation of the text has been that the material sins or rather the sins which result in material injury or affliction are visited upon the children and to a very great extent this is true. But that explanation is not what was intended by the declaration.

Man is not only a material or physical being, but is more largely a spiritual being, having a soul and spirit which never ceases to exist, and which are just as much a part of him while on earth, as when he becomes a spirit; that is after he has left the vestments of flesh and blood.

These real parts of man are of more importance to him and his real existence than is the physical part, and the sins which man commits are not the results of any primary physical action, but of the operations of the powers which form or have their real seat in the spiritual part of his being.

The physical part of man is not the originator of sin, but merely manifests its effects, and it (sin) almost always manifests itself on and in the physical body, and leaves its scars apparent to the consciousness of men upon such body; and hence, as man is able in his ordinary condition to perceive the effects more plainly on this body, he thinks that the meaning of the text must refer to the sins that affect and are shown upon his body, and at the same time ignores or is not sensible of the fact, that the great effect or injury of sin is upon and to the spiritual part of man.

As the physical body is affected by the results of these sins being carried into operation, so much more so is the spiritual part of man affected by the fact that these sins had their creation in that spiritual part of man.

It may be asked, in what way can the effect of sin upon a man, that is upon his soul and spirit, have any injurious effect upon the spirit and soul of his child, so that the child may suffer from the sin of the parent.

Well, when a child is conceived and gestates and is born, he not only partakes of the physical nature of his parents, but also of the qualities and condition of the spirit and soul of the parents. This may seem improbable, but it is a fact that the spirit and soul that enters into the child when it is conceived comes from the great universe of soul and spirit, wholly independent of the parents and is not in its nature or qualities a part of the parents as is the flesh and blood which build up and produce the physical body of the child. But while this is true, it is also true that this spirit and soul of the child is susceptible to and in a way absorbs the influence of the spirit and soul of the parents, not only at the time of conception but also during the period of gestation, and even for years afterwards, and to such an extent that this influence continues beyond the mere earthly existence of the parents and into the life of the progeny to the third and fourth generation, as the text says.

The spirit part of the child is more susceptible to the influence and evil effects of these sins than is really its physical body, for as I have said, the spirit part is the originator and breeder of the sins, if I may so express it, while the body is merely the recipient of the exercise of the sins and the objects of their manifestation.

The influence of spirit upon spirit is more extensive and certain than mortals can possibly conceive of, and the results of that influence are not so apparent or known to the consciousness of the succeeding children, or to the respective parents, as men suppose, and as a fact they do not understand or become conscious of the fact that such influence is operating upon the spiritual parts of their children. They see and realize that the effects of such sins become manifested in the physical body, and as their ordinary natural senses cannot perceive the condition of the spirit, they conclude that the text can only mean, that these sins are visited upon the material bodies of their children.

But I must tell them that, while great and deplorable injury is inflicted on these material bodies, yet greater and more lasting and more grievous - in the way of manifestations - injury is inflicted upon the spiritual nature of the children; not only because this nature continues to live, but because men, not realizing that this nature has been injured, make no attempt to find and apply a remedy as they so often do in the case where these sins manifest themselves in the physical body.

And besides, there are many sins that do not affect the mere material body, but which do great injury to the spiritual nature, and which to the senses of men are never perceptible.

A man is not only the parent of a child's material body but in a secondary way is also the parent of its spiritual nature, and the condition of the parent's spiritual nature influences and determines to a large extent the qualities and tendencies of the child's nature for good or evil, not only while it is a mortal but frequently after it has ceased to inhabit the veil of flesh. So let parents know that they do not live to themselves alone as mortals but that their evil thoughts and deeds have a greater or lesser influence upon the spiritual natures of their children, especially at the time of conception and during gestation. Then how important that every parent during these times particularly, and at all times, should have their spiritual natures in that condition of purity and freedom from sin, that their children may be conceived and born in a condition of soul purity, which will not reflect any evil that they can charge their parents with being the creators of.

If men would only realize these facts and live their lives in accordance with the truths which I here declare, how much sooner would the human race be brought into harmony with God's laws and the souls of men be freed from sin and evil.

I know it is often said that it is unjust and not in accordance with the justice of an impartial God that the sins and penalties arising from the disobedience of our first parents, should be visited upon mankind who were and are their progeny, as such mankind had no part in that disobedience. But when it is remembered, and it is a fact, that God did not create sin or evil or impose such upon the first parents for their disobedience, but that they themselves created evil and sin, and men have been creating these inharmonies ever since, it will be seen that an impartial God, who is our only God, is not responsible for either sin or evil and the consequent penalties which they impose. And, as has been written you before, the abolishing of sin and evil and their penalties is in the power of man and his will.

As these first parents created these evils, as I have explained, and in the manner that I have pointed out to you, their sins, by the influence which they have upon the spiritual nature at the time of conception and birth become, as it were, a visitation and that is the spiritual desires and tendencies and inclinations toward that which is evil (sic), and this influence continues with the child for years after its birth, according as the child and parents are closely associated together in their earth lives. And as each succeeding generation caused the visitation of its sinful influence and tendencies upon the succeeding generation, you can readily see how men, all men, became subject to the sins and evils and penalties which were brought into the world by the first parents.

Instead of God being the creator of these things or visiting them upon the children of man, He declares that their existence is contrary to the harmony of His creation and must be eradicated before man can come into that harmony and an at-onement with Him. And as He gave to man the great power of free will, without any restriction upon its exercise, except as a man's understanding of the harmony of the operations of God's laws might influence him to exercise this great power; and as man in the wrong exercise of that power brought into existence these things of evil and sin, so man, as he perceives this plan of God's harmony, must exercise that will in such a way as to free himself from these things which are not part of God's creation, and are out of harmony with His plans for the creation and preservation of a perfect universe, of which man is its highest creation.

God never changes. His laws never change. Only man has changed from the perfection of His creation; and man must change again before that perfection will again be his.

Now from all this it must not be inferred that man is left to his own efforts to bring about this great restoration, for that is not true, because Gods instrumentalities are continuously at work influencing man to turn again to his first estate, and become the perfect man, as he ultimately will become. (I am not here referring to the workings of the great Divine Love which, when a man possesses in a sufficient degree, makes him more than the perfect man.)

So, "the sins of the parents are visited upon the children to the third and fourth generation", means, the tendencies and inclinations toward that which is evil (are created) not by God, but by man himself, solely and exclusively.

And oh man, could you see the results of these sins upon the spiritual natures of your children, as you often see them upon their material bodies, you would hesitate in your sinning and think, and thinking would see the way by which the great blot upon the happiness and salvation of humanity could be removed and its progress to the "perfect man" be hastened and assured.

Well, I have written enough for tonight, and hope that what I have said may be understood and meditated upon by all who may read it. I will not detain you longer, and with my love and the blessings of one who is now not only the perfect man, but a possessor of the Divine Nature of the Father and an inheritor of immortality, say good night.

Your brother in Christ, Luke.

April 10th, 1916

Received by James Padgett

Washington D.C.

I am here, Luke.

I desire to make some corrections in my message of last night, and will thank you to receive them.

I desire to say, that when I spoke of the sins of the parents being visited upon the children at the time of conception and birth, I meant that these sins, by the influence which they have upon the spiritual nature of the child, became, as it were, a visitation. I did not mean that any part of the real sin of the parents became a part of the spiritual nature of the child, but only that the influence of the parent's sins upon the child is sufficient to give the spiritual desires and tendencies of the child an inclination towards that which is evil; and this influence is continuous with the child for years after its birth according as the child and parents are closely associated together in their earth lives.

Let this point be made plain so that man may not quibble about the meaning of what I wrote.

Otherwise the message is true and just as I intended it should convey to you the truth of the meaning of the text.

I will not delay you longer tonight, but with my love and blessings say,

I am your brother in Christ,

Luke.

'It is written...' in your early childhood.

It's all lying dormant in your early childhood - the truth of your unloved state.

Spirit communication

A part of the new revelation is there is no need for a church based on dogma and control. One can live a very fulfilling spiritual life by seeking the truth of ones feelings. And one can do that in every moment of ones life.

When it's time for a change, new revelation is revealed. The new revelation begun early last century; and continues. Change is in the air!

Speaking with spirits

How do I do it? How does it happen?

I have no idea. What I do is just want to do it - talk with them, and make myself available to them, and it happens. And ever since I read about spirits talking with people, giving them messages, I wanted to do it, and when I tried, I could. I find it easier to write with them than holding conversations with them in my mind, as the 'light' they'd put into my mind when mentally conversing makes it tend to jump all over the place, my mind (me) being unable to deal with such excitement.

I have included below some examples of the sorts of messages I have received, and the sorts of spirits I have spoken with, and the Mother and Father Themselves via my Indwelling Spirit of God.

I include these messages for a number of reasons:

To show that I have received a lot of help from spirit, that DLS is in fact spirit based and led.

To demonstrate how valuable it is to do, the information being so helpful and insightful. And to show that life goes on. What you begin now you can carry on with in spirit - if you want to.

I do what is called 'inspirational spirit writing' in that the spirits impress on my mind what they want me to write. I don't completely submit and give over to them like some mediums do, nor to I do true automatic spirit writing like James Padgett did.

What I do, is however, more prone to errors from my own mind, it jumping in and having

its say and so making things up, but over the course of these years writing with the spirits, all they have told me has well eclipsed anything my mind and imagination could possibly have made up. So somewhere in amongst it all, must – I feel sure – be some grains of truth. However I will leave you, reader, to be the judge of that.

The spirits, including Mary and Jesus (and even the Mother and Father), are limited by the limitations of my mind - my beliefs and current level of truth. They can't reveal more than I'm ready for or more than what I've uncovered for myself. Mostly they expand on where I'm currently at. So when you read what they have written, please understand that it's not a true picture of them, it's a compilation of them and myself, so any errors will be mine. Judge me - not them.

As to whether spirit communication is just fanciful nonsense or not, like everything in life all we can do is judge it by and with our feelings. We take what we can from it if we like it, if not, we leave it alone. And that is how I approach my relationship with spirits. And I can't see them, but sometimes do get a vague sense of them being about. So in the end the whole thing, including DLS, might only be just a fantasy of my mind's creation. So how does that make you feel about taking it on?

Anyway, I hope you enjoy the spirits and their messages, I certainly do. I have lots more messages, which I dream about publishing one day. Some are available on my books page.

We have fallen from grace, humanity exists less than the perfection of nature. And yet we ridicule nature, patronising it, believing that in our negative state we're superior than it.

We couldn't be more deluded.

with apostle John, and James - Jesus' younger brother
with Apostle John

Hello James, I want to speak to you, John the apostle.

I have impressed my desire upon your mind so that you will write with me, or allow me to write through you. Thank You.

I want to speak about the people who believe they are the reincarnation of myself and other apostles. Of course people can believe all they want to believe and about whatever they want, but I want to tell you it's not true. I know you know this already, but I want to say it for the record.

As you know, reincarnation can't and will never occur, as in how these people are claiming it to happen. They have simply taken it upon themselves pretending to be us for their own power. They want what they believe will come to them by being us. And as you know, it's easy to delude oneself, as you are already deluded being in a negative mind state of being.

As far as the other apostles go, as I can only speak for myself, there are some other things I want to tell you about us (the male apostles that were with Jesus and who spoke to Mr Padgett early last century). Apart from myself, James – Jesus' brother, John the Baptist and Judas, the others have all moved on, they are no longer resident in these lower Celestial spheres. They occasionally come back 'down' to us, to visit and to do things with some people on Earth, but these visits are becoming rarer as they move higher in their ascension. And as you know, having been told by the Celestials (Celestial spirits, who like myself were once people on Earth but have risen in truth far beyond it) and Mary and Jesus, other Celestials and four other of the apostles, have now ascended completely out of Nebadon – Jesus and Mary's universe, and are well on their way to Paradise.

Occasionally we speak to them as there is a facility that can make that happen, bridging the gap between space-time mind transference, and from what they tell us they are all spreading out into the glory of the greater universe living in constant awe and wonder. They are with their soul-groups and all involved in many different tasks learning lots of new things.

The reason why the four of us have remained behind is because we still have further work to do with Mary and Jesus during this crossing over time of the planetary age. John the Baptist is in a very special role helping to co-ordinate much of what is going on, and we are all very grateful to Mary and Jesus for giving us such incredible opportunities involved with such work. They continue to delegate such work to us Celestials whereby rightly there are other universal personalities capable to doing it, but it's all a policy of their hands on approach enabling us to gain as much experience as we want. We are in no hurry to move on just yet, we know the full glory of God awaits us, but the work we are doing so closely with Mary and Jesus is such a rare opportunity – something we can't refuse.

Mary and Jesus are the most glorious and wonderful of spirits, so personally attentive, and have helped so many of us Celestials in so many ways, all of which we gather is quite out of the ordinary. They are always setting new universal precedents, something which they thoroughly enjoy, and all of which have resulted from the impact of the Rebellion and Default. And then we too benefit, even though we don't fully understand all such benefits, but we are told by the Melchizedeks that in time we will – anyway we are certainly making the most of it.

While I have this opportunity to write with you, I want to encourage people to long for the Mother and Father's Divine Love, and to consider all that you have been saying about soul-healing. We have all been through the process and even though we weren't authorized to speak openly about in the Padgett messages, occasionally we did allude to it.

When we first arrived into spirit and met up again with Jesus, we believed that we'd ascend to being on high with God. There we would be the rulers of the kingdoms of heaven with Jesus and Mary being second only to God himself. We however got quite a shock when it didn't turn out that way.

Most of us weren't very advanced in truth, and what was worse, some of the women spirits whom Mary had spent so much time with on Earth were further advanced than us men! It was a humbling time for us all, our male egos suffered terribly as we were put in our place.

On Earth, Jesus and Mary never told us about the truth of their relationship - being soul-mates. Mary confided in some of her women apostles, but not us men, I doubt we would have accepted the truth had they told us, and we never, so far as we were concerned, saw Mary in the same light as Jesus, she didn't do anything out of the ordinary other than have an incredible understanding of all that Jesus said. This too we dismissed only to realise our error in spirit. But gradually as our new lives in spirit started to develop we accepted Mary and found that we needed her (her truths) more than we needed Jesus. We needed her to 'mother' us through our soul-healing, to introduce us to it, to educate us about our childhood repression, and to help us to express our negative feelings and to accept our negative tendencies. It was all very hard for us, and it took a long time - lots of adjustments needing to be made. It was almost another whole lifetime of experience for us to work our way through all that we had to.

It was all very easy to come to Mr Padgett with all the love we had in our hearts, most of which came from knowing we'd completed our healing; we'd all had a great many years living, watching and helping others to do their healing.

The pain of humanity is great. It's a part of your fabric now, and so much so, that most people fail to realise that they are in constant pain doing all they can to cover it up and keep it suppressed. But you don't have to look far to see many who can't cover it up as well as others can. Humanity is very angry at what it's been subjected to. You, each individual, is full of this unexpressed anger, no one can live a true life of love without the interference of this deeply buried anger. Everyone having been subjected to the torture of being raised in the negative is angry about it, and a great part of your healing will involve accepting and seeing the truth of this anger.

When I look back at myself before my healing and then during it, it makes me shudder. It's almost something I'd rather forget, but of course, can't. My healing was all very trying – that I can assure you, just as you have been experiencing in your own life James; and like you, we had no one ahead of us to say: You're going the right way, keep going, it is painful, but you can do it. We had Jesus and Mary, and the support of many other higher universal personalities, but it's still not the same, as they hadn't been through it personally themselves.

When we were on Earth we thought it was hard work at times doing what Jesus was asking of us, but that was all luxury compared to what Mary and Jesus both asked of us in spirit.

There are many Celestials who are remaining behind in their ascent to help those people who want to speak with them to understand more about their soul-healing and what's involved with it. You only need ask them and be open to what they will say, but to keep within the laws of mortal/spirit rapport and communication, you will need to believe that the soul-healing is a real thing, something that you give credit and a reality to. But if you do this, and ask us, we will shed light on it for you.

Humanity up until this point has really been preparing itself for its greatest challenge: the looking into its childhood repression. This will pave the way for all the changes so many people long for, but until people want to take it seriously and accept that it's within them, and something that needs to be addressed, the changes won't come about. They can't because people will simply remain in their negative mind states carrying on as they have always done.

Life in the Celestials is truly wonderful, but something I can't begin to describe to you. Our hearts are filled with the universal light of love, and with the Mother and Father's Divine Love, and daily through our experiences we grow in truth. The sheer beauty is almost overwhelming, and being in the company of so many loving spirits, both ones who have come up from Earth and other universal spirit personalities, is incredible; and the angels... well, I can't begin to tell you how exquisitely magnificent they are. How they look, how they move, how they relate to us and help us, they are a glory to behold! A constant source of wonderment.

Life in the Celestial spheres is how you might feel life ought to be on Earth, with everyone loving one another and having only good things happen to them – always feeling good. It is the reward for all the hardship we've been through, but once you arrive and after your initial amazement, it doesn't take long to accept that this is life – normal regular life: life so different from that on Earth, and yet something that you can live and enjoy and have untold numbers of thrilling experiences in. It is dreams coming true. That you can count on. But as to what each of you will do when you live here, that too is something that awaits you. It is so nothing like Earth, so much so, I can't even begin to reveal to you what life is like over here because Earth is not yet ready to know.

So I'm sorry I can only wet your appetite. However, if you allow your soul perceptions to attune themselves to what you may feel life in the Celestial heavens to be like, then you will start to get something of a feeling for it.

That is all I wanted to say to you James. Once again, thank you for giving me this opportunity to speak with you. I wanted to speak to you for various reasons, even though normally those of my soul-group don't have anything specifically to do with you. As you know, other Celestials comprise your spirit band. And they will be able to add further light on all that I have said if you want to know more.

I will go now, and may all the glories be bestowed upon you. I am your loving brother still in wonderment over the Creation of our Lord. John – friend of Mary and Jesus.

with James - Jesus' younger brother.

Hello James, I too want to speak to you, I am Jesus' younger brother, James.

I have accompanied John and thought while the going was good, while you are still willing to receive us, I too will speak to you.

I want to say more about the Celestial spirit, and Jesus and Mary, impersonators. John is too nice, he doesn't feel as protective of Jesus and Mary as I do, even though they don't need my protection, but I don't like to see people being misled by falseness and untruth. There is enough of that for all of us to cope with, let alone for more to occur and particularly with people who are claiming to be living with the Divine Love.

Mind you, we knew that once we started to reveal the truths to James Padgett, that in all probability such things would occur sooner or later. And even though there is no reason why such individuals can't live as they want to, still I can't condone it. It shows a lack of respect for Mary and Jesus, and will only make things for these people that much harder than it already is for them.

I know most of what we say will fall on deaf ears, but as John said, we want to say it for the record. It will have an effect on those people who do want to hear, and that is enough.

If you could only see Mary and Jesus and all they're doing, you would soon realise it's impossible for them to submit to flesh again, and to especially partake of the negative - of the Rebellion and Default. And this would be what they'd need to do if they were to reincarnate as these impersonators of them claim to have happened; otherwise, if they were to submit to the flesh experience again without submitting to the negative, they'd only do what they did all those years ago with nothing more being achieved. Mary would still have to remain subservient to male dominance, and Jesus would speak his truths, and nothing more of the whole picture would be revealed. And you now need to see the whole picture! Humanity would be in no better position than it is in now. Also the Creator Daughter and Son - Mary and Jesus - can't rebel, it's impossible, and this is what they'd be doing if they submitted to the negative mind state - the state which their imposters are of. There is so much that humanity doesn't understand about what's involved in the bestowal of the Creator Son and Daughter on their seventh and last universal 'incarnation', and if you did understand all about it you'd see that for them to reincarnate, or submit to the flesh experience again in any form, would achieve nothing more than they did achieve. No, they are alive and well over here, and besides, there are other things going on now, things equally as amazing, well nearly, as it was when Mary and Jesus came to Earth, but such things are yet to be revealed to humanity as a whole.

Take no notice of such power hungry people James. To use Mary and Jesus' name for ones own gain is a very serious thing indeed. I would say to people if they are in any doubt: DON'T support these people; instead, look to your own feelings and examine why you do want to support them and what is attracting you to them. What is it you want? What are you hoping to get out of it all? What do you hope to gain, and why do you want to gain it? Be honest and truthful with yourself. You don't need to go looking for such false power when all your own power is awaiting you through the doing of your soul-healing. You don't need to rely on or follow anyone else, only your own feelings. BE TRUE TO YOURSELF; TRUE TO ALL THAT YOU FEEL. Don't disrespect yourself; don't fall for the allurements of power. Give it all up; try and be nothing and nobody, and attend to your own life and all you feel about IT. Ask yourself: Why am I wanting this, why am I doing this, and do I really want to do it; what is it really going to do for me?

No, I'm sorry James, I can't do that. I can't reveal all we know about Jesus and Mary's bestowal. That my friend is for you to work out. You are to perceive such things through your own growing perceptions and understanding of truth just as you're doing. And you're doing well, you've got a lot of it, but as you know there is always more – that's what makes it all so much fun!

Just like this speaking through you now. It's fun. I can rise up on the crest of your anger and shout from the pulpit – DON'T FOLLOW THAT MAN HE IS AN IMPOSTOR! STOP, WRONG WAY, GO BACK! All good fun, well, at least it is once you've healed yourself of all your repressed anger.

OK, seriously now, and we Celestials have to be serious or else no one will take us seriously, so I have to say: Tut, tut, you naughty people, how dare you impersonate being Mary and Jesus.

James, have you asked Mary and Jesus what they feel about it?

You have? Yes, as you said, it doesn't concern them; they are so all-accepting and so wise. They can of course see what will happen; what will be the outcome, we can't, but we like to speculate, it's a part of our observing you on Earth. We learn a lot you know, as the years roll by, and we can look in on all the evil goings on on Earth. From over here we gain a tremendous insight into the workings of the negative mind, we get a bigger perspective to look at, and it's all quite mind boggling at times. It's one thing to be in the thick of the Rebellion and Default, to be unintentional members of it, but it's another

thing to observe it from outside once you're no longer a part of it. It's fascinating.

Anyway, thank you for your time. I've said my bit, and I've enjoyed it. I won't say: speak to you soon, because I doubt I will. John and I will be returning to our neck of the woods and leaving you and your spirit groups to get on with it.

Cheerio, James. Oh Okay, if I have to... I guess I have to say it all... well here goes... Goodbye from me, James, brother of Jesus, now a Celestial spirit and happy worker of light. There, how's that? Goodbye my friend. Keep on sloggging your way through it, there is nothing else you can do, but take it from one who knows, there is light at the end of the tunnel. The most beautiful light you've ever seen...

Perhaps the greatest difficulty with DLS is coming to terms with the fact that the Mother and Father want you to feel bad, (and want the whole of humanity to be bad). Whilst you're in your negative state.

with my - the - Heavenly Mother

Mother and Father, I'm fed up with feeling bad! I hate it. I'm sick of it. All that happens is more and more bad feelings come up in me. I feel so miserable, so traumatised, and I've been feeling like this for years now. I get a little respite and then it's into the next thing and I feel worse. I can't believe how I can keep feeling so bad for so long. When is it going to end? Why does it have to keep going this way, can't You do something? Can't You make it end? I do want to see all the truth, but how much truth is there to see? Can't You bring it all up and out of me?

We are James, your Father and I are doing just that, as that is what you want Us to do. And all you can do is keep on acknowledging, accepting and speaking about how bad you feel. Long for the truth and do what you are doing – there isn't any other way. You are living the process of your soul-healing and you are discovering there is a lot to it.

You can say that again, but how much?

You have to keep going until you see and feel, and can express through your feelings, the totality of your negative mind state. You have to allow yourself to fully submit to it, to all it makes you feel. And when you have done that, when you are living the truth – the full

truth of it, then it will end. You have to become the living negative mind and will that you are, and you can only achieve that by doing what you're already doing and allowing the process of inner transformation to happen.

But it's so bad, it makes me feel so bad so often, hardly a day goes by without feeling bad, I hardly ever feel okay. I feel totally shattered, miserable, depressed, despondent; I feel so angry at You and the Father for giving me such a shit life. I feel how fucked my whole life has been: one big waste of time, and worst of all I feel like doing nothing. What's going to happen to me? I hardly long to You for Your Love anymore. I feel no inspiration to do anything, and even if I did, I could hardly move because of all my aches and pains. I am bored, I'm just a big fat nothing. The government is hassling me to get a job, but I can't do anything. I can hardly cook the food to keep us alive. Is this really the truth of what my early childhood was about?

It is James; it's the essence of how you were treated. All you're experiencing is emotional suffering, and it's all exactly how you felt as a young child. The only difference being, back then you weren't consciously aware of it like you are becoming now, and you had the vitality of new life constantly flooding into you, driving you on and through all the pain. Now that that child's vitality has eased up, and you are able to feel the real pain, and the truth of that pain is you suffered as a child. Just keep concentrating on how bad you feel. And when you do speak about it, long and want to know the truth of why you do feel that way. Pray and long for Our Love only when you feel inspired to do so. You don't need to do it now, every spare moment you have. Do it only when you feel to. Do everything only when you feel to. Keep going, keep speaking about how the pressure from the government makes you feel; keep speaking up telling Marion how bad your back pain makes you feel; how feeling so useless and nothing and bored makes you feel. Speak, speak, and speak more. I know you're inclined to keep it all in and grin and bear your pain, but don't keep it in, tell Marion about it as often as you can. This is how you bring it up, and as you do, you'll see the truth. When it's time for the truth to come and be known, it will be there. You'll see it and understand. The process needs to run its course, and you don't have far to go now.

Okay, but You've been saying I don't have far to go for years now...

And you still don't. We love you James, and We are always with you, your Heavenly Mother and Father.

The times are changing!

Don't worry about the End Times happening to the world, instead long to end your own inner evilness. Doing your healing will bring about a far bigger change in yourself and your life than will anything happening in the world.

End Times with Bob - my Indwelling Spirit of God

(I named Bob, Bob, because it seemed so impersonal having this voice - the spirit of God, inside my head that I talk to all the time; this 'thing' who is God, yet is also not God seemingly a separate entity to God - and it was so personal with me. And in asking my indwelling Spirit if it minds my calling him - and I do relate to it as a 'He' - Bob, He, Bob, says he doesn't mind at all, that I can call him what I like. When I speak with Bob, so far as I'm concerned, it is my Indwelling Spirit of God, and is very different to speaking directly with the Mother and Father.)

Hi Bob!

Hello James.

Okay Bob, you don't have to be formal just because we're writing this for public display.

I will be however I like. You can't control me, I will do as please, and if you've got a problem with that, you can speak about all your bad feelings.

Oh god, now you sound like Marion.

I'm multi-talented.

Well you sure are amazing.

Thank you James, I'm glad you appreciate me.

I love you Bob. You've helped me so much over the years and made me feel good - and bad when you've made lose on the trading.

All to help you bring up your repressed feelings so you can express them and see the truth

of them; all to help you come to understand yourself James. And it's been my pleasure.

What, having to reside inside my fucked-up mind. Doesn't it give you the shits Bob, wouldn't prefer to be in a perfect mind?

No not at all James, your mind is far more challenging, quite exciting really, and it's not so bad because where I 'live' or 'have my being' within your higher mind, is like in the eye of the hurricane, it's actually very peaceful, and I enjoy it here in my own little world within your world. So James, what is it you require of me today?

Well Bob, as it's early December of 2012, and with all the hype about the upcoming end of the world at the winter solstice, I was wondering if you'd be so kind as to tell me what you think is going to happen. We could run through a list of the things people are talking about on the Internet.

Not a problem.

And because you know everything - you do know everything, don't you Bob -

I won't comment on that James.

Okay, so you do know all God knows because you are God's spirit or part of it -

Yes, however I am not at liberty to tell you all I know.

Yeah, so I've found out over the years. Okay, so what we'll do is I run through the list and you can tell me what you can - how does that sound?

Go ahead.

All right. So, first of all, is the world going to end then?

No.

Nothing more to say about that?

No.

Is Nibiru going to crash into the world or somehow greatly affected it?

No.

Is there a Nibiru hidden planet?

No.

What about a huge solar flare fucking up everything?

No.

Aliens coming? Or they are already here.

No.

Our so called reptilian controllers coming out and making themselves known - and is any of that reptile stuff true?

No.

Okay, what about the end of the financial system as we know it - the big financial collapse?

No, not on that date, but it's coming. There will be a lot of changes to do with the system - some good, some bad. But that's still a little way off yet.

Should I buy physical gold and silver to protect all my wealth - don't laugh Bob, it's all because of you I don't have any wealth.

No.

What about other people, those with wealth?

That's up to them.

Okay, what about WWIII beginning.

Yes, but not on that date. It's in the making. Humanity has to all but blow itself apart to realise how it's living is not good for its health - not a good state of mind to be in.

Okay, and what about the physical earth changes?

Oh yes, still on their way. Lots of them, all over the world, and all over different times. None on the specific date though.

I can't think of anything more, can you help me? Any other things I have on my list that I've forgotten about?

Yes, the supposed great spiritual changes, people being 'uplifted' into another dimension of consciousness.

Oh yes, that's right, so what about that, all those New Ages and their fourth and fifth dimensional stuff?

No, nothing like that. It's all part of their fantasy. Some of them will pretend it's happened to them, but...

Yeah I know what you mean, it will be obvious that they're deluding themselves.

Yes.

What about the AntiChrist?

Those who want him won't be disappointed.

The New World Order?

Of a sort, not exactly as is hoped for by those trying to be bring it into being.

Pole Shift?

No, not on that specific date.

At another time?

Can't comment. I can't give too much away as it would interfere with peoples experiences.

So why are you telling me about all the stuff not happening at the end of the year?

Because you won't have your website up and running by then, so it won't matter.

And lastly, anything you'd like to add?

No.

Oh come on Bob, what about what is really happening to humanity - are we just going to merrily forge our way along destroying what's left of nature. Won't we finally destroy ourselves being so evil?

That's not for me to say James, it's for you to live and be witness to.

But I'll be dead by the time it goes that far, if it's going to.

You'll still be witnessing it from spirit. I will however say, as people are feeling, change is in the air, and over the next fifty years humanity will experience great change - some good and a lot bad. But it has to happen this way for you all to see how unloved you feel through your unloving actions - that being the underlying truth of your evil self and feeling denying states of mind and will. It's a vital and valuable time proffering much soul growth for all involved, be them on Earth or in spirit. Humanity is moving into the so called End Times, and they will be 'times' - as in over a period of time, a transition, with some of what has been prophesied coming true, other things not because they were simply made up mostly by mind spirits who didn't and still don't know what they are talking about. There is just as much speculation going on in the mind mansion worlds as is going on on Earth. And that is all I'm going to say. Change is to come to humanity as it is the end of Mary and Jesus' age and a new spiritual age is about to begin. That of itself is reason enough for people to get excited, because that is what is going to help humanity in the long term, and help those people who are sincerely wanting to uncover the truth of themselves and who want live true to themselves and all they feel, in the short term.

Thank you Bob.

Any time James, as I said, it's my pleasure.

Bob, are you sure you don't mind me calling you Bob? You wouldn't like Harry or Meldev would you...

The religions rule by fear of being punished - if you don't obey then you will be punished. And this is how it was for us in our families. However is this how God rules? Do we have to live striving to be good to appease God's wrath? And if so, then we've not progressed from making sacrifices to win the favour of the gods. All we do now is sacrifice our true selves - our feelings - instead of chickens or maidens.

with Verna - a nature spirit

James, James, James, this is no good, this will not do! What do you think you're doing to me putting me all the way down here. I demand to have my own page! I demand to have my own web-site!

Now that's a thought Verna...

Of course it's a thought, and one you should consider very seriously. We nature spirits need representation, a place of our own, somewhere where we can come and tell people all about ourselves – who we are, what we are, and how you people on Earth can speak to us. Too much of what you think about us is mere fanciful folly. We're not like what most people think. We're not just these funny 'little people' who exist in some kind of 'other realm' – well, not all of us are at any rate.

We live here, and it's no secret, it's just that you people haven't wanted to know the truth of us. We live in the Earth plane that has been given to us, so we know all about what's going on in your world. Some of us are very well informed actually. But some of us, you might say are a bit thick, but, it's not that they are thick, it's only they haven't experienced as much as someone like myself has.

You've been around for a while Verna?

Aeons James, I have been here since the first. I've seen it all, lived through all humanity has managed to do to hurt itself, and I'll be around for a lot longer yet.

So you know all about our negative, rebellious and evil state?

More than you could imagine.

So you're not a little person nature spirit that lives in the trees or remote fairy glens holding little fairs and garden tea parties?

Well, it's not that I don't like tea parties, I do have to admit; and if you were to come and see where I lived you would be very impressed by the beauty of my lake, for as you know, as I have told you, I am Verna – The Lady of the Lake. And when you are a Lady, then it's right that you actually show a little of your culture by taking wine in the afternoons, so that is what I prefer to do – tea in the morning, wine in the evening, don't you think that is very civilised of me?

I do, I'm very impressed. What is your favourite wine?

Well it's dandelion and thistle of course. Everyone's knows that's the best wine, but not just any old dandelion you know, oh no, I couldn't lower my standards like some of my kind do – and it's no wonder you lot on Earth get the wrong impression of us. No, it has to be dandelion that has grown under a full moon for at least half of it's life. As for the thistle, well a thistle is a thistle, isn't it?

I don't know. If you say so. But how can that be possible with a dandelion, it would have to grow very fast.

James, my dear boy – anything is possible. And in this you must believe.

I would like to Verna, but when your life has been full of crushing disappointment, then it's kind of hard to keep being optimistic.

And so you shouldn't if you want to complete your soul-healing. You have to stay true to those horrible feelings of yours. But once they have all gone, then you'll be stepping into something of what you might call a new world of your own, and within that world, our

worlds are much closer.

I like the sound of that.

Yes, and so you should. It's the pot of gold at the end of the rainbow, but you've got to do the hard healing work first. Not real gold mind, not like those fairy-tales, but a pot filled with truth, truth being much more valuable than gold!

I like the sound of that too, Verna.

And so you should, and we wish more people would too, so they would want to strive for the truth. You can't go anywhere spiritually without possession of truth; and you can't get the truth unless you live true to your feelings and stop all this mucking about denying them. God, we've been trying to wake you up to this fact for generations, but do you think anyone has wanted to listen? They all say they understand about the truth, and yes, yes, we're all growing in truth, and we're all learning lots of good things, like what's in the bible and what the church teaches, but what good has that ever done for anyone?

Has it helped them to uncover the hidden truth of themselves through their childhood repression healing? No, so what is this 'truth' they are talking about? It's nonsense James, sheer and utter nonsense, just a pile of rubbish they stuff in their minds, then believing they have grown in truth. That sort of information, understanding and 'knowledge' – if you could call it that – won't do you any good at all, it's just a waste a time; but to reveal truth to yourself as a result of expressing your repressed, or any feelings, well – AH! - now that's something worth talking about.

Anyway, I can't sit around here all day gas-bagging to you. I've got to go meet someone very important.

Who?

Oh, no one you need to know about. Just a good friend of mine. He's coming with some very important news, so he says.

Is that a touch of romance I detect, Verna.

None of your business. You just stick to concentrating on expressing your repressed

feelings, and thinking about what I said; about moving me up onto the home page, right up front, as that's where a Lady of my importance should reside! None of this skulking around the back-blocks – no one will ever read this far and find me!

So James, I will wait... wait, wait, wait... until you find the time to speak to me next... good-bye and I hope I have been some help to you.

Yes, you have as always Verna, thank you very much. And lovely as always to be graced by your illustrious presence.

And so you should be! Good-bye. And as for you reader, you get on and think seriously about wanting to uncover the truth within yourself and possibly doing your healing, all with our Mother and Father's Divine Love. There, I've said my bit, and if I don't get a move on, I'll be late. And you know how much a Lady can not be late... ha, ha!

Temptations of the flesh are not just sexual things, they are anything of the flesh or material world that takes you away from your true self, from your true feelings.

with Margaret - a spirit

Hello James, my name is Margaret. You wanted a spirit to come and speak with you?

Yes, Margaret I did, thank you.

And you wanted me to speak so we could demonstrate this form of spirit-mortal rapport and communication for your web site?

Yes.

And so I would be delighted to comply with your wishes. So what is it you would like to speak about?

Well, I'd just like to ask you some questions about yourself if that's all right.

By all means, ask away.

Well, first the usual obvious questions.

Yes, the who am I and when was I alive on Earth?

Yes.

I was a no one, still am; I didn't make a name for myself on Earth, nor during my mansion world ascent here in spirit. When I died, it was so wonderful to discover that life didn't end; and there is a certain freedom here in spirit that I relish. But gradually I woke up to the truth that I was denying certain aspects of myself and so started to work on my soul-healing with the Divine Love, growing in truth as I healed my childhood repression; eventually completing it, and arriving in the first Celestial sphere, where I currently reside. And I will add, just how happy I am to be living here, it is the most beautiful world imaginable and only inhabited by people – spirits – such as myself, those who have completed their soul-healing, so we don't have any of the disruptive influences from those spirits who have yet to awaken to the truth of their self-denial.

On Earth I lived in England, in Gloucestershire county, about a hundred years ago now. I was born into a family of four children, our family being of moderate means, and I grew up doing and being as my mother and her mother before had been and done – basically managing the household affairs. I married and had two children of my own. I lived until I was sixty-five then died of cancer. And because I lived believing in the bible and going religiously to church, out of duty and not because of any heart-felt feelings, I denied myself the adventure of finding the truth of myself - not that I would have found it any better had I loved the church, thereby living what by your standards would be called a rather dull and dreary, pathetic life, of very little importance - which it was!

And upon my arrival into spirit - and oh yes it was beautiful and with so much love and light everywhere, so different and the opposite to Earth - I was met by my parents who welcomed me into their society, and for ten years it was business as usual, me picking up just where I'd left off with them before they'd died.

But luckily my husband outlived me by twenty years on Earth, so I wasn't encumbered with just getting on and performing my duty as the dutiful wife in spirit. And because I was temporarily free of such marriage restrictions – I did love my husband, but nothing more than a reasonable friendship by the time of my death – I was able to enjoy meeting other men, one of whom it was that helped me to wake up to myself.

This man, as it has turned out, was indeed my soul-mate, however it wasn't until well into our soul-healing that we uncovered this truth about each other. Martin also introduced me to the truths taught by Jesus and Mary Magdalene, which impressed me greatly, as they showed up just how controlling the Church was in my life and over myself. And by that time, I had started to grow - my soul was calling me to move on, and I had started to feel very restless and not happy with my life, particularly as I could see how much my husband and all our relatives over here were looking forward to his death so he could resume his life with me – with me looking after him!

My husband believed in the afterlife, you see, but only so that it would give him all that he'd enjoyed on Earth; and a great part of his enjoyment was by having me, his faithful and dutiful wife, doing everything – being his mother – for him. And I was beginning to have resentment feelings – new feelings, and very disturbing ones, that made me feel that I was just taken for granted. It was expected by everyone that I should just be his slave and servant without having a feeling-life of my own.

So as you might well imagine, my meeting Martin and our attraction, certainly started to stir the pot. And within five years I had renounced my marriage, the Church, my family duties, and did I feel free! I was ALIVE! - so I felt for the first time in my life.

Up until that time we'd been living on the first mansion world in it's highest seventh plane - my people prided themselves on such a pathetic achievement believing they were more 'advanced' than others – but with Martin's input, we were soon both spiritually qualified to live in the third mansion world (the first Divine Love world) making our way to the seventh, and then one day (which did finally occur), into the Celestial heavens. And James, let me tell you, looking back on it now, as hard as it was to leave my family, to turn my back on them and their society, it was the best thing I could have done. I felt that only having left them were I starting to live!

So you can see, that from my very narrow world I have somewhat expanded out into greater things and feel all the better for it, that I can assure you! Was there anything else specifically you wanted to ask me or know about?

No, you've answered all my questions, thank you Margaret. I'm pleased you are happy now.

Thank you James. Martin and I are also very pleased, and just you wait until you've finished your healing, then you too will be very pleased. I have one other thing I am to tell you.

Yes, please do.

It's to tell your readers that Mary Magdalene and Jesus are very real and lovely spirits. All they have done for us is amazing, and humanity, and Martin and I, are forever indebted to them. That's all I wanted to say, really to use this opportunity to publicly thank Mary and Jesus for all they have done for us. And thank you too James for allowing me to come to you today.

Thank you Margaret.

I'll be going now - goodbye James.

If you want to be a true child of God, then do your soul-healing.

Speaking with God

Speaking with God

Just ask Them a question... then listen...

Either with your mind, or through your feelings.

Mother and Father - are You there, and will you please speak with me?

We are here James, your Father and I. I will talk to you as you still need to do more work on accepting the Feminine Aspects of Personality.

All right Mother. I want to ask you about my healing - specifically: why have You made me suffer so much? Why have You given me a no-love life? And why have You given me so much pain? I am Your child, and yet I don't feel loved by You, even after all these years of receiving Your Divine Love.

It's not time yet for you James to feel wholly loved by your Father and I. Yes, your soul has received some of Our Love, but for all intents and purposes this is merely technical, and does not as yet, as you say, make you feel loved.

But why not?

Because We still want you to experience more of your anti-love state, and were you to feel loved, you'd not be able to experience it. So we are withholding some of the effects of Our Love that is within your soul, until such time as you've completed your Soul-Healing. And once you are true and perfect and no longer wrong and false, then you'll feel the Divine Love acting upon your soul - then you'll feel truly loved by Us.

All right. But why do You want me to experience being evil, being in my anti truth and anti love state? What's the point of it - of all my suffering and pain? And what's the point of making me feel like I have no meaning, I have no point, that I'm living a meaningless and pointless life. And not one of love, but one of fear and anger and hurt and rejection and misery and guilt and sadness and despair and all my other bad feelings.

The point is James that We want you to have as full an experience of living devoid of love as you possibly can. There are reasons why We want this, and so why we've put you in and keep you in such a life, but We're not going to disclose all those reasons just yet. And our non-disclosure is all part of your still needing to feel bad about not understanding such things, not understanding that aspect of Our relationship with you.

Because it's all still too heavily tied up with my relationship with mum and dad, which I'm still projecting onto You and Father?

Yes. There is still more We want you to see, experience and so understand concerning your love-denial.

You see James, not wanting to tell you too much about your future, but there are very good reasons as to why you need to experience feeling so unloved. Why you need to become evil at the hands of your parents, and why you need to heal yourself of being anti love, truth and light. Reasons which in the fullness of time will come to you, We won't keep them from you, however will come at the right time - when you are ready for them.

But for the time being, so We'll be keeping you focused on your evilness, on feeling how it makes you feel, on all the bad feelings is creates in you, and all your bad feeling avoidance and trying to control and so stop yourself from having any bad feelings. And

how in this way you are being so unloving of yourself.

So Mother, do you love me, even though I am unlovable being so bad, wrong and evil?

Of course James, your Father and I always love you, and even love you so much that we are giving you this rather 'different' life experience. And it's only with Our love for you that your soul is sustained in Our Light - even in your rebellious state. And even though you feel so bad so often, and you're waking up to just how unloved you do feel; and even though to pray and long to Us for Our Love, this is all good and loving, all apart of Our loving relationship we have with you. And just because in your anti and no-love state you can't feel Our loving you, still We are, and it's only because of your anti love state that you can't.

But as I said, that will all change as you come to the end of your healing and you no longer need further anti-love and anti-truth, and so anti-happiness, experiences. When you have lived and uncovered the whole truth of your negative state of mind and will, then you'll no longer be of a love-denying condition of mind, and so then you will feel loved.

And so it's Your love for me that made mum and dad conceive me, and Your love for me has put me through all the shit I've been through... it's so hard to get my mind around it: that God -You - wants me to suffer, and is indeed making me suffer.

Only because of your limited way of seeing things James. But how else can it be. You can't exist without Us, so you can't be of love or no-love without Us, without Our wanting you to be this way. You are Our doing, you are Our creation, and we're looking after you, even in your evilness when you feel so alone, unhappy and miserable to the core of your being.

You're Both making me feel this way-

Yes, all so you can uncover the truth of such feelings. For in your growing in truth, so you are maturing and getting closer to your Father and I. You are to grow up with the truth that comes from your feeling-acceptance; you are to become a mature child of God as you might say. But this can only happen once you've set yourself free of your feeling-denial.

I do understand that Mother.

I know you do James, because it's what We want you to understand.

So in a way, could I say that all of this I'm going through is my early childhood, with my more advanced childhood coming all through my ascent to Paradise. And upon arriving on Paradise and being with You both face to face, then I will have become an adult - and adult child if you like. Like how Mary and Jesus are - true and perfect.

Yes, and We're looking forward to you returning home. It will be a splendid occasion.

Mother, can everyone talk with You, their Heavenly Mother and the Heavenly Father?

Yes James, and some more through their mind, like you can do, and others more through their feelings, that being how Marion relates to Us.

Yes, she sort of knows you are communicating with her - on her good days when she feels close to You that is. But she doesn't want to engage her mind and speak with you via her Indwelling Spirit like I do.

It's not time yet for her to make direct and personal contact with Us. She needs to do all her healing feeling alone and so hurt about feeling so alone and unloved - even unloved by Us. So although We are loving her and she is partaking of Our Divine Love, still she won't feel loved by Us or even that she's received Our Love until she has completed her healing. It's all currently still very important that she does it all herself, and without any outside or inside help - other than the support you give her James.

She says I'm helping her feel more self-confident, giving her confidence in expressing her feelings freely. Yet in other ways, like being with other people, she's more scared, still not wanting to have anything to do with another person for fear of what they - her parents - might do to her.

Yes James, and in time her relationship with Us will change, and then she'll be ready to step well and truly outside into the world.

Thank you Mother, I've got to end it here as it was a very early start this morning and my eyes won't stay open any longer. So thank You for speaking with me.

I - your Mother - love you James. And I - your Father - love you James. We both love

you, and with True love. And when you have evolved yourself and your soul out of your death-to-personality state, then you will know We do. And you'll know it will be true because you'll feel Us loving you.

Converse with Them when you're longing for Their Divine Love.

And like with any conversation, talk to Them expecting Them to respond to you.

Listen for Them - that soft still inner voice - that can get quite loud.

And if you don't feel right about your connection or communication with Them, then express those bad feelings asking Them to help you uncover the truth of such feelings.

The spirit worlds

the spirit worlds
and death

The set up - from what I understand based on all I've been told by spirits.

I refer to mortal spirits in the mansion worlds and Earth planes as being spirits from Earth, people who were once on Earth but now live in spirit. Higher universal spirits, beings or personalities, are spirit beings that never live on Earth, or mostly never have a flesh experience. And Angels, including nature spirits and other creatures native to the mansion worlds, never incarnate into flesh.

There is Earth. Then there are...

The seven Earth planes.

Sometimes called the astral worlds or Earth worlds. These planes are 'worlds' unto themselves, however 'worlds' that take the shape and form of Earth, and 'surround' - on the inner levels, the physical Earth.

The first two Earth planes are where spirits (who were people, and people only from Earth) can live. You can wander the Earth in spirit form living in these Earth planes. Many of the out-of-body, astral or near-death experiences are of people visiting one of these two planes. So if you leave your body and go racing across the Earth, you'd be doing it in one of the two Earth planes. And being a spirit living in these planes or being on an astral trip, you can speak to people on Earth, but unless they are mediums who can

hear spirits, they won't hear you. But you can hear them. And you can walk through people and physical walls, and you can visit all the places on Earth in your spirit form. You can even sit in your favourite physical pub and pretend you are drinking beer and eating crisps.

The third Earth plane is specifically for the nature spirits - it's their home.

The rest of the Earth planes are for angels and higher universal spirits who wish to visit Earth. Ordinarily, mortal spirits or out-of-body mortals, don't visit these higher planes.

The Mansion worlds.

Associated with Earth are seven mansion worlds, these being true spirit worlds. They have their own geography: seas, rivers, lakes, mountains, cities etc. They are not 'based' on Earth, although some of the lower planes of the lowest or first mansion world look similar to places on Earth. They are divided into sectors or zones, within the prevailing planes, in which spirits from Earth of like mind and truth can live. If you are a Christian on Earth for example you can live in the Christian sector of your faith in spirit. Or, as a spirit resident in the mansion worlds you can become a Christian and move to live in the Christian sectors.

The first mansion world I see as being the one closest to Earth, sometimes it's called the seventh world (if I remember correctly the mansion worlds being numbered 7 - 1, by The Urantia Book, with one being the closest to the Celestial spheres).

The mansion worlds are divided into planes, however you can't live separately in each plane, they are planes of truth or mind development. And they are comprised of sectors.

The mansion worlds also have seven separate planes 'around' each world - like the Earth planes are to the Earth, in which spirits from Earth can't live, being planes solely for higher spirits and angels to occupy when they visit the mansion worlds.

The first mansion world is where we wake up in spirit after death - in one of the Arrival Halls. We register and then can live in that world, all provided we're of a level of truth or mind development equal to that world. If we're of a lower mind or truth development, then we'll move to live in one of the Earth planes, being what is usually termed 'a lost soul', or a 'dark soul'.

If you need to live in a 'hell' owing to your level of truth or mind attainment (or rather lack of it), then there are sectors or areas in the first mansion world for this, as are there in the two Earth planes.

Many of the sectors in the first mansion world are called 'worlds', some examples being: Gay world, Sex world, Dinosaur world, Animal world, Fairy world, Art world, Science world, Australian Aborigine world, Indian world, New world, world, Christian world, and so on.

As you grow in truth and mind attainment you ascend the mansion worlds.

The Celestial spheres.

Once we've ascended the mansion worlds - having embraced the Divine Love and completed our Soul-Healing, we move to live in the Celestial Heavens. The Padgett Messages say the first three or lower Celestial worlds are numbered, the first one we arrive in having technically left and finished with our Earth life (that being also inclusive of our mansion world experience); the higher spheres unnumbered. A lot of people call the Celestial spheres, worlds, but I like to call them spheres to differentiate them from Earth, and mansion worlds to do with Earth. (It doesn't matter what they are called, however it does tend to add a little more confusion to everything.) Life in the Celestial spheres is our first taste of life in the greater universe. It's our true first step on our ascension to Paradise, once we've healed ourselves of our evil state.

Death... and life after death, and what to expect.

The actual death of our physical body is said to be a good experience. The separation of the astral cord that connects our spirit body with our physical body is painless. The transition from one reality to another is easy, so we have nothing to fear in that respect. What we fear is the pain before our actual death, and the unknown, which is all very understandable as none of the religions go much further into talking about life after death other than saying it's either good and in heaven, or bad and in hell, or somewhere inbetween equally as bad. Or you simply cease to exist. And although many systems of belief offer reincarnation as a hope for a better future, as there is not such things as reincarnation, you're hopes are going to be dashed in that area if you believe in it.

So what is it like for us when we die. And not having died of course, I can only pass on some of what the spirits have told me and what I've read in accounts of life after death by

spirits.

Generally the over all impression one gets is that it's a whole new life full of light and love. That is provided you're aware that there is life after death and don't become one of those lost Earth plane spirits that hang around Earth not understanding that they have died. However, as you're reading this it means you've moved from that level of understanding, so that won't happen to you.

For the people who are aware of life after death in the spirits worlds, more than likely they will wake up in the first mansion world, in one of the receiving rooms. And there to be greeted by loved ones, either family and friends who loved them on Earth and preceded them into spirit; or higher welcoming spirits who are there to assist them in their crossing over.

So mostly it's a good experience, even an incredibly wonderful and glorious one, to suddenly wake up realising there is life after death, you are still you, and you're surrounded by people who are themselves now spirits (your pets you love will also be there waiting for you) all welcoming you into the new world. And by all accounts the new world is great to live in.

Being a spirit we don't suffer any of the physical pains or limitations of Earth. Nor do we have to earn money to survive, life is laid on for us. And there are a countless number of things to do - all that you might have dreamed of doing on Earth, but never could, you can do in your new spirit life. You can even have spirit sex to your hearts content if that's your thing, as can you freely visit the Earth planes if you want to have things still to do with Earth. But what you can't do is go visiting higher spirit worlds until you're qualified to live in them, which means, until you either grow in truth or expand your untruth - your negative state of being.

And so far as life goes, you live where you want to live (that being in harmony with your level truth or state of mind), can have most things as you want them to be, and there are places of beauty, culture, science, lots of lovely natural world to admire and be involved in. Essentially the spirit mansion worlds are provided for us to do whatever we please in, we can even try and 'help' those people back on Earth, by giving them 'healing powers', directly or indirectly communicating with them, and causing certain things as 'religious signs' to happen.

Mostly from what I understand, people of like mind tend to gravitate together, so if you have interests in certain areas you'll probably want to live in those sectors. If you're religious wanting to still be involved in your religion from Earth or get involved in the numerous alternative spiritual and religious systems, the mind mansion worlds have it all.

So to be free of your physical body, to be able to zoom around and communicate using your mind; to feel full of love and light; to no longer need to eat, drink or go to the toilet, all seems like something to look forward to, but it's not all what heaven is made out to be. And it all depends on what your soul has in store for you.

For some people it might all be wonderful, starting out afresh, meeting people and ancestors (all spirits) from your past, even continuing old relationships or starting new ones. For other people it can be something of a shock, even devastating to learn that your beloved life and eternal partner whom you've been looking forward to seeing again and picking up where you left off when they died, is in a new relationship no longer wishing to have anything to do with you.

Or you might not have wanted or been ready to leave the Earth. So even though you've got a whole new life, what about your children and spouse, your pet whom you loved so much but can no longer be with.

And then what if your soul wants you to start questioning the meaning of life: what do you really want and why. What if it starts putting pressure on you to change your ways, and to seek a higher way of living. What if you are to experience what is called a 'Life Review' whereby all the bad stuff you did as an adult during your Earth life is shown to you, all to make you understand that you're not the great person you believed you were after all.

And then there is the problem of having to settle the Law of Compensation some time, which for many people starts immediately as they are taken to live in what are called the 'hells', planes set aside for newly arrived spirits that are 'bad', so they can feel the pain they have caused others until the Law of Compensation has been satisfied. As to what qualifies one as being 'bad' when we're all bad living in our negative states, I guess comes down to whether you have wanted to try and be good, try to help others and generally be respectful, kind and considerate, compared to people who don't give a shit about anyone other than themselves, used and abused everyone and everything, hurt other people and nature, are cruel, unkind and unloving, relative to our self-denying evil state.

Or things might start out with a new burst of love and light, but once you've settled in and established a new life for yourself, all those annoying same old patterns you were plagued with on Earth might start to reassert themselves, then what do you do. Your new spirit life no longer the grand affair it promised to be.

And then there is the matter of what are you in Creation for anyway, what is it all about, now that you understand you have eternal life and can't die. And what about God, what or who really is God, and who are all those higher, brighter spirits that seem so self-assured and full of love. What have they done to become like that.

So along with the new life comes new things to feel and think about. And even though many people who are now spirits are able to lock down and resist all change, staying in their little sectors refusing to upset the status quo, and living seemingly content with their way of life for thousands of years, what if you don't want that and feel restless, with your soul urging you to push on.

And so it comes back to whether you want to remain confined to the mind mansion worlds for evermore living out your little fantasises and delusions, or whether you want to embark on what your soul is all about: your ascension of truth to Paradise. And if you do, then to enter the Divine Love mansion worlds you'll need to consider praying for the Divine Love whilst it's on offer and doing your soul-healing. And if you've already begun such things now on Earth, then when you die, naturally you'll want to keep going that way, so after your arrival and time of looking around the mind mansion worlds you'll get settled into the appropriate Divine Love mansion world to carry on. Or, if you have managed to complete your soul-healing whilst of flesh, then you'll visit the mansion worlds just to see what they are, on your way to living in the Celestial spheres.

So once we die, we have in potential many opportunities awaiting us. But of course on a spiritual level we don't have to wait until death before we embrace them. And it's said that by setting out to do your soul-healing in flesh, it will give you greatly help you in spirit.

More about the mind mansion world spirits

The mind mansion worlds are the closest to carrying on life from Earth in spirit. Just as mixed up and confused about everything on Earth that we are, so are those spirits in the mind mansion worlds, only they also believe they are now superior to people on Earth,

with everything under control - everything as they believe it should be. So if you openly invite them into your life, they will be more than willing to tell you the 'Great Truths', to tell you anything you want to hear. And so many people on Earth are only too eager to take all they say and believe it to be superior to what already exists here. Look at all the New Age channeled stuff, all coming from mind mansion world spirits that believe they know the answers of how to live life better than people on Earth, but it's only at best, how to live a mind mansion world life on Earth, which does nothing other than help advance ones negative state. Which is fine, if that's what you want.

Once you embrace the Divine Love and begin your soul-healing, all of that changes, you are really stepping out to live a whole new way, even like living in a different dimension in many respects. Everything changes.

In the end it's the destiny of humanity for all to accept, both on Earth and in the mind mansion worlds, the Divine Love and to do their soul-healing to get themselves out of their negative state. However it will be a long time before that happens.

Many of the mind mansion world spirits can present a very alluring and seductive picture, however be warned that they are really no better off than anyone on Earth who isn't living with the Divine Love and striving to do their healing. There are many great sages, many enlightened ones, many who call themselves, and allow themselves to be called: Jesus, Buddha, Archangels, Ascended Masters etc. - whatever they want to call themselves or believe themselves to be. The higher one moves up in the mind mansion worlds the greater the self-delusion and self-deception, and yet the more appealing they often sound to those people on Earth ignorant of the negative state we live in.

And even many people on Earth who have embraced longing for the Divine Love yet are still to embrace doing their healing, might find they succumb to the allurements as presented by the mind spirits. Only by doing your soul-healing can you ensure you remain separate from them. And the Celestial spirits who will be with you will ensure such mind spirits don't interfere with you.

No reincarnation

no reincarnation

Reincarnation doesn't exist.

It's not real, you won't be coming back.

It's an erroneous belief.

And if you persist in believing it, it will only help you stay in your negative state.

Reincarnation denies true soul-personality expression. It ties you up in your mind believing that one day you'll return to Earth. And it takes you into fantasy land as you try to reconcile your karmic obligations. It succeeds in keeping your mind off your feelings, and taking full responsibility for your feeling-life now.

Reincarnation is a delusion created by someone who didn't have a clue about one's ascent of truth to Paradise with the Divine Love. Nor about one's problems of being conceived into a negative mind and will life. Nor about one having to do one's soul- or feeling-healing to get oneself out of one's evil state. Nor about the true principles of personality.

Can you honestly say that when you die you are going to be wiped aside to become a future Sue or John. And that being Fred or Cynthia last life, you were wiped aside to now be who you are. Can you feel how you are not going to be destroyed, you are going to exist as yourself forevermore. And if you can't, then you're not living true to your feelings. And if you can, then you may as well wipe reincarnation aside.

God bestows a unique personality on our soul, two of them in fact, one for each part of the soul-mate relationship. I can and will only be the male part - the male expression of our soul, as will my soul-partner be the female expression of our soul. And being male I can't reincarnate being Jill or Claudia for to become so, I'd have to be a female expression of another soul.

My eternal life is one long eternal evolution of my personality. Every day through my feelings I bring a little more of myself - of my soul, into being, into Creation. And to grow in truth - the truth of my personality evolution, I need to fully uncover the truth of every feeling-experience I have along the way. To die and go into the mind worlds in spirit, there to wait, and even as my spirit friends tell me such mind spirits do, planning my next life on Earth; ever awaiting that eventful day when I will cease to be James, giving up all my feeling-experiences and all the truth of them, all the personality I've evolved and expressed to date, to wake up a new personality starting out once again on Earth, is just never going to happen. I can feel it's not going to, as I can feel that because of the

influence of the Divine Love in my soul, I am on my way to Paradise to meet my Heavenly Parents as I ascend in truth. And I am very thankful that I don't have to go through being submitted to evil again, and having to work my way arduously out of it. Once is more than enough - thank you very much!

There isn't a long list of karma from all your previous lives still outstanding and waiting for you to work through. All that you are, all that you might consider wrong with you, all the kama you have, comes from conception through your early life until now. When you start to work through your childhood repression healing you'll be able to feel that it is all contained within your life now, and it doesn't stretch back into the beginnings of eternity.

And if you've had lots of past (and future) life experiences, then one day you'll come to understand they were given to you to help you get more in touch with the bad feelings you're denying. But as you denied such feelings, you've instead gone off in your mind fantasizing about all your past and future lives, moving deeper into your negative state. It's very easy for our Indwelling Spirits to organise such 'past and future life' experiences for us, even to the point of it seeming like we are back in the past or in future really feeling we're another person, even able to recall the full feeling and thought experience and drama of that persons life. But all given to us because we want to further deny ourselves by being another person and not the true bad-feeling person we are now. There is much power to be gained for some people in their infatuation of being someone else, especially if that someone else was an important and powerful person. But one would benefit much more were one to seek the truth of why one feels good knowing they were an important person in another life - why they feel so powerless now.

If you want to advance your self-denying state, and you want to do it through a belief in reincarnation, then everything will support that belief. But once you choose to truly honour yourself and stop denying your bad feelings, then everything will help you get rid of your belief in reincarnation.

When you're on one side of the fence you can't see what's on the other side. And although with your belief in reincarnation you probably think you've gone over the fence and are exploring the other side, perhaps your not and are only deluding yourself that you are. But you won't know until you start longing for the Divine Love and seeking the truth of your feelings.

There is no such thing as the Karmic Wheel.

All your sins and errors have been brought about by your parenting - DURING THIS ONE AND ONLY LIFE.

As you will see through the doing of your Soul-Healing, all your troubles, worries and problems come from your forming years, beginning at your conception.

It's all in you from your early life, there's no need trying to access past or even future lives.

And to do that is only taking you away from your true self - all your bad feelings you're trying to avoid.

And certainly bad deeds will have to be compensated for, this being done through your healing as you understand how you've hurt yourself as you've hurt others, all how you were hurt by your parents. And why you want to blame and hurt yourself and others instead of wanting to blame and hurt your parents.

The Holy Spirit and Spirit of Truth

Divine Love and Truth

The Holy Spirit brings the Divine Love into our soul

The Spirits of Truth help us uncover the truths of our soul

The Holy Spirit and Spirit of Truth

What are they, and what is our relationship with them?

They are both impersonal spirits, meaning, we can't actually relate on a person to person level with them. They don't have separate and distinct personalities as we do. We can't speak to them and they speak back to us, they can't share with us their thoughts and feelings as we can share ours with each other and other spirit personalities. They are simply spirit presences that are with us to help us in very specific and different ways, should we want their help. And we do have to want it, their help is not just given to us.

From the Urantia Book we can gain some understanding of how a humanity should evolve or grow in truth. It starts out evolving from animals as our fossil record shows, becoming when the time is right, human beings, people with a soul and unique personality. And then those people, being what are called: Ascending mortals, start to grow and evolve their soul in truth, this happening through their physical life and continuing on in their spirit existence, forever upward and inward through Creation to

Paradise, the home of our Creators - our Heavenly Mother and Father. And just as each person grows in truth individually, so too does the humanity grow collectively, reflecting and expressing the truth of the people.

And all the way along the humanity is given help from above, from higher spirits that come or descend in various ways, so people can gain some feeling for and understanding of what they themselves can achieve and look forward to being like. So the humanity moves through various spiritual ages, each age a progressive step up on its Paradise ascent. And so the humanity through its own innate spirit desires to grow in truth, and ordinarily does so striving to perfect its love, its natural or self love through the initial levels until it reaches a certain point of natural love perfection, a point at which it can't go any further without the direct inclusion of God's love - the Divine Love. So we are to evolve our own natural love to a specific level, then we are informed by higher spirits that we can now grow in truth even further, having got so far under our own steam, with the direct inclusion of God's Love.

And through each successive spiritual age, we are as we grow in truth - that being the truth of ourselves, nature and life, and God - expressing more of our personality, with our personality becoming more complex and rich in thoughts and feelings. So our understanding of our feelings increases as our minds expand, all being expressed in increasingly complex relationships we have together, relationships designed to help us continue our growth of truth. So in our natural love we begin as simple men and women, then successively through each spiritual age become more advanced.

Also from the Urantia Book we are to understand that there are many worlds with humanities on them, and that mostly such worlds grow in truth evolving their personalities and expression thereof with an ever increasing amount of love. The natural love of such people becoming ever higher in spiritual light, an ascending expression of their continuing grow of truth. And then we also are informed that our world has suffered a major setback and disastrous upheaval, the result of which has thrown our natural love progression and evolution of truth into chaos; and that we are not actually advancing in truth through each successive spiritual age as we should be doing, but are in fact advancing in anti truth, or, in evil. And all because of the Rebellion and Default by certain higher spirits that should have been looking us, but took it upon themselves to change the way of things, they believing they knew better than God. So we've been subjected to severe negative interferences, the consequences of which we've not as yet been fully told about or have realised ourselves, but which cause all our problems. And because of this interference, so

our relationship with the Spirit of Truth and Holy Spirit is not as it should be.

On normal worlds unaffected by rebellion, the humanity through the successive planetary ages, uses its own spirit to forge its growth of truth, to, as I said, its peak of natural love perfection, to where it simply can't evolve itself any further, that being what can be called the Celestial level of truth. And so when it reaches that point having evolved its way up through the seven mansion world levels of truth that it can do still whilst of flesh or when in spirit living in the mansion worlds, it is then ready to receive higher spirit help that will enable it to carry on advancing up through the Celestial levels all the way to Paradise.

And so at each truth evolutionary stage a higher Avonal Daughter and Son come to the world ensuring things are going as they should, and then when the humanity reaches the level of natural love perfection, it means its time for such an Avonal pair to incarnate on that world in the likeness of the people, being conceived and born and growing up just as the people of that world do. And so growing up evolving and perfecting their personality level to that of where the humanity has achieved - the state of natural love perfection. And then when the pair become of full age, reveal the Way, or the Truth, as to how the humanity can move on higher still, with the way involving their longing for God's Divine Love, which now becomes available to them because of the presence of the Avonal pair.

So when the Avonals die, two things occur: one, they liberate their Spirits of Truth; and two, the Divine Love becomes able to such truth and love desiring people, it being brought to their souls by the Holy Spirit.

So we can understand that the Holy Spirit conveys the Divine Love from God to our soul should we long for it - should we want it. And we can read in the Padgett Messages what this means, why we should want the Divine Love and how it will upon receiving it in our souls transform our souls from the natural to the divine, this being a major step along the way to Paradise. Because without our souls becoming divine and of the same essence as God's Soul, we'll never be able to get to know and personally meet and become at-one with God, forever remaining confined to the limitations of natural love and the mansion worlds, never able to evolve in truth and in our personality expression higher into the Celestial levels.

So the Holy Spirit conveys the Divine Love into souls if the Divine Love has been made available to the humanity, which can ordinarily only happen after a full Avonal pair bestowal into flesh. And that's all the Holy Spirit does. It doesn't speak to us, you can't

hear it, it doesn't give messages and it doesn't heal, it doesn't do anything other than convey the Divine Love into one's soul. So it doesn't of itself love you, it isn't a full unique personality that can give love to you, it's really just a spirit or mind circuit of the Divine Minister that brings the Divine Love to a soul if that soul is longing sincerely for it; and if, as I said, the Divine Love has been made readily available, all being done as a celebration of the humanity's own efforts to evolve its level of natural love to such a level of perfection that enables the Divine Love to become available.

And as for the Spirits of Truth, each one being liberated by the Avonal pair, and then functioning side by side and united as One Spirit of Truth, they represent in spirit form all the Avonal pair went through as they grew up and evolved their truth and personality expression to the natural love level of perfection and then on further to include their own Celestial level of truth. And as the Avonal pair being of flesh and having a normal flesh life, have to die, and because they can only speak personally to one person at a time, so upon their death they liberate their Spirits of Truth - the spirit of the truth that they are, so it will be a stand-in for them, so it will continue to counsel, minister, teach, reveal the truths to the truth growing soul just as if that person were having a personal relationship with the Avonals themselves.

And the Spirits of Truth are like the Holy Spirit in that they are an unseen spirit that helps the evolving soul but without any direct personality to personality interaction. So if the Spirits of Truth are readily available to help people, such people will not be readily aware of receiving such help, only knowing they are because they are growing in truth being assisted by the Spirits of Truth, and so are in effect growing in truth following the Avonals path, not having the same experiences the Avonals had; but following the same growth of truth the Avonals experienced, which is now being represented and expressed by their liberated Spirits of Truth.

And were you to receive such help from the Spirits of Truth, as you grew in truth you'd feel greatly comforted in the knowledge that you are evolving your truth just as the Avonals did, so you're on the right path. And if you received the Divine Love via the Holy Spirit, you'd feel increasingly loved by God as your Mother and Father. You'd feel you are Their child and you are growing up - growing increasingly in love as you grow increasingly in truth, so progressively becoming more as They are; and ultimately as They are - Perfect.

So that's how I understand it happens on a normal world, but our world is not normal

with things getting screwed up and happening out of the correct time sequence.

Because of the Lucifer Rebellion as it called, we've been led astray and away from our true feelings, so away from our true selves and into our minds. And through our minds we then control our feelings, taking matters out of our souls expression through our feelings, thinking we know what's best for ourselves, we know better than God does - and even so much so, we believe we are gods. And so in our confused, deluded, greatly distorted and perverted negative state, we are going the wrong way, denying ourselves truth and so our natural evolution of it toward perfect natural love. And deny our ongoing ever expanding personality expression, all of which means we are evil. And so in our evil states, as we are actually doing all we can to thwart our own souls from growing and advancing us in truth through our true feelings, so we're denying any hope of ever reaching the natural love perfection state that would herald the time of an Avonal pair and so their liberation of their Spirits of Truth and the availability of the Holy Spirit to being the Divine Love into our soul. So in theory we wait in vain, when what we need to do is work to first heal ourselves of our feeling denial, heal ourselves of our negative state and so end our evilness. And once healed, get back on track to evolving our natural love in a positive state of mind and will.

But things are even more complicated than that.

Ordinarily each physical world except one is to one day receive an Avonal pair, so that world then forevermore whilst it had humanity on it, be attended to by the Spirits of Truth of that pair, so each world becoming as it were, under the spiritual care of that Avonal pair. And the one world out of ten thousand 'Earths' in a Local Universe as the Urantia Book tell us, when it's reached natural love perfection and provided no rebellion occurs to screw up the natural proceeding of that world, receives the Creator Pair, the head spirit pair of the whole universe. And when that pair comes to their chosen world, upon their deaths and the liberation of their Spirits of Truth, their Spirits of Truth go out to overshadow all the Avonals Spirits of Truth, going out to give comfort to the whole universe and not just one world like the Avonals Spirits of Truth do. And so we start on our home world with our unique Avonal pairs Spirits of Truth, then to rise up as we move in the higher Celestial spheres of the local universe coming under the care of the Creator pairs Spirits of Truth, which has the effect of harmonising all ascending mortals of that local universe, with us all in the end 'speaking and living the same language of truth' as expressed by our Creator pair.

And the Creator pair of our local universe called Nebadon is Mary Magdalene and Jesus. But they came to Earth ahead of time, not when we had attained natural love perfection, but right in the heart of our rebellion. They came subjecting their perfect selves to the imperfection of our evilness. However they didn't interfere with it, with our anti truth states, but abided by it, and so grew up as we understand the story, with only Jesus reaching the stage of public ministry in which he revealed the availability of the Divine Love telling us the Holy Spirit would convey it into our souls if we longed sincerely to God for it. And he said he would send a comforter to us, his Spirit of Truth after he died, which he did. But Mary, also not interfering with our rebellious evil state, and she being a woman, wasn't able to 'rise up' as Jesus did into her public ministry, informing us like Jesus did that the Divine Love was available. But she did liberate her Spirit of Truth upon death, but few people look to her in the same light as they do Jesus so don't receive its help.

Now because Mary and Jesus remained true to their perfection, so didn't actually become evil, they didn't experience healing themselves of their evilness, so the truth of how to heal oneself is not contained within their Spirits of Truth, which is a bit of a bum as it means they are really no help to us in our fucked up evil truth-denying state of mind and will. If ever we do heal ourselves and perfect our natural love, then sure, we can receive the help from their Spirits of Truth because they grew in truth in perfection, so they have come to us ahead of time in a lot of ways, which has caused of itself even more confusion. Their coming officially terminated the Rebellion in their universe - Nebadon, and so effectively stopped outside and higher evil spirits to were involved in the Rebellion to further their negative, evil and controlling influences over us. But their lives didn't end our personal rebellion and so didn't heal us of our evilness, nor did they reveal the way out of it for us to take because they weren't of it, so they couldn't speak from personal experience having healed themselves of evil. So we are desperately looking to them - well Jesus really as we continue to ignore Mary's importance - for the way to heal ourselves, or just for Jesus to come and make everything all better, which will never happen, as it can't, for had they been able to reveal the way for us to heal ourselves, we'd have been working on healing ourselves of our evilness these past two thousand years instead of using all they said (as seen by the Christian religion in particular) to make matters even worse for ourselves. For as you can see in the Bible, its authors didn't understand the difference between the Holy Spirit and Spirit of Truth, nor what they do, with the Divine Love part being totally omitted. And with Jesus having to 'come again' to James Padgett early last century to reveal again the truths about the Divine Love being available to us. So instead of knowing such truth and being consciously able to long for the Love these past

thousand years, humanity has only just found out about again.

And so Mary and Jesus now tell us, we still need an Avonal pair, something again from what the Urantia Book says being very abnormal and completely out of character with the way things usually go on worlds that play host to the Creator pair; yet our world is not normal, not by a long way now because of the added complications brought about by our having Jesus and Mary amongst us in flesh. And so we still need and so are waiting for an Avonal pair to come, to take on our full evilness, to be fully evil themselves, and to then heal themselves of it, all so they can then reveal personally through their Spirits of Truth, the way for us to heal ourselves of our negative state. And as we've quite clearly demonstrated over these past two thousand years, we are unable to get ourselves out of the shit without help. And as we couldn't even receive the full help from Mary and Jesus, they being perfect and so simply too far removed from us, so we must rely on an Avonal pair for their help. And quite simply, if no pair comes, humanity will just continue going around in every increasing circles of evilness, remaining forever and anon unaware of the very negative state it is living in; and how we are denying our feelings which are our only way for ourselves to heal ourselves of our evilness.

And no one has prophesied that an Avonal will come, let alone an Avonal pair. It goes against what the Urantia Book says, even though the book also says that because Jesus (and Mary) have come to Earth, we now come under their authority, so if they say one or ten Avonal pairs are to come, so they will. The only mention of any one of a greater spiritual nature coming to Earth (other than all the religions prophesying their Great World Leaders) is to come and at any moment now, is to be found in the Padgett Messages in which one message says a Revealer of truth will come. And so what will such a revealer, or indeed a pair of revealers reveal... how we can heal ourselves of our evilness? How we can personally end our self-denial and rebellion against the truth? How we can stop living untrue to ourselves, nature and God; and how we can live true by using our feelings to uncover all the truth we are hiding from ourselves?

And when they have come and revealed the way for us to end our negative states, then their Spirits of Truth will continue to be available for everyone to seek help from, and there will be a lot of people needing that help, because there are already a lot of us in our evilness and most certainly a lot more of humanity to come.

And so in the meantime, we can long to God for Their Divine Love, and it come into our souls; and we can start to work on ourselves by trying to stop denying the bad feelings that

we do; and instead trying to allow them to be, and to fully express them, all with the intention of uncovering the truth of why we're feeling them - why we feel bad. With our doing that slowly helping us to move deeper into understanding why we are so fucked, how it all came about. And as we accept ourselves for being evil, so we will be able to move out of it. And all by using our feelings and not our minds.

The Christ is the Spirit of Truth. When Jesus says the Christ will come again, he is referring to the Avonals because they too are 'Christ's', albeit lesser Christ's compared to Mary Magdalene and himself.

Jesus won't come again himself in person as he did, as in being born again as a baby, but he will come again in person, as his full self and together with Mary. But as to when that will happen... But it won't be before the Avonals come; for were he and Mary to come before them, they'd achieve nothing more than they did when they first came. So it would be a waste of time.

We can receive the Divine Love into our souls from God, but we can't then pass that love on to another soul. And the Holy Spirit does not use us as an instrument through which it can affect 'divine healings'. Nor does it speak to us in tongues, it doesn't speak to us at all. Our receiving of the Divine Love is simply our being loved by God, by our Heavenly Mother and Father, and so it is our love to keep. And once it is within our soul, nothing and no one, not even ourselves, can remove it.

The Divine Love being divine, can only act upon perfect natural love. If we are imperfect and so not of perfect natural love, then even though we can still long for and receive Divine Love, it will lie effectively dormant in our soul waiting for us to heal ourselves and evolve our truth to that of natural love perfection.

Those people who believe they are growing in truth but are not actively doing their healing, are only advancing their minds. They are deluding themselves that they are advancing their souls. Our souls can't advance in truth when we're living untrue to ourselves, when we're anti truth - when we're evil.

We mistakenly believe that mental beliefs are truths of the soul, and we try in vain to live such beliefs as truth. But one day we are to wake to the truth that we are deluding ourselves, and that it is to our feelings that we have to look to uncover the truth of our soul. We can't grow in truth through our mind, only through and with our feelings. But only with true feelings, and not feelings that are being controlled by our mind.

It goes like this:

We start off though our own natural inspiration and feeling inclinations as spiritual children. Then we are to look to the Avonals for guidance - via their Spirits of Truth. Then to Mary and Jesus - and their Spirits of Truth. Then to yet higher spirit personalities of the Greater Universe. Then to our Mother and Father Themselves. And when we 'attain God', being done all through our feelings and NOT through our minds, then will be able to consider ourselves adult-children of God.

What keeps us bound up in our negative states is our mistaken belief that by looking to our minds we can find the way to God and to the truth of ourselves - of our souls. To use our minds at the expense of our true feelings means we are going nowhere, other than deeper into our self and feeling denial, deeper into our evilness. And yet we look to the gurus and swamis and mind enlightened people and spirits who we believe have risen above or transcended the limitations of flesh and even of the mind trying to emulate them, when really all we're doing is worshiping and admiring evil.

If you only look to Jesus or Mary Magdalene or even to the Mother and Father longing for and receiving their Divine Love; and if you believe they will somehow miraculously heal you, or the Divine Love will magically somehow remove all your sins and errors, then you'll be let down one day, that day being when you realise that nothing has actually changed, that you haven't progressed in truth or been healed as you've thought you were. When you realise you've only been legging yourself over by deluding yourself further with your mind. We have to look to ourselves, to our own feelings for our way out. Our feelings first, then looking to Mary and Jesus and our Mother and Father. But always ourselves - our feelings, first.

Doing your healing is the hardest most arduous thing you'll ever do. However bear in

mind as you are doing it, that it's actually nothing new, you've already and have always felt as bad as you do, it beginning at your conception. You've only convinced yourself that you've felt better as you've grown older, as your mind had gained power being able to block out all those terrible feelings. You'll feel very bad during your healing, but you'll never be pushed or taken beyond your limits, because you've already established those limits through your forming years. You've already experienced the worst you can ever feel, such bad feelings happening between conception and around six years old. Your healing is only you going back and getting back in touch with such bad feelings. You use feelings now in your adult life to take you back and reconnect with the same feelings you had during your coming into being. And as you reconnect and experience them fully, this time around you can emote and express them instead of deny them; and seek the truth of them - why you feel so bad.

And as you are doing your healing, just when you hit rock bottom and feel you can't feel any worse, guess what will happen... that's right, you'll be taken even deeper... and even deeper still, and even deeper still into yourself.

The Indwelling Spirit

The Indwelling Spirit

What is our relationship with it?

From the Urantia Book we can gain some insight into the Indwelling Spirit, a spirit fragment that comes from God and indwells our higher mind. It arrives from Paradise when our mind is fully up and running around six years old, and once in our mind becomes, from what I understand, able to help us to live the dictates of our soul.

One of the things about the Indwelling Spirit that I think is important to understand is that God, our Mother and Father, send an actual part of Their Spirit to us, to each of us, so God is literally with us, through Their spirit that indwells us, all the time. So we do have what is called an 'inner god' as we aspire to ascend in truth and become at-one with the 'outer God' in Paradise. And I feel it's reasonable to conclude that God has created us so They can experience all life through us via Their Indwelling Spirits. So God not only knows us and is with us through our existential souls, but also right in every breath we breathe, experientially with us through our Indwelling Spirits. So we are a lot closer to

God than we think, as God is right with us all the time.

Another interesting thing about the indwelling spirit is that it's pre-personal, which means, it doesn't have its own unique personality. And so what we give it, is our personality. We are in a way personalising this spirit part of God, as it is helping us to express fully and truly our souls personality. So God is very personally getting to know us, even to the point of Their indwelling spirits becoming as we are - as our personality is; and as this happens, so too we are slowly getting to know God through the truth of our experiences.

Since Mary Magdalene and Jesus came everyone automatically gets an indwelling spirit, and yet for the most part, most people are unaware that such a spirit fragment of God is within them. Some people have sensed it, have perceived it, and do even try to make contact with this inner god part of themselves, even to the point of believing that our spiritual growth is up and in through the mind, so as to attain at-oneness with God of Mind. So they are more intent on striving to become god through and with their mind, trying to be what they feel is the higher part of themselves, than they are to become at-one with God on Paradise, which is only achievable through looking to ones feelings for their truth and evolving ones soul in truth to the Home of God in the Highest Heaven. People who look to the more Eastern or New Age spiritual approach believe the mind is the key to it all, because of mistaking the presence of the indwelling spirit with God Him and Herself. But it's the wrong way to go, ultimately leading the individual to believing they are god, when they are not God. And this is in fact the most evil one can become, to believe you are god, rather than always feeling and living the truth that you are a child of God; and being that child, can strive to become as perfect and true as the Mother and Father are, and at-one with Them in such perfection, but always still remaining a true child of God, just as Jesus always said he was. He said he was not God, and so is not to be worshipped as God, and he will forevermore be only a child of loving Heavenly Parents.

When we attain a Celestial level of truth, which can only happen upon partaking the Divine Love, and then with our soul divine and perfect to that degree, our indwelling spirit is able to fully unite with us - with our soul, so it will be with us forevermore. Up until we achieve what the Urantia Book calls fusion with our indwelling spirit, it is possible that a person or mansion world spirit might have different indwelling spirits from time to time, each spirit helping the individual to progress in their life to a certain point before giving over to the help of another. But once soul-fusion with your indwelling spirit happens, which can ONLY happen once you have healed yourself of your negative state and fully embraced the Divine Love, then you are assured immortality of the soul, because you will

always have your spirit of God personally bonded to you. It being the first stage of you and God becoming truly - and on the feelings level, and not just in the mind - at-one with God. It's our first stage of truly becoming God-knowing. So when fusion takes place, then the indwelling spirit connects with us on all levels and not just in the higher mind, so giving us an all-pervading feeling of God being with us and we being with God.

And so if you desire to seek eternal union with your unique spirit part of God, then you'll have to transform your soul into becoming divine, this being achieved through the partaking of the Divine Love. The indwelling spirit is divine, and we are not, we have to become divine should we want to get to know God as personally as we can, and be as perfect as God is. And only when we have received the amount of Divine Love and grown in truth equivalent to a divine soul of the Celestial level, can and so will, our indwelling spirit fuse with our soul. And without soul-fusion; without doing your healing and healing your evilness; without transforming your soul with the Divine Love into becoming divine, you will only remain limited to the mansion worlds of natural love, never being able to move beyond them into the universe proper, and then free to ascend right the way through Creation to your one day personally meeting your Soul Mother and Father. So there is quite an incentive to want to do these things.

People can speak with, mind to mind, their indwelling spirit. The quite still and often said to be 'small and quiet' inner voice of God that you can reach out to and make contact with, or which might seemingly of its own accord speak to you as God talking to you, is your communicating with your indwelling spirit. And it's through our mind we can speak to God - via our indwelling spirit. It will be for all intents and purposes, and how you experience it, God speaking directly to you. And it's a great experience. The Mother and Father can also speak to us via our soul and on a deeper perceptual level as we advance our soul in truth and divinity through receiving Their Divine Love, and all of that intensifying greatly once we've healed ourselves of our anti God state and fused with our indwelling spirit, but for the time being, it will be mostly mind to mind that one will talk with God. And like all things, some people will want to speak to the Mother and Father via their indwelling Spirit, other people it won't be so important, they being content in knowing they are with the Mother and Father who love Them and that they are communicating with Them in their own unspoken but heartfelt way.

It can also be a great trap if you find it easy to speak with your indwelling spirit, to speak with God. Because you can heavily rely on what God says to you, being too much in your mind, too much attached to the intellectual side of things, instead of looking to your

feelings to guide you in truth. And it can be a great way to use God to help you further deny many of your bad feelings, thereby actually advancing your negative condition and evilness when you believe you are moving ahead spiritually because you are speaking easily with God and God is telling you all these great things. And if you are sincerely wanting to do your healing, sure, you can still talk to God, but whilst always keeping also focused on accepting and expressing and seeking the truth of your feelings. And if one does this, heals oneself of ones negative state, then ones relationship with ones inner and outer God will change all for the better reflecting ones advance in truth. I used to look to my indwelling spirit all the time, firing questions about everything to it and it responding to me, and I deluded myself that I was growing in truth, when all I was doing was expanding my mind, filling it with a whole lot of stuff that really was doing nothing for my souls development - my growth of truth. And when I felt bad, quick Father and Mother, why am I feeling bad - intellectualising it; and can you take the bad feeling away, and They would say, you're feeling bad because of... but it was all in my head, and all keeping me away from my feelings. So I've had to understand that it's better if I just allow myself to feel as shit as I do, all the time speaking to Marion about how bad I feel, whilst I long for and seek the truth of my bad feelings. And occasionally I chat with my indwelling spirit but now understanding my feelings come first.

Our indwelling spirits orchestrate a smooth union with our soul and personality; which means, when our soul desires we experience a certain experience, and that experience might require help from our angelic guardians, so it's our indwelling spirit that organises the angels to help fulfil the needs of our soul. I might for example need to uncover a deeper truth of myself, one that has been eluding me. My soul knows it is time for me to do so, so sets up my life experiences in Creation to happen, the experiences that will give me the feelings I need to express and seek the truth of that will take me into and connect with the truth my soul wants me to know - that I am to become of. And let's say it involves my physical arm suddenly hurting, I lift it up and suddenly, agony, a feeling of wrenching happens in it, making me gasp and filling me with fear - what's wrong with my arm? And the pain, such terrible pain, I feel like I'm going to faint. I try to express my agony to Marion, telling her how bad I feel, how scared I feel and what I fear will happen to me. And to bring all of this about, my indwelling spirit is orchestrating all that's needed on the Creational side of things, and my angels suddenly inject an unseen light into my aura following the guidance of my indwelling spirit, and my arm wrenches and is filled with pain. Then as I'm expressing my pain I'm also longing to know what truth about myself these bad feelings are to show me. I long to God to help me see the truth of my pain. And when I have expressed the pain sufficiently, when I've emoted all my bad

feelings, when I've said all my soul requires me to, even being helped along and inspired by my indwelling spirit, then I'm ready for the truth to be seen, to come up in me. And so light comes from my soul, my indwelling spirit takes it and makes into the truth, presenting it to me in such a way so that I understand what I am to see about myself or about mum and dad, about life, even about God. And suddenly a knowing rises up in me, I become conscious of this deeper truth, I make the connection with the pain from my arm with pain I felt when I fell over and hurt my arm when I was young, when I nearly broke it. And then more truth comes. I keep speaking all I'm seeing and feeling to Marion. And my indwelling spirit continues manifesting my souls leading - the truth God wants me to see, moving me even deeper and I feel really pissed off that in that experience when I was young, dad wasn't looking after me as he should have been, that he wasn't there for me, that he was off busy with something or someone else other than being right there with me paying attention to me. And had he been, had he truly loved me, he'd not have left me and I'd not have hurt myself. My hurt, my physical injury and pain really just being a manifestation of the emotional and spiritual pain that he was causing me by not loving me as truly and fully as I needed to be loved. And because I am wanting to grow in truth through the healing of my negative state, so my soul and indwelling spirit are helping me move that way. But before I wanted to heal myself, as I didn't know about it or that I was evil and as fucked up as I am, I was still wanting to advance my mind's control over my feelings, so still progress in my negative state and evilness, and so my soul and indwelling spirit worked to help me go further away from myself and God.

The Urantia Book says our indwelling spirit adjusts our mind helping us to become more aware of God, helping us to strive to be with God, giving our indwelling spirit another name: thought adjusters, as often they act through our thoughts. And as I said above, if I want to live true to myself, so my indwelling spirit helps to adjust my mind by helping me keep focused on my feelings, and helping me to uncover truth they are to help me see, which is all helping me to move toward understanding myself more - my own soul. And then as I come to know myself, so too am I coming to know God. And all the way along as I grow in truth, I long to be true to my feelings, knowing they are my way to God. That for me to ascend to Paradise and to literally be with my true Mother and Father I have to look to my feelings and not to my mind. And as I express my feelings, all of them, and the truth comes, then once again my indwelling spirit helps me to understand the mental side of my feelings, so I can put into the right context the picture that's evolving in me concerning my early relationships, the ones that fucked me up. And along the way concerning the mental side, should I need help from Verna my nature spirit friend, Mary and Jesus, any other Celestial and universal spirits I speak with, my angels, and even from

my indwelling spirit (who I call Bob) itself, then Bob orchestrates the input from such outside sources all helping me gain the mental understanding I need.

As I've grown in truth through the ongoing healing of myself, so my relationship with Bob has changed. It's become more personal. As I said, I don't speak as much to him as I used to, because I want to stay more focused on my feelings so I can keep working on myself, but over the years I've developed a great love and fondness for him. And I couldn't be more grateful to him for all he's done for me, just so much, and all the time, day and night, he creating my dreams and manifesting them so perfectly as to stimulate so many good and bad feelings for me to express when I've woken up. He's helped me every step of the way in every bit of truth that's come up in me, and without him I'd never have been able to do anything. So I thank you Bob with all my heart, not that that's much, it still being so unloving and all caught up in its anti love ways. But with the small amount of love I can give and feel, thank you Bob and I love you. 'You are most welcome James, it's my pleasure, I'm enjoying every moment with you, and indeed, are looking forward to all our future moments together.'

'Now Bob, on a serious note... my healing, when am I going to finish it?'

'Can't tell you old son.'

'Oh god Bob, you're no bloody good, why not? You're God, for all intents and purposes, so...'

'No can do. I'd be denying you the joy of all your bad feelings, and I don't want to do that, that's not what a loving God would do. And I want you to keep feeling as bad as you can, you've still got lots more truth to uncover about how unloved you were during your early life. And, as you know old chap, that's what's important, not knowing when your healing is going to finish.'

'Yeah well it's all right for you Bob, you're not the one who feels like shit every day. And lately Bob, as you well know, god I have felt bad, I've not felt this bad in my healing.'

'I know James, but it's a very important time for you, it's marking your transition from your negative state to a positive one. And I know it's very hard, painful and extremely testing and trying, but it has to be, for as you are feeling, it's exactly how you felt so often

during your forming years. And you've got to feel and see and accept the whole truth of it all, of all that happened to you and all how it made you feel, and all how you became as a result of it, all of which was anti you. So keep going, just keep allowing yourself to feel as bad as you feel and keep speaking about all you feel to Marion - and keep longing for the truth.'

'All right, and it's not as if I can do anything else anyway. I feel so bad, I am just one bad feeling all the time, and I can't even define it - I FEEL BAD! But as you said, I am also feeling this is how I felt so much when I was young, I can remember, I can see myself and feel myself back then, so I know it's true - it is me. It is how I am.'

'Yes, it's the truth of you, which is what it's all about - the truth through your feelings.'

'Thank Bob, I'll speak to you soon.'

'Over and out - any time James, I'll be here, I ain't going anywhere.'

Our indwelling spirits never take over, God never takes over, they never interfere with our minds. God and our indwelling spirits never say do this and do that, don't do that, go here, go there, don't go there - that's what our parents said to us. And if God or our indwelling spirits do give us such instructions, then they are being our parents with the intention of stimulating what should be bad feelings, all so we can use them to uncover more truth about our unloving relationship with our parents.

God has put us in evil and made us be it, God wants us to experience it. And so our indwelling spirit will see to it that we do. And when we've had enough of it, and so when our Mother and Father want us to heal ourselves of our negative state through our ongoing bad feeling acceptance, then our indwelling spirit will help us do that, helping to orientate our inner selves that way.

Our indwelling spirits are always striving to affect deep spiritual changes with us, which if we long to live true to ourselves through our feelings, will gradually come to light. The truth surfaces mysteriously from within us and our consciousness changes in line with it. Then our mind also grows in understanding. But it can all only happen as we look to our feelings as are our real guide, and not our thinking mind.

If you want to speak directly with God via your indwelling spirit but can't do it, then possibly it's not for you to do. And your not being able to do what you want to do should make you feel bad. So if you're wanting to live true to yourself and God, and do your healing, then you can use those bad feelings to help you uncover more truth of yourself. So you express them to your friend or partner whilst longing for the truth. And when it comes, it might in time, or possibly even immediately, remove what might be blocking or stopping you from directly speaking with God. Or it might not. And in that case, you will still move closer to accepting that it's not your way to speak directly with God. And in time as you express all your bad feelings about not being able to, uncovering the truth of them, you'll feel better and better about not speaking directly with God. And will feel that you have your own unique and personal way of knowing God is with you and is speaking to you, only just not directly through your mind using words. And to have God communicate with you through your feelings is far more fulfilling than just having a chat through your mind with God.

And so long to be at-one with God; and long to perfect as God is; and long to live true; and long to God for Their Divine Love; and long for the TRUTH; and long to heal yourself of your evilness, of your negative state, then you'll move along advancing your soul, and all God wants you to know about yourself, life and Themselves; will come to you... all in your own good time, and all in the way that's just right, true and perfect for you. And it will be your own unique way, your way for you to treasure for the rest of eternity, because you'll be living it.

The indwelling spirit, God, and other spirits can give you a bum steer, they can lead you astray, because they will always be working with you in compliance with your negative state, that is, until you've healed it. So if you get mental information from them, it might not all be correct and true, it might be tainted with untruth, all in keeping with how untrue you are. So a lot of what you might read from other people who talk with spirits and God (and even possibly from myself as I am not yet fully healed), might be wrong, or even correct, but put in such a way as to mislead you, or just not fully explain everything allowing your mind to make certain incorrect assumptions and so leading yourself further astray. And so the only way you can know if anything is right and true and correct is by going with your feelings - what you feel about it. However whilst you're untrue, this too can be a bit hairy because how can you be sure your feelings are also not tarnished by your

controlling mind. And so once again it all comes down to your feelings, to keep accepting, expressing and seeking the truth of them. And gradually you will change, gradually the truth will come up in you, and in time you will see what is right and where you might have gone wrong, and even why God might have led you up the garden path a bit.

So always look to your feelings whilst trying to leave you mind out of it as much as possible. But that's far easier said than done. Bob has led me all over the place, telling me all sorts of things, some true, some not, some things about the future for me that have come true, others not. And in the early years of my healing I was looking to Bod for guidance, really to be led along, but he kept leading me to brick walls. And finally I started to get it, and I'm still getting it, that he is not there to tell me about the future and what's going to happen to me, or to tell me what I am to do so as to live God's will. No, he is there to help me go into my feelings, to help me to help myself to stop denying my bad ones, to face them all, and to express them, 'be' them, and look to them to show me what they want me to see about myself, my life and God. And they do, and slowly I'm seeing. And now I know for me to live God's will, is achieved simply by living true to my feelings; my true feelings, and not the ones influenced by my mind, are God's will - the will of my soul. And the right and true way for me to go in life.

God is right with us in our evilness, in our pain, our loneliness, our fear, despair, misery, guilt, envy and anger. God is with us in very good and bad feeling. And our indwelling spirits are testament to the fact. God feels what we feel, God knows what we think. And if that's true, well then God must be the biggest masochist because why subject us, and so Himself, so much pain. There must be more to our being evil and why God wants us to be so, than we understand. And as I understand nothing, so surely there must be more?

I long to be true

I long to live true to my feelings

I long for the truth of my feelings

I long for the truth God wants me to see

I long for God's Divine Love

I long to God for Their Love

I long for the Truth

I long to feel good, happy and loved

I long to be healed of my evilness

I long to never feel bad again!

I long to be able to fully and truly express myself and so have true relationships

I long to feel happy and loved

I long to be with my soul-mate

I long to be perfect just like God is

I long to be true to myself, true to my feelings

I long to be true

end times and world teacher

When the Church is dead, humanity will be free.

The End Times and World Teacher

So it would seem that any 'respectable' spiritual system must have some prophecy within it regarding the end times and the coming of a world teacher. And Divine Love Spiritually is no different. And why shouldn't it be, as surely it has to be participating in all the fun and games along with everyone else.

And so you will read in my writings, Mary and Jesus have spoken about the coming of not

only a high Son, but also, a high Daughter - just to give things a little more spice. And what's more, that this pair will be born of flesh, so on a Bestowal Mission, something The Urantia Book says doesn't happen because Mary and Jesus came here first. So to go against what such a beloved book says... Oh no, what are we to do!, believe the book or believe Mary and Jesus?

So it's the age-old dilemma, nothing is always straightforward, there always being so many confusing and contradictory things. However the book also says: that a world that comes under the specific care of the Creator Son Jesus (and I would also include Mary), can have, if he (they) wants it, one or ten or as many bestowal sons and daughters as they like. And as Earth - Urantia - comes under their care because of their having incarnated on it, then they can do whatever they like with it. So if an Avonal pair is to come on a bestowal mission according to them, then who's to say otherwise.

But of course this is only me speaking. And it's all assuming that the spirits - if indeed they really are spirits and not just some imaginings in my mind - are real and who they say they are. So are they the real Mary and Jesus who are telling me such things? And can we believe what they say? Only time will tell I guess.

So in my work you will see numerous references to such a pair - an Avonal Pair, and you can read about what an Avonal is in The Urantia Book.

And because such a pair is here, as apparently they are, then it means it is the changing of the age, for that is what they are all about. So it is in this way an End Time. And a new beginning time.

And what about this Avonal pair: are they to be the heralded World Teacher (s)? Are they to come and somehow unify all the religions fulfilling all the prophecies - a mighty big task indeed. So are they to be Buddhists and Muslims and Hindus and Jews, and everything else everyone else is expecting to come, all in the hope they will make their chosen religion supreme. And they can't be what the Christians are expecting for they are waiting for the return of Jesus himself, even though Jesus has now said in the Padgett Messages that the messages are his 'Second Coming'; that being, a second coming of truth, and he will not be returning in person in the short term at least.

So if Jesus isn't going to come, then the long awaited and must anticipated Rapture, is going to be something of a major disappointment - a BIG let down. And what will the

Christians then believe: that they got the end times wrong - something that's happened before. And yet what happens if the revelations of the End Times keep being fulfilled with WWIII pending and the collapse of the world's financial system and all the mayhem and havoc that will bring. How will they be able to reconcile that the Bible wasn't as true as believed after all.

But perhaps the war and the financial meltdown won't happen and things will go along as they have done, and then people will be looking for the end time at some other future time. December the 21st, 2012 will come and go, the world will not crumble into dust, the earth will not heave and split apart, the comet or huge meteor or unseen planet will pass us by, or...

And if there is to be such a world teacher, what will he teach? Will it be yet more of the same old, love, peace and harmony crap, the same old stuff the faithful and spiritual are trying to live: love yourself and your neighbour as one. Put on a smile, think loving thoughts, and with your mind you can be that nice person you've always wanted to be, or that you have always believed you should be. And if we can all love each other and stop being greedy, something the world teacher will undoubtedly (as if we need to hear it again) tell us all about, then no more world financial collapses will need take place along with no more reason to fight and kill each other. So we can all move into the next one thousand years living in love together, living in the bliss of equality with harmonious peace and lots of goodwill. Just like all the great spiritual teachers have said - nothing new, no big deal, nothing to make much of a fuss about.

Which is all very well, but what about all the shit bad feelings we've all got tucked away inside us. What about our childhood repression. Will the world teacher be teaching us about it? Will he be talking about how evil we all are and how we're denying so many of feelings; and how we can go about healing our negative mind and will state? He won't if he's to tow the line of the existing religions and spiritual systems, because they only continue to exist as a consequence of people living in such great self- and truth-denial. So were he to start going on about giving up and healing such false power within the self, such false power regimes of indoctrination would also cease to exist. It would be goodbye all the religious systems as we know them. And I don't think the leaders, those with such false power who drive them and believe in them, would be too willing to give up such control. He'd be shunned, burned at the stake and claimed to be the false prophet and teacher, and then they'd have to go on waiting for the right one to come - yet again.

And if Jesus was to suddenly come sweeping down out of the skies to stand once again amongst us, do you think he'd be agreeing with the Churches and all the Bible says, particularly when he's brought the Padgett Messages into being. And what if he started to go on about childhood repression and ones negative and evil state of being, the Church wouldn't want to know about him. The Church being a major contributor to our repressed childhood condition.

Divine Love Spirituality, as you will have noticed, is all based around childhood repression and our healing it through doing either our feeling- or soul-healing. And from my experiences, world teacher or not, the ONLY thing that has ever done any real good for me in my life has been brought to my attention by three women: Mary, Marion, and Alice Miller, all three who have helped me to understand about childhood repression and how to go about healing it. And as I have worked on myself to heal it, so I have uncovered the truth of my negative state, I've steadily seen what it's all about: what my life has all been about, why I have felt bad so often, and how it all started in my early years. It has, so far as I am concerned, been the only true part of my life, and it only gets truer the further I go in my healing.

So for me, for a new World Teacher to come, I would be expecting him to reveal something that's new, something that adds onto what Jesus told us. And that can only be the truth about our early childhood and how it's affected us and brought about our negative self-destructive state of mind and will. And to go one further, I wouldn't mind betting that the new World Teacher - a teacher and revealer and possessor of truth - will be woman. And wouldn't that put a cat amongst the pigeons!

And I say a woman, because it says in The Uranita Book that women are the natural spiritual leaders, which I agree with, because women are naturally closer to their feelings, and have more personally to do with the child during its forming years. So for a woman to reveal the truth to humanity about its early childhood state, would seem rather fitting. And I imagine she would offer it to us, and then leave us to do whatever we will with it. She wouldn't impose herself on us and demand we listen to her or anything else. And she might even go unnoticed, as no one might be interested in uncovering the truth of themselves for themselves.

And so where might this Avonal pair be, and what might they be doing? And I would imagine they would be working on themselves healing themselves of their negative self-rejecting condition. And by doing so would be growing in truth, the truth they are to

present and give to humanity, the truth few people will want to know about. And when they are fully healed, then I would imagine somehow such truth will be made known, so some people at least will be able to decide for themselves if such truth appeals to them, and if so, what to do about it.

So in summary, I will be looking out for a world teacher that is intent on speaking about childhood repression and our evil state of mind, it being the cause of all our woes. And the healing of it, being the true and only way to salvation, peace, love and a happy life. And I will be looking out for a person, or a pair, who will have healed all of their negative state so know what they are talking about from first hand experience. And how will I know if they have healed their negative state without as yet healing mine... now that's a good point. They could tell me, but why should I believe it. Then it will be through their actions; but how can I know if such actions are good when I'm still full of all that is wrong and so seeing and judging things incorrectly. Perhaps they will do 'good works', heal the sick and feed the poor; perhaps they will do nothing more than make their offering of truth, and then it's up to me to accept it or not, to keep working on myself trying to heal my evilness, until hopefully one day I do heal it all. And then I might know if they are who they say they are, for then I'd be of a level of truth to understand.

But in the meantime, what about the man who says he is Jesus; and the Maitreya who is supposed to here now; and Monjoronson the Magisterial Avonal Son that is supposedly also here now on Earth - the place is getting somewhat crowded with all these Great Ones coming to save us. And what about them? If they are not speaking about the truth of our childhood repression, then I won't be bothering with them. And if they are speaking about it, then I'll be wanting to see if indeed they know what they are talking about from their personal and first hand experience of healing it. And if they are speaking about honouring feelings and expressing them, and even living true to them, then still I'll be suspicious until I can see that I can relate to what they say from my own personal feeling-expression healing experiences. Then I'd be able to personally relate to the truth they were speaking. And if they weren't a woman, then I'd also keep my guard up, looking to see where the feminine aspect of truth fitted in. For it is after all, the feminine aspect of truth that is still missing, Jesus having revealed his masculine aspect.

And as an afterthought, it's conceivable that as Mary and Jesus' age draws to a close, the Avonal pair whom they say are here, are not as yet even conscious of who they are. They could be still working through their healing, or not have even started it yet. And as no one has come out claiming to have healed all their childhood repression, and talking openly

about the truth of it, then it's possible they are working on themselves without knowing the truth of their real identities, because being of the negative state, that which they were born into, they would be denying them, along with all other truth. And on the feminine side, it's conceivable, that the woman, having taken on so much of the denial of the feminine, feels so little about herself, feeling so powerless and unwanted by her parents and so the world, that the last thing she could possibly imagine is being something like an Avonal Daughter. So were she to complete her healing and the truth be made known to her, which would have to come as all truth does, up within herself, she'd probably be very surprised, it being the last thing in the world she would have thought about herself, as all her life she'd have felt so bad, incompetent and worthless - nothing more than a useless waste of space. Quite an irony really, when she will be the one leading humanity out of evil and its untruth state.

Bring about the End Times within yourself, embrace your soul-healing.

You are the living conspiracy, it's going on right now inside you. Your untrue self is conspiring with your parents to keep you away from your true self.

We've been taught to look to the established religions as being the true ways to God. But they'll only take you further into your feeling-denial, firmly ensuring you keep all your childhood repression in place.

What are you searching for? Isn't it the truth of yourself? And isn't the truth - your truth - how you feel about things? And if it isn't, then it ought to be.

If you want new revelation, then do your healing and you'll be a constant source of revelation to yourself. The best way to be. Then you don't need to rely on anyone else.

Humanity, so I'm told by spirits, is being made to look more closely at itself through its feelings. And it's our choice whether we then deny the bad feelings or accept them. And

if we deny them, then we're only making things harder for ourselves. And if we accept them, then we can 'go with their flow' this leading us to uncover the whole truth of ourselves.

If your religion or spirituality doesn't include healing your childhood repression, then it's only going to help further your negative state.

So what do you want to do with your life? Grow in truth and begin your ascension to Paradise; or continue to muck around in evil?

How do you follow Jesus? You can't, you first have to do your healing so you can live true to yourself. Once that's done, then you'll naturally be following him as in being true as he was true.

Our longing for Divine Love is asking the Mother and Father to make us as They are - Perfect, Divine.

The big truth we have to face is that we're all evil, and begin to help ourselves from there.

God's Creation is perfect, as are we being part of it. We only need go along with it, our feelings guiding us as to what we feel to do. And God's given us all we need to function perfectly in it. And so, if we go against it, we're going against perfection, against our perfect natures naturally bringing grief to ourselves for which we have to make amends. And yet we blame God for all the bad things that happen to us. We accuse God of punishing us, but God's not punishing us, we're doing it all to ourselves. And we only accuse God of punishing us because that's what we were told when we were young.

We're not to be servants obeying anyone other than our own feelings - our souls leadings, which are our true feelings. A child is not meant to be a servant. We do not have to obey

Jesus/God to be in their Glory all the time. All we have to do is live true to all we feel and slowly uncover the truth of those feelings.

When we're totally free of the world, that being having no attachments, free how in essence Jesus was, then we can go into the Celestial spheres. Until such time we have to remain in the mansion worlds. So far I feel we can still have things in order to survive in the physical, but just not be attached to them, meaning, we don't them to give us any power in any way, to use as a crutch to help us feel good, to use to help us deny our bad feelings.

If you had some power in your early life then you might do better on the physical level, you might not even be sick, and you might be able to have most of what you desire, but it's got nothing to do with truth.

We put all the importance on the physical when it's the least important. Our soul which is the most important part of us - is the true us - we don't place any importance on, virtually ignoring it.

We look to try and perfect our physical, or keep it as perfect as it can be. But being evil we're fighting a losing battle as we're always going against ourself and our physical will keep breaking down showing us it can't cope. So no matter how hard we try we can never perfect the physical. Whereas had we grown up in a perfect world feeling good and loved, we'd love our body perfectly for being just as it was. We wouldn't feel we needed to do anything to change it.

True confession is not what the Catholics believe it is. Do your healing and you'll have to come clean on every terrible deed you've done. And it sure ain't fun!

It's not to submit or surrender our wills to God's, but to submit and surrender to ourselves, by allowing ourselves to freely express all we feel. And when we are fully self-expressive, then we will be also fully living God's will as we fully express our will. Then we're living true. True to ourselves and God.

“Honour your mother and father”. Surely this has to be your Heavenly Mother and Father and not your parents who are evil. Honour means focus on Them, which is love as They are Love. As we don't receive true love from, and as we're not truly loved by, our own parents, what's there to honour.

Our way is $A+B = C$, it's all done with our minds. The Mother and Father's way is: Follow your Feelings. We don't have to work it all out, there is no right and wrong according to our minds. There is only right, that being living true to our feelings, always expressing all we feel, good and bad feelings. When we honour our feelings, then we naturally live the right way - our true way and, which is also, the Mother and Father's way.

There is only one true spirituality, that being: Living True To Yourself - true to all you feel. Even within the negative state, if we adhered to it, at least we'd know the truth of our evilness, which would then allow us to choose whether or not we wanted to keep living untrue to ourselves.

Yippe! Let's all play the Happy Christmas game!

Our search for the Holy Grail is not one of truth but one to find false power and untruth. Then we live such untruth as if it were truth.

We're so far away from the truth we don't even see it there right before our eyes.

Do you have the eyes to see and the ears to hear and the feelings to know?

The men that would be Jesus

When you've not been accepted as yourself by your parents, then you will do all you can to make them love and accept you, even going to great lengths to pretend you are someone else, all in hope that they will like and accept that which you've become. Your false self.

The men who would be Jesus. And the women who would be Mary Magdalene.

As far as I am concerned, Jesus has come again so far as revealing the truths we need to know to heal ourselves of our wrongness. He has told us about our need to long to God for the Divine Love - in the Padgett Messages; and together with his soul-mate Mary Magdalene has told us how we can set about healing ourselves so we can live true to our soul - in my writings with them both.

Below is a list of why the men who say they are Jesus are not him from all that Jesus and Mary have helped me understand about the true nature of spirituality. I am only writing a list as I understand such things without including explanations as to what some of the points mean and how they might apply and be relevant to our lives, however such explanations can be found elsewhere in my writing.

- There is no reincarnation, so Jesus and Mary Magdalene would not come again being conceived and born as a baby. Were they to physically come again to Earth, they would come as full adults, simply materialising, as is understood from reading the Urantia Book.
- If one incarnates, all previous personality is erased - a new personality bestowed; so were they to reincarnate they'd no longer be Mary and Jesus as we know them, as their whole universe knows them.
- When Mary and Jesus came they remained true to their soul - perfect, unlike all of us, who have been conceived into the Rebellion and Default, and so became imperfect, untrue and evil. They didn't have to do their Soul-Healing, healing themselves of their negative state of mind and will, healing themselves of their self-denial; like we do. So were they to come again as in reincarnate, they'd still remain perfect with no healing to do, as their soul is too perfect to take on the effects of rebellion. And so being perfect again, would not be able to achieve any more than they did two thousand years ago, so it would be a waste of their time. They would still have to be limited by the restrictions imposed on them as they were all those years ago, as they chose not to directly interfere with our evilness; and so as

those restrictions still apply, they'd not be able to do any more than they've already done.

- All they can do without interfering directly with our self-denial, they can easily do from spirit, as shown by the Padgett Messages and my work with them concerning our healing. So again there would be nothing gained by them actually being born all over again.

- Jesus and Mary came to Earth to terminate the Lucifer Rebellion in their universe - Nebadon. And to gain direct experience of what it is like growing up and living in flesh - and being surrounded and immersed in evil. Having done those two things, there is again nothing further to be gained by them being born again.

- Simply, it would be a waste of their time being born again, an unnecessary time away from governing their universe. Neither they personally nor any other spirit, mortal or angel in Nebadon would gain anything more were they to be born again.

- What humanity does require to further its spiritual growth is an Avonal pair, a higher Son and Daughter that submit to being incarnated onto Earth and taking on all the imperfection, doing what Mary and Jesus couldn't do. It is the role of the Avonals to do this, so as to reveal the truths needed for mankind to heal ourselves of evil. The Creator Pair that Mary and Jesus are, don't reveal such truths. To do so would infringe upon the state of evil. The Creator Pair are too much like the Mother and Father - too perfect, if you like, to engage in evil. They can't become evil, for were they to, the whole of their local universe would have to follow them into the darkness, every spirit, mortal and angel becoming evil too. So they cannot be born on any world that is in rebellion, that is living untrue, that is persisting in a negative state of mind and will, such as we are, and becoming of that evilness. We are all born into rebellion and so become of it by default, it being passed onto us by our parents no matter how loving and well-meaning they might be. And so we need an Avonal pair to come and also become of it, just as we are, and for them to heal themselves of it; and in doing so, open and show humanity the way they too can do it. They Avonals deal with the direct rectification of individual planets if they need to be rescued or saved from rebellion. Mary and Jesus, the one Creator Pair of Nebadon, deal with saving the whole universe on the spiritual level. Which they did when they put an end to the Lucifer's and Satan's nefarious ways. The Avonal's when they come here will put an end to the Caligastia's and Daligastia's planetary corruption.

- Jesus and Mary are the perfect example of Living Truth that we are all to follow. So they can't become imperfect at any time, or we'd then be following the example of

imperfection, and getting seriously mixed messages. The whole universe looks to follow Jesus and Mary. And the Avonal pair are to show us how to get ourselves out of the personal mess we're in so we can stop living untrue to ourselves; and so once healed, look to following Mary and Jesus. Because once we are healed, so will we be perfect and of a positive mind and will like Mary and Jesus - no longer evil, and no longer living in denial of all that is good, loving and true; so no longer living against them.

- Mary and Jesus' age is currently ending, and they don't need to be born again to end it. Were they somehow born again, they'd be beginning a new age by their birth, and yet as I said, as they can't show us directly how to heal ourselves of our evilness because they can't take it on and heal themselves of it, so they would just be initiating another spiritual age the same as the one we're ending. So again nothing would be achieved, no progress spiritually would be made. For us to progress spiritually now in a positive light, we need the Avonals as I said. Or if we are to further evolve negatively, then we'll have just an Avonal visit in spirit, and possibly one we'd not even be aware of, all so we could merrily continue evolving our evilness through the next spiritual age. And were an Avonal pair to come as full adults simply materialising out of thin air, they being perfect would achieve nothing more than Jesus or Mary did, because they would not take on the evil. From all I've been told by spirits, we are not to have more of the same, another age for us to continue evolving our evilness, as it would be too damaging for us if we were left to live another whole spiritual age in our wrongness. So we're looking to bring about the end of the Rebellion and Default on the personal level, each person being presented with the truths and information needed to heal themselves should they want to; those truths and information coming to light from the Avonal pair, and all the higher spirits that will be on hand to help those people who want to heal themselves and live true to their soul during the next spiritual age of 1000 years.

- And again, if it were somehow possible for Jesus and Mary to incarnate again, and were it somehow possible for them to take on our evilness, to become as we are, untrue to ourselves, they would then heal themselves first before their public ministry began, so wouldn't be setting about trying to help people to do their healing whilst they themselves were still working to heal themselves. They might be able to share information and offer it for consideration as they progressed in their healing, however they'd not take on the full responsibility of saying, 'I can help you, follow me' until they'd completely healed themselves; and until they had completely healed themselves, they would not actually know the truth as to whether or not what they were doing was going in the right direction. So they'd certainly not want to lead others astray, telling people to follow them, when they

wouldn't know a hundred percent that their way was the right way. And the same applies to the Avonal pair.

- Were Jesus and Mary to come again, and were they able to reveal the truths about how we could heal ourselves of our evilness, we'd hate what they said. They would be anti all that we are, they being truly loving and perfect, we being unloving and imperfect. So no one, unless they were wanting to live true and reject all that they were, would listen to them, let alone want to follow them. If they came and were perfect and confronted us - the powers that be, would very soon get rid of them, just as we did all those years ago. We'd tell them and all the universe that we didn't want their perfection, that we wanted to be our own gods - gods ourselves and gods to each other, and so they can go away and leave us alone. And as they'd not interfere with us as they didn't two thousand years ago, so they'd not put any resistance.

- Jesus and Mary are not going to come and take all those faithful 'believers' to the Promised Land. There is enough information available to us from spirit now that points out the necessity of the mansion worlds, that we can heal ourselves in them if we fail to do so whilst in flesh; and that we need to heal ourselves of our negative and evil states, because if we don't, we're not allowed to move deeper and further into the universe towards Paradise, the true Promised Home for us all, the Home of God. As long as we choose to remain imperfect and in self- and true feeling-denial, we'll remain confined to the mansion worlds. Only fully healed spirits attain Celestial perfection being free to ascend through the rest of Nebadon and on to Paradise.

- It is for the Avonals to reveal the truths of what's involved in personally healing ones Childhood Repression, all so their liberated Spirits of Truth can help those people who aspire to do their Feeling-Healing or Soul-Healing. And that's why Jesus and Mary didn't speak about it, why Jesus omits it in the Padgett Messages with only vague references to it.

- Mary and Jesus can speak to us about the theory of what's involved in healing ourselves, but as they've not done it, having been born perfect on our world, so their Spirits of Truth can't help us with our healing, and so no one has been able to gain such help these past two thousand years, as no one has been able to heal themselves completely of their evilness. And until the Avonals release their Spirits of Truth that contain the truths from their direct life experience of healing themselves of being evil, humanity will never be able to progress, it will never be able to fully heal itself of its evilness. Therapy and any other kinds of healing will only be able to do so much, but not all, enough to allow the

individual to feel better about being evil, feeling better within themselves so as to be more of a success in the world, but in the world of evil. So if the Avonal pair doesn't come, humanity will never be able to fully heal itself, irrespective of what Mary and Jesus might say. Because our souls are designed to progress through Nebadon with the help of Spirits of Truth, we can't do it ourselves, we just go around in circles lost to our natural love state; and whilst we're evil, lost to our evilness.

- We believe wrongly that all we need is Mary and Jesus' help. But in fact as I've said, they can't actually help us heal ourselves on Earth. They can when we are in spirit, in the Divine Love mansion worlds, but they can't help us whilst we're of flesh, all because, as I said, they didn't take on the evil, they didn't experience it by being it. And they can't experience it, they can't surrender their perfectness to become imperfect. Only the Avonals can do that. So we actually need the Avonals more than we need Mary and Jesus, because they are our way out.

- Anyone who claims to be Mary or Jesus would have to be perfect. If they have one problem, like we all do, they are not who they say they are.

- If Jesus and Mary are to come again in the physical, so far as I understand, they might come and no doubt will come, when the Morontial Temple descends out of spirit onto Earth. Then they'd be able to visit our world from spirit, we would be able to see and speak and even touch them, just as if they'd materialised. However the Morontial Temple will not descend until humanity has fully healed itself of its evilness and then is well on the way to living perfectly and of Light and Life status. And that will not be for a very long time. Mary and Jesus have told me they routinely visit all the physical planets that have Morontial Temples, and so would include Earth - or Urantia, on their list. Were they to materialise for any other reason, it would be to end and begin a spiritual age (only by using the Morontial Temple can Paradise pairs visit physical worlds without affecting them to the degree of initiating a new planetary age), and so as there would be nothing gained by their doing that as I've already stated, that being the department of future Avonal visits, so it looks like humanity will have to wait until it's well and truly healed itself of its evilness before Mary and Jesus put in an appearance. And what a glorious day that will be!

- Mary and Jesus don't lie. They might not reveal all the truth or information at once, which can lead us to misinterpreting what they have said, but as we seek the truth of our own soul by doing our healing, so we will be able to fill in the gaps and sort out our errors of misunderstanding. Jesus says in the Padgett Messages that the Divine Love, as we

invoke it into our soul, will remove all our sins and errors, which it will, but not seemingly magically, but by doing the hard work of seeking the truth of ourselves through our feelings. Mary and Jesus don't tell us what to do, they give us certain guidelines but leave the rest up to us. We have to fill in all the gaps.

- And finally, Mary and Jesus have told me they are now finished with us, their age coming to a close. They are not speaking with anyone on Earth anymore and leaving the Celestial spirits to get on with helping us through the next age. And really there is nothing more they can do for us, it's now up to the next age brought into being by the Avonals that we are to look towards.

- People who claim to be Mary Magdalene or Jesus, were they to fully embrace doing their healing, would as part of that, see what happened to them during their forming years to make them want to pretend to be someone they are not. And once they liberated such truth and all the repressed bad feelings associated with it, would then give up their self-delusion, coming back to just being themselves. And we discover, we are good enough as we are, when we feel truly and fully loved, and we don't have to pretend to be the ones who are the Greatest of Love. We can feel good and happy just being true to ourselves, without having to put on the show of being someone special and with some extra and divine power. Trying to be Jesus or Mary is a hard act to follow, it's much easier just being yourself. Easier that is, once you've healed yourself of all the reasons why you don't want to be yourself - why you hate being the real and true you, and why you are so desperately wanting to be someone else. And all because your parents didn't accept you as you were, making the natural you feel unwanted and unloved; and by doing so, making you believe you had to change yourself into being what you thought is something or someone better. A better version of yourself, even someone else who everyone looks up to, so your parents will love you and accept and want you, and not reject you. It's a very sad and poor thing being false, as we all are, as we've all been made to be. And just because we don't all go around saying we're Mary or Jesus, we're still in our own ways putting on our false facades, pretending we're better than we feel we are.

So these are the latest thoughts I've had about these people wanting to be Jesus and Mary Magdalene. And really, were they to study the Urantia Book, even though it says worlds that play host to the bestowal of the Creator Son (and I believe it's a pair, both Jesus and Mary Magdalene) don't then receive another bestowal of an Avonal pair, for me the book is talking about ordinary worlds, worlds not torn apart and suffering great spiritual

deprivation and upheaval due to Rebellion. And so in the case of rebellious worlds, perhaps an Avonal bestowal is needed together with the Creator pair bestowal because of all I've said above. And so people who want to pretend they are someone special - a High Son or Daughter, would do better I reckon claiming to be a bestowal Avonal rather than claiming to be Mary or Jesus, as one could at least develop a plausible spiritual argument as I have done above. So that is what I am waiting and looking for, people who claim to be Avonals, full of their bad evil lives and who are seeking to heal themselves of their evilness - or have done so; and so will be either the real deal, or people just wanting to be someone they are not, yet people who amazingly have been able to do their healing.

We all put on a false front to the world, all because the real and true self that we are, that which we were not allowed to express, wasn't to the liking of our parents.

me

My father died of guilt cancer, it ate away his bones.

My mother believes she's the best, better than her children.

Me and DLS

In lake Tanganyika, Africa, live beautiful little fresh water tropical fish. Some of them live in empty snail shells; others find a crack in a rock to call home; and others find a hidden nook or cranny, their territory to defend against all new comers. When I was younger I loved breeding some of these exotic little fish. I'd set up my aquarium with white rocks, fine white sand, and lots of beautiful shells. And usually they quickly adopted their new home and set about breeding a family. I loved watching and breeding these little fish. I would spend hours in front of their little world like a god caring for his little children.

I was their master controller. I fed them, kept their water chemistry to their liking; kept their environment clean. I wanted them to be happy – as happy as little fish in a tank could be. And their happiness rewarded me with a bigger happy family. They were always so willing and eager to please. When the conditions were right they laid their eggs, lovingly tended them, and protected their young. This was, I have since realised through my soul-healing, how I wanted my family to be. I wanted everyone to be happy. I wanted us to all love one another. And I thought we did. But my spiritual progress has shown me

the truth. And the truth came as a shock.

So now I know that because I wasn't as happy in my family and childhood as I thought I was, I tried to make up for such loss by trying to make happy families with my fish.

I present DLS as an expression of my spiritual growth. If what I have experienced helps you, I'm glad – it's certainly helped me!

Why does God want you to suffer? It's come up over and over throughout Marion's and my healing. And it's all very well saying such things as God wants us to experience the negative or anti love state, but why, why does God want us to? And why do we have to suffer so much. It's relentless, the bad feelings never end. And we probably won't know the answer to such questions until we've healed ourselves, when we no longer feel bad because of our repressed childhood yuk. But are we ever going to get there?

My Experience

Prior to discovering the Truths of Divine Love, God was to me an impersonal Creator. He was behind all things but not someone I could get to know. I was only interested in the latest New Age channeled information. I didn't properly understand that to grow spirituality, from ones soul, and not just play around in ones mind, you had to get serious about wanting the Truth. Really wanting it. Wanting to live true to yourself, life, and God; and wanting to live nothing else. And wanting to do it Mary and Jesus' way, so you can get to know God personally as your Heavenly Mother and Father, as they do.

When I started to long directly to God – Them – for Their Divine Love, EVERYTHING changed. My spirit guides (with whom I could communicate) came to me and said: 'Now we can get serious. Finally you want to know and live the Truth of God according to the Truths of Divine Love'. They even changed their names being able to reveal their true identities! I felt like I'd crossed over some invisible line. I was now on a new path with all new things to learn. It was, so I was to discover, the end to all I'd believed and thought was important.

Having discovered the Truths of Divine Love in the book *Angelic Revelations of Divine Truth* (a selection of messages from James Padgett's Messages); and having done what Jesus says and longed to God for (His) Their Divine Love and partaken of it, I knew there

was no other way. This was it! What I'd unconsciously been looking for.

In my communications with spirits I wanted to write with some of the Celestial spirits mentioned in the 'Angelics' (the name we affectionately called the Angelic Revelations of Divine Truth). And they complied with my wishes. Jesus too began to speak to me, and I wrote mostly affirming the truths he'd revealed in the Padgett Messages. Then the Heavenly Father started speaking to me. And then quite a few years later I met the – our – Heavenly Mother. And around this time, Mary Magdalene also came and introduced herself to me, telling me she wanted me to understand my relationship with the Feminine Aspect of God – with the Heavenly Mother; and that she is Jesus' soul-mate, with her role being to reveal the Heavenly Mother, and what my Childhood Repression and Soul-Healing was all about.

While this was all happening I also met Marion, and she, being totally committed to the Truths of Divine Love and trying to live true to herself and the Father, helped me to understand about the importance of honouring my feelings, and in particular, my bad feelings. I was very shut off from my feelings and at first didn't even know what she was talking about, but with her guidance, and seemingly endless patience, I gradually began to get more in touch with my bad feelings, and so myself. She helped me understand how my bad feelings were all originating in my early childhood and that if I could see the truth of them - how and why they were in me - I could be healed of them. Together Marion and I, with help from Mary and Jesus and the Mother and Father, worked on acknowledging our bad feelings, accepting them and expressing them, all whilst longing for the truth of them. It was explained to us that this was our soul-healing and we were healing our childhood repression, and it was able to happen to us because we wanted to know the whole truth, and wanted the Divine Love to transform us - to heal us of all our imperfection. We wanted to heal all our wrong ways, beliefs and behaviour, all so we could live in perfect harmony and at-one with God.

I've been praying for, and partaking of, the Divine Love for about 15 years, and Jesus and Mary (and I couldn't be more grateful to them) have taught me many things about themselves, their universe, God, and our minds negative control over our feelings, and myself. And all of this I would like to now pass on to those people who are interested. Asking for and receiving the Divine Love is easy and wonderful to do. Doing your soul-healing to heal your childhood repression is much harder and far more challenging, however, if you sincerely want to heal everything in you that is not right: see the whole truth of yourself and live God's Will, you won't be let down.

The key to life is being able to LIVE TRUE TO YOURSELF, and our feelings are the way to achieve this. They are our indicators, for if we feel bad then we know we don't want to go that way. Our only difficulty is, that most of our bad feelings we've been made to ignore, treat with contempt, suppress and keep repressed - we don't even know that many of the things we are doing make us feel bad. The Divine Love helps us to see and feel.

I highly recommend living with the – your – Father and Mother and Their Divine Love. It is certainly a completely new way of life. I sincerely believe it can be the fulfilment of all your spiritual dreams and aspirations. And I can guarantee in no way will you be let down or disappointed if you really want to live the way Mary and Jesus are showing us. Initially it might not be what you expect, however, the further you go the more you will understand that it is exactly what you want, and the more it will appeal to you.

Divine Love Spirituality. A Religion of Light: Truth, Love, and Spirit. One, which if you feel ready to live, will constantly amaze you with all you discover about yourself, your life, and God. It sure amazes me!

Okay, now for all those other meaningful bits of information – you know, so you can put me into some kind of context being able to say: ah, now I see where he's coming from.

Well, I grew up in Melbourne (I no longer live there - yeah!) – that's Melbourne Australia. As soon as I finished university I had to split to London (Melbourne was just sooooo boring) – live in the real world – and tried to make a go of earning a living in the financial markets. The October '87 stock market crash threw me out as a failure and I turned my attention to spiritual things. I was desperately unhappy – what was my life coming to?' – and I was scared of most things. And my girlfriend thing wasn't happening as I wanted it to – she was already married!

I was introduced to spirit channeling in the New Age. Loved it, couldn't get enough of it, thought that the spirits might at least have a better grasp on life and could possibly help me sort mine out. I wanted to know what was right: the right way to live according to... I wanted to know the truth, not that I had the slightest idea what truth was back then. Oh yeah, I was in my late twenties when all this was going on - going through my good 'ol Saturn return. Then I met my 'higher' spirit guide, realised I too could channel, found my new life... ha, ha!

I left London, went to L.A, met lots of spiritual people and channelers, came back to Melbourne, and my brother whom I'd lived and traveled with, and who'd stayed on in America, upon his return to Melbourne, brought back the Angelic Revelations of Divine Truth: channeled spirit messages from Jesus and other spirits by Mr. James E. Padgett, and I was sold. I dumped the New Age stuff, Jesus' 'second coming' of truth was leagues above and beyond it; this was the real thing.

And naturally I started speaking with Jesus. Naturally? Of course, the most easiest thing in the world... yeah right! No really, it just happened. I discovered I could easily write with spirits. Now sceptics about spirit writing, and possibly some members of the church who'd say I was in league with the devil, might say it's all only my mind, some other part of me making it all up, nothing more than a fantasy, and if that is so, well FANTASTIC! – because it's sure helped me in my life. The spirits have helped me grow in truth, have opened my eyes to my feeling-denial; helped me face the hard truth about that, and generally helped me understand what has happened to me these past years culminating in what I am presenting to you: Divine Love Spirituality. And now I am happy and no longer so scared, and believe it or not, I actually feel like I know what life's about for me, and I love these new feelings. And that is how I feel on a good day. On a bad day when more of my repressed childhood yuk bad feelings are up in me and I feel like shit... well... well, YUK!

So having embraced Jesus' message in the Padgett Messages: I longed to God, my Heavenly Father, for His Divine Love and in it flowed and it felt wonderful. Then some years passed, but although the Divine Love made me feel good, still overall I was feeling bad. My life still wasn't happening for me – yet more failed relationships! And gradually I began to feel something was missing, perhaps there was more for me to understand, something beyond my reach. Enter Marion. And: Mary Magdalene, and my Heavenly Mother. Now it all began to make sense, everything became balanced. I'd found the missing link; I had the key: the feminine aspects of truth and love had arrived!

Marion joined me in my spiritual quest... or was it that I joined her in hers? Anyway, we decided to help each other, did the whole thing, even got married. Then she started to question me about my feelings. Ah – feelings, now what are they? Are they something that's important?

And this led me – as she was already leading herself – into the search to find out what hidden, repressed feelings were in me. She'd had a shockingly hard and severe unloving

childhood and family; she was paying the price and it had led her to understand that the key to herself lay buried in the masses of hidden unexpressed feelings she was denying. This sounded good to me: I too wanted to unlock my repressed feelings. I would gladly follow her and I did. And I got a hell of a lot more than I bargained for.

I committed myself to uncovering the truth (with Marion's help), to what was really going on inside me, and what I'm really all about, through the ongoing liberation of my repressed childhood feelings – and wow, it really works! It's incredible, you use your bad feelings as the way into yourself, expressing how bad you feel, allowing yourself to feel as bad as you can, stopping yourself from denying your bad feelings (that's the really hard part); and as your bad feeling acceptance and expression eventually takes you back into your forgotten childhood, low and behold, up comes the truth. Magically, seemingly from nowhere, there is it within you. From some unseen part within you, suddenly the truth bubbles into your consciousness, and when it does you SEE, and you KNOW. And you see and know that what you're seeing and knowing is TRUE! And has it open my eyes!

And now at 49, Marion (59) and we are seeing the truth of ourselves. And hopefully will continue to do so for the rest of eternity.

So there you have my story. I love speaking with the spirits. My healing is the bloody hardest thing I've ever done. I love the truth coming to me and living it – all my questions about life are finally being answered. I love Mary and Jesus and my Heavenly Mother and Father. I hated my pre-healing life although I told myself every day how much I loved it. But now I'm starting anew and love is becoming something that feels very real.

And for reasons I still don't fully understand as yet, I want to make what I call Divine Love Spirituality: essentially all the truth, information and understanding I live, available to anyone else who might be interested. And just because it's me – all me, and DLS is yet to become an 'us' or a 'we' – don't let that put you off. It all has to start with one person, right? – and that's You!

James 2010.

I contrived Divine Love Spirituality, along with a 'little help from spirit'.

I wanted to understand how to live a true life. I wanted to know how to live true with

God. I wanted to know what was right.

I didn't have a clue about anything before I began. I only new I was unhappy; unsatisfied with my life and 'something' within it or within me seemed to be controlling things taking me mostly in a direction I didn't want or intend to go in.

I tried to make life happen for myself; I tried to make it be how I wanted it to be, but I failed. I had to give up and admit defeat. Then I had to look for a new way.

As I started to investigate all the New Age had to offer I found I was particularly attracted to spirit communication. I figured spirits might have a better understanding about life and how to properly live it. They having been on Earth and now living 'over there', with surely, a greater and 'higher' perspective.

As I started my 'spiritual journey' a 'quest' soon developed. I wanted to find all that I considered to be right, true and livable; I wanted to find the truth, and then pool together all the sources of relevant information developing my own understanding of the way of things: both on Earth and in spirit.

I was guided, as we all are, and Divine Love Spiritually – The Religion of Light and the Faith of Divine Love is the result.

The later part of my journey - which helped me define Divine Love Spirituality, helping me live it so I know it can be lived - I have shared with my wife Marion. Marion has been just as instrumental in the development of all that Divine Love Spirituality is, even though she prefers to remain 'the quite – or perhaps at times, no so quiet – voice in the back ground'.

Divine Love Spirituality is based on Marion's and my experiences of living with God's Divine Love and the doing of our soul-healing, inclusive of healing our childhood repression.

From our experiences I can affirm that DLS is wholly livable, something you can do as Marion and I are doing. And the great thing about it is, that it's all up to you as to what and how you live it, it's not dependent on anyone else, and there is no formal structure or way you have to be obedient to. It's not about being told what to do, it's for you to want to take the steps as they are naturally presented to you.

There is a lot to it, and it will require many new ways of looking at things, however underlying it all is the simple truth: that you are a child of your loving Heavenly Parents, and if you want to live as perfectly as They have created you to do, now you can. Finally the truths of how to do this are being made available to us. I find it all very exciting and I hope you will too.

According to The Urantia Book, humanity has been in universal Rebellion for over 500,000 years and in universal Default for over 35,000 years. All in all a lot of time for us to become as fucked up as we are. And so a lot for us to heal when we begin our soul-healing and ascension of truth.

‘Now James, when you grow up you can find out what’s wrong with the world and how to fix it. And then you can tell your Gran.’

‘Yes Gran.’

‘James, why is your mother doing that? Find out would you.’

‘Yes Gran.’

So James went out to find out what is wrong with the world, all so he can report back to his Gran being the good boy that she says he is. All so he and his Gran will know how to fix it.

And DLS is what I found out. And healing your childhood repression is how to fix the world by fixing yourself.

If you want to live a true and real spirituality, if you want to live the TRUTH, first you have start with healing yourself - uncovering the truth of - your negative state, of all that’s wrong with you. Anything else, any other spiritual system or technique, is only helping you run away from this truth.

The sad and tragic truth we discover through our childhood repression healing is: The False Teachers, and the Evil Ones who so constantly surround us, the Devil and Satan, are: our parents. Our parents are whom we fear most.

And, there is FAR more to bad parenting than being treated violently.

Your spiritual practice should not be helping you further deny your bad feelings, if it is and you do sincerely want to understand and find the truth of yourself, then you'd better ditch it. Or better still, start longing for the truth of why you want to be involved in something that's helping further your self-denial.

It comes as a rude shock to suddenly realise all that you are is wrong, and that the way you've been going is going in the wrong direction.

There is no place for man-made religion if you want to live the true religion of self. And living true to yourself is not a selfish way to be, not selfish as experienced in the sense of keeping yourself separate from life by denying feelings. The religion of self is the one true way of self-expression. If you deny all you really feel then you are being selfish. Being freely giving is freely expressing all you feel - being your whole true self.

If your spiritual or religious system says you're not evil and 'they' are evil, those people over there, then one day you'll have to wake up to the truth of it and the truth of yourself.

We've been taught to look to the established religions as being the true ways to God. But they'll only take you further into your feeling-denial, firmly ensuring you keep all your childhood repression in place.

The universal decree is that all that is wrong, false and evil will be destroyed; it's only a matter of time before we can kiss our negative, evil, man-made life, goodbye. This being done as people wake up to the truth of themselves.

This is what I think

If you really do want the truth, then 'doing' DLS will give it to you. It will help you understand it, and best of all, it will help you uncover it for yourself.

All other religions and spiritual systems will only lead you away from the truth - they are all truth-denying. They may have a smattering of truths within them, but they won't do you any good (unless you want to further your negative self-denying state), because overall the system is anti-truth. It's anti-truth, and so anti-you, irrespective of what it tells you and

makes you believe.

We are conceived into a negative mind and will state of being. We take it on from our parents by default, they force us to live it, and we merrily, or not so merrily, try to make it our truth and the right way to live as adults. But it's all wrong. The life we live is going or working against us, and in the end, no matter who you are, you're going to feel bad - it's no longer going to 'work' for you.

And looking around at other religions and spiritual systems isn't going to help you because they are all a product of the negative, being anti-truth. So they will only lead you down dead ends. They might seem to help you to begin with, but at some point you'll tire of them, they won't 'do it for you'.

And when you reach this point, be it here whilst you're own Earth or when you're in spirit, then, you may be ready for DLS.

And if you are, if you read all my stuff and it doesn't turn you away, if it actually rings something of a bell within you, then, you may be ready to start longing for the Divine Love, and longing for the Truth.

And when you starting longing for the Truth and the Love, then, you might be ready to do your childhood repression healing to heal your negative state.

And if you venture into this, then you will discover for yourself, just how wrong all the other religions and spiritual systems are, and then you might be able to start living true. True to yourself, nature and God.

And then, when you've healed all your negative state and uncovered all the truth of your childhood repression, then, you may at last feel happy and loved.

And then, you'll know what it has all been about.

What I really think...

Seriously, if you want to live true then there is no other way than what DLS offers you. It's at the end of the line. It's what we all should be living whether it's called DLS or not. It's the right and true way. All else is wrong and false. All else will only lead you further from yourself deeper into the untruth. It's the only thing to help you come back to your

true self, being done through your feelings by letting go and giving up the control of your mind.

If you want to make sense of life DLS will help you. Everything else might entertain and amuse you, deluding you into believing it is helping you to grow in truth; heal you and gain a greater spiritual awareness, but it's all crap. And the further you go pushing into it, moving down your feeling-denying negative path, the harder it will be, and longer it will take, to come back.

You've been launched into life heading in the wrong direction, yet you've been told it is the right way to be - and you're using your will as hard as you can to drive yourself into oblivion. You've been told a lie - you've been legged over. And one day you'll have to wake up to all the pain and misery it's causing you, and then it will be time to turn around and head back in the opposite direction.

Our world, your life, is false. It's not loving. Look at how we treat nature, how we treat our own children; look at how we deny our own bad feelings.

So if you do sincerely want to live true, then you're going to have to end it as you are, and find a whole new way to live. DLS is a whole new way.

And what I really really think is...

Everything else is wrong. Living true to your feelings is the only way to live truth to yourself.

Don't bother with anything else unless you want to further your negative state.

If you want out, DLS will help you.

And what I really really really feel is...

Everything else other than DLS is crap, so don't bother with it.

And of course I feel this! And finally I've said it as plainly as I can - phew!

What I think about other spiritual and religious systems

New age, Old age, Eastern, - anything other than Christian - don't waste your time with

them if you sincerely want to grow in truth, they'll only lead you deeper into your negative state, no matter how liberating, different or inspiring they might seem. They are all only concerned with beliefs, which will delude you into believing you are living a better and happier life, but it's all just giving your mind greater power over you.

Christian - Closer to the truth only because of including Jesus, however all of the above still applies because the Christian systems don't allow you to directly access Jesus' Spirit of Truth, and you need it if you want to grow and ascend in truth. Also, as you need Mary Magdalene's Spirit of Truth, and as the Christian faiths deny her, being involved with them will only increase the control your mind has over you, furthering your negative self- and feeling-denial state.

Divine Love based only on the Padgett Messages - by still denying Mary Magdalene you'll never get anywhere so far as growing in truth is concerned. You may advance your mind's control over you, and you may partake of the Divine Love, but it won't be able to help you heal your childhood repression and negative state until you also willingly embrace the feminine aspect of truth.

If you dismiss and deny one feeling, one part of yourself, then you are not only denying your true self, which is bad enough, but you are also denying all of Creation - and God.

Our feelings are the way, NOT our minds. If you're stopping yourself from feeling one feeling, you are stopping yourself from finding your way.

Of course, everything in the negative state can help you - only it won't help you grow in truth.

When anyone says they are looking for the truth, really they should be wanting to find the truth of themselves.

Medicine doesn't care about you. Nobody wants to know what's really wrong. We just want to put a band aid over the problem or take pills or cut it out - we don't want to look deeper into our feelings so we can uncover the truth of what's really going on within us - and why.

It comes down to wanting to know the truth of all your shit.

When you seriously want to know it, and are prepared to take whatever steps are necessary to uncover it, then you are ready to grow in truth

You might feel you sincerely want the truth, and that your endeavours to find it are true, yet how do you know that such things are right when you've been formed and grown up in all that is wrong and untrue. How do you know your longing for the truth is not as fucked up as everything else you do in your life.

It's up to us whether we want to live true or not. The problem is, most of what we've been led to believe as being the truth, or how to find it, is not true, and what we shouldn't do if we are sincerely wanting to be true.

If you don't feel or believe you are fucked up, then one day you'll wake up to the truth about this too.

We have absolutely no idea about what life's all about. And how can we when all we know is wrong, untrue and based on the negative.

Advancing your negative state:

If you are not working on trying to express all your feelings to find the truth of them, then you will be advancing your negative feeling-denying state - your evilness, no matter what system you're involved in or not involved in.

And if this is how you want to live, then certainly every spiritual and religious system will offer you great opportunities to further advance your self-denying condition.

But when you've had enough of never feeling entirely satisfied always still with that bit within you that feels unfulfilled, always longing for something more, then it may be time to stop advancing your negative state.

When you're ready your soul will start your waking up process, and resist it as you may, still one day you'll have to embrace it and start honouring your bad feelings.

Your negative state and your childhood repression:

If you don't believe you are living in a negative state, and that you're suffering from your childhood repression, then DLS won't be able to do anything for you. And you may as well keep going investigating and participating in all the other religious and spiritual systems.

Look, seriously, we have no idea about the horrible, rotten condition we're living in.

Living in an insane world that's full of nuclear weapons that could blow up any moment. Yet why are we this way. And as regular psychology hasn't any idea, vaguely aware of something to do with our childhood and early life, then we can only look into ourselves to uncover the truth for yourselves.

Our negative state is endemic.

The primitive people at least lived as true as they could to their fear and anti-truth lives. We don't, we don't have a clue. We're so deluded, superficial and stupefied.

PARENTING

All your problems begin with your parenting, your family being your first 'spiritual' system. Throughout your forming years you develop your beliefs and behaviour patterns, all which have only served to keep you in a negative unloving state. And all of which one day you will have to heal yourself of, this being the only way you will ever feel truly happy and loved.

For more on understanding this, the key to your spiritual development, you will need to understand about childhood repression - see my books and links pages.

Whilst in and of your evil negative love-denying state, parenting is the most evil thing you can do.

Being yelled at to 'STOP THAT!, DON'T DO THAT!, DON'T SAY THAT BAD THING!, YOU'RE BAD!', is soul-destroying. And to do it repeatedly to a young child - you can't be more wrong, bad and evil. It kills the child's ability to freely express itself, therefore causing its childhood repression and dooming it to its life of feeling - and so self - denial.

And you are this child.

It's happened to all of us.

Some of us think we're being loving telling our child off, but we're fucked, and we couldn't be more unloving.

You are as fucked as your parents have made you be, as fucked as they were. And just because you have a nice false exterior and everything is all smiles, happy and full of love, doesn't mean that what's going on deeper - and much deeper - within you, is the same happy smiles beaming with love.

Who are the evil ones in your personal life? I'm sorry to say it, but it's your parents. As you will discover through your soul-healing.

If you feel you're not okay, then you're on the right track, keep going with it.

If you feel you are okay, then why are you here reading this?

All those horrible words no one wants to hear: wrong, bad, evil, nasty, unloving, uncaring, unfeeling are all you're going to hear as you move deeper into the truth of yourself.

Crack the facade and let all your yuk out.

If you don't take the initiative, sooner or later it's going to happen anyway.

Free Books

Books and Courses

all free

Please feel free to download my books and courses. But I must warn you, they are not professionally edited or proof read, so come with all my woeful English errors, bad expression, and incorrect word usage. (Every time I re-read them I see more errors to change, but I go numb after a couple of re-readings.) So if you can tolerate that, please feel free to read them.

Please respect copyright.

Disclaimer: I want to make it clear that I am presenting my writing as not yet having finished my soul-healing. It is true to the best of my understanding, however that is conditional upon where I am up to in my growth of truth. So I am making it available to you for your consideration, but it's not the final word. It's still to be regarded as 'works in progress'. And when I do finish my healing, then I will know if all I have been told by spirits is true, for by then I'll be living it. So up until then, some of it may be subject to change.

And please understand that currently there is no physical structure to DLS. I am not taking any courses or offering any prayer or meditation sessions, nor are Marion or I personally helping anyone with their healing. For the time being, DLS is simply for you to make what you want of it, and will possibly remain this way until by some miracle I do manage to actually finish my healing. James.

Should you feel you'd like to support me and Divine Love Spirituality, I've included this link to a DLS donation page. I would love your support. All donations will now go to Animals Australia to help stop animal cruelty and not personally to myself. Thank you James.

DONATE

The Padgett Messages

These are messages received by James E. Padgett from Jesus and other Celestial spirits early last century. They were forwarded to me in one document, I am passing it on as is. Other copies of the Padgett Messages can be seen following links from my Link page.

The messages are in chronological order. There are other books to be found on the Internet that are comprised of a selection of the messages, and if you don't want to go through all of these messages, you might find these selections more convenient. The messages give you a good feeling for Jesus and the truth he reveals, James Padgett's personal struggle with it all, as well as introducing you to various Celestial spirits.

I understand that this file does not contain all the Padgett Messages available, a few are missing. However as you will read, I'm sure there is more than enough to get you going. I've also included a pdf of the same file.

[all_padgett_messages.txt](#)

Download File

[all_padgett_messages.pdf](#)

Download File

The Urantia Book [Link to other formats](#)

A BIG book full of the bigger universal picture, however, also heavily weighted on the masculine side with very little information about the feminine. If you don't feel up to reading it all, I would suggest reading about: Jesus as the Creator Son, Paradise, the Indwelling Spirit (the thought adjuster), the Lucifer Rebellion, Adam and Eve's story, and the Life and Teachings of Jesus.

[uf-eng-001world-2009-0.19.srt.pdf](#)

Download File

My books on the Padgett Messages

In regards to my books on the PM, if you are passionate about Jesus' messages to James Padgett, some of what I say, what the spirits say that I write with, might not sit very well with you, even making you feel upset that your beloved messages might not be as you want them to be. However, I have to say that in regards to myself, I am by no means perfect in that I am still doing my healing, and some, if not all of what the spirits write

with me, might only be said to help me with my personal healing or to comply with my outstanding negative patterns. So I would suggest taking what I say as being simply my opinion, and that it's still for you to uncover the truth for yourself through your own feelings. My work is not perfect, and just because it might sound convincing, still it has to be viewed like all channelled material - subjectively. We take what we feel is right for us at the time. And as we grow in truth and change, coming out of our negative state of mind and will, we add and subtract. So I'm presenting these messages as something of an alternative view on many things, and until I change or grow more in truth, I still feel okay about all I've written so far. Yet still I won't be able to know for sure if all I say is true until I've completed my healing. So until I can claim that, please don't look to it all as being absolutely true.

Mary Magdalene and Jesus' comments on the Padgett Messages - book 1

Mary and Jesus comment on the first 37 Padgett Messages.

Included in this book are the first 37 Padgett Messages as sample messages for people who aren't so inclined as to download and read all of the Padgett Messages but would still like to see or get some 'feeling' for what they are all about.

[mj1_comments_pm.pdf](#)

Download File

Mary and Jesus' comments on the Padgett Messages - book 2

[mj2_comments_on_pm.pdf](#)

Download File

Speaking with Mary Magdalene and Jesus blog - book 1

[mj_blog_bk_1_posted.pdf](#)

Download File

Speaking with Mary Magdalene and Jesus blog - book 2

[mj_blog_bk2_posted.pdf](#)

Download File

Speaking with Mary M and Jesus continues on the DLS forum

My Books - introducing DLS

Inspirationally channelled books from spirits

The Rejected Ones

Messages from Mary Magdalene and Divine Love spirits

Zelga, a spirit from the 'seventh heaven', leads the way into new revelations of truth by Divine Love spirits. Mary Magdalene introduces us to the notion of our having to do our soul-healing to heal our negative self- and feeling denying state of mind that were caused through our lack of love in early childhood.

Finally, Mary completes the picture begun by Jesus in the Padgett Messages, adding great insight into the personal requirements of how we can live true to our feelings and true to ourselves by following her and Jesus. Now it all begins to make sense, and as hard as it is to face and accept the truth Mary gives to us, when we do, it opens up new avenues for our spiritual growth.

If you sincerely seek the truth: want to live true to your soul, to nature, and to God; then The Rejected Ones will undoubtedly give you much to think and feel about.

[rejected_ones_1.pdf](#)

Download File

Messages from Mary and Jesus

book 1

My first book of my messages with Mary Magdalene and Jesus.

[Messages from MJ 1 .pdf](#)

Download File

Messages from Mary and Jesus

book 2

Messages from MJ 2 .pdf

[Download File](#)

Speaking with the Dead

Death and dying; life after death, and all the matters...

An introduction to all the main concepts and truths covered by DLS. With the focus on death and dying, waking up in spirit, and spirit life.

[speaking_with_the_dead_.pdf](#)

[Download File](#)

##NEW##

with Verna - a nature spirit

Verna sheds light on what nature spirits are really like - more than just fairies! Also, don't underestimate what nature spirits can tell us, as Verna expands upon the spiritual side of things as well. And she touches on the supposed coming Earth Changes. (Also, please understand that I've only re-read this book once, so it will be even rougher than my usual bad english.)

[with_verna_-_a_nature_spirit_-_internet_version.pdf](#)

[Download File](#)

Healing Books

Please note: In regards to doing your soul-healing these books on healing are mostly written without the inclusion of God and Their Divine Love; however, feeling-healing is a part of soul-healing, so they are very relevant and should not be overlooked. For more on feeling-healing, childhood repression and healing it.

Feeling bad? Bad Feelings are GOOD!

feeling-healing book 1

An introduction to our healing - 'Feeling-Healing'. Accepting, expressing, longing for the truth of our bad feelings. If you seriously want to do your healing, this is where you can begin. It is more about the theory of healing (but with some practical help and advice as

well), hopefully giving you something of a picture to understand what needs to be healed within you - and why it is there, and how it came about.

Please note: newly updated and proofed January 2013

Feeling Bad? Bad feelings are GOOD!

[Download File](#)

Feeling bad will make you feel BETTER! - Eventually.

feeling-healing book 2

More on healing - my attempts at trying to write how I express my bad feelings, long for the truth, and find it. Together with hopefully some helpful healing suggestions - mostly which Marion has helped me to understand, it all being new to me. And all which have helped me so much in my soul and feeling-healing.

[feeling_-_healing_bk_2.pdf](#)

[Download File](#)

Breaking the Golden Rule

feeling-healing book 3

What happens when you cross the line, when you break the Golden Rule, when you transgress the Law of Will? What happens when you interfere with another's will and self-expression; when you make or force another to go against themselves? And in our negative states this is what we do all day long, and we can't help doing it, yet we still have to pay the penalty. And the penalty is paid in pain.

[golden_rule_feeling-healing_bk_3.pdf](#)

[Download File](#)

Feeling-Healing exercises, and other healing points to consider.

I offer these suggestions to help you with your feeling-healing, that being: healing your childhood repression. I offer them for your consideration. They are not rules, nor guidelines, merely exercises and things you may find helpful to be aware of. They have helped me during my healing years. And by doing them, if indeed you feel they are relevant to you, please understand there is no guarantee that they will help you progress in your healing. I'm afraid from what I understand concerning our healing, there is no easy way for it to be done, only some general principles which you will have to work out how

best to apply to your life and in the world as you see it.

Updated with additions June 2013

feeling-healing_exercises.pdf

Download File

Cathy and Mark

A novel introducing Feeling-Healing.

And like all my novels, it's only my fantasy written as a part of my healing expression. So please don't expect your healing to go anything like Cathy and Mark's, mine certainly hasn't.

cathy_and_mark.pdf

Download File

Ann and Terry

Ann and Terry have decided to do their Feeling-Healing. The book contains some of their healing experiences, focusing on longing for the truth to help them uncover it through their feelings. This contains all the posts on my Ann and Terry blog.

at_-_posted.pdf

Download File

Spirits and their childhood repression healing

Snippets of childhood repression healing expression from spirits. As I don't know anyone doing their healing, I've had to rely on spirits to help me out; to give me examples of what it might be like for others doing their feeling- or soul-healing as they work their way through bringing out their repressed childhood feelings.

spirits_cr-healing.pdf

Download File

DLS Novels

Paul - City of Light

This is my first attempt at writing a novel. I wrote it as an entertaining and lighter way to introduce some of the concepts and truths presented in DLS.

I was told it was too full of cliches, but that is the whole point. It's only an expression of my negative mind state, it's not meant to be perfect - it's probably not even good - reflecting my fucked up cliché-ridden mind. I wrote it as a part of my healing and self-denial; a part of my bad feeling escape. But still, I like the story and the characters, and I hope you might too. And I'm not going to tell you what it's about!

[paul_-_city_of_light.pdf](#)

Download File

My Courses

For course lovers.

Introduction course to Divine Love Spirituality

Also including a supplement for people who are already praying for the Divine Love based on the Padgett Messages.

[intro course_to_dls_.pdf](#)

Download File

Communication with spirits - meet a spirit friend

An easy introduction to speaking and generally communicating with spirits. Give it a go - meet a spirit friend.

[course_in_spirit_communication.pdf](#)

Download File

Divine Love Spirituality is the revelation no one will want to hear... or read about.

It goes against all there is.

A brief concise summary of DLS

So what if you are deceiving yourself, your mind actually working against you and not for you?

What if all you believe and think and even feel to be true, is untrue?

And worst still, how would you ever know?

A brief concise summary of DLS

The Urantia Book tells us of the Rebellion and Default. How they came about in spirit and how we on Earth have been brought into it. And this helps us see how it's given rise to our childhood repression. Which manifests as our self- and feeling-denial; our patriarchal society, and our predominate and obstinate belief in God being only our Heavenly Father.

Then into this came Mary Magdalene and Jesus. However as we were insistent on denying the feminine we couldn't allow Mary to present her truth to us, so we didn't understand about God also being our Heavenly Mother. Jesus' story we know reasonably well.

Mary and Jesus are our spiritual parents coming to guide us to our Soul Parents our true Mother and Father. We use their Spirits of Truth to do so. However by denying the feminine so we deny the help of Mary's Spirit of Truth whilst also severely limiting the help of Jesus', resulting in our staying trapped and confined to life within our negative state of mind and will.

Jesus again came to us, this time from spirit, early last century, so we could receive his message that which we'd lost since he was here on Earth in flesh. In his messages to Mr. James E. Padgett he says the Father (and Mother) is offering His (Their) Divine Love. And with a sincere heartfelt longing for this Love we can become as They are: perfect and divine. However he neglects to inform us, owing to our insistence on and refusal of wanting to include the feminine aspect of truth, that we first have to heal our negative state before we can live as he and Mary tell us we can. Before we can live divine lives with the Divine Love from our Heavenly Parents.

We can long for the Divine Love any time, it's all very simple to do, and our Mother and Father will direct the Holy Spirit to deliver it into our soul. However whilst we're of an anti truth and anti love state of mind, it's wondrous transforming powers taking us from natural love to divine love will in effect lie dormant. Their Divine Love, and so too the Mother and Father, together with Jesus and Mary, will not interfere with our evil state

unless we long to be free or healed of it.

To heal ourselves of our negative state we need to long for the truth of it, seeking to uncover it through our feelings. We need to stop denying our bad feelings and instead use them, by expressing them, to take us back into how it was for us during our forming years. And as we uncover the truth of our relationship with our parents, so will we come to understand how they parented us unlovingly bringing about our childhood repression and negative state.

To heal our childhood repression we can do what is called our feeling-healing or our soul-healing. Once one's feeling-healing is done one will be living in a pure and true state of natural love: true to oneself and true to one's feelings. Once one's soul-healing is done, one will also have done one's feeling-healing and fully embraced the Divine Love of our Mother and Father, thereby ascending higher in truth than the natural love mansion worlds into the Divine Love Celestial spheres and greater universe.

Because of the Rebellion and Default, and because we're all living in a negative state, life is to show us that eventually nothing we do in this anti love condition will make us happy. So eventually we are to discover that living evilly will always be a disappointment, we'll never feel truly free, loved or happy. And we'll never be able to meet our soul-mate and live true to ourselves and our feelings. We'll always be having to use our minds to make ourselves feel happy, only to one day realise the folly of our ways. Life will always provide us with obstacles to show us - if we want to take notice - that we're heading in the wrong direction.

In our unloved states we try all sorts of things to make us happy. To give us the power we feel deficient in and deprived of. And to do so we need to control ourselves, other people, nature and even God. Our control mainly being show up by how we mistreat and unlovingly parent our children - how we pass our evilness onto them; and how we unlovingly treat nature - for example that we have pets depriving them of their own natural life and self-expression, making them do as we please - bending them to our will. No one parents their child freely with a Celestial level of truth because you can't do so whilst you're doing all you can to remain in denial of such truth.

So naturally, if we want to give up such control, we need to be broken down. Our beliefs and associated behaviour that makes us do it, that makes us believe it's the right way to live and are of great benefit for us, will all need to go. Healing your childhood repression

through your feeling-healing or soul-healing will help you give up such control. However to do so, to submit, give up, and give in to the complete process of extricating yourself from your negative state is one very long hard slog involving copious amounts of pain and bad feelings - all the ones you felt as a young child but have since blocked out.

All the existing religions and spiritual systems have been evolved out of and within the negative state. So they will only serve to further enhance its control over you. They are all only ploys to seduce you into thinking you are making headway, that you are growing or advancing in truth, but there are all delusions. And if you feel they still offer you something, then that shows you how you are still caught up in it all believing life still has something to give you to make you happy. Life in the negative can't make you happy. You can believe you are happy relative to experiences within the negative, however through your healing you'll come to understand that it's all just fantasy, and all stemming from your early childhood.

Life should not work for you. It should fail. You should become a failure. It should make you feel bad. And if you allow it to, then it will lead you, if you are seeking the truth of yourself, back into your early childhood showing you how your parents stopped you from truly and freely expressing yourself; how they turned you against yourself; how they made you into a 'false' you. And how as this false you, you try to live with false love, false happiness, false enjoyment in life, all being derived by your self-denying mind.

We live in a terrible state. However if you feel good about anything in your life it will be hard for you to fully accept this. Only when life takes you to that place in yourself where there is nothing good, no more good feelings and only bad ones, will you then understand the truth of your evilness. And when you are ready, as deemed so by your soul, life will start to apply the screws, outer and inner pressures will assail you, be it on Earth or some time during your mansion world spirit life. But that time will come, because ultimately you can't go on living denying any part of yourself. You have to one day completely give up your negative self-rejecting way of life, and your unloving and non-accepting attitude to your self, and become perfect, true and wholly self-loving and self-accepting.

Divine Love Spirituality is an approach to life to embrace all of the above. It will help you understand what the problem is, and if and when you feel inspired, help you to understand what's involved in longing for the truth of your negative state, and the Divine Love.

Divine Love Spirituality goes against all other religions and spiritual systems. It will take you in the opposite direction to them and most of what you've been made to believe is the right way to live your life. And on the surface of it that might not sound very appealing, possibly even frightening, however once you do start to bring the real and true you back into life, giving up the unreal false you, you will come to understand that living growing daily in truth is as it's meant to be. And this will make you feel very good, happy and loved.

I firmly believe - as I can't as yet say I know as I haven't yet finished my healing - that DLS is the only true way to God. All by following Mary and Jesus to find the truth of ourselves, to find our soul-mate, and to develop a personal and intimate relationship with our Mother and Father.

James.

DLS, a spirituality not of this world, because it's only about helping you become your true self, not like all other spiritual systems of this world that help you become increasingly untrue.

There's no right or wrong, as it's all wrong in evil. There is only being true or untrue to oneself. And if one is true one is right. If one is untrue one is wrong.

Humanity is a PROBLEM. Everything we do, everywhere we go, causes problems. All we do is try and fix the problems we've caused, only to make more problems. All because we're going the wrong way. We're the destroyers, telling ourselves we're doing all this great stuff that enhances life, but we're just making it harder for ourselves. We focus on the physical, not the spiritual - the Truth.

When you're growing in truth, everything that happens to you will help you grow; when you're growing in anti-truth, everything that happens to you will help you go that way.

Carry your cross being your misery, don't deny your bad feelings, be in them all, be true to them. Don't pretend everything is fine. Hate everything and everyone one as you feel hated. Get rid of everything except your cross. Get rid of all you use to deny your bad

feelings, all material, mental, emotional and spiritual things. Bring your hatred of yourself, your family, your partner, your children, your friends, everything up to the surface. Life is horrible because we made it so, we're doing all the bad things to ourselves. Look about it, if you don't feel it is, you're seriously deluded, you're living in a fantasy world. How can evil be good! And how can you truly feel good being untrue to yourself.

Our lives are not for our soul, but against it. Each day is a horror, and it's all compounding.

NOTHING is the child's fault.
It should NEVER be blamed.
And really, we're all children.

We believe the earth changes are our fault, punishment for how badly we're living, but they would happen anyway, natural cycles of the Earth. It's just that our souls are linked in with them, so they'll have the desired effect on us. Were humanity perfect, we'd still be affected by them, but it would all be in good ways.

Our minds are to help us work things out as we go along, not before. We've been made to say this is how it is, with our mind, so it has to remain that way for all time. However one look at nature and we can see nothing remains fixed. We can't see that in our own nature whilst we try to control everything. One can of course still think about future things but all so long as one is thinking about being led by one feelings and not being lost in the fantasies of ones own mind.

Our life is already mapped out for us... BUT all these other things can happen.
Life is fated, your destiny is set... BUT you can change it if you...
Your life is already planned for you... BUT you create your own reality.

How can you interfere with your destiny?

It's all such crap. Saying such things shows you don't have a clue. It's all just mind rubbish. How can it be the two conflicting things. Destiny is destiny, EVERYTHING YOU DO WITH YOUR FREE WILL IS ALREADY PREDETERMINED, FOR IF IT WASN'T, YOU WOULDN'T DO IT. SUCH IS THE NATURE OF HAVING FREEDOM OF WILL THAT'S GOVERNED BY A SOUL.

Our evil lives are nothing but a fantasy we've created for ourselves. We're born into and taught to accept the fantasy that we call normal life as being good, right and true, when it couldn't be more bad, wrong and untrue. If you enjoy life, then you're only enjoying your fantasy. But that's the name of the game. To end the fantasy is to face the truth of it, that which is very hard to do. As part of my, and many peoples fantasy lives, we dream and fantasise about all sorts of things. Taking our unrealness and self-denial into even deeper realms of superficiality. When I fantasise in my fantasy life, I couldn't be more wrong. I couldn't be further from my true self.

We have free will on the personality level - in Creation, but not on the soul level.

Live true to your feelings.

Seek to uncover the truth of your feelings.

Want to know the truth of yourself through your feelings.

Your feelings are your way to your truth.

Keep your mind out of it.

Honour; accept, express and long to uncover the truth of all you feel, all your good feelings and ALL your bad ones.

Feel your feelings - all of them. And talk about them wanting to know truth they want you to see.

Stop denying your bad feelings, this is only denying yourself, denying your true nature.

Admit and accept that you ARE feeling them.

Live true to yourself.

Live true to all you feel.

Our Father, who art in Heaven, where is our Mother? Is She in Heaven too? Why do we only address You, and never Her? It is possible that we have only a Heavenly Father and no Heavenly Mother? Are You alone? Are You in Paradise all by Yourself? Surely You have a companion even it's another aspect of Your own soul. And if You do, why don't we know of Her? Why does Jesus only talk of You in the in the Padgett Messages, and only addresses the Prayer for Divine Love to You? And why is the Urantia Book written only about You?

But it doesn't make sense. If there is 'only' a Father then why a father, and why not 'only' a mother? Our mothers in many ways are closer to us in our lives, so why isn't there only a Heavenly Mother? Is it that we are more removed from our fathers so can relate only to God as a Father? Or is because we live in a patriarchal society? If God has never given a name to Creation to know Him by, and we are free to choose to call Him whatever we want, then why not call Him, Mother or both Mother and Father? Why does it have to be Father, is it only because that is what Jesus called Him? And had Mary Magdalene been able to speak and live her truth, would she too have only called God Her Heavenly Father, or would she being a woman refer to God as her Heavenly Mother?

Mother, my Heavenly and Divine Mother of All, are You there? Are You with my Heavenly Father, and are You both as One. I want to know. I want You both to give me Your Divine Love and I want You both to help me become at-one with You. I want to be as You both are. I want to heal all my yuk and be perfect, just like You are. I want to get to know you Both personally. I want to feel You both loving me. I want to be loved by You and know all through me that I am loved.

So please my Heavenly Mother show Yourself. Speak to me. Give me Your love and help me to accept You along with my Heavenly Father. I want to know if You are Both real and true. I want to know. I want to know You.

I long for Your Divine Love, and I long to know the Truth – the Truth of all You both are.

I need God to be my Mother and Father. I needed a physical mum and dad to love me. I need spiritual parents – Jesus and Mary – to love me by revealing the Truths of Divine Love to me; and I need my Soul Parents - my Heavenly Mother and Father, to fill my soul with Their Divine Love. I need a continuity of love. Oh how much we need it...

I need you to be there my Heavenly Mother, so please tell me... are You there in heaven alongside my Heavenly Father?

'Yes James, I am... I am here, and I - we both - love you very much. Your Heavenly Mother.'

Mother and Father:

I long with all my heart for You to show me You love me

I long to have my soul filled with Your Divine Love

I long to stop denying all my bad feelings

I long to heal my childhood repression

I long to see the truth of all I feel

I long to heal my soul with love

I long to feel loved by You

I long...

BEWARE!

Beware - things might not be what they seem.

My comments on the so-called 'Divine Love Movement'.

Is there a Divine Love Movement?

Many people would like to think so, and it's certainly an appealing idea, however is it all it's said, hoped and wished to be?

Consider:

You've read the Padgett Messages.

You're longing for the Divine Love.

You're even feeling the Divine Love following into your soul.

And you believe that the Divine Love will wash away all within you that's wrong, all sin and error will disappear, for how can such imperfection withstand the purity of the Divine Love. And because your soul - you - is becoming purer owing to the action of the Divine Love upon it, you have nothing to worry about, it's just a matter of time; and in time, you

will be as Jesus is: true, perfect and all-loving.

And when you feel bad or detect things are not quite right in yourself or in your life, you put your head down and chin up keeping your faith, whilst longing earnestly for and receiving more Divine Love. And your soul will be transforming into the perfection of God. Or so you hope.

And you have nothing to worry about, you tell yourself, because you are part of the Divine Love Movement, and all within the movement say the same things.

So you're okay, you're on the right path, you're growing in truth, you're evolving your soul, you're doing what Jesus said you are to do; you are doing what God wants.

But what if everything is not all right, and you're only deluding yourself that it is. And what if there actually is no such thing as the Divine Love Movement, it being just another fantasy created by people who want to believe they are all right and they know the right way to be and the right way to advance their soul. But really don't have a clue.

There's one major glitch in the Divine Love Movement. The Divine Love isn't going to take your problems, sins and errors away, it's not going to magically make them disappear. And if you persist in believing it is, then you're in fantasy-land. And if you feel it is, that you are perfecting your soul because of partaking of the Love, then you are way off beam.

We have to make all our wrongness and yuk go away by doing our Soul-Healing. There is no other way. And we have to do it because the Mother and Father want us to understand the truth of it. So They are NOT going to simply remove it from you because you are receiving some of Their Love into your soul. We have to do the hard work. We had to do it because of Their putting us in it in the first place, and so we have to do it by getting ourselves out of it. We are to understand the whole truth of our negative or evil state of mind and will. And not just soak up the Divine Love and all our yuk dissolve away. For that to happen they'd be no point in our being subjected to such pain, suffering and horror in the first place. And you only have to look at people who've been praying for and receiving the Love for years to see they are not free of their pain, they have not been magically healed, they are still impure and untrue.

And I wonder: how long is it going to be before such people wake up and realise they've

got it wrong. How long before they stop making excuses and face the hard truth that they have to heal themselves, and God is not going to magically do it for them. And so how long will it be before they understand their so-called Divine Love Movement is based on unreality.

And such people will go to their graves still hoping and believing the Divine Love will one day magically heal all that ails them. And then in the Divine Love mansion worlds they will be told the truth: That they haven't progressed nearly as far as they might have imagined or thought they had. And to progress and truly grow in truth, they will have to do their Soul-Healing.

And the worst part of it is, that by 'joining' the so-called Divine Love Movement, and not doing your soul-healing, all you are actually doing is using the Divine Love - so using your Heavenly Mother and Father, to further your own truth-denial. And so you're not actually advancing your soul in truth, you are only advancing your mind in greater understanding about things that you think are important. Because the ONLY way we can advance our soul in truth; the ONLY way to truly spiritually grow whilst we're untrue, is by doing our soul-healing. Because by doing it, we are 'growing' our way out of our evilness.

So consciously longing for the Divine Love being aware of what Jesus and the Celestial spirits said in the Padgett Messages, is nothing more spiritually advanced on the soul level, than someone who is unaware they are longing for the Love and yet are still longing and receiving it in accordance with their souls longing. And these unaware people in the religions and spiritual systems of the world who have some Divine Love in their soul are also using it to further their belief and faith in their religious or spiritual system, and so also advancing their untruth. Nothing is quite what it seems. And it's not until you venture into doing your soul-healing that the truth will come to light for you to fully understand. Do your soul-healing, and see what happens.

So understandably it might come as something of a shock for you if you can understand the importance of not doing your Soul-Healing. By not doing it you are only helping to advance the anti-truth Divine Love movement, that is all.

So, is there a Divine Love Movement that is true, one that consists of people truly advancing their souls with the Divine Love as they do their Soul-Healing?

And does there need to be a 'movement' at all anyway?

Or is it that we're just meant to get on with our soul-healing whilst we long for the Love, and if we meet other people along the way doing the same thing and want to come together, then why not. And perhaps this is all the 'movement' there needs to be. Something that is real, and not just another misguided fantasy.